

## Individual Top Times

Number of Top Times: 10 Show Long Course Only - FINA Points Age: on 31/12/2022

**CANA SENIOR CHAMPIONSHIPS**

Women: age 18 &amp; older (born on or before 31/12/2004)

MIN: 600 FINA points

Max: 2 swimmers per event


 women - main  
 women - reserve
*Women - main list*

Women	100 Free	1	57.11	L	742	Muteti, Emily	24	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	100 Fly	2	1:02.70	L	692	Thorpe, Imara-Bella	21	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Free	2	26.85	L	685	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	200 IM	1	2:23.71	L	675	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22

*Women - reserve*

Women	50 Back	1	31.92	L	603	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
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Number of Top Times: 10 Show Long Course Only - FINA Points Age: on 31/12/2022

**CANA SENIOR CHAMPIONSHIPS**

Men: age 19 &amp; older (born on or before 31/12/2003)

MIN: 600 FINA points

Max: 2 swimmers per event


 men - main  
 men - reserve
*Main list - men*

Men	100 Free	1	52.22	L	724	Rosafio, Danilo	21	05/06/2021	36 International Swimming Meet of Porto
Men	100 Free	2	52.68	L	706	Mohamed, Ridhwan	22	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
Men	100 Fly	1	56.60	L	668	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
Men	50 Free	2	24.01	L	660	Talib, Swaleh	22	12/04/2021	Stirling Time Trial

*Reserve - men*

Men	50 Breast	1	29.84	L	657	Pragassa, Tory	26	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
Men	200 Free	2	2:00.11	L	612	Maina, Manyo	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22

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Women: age 18 & older (born on or before 31/12/2004)

MIN: 600 FINA points

Max: 2 swimmers per event

women - main  
women - reserve

Women	100 Free	1	57.11	L	742	Muteti, Emily	24	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	100 Fly	1	1:01.40	L	737	Muteti, Emily	24	15/05/2021	YWSF 2021 Long Course Summer Opener
Women	50 Free	1	26.30	L	729	Muteti, Emily	24	15/06/2021	2021 French Swimming Championships
Women	100 Fly	2	1:02.70	L	692	Thorpe, Imara-Bella	21	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Free	2	26.85	L	685	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	200 IM	1	2:23.71	L	675	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	200 IM	2	2:24.32	L	667	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Breast	1	33.84	L	655	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Breast	2	33.87	L	654	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Fly	1	28.26	L	646	Muteti, Emily	24	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	100 Breast	1	1:14.23	L	644	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Free	3	27.40	L	644	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
Women	50 Fly	2	28.36	L	639	Thorpe, Imara-Bella	21	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	100 Free	2	1:00.15	L	635	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	100 Free	3	1:00.71	L	617	Thorpe, Imara-Bella	21	14/04/2022	CANA Zone IV Swimming Championship-Lusaka 2022
Women	50 Free	4	27.93	L	608	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	50 Back	1	31.92	L	603	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Women	100 Breast	2	1:15.95	L	602	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22

Number of Top Times: 10 Show Long Course Only - FINA Points Age: on 31/12/2022

**CANA SENIOR CHAMPIONSHIPS**

Men: age 19 & older (born on or before 31/12/2003)

MIN: 600 FINA points

Max: 2 swimmers per event

men - main  
men - reserve

Men	100 Free	1	52.22	L	724	Rosafio, Danilo	21	05/06/2021	36 International Swimming Meet of Porto
Men	100 Free	2	52.68	L	706	Mohamed, Ridhwan	22	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
Men	50 Free	1	23.52	L	702	Rosafio, Danilo	21	05/06/2021	36 International Swimming Meet of Porto
Men	200 Free	1	1:55.68	L	685	Mohamed, Ridhwan	22	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
Men	400 Free	1	4:10.68	L	676	Mohamed, Ridhwan	22	11/03/2022	Plymouth Leander Spring National Qualifier
Men	100 Free	3	53.53	L	672	Talib, Swaleh	22	12/04/2021	Stirling Time Trial
Men	100 Fly	1	56.60	L	668	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
Men	100 Free	4	53.72	L	665	Maina, Monyo	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Men	50 Free	2	24.01	L	660	Talib, Swaleh	22	12/04/2021	Stirling Time Trial
Men	50 Breast	1	29.84	L	657	Pragassa, Tory	26	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
Men	50 Fly	1	25.66	L	653	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
Men	50 Fly	2	25.92	L	634	Rosafio, Danilo	21	05/04/2022	British Swimming Championships 2022
Men	100 Fly	2	57.68	L	632	Rosafio, Danilo	21	05/04/2022	British Swimming Championships 2022
Men	50 Fly	3	25.97	L	630	Mohamed, Ridhwan	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Men	100 Fly	3	57.73	L	630	Mohamed, Ridhwan	22	15/01/2022	Devon County 2022 Championships / Age Groups
Men	200 Free	2	2:00.11	L	612	Maina, Monyo	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
Men	100 Free	5	55.30	L	610	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
Men	50 Free	3	24.72	L	605	Mohamed, Ridhwan	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22

