

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
<b>Women 11-12 50 Free</b>							
1	31.05 L	AAAA F	Rebecca Nanjala	12	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
2	32.30 L	AAAA P	*1 Gabriella Helberg	12	GEMS ZZ	15/02/2019	2019 KSF Long Course Nationals
3	32.46 L	AAAA P	Wairimu Karanu	12	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	32.49 L	AAAA P	Kario Karani	12	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	32.72 L	AAAA P	Kagure Maina	12	STKRS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
6	32.79 L	AAAA F	Elizabeth Mayende	11	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
7	32.92 L	AAAA F	*1 Maisha Done	12	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
8	32.15 S	AAAA F	Ashley Kagwima	12	HSSCA ZZ	09/03/2019	Nairobi County Junior Championships
9	32.99 L	AAAA F	Duini Caffini	11	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
10	33.00 L	AAAA F	*1 Jessica Apsey	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
11	33.21 S	AAAA F	Natasha Thurania	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
12	34.20 L	F	*1 Natalie Lutalo	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
13	33.44 S	F	Maina Kagure	12	ROSE ZZ	09/03/2019	Nairobi County Junior Championships
14	34.26 L	F	Tracey Wangalwa	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
15	34.27 L	P	Maya Chepngetich Rotich	12	LASAL ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
16	34.61 L	P	*1 Antisha Ssuna	12	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
17	33.84 S	F	Thalia Davies	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
18	34.89 L	F	Emma Wambui	12	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
19	35.00 L	F	Audrey Chebet Langat	11	ROSE ZZ	17/05/2019	Nairobi County Swimming Champi
20	34.41 S	F	Aaliyah Webber	12	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
21	34.49 S	F	Jasmine Pendo	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
22	35.33 L	F	Wangechi Maina	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
23	34.58 S	F	Joy Aleyo	12	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
24	34.66 S	F	Zikra Jaffer	11	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
25	35.77 L	P	Rianna Shah	12	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
26	35.78 L	F	Kwamboka Masese	12	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
27	35.04 S	F	Nellie Kamau	12	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
28	35.14 S	P	*1 Karimah Katemba	11	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
29	36.04 L	F	Diva Shah	12	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
30	35.29 S	F	Lanoi Leperes	12	SILS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
31	35.31 S L	F	Wanjiku Geteria	11	HSSCA ZZ	19/01/2019	Nairobi County Junior Champion
32	36.24 L	F	Moige Kotut	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
33	36.29 L	P	*1 Amelia Mudanye	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
34	36.33 L	P	*1 Penina Hasahya	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
35	36.41 L	F	Mara Stolarow	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
36	36.46 L	F	Michelle MACHARIA	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
37	35.85 S	F	Abby Karanja	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
38	35.87 S	F	Micaela Murugu	12	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
39	36.85 L	F	Lailah Mugambi	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
40	36.07 S	F	Serah Makenna Mawira	12	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
41	36.95 L	F	Virginia Wangare	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
42	36.15 S L	F	Zoe Gumo	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
43	37.05 L	P	Haadiyah Jamal	12	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
44	36.60 S	F	Tshomela Muriuki	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
45	37.60 L	F	Seran Gumo	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
46	36.81 S	F	*1 Aaliya Takim	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
47	36.90 S	F	Neeshi Shavdia	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
48	36.96 S	F	*1 Isobel Bush	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
49	37.05 S	F	Yelen Pognon	11	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
50	37.91 L	F	Sharon Moegi	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
51	37.96 L	F	Kyra Makena	11	STKRS ZZ	17/05/2019	Nairobi County Swimming Champi
52	38.38 L	P	Helena Mwangi	12	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
53	37.69 S	F	Maya Chepngetich	12	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio

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	Time	P/F/S	Name	Age/Yr			
54	38.56	L	F	Xolani Ochoro	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
55	38.65	L	F	Theodora Maruti	11	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
56	37.91	S	F	Walker Nella	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
57	38.90	L	F	Maya Sherwin	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
58	38.24	S	P	Teniola Havi	12	LSC ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
59	39.05	L	F	Mary Nyambura	11	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
60	39.13	L	F	Selah Mbugua	12	LUS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
61	38.38	S	F	Gina Smith	11	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
62	38.41	S L	F	Lavonne Sanayo	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
63	39.44	L	F	Jada Mwaniki	11	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
64	39.62	L	F	Sifa Mulambe	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
65	39.72	L	F	*1 Aliyana Kachra	11	BFINS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
66	39.79	L	F	Natasha Ndolo	12	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
67	39.88	L	F	Natalie Kioko	12	HSSCA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
68	39.95	L	F	Yael Hailey	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
69	39.96	L	F	Angel Grace Nyambura	11	LUS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
70	39.97	L	F	Hayley Ann Oduor	12	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
71	39.25	S	F	Oyoo Amari	11	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
72	40.06	L	F	Martha Tyler	11	KAREN ZZ	17/05/2019 Nairobi County Swimming Champi
73	39.29	S	F	Thandie Muya	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
74	39.37	S	F	Khushi Karia	11	LUS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
75*	39.51	S	P	Grace Mbote	12	NYALI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
75*	39.51	S	F	Sifa Wasuna	12	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
77	40.38	L	F	Candra Waihura	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
78	39.65	S	F	Iman Kaiza	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
79	40.48	L	F	Amy Muthee	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
80	39.70	S	F	Vritti Singh	12	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
81	39.89	S	F	Thami Kinyanjui	12	NRBTS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
82	40.80	L	F	Kananelo Motsoeneng	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
83	40.83	L	F	Jackie Chege	12	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
84	40.07	S	F	Jasmine Nyambura Maina	11	SAA ZZ	19/01/2019 Nairobi County Junior Champion
85	40.09	S	F	Ivet Gitiba	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
86	40.94	L	F	Claudina Taylor	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
87	40.18	S	P	*1 Sima Byansi	11	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
88	40.98	L	F	Michelle Irungu	11	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
89	41.03	L	P	Everlyne Wambuga	11	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
90	40.40	S	F	Kendi Mugo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
91	41.21	L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
92	40.43	S	F	Esther Kahuko	11	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships
93	40.46	S	F	Ivy Kafuto	11	SHAQS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
94	40.49	S	F	Ashley Jiao	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
95	40.56	S	F	Najma Feisal	12	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
96	41.41	L	P	*1 Daniella Kirabo	12	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
97	40.74	S	F	Keaira McAree	11	BRAE ZZ	15/03/2019 Super Swim League - Round 1
98	40.77	S	F	Amanda Kadzo	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
99	40.89	S	F	Wambui Ngugi	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
100	40.90	S	F	Katanu Muindi	12	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
101	41.79	L	F	Rebecca Kitonga	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
102	41.80	L	F	Melissa Muthama	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
103	41.08	S	F	Martha Wachia	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham
104	41.92	L	F	Anisa Adell	12	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
105	41.14	S	F	Manna Kumon	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
106	41.25	S	F	Bridgite Nyambura	12	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships
107	42.10	L	F	Nicole Wanjiku	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi

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108	42.26	L	P *I Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
109*	41.74	S	F Marylynn Nelima	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
109*	41.74	S	F Lindiwe Mugasa	12	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
111	42.69	L	P *I Athena Kituuka	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
112	42.81	L	F Wairimu Gitau	11	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
113	42.02	S	F Monifa Mwangi	11	NRBTS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
114	42.07	S	F Eliana Muchai	11	KESS ZZ	15/03/2019	Super Swim League - Round 1
115	42.18	S	F Zaveria Mugo	11	KESS ZZ	15/03/2019	Super Swim League - Round 1
116	42.23	S	F Imrana Ali	11	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
117	43.05	L	F Kuhi Sadavarte	12	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
118	42.27	S	F Talia Akinyi	11	AGKIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
119	42.28	S	F Heloise De Valon	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
120	43.13	L	P *I Glory Upendo	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
121	42.36	S	F Keza Foster	11	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
122	42.41	S	F Cheptoo Talasio	12	GS ZZ	09/03/2019	Nairobi County Junior Championships
123	43.28	L	F Emaan Salim Manji	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
124	43.31	L	F Fatema Mamujee	12	SEAH ZZ	06/07/2019	The Manchester Non National Me
125	42.52	S	F Kavata Muindi	12	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
126	42.53	S	F Shamim Otta	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
127	43.43	L	F Denise Thami	12	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
128	42.64	S	F Abigail Njoroge	11	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
129	42.67	S	F Neema Ng'ang'a	12	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
130	42.69	S	F Krista Nyankabaria	11	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
131	42.70	S	F Ilhaam Hassanali	11	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
132	42.83	S	F Peace Mutheu	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
133	42.91	S	P Rebecca Koros	12	GVSE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
134	43.81	L	P Lydia Atieno	12	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
135	43.19	S	F Lara Van Casteren	11	GS ZZ	09/03/2019	Nairobi County Junior Championships
136	43.22	S L	F Anisa Adell Amondi	12	LSC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
137	43.37	S	F Maya Williams	12	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
138	44.25	L	P Amy Weloba	11	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
139	44.34	L	F Amara Ngunga	12	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
140	43.59	S	F Pola Mwitii	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
141	43.60	S	F Leila Priestley	12	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
142	44.56	L	F Alisya Chager	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
143	43.84	S	F Turamye Kiptoo	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
144	43.85	S	F Ruby Chege	11	KESS ZZ	15/03/2019	Super Swim League - Round 1
145	44.19	S	F Kathleen Kitao	11	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
146	45.11	L	F Olivia Njeri Kabiru	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
147	44.35	S	F Jade Rabar	11	BBLES ZZ	09/03/2019	Nairobi County Junior Championships
148	45.16	L	F Shaina Bachelani	11	UNATT ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
149	44.40	S	F Mia McCarthy	11	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
150	44.43	S	F Nina Nganga	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1
151	44.60	S	F Elizabeth Wangari	12	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
152	44.70	S	F Christine Atieno	12	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham
153	44.80	S	F Loch Odhiambo	12	CHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
154	45.66	L	F Aparna Nambiar	12	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
155	44.97	S	F Amanda Mukoto	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
156	45.07	S	F Disha Roa	11	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
157	45.91	L	F Wanjiru Maina	12	SCSS ZZ	17/05/2019	Nairobi County Swimming Champi
158	46.03	L	F Nalani Lusiola	11	LUS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
159	45.25	S	F Haiqa Umeir	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
160	45.31	S	F Skylar Anayo	11	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
161	46.15	L	F Brenda Mumma	12	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP

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162	46.25	L	F	Skyler Anayo	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
163	46.41	L	F	Amari Oyoo	11	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
164	46.48	L	F	Aparna Nambiar	12	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
165	46.59	L	F	Jackie Chege	12	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
166	45.83	S	F	Reese Russo	12	NAC ZZ	09/03/2019 Nairobi County Junior Championships
167	46.64	L	F	Carla Amimo	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
168	46.12	S	F	Jiya Raikundalia	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
169	46.14	S	F	Sumaiya Kasmani	12	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
170	46.18	S	F	Aishwarya Ramanan	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
171	46.19	S	F	Amy Sirikoi	11	BHS ZZ	09/03/2019 Nairobi County Junior Championships
172	46.21	S	F	Ebony Wairuri	12	STKRS ZZ	09/03/2019 Nairobi County Junior Championships
173	47.23	L	F	Amy Gitau	11	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
174	46.45	S	F	Melanie Wanjiru	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
175	47.28	L	F	MaryTess Mutsotso	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
176	46.55	S	F	Wambui Gitobu	11	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham
177	47.51	L	F	Lucille Karanja	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
178	46.95	S	F	Angie Opiyo	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships
179	47.09	S	F	Nadia Hawi	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
180	47.13	S	F	Elisie Munene	12	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
181	47.19	S	F	Ariel Kigen	11	SEAH ZZ	15/03/2019 Super Swim League - Round 1
182	47.38	S	F	Ida Mailu	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
183	47.41	S	F	Teyie Zawadi	11	BHS ZZ	19/01/2019 Nairobi County Junior Champion
184	47.59	S	F	Yue Ming YU	11	BHS ZZ	19/01/2019 Nairobi County Junior Champion
185	47.93	S	F	Nemayian Marima	11	HSSCA ZZ	08/06/2019 Lifetime Age Group & Open Cham
186	48.21	S	F	Natasha Kuntai	11	GEMS ZZ	15/03/2019 Super Swim League - Round 1
187	49.01	L	F	Maya Namiso	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
188	48.54	S	F	Maria Agimba	11	KESS ZZ	09/03/2019 Nairobi County Junior Championships
189	48.99	S	F	Lula Wairimu Ngware	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham
190	49.15	S	F	Imani Mutai	11	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
191	49.27	S	F	Dinisha D'Silva	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
192	49.53	S	F	Malli Soi	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships
193	50.40	L	F	Natasha-Nyawira Mbaya	12	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
194	49.77	S	F	Nosim Konchela	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
195	49.91	S	F	Yujin Sung	11	SAA ZZ	19/01/2019 Nairobi County Junior Champion
196	50.76	L	F	Cherop Lyoba	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
197	50.99	L	P	Angelina Erika	11	KNPC ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
198	50.22	S	F	Noorbanu Noorani	11	STKRS ZZ	09/03/2019 Nairobi County Junior Championships
199	50.24	S	F	Nympha Nyaga	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships
200	50.29	S	F	Kyla Karanja	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion
201	50.56	S	F	*I Mikaela Thøgersen	11	BMIS ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
202	50.57	S	F	Kalkidan Estitanos	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
203	50.74	S	F	Olive Cherop	11	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
204	50.85	S	F	Alma Muiga	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
205	51.09	S	F	Joy Mumbua	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships
206	51.14	S	F	Trisha Tayari	11	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
207	51.27	S	F	Naïla Rajput	12	BHS ZZ	09/03/2019 Nairobi County Junior Championships
208	52.12	L	F	Norah Princess	11	NAC ZZ	17/05/2019 Nairobi County Swimming Champi
209	51.41	S	F	Leticia Mwendwa	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
210	51.47	S	F	Sayuri Magambo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
211	51.75	S	F	Michelle Onger	11	OAMSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
212	52.69	L	F	Colleen Nyamika	12	BBLES ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
213	51.89	S	F	Joy Trizah	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
214	51.92	S	F	Mahnaz Ashraf	11	SSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
215	52.73	L	F	Chantalle Koki Kidenda	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
216	52.95	L	F	Samaira Pawar	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
217	53.00	L	F	Jasmine Omenda	12	TORP ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
218	52.57	S	F	Mimi Kivisi	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
219	52.70	S	F	Laurn Lagat	11	HSSCA ZZ	08/06/2019 Lifetime Age Group & Open Cham
220	53.69	L	F	Alyssa Wanjiru	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
221	53.45	S	F	Maliha Mohamed	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
222	53.83	S	F	Soti Nguli	11	KESS ZZ	09/03/2019 Nairobi County Junior Championships
223	54.02	S	F	Antonina Akinyi	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
224	54.99	L	F	Jeanette Koki	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
225	55.21	L	F	Sifa Wanyama	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
226	54.74	S	F	Nia Ambayo	11	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
227	55.94	L	F	Kizito Sanyu	11	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
228	55.21	S	F	Saanvi Rawat	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
229	56.22	L	F	Segen Majak	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
230	55.48	S	F	Anne Jumbo	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
231	56.34	L	F	Naya Patel	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
232	55.72	S	F	Tabitha Muthoga	11	BHS ZZ	09/03/2019 Nairobi County Junior Championships
233	56.11	S	F	Rahma Juma	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
234	57.08	L	F	Tabitha Njeri	11	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
235	56.37	S	F	Jessica Kheseli	12	KESS ZZ	09/03/2019 Nairobi County Junior Championships
236	56.46	S	F	Jedidah Njoroge	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
237	57.30	L	F	Keisha Mwangi	11	KAREN ZZ	17/05/2019 Nairobi County Swimming Champi
238	58.54	L	F	Teresa Juma Auma	11	WSC ZZ	17/05/2019 Nairobi County Swimming Champi
239	58.12	S	F	Nicole Edenhofer	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
240	58.13	S	F	Mary Wachari	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
241	58.66	S	F	Eliana Mugo	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
242	58.86	S	F	Hannan Ronow	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
243	59.54	S	F	Michal Tatiana	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
244	59.67	S	F	Keilah Okumu	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
245	59.91	S	F	Sidney Ruhui	11	LUS ZZ	09/03/2019 Nairobi County Junior Championships
246	1:01.32	S	F	Tendai Chloe	11	ROSE ZZ	09/03/2019 Nairobi County Junior Championships
247	1:02.59	S	F	Amina Kombo	11	MM&MV ZZ	23/02/2019 CASA JUNIOR SWIMMING CHAMPIONSH
248	1:03.79	S	F	Sirila Odanyiro	11	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
249	1:03.99	S	F	Paola Serafini	11	ZULU ZZ	09/03/2019 Nairobi County Junior Championships
250	1:05.90	S	F	Wangui Kinuthia	12	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
251	1:06.02	S	F	Anna Bejon	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
252	1:06.96	S	F	Stephanie Osumba	11	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
253	1:07.53	S	F	Tiffany Wanjiru	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
254	1:18.40	S	F	Fatma Thabit	12	MPSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship

### Women 11-12 100 Free

1*	1:10.28	L	AAAA	F	Ashley Kagwima	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
1*	1:10.28	L	L AAAA	F	Rebecca Nanjala	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
3	1:08.78	S	SAAAA	F	*I Gabriella Helberg	12	GEMS ZZ	21/06/2019 Super Swim League Round 3
4	1:11.79	L	AAAA	P	Wairimu Karanu	12	SEAH ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
5	1:11.19	S	SAAAA	F	Nicola Murungi	12	UNATT ZZ	21/06/2019 Super Swim League Round 3
6	1:13.53	L	AAAA	F	Kario Karani	12	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
7	1:14.25	L	AAAA	F	Duini Caffini	11	BNDRI ZZ	15/02/2019 2019 KSF Long Course Nationals
8	1:14.34	L	AAAA	P	Kagure Maina	12	STKRS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
9	1:15.14	L	AAAA	F	*I Maisha Done	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
10	1:13.68	S	AAAA	F	Joy Aleyo	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
11	1:15.74	L	AAAA	F	*I Natalie Lutalo	11	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
12	1:16.45	L	AAAA	F	*I Jessica Apsey	12	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
13	1:16.78	L	AAAA	F	Elizabeth Mayende	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
14	1:15.43	S	AAAA	F	Natasha Thuraniira	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
15	1:15.50	S SAAAA	F Aaliyah Webber	12	GEMS ZZ	21/06/2019	Super Swim League Round 3
16	1:16.62	S AAAAA	F Zikra Jaffer	11	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
17	1:18.91	L AAAAA	P Kwamboka Masese	12	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
18	1:17.50	S AAAAA	F Serah Makenna Mawira	12	BHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
19	1:18.24	S AAAAA	F Jasmine Pendo	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
20	1:20.64	L AAAAA	P Emma Wambui	12	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
21	1:19.13	S AAAAA	F *I Antisha Ssuna	12	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
22	1:19.19	S AAAAA	F Wangechi Maina	11	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
23	1:20.85	L AAAAA	P *I Amelia Mudanye	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
24	1:20.92	L AAAAA	F Moige Kotut	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
25	1:19.50	S SAAAA	F Rianna Shah	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
26	1:19.66	S AAAAA	F Emma Miano	12	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
27	1:20.22	S AAAAA	F Lanoi Leperes	12	SILS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
28	1:20.24	S AAAAA	F Lailah Mugambi	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
29	1:20.92	S AAAAA	F Angel Williams	11	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
30	1:21.01	S AAAAA	F Audrey Chebet Langat	11	KIDS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
31	1:21.13	S AAAAA	F Thalia Davies	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
32	1:23.24	L AAAAA	F Diva Shah	12	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
33	1:22.64	S AAAAA	F *I Aaliya Takim	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
34	1:22.65	S AAAAA	F Micaela Murugu	12	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
35	1:24.63	L	F Tracey Wangalwa	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
36	1:23.14	S	F Neeshi Shavdia	12	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
37	1:23.39	S	F *I Aliyana Kachra	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
38	1:23.43	S S	F Seran Gumo	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
39	1:23.65	S	F Tshomela Muriuki	11	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
40	1:25.33	L	F Mara Stolarow	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
41	1:25.35	L	F Virginia Wangare	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
42	1:23.82	S	F Theodora Maruti	11	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
43	1:24.00	S	F Maya Chepngetich	12	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
44	1:24.97	S S	F Thandie Muya	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
45	1:25.04	S	F Walker Nella	12	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
46	1:26.87	L	P Haadiyah Jamal	12	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
47	1:25.36	S	F Michelle MACHARIA	12	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
48	1:26.96	L	P *I Penina Hasahya	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
49	1:25.37	S S	F Zoe Gumo	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
50	1:25.50	S	F Nellie Kamau	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
51	1:25.63	S	F Maya Sherwin	12	GEMS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
52	1:27.28	L	P *I Daniella Kirabo	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
53	1:25.99	S	F *I Isobel Bush	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
54	1:26.22	S S	F Najma Feisal	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
55	1:28.02	L	F Mary Nyambura	11	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
56	1:26.56	S S	F Helena Mwangi	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
57	1:26.89	S S	F Katanu Muindi	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
58	1:27.32	S	F Gina Smith	11	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
59	1:27.37	S	F Kyra Makena	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
60	1:27.70	S	F Xolani Ochoro	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
61	1:28.35	S	F Thami Kinyanjui	12	NRBTS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
62	1:30.16	L	F Sharon Moegi	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
63	1:28.61	S	F Abby Karanja	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
64	1:30.35	L	P Keaira McAree	11	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
65	1:28.80	S	F Eliana Muchai	11	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
66	1:28.82	S	F Oyoo Amari	11	BHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
67	1:29.31	S	F Melissa Muthama	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
68	1:29.48	S	F Amanda Kadzo	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

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	Time	P/F/S	Name	Age/Yr			
69	1:29.69	S	P	Grace Mbote	12	NYALI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP
70	1:31.36	L	F	Candra Waihura	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Championship
71	1:30.58	S	F	Zaveria Mugo	11	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
72	1:32.40	L	F	Amy Muthee	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
73	1:30.88	S S	F	Kendi Mugo	12	KESS ZZ	21/06/2019 Super Swim League Round 3
74	1:31.24	S	F	Iman Kaiza	12	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
75	1:32.85	L	F	Bridgite Nyambura	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Championship
76	1:31.27	S S	F	Vritti Singh	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
77	1:31.49	S	F	Ivet Gitiba	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
78	1:33.32	L	F	Selah Mbugua	12	LUS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
79	1:31.94	S S	F	Rebecca Kitonga	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
80	1:31.97	S	F	Keza Atalia	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
81	1:32.14	S	F	Sifa Mulambe	12	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
82	1:32.31	S	F	Yelen Pogon	11	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
83	1:32.42	S	F	Angel Grace Nyambura	11	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship
84	1:32.76	S	F	Natasha Ndolo	12	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
85	1:34.43	L	P *I	Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
86	1:33.16	S	F	Keza Foster	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
87	1:35.31	L	P *I	Athena Kituuka	12	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
88	1:35.44	L	F	Kananelo Motsoeneng	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Championship
89	1:35.47	S	F	Amara Ngunga	12	BRASD ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
90	1:35.87	S S	F	Kavata Muindi	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
91	1:36.28	S	F	Maya Williams	12	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
92	1:36.59	S	F	Emaan Salim Manji	11	AKAN ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
93	1:36.91	S	F	Khushi Karia	11	LUS ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
94	1:36.94	S	F	Everlyne Wambuga	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
95	1:37.11	S	F	Marylenn Nelima	11	AKAN ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
96	1:37.18	S	F	Teniola Havi	12	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
97	1:37.29	S	F	Monifa Mwangi	11	NRBTS ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
98	1:38.93	L	F	Claudina Taylor	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Championship
99	1:37.40	S	F	Aparna Nambiar	12	BRASD ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
100	1:37.51	S	F	Ida Mailu	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
101	1:39.21	L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Championship
102	1:37.82	S	F	Kuhi Sadavarte	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
103	1:38.35	S	F	Haiqa Umeir	11	AKAN ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
104	1:38.62	S	F	Michelle Irungu	11	BHS ZZ	08/06/2019 Lifetime Age Group & Open Championship
105	1:40.34	L	F	Aparna Nambiar	12	BRASD ZZ	17/05/2019 Nairobi County Swimming Championship
106	1:38.97	S	F	Talia Akinyi	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Championship
107	1:42.90	L	F	Yael Hailey	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Championship
108	1:41.41	S S	F	Nina Nganga	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
109	1:41.48	S	F	Fatema Mamujee	12	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
110	1:43.17	L	F	Carla Amimo	12	LSC ZZ	17/05/2019 Nairobi County Swimming Championship
111	1:41.60	S	F	Loch Odhiambo	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Championship
112	1:43.47	L	F	Denise Thami	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Championship
113	1:43.63	L	F	Nicole Wanjiku	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Championship
114	1:42.12	S	F	Ilhaam Hassanali	11	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
115	1:42.22	S	F	Lydia Atieno	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
116	1:42.65	S	F	Sumaiya Kasmani	12	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
117	1:42.67	S	F	Krista Nyankabaria	11	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Championship
118	1:42.75	S	F	Turamy Kiptoo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
119	1:44.64	L	F	Wairimu Gitau	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Championship
120	1:44.84	L	F	Esther Kahuko	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
121	1:46.11	L	F	Melanie Wanjiru	12	CHS ZZ	17/05/2019 Nairobi County Swimming Championship
122	1:44.62	S	F	Jennifer Atieno	12	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

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	Time		P/F/S	Name	Age/Yr			
123	1:46.26	L	F	Olivia Njeri Kabiru	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
124	1:46.65	L	F	Jessica Sekento	12	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
125	1:46.94	L	F	Jackie Chege	12	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
126	1:47.28	L	F	Hayley Ann Oduor	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
127	1:45.70	S	F	Pola Mwiti	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
128	1:46.87	S	F	Wambui Maina	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
129	1:46.90	S	F	Geeta Pancholi	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
130	1:47.63	S S	F	Ariel Kigen	11	SEAH ZZ	21/06/2019	Super Swim League Round 3
131	1:47.69	S	F	Anisa Adell Amondi	12	LSC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
132	1:47.99	S	F	Melanie Wanjiru	12	CHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
133	1:49.81	L	F	Anisa Adell	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
134	1:50.68	L	F	Brenda Mumma	12	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
135	1:51.23	L	F	Stephanie Kanyange	11	RUSIN ZZ	17/05/2019	Nairobi County Swimming Champi
136	1:51.45	L	F	Lucille Karanja	11	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
137	1:49.85	S	F	Makena Mugambi	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
138	1:51.62	L	F	Alisya Chager	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
139	1:51.83	L	F	Jackie Chege	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
140	1:51.57	S	F	Kathleen Kitao	11	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
141	1:51.58	S	F	Lavonne Sanayo	12	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
142	1:51.71	S	F	Nadiah Hawi	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
143	1:52.19	S	F	Amy Weloba	11	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
144	1:52.45	S	F	Yue Ming YU	11	BHS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
145	1:54.60	L	F	Shaina Bachelani	11	UNATT ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
146	1:53.18	S	F	Nemayian Marima	11	HSSCA ZZ	08/06/2019	Lifetime Age Group & Open Cham
147	1:55.64	L	F	Skyler Anayo	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
148	1:54.07	S	F	Skyler Anayo	11	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
149	1:54.41	S	F	Imani Mutai	11	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
150	1:56.07	L	F	Nalani Lusiola	11	LUS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
151	1:57.14	L	F	Maya Namiso	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
152	1:57.54	L	F	Natasha Kuntai	11	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
153	1:57.81	S S	F	Cherono Kandie	11	KESS ZZ	21/06/2019	Super Swim League Round 3
154	2:01.47	L	F	Colleen Nyamika	12	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
155	2:03.61	L	F	Amy Sirikoi	11	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
156	2:02.73	S	F	Michelle Onger	11	OAMSA ZZ	03/11/2018	CASA OPEN Junior Swimming Cham
157	2:08.72	L	F	Segen Majak	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
158	2:07.89	S	F	Joy Mumbua	11	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
159	2:08.33	S	F	Latifa Okoyo	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
160	2:10.65	L	F	Samaira Pawar	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
161	2:12.00	L	F	Sifa Wanyama	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
162	2:10.82	S	F	Mary Wachari	12	CHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
163	2:11.95	S	F	Nosim Konchela	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
164	2:30.87	L	F	Tabitha Muthoga	11	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
165	2:33.60	S	F	Manuela Mutuma	11	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham

#### Women 11-12 50 Back

1	37.59	L	AAAA	F	Rebecca Nanjala	12	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
2	37.89	L	AAAA	F	Wairimu Karanu	12	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
3	38.08	L	AAAA	F	*1 Jessica Apsey	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
4	38.51	L	AAAA	F	Ashley Kagwima	12	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
5	38.17	S	AAAA	F	Kagure Maina	12	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
6	39.02	L	AAAA	F	*1 Gabriella Helberg	12	GEMS ZZ	15/02/2019	2019 KSF Long Course Nationals
7	38.50	S	AAAA	F	Duini Caffini	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
8	38.78	S	AAAA	F	Rianna Shah	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
9	39.95	L	AAAA	F	Kario Karani	12	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
10	39.44	S	AAAA	F	Maina Kagure	12	ROSE ZZ	09/03/2019	Nairobi County Junior Championships



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
11	39.45 S	AAAA	F *I Maisha Done	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
12	39.53 S	AAAA	F Joy Aleyo	12	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
13*	39.85 S	AAAA	P *I Karimah Katemba	11	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
13*	39.85 S	AAAA	F Zikra Jaffer	11	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
15	41.27 L	AAAA	F Audrey Chebet Langat	11	ROSE ZZ	17/05/2019	Nairobi County Swimming Champi
16	41.12 S	AAAA	F Thalia Davies	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
17	41.24 S	AAAA	F Lailah Mugambi	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
18	41.74 S	AAAA	F Kyra Makena	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
19	42.00 S	AAAA	P Ivet Gitiba	12	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
20	42.61 L	AAAA	F Michelle MACHARIA	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
21	42.67 L	AAAA	P *I Antisha Ssuna	12	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
22	42.47 S		F Nellie Kamau	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
23	43.20 L		F *I Natalie Lutalo	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
24	42.84 S		F *I Aaliya Takim	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
25	42.92 S		P Aaliyah Webber	12	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
26	43.90 L		P *I Amelia Mudanye	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
27	43.37 S L		F Neema Ng'ang'a	12	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
28	43.43 S		F *I Isobel Bush	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
29	43.53 S		F Micaela Murugu	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1
30	43.57 S		F Tara Grammaticas	11	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
31	44.27 L		F Elizabeth Mayende	11	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
32	44.31 L		F Emma Wambui	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
33	43.80 S		F Tshomela Muriuki	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
34	44.00 S		F Jasmine Pendo	11	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
35	44.51 S		F Eliana Muchai	11	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
36	44.69 S		F Natasha Thurairira	11	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
37	44.89 S		F Zaveria Mugo	11	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
38	45.03 S		F Teniola Havi	12	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
39	45.17 S		F Walker Nella	12	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
40	45.80 L		F Xolani Ochoro	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
41	45.26 S		F Neeshi Shavdia	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
42	45.28 S		F Haadiyah Jamal	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
43	46.05 L		P Kwamboka Masese	12	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
44	45.45 S		F Tracey Wangalwa	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
45	45.93 S		F Keaira McAree	11	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
46	46.61 L		F Wangechi Maina	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
47	46.62 L		F Helena Mwangi	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
48	46.64 L		F Mara Stolarow	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
49	46.68 L		F Laila Kazziha	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
50	46.15 S		F Ashley Jiao	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
51	46.92 L		F Mary Nyambura	11	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
52	46.55 S L		F Jiya Raikundalia	11	PA ZZ	09/03/2019	Nairobi County Junior Championships
53	46.81 S		F Lanoi Leperes	12	UNATT ZZ	08/06/2019	Lifetime Age Group & Open Cham
54	46.85 S		F Lindiwe Mugasa	12	BHS ZZ	19/01/2019	Nairobi County Junior Champion
55	47.02 S		F Serah Makenna Mawira	12	BHS ZZ	09/03/2019	Nairobi County Junior Championships
56	47.73 L		F Diva Shah	12	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
57	47.16 S		F Gina Smith	11	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
58	47.92 L		F Natalie Kioko	12	HSSCA ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
59	48.03 L		P *I Glory Upendo	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
60	48.07 L		F Maya Sherwin	12	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
61	48.21 L		F Kananelo Motsoeneng	12	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
62	47.67 S L		F Oyoo Amari	11	BHS ZZ	09/03/2019	Nairobi County Junior Championships
63	47.74 S		P *I Siima Byansi	11	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
64	48.43 L		P *I Daniella Kirabo	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
65	48.89	L	F	Jasmine Nyambura Maina	11	SAA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
66	48.43	S L	F	Lavonne Sanayo	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
67	48.50	S	F	Kendi Mugo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
68	48.55	S	F	Kuhi Sadavarte	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
69	49.25	L	F	Michelle Irungu	11	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
70	48.75	S	F	Grace Mbote	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
71	48.85	S	F	Natasha Ndolo	12	LCVR ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
72	48.86	S	F	Imrana Ali	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
73	48.98	S	F	Najma Feisal	12	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
74	49.74	L	F	Melissa Muthama	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
75	49.76	L	F	Yael Hailey	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
76	49.44	S	F	Leila Priestley	12	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
77	49.67	S	F	Everlyne Wambuga	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
78	49.71	S	F	Iman Kaiza	12	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
79	50.36	L	F	Katanu Muindi	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
80	50.44	L	F	Claudina Taylor	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
81	49.84	S	F	Yael Hailey	12	AKAN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
82	50.56	L	P	Amy Weloba	11	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
83	50.58	L	P *1	Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
84	50.17	S	F	Mia McCarthy	11	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
85	51.01	L	F	Candra Waihura	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
86	50.42	S	F	Abigail Njoroge	11	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
87	50.52	S	F	Virginia Wangare	12	LSC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
88	50.64	S	F	Thandie Muya	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
89	51.29	L	F	Sharon Moegi	12	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
90	50.75	S	F	Keza Foster	11	KENTC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
91	50.98	S	F	Ivy Kafuto	11	SHAQS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
92	51.85	L	F	Jada Mwaniki	11	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
93	51.35	S	F	Talia Akinyi	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
94	52.24	L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
95	51.67	S	F	Kirsten Ndegwa	12	ZEFIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
96	51.76	S	F	Pola Mwiti	12	LSC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
97	52.59	L	F	Wairimu Gitau	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
98	51.99	S	F	Maryllynn Nelima	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
99	52.70	L	F *1	Aliyana Kachra	11	BFINS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
100	53.03	L	F	Nicole Wanjiku	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
101*	52.59	S	F	Bridgite Nyambura	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
101*	52.59	S	F	Turamyee Kiptoo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
103	52.69	S	F	Thami Kinyanjui	12	NRBTS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
104	53.35	L	F	Amy Gitau	11	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
105	52.96	S	F	Ilhaam Hassanali	11	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
106	53.62	L	F	Denise Thami	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
107	53.03	S	F	Disha Roa	11	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
108	53.65	L	F	Alisya Chager	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
109*	53.05	S	F	Sumaiya Kasmani	12	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
109*	53.05	S	F	Wambui Ngugi	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
111	53.08	S	F	Haiqa Umeir	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
112	53.15	S	F	Jade Rabar	11	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
113	53.22	S	F	Wanjiku Geteria	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion
114	53.90	L	F	Tanisha Mutula	12	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
115	53.92	L	F	Ariel Kigen	11	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
116	53.32	S	F	Yelen Pognon	11	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
117	53.49	S	F	Martha Wachia	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham
118	54.28	L	P *1	Athena Kituuka	12	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
119	53.68 S	F	Wambui Maina	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
120	53.85 S	F	Tyra Arasa	11	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
121	54.49 L	F	Amari Oyoo	11	KESS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
122	54.50 L	F	Amanda Kadzo	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
123	54.51 L	F	Fatema Mamujee	12	SEAH ZZ	06/07/2019	The Manchester Non National Me
124	54.55 L	F	Angel Grace Nyambura	11	LUS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
125	54.60 L	F	Natasha Kuntai	11	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
126	54.02 S	F	Zuri Odwallo	12	PA ZZ	09/03/2019	Nairobi County Junior Championships
127*	54.75 L	F	Carla Amimo	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
127*	54.75 L	F	Savannah Musengi	11	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
129	54.23 S	F	Lula Wairimu Ngware	11	KAREN ZZ	08/06/2019	Lifetime Age Group & Open Cham
130	54.40 S L	F	Maria Agimba	11	KESS ZZ	09/03/2019	Nairobi County Junior Championships
131	55.04 L	F	Jackie Chege	12	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
132	54.59 S	F	Kavata Muindi	12	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
133	54.60 S	F	Krista Nyankabaria	11	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
134	54.63 S	F	Monifa Mwangi	11	NRBTS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
135	54.66 S	F	Aishwarya Ramanan	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
136	55.31 L	P	Lydia Atieno	12	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
137	54.73 S	F	Esther Kahuko	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
138	54.95 S	F	Shamim Otta	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
139	55.59 L	F	Jackie Chege	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
140	56.12 L	F	Hayley Ann Oduor	12	KIDS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
141	55.66 S	F	Khushi Karia	11	LUS ZZ	09/03/2019	Nairobi County Junior Championships
142	56.36 L	F	Shaina Bachelani	11	UNATT ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
143	55.86 S	F	Ida Mailu	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
144	56.20 S	F	Heloise De Valon	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
145	56.21 S	F	Maya Williams	12	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
146	56.99 L	F	Aparna Nambiar	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
147	56.46 S	F	Noorbanu Noorani	11	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
148	56.48 S	F	Ebony Wairuri	12	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
149	57.15 L	F	Nalani Lusiola	11	LUS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
150	57.17 L	P	*1 Penina Hasahya	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
151	56.64 S	F	Peace Mutheu	12	ZULU ZZ	19/01/2019	Nairobi County Junior Champion
152	56.70 S	F	Nina Nganga	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1
153	56.77 S	F	Ruby Chege	11	KESS ZZ	15/03/2019	Super Swim League - Round 1
154	56.94 S	F	Amanda Mukoto	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
155	57.88 L	F	Brenda Mumma	12	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
156	57.45 S	F	Teyie Zawadi	11	BHS ZZ	09/03/2019	Nairobi County Junior Championships
157	58.09 L	F	Jessica Sekento	12	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
158	58.21 L	F	Rebecca Kitonga	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
159	58.25 L	F	Colleen Nyamika	12	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
160	57.78 S	F	Elizabeth Wangari	12	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
161	58.55 L	F	Olivia Njeri Kabiru	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
162	58.12 S	F	Nadiah Hawi	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
163	58.78 L	F	Zoe Gumo	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
164	59.15 L	F	Stephanie Kanyange	11	RUSIN ZZ	17/05/2019	Nairobi County Swimming Champi
165*	59.12 S	F	Angie Opiyo	11	RUSIN ZZ	09/03/2019	Nairobi County Junior Championships
165*	59.12 S	F	Kathleen Kitao	11	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
167	59.90 L	F	Amara Ngunga	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
168	1:00.12 L	F	Amy Sirikoi	11	BHS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
169	1:00.32 L	F	Melanie Wanjiru	12	CHS ZZ	17/05/2019	Nairobi County Swimming Champi
170	59.79 S	F	Theodora Maruti	11	SAA ZZ	19/01/2019	Nairobi County Junior Champion
171	1:00.53 L	F	Norah Princess	11	NAC ZZ	17/05/2019	Nairobi County Swimming Champi
172	1:00.10 S	F	Yue Ming YU	11	BHS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
173	1:00.25	S	F	Nemayian Marima	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships
174	1:00.57	S	F	Makena Mugambi	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
175	1:00.60	S	F	Kyla Njeri	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
176	1:00.91	S	F	Reese Russo	12	NAC ZZ	09/03/2019 Nairobi County Junior Championships
177	1:01.27	S	F	Dinisha D'Silva	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
178	1:01.37	S	F	Rahma Juma	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
179	1:01.41	S	F	Joy Mumbua	11	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
180	1:02.16	L	F	Lucille Karanja	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
181	1:01.82	S	F	Anna Bejon	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
182	1:01.90	S	F	Maliha Mohamed	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
183	1:02.14	S	F	Kalkidan Estitanos	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
184	1:02.19	S	F	Trisha Tayari	11	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
185	1:02.83	L	F	Segen Majak	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
186	1:02.61	S	F	Nicole Edenhofer	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
187	1:02.68	S	F	Sifa Mulambe	12	LSC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
188	1:02.85	S	F	Laurn Lagat	11	HSSCA ZZ	08/06/2019 Lifetime Age Group & Open Cham
189	1:03.10	S	F	Natasha-Nyawira Mbay	12	BHS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
190	1:03.15	S	F	Jedidah Njoroge	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
191	1:03.93	S	F	Sidney Ruhiu	11	LUS ZZ	09/03/2019 Nairobi County Junior Championships
192	1:04.30	S	F	Nosim Konchela	12	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships
193	1:05.19	S	F	Antonina Akinyi	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
194	1:05.44	S	F	Saanvi Rawat	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
195	1:06.15	L	F	Naya Patel	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
196	1:05.56	S	F	Imani Mutai	11	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
197	1:06.10	S	F	Paola Serafini	11	ZULU ZZ	09/03/2019 Nairobi County Junior Championships
198	1:06.13	S	F	Skylar Anayo	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
199	1:07.52	S	F	Alma Muiga	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
200	1:07.63	S	F	Malli Soi	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships
201	1:08.31	L	F	Samaira Pawar	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
202	1:08.16	S	F	Olive Cherop	11	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
203	1:08.36	S	F	Mahnaz Ashraf	11	SSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
204	1:08.77	S	F	Sayuri Magambo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
205	1:09.47	L	F	Tabitha Njeri	11	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
206	1:10.21	L	F	Alyssa Wanjiru	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
207	1:10.58	S	F	Kyla Karanja	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion
208	1:11.86	L	F	Cherop Lyoba	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
209	1:11.56	S	F	Abigail Maina	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
210	1:11.98	S	F	Nympha Nyaga	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships
211	1:13.21	L	F	Jeanette Koki	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
212	1:13.36	S	F	Neema Agumba	12	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships
213	1:13.55	S	F	Mimi Kivisi	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
214	1:13.91	S	F	Michelle Onger	11	OAMSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
215	1:15.27	S	F	Keilah Okumu	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
216	1:16.04	S	F	Keisha Mwangi	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham
217	1:16.60	S	F	Soti Nguli	11	KESS ZZ	09/03/2019 Nairobi County Junior Championships
218	1:17.04	S	F	Leticia Mwendwa	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
219	1:17.44	S	F	Leandara Wachai	11	BHS ZZ	19/01/2019 Nairobi County Junior Champion
220	1:20.94	S	F	Jessica Kheseli	12	KESS ZZ	09/03/2019 Nairobi County Junior Championships
221	1:22.58	S	F	*1 Mikaela Thoegersen	11	BMIS ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
222	1:28.01	S	F	Amina Kombo	11	MM&MV ZZ	23/02/2019 CASA JUNIOR SWIMMING CHAMPIONSH
223	1:29.77	L	F	Shelmith Shikoh	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi

#### Women 11-12 100 Back

1	1:19.19	S	AAAA	F	Ashley Kagwima	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
2	1:22.94	L	AAAA	F	*1 Gabriella Helberg	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
3	1:21.75	S SAAAA	F	Wairimu Karanu	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
4	1:22.48	S AAAAA	F	Rebecca Nanjala	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
5	1:22.52	S AAAAA	F	Zikra Jaffer	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
6	1:23.42	S AAAAA	F	Kagure Maina	12	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
7	1:23.57	S SAAAA	F	Rianna Shah	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
8	1:23.79	S AAAAA	F	Duini Caffini	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
9	1:26.31	L AAAAA	F	Kario Karani	12	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
10	1:27.10	L AAAAA	F *I	Jessica Apsey	12	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
11	1:26.30	S AAAAA	F	Joy Aleyo	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
12	1:28.84	S AAAAA	F *I	Antisha Ssuna	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
13	1:30.44	S AAAAA	F	Lailah Mugambi	12	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
14	1:30.88	S AAAAA	F *I	Isobel Bush	12	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
15	1:32.65	L AAAAA	F *I	Maisha Done	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
16	1:33.28	L AAAAA	F *I	Natalie Lutalo	11	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
17	1:34.22	L AAAAA	F	Michelle MACHARIA	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
18	1:33.75	S AAAAA	F	Kyra Makena	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
19	1:33.83	S AAAAA	F	Thalia Davies	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
20	1:33.84	S AAAAA	F	Serah Makenna Mawira	12	BHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
21	1:33.85	S AAAAA	F	Audrey Chebet Langat	11	KIDS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	1:34.40	S AAAAA	F	Maya Chepngetich	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
23	1:34.45	S AAAAA	F	Wangechi Maina	11	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
24	1:35.17	S	F	Natasha Thurania	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
25	1:35.84	S	F	Abby Karanja	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
26	1:36.20	S	F	Neeshi Shavdia	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
27	1:37.05	S	F	Tshomela Muriuki	11	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
28	1:38.56	L	F	Maya Chepngetich	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
29	1:38.58	L	F	Elizabeth Mayende	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
30	1:39.64	L	F	Diva Shah	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
31	1:38.50	S	F *I	Aliyana Kachra	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
32	1:39.73	L	F	Kwamboka Masese	12	BBLES ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
33	1:40.46	L	F	Mary Nyambura	11	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
34	1:39.42	S	F	Nellie Kamau	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
35	1:40.63	L	F	Mara Stolarow	12	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
36	1:39.67	S	F	Tracey Wangalwa	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
37	1:41.27	L	F	Virginia Wangare	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
38	1:40.41	S S	F	Najma Feisal	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
39	1:41.04	S	F	Jasmine Pendo	11	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
40	1:41.87	S	F	Xolani Ochoro	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
41	1:41.99	S	F	Zaveria Mugo	11	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
42	1:42.21	S S	F	Katanu Muindi	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
43	1:44.11	L	F	Emma Wambui	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
44	1:43.22	S	F	Lanoi Leperes	12	UNATT ZZ	08/06/2019 Lifetime Age Group & Open Cham
45	1:43.85	S	F	Walker Nella	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
46	1:43.95	S	F	Imrana Ali	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
47	1:46.70	L	F	Helena Mwangi	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
48	1:45.87	S	F	Teniola Havi	12	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
49	1:46.23	S S	F	Eliana Muchai	11	KESS ZZ	21/06/2019 Super Swim League Round 3
50	1:46.75	S	F	Iman Kaiza	12	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
51	1:47.64	S	F	Ivet Gitiba	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th (
52	1:47.66	S	F	Theodora Maruti	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
53	1:49.66	S	F	Michelle Irungu	11	BHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
54	1:49.78	S S	F	Kendi Mugo	12	KESS ZZ	21/06/2019 Super Swim League Round 3
55	1:51.40	S	F	Abigail Njoroge	11	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
56	1:52.70	L	F	Oyoo Amari	11	BHS ZZ	17/05/2019 Nairobi County Swimming Champi

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
57	1:53.21	S S	F Kavata Muindi	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
58	1:56.16	L	F Thandie Muya	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
59	1:56.76	L	F Lula Ngware Wairimu	11	LASAL ZZ	17/05/2019	Nairobi County Swimming Champi
60	1:58.30	L	F Natasha Kuntai	11	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
61	1:57.74	S	F Laila Kazzuha	12	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
62	1:59.18	L	F Kuhu Sadavarte	12	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
63	1:58.27	S	F Mia McCarthy	11	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
64	2:00.97	L	F Jade Rabar	11	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
65	2:00.12	S	F Natasha Ndolo	12	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
66	2:00.29	S S	F Ariel Kigen	11	SEAH ZZ	21/06/2019	Super Swim League Round 3
67	2:01.57	L	F Lindiwe Mugasa	12	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
68	2:01.85	L	F Wairimu Gitau	11	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
69	2:05.23	L	F Melissa Muthama	11	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
70	2:05.38	S	F Sumaiya Kasmani	12	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
71	2:06.57	S	F Ida Mailu	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
72	2:08.92	L	F Nemayian Marima	11	HSSCA ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
73	2:22.33	L	F Segen Majak	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
74	2:23.91	L	F Shania Rimui	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
<b>Women 11-12 50 Breast</b>							
1	40.56	L AAAA	F *I Antisha Ssuna	12	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
2	40.89	L AAAA	P *I Amelia Mudanyo	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
3	41.36	L AAAA	F *I Maisha Done	12	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
4	41.50	L AAAA	F Rebecca Nanjala	12	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
5	41.95	L AAAA	F Elizabeth Mayende	11	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
6	42.35	L AAAA	P Duini Caffini	11	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
7	42.70	L AAAA	F Natasha Thurinira	11	BNDRI ZZ	03/04/2019	SA Level 2 Regional Age Group
8	43.44	S	P *I Karimah Katemba	11	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
9	44.50	L	P *I Daniella Kirabo	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
10	44.71	L	F Emma Wambui	12	BNDRI ZZ	03/04/2019	SA Level 2 Regional Age Group
11	45.06	L	F *I Jessica Apsey	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
12	44.97	S	F Emma Miano	12	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
13	45.97	L	F Lanoi Leperes	12	UNATT ZZ	17/05/2019	Nairobi County Swimming Champi
14	45.40	S	F Ashley Kagwima	12	HSSCA ZZ	09/03/2019	Nairobi County Junior Championships
15	46.43	L	F *I Natalie Lutalo	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
16	46.59	L	F Moige Kotut	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
17	46.02	S	P Haadiyah Jamal	12	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
18	47.17	L	F Diva Shah	12	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
19	47.30	L	F Mara Stolarow	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
20	46.37	S	F Wairimu Karanu	12	SEAH ZZ	03/05/2019	Super Swim League - Round 2
21	47.67	L	F Teniola Havi	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
22	47.80	L	F Aaliyah Webber	12	GEMS ZZ	15/02/2019	2019 KSF Long Course Nationals
23	46.88	S	F Micaela Murugu	12	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
24	46.90	S	F Kario Karani	12	OTTER ZZ	03/05/2019	Super Swim League - Round 2
25	47.05	S	F *I Gabriella Helberg	12	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	47.15	S	F Iman Kaiza	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHF
27	48.54	L	F Najma Feisal	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
28	48.82	L	F Wangechi Maina	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
29	48.08	S	F *I Aliyana Kachra	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
30	49.21	L	F Sharon Moegi	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
31	49.33	L	F Virginia Wangare	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
32	49.45	L	P Michelle Irungu	11	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
33	48.64	S	F Esther Kahuko	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
34	48.87	S	P Rebecca Koros	12	GVSE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
35	48.96	S	F Khushi Karia	11	LUS ZZ	25/01/2019	Nairobi County Level 2 Swimmin