**Individual Top Times**

Number of Top Times: 10 Show Long Course Only - FINA Points Age: on 31/12/2022

**CANA SENIOR CHAMPIONSHIPS**

Women: age 18 &amp; older (born on or before 31/12/2004)

Men: age 19 &amp; older (born on or before 31/12/2003)

MIN: 600 FINA points

Max: 2 swimmers per event

Times since: 01-Jan-21 Times until: 13-Jun-22

Number of Top Times: 10 Show Long Course Only - FINA Points

**Women 10 & Over 50 Free**

26.30	L	729	Muteti, Emily	24	15/06/2021	2021 French Swimming Championships
26.85	L	685	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
27.40	L	L 644	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
27.93	L	608	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
28.56	L	569	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
30.05	L	488	Kimani, Jasmin	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
30.97	L	446	Baraka, Angela	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.23	L	361	Atieno, Mitchell	19	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.44	L	354	Nyakundi, Joan	18	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.32	L	300	Ondieki, Stephanie	27	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 100 Free**

57.11	L	742	Muteti, Emily	24	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:00.15	L	635	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:00.71	L	617	Thorpe, Imara-Bella	21	14/04/2022	CANA Zone IV Swimming Championship-Lusaka 2022
1:01.57	L	592	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:03.05	L	551	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:05.66	L	488	Kimani, Jasmin	19	05/04/2022	Thailand Age Group Swimming Championships 2022
1:07.93	L	441	Echessah, Axela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:10.36	L	396	Baraka, Angela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:13.27	L	351	Mwasha, Michelle	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:15.57	L	320	Nyakundi, Joan	18	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 200 Free**

2:19.24	L	534	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:19.99	L	525	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:22.76	L	495	Kimani, Jasmin	19	05/04/2022	Thailand Age Group Swimming Championships 2022
2:32.34	L	407	Echessah, Axela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:35.16	L	386	Bagha, Nurayn	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:55.40	L	267	Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:00.71	L	244	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:10.03	L	92	Makau, Mary	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 400 Free**

4:58.33	L	497	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
5:06.73	L	458	Kimani, Jasmin	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
5:21.15	L	399	Bagha, Nurayn	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:41.23	L	332	Echessah, Axela	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:20.59	L	239	Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:29.43	L	223	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 800 Free**

12:31.65	L	268	Irungu, Megan Wanja	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:08.33	L	232	Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:32.51	L	212	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 1500 Free**

20:23.80	L	425	Okumu, Victoria	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
21:22.19	L	369	Bagha, Nurayn	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23:44.21	L	269	Irungu, Megan Wanja	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24:25.13	L	247	Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25:35.46	L	215	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 50 Back**

31.92	L	603	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
32.01	L	598	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
34.73	L	468	Okumu, Victoria	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.03	L	357	Baraka, Angela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
40.27	L	300	Nyakundi, Joan	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.16	L	281	Atieno, Mitchell	19	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
x43.02	L	246	Ondieki, Stephanie	27	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.60	L	84	Makau, Mary	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.38	L	54	Mutegi, Rose	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.82	L	20	Kalondu, Beatrice	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

**Women 10 & Over 100 Back**

1:09.42	L	570	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
1:13.73	L	476	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:18.75	L	390	Okumu, Victoria	18	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)