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
36	50.01 L	F	Nicole Wanjiku	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
37	49.10 S	F	Theodora Maruti	11	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham
38	49.13 S	F	Wanjiku Geteria	11	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
39	50.38 L	F	Rianna Shah	12	OTTER ZZ	17/05/2019	Nairobi County Swimming Champi
40	50.47 L	F	Michelle MACHARIA	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
41	49.57 S	F	Tracey Wangalwa	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
42*	49.60 S	P	Grace Mbote	12	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
42*	49.60 S	F	Wanja Kahuko	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
44	49.87 S	F	Zikra Jaffer	11	BOSC ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH
45	49.94 S	F	*I Aaliya Takim	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
46	50.03 S	F	Lailah Mugambi	12	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
47	51.17 L	F	Hayley Ann Oduor	12	KIDS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
48	51.72 L	P	*I Penina Hasahya	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
49	50.85 S	F	Eva Geiszl	12	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
50	51.91 L	F	Sifa Mulambe	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
51	51.08 S	F	Xolani Ochoro	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
52	51.30 S	F	Walker Nella	12	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
53	51.33 S	F	Ashley Jiao	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
54	52.46 L	P	*I Glory Upendo	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
55	52.53 L	F	Helena Mwangi	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
56	51.54 S	F	Zoe Gumo	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
57	51.77 S	F	Serah Makenna Mawira	12	BHS ZZ	09/03/2019	Nairobi County Junior Championships
58	51.81 S	F	Christine Atieno	12	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham
59	51.86 S	F	Kwamboka Masese	12	BBLES ZZ	09/03/2019	Nairobi County Junior Championships
60	51.94 S	F	Disha Roa	11	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
61	53.05 L	F	Maya Sherwin	12	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
62	52.05 S	F	Tshomela Muriuki	11	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
63	52.09 S	F	Gina Smith	11	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
64	52.13 S	F	Maria Agimba	11	KESS ZZ	09/03/2019	Nairobi County Junior Championships
65	52.33 S	F	Kyra Makena	11	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
66	52.44 S	F	Kavata Muindi	12	OTTER ZZ	03/05/2019	Super Swim League - Round 2
67	53.47 L	P	*I Athena Kituuka	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
68	52.59 S	F	Ivet Gitiba	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
69	52.63 S	F	Keza Foster	11	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
70	52.69 S	F	Vritti Singh	12	OTTER ZZ	03/05/2019	Super Swim League - Round 2
71	53.80 L	F	Rebecca Kitonga	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
72	52.89 S	F	Neeshi Shavdia	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
73	53.93 L	F	Mary Nyambura	11	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
74	53.02 S	F	Jasmine Nyambura Maina	11	SAA ZZ	19/01/2019	Nairobi County Junior Champion
75	54.15 L	P	*I Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
76	53.17 S	F	Eliana Muchai	11	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
77	53.25 S	F	Imrana Ali	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
78*	53.40 S	F	Kuhi Sadavarte	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
78*	53.40 S	F	Claudina Taylor	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
80	53.43 S	F	Katanu Muindi	12	OTTER ZZ	03/05/2019	Super Swim League - Round 2
81	54.45 L	F	Anisa Adell	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
82	53.49 S	F	Martha Wachia	11	KAREN ZZ	08/06/2019	Lifetime Age Group & Open Cham
83	54.84 L	F	Alisya Chager	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
84	53.93 S	F	Ivy Kafuto	11	SHAQS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
85	54.17 S	F	Anisa Adell Amondi	12	LSC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
86	54.20 S	F	Loch Odhiambo	12	CHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
87	54.28 S	F	Shamim Otta	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
88	55.34 L	F	Teresa Juma Auma	11	WSC ZZ	17/05/2019	Nairobi County Swimming Champi
89	54.40 S	F	Nadiyah Hawi	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
90	54.45 S	F	Yelen Pognon	11	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
91	54.53 S	F	Kagure Maina	12	STKRS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
92	55.72 L	F	Candra Waihura	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
93	54.85 S	F	Joy Aleyo	12	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :
94	55.89 L	F	Laila Kazzuha	12	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
95	54.98 S	F	Everlyne Wambuga	11	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
96	56.01 L	P	Lydia Atieno	12	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
97	55.06 S	F	Ebony Wairuri	12	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
98	55.35 S	F	Ida Mailu	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
99	56.60 L	F	Brenda Mumma	12	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
100	55.83 S	F	Reese Russo	12	NAC ZZ	09/03/2019	Nairobi County Junior Championships
101	56.84 L	F	Amy Sirikoi	11	BHS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
102	55.89 S	F	Krista Nyankabaria	11	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
103	55.94 S	F	Audrey Chebet Langat	11	ROSE ZZ	08/06/2019	Lifetime Age Group & Open Cham
104	56.14 S	F	Skylar Anayo	11	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
105	56.53 S	F	Lula Wairimu Ngware	11	KAREN ZZ	08/06/2019	Lifetime Age Group & Open Cham
106*	56.62 S	F	Natasha Ndolo	12	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
106*	56.62 S	F	Talia Akinyi	11	AGKIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
108	57.77 L	F	Amy Muthee	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
109	56.85 S	F	Keza Atalia	12	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
110	57.88 L	F	Oyoo Amari	11	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
111	57.05 S	F	Thandie Muya	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
112	58.11 L	F	Chantalle Koki Kidenda	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
113	57.13 S	F	Marylynn Nelima	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
114	57.28 S	F	Nina Nganga	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
115	58.41 L	F	Yael Hailey	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
116	57.44 S	F	Jiya Raikundalia	11	PA ZZ	09/03/2019	Nairobi County Junior Championships
117	57.46 S	F	Natalie Kandie	11	KESS ZZ	03/05/2019	Super Swim League - Round 2
118*	58.47 L	F	Olivia Njeri Kabiru	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
118*	58.47 L	F	Segen Majak	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
120	57.57 S	F	Abby Karanja	11	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
121	57.89 S	F	Abigail Njoroge	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
122	57.98 S	F	Jade Rabar	11	BBLES ZZ	09/03/2019	Nairobi County Junior Championships
123	58.04 S	F	Haiqa Umeir	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
124	58.16 S	F	*1 Isobel Bush	12	SEAH ZZ	03/05/2019	Super Swim League - Round 2
125	58.17 S	F	Peace Mutheu	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
126	59.17 L	F	Elizabeth Wangari	12	NSC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
127	58.49 S	F	Fatema Mamujee	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
128	58.67 S	F	Imani Mutai	11	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
129	58.68 S	F	Turamyie Kiptoo	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
130	58.75 S	F	Jennifer Atieno	12	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
131	59.88 L	F	Carla Amimo	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
132	58.92 S	F	Amanda Kadzo	11	MAKIN ZZ	19/01/2019	Nairobi County Junior Champion
133	59.25 S	F	Naila Rajput	12	BHS ZZ	19/01/2019	Nairobi County Junior Champion
134	59.35 S	F	Fatma Thabit	12	MPSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
135	1:00.42 L	F	Monifa Mwangi	11	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
136	1:00.43 L	F	Wanjiru Maina	12	SCSS ZZ	17/05/2019	Nairobi County Swimming Champi
137	1:00.64 L	F	Emaan Salim Manji	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
138	1:01.05 L	F	Denise Thami	12	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
139	1:01.19 L	F	Natasha-Nyawira Mbaya	12	BHS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
140	1:01.24 L	F	Jasmine Omenda	12	TORP ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
141	1:00.32 S	F	Pola Mwiti	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
142	1:01.42 L	F	Aparna Nambiar	12	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
143	1:00.72 S	F	Maya Williams	12	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
144	1:00.84	S	F	Amy Weloba	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
145	1:02.01	L	F	Bridgite Nyambura	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
146	1:01.07	S	F	Teyie Zawadi	11	BHS ZZ	09/03/2019 Nairobi County Junior Championships
147	1:02.10	L	F	Olive Cherop	11	NSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
148	1:02.11	L	F	Jessica Sekento	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
149	1:02.19	L	F	Samaira Pawar	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
150	1:01.42	S	F	Sumaiya Kasmani	12	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
151	1:02.57	L	F	Leandara Wachai	11	BHS ZZ	17/05/2019 Nairobi County Swimming Champi
152	1:01.73	S	F	Aishwarya Ramanan	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
153*	1:02.86	L	F	Maya Namiso	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
153*	1:02.86	L	F	Zaveria Mugo	11	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
155	1:02.47	S	F	Makena Mugambi	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
156	1:02.50	S	F	Nia Ambayo	11	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
157	1:02.72	S	F	Wambui Ngugi	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
158	1:02.96	S	F	Colleen Nyamika	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2
159	1:04.05	L	F	Melissa Muthama	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
160	1:03.13	S	F	Kyla Njeri	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
161	1:03.19	S	F	Heloise De Valon	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
162	1:04.34	L	F	Cherop Lyoba	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
163	1:03.43	S	F	Savannah Ndeta	11	BHS ZZ	19/01/2019 Nairobi County Junior Champion
164	1:03.50	S	F	Lauryn Lagat	11	HSSCA ZZ	08/06/2019 Lifetime Age Group & Open Cham
165	1:03.56	S	F	Hannan Ronow	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
166	1:03.58	S	F	Angel Grace Nyambura	11	LUS ZZ	09/03/2019 Nairobi County Junior Championships
167	1:03.63	S	F	Leticia Mwendwa	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
168	1:03.91	S	F	Kathleen Kitao	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
169	1:04.23	S	F	Joy Trizah	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
170	1:04.41	S	F	Alma Muiga	11	BBLES ZZ	03/05/2019 Super Swim League - Round 2
171	1:04.46	S	F	Kalkidan Estitanos	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
172	1:04.56	S	F	Keilah Okumu	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
173	1:05.61	L	F	Natasha Kuntai	11	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
174	1:04.72	S	F	Ariel Kigen	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
175	1:05.23	S	F	Nalani Lusiola	11	LUS ZZ	09/03/2019 Nairobi County Junior Championships
176	1:05.28	S	F	Nympha Nyaga	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships
177	1:05.64	S	F	Sayuri Magambo	12	KESS ZZ	09/03/2019 Nairobi County Junior Championships
178	1:05.84	S	F	Noorbanu Noorani	11	STKRS ZZ	09/03/2019 Nairobi County Junior Championships
179	1:06.98	L	F	Navya Nagda	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
180	1:07.25	L	F	Lavonne Sanayo	12	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
181	1:06.31	S	F	Trisha Tayari	11	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
182	1:06.79	S	F	Nemayian Marima	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships
183	1:08.09	L	F	Shaina Bachelani	11	UNATT ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
184	1:09.22	L	F	Melanie Wanjiru	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
185	1:08.52	S	F	Dinisha D'Silva	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
186	1:08.66	S	F	Kyla Karanja	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion
187	1:08.96	S	F	Wambui Gitobu	11	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham
188	1:09.02	S	F	Maliha Mohamed	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
189	1:10.42	L	F	Naya Patel	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
190	1:10.38	S	F	Mary Wachari	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
191	1:11.52	L	F	Amari Oyoo	11	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
192	1:10.60	S	F	Sidney Ruhui	11	LUS ZZ	09/03/2019 Nairobi County Junior Championships
193	1:11.26	S	F	Mahnaz Ashraf	11	SSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
194	1:12.63	S	F	Latifa Okoyo	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
195	1:13.57	S	F	Tabitha Muthoga	11	BHS ZZ	09/03/2019 Nairobi County Junior Championships
196	1:13.79	S	F	Norah Princess	11	NAC ZZ	09/03/2019 Nairobi County Junior Championships
197	1:14.20	S	F	Nicole Nduhiu	12	LUS ZZ	09/03/2019 Nairobi County Junior Championships

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
198	1:15.24	S	F	Abigail Maina	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
199	1:16.66	S	F	Amanda Mukoto	11	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships
200	1:18.94	S	F	Sandrizi Daniella	11	ROSE ZZ	09/03/2019 Nairobi County Junior Championships
201	1:19.06	S	F	Cynthia Mure	11	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
202	1:23.46	S	F	Michelle Onger	11	OAMSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
203	1:24.00	S	F	Lucille Karanja	11	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
204	1:31.56	S	F	Amina Kombo	11	MM&MV ZZ	23/02/2019 CASA JUNIOR SWIMMING CHAMPIONSH
205	1:33.88	L	F	Tabitha Njeri	11	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
206	1:38.30	S	F	Tiffany Wanjiru	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
<b>Women 11-12 100 Breast</b>							
1	1:31.13	S	AAAA	F *I Maisha Done	12	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
2	1:33.53	L	AAAA	F *I Antisha Ssuna	12	BBLES ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
3	1:32.48	S	AAAA	F Duini Caffini	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
4	1:34.51	L	AAAA	F *I Amelia Mudany	11	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
5	1:35.36	L	AAAA	P Natasha Thuranjira	11	BNDRI ZZ	03/04/2019 SA Level 2 Regional Age Group
6	1:35.64	S	AAAA	F Rebecca Nanjala	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
7	1:37.67	L	AAAA	F Emma Wambui	12	BNDRI ZZ	03/04/2019 SA Level 2 Regional Age Group
8	1:36.63	S	AAAA	F Emma Miano	12	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
9	1:37.16	S	AAAA	F Ashley Kagwima	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
10	1:39.78	L	AAAA	F Elizabeth Mayende	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
11	1:40.07	L	AAAA	F *I Jessica Apsey	12	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
12	1:38.42	S	AAAA	P *I Karimah Katemba	11	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
13	1:39.66	S	AAAA	F Micaela Murugu	12	SEAH ZZ	15/03/2019 Super Swim League - Round 1
14	1:39.74	S	AAAA	F Wairimu Karanu	12	SEAH ZZ	15/03/2019 Super Swim League - Round 1
15	1:42.03	L	AAAA	P Seran Gumo	12	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
16	1:42.18	L	AAAA	F Lanoi Leperes	12	UNATT ZZ	17/05/2019 Nairobi County Swimming Champi
17	1:42.62	L	AAAA	P *I Daniella Kirabo	12	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
18	1:44.64	L	AAAA	F Tracey Wangalwa	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
19	1:42.96	S	AAAA	F *I Gabriella Helberg	12	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
20	1:43.08	S	AAAA	P Rebecca Koros	12	GVSE ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
21	1:45.30	L	AAAA	P Haadiyah Jamal	12	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
22	1:45.46	L	AAAA	F Aaliyah Webber	12	GEMS ZZ	15/02/2019 2019 KSF Long Course Nationals
23	1:43.89	S	AAAA	F Michelle Irungu	11	KESS ZZ	15/03/2019 Super Swim League - Round 1
24	1:46.24	L	AAAA	F Virginia Wangare	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
25	1:44.59	S	AAAA	F Iman Kaiza	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
26	1:45.18	S	AAAA	P Diva Shah	12	KENTC ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
27	1:45.21	S	AAAA	F *I Aliyana Kachra	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
28	1:47.76	L	AAAA	F Teniola Havi	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
29	1:49.92	L	F	Esther Kahuko	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
30	1:48.53	S	F	Anisa Adell	12	BRASD ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
31	1:48.62	S	F	Walker Nella	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
32	1:48.66	S	F	Wanjiku Geteria	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
33	1:51.48	L	F	Mara Stolarow	12	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
34	1:49.64	S	F	Sifa Mulambe	12	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
35	1:50.34	S	F	Grace Mbote	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
36	1:52.44	L	F	Michelle MACHARIA	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
37	1:52.75	L	F	Xolani Ochoro	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
38	1:54.41	L	F	Hayley Ann Oduor	12	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
39	1:52.65	S	F	*I Aaliya Takim	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
40	1:54.71	L	F	Sharon Moegi	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
41*	1:53.12	S	F	Helena Mwangi	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
41*	1:53.12	S	F	Kwamboka Masese	12	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
43	1:53.22	S	F	Sifa Wasuna	12	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
44	1:53.24	S	F	Jasmine Pendo	11	BNDRI ZZ	08/02/2019 grand prix 1

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
45	1:53.29	S	F	Rebecca Kitonga	11	OTTER ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
46	1:53.56	S	F	Gina Smith	11	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
47	1:55.82	L	F	Amy Gitau	11	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
48	1:53.90	S	F	Zikra Jaffer	11	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
49	1:53.93	S	F	Ivy Kafuto	11	SHAQS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
50	1:54.31	S	F	Wangechi Maina	11	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
51	1:54.36	S	F	Joy Aleyo	12	MAQ ZZ	08/02/2019 grand prix 1
52	1:54.71	S	F	Khushi Karia	11	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
53	1:54.79	S	F	Thandie Muya	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
54	1:54.83	S	F	Claudina Taylor	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
55	1:54.85	S	F	Imrana Ali	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
56	1:55.50	S	F	Amy Gitau	11	BRASD ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
57	1:55.71	S	F	Neeshi Shavdia	12	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
58	1:58.38	L	F	Mary Nyambura	11	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
59	1:58.70	L	F	Maya Sherwin	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
60	1:56.77	S	F	Kyra Makena	11	STKRS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
61	1:59.07	L	F	Zoe Gumo	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
62	1:59.08	L	P *I	Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
63	1:57.12	S	F	Everlyne Wambuga	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
64	1:59.18	L	F *I	Isobel Bush	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
65	1:59.36	L	F	Najma Feisal	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
66	1:57.88	S	F	Eliana Muchai	11	KESS ZZ	15/03/2019 Super Swim League - Round 1
67	1:58.00	S	F	Eva Geiszl	12	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
68	2:00.16	L	F	Serah Makenna Mawira	12	KAREN ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
69	2:00.35	L	F	Kuhi Sadavarte	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
70	1:58.54	S	F	Ida Mailu	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
71	1:59.11	S	F	Keaira McAree	11	BRAE ZZ	15/03/2019 Super Swim League - Round 1
72	1:59.20	S	F	Zaveria Mugo	11	KESS ZZ	15/03/2019 Super Swim League - Round 1
73	1:59.47	S	F	Katanu Muindi	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
74	2:01.47	L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
75	2:01.83	L	F	Wairimu Gitau	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
76	2:02.01	L	F	Candra Waihura	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
77	2:00.15	S	F	Loch Odhiambo	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
78	2:00.47	S	F	Theodora Maruti	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
79	2:00.50	S	F	Tshomela Muriuki	11	BNDRI ZZ	08/02/2019 grand prix 1
80	2:00.65	S	F	Anisa Adell Amondi	12	LSC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
81	2:00.70	S	F	Vritti Singh	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
82	2:00.97	S	F	Yelen Pognon	11	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
83	2:01.07	S	F	Segen Majak	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
84	2:01.27	S	F	Savannah Musengi	11	BBLES ZZ	15/03/2019 Super Swim League - Round 1
85	2:05.28	L	F	Jasmine Nyambura Maina	11	SAA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
86	2:03.30	S	F	Kavata Muindi	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
87	2:05.76	L	F	Oyoo Amari	11	BHS ZZ	17/05/2019 Nairobi County Swimming Champi
88	2:03.91	S	F	Wambui Maina	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
89	2:04.17	S	F	Marylynn Nelima	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
90	2:04.23	S	F	Fatema Mamujee	12	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
91	2:06.93	L	F	Amy Sirikoi	11	BHS ZZ	17/05/2019 Nairobi County Swimming Champi
92	2:08.62	L	F	Chantalle Koki Kidenda	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
93	2:08.74	L	F	Natalie Kioko	12	HSSCA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
94	2:07.35	S	F	Lydia Atieno	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
95	2:07.52	S	F	Turamyee Kiptoo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
96	2:10.02	L	F	Carla Amimo	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
97	2:08.60	S	F	Kendi Mugo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
98	2:11.14	L	F	Brenda Mumma	12	BBLES ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
99	2:11.28	L	F	Lula Ngware Wairimu	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi	
100	2:09.58	S	F	Ruby Chege	11	KESS ZZ	15/03/2019 Super Swim League - Round 1	
101	2:12.56	L	F	Olivia Njeri Kabiru	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi	
102	2:14.49	L	F	Jade Rabar	11	BBLES ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
103	2:12.59	S	F	Ariel Kigen	11	SEAH ZZ	15/03/2019 Super Swim League - Round 1	
104	2:13.15	S	F	Nosim Konchela	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
105	2:15.22	L	F	Audrey Chebet Langat	11	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
106	2:13.74	S	F	Amanda Kadzo	11	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
107	2:14.25	S	F	Haiqa Umeir	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
108	2:16.89	L	F	Natasha Kuntai	11	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
109	2:15.04	S	F	Nina Nganga	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
110	2:15.05	S	F	Natasha Ndolo	12	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham	
111	2:15.47	S	F	Pola Mwit	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
112	2:17.49	L	F	Denise Thami	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
113	2:18.23	L	F	Melissa Muthama	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi	
114	2:16.33	S	F	Imani Mutai	11	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham	
115	2:20.34	L	F	Angel Grace Nyambura	11	LUS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
116	2:20.41	L	F	Kananelo Motsoeneng	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi	
117	2:21.63	L	F	Colleen Nyamika	12	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi	
118	2:21.54	S	F	Antonina Akinyi	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
119	2:22.75	S	F	Kathleen Kitao	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
120	2:28.44	L	F	Nemayian Marima	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi	
121	2:34.05	L	F	Lavonne Sanayo	12	BIS ZZ	17/05/2019 Nairobi County Swimming Champi	
122	2:32.21	S	F	Sayuri Magambo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1	
123	2:39.90	L	F	Shelmith Shikoh	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi	
124	2:42.68	S	F	Nicole Edenhofer	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
125	2:48.47	L	F	Tendai Chloe	11	ROSE ZZ	17/05/2019 Nairobi County Swimming Champi	
126	2:51.78	S	F	Anna Bejon	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
127	3:29.68	S	F	Manuela Mutuma	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham	
<b>Women 11-12 50 Fly</b>								
1	34.27	L	AAAA	F	Kario Karani	12	OTTER ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
2	35.17	L	AAAA	F	Rebecca Nanjala	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
3	34.91	S	SAAAA	F	*1 Gabriella Helberg	12	GEMS ZZ	21/06/2019 Super Swim League Round 3
4	35.64	L	AAAA	F	Ashley Kagwima	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
5	36.60	L	AAAA	F	*1 Jessica Apsey	12	BANDA ZZ	15/02/2019 2019 KSF Long Course Nationals
6	37.14	L	AAAA	F	Wangechi Maina	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
7	37.55	L	AAAA	F	Wairimu Karanu	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
8	37.34	S	AAAA	F	Joy Aleyo	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
9	37.69	S	SAAAA	F	*1 Maisha Done	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
10	37.76	S	AAAA	F	Duini Caffini	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
11	38.21	S	SAAAA	F	Nicola Murungi	12	UNATT ZZ	21/06/2019 Super Swim League Round 3
12	38.35	S	AAAA	F	Kagure Maina	12	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
13	38.57	S	AAAA	F	Zikra Jaffer	11	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
14	39.27	L	AAAA	F	Thalia Davies	11	KENTC ZZ	15/02/2019 2019 KSF Long Course Nationals
15	39.49	L	AAAA	P	Elizabeth Mayende	11	LCVR ZZ	15/02/2019 2019 KSF Long Course Nationals
16	39.05	S	AAAA	F	Natasha Thurania	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
17	39.92	L	AAAA	F	Rianna Shah	12	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
18	39.54	S	AAAA	F	*1 Aaliya Takim	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
19*	39.65	S	SAAAA	F	Seran Gumo	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
19*	39.65	S	SAAAA	F	Zoe Gumo	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
21	39.67	S	AAAA	F	Diva Shah	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	40.47	L	AAAA	F	*1 Amelia Mudany	11	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
23	40.14	S	AAAA	F	Jasmine Pendo	11	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
24	40.16	S	AAAA	F	*1 Karimah Katemba	11	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
25	41.28 L	AAAA P	*1 Natalie Lutalo	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
26	40.75 S	F	Kyra Makena	11	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
27	41.04 S	F	Theodora Maruti	11	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
28	41.25 S S	F	Aaliyah Webber	12	GEMS ZZ	21/06/2019	Super Swim League Round 3
29	41.36 S	F	Sharon Moegi	12	KIDS ZZ	09/03/2019	Nairobi County Junior Championships
30	41.64 S	F	Maina Kagure	12	ROSE ZZ	09/03/2019	Nairobi County Junior Championships
31	42.50 L	F	Moige Kotut	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
32	41.81 S	F	Imrana Ali	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
33	42.17 S	F	*1 Antisha Ssuna	12	BBLES ZZ	09/03/2019	Nairobi County Junior Championships
34	42.62 S	F	Kwamboka Masese	12	BBLES ZZ	09/03/2019	Nairobi County Junior Championships
35	42.84 S	F	Nellie Kamau	12	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
36	42.90 S	F	Keaira McAree	11	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
37	43.67 L	F	Mary Nyambura	11	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
38	43.09 S	F	Amanda Kadzo	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
39	44.02 L	F	Audrey Chebet Langat	11	ROSE ZZ	17/05/2019	Nairobi County Swimming Champi
40	44.45 L	F	Tracey Wangalwa	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
41	44.50 L	F	Neeshi Shavdia	12	BNDRI ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
42	44.75 L	P	*1 Daniella Kirabo	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
43	44.18 S	F	Tshomela Muriuki	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
44	44.24 S	F	Elsa Agoya	12	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
45	44.59 S	F	*1 Aliyana Kachra	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
46	44.88 S	F	Ivet Gitiba	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
47	45.05 S	F	Abby Karanja	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
48	45.12 S	F	Virginia Wangare	12	LSC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
49	45.96 S	F	Haadiyah Jamal	12	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
50	46.03 S	F	Micaela Murugu	12	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
51	46.87 L	F	Maya Sherwin	12	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
52	46.29 S	F	Lailah Mugambi	12	MAKIN ZZ	19/01/2019	Nairobi County Junior Champion
53	47.21 L	F	Oyoo Amari	11	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
54	46.62 S S	F	Najma Feisal	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
55	47.54 L	F	Teniola Havi	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
56	46.91 S	F	Natasha Ndolo	12	LCVR ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
57	47.19 S	F	Everlyne Wambuga	11	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
58	47.90 L	F	Jasmine Nyambura Maina	11	SAA ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
59	47.21 S	F	Sifa Mulambe	12	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
60	48.04 L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019	Nairobi County Swimming Champi
61	47.37 S	F	Ivy Kafuto	11	SHAQS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
62	47.48 S	F	Walker Nella	12	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
63	47.61 S	F	Yelen Pognon	11	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
64	48.43 L	F	Lanoi Leperes	12	UNATT ZZ	17/05/2019	Nairobi County Swimming Champi
65	48.13 S	F	Peace Mutheu	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
66	48.86 L	F	Skyler Anayo	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
67	48.26 S	F	Marylynn Nelima	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
68	48.28 S	F	Xolani Ochoro	12	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
69	48.46 S S	F	Michelle Irungu	11	KESS ZZ	21/06/2019	Super Swim League Round 3
70	48.64 S	F	Ashley Jiao	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
71	48.81 S S	F	Thandie Muya	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
72	49.60 L	F	Yael Hailey	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
73	48.97 S S	F	Vritti Singh	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
74*	49.05 S	F	Sifa Wasuna	12	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
74*	49.05 S	F	Iman Kaiza	12	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
76	49.09 S	F	Grace Mbote	12	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
77	50.19 L	F	Hayley Ann Oduor	12	KIDS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
78	49.65 S S	F	Kendi Mugo	12	KESS ZZ	21/06/2019	Super Swim League Round 3

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
79	49.91 S	F	Yael Hailey	12	AKAN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
80	49.93 S	F	Bridgite Nyambura	12	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
81	50.22 S	F	Aparna Nambiar	12	BRASD ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
82	50.24 S	F	Neema Ng'ang'a	12	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
83	50.40 S S	F	Rebecca Kitonga	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
84	51.40 L	P *I	Athena Kituuka	12	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
85	50.77 S	F	Ida Mailu	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th (
86	50.92 S	F	Esther Kahuko	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
87	50.94 S	F	Angel Grace Nyambura	11	LUS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
88	51.01 S	F	Heloise De Valon	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
89	51.10 S	F	Eliana Muchai	11	KESS ZZ	09/03/2019	Nairobi County Junior Championships
90	51.90 L	F	Wanjiku Geteria	11	HSSCA ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
91	51.21 S	F	Lydia Atieno	12	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
92	51.84 S	F	Noorbanu Noorani	11	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
93	51.85 S	F	Amanda Mukoto	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
94	52.04 S	F	Haiqa Umeir	11	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
95	52.99 L	F	Shaina Bachelani	11	UNATT ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
96	53.05 L	F	Aparna Nambiar	12	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
97	53.22 L	P *I	Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
98	52.56 S S	F	Zaveria Mugo	11	KESS ZZ	21/06/2019	Super Swim League Round 3
99	53.41 L	F	Emaan Salim Manji	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
100	52.77 S	F	Malli Soi	11	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
101	53.54 L	F	Selah Mbugua	12	LUS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
102	52.87 S	F	Katanu Muindi	12	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
103	53.99 L	F	Amy Muthee	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
104	54.13 L	F	Amari Oyoo	11	KESS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
105	54.15 L	F	Alisya Chager	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
106	53.46 S	F	Wambui Ngugi	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
107	53.64 S	F	Ebony Wairuri	12	STKRS ZZ	09/03/2019	Nairobi County Junior Championships
108	53.71 S	F	Shamim Otta	12	ZULU ZZ	09/03/2019	Nairobi County Junior Championships
109	53.74 S	F	Natasha Owiti	11	BHSRC ZZ	08/06/2019	Lifetime Age Group & Open Cham
110	53.90 S	F	Claudina Taylor	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
111	54.26 S	F	Wambui Maina	12	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
112	54.47 S	F *I	Isobel Bush	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
113	54.81 S	F	Abigail Njoroge	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
114	54.85 S	F	Disha Roa	11	BRAE ZZ	09/03/2019	Nairobi County Junior Championships
115	55.52 S	F	Terry Mokua	11	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
116	56.26 L	F	Jackie Chege	12	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
117	55.92 S S	F	Nina Nganga	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
118	56.65 L	F	Chantalle Koki Kidenda	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
119	56.03 S	F	Jade Rabar	11	BBLES ZZ	09/03/2019	Nairobi County Junior Championships
120	56.78 L	F	Elizabeth Wangari	12	NSC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
121	56.36 S	F	Joy Mumbua	11	LCVR ZZ	09/03/2019	Nairobi County Junior Championships
122	57.25 L	F	Olivia Njeri Kabiru	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
123	56.57 S	F	Skylar Anayo	11	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
124	56.71 S S	F	Ariel Kigen	11	SEAH ZZ	21/06/2019	Super Swim League Round 3
125	57.44 L	F	Kuhi Sadavarte	12	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
126	57.80 S	F	Pola Mwiti	12	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
127	58.22 S	F	Leticia Mwendwa	11	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
128	58.24 S	F	Reese Russo	12	NAC ZZ	09/03/2019	Nairobi County Junior Championships
129	58.31 S	F	Kathleen Kitao	11	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
130	59.05 L	F	Denise Thami	12	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
131	58.43 S	F	Krista Nyankabaria	11	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
132	59.21 L	F	Melanie Wanjiru	12	CHS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
133	58.53	S	F	Anisa Adell Amondi	12	LSC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
134	58.73	S	F	Nemayian Marima	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion	
135	59.51	L	F	Lucille Karanja	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi	
136	58.91	S	F	Imani Mutai	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships	
137	59.64	L	F	Wanjiru Maina	12	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi	
138	58.96	S	F	Amy Weloba	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
139	1:00.42	L	F	Carla Amimo	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi	
140	1:00.37	S	F	Segen Majak	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships	
141	1:01.34	L	F	Candra Waihura	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
142	1:00.67	S	F	Tumaini Chabeda	11	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
143	1:01.48	L	F	Monifa Mwangi	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
144	1:01.81	L	F	Jessica Sekento	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
145	1:01.17	S	F	Angie Opiyo	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships	
146	1:02.27	L	F	Olive Cherop	11	NSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
147	1:01.88	S	F	Wambui Gitobu	11	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham	
148	1:02.39	S	F	Nalani Lusiola	11	LUS ZZ	09/03/2019 Nairobi County Junior Championships	
149	1:03.09	L	F	Nicole Wanjiku	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
150	1:04.37	L	F	Maya Namiso	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
151	1:04.65	S	F	Alma Muiga	11	BBLES ZZ	09/03/2019 Nairobi County Junior Championships	
152	1:04.74	S	F	Trisha Tayari	11	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
153	1:04.92	S	F	Teyie Zawadi	11	BHS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
154	1:05.06	S	F	Aishwarya Ramanan	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships	
155	1:05.28	S	F	Makena Mugambi	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
156	1:07.02	S	F	Nympha Nyaga	11	LCVR ZZ	09/03/2019 Nairobi County Junior Championships	
157	1:07.58	S	F	Lauryn Lagat	11	HSSCA ZZ	08/06/2019 Lifetime Age Group & Open Cham	
158	1:08.15	S	F	Mia McCarthy	11	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
159	1:08.95	S	F	Kyla Karanja	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion	
160	1:11.26	S	F	Dinisha D'Silva	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
161	1:12.42	S	F	Nosim Konchela	12	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships	
162	1:12.57	S	F	Jiya Raikundalia	11	PA ZZ	09/03/2019 Nairobi County Junior Championships	
163	1:14.84	L	F	Naya Patel	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
164	1:16.10	S	F	Njeri Felicity Ningala	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
165	1:28.16	S	F	Manuela Mutuma	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham	
<b>Women 11-12 100 Fly</b>								
1	1:20.44	L	AAAA	F	Ashley Kagwima	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
2	1:21.09	L	AAAA	F	Rebecca Nanjala	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
3	1:25.02	S	AAAA	F	Kario Karani	12	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
4	1:29.10	L	AAAA	F	Wairimu Karanu	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
5	1:30.53	S	AAAA	F	Zikra Jaffer	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
6	1:30.63	S	AAAA	F	Kagure Maina	12	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
7	1:30.78	S	AAAA	F	Wangechi Maina	11	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
8	1:32.22	S	F	Jasmine Pendo	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
9	1:32.33	S	F	Duini Caffini	11	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
10	1:32.54	S	P	*I Karimah Katemba	11	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI	
11	1:37.07	S	F	Natasha Thurania	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :	
12	1:37.53	S	F	Amanda Kadzo	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
13	1:39.27	L	F	Mary Nyambura	11	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
14	1:38.57	S	F	Seran Gumo	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
15	1:38.90	S	F	Diva Shah	12	KENTC ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
16	1:40.46	S	F	Kyra Makena	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
17	1:41.14	S	F	Neeshi Shavdia	12	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :	
18	1:41.66	S	F	Emma Miano	12	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
19	1:42.19	S	F	Zoe Gumo	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
20	1:42.59	S	F	Joy Aleyo	12	MAQ ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :	

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	Time	P/F/S	Name	Age/Yr			
21	1:42.95	S	F	Imrana Ali	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	1:44.72	L	F	Thalia Davies	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
23*	1:43.98	S	F	Audrey Chebet Langat	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
23*	1:43.98	S	F	Kwamboka Masese	12	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
25	1:44.19	S	F	Tracey Wangalwa	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
26	1:44.86	S	F	*I Aliyana Kachra	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
27	1:45.63	S	F	*I Aaliya Takim	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
28	1:45.99	S	F	Tshomela Muriuki	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH
29	1:47.83	L	F	Maya Chepngetich	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
30	1:48.37	L	F	Elizabeth Mayende	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
31	1:48.53	S	F	Najma Feisal	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
32	1:50.29	L	F	Lailah Mugambi	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
33	1:49.03	S	F	Emma Wambui	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
34	1:49.28	S	F	Aaliyah Webber	12	GEMS ZZ	03/05/2019 Super Swim League - Round 2
35	1:51.16	L	F	Oyoo Amari	11	BHS ZZ	17/05/2019 Nairobi County Swimming Champi
36	1:52.22	L	P	Keaira McAree	11	BRAE ZZ	15/02/2019 2019 KSF Long Course Nationals
37	1:51.08	S	F	Kendi Mugo	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
38	1:51.70	S	F	Nellie Kamau	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
39	1:53.10	S	F	Wanjiku Geteria	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
40	1:53.65	S	F	Sharon Moegi	12	KIDS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
41	1:53.92	S	F	Neema Ng'ang'a	12	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
42	1:53.97	S	F	Ivy Kafuto	11	SHAQS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
43	1:54.60	S	F	Michelle Irungu	11	KESS ZZ	03/05/2019 Super Swim League - Round 2
44	1:55.34	S	F	Thandie Muya	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
45	1:57.35	L	F	Xolani Ochoro	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
46	1:57.44	L	F	Savannah Musengi	11	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
47	1:56.04	S	F	Natasha Ndolo	12	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
48	1:56.37	S	F	Natalie Kioko	12	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
49	1:57.12	S	F	Rebecca Kitonga	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
50	2:01.38	S	F	Zaveria Mugo	11	KESS ZZ	03/05/2019 Super Swim League - Round 2
51	2:03.40	L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
52	2:02.52	S	F	Manna Kumon	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
53	2:02.66	S	F	*I Isobel Bush	12	SEAH ZZ	03/05/2019 Super Swim League - Round 2
54	2:04.02	S	F	Teniola Havi	12	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
55	2:09.29	S	F	Colleen Nyamika	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2
56	2:11.54	S	F	Wambui Maina	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
57	2:11.94	S	F	Sifa Mulambe	12	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
58	2:14.02	L	F	Lucille Karanja	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
59	2:13.59	S	F	Ariel Kigen	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
60	2:18.30	L	F	Segen Majak	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
61	2:19.23	L	F	Imani Mutai	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
62	2:19.90	S	F	Nemayian Marima	11	HSSCA ZZ	08/06/2019 Lifetime Age Group & Open Cham
63	2:23.22	L	F	Melanie Wanjiru	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
64	2:29.01	L	F	Hayley Ann Oduor	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
65	2:44.69	S	F	Pola Mwiti	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham

#### Women 13-14 50 Free

1	28.01	L	AAAA	F	*I Kirabo Namutebi	14	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
2	29.67	L	AAAA	F	*I Maria Perner	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
3	29.91	L	AAAA	F	*I Chiamaka Kanu	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
4	30.53	L	AAAA	F	Gakenia Mwige	14	MAQ ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
5	30.68	L	AAAA	F	Reese Gore	13	KESS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
6	31.07	L	AAAA	F	Lenise Wanakai	14	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
7	31.11	L	AAAA	F	*I Kangi Neema	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
8	31.67	L	AAAA	F	Regina Gichovi	14	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC



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9	31.04 S	AAAA F	Maria Bianchi	13	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
10	31.28 S	AAAA F	*1 Swagia Mubiru	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
11	31.31 S	AAAA F	Lubaina Islam Ali	13	MAQ ZZ	08/02/2019	grand prix 1
12	32.61 L	AAAA F	Neema Kitonga	14	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
13	32.68 L	AAAA F	Erica Wangechi	13	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
14	32.80 L	AAAA F	Cynthia Karanja	13	HSSCA ZZ	15/02/2019	2019 KSF Long Course Nationals
15	32.83 L	AAAA P	Sidney Mulemi	13	HSSCA ZZ	15/02/2019	2019 KSF Long Course Nationals
16	32.90 L	AAAA F	Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
17	32.92 L	AAAA F	Rachel Michelle Muriithi	14	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
18	33.09 L	AAAA F	*1 Emma Wappler	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
19	33.13 L	AAAA F	Lenise Wanakai	14	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
20	33.24 L	AAAA F	Mariam Kiragu	13	DMSS ZZ	18/01/2019	14th BSSA Nationals 18-20 Jan
21	32.55 S	AAAA F	Sheila Kimeto	13	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
22	34.11 L	F	Sidney Mulemi	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
23	34.15 L	F	Wema Nyamu	14	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
24	33.40 S L	F	Lisa Mumma	14	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
25	33.42 S	F	Vivian Hillier	14	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
26	33.46 S	F	Tugi Mwige	13	MAQ ZZ	08/02/2019	grand prix 1
27	34.29 L	F	Princess Favour Achieng	14	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
28	33.53 S	F	Cheryl Kamotho	13	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
29	34.50 L	P	Stacy Bonareri	14	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
30	34.61 L	F	Christine Wairimu	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
31	34.78 L	P	*1 Mary Banona	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
32	34.03 S	F	Maya Melesi	14	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
33	34.89 L	P	*1 Ophelie Konig	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
34	34.92 L	F	Joan Nyakundi	14	KAREN ZZ	17/05/2019	Nairobi County Swimming Champi
35	34.97 L	P	Deeya Shah	13	BNDR I ZZ	15/02/2019	2019 KSF Long Course Nationals
36	35.10 L	P	*1 Nanette Nsereko	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
37	34.32 S	F	Ruby Okumu	14	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
38	35.20 L	P	*1 Nakafu Luzinda	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
39	34.45 S	F	Turi Kiburi	14	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
40	35.41 L	F	Louise Nesbitt	14	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
41	34.75 S	F	Molly Muhoho	14	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
42	35.74 L	P	Alishat Khadija Nasser	13	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
43	35.79 L	F	Khushi Dhanjal	14	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
44	35.46 S	F	Maria Mwashha	13	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
45	36.42 L	F	Natasha Nanji	13	SEAH ZZ	06/07/2019	The Manchester Non National Me
46	36.57 L	F	Daksha Vanam	13	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
47	35.88 S	F	Uttara Changarampatt	13	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
48	36.70 L	F	Ruhi Chandaria	14	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
49	36.79 L	F	Zoya Khandwalla	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
50	36.05 S	F	Rehema Kamau	14	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
51	36.19 S	F	Marie-Ange Lokenga	13	BRAE ZZ	15/03/2019	Super Swim League - Round 1
52	36.48 S	F	Hanaan Khan	14	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
53	36.52 S	F	Sylvia Njagi	13	CHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
54	36.58 S	F	Sofia Kimuyu	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
55	37.43 L	P	Shirlyne Mboya	13	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
56	37.47 L	F	Racheal Irungu	14	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
57	36.71 S	F	Charity Aluku	14	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
58*	36.80 S	F	Mariam Galal	14	BRAEG ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
58*	36.80 S	F	Fadumo Mahmood	14	BNDR I ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
60	36.81 S	F	Neema Chekoko	14	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
61	36.97 S	F	Shriya Manek	13	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
62	37.02 S	F	Nadia Kangethe	13	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio

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	Time	P/F/S	Name	Age/Yr			
63	37.08	S	F	Rachel Irungu	14	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
64*	37.09	S	F	Aagya Tripathee	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
64*	37.09	S	F	Natasha Seton	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
66	37.91	L	F	Anita Wanjiru	13	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
67	37.21	S	F	Aashika Varia	13	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
68	37.22	S	F	Hazel Kithikii	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
69	38.05	L	F	Njoki Wanyeki	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
70	38.20	L	F	Muthoni Kariuki	13	HSSCA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
71	37.43	S	F	Alexandra Kontos	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1
72	38.49	L	F	Trinity Maruti	13	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
73	38.50	L	F	Aaralynne Kamau	14	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
74	37.84	S	F	Sharon Shisia	14	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
75	38.00	S	F	Lisa Serem	13	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
76	39.03	L	P	Daisy Ayuma	13	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
77	38.43	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
78	38.45	S	P *I	Kirstie Kansiiime	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
79	38.68	S	F	Hanna Yusufali	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
80	39.20	S	F	Ladan Ahmed	14	SEAH ZZ	15/03/2019 Super Swim League - Round 1
81	40.04	L	F	Avanisha Shrestha	13	BRAEG ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
82	40.05	L	F	Hazel Kinagwi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
83	40.17	L	F	Nadia Ndibo	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
84	40.21	L	F	Natalia Obaga	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
85	39.43	S	F	Naro Aukot	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1
86	39.47	S	F	Maya Shikhule	13	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
87	39.58	S	F	Maeve Ross	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
88	40.47	L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
89	39.80	S	F	Nicole Muthama	13	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
90	39.85	S	F	Tia Laiwalla	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1
91	39.89	S	F	Haika Macha	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
92	40.92	L	F	Raniah Oyatta	13	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
93	41.29	L	F	Njeri Waweru	13	SEAH ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
94	41.36	L	F	Joy Gitau	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
95	41.42	L	F	Michelle Thiomi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
96	41.57	L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
97	40.83	S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
98	40.96	S	F	Diya Raichura	13	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
99	42.28	L	F	Talai Cheruto	13	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
100	43.12	L	F	Tanu Kamata	13	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
101	43.27	L	F	Adjo Kwame	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
102	42.56	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t
103	43.47	L	F	Waihuini Wainaina	14	BARAQ ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
104	42.71	S	F	Ameya Rana	13	BRAE ZZ	15/03/2019 Super Swim League - Round 1
105	42.82	S	F	Sianna Ilako	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1
106	43.23	S	F	Patricia Mugo	14	KESS ZZ	15/03/2019 Super Swim League - Round 1
107	43.28	S	F	Wendy Gathii	13	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
108	43.73	S	F	Deborah Malei	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
109	46.41	L	F	Malaika Chege	13	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
110	46.65	S	F	Anita Ileje	13	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
111	46.88	S	F	Natasha Tanki	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
112	47.19	S	F	Brandy Chelangat	13	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
113	48.01	L	F	Shyan-Agnes Githinji	13	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
114	48.17	L	F	Brandy Jelagat	13	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
115	48.20	L	F	Elina Jobanputra	14	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
116	47.92	S	F	Celina Kitsao	13	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th t

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
117	48.56	S	F	Darlene Kamau	14	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
118	49.45	L	F	Jane Amanda	13	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
119	48.82	S	F	Reanna Odhiambo	14	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
120	48.83	S	F	Aya Mahmood	13	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
121	50.34	L	F	Cynthia Nangira	13	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
122	50.07	S	F	Stacy Osumba	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
123	50.22	S	F	Paris Ouma	14	SAST	04/10/2019 Nairobi County Level 2 Swimming Champio
124	51.20	L	F	Tiffany Mworira	13	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
125	50.56	S	F	Maryanna Kibet	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
126	51.05	S	F	Munthaha Mohammed	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
127	51.61	S	F	Denice Kutondo	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
128	51.73	S	F	Joy Okello	13	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
129	52.37	S	F	Atsieno Okumu	13	BBLES ZZ	15/03/2019 Super Swim League - Round 1
130	53.92	S	F	Keitha Keraita	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
131	54.07	S	F	Marianne Mutisio	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
132	55.20	L	F	Diana Achuil	13	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
133	55.25	S	F	Macklina Nakize	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
134	56.18	L	F	Shirley Jebet	13	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
135	56.54	L	F	Joyce Okello	13	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
136	57.23	L	F	Daisy Enosler	13	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
137	57.20	S	F	Liz Karanja	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
138	59.64	S	F	Natasha Billy	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
139	1:00.33	S	F	Shivani Patel	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
140	1:02.05	S	F	Shirly Kibet	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
141	1:04.36	S	F	Mbiri Batkitta	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
142	1:07.69	S	F	Karim Yasmin	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
143	1:09.79	S	F	Grace Kimambuthi	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
144	1:17.86	L	F	Lydia Wangui	13	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi

#### Women 13-14 100 Free

1	1:02.38	S	AAAA	F	*1	Kirabo Namutebi	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
2	1:06.32	L	AAAA	P		Lubaina Islam Ali	13	KENYA ZZ	11/09/2019 Africa Junior Championships
3	1:07.32	L	AAAA	P		Gakenia Mwige	14	MAQ ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
4	1:05.77	S	AAAA	F		Maria Bianchi	13	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
5	1:08.16	L	AAAA	F		Lenise Wanakai	14	OTTER ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
6	1:09.12	L	AAAA	F	*1	Maria Perner	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
7	1:09.95	L	AAAA	F	*1	Kangi Neema	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
8	1:10.09	L	AAAA	F	*1	Chiamaka Kanu	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
9	1:10.28	L	AAAA	P		Reese Gore	13	KESS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
10	1:11.45	L	AAAA	F		Cynthia Karanja	13	HSSCA ZZ	15/02/2019 2019 KSF Long Course Nationals
11	1:12.69	L	AAAA	P		Regina Gichovi	14	LCVR ZZ	15/02/2019 2019 KSF Long Course Nationals
12*	1:12.81	L	AAAA	F		Mariam Kiragu	13	DMSS ZZ	18/01/2019 14th BSSA Nationals 18-20 Jan
12*	1:12.81	L	AAAA	F		Rachel Michelle Muriithi	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
14	1:11.35	S	AAAA	F	*1	Emma Wappler	13	GS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
15	1:11.68	S	AAAA	F		Erica Wangechi	13	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
16	1:12.08	S	AAAA	F		Tugi Mwige	13	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
17	1:12.70	S	AAAA	F		Neema Kitonga	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
18	1:15.17	L	AAAA	F		Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
19	1:13.94	S	AAAA	F		Vivian Hillier	14	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
20	1:15.74	L	AAAA	F		Ruby Okumu	14	LCVR ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
21	1:15.92	L	AAAA	P		Sidney Mulemi	13	HSSCA ZZ	15/02/2019 2019 KSF Long Course Nationals
22	1:16.89	L	AAAA	F		Princess Favour Achieng	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
23	1:16.98	L	AAAA	F		Sidney Mulemi	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
24	1:17.25	L	AAAA	P		Turi Kiburi	14	RUSIN ZZ	15/02/2019 2019 KSF Long Course Nationals
25	1:15.91	S		F		Maya Melesi	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
26	1:17.82	L	P	Cheryl Kamotho	13	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
27	1:16.78	S	F	Deeya Shah	13	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
28	1:19.06	L	P	Stacy Bonareri	14	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
29	1:17.48	S	F	Wema Nyamu	14	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
30	1:17.92	S	F	Eowyn Luchters	13	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
31	1:19.59	L	F	Khushi Dhanjal	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
32	1:18.05	S	F	Aagya Tripathee	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
33	1:19.88	L	F	Alishat Khadija Nasser	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
34	1:18.33	S	F	Sheila Kimeto	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
35	1:18.40	S	F	Natasha Nanji	13	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
36	1:18.74	S	P	*1 Mary Banona	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
37	1:19.16	S	F	Fadumo Mahmood	14	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHF
38	1:20.93	L	F	Njoki Wanyeki	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
39	1:22.07	L	F	Maria Mwashwa	13	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
40	1:21.10	S	F	Molly Muhoho	14	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
41	1:21.31	S	F	Rehema Kamau	14	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
42	1:21.57	S	F	Shriya Manek	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
43	1:23.23	L	F	Daksha Vanam	13	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
44	1:22.12	S	F	Mariam Galal	14	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
45	1:22.15	S	F	Hazel Kithikii	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
46	1:22.43	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
47	1:22.87	S	F	*1 Sofia Rechchad	14	BRAE ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
48	1:24.75	L	F	Nadia Kangethe	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
49	1:24.86	L	F	Zoya Khandwalla	14	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
50	1:23.54	S	F	Louise Nesbitt	14	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
51	1:23.84	S	F	Hanaan Khan	14	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
52	1:24.09	S	F	Aashika Varia	13	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
53	1:25.22	S	F	Marie-Ange Lokenga	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
54	1:25.39	S	F	Mariasera Martin	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
55	1:25.40	S	F	Sofia Kimuyu	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
56	1:25.72	S	F	Ameya Rana	13	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
57	1:26.17	S S	F	Ladan Ahmed	14	SEAH ZZ	21/06/2019 Super Swim League Round 3
58	1:27.98	L	F	Daisy Ayuma	13	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
59	1:28.17	L	F	Muthoni Kariuki	13	HSSCA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
60	1:26.69	S	F	Kim Amsallem-Klem	13	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
61	1:26.74	S	F	Neema Chekoko	14	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
62	1:28.69	L	F	Lisa Mumma	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
63	1:28.76	L	F	Nadia Ndibo	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
64	1:28.87	L	F	Anita Wanjiru	13	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
65	1:28.15	S	F	Hanna Yusufali	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
66	1:28.23	S	F	Rachel Irungu	14	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
67	1:28.24	S	F	Sasha Mwangi	13	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
68	1:28.39	S	F	Sharon Shisia	14	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
69	1:28.65	S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
70	1:30.47	L	F	Trinity Maruti	13	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
71	1:30.93	L	F	Aaralyne Kamau	14	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
72	1:30.95	L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
73	1:31.75	L	F	Sylvia Njagi	13	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
74	1:31.90	L	F	Erika Ayugi	13	KAREN ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
75	1:31.95	L	F	Michelle Thiomi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
76	1:30.57	S	F	Uttara Changarampatt	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
77	1:30.72	S S	F	Naro Aukot	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
78	1:32.41	L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
79	1:32.72	L	F	Hazel Kinagwi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
80	1:31.87	S	F	Lisa Serem	13	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
81	1:34.99	L	F	Talai Cheruto	13	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
82	1:33.52	S S	F	Shirlyne Mboya	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
83	1:33.60	S	F	Waihuini Wainaina	14	BARAQ ZZ	25/01/2019 Nairobi County Level 2 Swimmin
84	1:33.97	S	F	Haika Macha	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
85	1:37.26	L	F	Raniah Oyatta	13	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
86	1:36.26	S	F	Nicole Muthama	13	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
87	1:38.53	L	F	Adjo Kwame	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
88	1:37.79	S	F	Angel-Marie Wanngui	14	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
89	1:40.08	L	F	Claire Kaira	14	KAREN ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
90	1:38.61	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
91	1:40.87	S	F	Maya Shikhule	13	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham
92	1:41.28	S S	F	Patricia Mugo	14	KESS ZZ	21/06/2019 Super Swim League Round 3
93	1:42.53	S	F	Wendy Gathii	13	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
94	1:46.61	L	F	Jane Amanda	13	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
95	1:47.54	L	F	Tanu Kamata	13	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
96	1:46.97	S	F	Aya Mahmood	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
97	1:50.95	L	F	Tiffany Mworira	13	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
98	1:50.64	S	F	Maria Kadii	14	UNATT ZZ	26/04/2019 CASA GRAND PRIX 3
99	2:15.75	L	F	Diana Achuil	13	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
100	2:22.38	S	F	Arach Koch	13	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham

### Women 13-14 50 Back

1	32.76	S	AAAA	F	*1 Kirabo Namutebi	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
2	34.17	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
3	35.29	L	AAAA	F	Lenise Wanakai	14	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
4	35.34	S	AAAA	F	Lubaina Islam Ali	13	MAQ ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
5	35.88	S	AAAA	F	Maria Bianchi	13	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
6	36.02	S	AAAA	F	*1 Swagia Mubiru	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
7	36.90	L	AAAA	F	*1 Maria Perner	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
8	37.09	L	AAAA	F	Wema Nyamu	14	KESS ZZ	15/02/2019 2019 KSF Long Course Nationals
9	37.59	L	AAAA	F	*1 Chiamaka Kanu	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
10	38.05	L	AAAA	F	*1 Kangi Neema	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
11	37.68	S	AAAA	F	Tugi Mwige	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
12	38.72	L	AAAA	F	*1 Emma Wappler	13	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
13	39.11	L	AAAA	F	Erica Wangechi	13	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
14	39.18	L	AAAA	F	Mariam Kiragu	13	DMSS ZZ	17/11/2018 13th UB Gala 17-11-2018
15	39.84	L	AAAA	F	Aagya Tripathhee	14	OTTER ZZ	17/05/2019 Nairobi County Swimming Champi
16	39.87	L	AAAA	F	Stacy Bonareri	14	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
17	39.35	S	AAAA	F	Sheila Kimeto	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
18	39.40	S	AAAA	P	Reese Gore	13	KESS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
19	39.57	S	AAAA	F	Rachel Michelle Muriithi	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
20	40.04	S	AAAA	F	Molly Muhoho	14	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
21	40.46	S	AAAA	P	Vivian Hillier	14	OAMSA ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
22	41.35	L		P	Cynthia Karanja	13	HSSCA ZZ	15/02/2019 2019 KSF Long Course Nationals
23	40.76	S		F	Eowyn Luchters	13	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
24	41.06	S		F	Rachel Irungu	14	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
25	41.17	S		F	Natasha Nanji	13	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
26	41.62	S		F	Alexandra Kontos	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1
27	42.46	L		F	Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
28	42.20	S		F	Maya Melesi	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
29	42.29	S		F	Turi Kiburi	14	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
30	43.08	L		F	Maria Mwasha	13	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
31	43.16	L		F	Ruby Okumu	14	LCVR ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
32	42.57	S		F	Ameya Rana	13	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
33	42.64	S	F	Lisa Mumma	14	BBLES ZZ	15/03/2019 Super Swim League - Round 1
34	43.24	L	F	Christine Wairimu	14	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
35	42.66	S	F	Marie-Ange Lokenga	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
36	42.96	S	F	Joan Nyakundi	14	KAREN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
37	43.85	L	F	Alishat Khadija Nasser	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
38	43.28	S L	F	Angel-Marie Wanngui	14	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
39	44.24	L	F	Racheal Irungu	14	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
40	43.66	S	F	Ilana Reblin	14	GS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
41	44.39	L	F	Daksha Vanam	13	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
42	43.82	S	F	Fadumo Mahmood	14	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
43	44.05	S	F	*1 Sofia Rechchad	14	BRAE ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
44	44.84	L	F	Helena Von Kleist-Schoen	13	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
45	44.31	S	F	Deeya Shah	13	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
46	44.37	S	F	Hanna Yusufali	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
47	44.50	S	F	Njoki Wanyeki	13	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
48	45.16	L	F	Khushi Dhanjal	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
49	45.17	L	F	Sidney Mulemi	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
50	44.60	S	F	Tia Laiwalla	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1
51	44.63	S	F	Neema Chekoko	14	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
52	45.34	L	F	Hanaan Khan	14	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
53	45.08	S	F	Maeve Ross	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
54	45.37	S	F	Aashika Varia	13	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
55	45.49	S	F	Hazel Kithikii	14	BNDRI ZZ	08/02/2019 grand prix 1
56	45.58	S	F	Haika Macha	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
57	46.20	L	P	*1 Nanette Nsereko	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
58	46.25	L	F	Zoya Khandwalla	14	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
59	46.29	S	P	Angel Samoei	13	GVSE ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
60	46.42	S	F	Kim Amsallem-Klem	13	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
61	46.59	S	F	Sylvia Njagi	13	CHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
62	46.60	S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
63	46.76	S	F	Charity Aluku	14	NAC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
64	46.82	S	F	Naro Aukot	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1
65	46.85	S	F	Rehema Kamau	14	NAC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
66	47.55	L	F	Joy Kendi	14	LCM ZZ	17/05/2019 Nairobi County Swimming Champi
67	47.14	S	F	Shriya Manek	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
68	47.26	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
69	47.92	L	F	Muthoni Kariuki	13	HSSCA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
70	47.95	L	F	Hazel Kinagwi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
71	47.96	L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
72	47.60	S	F	Kristina Ndegwa	13	ZEFIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
73	48.26	S	F	Mariasera Martin	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
74	48.71	S	F	Lisa Serem	13	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
75	48.72	S	F	Hope Sikolia	14	BRASD ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
76	48.73	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
77	48.74	S	F	Nicole Muthama	13	LCVR ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
78*	49.46	L	F	Michelle Thiomi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
78*	49.46	L	F	Anita Wanjiru	13	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
80	49.60	L	F	Aaralynne Kamau	14	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
81	49.66	L	F	Raniah Oyatta	13	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
82	49.71	L	F	Daisy Ayuma	13	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
83	50.08	L	F	Avanisha Shrestha	13	BRAEG ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
84	49.49	S	F	Patricia Mugo	14	KESS ZZ	15/03/2019 Super Swim League - Round 1
85	49.60	S	F	Shirlyne Mboya	13	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
86	49.64	S	F	Trinity Maruti	13	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr		
87	50.02	S	F	Ladan Ahmed	14	SEAH ZZ 15/03/2019 Super Swim League - Round 1
88	50.06	S	F	Sasha Mwangi	13	BBLES ZZ 25/01/2019 Nairobi County Level 2 Swimmin
89	50.11	S	F	Talai Cheruto	13	BIS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
90	50.73	L	F	Joy Gitau	13	BRASD ZZ 17/05/2019 Nairobi County Swimming Champi
91	50.65	S	F	Diya Raichura	13	KENTC ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
92	50.84	S	F	Sharon Shisia	14	LCVR ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
93	50.88	S	F	Imani Kasura	14	BRAEI ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
94	51.08	S	F	Uttara Changarampatt	13	KENTC ZZ 25/01/2019 Nairobi County Level 2 Swimmin
95	52.65	S	F	Celina Kitsao	13	KIV ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
96	53.37	L	F	Adjo Kwame	13	BRASD ZZ 17/05/2019 Nairobi County Swimming Champi
97	52.97	S	F	Clare Naomi Akinyi	13	NEAST ZZ 08/06/2019 Lifetime Age Group & Open Cham
98	53.78	S	F	Joy Gitau	13	BRASD ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
99	54.22	S	F	Lola Sakwa	14	NAC ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
100	54.74	S	F	Reanna Odhiambo	14	KIV ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
101	57.73	S	F	Malaika Chege	13	BHS ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
102	58.83	S	F	Deborah Malei	13	SERAR ZZ 08/06/2019 Lifetime Age Group & Open Cham
103	1:00.19	L	F	Nicole Muhia	13	BHS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
104	59.82	S	F	Munthaha Mohammed	13	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
105	1:00.27	S	F	Aya Mahmood	13	BNDRI ZZ 08/02/2019 grand prix 1
106	1:01.19	L	F	Laura Akalah	13	BHS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
107	1:00.84	S	F	Brandy Chelangat	13	NDUPS ZZ 08/06/2019 Lifetime Age Group & Open Cham
108	1:00.86	S	F	Paris Ouma	14	SAST 04/10/2019 Nairobi County Level 2 Swimming Champio
109	1:01.51	L	F	Shyan-Agnes Githinji	13	BHS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
110	1:02.92	S	F	Arach Akoch	13	BIS ZZ 08/06/2019 Lifetime Age Group & Open Cham
111	1:03.14	S	F	Maya Shikhule	13	LCVR ZZ 08/06/2019 Lifetime Age Group & Open Cham
112	1:04.12	L	F	Waihuini Wainaina	14	BARAQ ZZ 17/05/2019 Nairobi County Swimming Champi
113	1:05.61	S	F	Denice Kutondo	14	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
114	1:07.40	S	F	Macklina Nakize	14	SERAR ZZ 08/06/2019 Lifetime Age Group & Open Cham
115	1:07.60	S	F	Tayana Gitau	13	SERAR ZZ 08/06/2019 Lifetime Age Group & Open Cham
116	1:08.54	L	F	Tiffany Mworira	13	NRBTS ZZ 17/05/2019 Nairobi County Swimming Champi
117	1:11.08	S	F	Shivani Patel	14	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
118	1:12.85	S	F	Darlene Kamau	14	KIV ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
119	1:15.97	S	F	Felicity Mbeke	13	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th

#### Women 13-14 100 Back

1	1:14.29	L	AAAA	F	*1 Kirabo Namutebi	14	UGAND ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
2	1:13.30	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
3	1:15.48	L	AAAA	P	Lenise Wanakai	14	KENYA ZZ 11/09/2019 Africa Junior Championships
4	1:18.09	S	AAAA	F	Maria Bianchi	13	BOSC ZZ 26/04/2019 CASA GRAND PRIX 3
5	1:20.80	L	AAAA	F	Lubaina Islam Ali	13	KENYA ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
6	1:21.70	L	AAAA	F	Lenise Wanakai	14	AKAN ZZ 17/05/2019 Nairobi County Swimming Champi
7	1:22.42	L	AAAA	F	*1 Kangi Neema	13	SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals
8	1:22.99	L	AAAA	F	*1 Emma Wappler	13	OTTER ZZ 15/02/2019 2019 KSF Long Course Nationals
9	1:22.04	S	AAAA	F	Tugi Mwige	13	MAQ ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
10	1:23.43	L	AAAA	F	Wema Nyamu	14	KESS ZZ 15/02/2019 2019 KSF Long Course Nationals
11	1:23.73	S	AAAA	F	Regina Gichovi	14	LCVR ZZ 25/01/2019 Nairobi County Level 2 Swimmin
12	1:26.31	L	AAAA	P	Erica Wangechi	13	MAKIN ZZ 15/02/2019 2019 KSF Long Course Nationals
13	1:26.32	L	AAAA	F	Mariam Kiragu	13	DMSS ZZ 04/04/2019 2nd DMSS Gators Annual Swim Ga
14	1:28.98	L	F	Rachel Michelle Muriithi	14	BBLES ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
15	1:27.95	S	F	Molly Muhoho	14	BANDA ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
16	1:30.24	L	F	Aagya Tripathee	14	OTTER ZZ 17/05/2019 Nairobi County Swimming Champi	
17	1:30.11	S	F	Vivian Hillier	14	BNDRI ZZ 26/04/2019 CASA GRAND PRIX 3	
18	1:31.01	S	F	Sheila Kimeto	13	OTTER ZZ 21/06/2019 CASA Inter Clubs Swimming Championship	
19	1:31.24	S	F	Maya Melesi	14	HIS ZZ 25/01/2019 Nairobi County Level 2 Swimmin	
20	1:32.57	L	F	*1 Swagia Mubiru	14	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals	

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
21	1:32.62 L	F	Ruhi Chandaria	14	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
22	1:33.45 L	F	Maria Mwash	13	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
23	1:32.86 S	F	Cynthia Karanja	13	HSSCA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
24	1:33.08 S	F	Rachel Irungu	14	BHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
25	1:33.62 S	F	Shana Ombajo	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	1:33.72 S S	F	Natasha Nanji	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
27	1:33.95 S	F	Marie-Ange Lokenga	13	BRAE ZZ	25/01/2019	Nairobi County Level 2 Swimmin
28	1:35.78 L	F	Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
29	1:35.51 S	F	Ruby Okumu	14	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
30	1:37.32 L	F	Daksha Vanam	13	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
31	1:37.36 L	F	Stacy Bonareri	14	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
32	1:36.23 S	F	Sidney Mulemi	13	HSSCA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
33	1:37.80 L	F	Lisa Mumma	14	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
34	1:37.88 L	F	Sidney Mulemi	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
35	1:37.31 S	F	Deeya Shah	13	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
36	1:37.95 S	F	Fadumo Mahmood	14	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
37	1:38.42 S	F	Natasha Seton	14	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
38	1:38.87 S	F	Anita Wanjiru	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
39	1:40.18 L	P *I	Nanette Nsereko	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
40	1:39.08 S	F	Rachaelneema Ndungu	14	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	1:40.40 L L	F *I	Nakafu Luzinda	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
42	1:40.42 L	F	Shriya Manek	13	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
43	1:40.37 S S	F	Njoki Wanyeki	13	OTTER ZZ	21/06/2019	Super Swim League Round 3
44	1:41.05 S	F	Neema Chekoko	14	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
45	1:43.99 L	F	Khushi Dhanjal	14	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
46	1:42.80 S	F	Nadia Kangethe	13	HSSCA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
47	1:43.85 S	F	Hope Sikolia	14	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
48	1:44.09 S	F	Kim Amsallem-Klem	13	KENTC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
49	1:45.50 S S	F	Rehema Kamau	14	KESS ZZ	21/06/2019	Super Swim League Round 3
50	1:45.64 S	F	Trinity Maruti	13	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham
51	1:46.09 S	F	Michelle Thiomi	13	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	1:46.11 S	F	Kristina Ndegwa	13	ZEFIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
53	1:47.25 S S	F	Ladan Ahmed	14	SEAH ZZ	21/06/2019	Super Swim League Round 3
54	1:49.40 S	F	Talai Cheruto	13	BIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
55	1:52.06 L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019	Nairobi County Swimming Champi
56	1:52.57 L	F	Muthoni Kariuki	13	HSSCA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
57	1:51.39 S S	F	Patricia Mugo	14	KESS ZZ	21/06/2019	Super Swim League Round 3
58	1:56.65 S	F	Uttara Changarampatt	13	KENTC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
59	2:00.13 S	F	Liane Rose	13	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
60	2:01.57 L	F	Shirlyne Mboya	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
61	2:02.65 L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
62	2:05.66 S	F	Nicole Muthama	13	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
63	2:14.87 L	F	Waihuini Wainaina	14	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
64	2:56.58 S	F	Denice Kutondo	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
<b>Women 13-14 50 Breast</b>							
1	36.24 L	AAAA	F *I Kirabo Namutebi	14	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
2	39.50 L	AAAA	F *I Chiamaka Kanu	14	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
3	38.87 S	AAAA	P Maria Bianchi	13	BOSC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
4	38.91 S	AAAA	F *I Swagia Mubiru	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
5	38.97 S	AAAA	F *I Emma Wappler	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
6	40.12 L	AAAA	F *I Maria Perner	14	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
7	39.67 S	AAAA	F Regina Gichovi	14	LCVR ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
8	41.65 L	AAAA	P *I Kangi Neema	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
9	41.72 L	AAAA	F *I Nanette Nsereko	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
10	42.20	L AAAA	F Ameya Rana	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
11	42.30	L AAAA	F Erica Wangechi	13	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
12	42.49	L AAAA	F Neema Kitonga	14	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
13	43.04	L AAAA	F Deeya Shah	13	BNDRI ZZ	03/04/2019	SA Level 2 Regional Age Group
14	42.36	S AAAA	F Tugi Mwige	13	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :
15	43.74	L AAAA	P *I Ophelie Konig	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
16	43.88	L AAAA	F Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
17	43.02	S	F Gakenia Mwige	14	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :
18	43.03	S	F Alexandra Kontos	13	SEAH ZZ	03/05/2019	Super Swim League - Round 2
19	43.98	S	P *I Mary Banona	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS!
20	45.06	L	P Maria Mwasha	13	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
21	44.34	S	F Turi Kiburi	14	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
22	45.51	L	F Alishat Khadija Nasser	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
23	44.53	S	F Sofia Kimuyu	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
24	44.73	S	F Cheryl Kamocho	13	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
25	44.87	S	F Isla Grammaticas	13	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	44.88	S	F Wema Nyamu	14	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
27	45.20	S	F Uttara Changarampatt	13	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
28*	45.28	S	F Reese Gore	13	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
28*	45.28	S	F Lenise Wanakai	14	OTTER ZZ	03/05/2019	Super Swim League - Round 2
30	46.31	L	F Mariam Kiragu	13	DMSS ZZ	04/04/2019	2nd DMSS Gators Annual Swim Ga
31	45.34	S	F Molly Muhoho	14	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
32	46.48	L	F Stacy Bonareri	14	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
33*	45.50	S	F Ruby Okumu	14	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
33*	45.50	S	F Hanaan Khan	14	OTTER ZZ	03/05/2019	Super Swim League - Round 2
35	46.55	L	F Trinity Maruti	13	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
36	46.80	L	F Zoya Khandwalla	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
37	45.89	S	F Natasha Seton	14	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
38	45.93	S	F Naomi Ingari	13	NAC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
39	46.96	L	F Shriya Manek	13	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
40	46.08	S	F Maya Melesi	14	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	46.15	S	F *I Kirstie Kansime	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS!
42	47.23	L	F Ruhi Chandaria	14	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi
43	47.36	L	F Natasha Nanji	13	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
44	47.48	L	F Sidney Mulemi	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
45	47.55	L	P Daisy Ayuma	13	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
46	46.64	S	F Joan Nyakundi	14	KAREN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
47	46.78	S	F Joy Kendi	14	LCM ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
48	47.81	L	F Christine Wairimu	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
49	47.18	S	F *I Sofia Rechchad	14	BRAE ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
50	48.18	L	F Melody Ndegwa	13	SCSS ZZ	17/05/2019	Nairobi County Swimming Champi
51	47.43	S	F Diya Raichura	13	KENTC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	47.75	S	F Vivian Hillier	14	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS!
53	47.86	S	F Racheal Irungu	14	BHS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
54	48.05	S	F Hazel Kithikii	14	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
55	48.21	S	F Ilana Reblin	14	GS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
56	48.41	S	P *I Nakafu Luzinda	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS!
57	48.80	S	F Aagya Tripathee	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
58	49.28	S	F Hanna Yusufali	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
59	49.46	S	F Zawi Ouma	13	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
60	49.57	S	F Rachel Irungu	14	BHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
61	49.85	S	F Lola Sakwa	14	NAC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
62	49.86	S	F Nadia Kangethe	13	HSSCA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
63	50.06	S	F Njoki Wanyeki	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
64	50.26 S	F	Eowyn Luchters	13	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
65	50.53 S	F	Haika Macha	13	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
66	50.55 S	F	Charity Aluku	14	NAC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
67	50.60 S	F	Fadumo Mahmood	14	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
68	50.70 S	F	Anita Wanjiru	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
69	50.86 S	F	Sheila Kimeto	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
70	52.14 L	F	Sylvia Njagi	13	CHS ZZ	17/05/2019	Nairobi County Swimming Champi
71	51.26 S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
72	52.39 L	F	Tanu Kamata	13	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
73	51.50 S	F	Sasha Mwangi	13	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
74	51.63 S	F	Naro Aukot	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
75	51.85 S	F	Shirlyne Mboya	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
76	51.90 S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
77	53.05 L	F	Erika Ayugi	13	KAREN ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
78	52.69 S	F	Sharon Shisia	14	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
79	52.81 S	F	Kristina Ndegwa	13	ZEFIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
80	52.84 S	F	Neema Chekoko	14	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
81	52.85 S	F	Lisa Mumma	14	BBLES ZZ	03/05/2019	Super Swim League - Round 2
82	54.16 L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
83	53.28 S	F	Aashika Varia	13	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
84	53.29 S	F	Michelle Thiomi	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
85	55.36 L	F	Malaika Chege	13	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
86	54.40 S	F	Patricia Mugo	14	KESS ZZ	03/05/2019	Super Swim League - Round 2
87	55.44 L	F	Wendy Gathii	13	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
88	54.64 S	F	Talai Cheruto	13	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
89	55.74 L	F	Tiffany Mworio	13	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
90	56.77 L	F	Waihuini Wainaina	14	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
91	55.93 S	F	Liane Rose	13	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
92	57.08 S	F	Lisa Serem	13	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
93	58.26 L	F	Jane Amanda	13	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
94	57.90 S	F	Shanice Kinoti	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
95	58.10 S	F	Ladan Ahmed	14	SEAH ZZ	03/05/2019	Super Swim League - Round 2
96	58.65 S	F	Arach Akoch	13	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
97	1:00.17 L	F	Raniah Oyatta	13	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
98	59.53 S	F	Hazel Kinagwi	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
99	1:00.00 S	F	Nicole Muthama	13	LCVR ZZ	08/06/2019	Lifetime Age Group & Open Cham
100	1:00.59 S	F	Anita Ileje	13	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
101	1:01.81 L	F	Diana Achuil	13	BIS ZZ	17/05/2019	Nairobi County Swimming Champi
102	1:03.86 L	F	Adjo Kwame	13	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
103	1:05.70 S	F	Brandy Chelangat	13	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
104	1:06.00 S	F	Paris Ouma	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
105	1:07.34 L	F	Shyan-Agnes Githinji	13	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
106	1:07.69 S	F	Mbiri Batkitta	13	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
107	1:08.07 S	F	Denice Kutondo	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
108	1:08.47 S	F	Keitha Keraita	14	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
109	1:09.60 S	F	Trudie Kinuthia	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
110	1:14.16 S	F	Hellen Wambugu	14	BHSRC ZZ	08/06/2019	Lifetime Age Group & Open Cham
111	1:14.46 S	F	Aya Mahmood	13	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
112	1:16.05 S	F	Maryanna Kibet	13	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
113	1:18.55 S	F	Natasha Billy	13	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
114	1:22.19 S	F	Tianna Mathegi	13	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham

**Women 13-14 100 Breast**

1	1:23.40 L	AAAA	F	*1 Kirabo Namutebi	14	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
2	1:22.95 S	AAAA	F	Maria Bianchi	13	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
3	1:26.88	L AAAA	F *I Emma Wappler	13	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals	
4	1:30.50	L AAAA	P Regina Gichovi	14	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
5	1:31.43	L AAAA	F *I Swagia Mubiru	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	1:31.45	L AAAA	F *I Kangi Neema	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
7	1:32.40	L AAAA	F *I Chiamaka Kanu	14	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
8	1:30.75	S AAAA	F Ameya Rana	13	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
9	1:33.22	L AAAA	F Erica Wangechi	13	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
10	1:31.24	S AAAA	F Neema Kitonga	14	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
11	1:32.58	S AAAA	F Tugi Mwige	13	MAQ ZZ	08/02/2019	grand prix 1	
12	1:32.85	S AAAA	F Lubaina Islam Ali	13	MAQ ZZ	08/02/2019	grand prix 1	
13	1:32.91	S AAAA	F Gakenia Mwige	14	MAQ ZZ	08/02/2019	grand prix 1	
14	1:34.30	S AAAA	F Deeya Shah	13	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
15	1:37.70	L AAAA	P *I Nanette Nsereko	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
16	1:35.85	S AAAA	F Turi Kiburi	14	RUSIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
17	1:36.33	S AAAA	P *I Mary Banona	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI	
18	1:38.35	L AAAA	F *I Ophelie Konig	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
19	1:38.62	L AAAA	F Ruby Okumu	14	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals	
20	1:37.13	S AAAA	F Cheryl Kamotho	13	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
21	1:39.19	L AAAA	F Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi	
22	1:37.87	S	F Shriya Manek	13	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
23	1:38.64	S	F Maya Melesi	14	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
24	1:41.10	L	F Trinity Maruti	13	LSC ZZ	17/05/2019	Nairobi County Swimming Champi	
25	1:39.27	S	F Reese Gore	13	KESS ZZ	15/03/2019	Super Swim League - Round 1	
26	1:39.65	S	F Maria Mwashwa	13	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
27	1:39.82	S	F Molly Muhoho	14	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
28	1:39.99	S	F Hanaan Khan	14	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
29	1:40.06	S	F Alexandra Kontos	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
30	1:42.29	L	F Mariam Kiragu	13	DMSS ZZ	04/04/2019	2nd DMSS Gators Annual Swim Ga	
31	1:43.54	L	P *I Nakafu Luzinda	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
32	1:43.66	L	F Alishat Khadija Nasser	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
33	1:41.90	S	F Natasha Seton	14	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
34	1:41.98	S	F Sofia Kimuyu	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
35	1:44.97	L	F Wema Nyamu	14	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
36	1:45.26	L	P Daisy Ayuma	13	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals	
37*	1:43.76	S	F Natasha Nanji	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
37*	1:43.76	S	F Zoya Khandwalla	14	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
39	1:44.45	S	F Joy Kendi	14	LCM ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
40	1:44.86	S	F Hazel Kithikii	14	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
41	1:47.38	L	F Christine Wairimu	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
42	1:48.56	L	F Melody Ndegwa	13	SCSS ZZ	17/05/2019	Nairobi County Swimming Champi	
43	1:46.90	S	F Sidney Mulemi	13	HSSCA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
44	1:47.12	S	F Ilana Reblin	14	GS ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
45	1:47.21	S	F Uttara Changarampatt	13	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
46	1:47.39	S	F Vivian Hillier	14	BNDRI ZZ	08/02/2019	grand prix 1	
47	1:47.58	S	P *I Kirstie Kansiieme	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI	
48	1:47.63	S	F Hanna Yusufali	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
49	1:50.47	L	F Zoe Putar	14	BRAEG ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
50	1:50.50	S	F Diya Raichura	13	KENTC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
51	1:52.89	L	F Tanu Kamata	13	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi	
52	1:51.44	S	F Rachel Irungu	14	BHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
53	1:53.48	L	F Nadia Kangethe	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi	
54	1:51.75	S	F Sasha Mwangi	13	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
55	1:53.98	L	F Avانشa Shrestha	13	BRAEG ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
56	1:54.35	L	F Njoki Wanyeki	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
57	1:54.44	L	F	Helena Von Kleist-Schoen	13	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
58	1:52.91	S	F	Sheila Kimeto	13	KESS ZZ	15/03/2019 Super Swim League - Round 1
59	1:53.76	S	F	Marie-Ange Lokenga	13	BRAE ZZ	15/03/2019 Super Swim League - Round 1
60	1:53.78	S	F	Fadumo Mahmood	14	BNDRI ZZ	08/02/2019 grand prix 1
61	1:53.80	S	F	Lisa Mumma	14	BBLES ZZ	15/03/2019 Super Swim League - Round 1
62	1:54.55	S	F	Tia Laiwalla	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1
63	1:54.66	S	F	Michelle Thiomi	13	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
64	1:54.80	S	F	Patricia Mugo	14	KESS ZZ	15/03/2019 Super Swim League - Round 1
65	1:55.91	S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
66	1:56.02	S	F	Rehema Kamau	14	KESS ZZ	15/03/2019 Super Swim League - Round 1
67	1:56.18	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
68	1:58.25	L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
69	1:58.89	L	F	Joy Gitau	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
70	1:58.08	S	F	Haika Macha	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
71	1:58.87	S	F	Rachaelneema Ndungu	14	BBLES ZZ	15/03/2019 Super Swim League - Round 1
72	1:59.81	S	F	Neema Chekoko	14	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
73	1:59.99	S	F	Celina Kitsao	13	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
74	2:02.74	L	F	Waihuini Wainaina	14	BARAQ ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
75	2:01.18	S	F	Talai Cheruto	13	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
76	2:03.88	L	F	Sylvia Njagi	13	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
77	2:03.13	S	F	Lisa Serem	13	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
78	2:05.11	S	F	Maeve Ross	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
79	2:06.69	S	F	Darlene Kamau	14	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
80	2:08.49	S	F	Reanna Odhiambo	14	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
81	2:12.25	L	F	Wendy Gathii	13	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
82	2:12.56	S	F	Anita Ileje	13	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
83	2:14.56	L	F	Jane Amanda	13	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
84	2:24.29	S	F	Munthaha Mohammed	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
85	3:09.45	S	F	Atsieno Okumu	13	BBLES ZZ	15/03/2019 Super Swim League - Round 1