1:34.53	L	225	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.96	L	215	Ondieki, Stephanie	27	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Women 10 &amp; Over 200 Back</b>						
2:43.38	L	430	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
<b>Women 10 &amp; Over 50 Breast</b>						
33.84	L	655	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
33.87	L	654	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
36.71	L	513	Kimani, Jasmin	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
42.31	L	335	Baraka, Angela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
42.43	L	332	Nyakundi, Joan	18	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.03	L	278	Atieno, Mitchell	19	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.00	L	229	Muga, Edwina	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
54.43	L	157	Kyalo, Erica	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.53	L	126	Rugut, Ivy	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.89	L	112	Tshiula, Chantal	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Women 10 &amp; Over 100 Breast</b>						
1:14.23	L	644	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:15.95	L	602	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:20.81	L	499	Kimani, Jasmin	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:34.60	L	311	Nyakundi, Joan	18	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.97	L	221	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:05.89	L	132	Tshiula, Chantal	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:08.39	L	124	Rugut, Ivy	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:09.08	L	122	Mutegi, Rose	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Women 10 &amp; Over 200 Breast</b>						
2:46.72	L	580	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
3:01.09	L	453	Kimani, Jasmin	19	05/04/2022	Thailand Age Group Swimming Championships 202
3:37.21	L	262	Echessah, Axela	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
<b>Women 10 &amp; Over 50 Fly</b>						
28.26	L	646	Muteti, Emily	24	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
28.36	L	639	Thorpe, Imara-Bella	21	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
30.01	L	539	Ruchti, Lucia	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
30.92	L	493	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
31.95	L	447	Kimani, Jasmin	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
34.09	L	368	Echessah, Axela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
35.74	L	319	Atieno, Mitchell	19	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.45	L	256	Nyakundi, Joan	18	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.95	L	124	Muga, Edwina	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
59.78	L	68	Makau, Mary	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Women 10 &amp; Over 100 Fly</b>						
1:01.40	L	737	Muteti, Emily	24	15/05/2021	YWSF 2021 Long Course Summer Opener
1:02.70	L	692	Thorpe, Imara-Bella	21	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:09.76	L	503	Okumu, Victoria	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:19.56	L	339	Bagha, Nurayn	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
<b>Women 10 &amp; Over 200 Fly</b>						
2:45.45	L	399	Okumu, Victoria	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:05.28	L	284	Bagha, Nurayn	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
<b>Women 10 &amp; Over 200 IM</b>						
2:23.71	L	675	Kamau, Rebecca	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:24.32	L	667	Brunlehner, Maria	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:32.55	L	565	Thorpe, Imara-Bella	21	14/04/2022	CANA Zone IV Swimming Championship-Lusaka 2022
2:40.00	L	489	Okumu, Victoria	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:40.90	L	481	Kimani, Jasmin	19	05/04/2022	Thailand Age Group Swimming Championships 202
2:55.97	L	368	Echessah, Axela	18	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
3:27.22	L	225	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 50 Free</b>						
23.52	L	702	Rosafio, Danilo	21	05/06/2021	36 International Swimming Meet of Porto
24.01	L	660	Talib, Swaleh	22	12/04/2021	Stirling Time Trial
24.72	L	605	Mohamed, Ridhwan	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
25.09	L	578	Bifwoli, Tabuka	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
25.22	L	569	Nyoike, Stephen	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
25.55	L	548	Omondi, Cian	23	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
26.39	L	497	Chemirmir, Jabali	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
26.50	L	491	Maina, Monyo	19	07/08/2021	Western TransMountain Festival II
26.64	L	483	Jerry, Collins	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26.71	L	479	Omondi, Lucas	23	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 100 Free</b>						
52.22	L	724	Rosafio, Danilo	21	05/06/2021	36 International Swimming Meet of Porto
52.68	L	706	Mohamed, Ridhwan	22	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
53.53	L	672	Talib, Swaleh	22	12/04/2021	Stirling Time Trial
53.72	L	665	Maina, Monyo	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
55.30	L	610	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
56.10	L	584	Bifwoli, Tabuka	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
58.29	L	521	Omondi, Cian	23	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.38	L	518	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa

1:00.53	L	465	Omar, Mohammed	22	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:01.11	L	452	Mugera, Munene	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
<b>Men 10 &amp; Over 200 Free</b>						
1:55.68	L	685	Mohamed, Ridhwan	22	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
2:00.11	L	612	Maina, Monyo	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:01.76	L	587	Rosafio, Danilo	21	05/04/2022	British Swimming Championships 2022
2:12.26	L	458	Bifwoli, Tabuka	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:13.78	L	443	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
2:20.63	L	381	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:22.71	L	365	Omar, Mohammed	22	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:27.65	L	329	Shah, Rushab	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:30.38	L	312	Kioko, Paul	20	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:32.21	L	300	Okal, Joseph	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
<b>Men 10 &amp; Over 400 Free</b>						
4:10.68	L	676	Mohamed, Ridhwan	22	11/03/2022	Plymouth Leander Spring National Qualifier
4:57.23	L	405	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:13.82	L	204	Kipkorir, Colinreece	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:46.29	L	158	Kibadengi, Emmanuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:51.71	L	152	Mwangi, Antony	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 800 Free</b>						
9:17.30	L	533	Mohamed, Ridhwan	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
13:43.50	L	165	Kipkorir, Colinreece	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14:07.01	L	152	Kibadengi, Emmanuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 1500 Free</b>						
20:07.18	L	375	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
26:11.82	L	170	Kipkorir, Colinreece	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:30.51	L	164	Mwenja, Erick	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 50 Back</b>						
29.49	L	539	Bifwoli, Tabuka	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
31.99	L	422	Khandwalla, Mohamed Iqbal	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.23	L	412	Shah, Rushab	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.21	L	377	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
33.56	L	365	Muchoki, Ronnie	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.50	L	336	Kioko, Paul	20	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
34.83	L	327	Jerry, Collins	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.09	L	231	Tobiko, Rodgers	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.77	L	203	Wanjau, Elvis	33	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.02	L	186	Nderitu, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 100 Back</b>						
1:05.15	L	504	Bifwoli, Tabuka	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:08.34	L	436	Khandwalla, Mohamed Iqbal	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:10.51	L	397	Shah, Rushab	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:14.71	L	334	Kioko, Paul	20	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:17.10	L	304	Muchoki, Ronnie	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.19	L	196	Tobiko, Rodgers	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.96	L	179	Nderitu, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:33.74	L	169	Wanjau, Elvis	33	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.80	L	149	Mwangi, Antony	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.32	L	122	Thuo, Edwin	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 200 Back</b>						
2:32.25	L	397	Bifwoli, Tabuka	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:33.07	L	390	Khandwalla, Mohamed Iqbal	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:37.87	L	356	Shah, Rushab	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:16.48	L	184	Nderitu, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 50 Breast</b>						
29.84	L	657	Pragassa, Tory	26	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.61	L	503	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
33.56	L	462	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.72	L	455	Mayende, Franklyne	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.84	L	450	Opande, Jono Per	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.94	L	446	Kioko, Paul	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.08	L	441	Bifwoli, Tabuka	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
36.23	L	367	Shah, Rushab	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.37	L	363	Ngweno, Adrian	24	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.43	L	361	Omondi, Lucas	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 100 Breast</b>						
1:08.69	L	567	Pragassa, Tory	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:12.50	L	482	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:16.75	L	407	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:16.85	L	405	Opande, Jono Per	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:18.49	L	380	Kioko, Paul	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:20.56	L	351	Mugera, Munene	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:22.01	L	333	Mayende, Franklyne	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.90	L	280	Makokha, Timothy	23	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.81	L	271	Adede, Kevin	22	12/03/2022	KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.95	L	270	Shariff, Al-Jame	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 200 Breast</b>						
2:42.91	L	463	Pragassa, Tory	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

3:05.88	L	312	Kioko, Paul	20	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
3:23.06	L	239	Mayende, Franklyne	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:39.38	L	190	Waweru, Moses	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 50 Fly</b>						
25.66	L	653	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
25.92	L	634	Rosafio, Danilo	21	05/04/2022	British Swimming Championships 2022
25.97	L	630	Mohamed, Ridhwan	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
26.80	L	573	Bifwoli, Tabuka	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
27.16	L	551	Maina, Monyo	19	07/08/2021	Western TransMountain Festival II
27.34	L	540	Talib, Swaleh	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
28.01	L	502	Opande, Jono Per	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.50	L	477	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.64	L	470	Chemirmir, Jabali	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.80	L	462	Jerry, Collins	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 100 Fly</b>						
56.60	L	668	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
57.68	L	632	Rosafio, Danilo	21	05/04/2022	British Swimming Championships 2022
57.73	L	630	Mohamed, Ridhwan	22	15/01/2022	Devon County 2022 Championships / Age Groups
59.02	L	589	Maina, Monyo	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:02.00	L	508	Harunani, Maahir	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
1:02.41	L	498	Bifwoli, Tabuka	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:04.57	L	450	Opande, Jono Per	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:05.95	L	422	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:08.10	L	384	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:10.10	L	352	Adede, Kevin	22	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
<b>Men 10 &amp; Over 200 Fly</b>						
2:16.46	L	534	Maina, Monyo	19	12/02/2022	WEST COAST COLLEGIATE (LC)
2:25.73	L	438	Harunani, Maahir	23	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
2:31.21	L	392	Khandwalla, Mohamed Iqbal	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:36.34	L	355	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
<b>Men 10 &amp; Over 200 IM</b>						
2:30.00	L	438	Nyoike, Stephen	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:30.62	L	433	Bifwoli, Tabuka	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:33.84	L	406	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:35.07	L	397	Khandwalla, Mohamed Iqbal	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:49.59	L	303	Muchoki, Ronnie	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:59.63	L	255	Omar, Mohammed	22	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:12.89	L	206	Tobiko, Rodgers	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:21.20	L	181	Kibadengi, Emmanuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.92	L	147	Mwangi, Antony	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
<b>Men 10 &amp; Over 400 IM</b>						
5:43.02	L	359	Nyoike, Stephen	19	06/05/2022	2022 KSF NATIONAL CHAMPIONSHIP LC 6-8 MAY 22
5:47.47	L	345	Katumwa, Siegfred	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
7:14.90	L	176	Mwenja, Erick	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)