#### Women 13-14 50 Fly

1	31.04	L	AAAA	F	*I Kirabo Namutebi	14	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
2	33.32	L	AAAA	F	*I Maria Perner	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
3	32.99	S	AAAA	F	Maria Bianchi	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
4	33.11	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3
5	34.00	L	AAAA	F	Regina Gichovi	14	LCVR ZZ	15/02/2019 2019 KSF Long Course Nationals
6	34.31	L	AAAA	F	Lubaina Islam Ali	13	KENYA ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
7	35.33	L	AAAA	F	Stacy Bonareri	14	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
8	34.67	S	AAAA	F	Reese Gore	13	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
9	36.16	L	AAAA	F	Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
10	35.46	S	AAAA	F	Ruby Okumu	14	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
11	36.17	L	AAAA	F	Rachel Michelle Muriithi	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
12	37.53	L	AAAA	F	Cynthia Karanja	13	HSSCA ZZ	15/02/2019 2019 KSF Long Course Nationals
13	37.84	L	AAAA	P	*I Swagia Mubiru	14	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
14	38.19	L		F	Sidney Mulemi	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
15	37.49	S		F	Princess Favour Achieng	14	GEMS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
16	37.73	S		F	Neema Kitonga	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
17	37.85	S		F	Tugi Mwige	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
18	38.97	L		F	Mariam Kiragu	13	DMSS ZZ	18/01/2019 14th BSSA Nationals 18-20 Jan
19	38.47	S		F	Turi Kiburi	14	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
20	38.93	S		F	Vivian Hillier	14	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
21	38.94	S		F	Mariam Galal	14	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	39.33	S		F	Cheryl Kamotho	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
23	40.10	L		F	Christine Wairimu	14	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
24	40.65	L		F	Natasha Nanji	13	SEAH ZZ	06/07/2019 The Manchester Non National Me

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
25	40.79	L	F	Aaralynne Kamau	14	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
26	40.12	S	F	Joan Nyakundi	14	KAREN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
27*	40.22	S	F	Eowyn Luchters	13	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
27*	40.22	S	F	Deeya Shah	13	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
29	41.06	S	F	Aashika Varia	13	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
30	42.03	L	F	Maria Mwasha	13	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
31	42.87	L	F	Lisa Mumma	14	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
32	42.30	S	F	Fadumo Mahmood	14	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
33*	43.54	L	P	Daisy Ayuma	13	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
33*	43.54	L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
35	43.70	L	F	Nadia Ndibo	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
36	43.29	S	F	Maya Melesi	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
37	43.66	S	F	Mariasera Martin	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
38	43.99	S	F	Natasha Seton	14	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
39	44.99	L	F	Louise Nesbitt	14	SEAH ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
40	44.37	S S	F	Rehema Kamau	14	KESS ZZ	21/06/2019 Super Swim League Round 3
41	44.38	S S	F	Ladan Ahmed	14	SEAH ZZ	21/06/2019 Super Swim League Round 3
42	44.47	S	F	Maya Shikhule	13	LCVR ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
43	45.36	L	F	Shirlyne Mboya	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
44	44.81	S	F	Neema Chekoko	14	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
45	44.89	S	F	Sharon Shisia	14	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
46	44.95	S	F	Talai Cheruto	13	BIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
47	45.08	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
48	45.87	L	F	Zoya Khandwalla	14	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
49	45.44	S	F	Shriya Manek	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
50	46.35	L	F	Michelle Thiomi	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
51	45.76	S	F	Uttara Changarampatt	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
52	45.84	S	F	Sasha Mwangi	13	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
53	46.69	L	F	Racheal Irungu	14	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
54	46.89	L	F	Hanaan Khan	14	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
55	47.18	L	F	Nadia Kangethe	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
56	47.21	L	P *1	Nanette Nsereko	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
57	46.55	S	F	Nicole Muthama	13	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
58	46.72	S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
59	47.10	S	F	Isla Grammaticas	13	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
60	47.26	S	F	Lisa Serem	13	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
61	47.97	L	F	Anita Wanjiru	13	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
62	47.56	S S	F	Njoki Wanyeki	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
63	47.97	S S	F	Khushi Dhanjal	14	GEMS ZZ	21/06/2019 Super Swim League Round 3
64	49.32	L	F	Joy Kendi	14	LCM ZZ	17/05/2019 Nairobi County Swimming Champi
65	48.85	S	F	Haika Macha	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
66	48.88	S	F	Ameya Rana	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
67	49.81	L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
68	49.31	S	F	Maeve Ross	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
69	49.66	S	F	Kristina Ndegwa	13	ZEFIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
70	50.48	L	F	Joy Gitau	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
71	50.97	S	F	Lola Sakwa	14	NAC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
72	51.77	L	F	Trinity Maruti	13	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
73*	51.32	S	F	Hanna Yusufali	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
73*	51.32	S	F	Deborah Malei	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
75	52.04	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
76*	52.74	L	F	Natalia Obaga	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
76*	52.74	S	F	Martha Kanogo	13	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
78	52.98	S	F	Waihuini Wainaina	14	BARAQ ZZ	25/01/2019 Nairobi County Level 2 Swimmin

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
79	53.75 L	F	Laura Akalah	13	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
80	53.80 L	F	Muthoni Kariuki	13	HSSCA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
81	53.10 S	F	Diya Raichura	13	KENTC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
82	53.14 S	F	Celina Kitsao	13	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th t	
83	54.12 L	F	Raniah Oyatta	13	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
84	53.60 S S	F	Patricia Mugo	14	KESS ZZ	21/06/2019	Super Swim League Round 3	
85	54.92 L	F	Sylvia Njagi	13	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
86	54.66 S	F	Clare Naomi Akinyi	13	NEAST ZZ	08/06/2019	Lifetime Age Group & Open Cham	
87	54.88 S	F	Maria Kadii	14	UNATT ZZ	26/04/2019	CASA GRAND PRIX 3	
88	55.56 S	F	Trudie Kinuthia	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
89	55.94 S S	F	Naro Aukot	13	OTTER ZZ	21/06/2019	Super Swim League Round 3	
90	57.88 L	F	Shyan-Agnes Githinji	13	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
91	57.21 S	F	Natasha Tanki	14	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
92	1:00.66 S	F	Keitha Keraita	14	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
93	1:03.18 L	F	Eliina Jobanputra	14	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi	
94	1:04.22 L	F	Diya Sachania	14	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi	
95	1:04.12 S	F	Munthaha Mohammed	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th t	
96	1:04.93 L	F	Tiffany Mworira	13	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi	
97	1:04.53 S	F	Malaika Chege	13	BHS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
<b>Women 13-14 100 Fly</b>								
1	1:12.31 S	AAAA F	Lubaina Islam Ali	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
2	1:14.58 L	AAAA P	Gakenia Mwige	14	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
3	1:15.50 S	AAAA F	Maria Bianchi	13	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
4	1:17.92 L	AAAA F	Regina Gichovi	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
5	1:20.28 L	AAAA F	Ruby Okumu	14	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	1:24.20 L	AAAA P	Stacy Bonareri	14	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals	
7	1:23.00 S	AAAA F	Rachel Michelle Muriithi	14	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
8	1:23.05 S	AAAA F	Cynthia Karanja	13	HSSCA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
9	1:23.15 S	AAAA F	Reese Gore	13	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
10	1:24.33 S	F	Erica Wangechi	13	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
11	1:27.30 L	F	Stacy Jerop Kittony	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi	
12	1:26.41 S	F	Neema Kitonga	14	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
13	1:26.51 S	F	Tugi Mwige	13	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :	
14	1:27.53 S	F *1	Emma Wappler	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
15	1:30.13 S	F	Aagya Tripathee	14	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
16	1:30.44 S	F	Turi Kiburi	14	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
17	1:31.09 S	F	Cheryl Kamotho	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
18	1:31.34 S	F	Deeya Shah	13	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
19	1:34.50 L	F	Mariam Kiragu	13	DMSS ZZ	18/01/2019	14th BSSA Nationals 18-20 Jan	
20	1:33.11 S	F	Mariam Galal	14	BRAEG ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
21	1:33.74 S	F	Sidney Mulemi	13	HSSCA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
22	1:34.89 S	F	Maria Mwasha	13	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
23	1:37.13 L	F	Princess Favour Achieng	14	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
24	1:39.70 S	F	Neema Chekoko	14	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
25	1:40.86 S	F	Aashika Varia	13	BNDRI ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :	
26	1:41.56 S	F	Natasha Nanji	13	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
27*	1:43.46 L	F	Nadia Ndibo	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
27*	1:43.46 L	F	Sidney Mulemi	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi	
29	1:45.82 L	F	Rachaelneema Ndungu	14	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi	
30	1:45.66 S	F	Lisa Mumma	14	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
31	1:46.43 S	F	Sharon Shisia	14	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
32	1:49.77 S	F	Michelle Thiomi	13	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
33	1:50.22 S	F	Ladan Ahmed	14	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
34	1:51.23 S	F	Lisa Serem	13	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
35	1:52.41	S	F	Nadia Kangethe	13	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
36	1:53.49	S	F	Maya Shikhule	13	LCVR ZZ	08/06/2019 Lifetime Age Group & Open Cham	
37	1:54.41	S	F	Nicole Muthama	13	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
38	1:56.50	S	F	Talai Cheruto	13	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
39	1:56.64	S	F	Kristina Ndegwa	13	ZEFIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
40	2:02.07	S	F	Martha Kanogo	13	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
41	2:06.69	S	F	Myra Kinyua	13	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
42	2:07.68	S	F	Daksha Vanam	13	SEAH ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
43	2:12.66	L	F	Waihuini Wainaina	14	BARAQ ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
<b>Women 11-14 200 Free</b>								
1	2:19.73	S	AAAA	F	Lubaina Islam Ali	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	2:21.52	S	AAAA	F	Maria Bianchi	13	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
3	2:28.25	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
4	2:34.37	L	AAAA	F	*I Maria Perner	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
5	2:31.26	S	AAAA	F	Regina Gichovi	14	LCVR ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
6	2:35.11	L	AAAA	F	Ashley Kagwima	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
7	2:32.34	S	AAAA	F	Lenise Wanakai	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
8	2:35.86	L	AAAA	F	Erica Wangechi	13	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
9	2:36.39	L	AAAA	F	*I Kangi Neema	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
10	2:34.49	S	AAAA	F	Tugi Mwige	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
11	2:34.54	S	AAAA	F	Aagya Tripathhee	14	OTTER ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
12	2:35.32	S	AAAA	F	*I Emma Wappler	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
13	2:38.59	L	AAAA	F	*I Chiamaka Kanu	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
14	2:40.32	L	AAAA	F	Mariam Kiragu	13	DMSS ZZ	04/04/2019 2nd DMSS Gators Annual Swim Ga
15	2:41.36	L	AAAA	F	Cynthia Karanja	13	HSSCA ZZ	15/02/2019 2019 KSF Long Course Nationals
16	2:38.46	S	AAAA	F	Neema Kitonga	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
17	2:42.37	L	AAAA	F	*I Maisha Done	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
18	2:39.28	S	AAAA	F	Zikra Jaffer	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
19	2:42.92	L	AAAA	F	Wairimu Karanu	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
20	2:43.12	L	AAAA	F	Rebecca Nanjala	12	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
21	2:41.19	S	AAAA	F	Reese Gore	13	KESS ZZ	03/05/2019 Super Swim League - Round 2
22	2:45.66	L	AAAA	F	*I Natalie Lutalo	11	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
23	2:42.52	S	AAAA	F	Cheryl Kamotho	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
24	2:42.72	S	AAAA	F	Joy Aleyo	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
25	2:46.74	L	AAAA	F	Kagure Maina	12	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
26	2:44.13	S	AAAA	F	Deeya Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
27	2:44.57	S	AAAA	F	Duini Caffini	11	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
28	2:44.91	S	F	Vivian Hillier	14	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
29	2:49.73	L	F	Mariam Galal	14	BRAEG ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
30	2:47.31	S	F	Wema Nyamu	14	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
31	2:47.63	S	F	Sheila Kimeto	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
32	2:48.34	S	F	Serah Makenna Mawira	12	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
33	2:49.61	S	F	Kario Karani	12	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
34	2:49.93	S	F	Rachel Michelle Muriithi	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
35	2:50.86	S	F	Natasha Thurania	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
36	2:54.09	L	F	Sidney Mulemi	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi	
37	2:51.87	S	F	Rianna Shah	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
38	2:55.74	L	F	*I Nakafu Luzinda	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals	
39	2:53.35	S	F	Jasmine Pendo	11	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI	
40	2:56.86	L	F	Princess Favour Achieng	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
41	2:56.91	L	F	Khushi Dhanjal	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
42	2:54.79	S	F	Maya Melesi	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
43	2:59.30	L	F	Kwamboka Masese	12	BBLES ZZ	15/02/2019 2019 KSF Long Course Nationals	
44	2:56.35	S	F	Sidney Mulemi	13	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin	

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
45	2:56.74	S	F	Fadumo Mahmood	14	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
46	2:56.78	S	F	Maria Mwash	13	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
47	3:00.05	L	F	Maya Chepngetich	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
48	2:57.97	S	F	Wangechi Maina	11	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
49	3:01.19	L	F	Audrey Chebet Langat	11	ROSE ZZ	17/05/2019 Nairobi County Swimming Champi
50	2:58.07	S	F	Stacy Jerop Kittony	13	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
51	3:01.94	L	F	Elizabeth Mayende	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi
52	2:59.50	S	F	Alexandra Kontos	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
53	3:00.13	S	F	Hazel Kithikii	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
54	3:00.23	S	F	*I Aliyana Kachra	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
55	3:01.51	S	F	Neeshi Shavdia	12	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
56	3:02.42	S	F	Tshomela Muriuki	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
57	3:05.77	L	F	*I Isobel Bush	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
58	3:03.65	S	F	Alishat Khadija Nasser	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
59	3:07.01	L	F	Thalia Davies	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
60	3:04.86	S	F	Lanoi Leperes	12	UNATT ZZ	08/06/2019 Lifetime Age Group & Open Cham
61	3:08.33	L	F	Daksha Vanam	13	SEAH ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
62	3:05.22	S	F	Emma Wambui	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
63	3:08.95	L	F	Natasha Nanji	13	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
64	3:06.02	S	F	Zawi Ouma	13	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
65	3:06.10	S	F	Ameya Rana	13	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
66	3:06.19	S	F	Seran Gumo	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
67	3:06.25	S	F	Hanaan Khan	14	OTTER ZZ	03/05/2019 Super Swim League - Round 2
68	3:06.88	S	F	Micaela Murugu	12	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
69	3:07.54	S	F	Lailah Mugambi	12	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
70	3:08.73	S	F	Aashika Varia	13	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
71	3:12.21	L	F	Rachaelneema Ndungu	14	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
72	3:12.65	L	F	Anita Wanjiru	13	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
73	3:11.06	S	F	Rehema Kamau	14	NAC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
74	3:13.40	S	F	Talai Cheruto	13	BIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
75	3:17.17	L	F	Virginia Wangare	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
76	3:15.06	S	F	Nadia Kangethe	13	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
77	3:15.28	S	F	Njoki Wanyeki	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
78	3:16.22	S	F	Eliana Muchai	11	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
79	3:16.44	S	F	Michelle MACHARIA	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
80	3:19.70	L	F	Kyra Makena	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
81	3:20.08	L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
82	3:20.72	L	F	Manna Kumon	12	BRAEG ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
83	3:20.79	L	F	Stacy Bonareri	14	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
84	3:17.60	S	F	Abby Karanja	11	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
85	3:17.78	S	F	Katanu Muindi	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
86	3:19.31	S	F	Najma Feisal	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
87	3:19.75	S	F	Theodora Maruti	11	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
88	3:20.19	S	F	Trinity Maruti	13	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
89	3:20.93	S	F	Iman Kaiza	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
90	3:21.19	S	F	Ladan Ahmed	14	SEAH ZZ	03/05/2019 Super Swim League - Round 2
91	3:22.06	S	F	Zoe Gumo	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
92	3:26.59	L	F	Sylvia Njagi	13	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
93	3:23.44	S	F	Helena Mwangi	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
94	3:27.27	L	F	Melissa Nyarui	14	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
95	3:24.85	S	F	Vritti Singh	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
96	3:24.97	S	F	Kendi Mugo	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
97	3:28.45	L	F	Savannah Musengi	11	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
98	3:25.37	S	F	Michelle Irungu	11	KESS ZZ	03/05/2019 Super Swim League - Round 2



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
99	3:26.69	S	F	Uttara Changaram patt	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
100	3:27.88	S	F	Zaveria Mugo	11	KESS ZZ	03/05/2019 Super Swim League - Round 2
101	3:28.00	S	F	Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
102	3:29.63	S	F	Natalie Kioko	12	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
103	3:29.74	S	F	Keaira McAree	11	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
104	3:29.84	S	F	Kavata Muindi	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
105	3:30.12	S	F	Khushi Karia	11	LUS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
106	3:30.19	S	F	Angel Grace Nyambura	11	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
107	3:30.45	S	F	Aparna Nambiar	12	BRASD ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
108	3:31.41	S	F	Abigail Njoro ge	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
109	3:36.81	L	F	Kananelo Motsoeneng	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
110	3:34.54	S	F	Thandie Muya	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
111	3:34.83	S	F	Nicole Muthama	13	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
112	3:36.06	S	F	Marylynn Nelima	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
113	3:36.27	S	F	Selah Mbugua	12	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
114	3:37.50	S	F	Haiqa Umeir	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
115	3:38.00	S	F	Fatema Mamujee	12	SEAH ZZ	03/05/2019 Super Swim League - Round 2
116	3:38.57	S	F	Ida Mailu	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
117	3:39.58	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
118	3:40.77	S	F	Sifa Mulambe	12	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
119	3:42.65	S	F	Kristina Ndegwa	13	ZEFIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
120	3:44.29	S	F	Shirlyne Mboya	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
121	3:44.75	S	F	Nina Nganga	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
122	3:46.47	S	F	Patricia Mugo	14	KESS ZZ	03/05/2019 Super Swim League - Round 2
123	3:49.87	L	F	Claudina Taylor	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
124	3:50.46	L	F	Denise Thami	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
125	3:47.84	S	F	Teniola Havi	12	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
126	3:52.25	L	F	Melanie Wanjiru	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
127	3:52.21	S	F	Nellie Kamau	12	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
128	3:53.26	S	F	Asante Nyakundi	13	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
129	3:59.10	L	F	Emaan Salim Manji	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
130	4:00.31	S	F	Colleen Nyamika	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2
131	4:00.58	S	F	Makena Mugambi	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
132	4:02.18	S	F	Turamy e Kiptoo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
133	4:07.27	L	F	Alisya Chager	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
134	4:13.73	L	F	Jane Amanda	13	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
135	4:25.90	L	F	Nemayian Marima	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
136	4:29.54	S	F	Michelle Onger i	11	OAMSA ZZ	03/11/2018 CASA OPEN Junior Swimming Cham

### Women 11-14 400 Free

1	4:56.38	L	AAAA	P	Lubaina Islam Ali	13	KENYA ZZ	11/09/2019 Africa Junior Championships
2	4:54.43	S	AAAA	F	Maria Bianchi	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
3	5:22.11	S	SAAAA	F	*1 Gabriella Helberg	12	GEMS ZZ	21/06/2019 Super Swim League Round 3
4	5:25.06	S	AAAA	F	Gakenia Mwige	14	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
5	5:28.53	S	S	F	*1 Emma Wappler	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
6	5:36.75	L		F	Ashley Kagwima	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
7	5:30.88	S		F	Tugi Mwige	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
8	5:45.16	L		F	Wairimu Karanu	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
9	5:41.63	S		F	Lenise Wanakai	14	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
10	5:44.67	S		F	Zikra Jaffer	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
11	5:52.76	L		F	Mariam Kiragu	13	DMSS ZZ	04/04/2019 2nd DMSS Gators Annual Swim Ga
12	5:53.04	L		P	Cynthia Karanja	13	HSSCA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
13	5:47.33	S		F	Deeya Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
14	5:47.56	S	S	F	Kario Karani	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
15	5:54.66	L		F	Ruby Okumu	14	LCVR ZZ	15/02/2019 2019 KSF Long Course Nationals

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
16	5:48.28	S S	F Reese Gore	13	KESS ZZ	21/06/2019	Super Swim League Round 3
17	5:51.94	S	F Vivian Hillier	14	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
18	5:52.10	S S	F *1 Maisha Done	12	SEAH ZZ	21/06/2019	Super Swim League Round 3
19	5:55.91	S	F Joy Aleyo	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
20	6:09.78	L	F Serah Makenna Mawira	12	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
21	6:03.49	S	F Kagure Maina	12	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
22	6:06.61	S	F Lailah Mugambi	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
23	6:07.80	S	F Angel Williams	11	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
24	6:08.31	S	F Mariam Galal	14	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
25	6:12.00	S	F Neema Kitonga	14	OTTER ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
26	6:12.43	S	F Fadumo Mahmood	14	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
27	6:17.53	S	F *1 Aliyana Kachra	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
28	6:18.11	S	F Wema Nyamu	14	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
29	6:19.92	S	F Duini Caffini	11	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
30	6:21.25	S	F Maria Mwashwa	13	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
31	6:21.31	S S	F Khushi Dhanjal	14	GEMS ZZ	21/06/2019	Super Swim League Round 3
32	6:29.35	L	F Maya Chepngetich	12	LASAL ZZ	17/05/2019	Nairobi County Swimming Champi
33	6:24.33	S	F Wangechi Maina	11	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
34	6:28.92	S	F Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	6:31.03	S S	F *1 Isobel Bush	12	SEAH ZZ	21/06/2019	Super Swim League Round 3
36	6:38.10	L	F Kwamboka Masese	12	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
37	6:31.91	S	F Sheila Kimeto	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
38	6:33.83	S	F Natasha Thurania	11	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
39	6:42.08	L	F Lanoi Leperes	12	UNATT ZZ	17/05/2019	Nairobi County Swimming Champi
40	6:46.20	S	F Talai Cheruto	13	SBS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
41	6:52.01	S	F Tshomela Muriuki	11	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
42	6:52.95	S	F Kyra Makena	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
43	6:53.19	S	F Ameya Rana	13	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
44	6:53.44	S	F Keaira McAree	11	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
45	7:03.60	L	F Trinity Maruti	13	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
46	7:00.07	S S	F Kendi Mugo	12	KESS ZZ	21/06/2019	Super Swim League Round 3
47	7:00.26	S	F Iman Kaiza	12	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
48	7:02.34	S S	F Eliana Muchai	11	KESS ZZ	21/06/2019	Super Swim League Round 3
49	7:11.97	L	F Virginia Wangare	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
50	7:14.91	L	F Joan Nyakundi	14	KAREN ZZ	17/05/2019	Nairobi County Swimming Champi
51	7:11.38	S	F Anita Wanjiru	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	7:12.16	S S	F Zaveria Mugo	11	KESS ZZ	21/06/2019	Super Swim League Round 3
53	7:19.05	S	F Audrey Chebet Langat	11	KIDS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	7:31.12	S S	F Michelle Irungu	11	KESS ZZ	21/06/2019	Super Swim League Round 3
55	7:39.53	L	F Erika Ayugi	13	KAREN ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
56	7:55.72	S S	F Patricia Mugo	14	KESS ZZ	21/06/2019	Super Swim League Round 3
57	8:52.85	L	F Teniola Havi	12	LSC ZZ	17/05/2019	Nairobi County Swimming Champi
58	8:58.85	S	F Maria Kadii	14	UNATT ZZ	26/04/2019	CASA GRAND PRIX 3
<b>Women 11-14 800 Free</b>							
1	10:03.25	L AAAA	F Lubaina Islam Ali	13	KENYA ZZ	11/09/2019	Africa Junior Championships
2	10:37.17	S AAAA	F Maria Bianchi	13	BOSC ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :
3	10:54.21	S AAAA	F Tugi Mwige	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
4	11:07.01	S	F *1 Gabriella Helberg	12	GEMS ZZ	03/05/2019	Super Swim League - Round 2
5	11:19.43	S	F Gakenia Mwige	14	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
6	11:36.39	L	F Ashley Kagwima	12	HSSCA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
7	11:28.33	S	F Aagya Tripathee	14	OTTER ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
8	12:09.06	L	F Mariam Kiragu	13	DMSS ZZ	04/04/2019	2nd DMSS Gators Annual Swim Ga
9	12:08.07	S	F Joy Aleyo	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
10	12:36.51	L	F Maria Mwashwa	13	MAKIN ZZ	15/02/2019	2019 KSF Long Course Nationals

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
11	12:26.41	S	F	Serah Makenna Mawira	12	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
12	12:29.28	S	F	Reese Gore	13	KESS ZZ	03/05/2019 Super Swim League - Round 2	
13	12:37.16	S	F	Lailah Mugambi	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
14	12:37.75	S	F	Maya Chepngetich Rotich	12	KAREN ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH	
15	12:38.39	S	F	Wema Nyamu	14	KESS ZZ	03/05/2019 Super Swim League - Round 2	
16	13:02.03	S	F	Sidney Mulemi	13	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
17	13:05.14	S	F	Alishat Khadija Nasser	13	UNATT ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
18	13:08.15	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
19	13:48.98	L	F	Kwamboka Masese	12	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi	
20	13:39.96	S	F	Khushi Dhanjal	14	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
21	14:04.10	S	F	Wangechi Maina	11	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
22	15:15.59	S	F	Kendi Mugo	12	KESS ZZ	03/05/2019 Super Swim League - Round 2	
23	16:10.74	S	F	Erika Ayugi	13	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
24	16:11.32	S	F	Eliana Muchai	11	KESS ZZ	03/05/2019 Super Swim League - Round 2	
<b>Women 11-14 200 Back</b>								
1	2:31.45	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	24/08/2019 CASA Time Trials
2	2:42.73	S	AAAA	F	Lubaina Islam Ali	13	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
3	2:47.76	L	AAAA	F	Lenise Wanakai	14	KENYA ZZ	11/09/2019 Africa Junior Championships
4	2:49.12	S	AAAA	F	Tugi Mwige	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
5	2:51.51	S	AAAA	F	Ashley Kagwima	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
6	2:51.76	S	AAAA	P	Erica Wangechi	13	MAKIN ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
7	2:52.17	S	AAAA	F	Zikra Jaffer	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
8	2:52.19	S	AAAA	F	*1 Gabriella Helberg	12	GEMS ZZ	03/05/2019 Super Swim League - Round 2
9	2:56.68	S	AAAA	F	Rianna Shah	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
10	3:00.89	L	AAAA	F	*1 Emma Wappler	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
11	3:01.41	S	AAAA	F	Wairimu Karanu	12	SEAH ZZ	03/05/2019 Super Swim League - Round 2
12	3:03.99	L	AAAA	F	Mariam Kiragu	13	DMSS ZZ	04/04/2019 2nd DMSS Gators Annual Swim Ga
13	3:01.79	S	AAAA	F	Wema Nyamu	14	KESS ZZ	03/05/2019 Super Swim League - Round 2
14	3:02.12	S	AAAA	F	Kario Karani	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
15	3:02.25	S	AAAA	F	Kagure Maina	12	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
16	3:05.14	S	AAAA	F	Tracey Wangalwa	12	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
17	3:06.72	S	AAAA	F	Joy Aleyo	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
18	3:08.45	S		F	Serah Makenna Mawira	12	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
19	3:10.26	S		F	Lailah Mugambi	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
20	3:11.32	S		F	Sheila Kimeto	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
21	3:11.68	S		F	Rebecca Nanjala	12	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
22	3:17.02	L		F	Rachel Michelle Muriithi	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
23	3:15.36	S		F	Maya Chepngetich	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
24	3:15.46	S		F	Duini Caffini	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :
25	3:15.78	S		F	Cynthia Karanja	13	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
26	3:20.28	S		F	Michelle MACHARIA	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
27	3:20.59	S		F	Maya Chepngetich Rotich	12	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
28	3:23.75	S		F	Thalia Davies	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
29	3:24.11	S		F	Maria Mwasha	13	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
30	3:24.16	S		F	Hazel Kithikii	14	BNDRI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th i
31	3:25.79	S		F	Fadumo Mahmood	14	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
32	3:26.21	S		F	Audrey Chebet Langat	11	KIDS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
33	3:28.92	L		F	Maya Chepngetich	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
34	3:26.74	S		F	Tshomela Muriuki	11	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
35	3:27.23	S		F	Kyra Makena	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
36	3:27.35	S		F	Natasha Nanji	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
37	3:27.74	S		F	Abby Karanja	11	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
38	3:31.90	L		F	*1 Isobel Bush	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
39	3:32.62	S		F	Natasha Thurranira	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
40	3:33.07	S	F	Mueni Kabuki	12	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
41	3:33.89	S	F	Anita Wanjiru	13	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
42	3:35.85	S	F	Lisa Mumma	14	BBLES ZZ	03/05/2019 Super Swim League - Round 2
43	3:36.15	S	F	Neeshi Shavdia	12	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :
44	3:36.47	S	F	Michelle Irungu	11	KESS ZZ	03/05/2019 Super Swim League - Round 2
45	3:37.55	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
46	3:40.51	L	F	Xolani Ochoro	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
47	3:39.48	S	F	Savannah Musengi	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
48	3:39.54	S	F	Helena Mwangi	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
49	3:41.29	S	F	Wangechi Maina	11	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
50	3:44.28	S	F	Abigail Njoroge	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
51	3:45.39	S	F	Zaveria Mugo	11	KESS ZZ	03/05/2019 Super Swim League - Round 2
52	3:45.41	S	F	Kendi Mugo	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
53	3:48.96	S	F	Eliana Muchai	11	KESS ZZ	03/05/2019 Super Swim League - Round 2
54	3:50.96	S	F	Ladan Ahmed	14	SEAH ZZ	03/05/2019 Super Swim League - Round 2
55	3:52.55	S	F	Trinity Maruti	13	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
56	3:59.56	S	F	Patricia Mugo	14	KESS ZZ	03/05/2019 Super Swim League - Round 2
57	4:13.26	L	F	Amanda Kadzo	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
58	4:11.86	S	F	Melissa Muthama	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
59	4:33.34	L	F	Imrana Ali	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi

### Women 11-14 200 Breast

1	2:56.32	S	AAAA	F	Maria Bianchi	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
2	3:01.76	L	AAAA	F	*1 Kirabo Namutebi	14	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
3	3:04.59	S	SAAAA	F	*1 Emma Wappler	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
4	3:10.39	S	AAAA	F	Erica Wangechi	13	MAKIN ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
5	3:17.19	L	AAAA	F	*1 Swagia Mubiru	14	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
6	3:15.21	S	AAAA	F	*1 Antisha Ssuna	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
7	3:15.35	S	AAAA	P	Regina Gichovi	14	LCVR ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
8	3:16.82	S	AAAA	F	Neema Kitonga	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
9	3:16.92	S	AAAA	F	Tugi Mwige	13	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
10	3:20.05	S	AAAA	F	Duini Caffini	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONS
11	3:20.57	S	AAAA	F	Natasha Thurania	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONS
12	3:25.65	L	AAAA	P	Ameya Rana	13	BRAE ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
13	3:23.44	S	AAAA	F	Ruby Okumu	14	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
14	3:23.77	S	AAAA	F	Emma Miano	12	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
15	3:24.65	S	AAAA	F	Deeya Shah	13	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
16	3:27.61	S	AAAA	F	Cheryl Kamotheo	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
17	3:29.16	S		F	Stacy Jerop Kittony	13	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
18	3:33.53	L		P	*1 Amelia Mudanyne	11	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
19	3:33.68	L		P	Maria Mwashwa	13	MAKIN ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
20	3:29.69	S		P	*1 Mary Banona	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
21	3:33.88	L		F	Mariam Kiragu	13	DMSS ZZ	18/01/2019 14th BSSA Nationals 18-20 Jan
22	3:34.05	L		P	*1 Ophelie Konig	13	BRAEA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
23	3:34.12	L		F	Ashley Kagwima	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
24	3:34.21	L		P	Emma Wambui	12	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
25	3:31.93	S		F	Lanoi Leperes	12	SILS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
26	3:32.45	S		F	Rebecca Nanjala	12	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
27	3:32.72	S	S	F	*1 Maisha Done	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
28	3:33.25	S		P	Maya Chepngetich Rotich	12	KAREN ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
29	3:34.53	S	S	F	Seran Gumo	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
30	3:34.68	S	S	F	Aaliyah Webber	12	GEMS ZZ	21/06/2019 Super Swim League Round 3
31	3:35.59	S	S	F	Hanaan Khan	14	OTTER ZZ	21/06/2019 Super Swim League Round 3
32	3:35.97	S	S	F	Nicola Murungi	12	UNATT ZZ	21/06/2019 Super Swim League Round 3
33	3:40.60	L		F	Diva Shah	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
34	3:36.71	S	F	Shriya Manek	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
35	3:37.34	S	F	Micaela Murugu	12	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
36	3:37.47	S S	F	Wairimu Karanu	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
37	3:37.79	S	F	Maya Chepngetich	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
38	3:37.98	S	F	Sofia Kimuyu	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
39	3:39.64	S	F	Moige Kotut	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
40	3:40.33	S	F	Iman Kaiza	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
41	3:41.28	S	F	Elizabeth Mayende	11	LCVR ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
42	3:46.54	L	F	Maya Chepngetich	12	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
43	3:46.69	L	F	Trinity Maruti	13	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
44*	3:43.85	S	F	*1 Aliyana Kachra	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
44*	3:43.85	S	P	*1 Nakafu Luzinda	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
46	3:44.41	S S	F	Natasha Nanji	13	SEAH ZZ	21/06/2019 Super Swim League Round 3
47	3:48.60	L	F	Ruhi Chandaria	14	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
48	3:46.31	S	P	*1 Kirstie Kansiiime	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
49	3:46.47	S S	F	Michelle Irungu	11	KESS ZZ	21/06/2019 Super Swim League Round 3
50	3:46.96	S	F	Natasha Seton	14	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
51	3:49.28	S S	F	Najma Feisal	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
52	3:49.42	S	F	Zikra Jaffer	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
53	3:51.01	S	F	Joan Nyakundi	14	KAREN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
54	3:51.64	S	F	Hazel Kithikii	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
55	3:55.88	L	F	Teniola Havi	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
56	3:57.98	L	P	*1 Daniella Kirabo	12	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
57	3:58.27	L	F	Nadia Kangethe	13	HSSCA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
58	3:59.43	L	F	Virginia Wangare	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
59	3:59.76	L	P	*1 Nanette Nsereko	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
60	3:55.99	S	F	Sidney Mulemi	13	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
61	4:01.09	L	F	Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
62	3:57.31	S	F	Uttara Changaram patt	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
63	3:57.44	S	F	Wangechi Maina	11	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
64	3:57.54	S	F	Fadumo Mahmood	14	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
65	3:57.75	S	F	Serah Makenna Mawira	12	BHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
66	3:59.38	S S	F	Rebecca Kitonga	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
67	4:04.27	L	F	Theodora Maruti	11	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
68	4:00.59	S	F	Diya Raichura	13	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
69	4:01.42	S	F	Kwamboka Masese	12	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
70	4:02.73	S	F	Imrana Ali	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
71	4:09.83	L	F	Amy Gitau	11	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
72	4:11.11	L	F	Xolani Ochoro	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
73	4:07.53	S	F	Khushi Karia	11	LUS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
74	4:07.90	S S	F	Ladan Ahmed	14	SEAH ZZ	21/06/2019 Super Swim League Round 3
75	4:08.42	S	F	Tshomela Muriuki	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
76	4:12.56	L	F	Sifa Mulambe	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
77	4:09.22	S	F	Tracey Wangalwa	12	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
78	4:09.44	S	F	Lailah Mugambi	12	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
79	4:14.39	L	F	Claudina Taylor	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
80	4:10.72	S	F	Kyra Makena	11	STKRS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
81	4:10.78	S S	F	Kavata Muindi	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
82	4:11.56	S S	F	Katanu Muindi	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
83	4:12.69	S S	F	Vritti Singh	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
84	4:17.68	L	F	Sharon Moegi	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
85	4:13.80	S	F	Hayley Ann Oduor	12	KIDS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
86	4:16.50	S S	F	*1 Isobel Bush	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
87	4:16.71	S	F	Haika Macha	13	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
88	4:17.66	S	F	Kuhi Sadavarte	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
89	4:19.16	S	F	Natalie Kioko	12	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
90	4:21.59	S S	F	Eliana Muchai	11	KESS ZZ	21/06/2019 Super Swim League Round 3	
91	4:24.32	S	F	Erika Ayugi	13	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
92	4:24.95	S	F	Liane Rose	13	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
93	4:25.51	S	F	Mueni Kabuki	12	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
94	4:25.93	S	F	Maria Kadii	14	UNATT ZZ	26/04/2019 CASA GRAND PRIX 3	
95	4:31.30	L	F	Lula Ngware Wairimu	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi	
96	4:27.31	S	F	Lula Wairimu Ngware	11	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
97	4:33.62	S	F	Turamyie Kiptoo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
98	4:34.89	S S	F	Cherono Kandie	11	KESS ZZ	21/06/2019 Super Swim League Round 3	
99	4:46.90	L	F	Carla Amimo	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi	
100	4:45.25	S	F	Nosim Konchela	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
101	4:59.48	L	F	Diya Sachania	14	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
102	5:05.06	L	F	Imani Mutai	11	LCVR ZZ	17/05/2019 Nairobi County Swimming Champi	
<b>Women 11-14 200 Fly</b>								
1	2:37.34	S	AAAA	F	Lubaina Islam Ali	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	2:49.05	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	08/02/2019 grand prix 1
3	2:59.14	S	F	Ruby Okumu	14	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
4	3:03.25	S	F	Regina Gichovi	14	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
5	3:10.15	L	P	Ashley Kagwima	12	HSSCA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
6	3:12.48	S	F	Rebecca Nanjala	12	BBLES ZZ	15/03/2019 Super Swim League - Round 1	
7	3:15.43	L	F	Rachel Michelle Muriithi	14	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
8	3:19.68	S	F	Cynthia Karanja	13	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
9	3:26.92	S	F	Kario Karani	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
10	3:31.53	S	F	Mariam Galal	14	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
11	3:32.90	S	F	Wangechi Maina	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
12	3:34.03	S	F	Maria Mwash	13	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
13	3:35.94	S	F	Rachaelneema Ndungu	14	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
14	3:36.59	S	F	Sidney Mulemi	13	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
15	3:40.25	S	F	Alishat Khadija Nasser	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
16	3:41.78	S	F	Amanda Kadzo	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
17	3:44.05	S	F	Diva Shah	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
18	3:51.98	L	F	Aagya Tripathee	14	LUS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
19	3:49.23	S	F	Kwamboka Masese	12	BBLES ZZ	15/03/2019 Super Swim League - Round 1	
20	3:55.84	S	F	Zoe Gumo	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
21	3:56.12	S	F	Savannah Musengi	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
22	3:59.76	S	F	Zikra Jaffer	11	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
23	4:15.73	S	F	Tracey Wangalwa	12	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
24	4:29.77	S	F	Sharon Moegi	12	KIDS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
<b>Women 11-14 200 IM</b>								
1	2:41.33	L	AAAA	F	Lubaina Islam Ali	13	KENYA ZZ	11/09/2019 Africa Junior Championships
2	2:44.27	L	AAAA	F	*1 Kirabo Namutebi	14	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
3	2:42.44	S	AAAA	F	Maria Bianchi	13	BOSC ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
4	2:42.82	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
5	2:49.34	L	AAAA	F	*1 Kangi Neema	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
6	2:47.32	S	AAAA	F	Regina Gichovi	14	OTTER ZZ	15/03/2019 Super Swim League - Round 1
7	2:53.06	L	AAAA	F	Erica Wangechi	13	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
8	2:52.87	S	AAAA	F	*1 Swagia Mubiru	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
9	2:57.27	L	AAAA	F	Ashley Kagwima	12	HSSCA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
10	2:58.76	L	AAAA	F	*1 Maria Perner	14	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
11	2:55.97	S	AAAA	F	*1 Emma Wappler	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1
12	2:59.87	L	AAAA	P	Rebecca Nanjala	12	BBLES ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
13	2:58.03	S	AAAA	F	Tugi Mwige	13	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
14	3:02.18	L AAAA	F *I Gabriella Helberg	12	GEMS ZZ	15/02/2019	2019 KSF Long Course Nationals
15	2:59.18	S AAAA	F Ruby Okumu	14	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
16	3:00.45	S AAAA	F Reese Gore	13	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
17	3:00.46	S AAAA	F Lenise Wanakai	14	OTTER ZZ	15/03/2019	Super Swim League - Round 1
18	3:03.90	L AAAA	F Mariam Kiragu	13	DMSS ZZ	04/04/2019	2nd DMSS Gators Annual Swim Ga
19	3:01.60	S AAAA	F Neema Kitonga	14	OTTER ZZ	15/03/2019	Super Swim League - Round 1
20	3:02.41	S AAAA	F Wairimu Karanu	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1
21	3:03.59	S AAAA	F Rachel Michelle Muriithi	14	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
22	3:06.38	S AAAA	F Zikra Jaffer	11	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
23	3:10.10	L AAAA	F *I Natalie Lutalo	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
24	3:07.01	S AAAA	F Deeya Shah	13	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
25	3:10.22	L AAAA	F *I Antisha Ssuna	12	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
26	3:10.76	L AAAA	F Maria Mwashwa	13	MAKIN ZZ	15/02/2019	2019 KSF Long Course Nationals
27	3:07.72	S AAAA	P *I Mary Banona	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
28	3:08.57	S AAAA	F Natasha Thurranira	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
29	3:12.23	L AAAA	P *I Amelia Mudanye	11	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
30	3:12.72	L AAAA	P Wema Nyamu	14	KESS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
31	3:12.75	L AAAA	P *I Ophelie Konig	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
32	3:10.05	S AAAA	F Aagya Tripathhee	14	OTTER ZZ	15/03/2019	Super Swim League - Round 1
33	3:13.33	L AAAA	P Cynthia Karanja	13	HSSCA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
34	3:10.22	S	F Sheila Kimeto	13	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
35	3:11.06	S	P *I Karimah Katemba	11	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
36	3:15.14	L	P Kario Karani	12	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
37	3:15.17	L	P Kagure Maina	12	STKRS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
38	3:12.68	S	F Cheryl Kamotho	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1
39	3:12.87	S	F Alexandra Kontos	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1
40	3:13.16	S	F Maya Melesi	14	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	3:16.50	L	P *I Maisha Done	12	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
42	3:13.49	S	F Vivian Hillier	14	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
43	3:14.15	S	F Stacy Jerop Kittony	13	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
44	3:15.62	S	F Princess Favour Achieng	14	GEMS ZZ	15/03/2019	Super Swim League - Round 1
45	3:15.65	S	F Duini Caffini	11	BNDRI ZZ	08/02/2019	grand prix 1
46	3:19.43	L	F Moige Kotut	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
47	3:16.56	S	F Aaliyah Webber	12	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
48	3:19.98	L	F Christine Wairimu	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
49	3:20.17	L	P Kwamboka Masese	12	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
50	3:17.28	S	F Turi Kiburi	14	RUSIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
51	3:21.05	L	P *I Nakafu Luzinda	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
52	3:21.16	L	P Wangechi Maina	11	HSSCA ZZ	15/02/2019	2019 KSF Long Course Nationals
53	3:18.30	S	F Rianna Shah	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
54	3:22.43	L	F Sidney Mulemi	13	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
55	3:19.94	S	F Jasmine Pendo	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
56	3:19.98	S	F Emma Wambui	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
57	3:23.18	L	F Elizabeth Mayende	11	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
58	3:20.22	S	F Micaela Murugu	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1
59	3:20.72	S	F Natasha Nanji	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1
60	3:25.13	L	P Maya Chepngetich Rotich	12	LASAL ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
61	3:24.43	S	F Maya Chepngetich	12	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
62	3:27.78	L	P Stacy Bonareri	14	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
63	3:24.86	S	F Joy Aleyo	12	MAQ ZZ	08/02/2019	grand prix 1
64	3:26.42	S	F Seran Gumo	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
65	3:26.65	S	F Fadumo Mahmood	14	BNDRI ZZ	08/02/2019	grand prix 1
66	3:26.83	S	F *I Aaliya Takim	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
67	3:27.55	S	F Njoki Wanyeki	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr		
68	3:28.06	S	F *I Aliyana Kachra	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
69	3:28.68	S	F Natasha Seton	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
70	3:32.92	L	F Diva Shah	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
71	3:33.03	L	P *I Nanette Nsereko	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
72	3:33.47	L	F Audrey Chebet Langat	11	ROSE ZZ	17/05/2019 Nairobi County Swimming Champi
73	3:30.93	S	F Lisa Mumma	14	BBLES ZZ	15/03/2019 Super Swim League - Round 1
74	3:34.42	L	P *I Daniella Kirabo	12	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
75	3:34.66	L	P Lailah Mugambi	12	MAKIN ZZ	15/02/2019 2019 KSF Long Course Nationals
76	3:31.55	S	F Najma Feisal	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
77	3:31.59	S	F Kyra Makena	11	STKRS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
78	3:31.80	S	F Michelle MACHARIA	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
79	3:35.02	L	F Thalia Davies	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
80	3:35.92	L	F Virginia Wangare	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
81	3:36.72	L	F Mary Nyambura	11	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
82	3:33.72	S	F Tshomela Muriuki	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
83	3:38.42	L	F Rachaelneema Ndungu	14	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
84	3:38.54	L	F Nadia Kangethe	13	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
85	3:35.68	S	F Marie-Ange Lokenga	13	BRAE ZZ	15/03/2019 Super Swim League - Round 1
86	3:39.56	L	F Khushi Dhanjal	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
87	3:36.90	S	F Nadia Ndibo	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1
88	3:37.04	S	F Aashika Varia	13	BNDRI ZZ	08/02/2019 grand prix 1
89	3:37.71	S	F Nellie Kamau	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
90	3:37.83	S	F Ameya Rana	13	BRAE ZZ	15/03/2019 Super Swim League - Round 1
91	3:37.90	S	F Michelle Irungu	11	KESS ZZ	15/03/2019 Super Swim League - Round 1
92	3:38.64	S	F Xolani Ochoro	12	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
93	3:39.04	S	F Tracy Chemtai	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
94	3:39.17	S	F Abby Karanja	11	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
95	3:39.90	S	F Amanda Kadzo	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
96	3:40.83	S	F Ladan Ahmed	14	SEAH ZZ	15/03/2019 Super Swim League - Round 1
97	3:41.05	S	F Iman Kaiza	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
98	3:45.16	L	P Daisy Ayuma	13	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
99	3:42.20	S	F Lanoi Leperes	12	UNATT ZZ	08/06/2019 Lifetime Age Group & Open Cham
100	3:45.51	L	F Melody Ndegwa	13	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
101	3:43.12	S	F Haadiyah Jamal	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
102	3:43.25	S	F Michelle Thiomi	13	OTTER ZZ	15/03/2019 Super Swim League - Round 1
103	3:43.50	S	F Hanna Yusufali	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
104	3:44.56	S	F Helena Mwangi	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
105	3:45.00	S	F Thandie Muya	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
106	3:49.32	L	F Melissa Nyarui	14	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
107	3:46.21	S	F Shriya Manek	13	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
108	3:48.37	S	F Rehema Kamau	14	KESS ZZ	15/03/2019 Super Swim League - Round 1
109	3:48.72	S	F Gina Smith	11	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
110	3:52.04	L	F Sharon Moegi	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
111	3:49.53	S	F Kristina Ndegwa	13	ZEFIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
112	3:49.70	S	F Keaira McAree	11	BRAE ZZ	15/03/2019 Super Swim League - Round 1
113	3:52.98	L	F Savannah Musengi	11	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
114	3:51.70	S	F Rebecca Kitonga	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
115	3:52.03	S	F Kendi Mugo	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
116	3:55.42	L	F Kuhi Sadavarte	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
117	3:52.43	S	F *I Isobel Bush	12	SEAH ZZ	15/03/2019 Super Swim League - Round 1
118	3:53.30	S	F Katanu Muindi	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1
119	4:00.03	L	P *I Husnah Kukundakwe	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
120	3:57.61	S	F Talai Cheruto	13	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
121	4:01.31	L	F Imrana Ali	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
122	3:58.84	S	F	Zaveria Mugo	11	KESS ZZ	15/03/2019 Super Swim League - Round 1	
123	4:02.05	L	F	Candra Waihura	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
124	3:59.84	S	F	Teniola Havi	12	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
125	4:04.30	S	F	Manna Kumon	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
126	4:05.10	S	F	Ivet Gitiba	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
127	4:09.55	L	F	Nicole Wanjiku	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
128	4:13.09	L	F	Yael Hailey	12	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
129	4:15.00	L	F	Njeri Ivy	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi	
130	4:12.41	S	F	Everlyne Wambuga	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
131	4:17.63	L	F	Bridgite Nyambura	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi	
132	4:15.62	S	F	Kavata Muindi	12	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
133	4:17.41	S	F	Lydia Atieno	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
134	4:20.67	L	F	Emaan Salim Manji	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
135	4:24.18	L	F	Denise Thami	12	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
136	4:25.87	L	F	Alisya Chager	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
137	4:25.99	L	F	Aaralynne Kamau	14	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
138	4:26.66	S	F	Abigail Njoroge	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
139	4:31.12	S	F	Colleen Nyamika	12	BBLES ZZ	15/03/2019 Super Swim League - Round 1	
140	4:37.44	L	F	Monifa Mwangi	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
141	4:38.94	L	F	Nemayian Marima	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi	
<b>Women 11-14 400 IM</b>								
1	5:31.09	S	AAAA	F	Lubaina Islam Ali	13	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
2	5:38.21	S	AAAA	F	Maria Bianchi	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
3	5:45.13	S	AAAA	F	Gakenia Mwige	14	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
4	6:09.08	S	AAAA	F	Tugi Mwige	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
5	6:10.98	S	AAAA	F	Erica Wangechi	13	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
6	6:16.78	S	AAAA	F	Regina Gichovi	14	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
7	6:29.54	L	AAAA	F	Mariam Kiragu	13	DMSS ZZ	04/04/2019 2nd DMSS Gators Annual Swim Ga
8	6:28.67	S	AAAA	F	Ashley Kagwima	12	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
9	6:36.30	S		P	Ruby Okumu	14	LCVR ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
10	6:46.02	L		F	*I Mary Banona	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
11	6:43.41	S S		F	Wairimu Karanu	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
12	6:51.94	L		P	Maria Mwashha	13	MAKIN ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
13	6:46.39	S		F	Zikra Jaffer	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
14	6:53.93	S		F	Wangechi Maina	11	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
15	7:14.09	L		F	Aagya Tripathee	14	LUS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
16	7:19.43	S		F	Lailah Mugambi	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
17	x8:05.35	L S		F	Xolani Ochoro	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
18	9:48.59	S		F	Maria Kadii	14	UNATT ZZ	26/04/2019 CASA GRAND PRIX 3
<b>Women 15-16 50 Free</b>								
1	27.79	L	AAAA	F	Lucia Ruchti	16	KENYA ZZ	11/09/2019 Africa Junior Championships
2	28.80	L	AAAA	F	Victoria Okumu	15	GEMS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
3	30.38	L	AAAA	F	Mya Omondi	15	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
4	30.39	L	AAAA	F	Jasmin Kimani	16	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
5	29.79	S	AAAA	F	Tiana Vora	16	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
6	30.66	L	AAAA	F	*I Alexis Kituuka	15	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
7	30.81	L	AAAA	F	*I Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
8	31.20	L	AAAA	F	Angela Baraka	15	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
9	31.65	L	AAAA	F	Aisha Nasser	16	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
10	30.99	S	AAAA	F	Angela Baraka	15	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
11	31.89	L	AAAA	F	Kimberly Nyawira	16	BNDRI ZZ	15/02/2019 2019 KSF Long Course Nationals
12	32.08	L	AAAA	F	*I Ahura Ambala	15	SEAH ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
13	32.31	L	AAAA	F	*I Mercedes Mwebeiha	15	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
14	31.65	S	AAAA	F	Savannah Grantham	15	BRAE ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH

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	Time	P/F/S	Name	Age/Yr			
15	31.66	S	AAAA	F	*1	Leyla Verleysan	15 HIS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
16	32.47	L	AAAA	P		Mukayagi Khwidzomina	16 UNATT ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
17	32.58	L	AAAA	F		Kenda Maye	15 BBLES ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
18	31.94	S		F	*1	Lea Tanaskovic	15 BRAE ZZ 15/03/2019 Super Swim League - Round 1
19	32.82	L		F		Joeleen Kuria	15 LCM ZZ 17/05/2019 Nairobi County Swimming Champi
20	32.05	S		F		Nurayn Bagha	15 BRAE ZZ 15/03/2019 Super Swim League - Round 1
21	32.32	S		F		Axela Echese	15 OTTER ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
22	32.33	S		F	*1	Vera Berezny	15 ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
23	32.79	S		F		Tendai Nyagah	15 RUSIN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
24	33.59	L		P		Khwidzomina Mukayagi	16 UNATT ZZ 15/02/2019 2019 KSF Long Course Nationals
25	33.61	L		F		Megan Wanja Irungu	15 LCVR ZZ 17/05/2019 Nairobi County Swimming Champi
26	32.84	S		F		Eleanor Donohue	16 ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
27	32.95	S		F		Saloni Patel	16 AKAM ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
28	33.81	L		F		Aliya Cherogony	15 GEMS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
29	33.89	L		F		Makena Tirima	16 GEMS ZZ 15/02/2019 2019 KSF Long Course Nationals
30	33.56	S		F		Hilda Maichibu	15 MAQ ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
31	34.45	L		F		Michelle Mwasha	15 MAKIN ZZ 17/05/2019 Nairobi County Swimming Champi
32	34.60	L		F		Mitchell Atieno	16 TORP ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
33	35.21	L		P		Alicia Muli	16 TORP ZZ 15/02/2019 2019 KSF Long Course Nationals
34	35.37	L		P	*1	Michelle Tang	15 SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals
35	34.84	S		F		Yashna Khattry	16 ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
36	34.91	S		F		Wanjiru Kiburi	16 RUSIN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
37	35.77	L		F		Nduta Gacheru	16 BBLES ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
38	35.00	S		F		Tisha Laiwalla	16 SEAH ZZ 15/03/2019 Super Swim League - Round 1
39	35.22	S		F		Anita Okoyo	16 LCM ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
40	35.31	S		F		Victoria Ashley	16 BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
41	35.41	S		F		Faith Kariuki	16 MAKIN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
42	36.29	L		F		Kayla Nyambu	15 OTTER ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
43	35.55	S		F		Josette Umi Njeri	16 BNDRI ZZ 08/02/2019 grand prix 1
44	35.63	S		F		Salwa A Hamza	16 CSCN ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
45	35.68	S		F		Etta Pierce	16 ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
46	36.80	L		F		Camilla Achieng	15 TORP ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
47	36.17	S		F		Justine Kariuki	15 BRASD ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
48	36.30	S		F		Kreeshi Shavdia	15 OAMSA ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
49	37.60	L		F		Umme-Hani Mamujee	16 SEAH ZZ 06/07/2019 The Manchester Non National Me
50	37.12	S		F		Nduta Gicheru	16 NOVA ZZ 25/01/2019 Nairobi County Level 2 Swimmin
51	37.21	S		F		Denise Muhindi	16 LUS ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
52	37.51	S		F		Erica Nduku Kyalo	16 BRAEI ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
53	37.65	S		F		Michelle Njambi	15 BBLES ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
54	38.51	S		F		Erica Karungu	15 LCVR ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
55	38.65	S		F		June Ngoitsi	15 TORP ZZ 08/06/2019 Lifetime Age Group & Open Cham
56	39.43	S		F		Lamiya Awino Odenyo	15 LUS ZZ 25/01/2019 Nairobi County Level 2 Swimmin
57	39.73	S		F		Kapalaula Mwenya	15 ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
58	40.32	S		F		Shuki Kitsao	15 KIV ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
59	40.59	S		F		Mary Kelsy	15 BRAEI ZZ 25/01/2019 Nairobi County Level 2 Swimmin
60	40.97	S		F		Tanisha Kagiri	16 LCVR ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
61	41.18	S		F		Jill Ngoitsi	15 TORP ZZ 08/06/2019 Lifetime Age Group & Open Cham
62	42.37	L		F		Shona Moora	16 LCM ZZ 17/05/2019 Nairobi County Swimming Champi
63	42.90	L		F		Ruby Gitau	15 LCM ZZ 17/05/2019 Nairobi County Swimming Champi
64	44.42	L		F		Therese Maruti	15 LSC ZZ 17/05/2019 Nairobi County Swimming Champi
65	45.91	S		F		Rahi Patel	15 SSA ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
66	52.18	L		F		Beverly Mukundi	15 LCM ZZ 17/05/2019 Nairobi County Swimming Champi
67	53.30	L		F		Mercy Odongo	16 BRAEG ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
68	58.96	L		F		Wanjiru Doris	16 KNPC ZZ 15/02/2019 2019 KSF Long Course Nationals

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
69	1:08.86 L	P	Beatrice Wambui	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
<b>Women 15-16 100 Free</b>								
1	1:00.39 L	AAAA F	Lucia Ruchti	16	KENYA ZZ	11/09/2019	Africa Junior Championships	
2	1:02.97 L	L AAAA P	Victoria Okumu	15	KENYA ZZ	11/09/2019	Africa Junior Championships	
3	1:04.83 S	AAAA F	Mya Omondi	15	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
4	1:05.05 S	AAAA F	Tiana Vora	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
5	1:07.14 L	AAAA P	*1 Alexis Kituuka	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	1:07.51 L	AAAA F	Jasmin Kimani	16	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019	
7	1:08.43 L	AAAA P	*1 Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
8	1:09.16 L	AAAA F	Angela Baraka	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
9	1:10.88 L	AAAA F	Aisha Nasser	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
10	1:09.62 S	AAAA F	Angela Baraka	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
11	1:09.75 S	AAAA F	Axela Echessa	15	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
12	1:10.09 S	AAAA F	Saloni Patel	16	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
13	1:11.70 L	AAAA P	Nurayn Bagha	15	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
14	1:10.17 S	AAAA F	Kimberly Nyawira	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
15	1:11.88 L	AAAA F	*1 Ahura Ambala	15	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
16	1:10.46 S	AAAA F	Savannah Grantham	15	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
17	1:12.45 L	AAAA P	Mukayagi Khwidzomina	16	UNATT ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
18	1:11.61 S	AAAA F	Hilda Maichibu	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
19	1:13.61 L	AAAA F	Kenda Maye	15	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019	
20	1:13.68 L	AAAA P	*1 Mercedes Mwebeiha	15	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
21*	1:12.79 S	AAAA F	*1 Leyla Verleysan	15	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
21*	1:12.79 S	AAAA F	Tendaii Nyagah	15	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
23	1:14.53 L	AAAA F	Makena Tirima	16	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
24	1:14.80 L	P	*1 Lea Tanaskovic	15	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals	
25	1:13.36 S	F	Talai Geheb	15	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
26	1:15.74 L	F	Megan Wanja Irungu	15	SBS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
27	1:14.50 S	F	Khwidzomina Mukayagi	16	UNATT ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
28	1:14.52 S	F	Eleanor Donohue	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
29	1:15.39 S	F	*1 Vera Berezny	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
30	1:15.55 S	F	Faith Kariuki	16	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
31	1:16.40 S	F	Michelle Mwashha	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
32	1:16.82 S	F	Wanjiru Kiburi	16	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
33	1:17.00 S	F	Aliya Cherogony	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
34	1:17.45 S	F	Josette Umi Njeri	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
35	1:19.59 S	S S	F	15	OTTER ZZ	21/06/2019	Super Swim League Round 3	
36	1:21.29 L	P	*1 Michelle Tang	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
37	1:21.66 L	F	Nduta Gacheru	16	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
38	1:22.56 L	F	Camilla Achieng	15	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
39	1:23.09 L	F	Mitchell Atieno	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
40	1:21.60 S	F	Etta Pierce	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
41	1:21.78 S	S S	F	16	OTTER ZZ	21/06/2019	Super Swim League Round 3	
42	1:22.15 S	F	Salwa A Hamza	16	CSCN ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
43	1:22.91 S	F	Victoria Ashley	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
44	1:24.73 L	F	Alicia Muli	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
45	1:23.38 S	F	Justine Kariuki	15	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
46	1:25.10 S	F	Nduta Gicheru	16	NOVA ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
47	1:26.92 L	F	Umme-Hani Mamujee	16	SEAH ZZ	06/07/2019	The Manchester Non National Me	
48	1:28.36 S	F	Erica Karungu	15	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
49	1:29.48 S	F	Erica Nduku Kyalo	16	BRAEI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
50	1:37.14 L	F	Lamiya Awino Odenyo	15	LUS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
51	1:38.80 L	F	Therese Maruti	15	LSC ZZ	17/05/2019	Nairobi County Swimming Champi	
52	2:07.69 L	F	Wanjiru Doris	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
53	2:17.28 L	F	Anita Okoyo	16	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
<b>Women 15-16 50 Back</b>							
1	33.03 S	AAAA P	Lucia Ruchti	16	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
2	33.50 S	AAAA F	Victoria Okumu	15	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
3	33.91 S	AAAA P	Mya Omondi	15	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
4	33.99 S	AAAA F	Tiana Vora	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
5	34.59 L	AAAA F	*I Mercedes Mwebeiha	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
6	34.46 S	AAAA F	*I Lea Tanaskovic	15	BRAE ZZ	15/03/2019	Super Swim League - Round 1
7	34.53 S	AAAA F	*I Leyla Verleysan	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
8	35.86 L	AAAA F	*I Alexis Kituuka	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
9	35.48 S	AAAA F	Kenda Maye	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
10	36.53 L	AAAA F	Jasmin Kimani	16	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
11	36.67 L	AAAA F	*I Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
12	36.89 S	AAAA F	Aisha Nasser	16	OTTER ZZ	15/03/2019	Super Swim League - Round 1
13	37.01 S	AAAA F	Saloni Patel	16	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
14	37.30 S	AAAA F	Eleanor Donohue	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
15	37.39 S	AAAA F	Aliya Cherogony	15	GEMS ZZ	15/03/2019	Super Swim League - Round 1
16	37.55 S	AAAA F	Angela Baraka	15	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
17	37.69 S	AAAA F	Savannah Grantham	15	BRAE ZZ	15/03/2019	Super Swim League - Round 1
18	37.89 S	AAAA F	Kimberly Nyawira	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
19*	38.56 S	AAAA F	Yashna Khatry	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
19*	38.56 S	AAAA F	Kapalaula Mwenya	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
21	38.84 S	AAAA F	Kreeshi Shavdia	15	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
22	39.28 S	F	Mukayagi Khwidzomina	16	UNATT ZZ	15/03/2019	Super Swim League - Round 1
23	39.40 S	F	Megan Wanja Irungu	15	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
24	39.52 S	F	*I Ahura Ambala	15	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
25	39.64 S	F	Tisha Laiwalla	16	SEAH ZZ	15/03/2019	Super Swim League - Round 1
26	40.05 S	F	Joeleen Kuria	15	LCM ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
27	40.15 S	F	*I Vera Berezchny	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
28	40.99 L	P	Mitchell Atieno	16	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
29	40.60 S	F	Nurayn Bagha	15	BRAE ZZ	15/03/2019	Super Swim League - Round 1
30	40.69 S	F	Khwidzomina Mukayagi	16	UNATT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
31	40.89 S	F	Hilda Maichibu	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
32	41.07 S	F	Talai Geheb	15	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
33	42.23 L	F	Nduta Gacheru	16	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
34*	41.86 S	F	Etta Pierce	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
34*	41.86 S	F	Nduta Gicheru	16	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
36	42.53 S	F	Melanie Prieske	15	GS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
37	42.99 S	F	Makena Tirima	16	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
38	43.60 L	F	Michelle Mwashia	15	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
39	43.16 S	F	Tendaii Nyagah	15	RUSIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
40	43.23 S	F	Josette Umi Njeri	16	BNDRI ZZ	08/02/2019	grand prix 1
41	43.87 L	F	Anita Okoyo	16	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
42	43.89 L	F	Axela Echesa	15	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
43	43.87 S	F	Wanjiru Kiburi	16	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
44	44.04 S	F	Faith Kariuki	16	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
45	44.93 L	P	Alicia Muli	16	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
46	45.79 S	F	Michelle Njambi	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
47	46.59 L	F	Umme-Hani Mamujee	16	SEAH ZZ	06/07/2019	The Manchester Non National Me
48	46.29 S	F	Erica Karungu	15	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
49	48.36 L	P	*I Michelle Tang	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
50	49.60 S	F	Shuki Kitsao	15	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
51	51.60 S	F	Makena Njambi	16	BARAQ ZZ	25/01/2019	Nairobi County Level 2 Swimmin
52	51.73 S	F	Mary Kelsy	15	BRAEI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
53	53.68 S	F	Rahi Patel	15	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
54	55.59 L	F	Ruby Gitau	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
55	57.92 L	F	Beverly Mukundi	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
56	1:00.87 S	F	Kay Aluvanze	15	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
57	1:01.25 S	F	Therese Maruti	15	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham
58	1:04.44 S	F	Gertrude Muthoni	15	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
59	1:19.04 L	P	Wanjiru Doris	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
<b>Women 15-16 100 Back</b>							
1	1:11.84 S	AAAA F	Lucia Ruchti	16	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
2	1:12.37 S	AAAA F	Tiana Vora	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
3	1:15.11 S	AAAA F	Victoria Okumu	15	GEMS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
4	1:15.87 S	AAAA F	*1 Leyla Verleysan	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
5	1:17.43 L	AAAA F	*1 Mercedes Mwebeiha	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
6	1:18.41 L	AAAA P	Mya Omondi	15	KENYA ZZ	11/09/2019	Africa Junior Championships
7	1:19.63 L	AAAA F	Kenda Maye	15	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
8	1:21.10 L	AAAA F	Jasmin Kimani	16	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	1:19.94 S	AAAA F	Saloni Patel	16	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
10	1:22.01 L	AAAA F	*1 Lea Tanaskovic	15	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
11	1:22.17 S	AAAA F	Angela Baraka	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
12	1:22.59 S	AAAA F	Kreeshi Shavdia	15	OAMSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
13	1:22.89 S	AAAA F	Eleanor Donohue	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
14	1:22.91 S	AAAA F	Aliya Cherogony	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
15	1:24.07 S	F	Megan Wanja Irungu	15	LCVR ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
16	1:26.54 S	F	Yashna Khatry	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
17	1:27.25 S	F	Khwidzomina Mukayagi	16	UNATT ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
18	1:28.54 S	F	Tendai Nyagah	15	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
19	1:29.16 S S	F	Makena Tirima	16	GEMS ZZ	21/06/2019	Super Swim League Round 3
20	1:30.70 S	F	Faith Kariuki	16	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
21	1:31.31 S	F	Talai Geheb	15	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
22	1:33.19 S	F	Josette Umi Njeri	16	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
23	1:33.53 S	F	Michelle Mwasha	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
24	1:35.04 L	P	Mitchell Atieno	16	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
25	1:33.93 S	F	Wanjiru Kiburi	16	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	1:35.54 L	F	Nduta Gacheru	16	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
27	1:35.83 S	F	Nduta Gicheru	16	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
28	1:38.83 S	F	Michelle Njambi	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
29	1:40.27 L	F	Alicia Muli	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
30	1:41.16 L S	F	Umme-Hani Mamujee	16	SEAH ZZ	06/07/2019	The Manchester Non National Me
31	x2:44.62 L	P	Wanjiru Doris	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
32	3:05.65 L L	F	*1 Alexia Kituuka	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
<b>Women 15-16 50 Breast</b>							
1	36.82 L	AAAA P	Lucia Ruchti	16	KENYA ZZ	11/09/2019	Africa Junior Championships
2	36.85 L	AAAA P	Jasmin Kimani	16	OTTER ZZ	11/09/2019	Africa Junior Championships
3	39.95 L	AAAA P	Kimberly Nyawira	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	38.97 S	AAAA F	Victoria Okumu	15	GEMS ZZ	03/05/2019	Super Swim League - Round 2
5	40.65 L	AAAA F	Aisha Nasser	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
6	40.94 S	AAAA F	*1 Ahura Ambala	15	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
7	42.06 L	AAAA F	Angela Baraka	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
8	42.09 L	AAAA F	Camilla Achieng	15	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	41.13 S	AAAA F	Saloni Patel	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
10	42.41 L	AAAA F	*1 Michelle Tang	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
11	42.02 S	AAAA F	*1 Leyla Verleysan	15	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
12	42.89 S	AAAA F	Angela Baraka	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
13	43.05 S	F	Nurayn Bagha	15	BRAE ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
14	43.74	S	F	Mitchell Atieno	16	TORP ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH	
15	43.77	S	F	Tiana Vora	16	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;	
16	43.81	S	F	Victoria Ashley	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
17	44.37	S	F	Hilda Maichibu	15	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
18	44.50	S	F	*I Vera Berezny	15	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
19	44.70	S	F	Megan Wanja Irungu	15	SBS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
20	45.82	L	P	*I Mercedes Mwebeiha	15	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
21	44.89	S	F	Joeleen Kuria	15	LCM ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
22	45.89	L	P	Alicia Muli	16	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals	
23	45.22	S	F	*I Lea Tanaskovic	15	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
24	45.32	S	F	Talai Geheb	15	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
25	45.55	S	F	Tendaii Nyagah	15	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
26	45.61	S	F	Etta Pierce	16	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
27	46.52	S	F	Yashna Khatry	16	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
28	47.63	L	F	Anita Okoyo	16	LCM ZZ	17/05/2019 Nairobi County Swimming Champi	
29	46.77	S	F	Michelle Njambi	15	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
30	47.20	S	F	Paulina Loose	15	GS ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
31	47.82	S	F	Kapalaula Mwenya	15	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
32	47.84	S	F	June Ngoitsi	15	TORP ZZ	08/06/2019 Lifetime Age Group & Open Cham	
33	48.08	S	F	Justine Kariuki	15	BRASD ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
34	48.52	S	F	Denise Muhindi	16	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
35	49.58	L	F	Axela Echesa	15	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
36	50.44	L	F	Nduta Gacheru	16	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
37	49.47	S	F	Erica Karungu	15	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
38	49.67	S	F	Faith Kariuki	16	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
39	51.31	L	F	Kenda Maye	15	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
40	51.54	S	F	Nduta Gicheru	16	NOVA ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
41	53.54	L	F	Ruby Gitau	15	LCM ZZ	17/05/2019 Nairobi County Swimming Champi	
42	53.93	S	F	Umme-Hani Mamujee	16	SEAH ZZ	03/05/2019 Super Swim League - Round 2	
43	55.45	L	F	Shona Moora	16	LCM ZZ	17/05/2019 Nairobi County Swimming Champi	
44	58.81	S	F	Rahi Patel	15	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
45	58.92	S	F	Therese Maruti	15	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham	
46	1:03.18	L	F	Beverly Mukundi	15	LCM ZZ	17/05/2019 Nairobi County Swimming Champi	
47	1:33.23	L	P	Wanjiru Doris	16	KNPC ZZ	15/02/2019 2019 KSF Long Course Nationals	
48	1:49.77	L	P	Beatrice Wambui	16	KNPC ZZ	15/02/2019 2019 KSF Long Course Nationals	
<b>Women 15-16 100 Breast</b>								
1	1:22.29	L	AAAA	P	Jasmin Kimani	16	OTTER ZZ	11/09/2019 Africa Junior Championships
2	1:26.53	S	AAAA	F	Lucia Ruchti	16	GS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
3	1:27.13	S	AAAA	F	Kimberly Nyawira	16	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
4	1:27.37	S	AAAA	P	Aisha Nasser	16	OTTER ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
5	1:27.53	S	AAAA	F	Victoria Okumu	15	GEMS ZZ	15/03/2019 Super Swim League - Round 1
6	1:28.51	S	AAAA	P	Angela Baraka	15	BBLES ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
7	1:33.17	L	AAAA	F	*I Michelle Tang	15	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
8	1:31.48	S	AAAA	F	Angela Baraka	15	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
9	1:32.00	S	AAAA	F	Saloni Patel	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
10	1:34.87	L	AAAA	F	Camilla Achieng	15	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals
11	1:33.00	S	AAAA	F	Nurayn Bagha	15	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
12	1:36.56	L	F	*I Ahura Ambala	15	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO	
13	1:35.43	S	F	*I Leyla Verleysan	15	HIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
14	1:38.49	S	F	Victoria Ashley	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
15	1:39.77	S	F	Talai Geheb	15	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
16	1:42.21	L	F	Megan Wanja Irungu	15	SBS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
17	1:42.26	L	P	Alicia Muli	16	TORP ZZ	15/02/2019 2019 KSF Long Course Nationals	
18	1:41.62	S	F	Hilda Maichibu	15	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
19	1:41.99	S	F *I Lea Tanaskovic	15	BRAE ZZ	25/01/2019	Nairobi County Level 2 Swimmin
20	1:42.36	S	F Etta Pierce	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
21	1:42.67	S	F Michelle Njambi	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
22	1:42.84	S	F *I Vera Berezchny	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
23	1:43.53	S	F Kreeshi Shavdia	15	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
24	1:44.02	S	F Tendai Nyagah	15	RUSIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
25	1:47.87	L	F Paulina Loose	15	GS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
26	1:48.26	L	F Mitchell Atieno	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
27	1:49.35	S	F Erica Karungu	15	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
28	1:49.68	S	F Josette Umi Njeri	16	BNDRI ZZ	08/02/2019	grand prix 1
29	1:52.30	S	F Shuki Kitsao	15	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
30	1:53.29	S	F Umme-Hani Mamujee	16	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
31	1:54.92	S	F Kapalaula Mwenya	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
32	2:01.86	L	F Shona Moora	16	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
33	2:02.38	L	F Lamiya Awino Odenyo	15	LUS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
34	2:06.21	L	F Ruby Gitau	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
35	2:10.74	S	F Therese Maruti	15	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham
<b>Women 15-16 50 Fly</b>							
1	29.61	L	AAAA F Lucia Ruchti	16	KENYA ZZ	11/09/2019	Africa Junior Championships
2	31.33	L	AAAA F Victoria Okumu	15	GEMS ZZ	15/02/2019	2019 KSF Long Course Nationals
3	32.19	L	AAAA F Mya Omondi	15	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
4	32.61	L	AAAA F Jasmin Kimani	16	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
5	32.67	L	AAAA F *I Alexis Kituuka	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
6	32.81	L	AAAA F *I Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
7	33.34	L	AAAA F *I Mercedes Mwebeihia	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
8	33.84	S	AAAA F Tiana Vora	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
9	34.53	S	AAAA F *I Leyla Verleysan	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
10	34.82	S	AAAA F *I Ahura Ambala	15	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
11	35.86	L	AAAA F Kimberly Nyawira	16	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
12	35.88	S	AAAA F Axela Echesa	15	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
13	36.62	L	AAAA F Joeleen Kuria	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
14	36.23	S	P Mitchell Atieno	16	TORP ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
15	37.07	L	F Kenda Maye	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
16	36.48	S	F Angela Baraka	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
17	37.60	L	F Angela Baraka	15	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
18	37.40	S	F Makena Tirima	16	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
19	37.45	S	F Yashna Khattry	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
20	38.29	L	F Aisha Nasser	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
21	38.32	L	F Camilla Achieng	15	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
22	38.11	S	F Hilda Maichibu	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHI
23	38.89	S	F Michelle Mwashia	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
24	39.04	S	F Salwa A Hamza	16	CSCN ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
25	40.03	S	F *I Vera Berezchny	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	40.12	S	F Aliya Cherogony	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
27	41.45	L	F Megan Wanja Irungu	15	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
28	41.19	S	F Etta Pierce	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
29	41.22	S S	F Kayla Nyambu	15	OTTER ZZ	21/06/2019	Super Swim League Round 3
30	41.29	S	F Justine Kariuki	15	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
31	41.44	S	F Anita Okoyo	16	LCM ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
32	42.23	S	F Kreeshi Shavdia	15	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
33	42.41	S	F Michelle Njambi	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
34	43.40	S	F Faith Kariuki	16	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	43.57	S	F Khwidzomina Mukayagi	16	UNATT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
36	43.81	S	F Erica Karungu	15	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
37	44.04 S	F	Melanie Prieske	15	GS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
38	45.40 L	F	Nduta Gacheru	16	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
39	45.88 L	F	Alicia Muli	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
40	45.90 L	F	Paulina Loose	15	GS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
41	47.02 S	F	Shuki Kitsao	15	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
42	48.28 S	F	Nduta Gicheru	16	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
43	48.82 S	F	Erica Nduku Kyalo	16	BRAEI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
44	51.33 S	F	Rahi Patel	15	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
45	51.56 S S	F	Umme-Hani Mamujee	16	SEAH ZZ	21/06/2019	Super Swim League Round 3
46	55.77 L	F	Ruby Gitau	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
47	58.24 L	F	Beverly Mukundi	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
48	59.44 S	F	Therese Maruti	15	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham
<b>Women 15-16 100 Fly</b>							
1	1:11.42 L	AAAA F	Victoria Okumu	15	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
2	1:14.09 S	AAAA F	Mya Omondi	15	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
3	1:16.59 L	AAAA P	*1 Alexis Kituuka	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
4	1:16.64 L	AAAA P	*1 Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
5	1:17.17 L	AAAA F	Jasmin Kimani	16	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
6	1:19.28 L	AAAA F	*1 Ahura Ambala	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
7	1:21.30 S	F	Nurayn Bagha	15	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
8	1:22.54 S	F	Makena Tirima	16	GEMS ZZ	03/05/2019	Super Swim League - Round 2
9	1:23.16 S	F	Aisha Nasser	16	OTTER ZZ	03/05/2019	Super Swim League - Round 2
10	1:25.34 L	F	*1 Mercedes Mwebeihia	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
11	1:28.76 S	F	Joeleen Kuria	15	LCM ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
12	1:32.12 L	F	Angela Baraka	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
13	1:31.44 S	F	Aliya Cherogony	15	GEMS ZZ	03/05/2019	Super Swim League - Round 2
14	1:31.47 S	F	Axela Echesa	15	OTTER ZZ	03/05/2019	Super Swim League - Round 2
15	1:37.06 L	F	Camilla Achieng	15	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
16	1:37.38 S	F	Salwa A Hamza	16	CSCN ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
17	1:37.48 S	F	Kreeshi Shavdia	15	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
18	1:45.09 L	F	Alicia Muli	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
19	1:44.60 S	F	Michelle Njambi	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
20	1:48.10 L	F	Kayla Nyambu	15	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
21	1:49.92 S	F	Erica Karungu	15	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
22	1:50.65 S	F	Umme-Hani Mamujee	16	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
23	2:12.13 S	F	Therese Maruti	15	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
<b>Women 17 &amp; Over 50 Free</b>							
1	26.68 L	AAAA F	Emily Muteti	21	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
2	26.69 L	AAAA F	Maria Brunlehner	19	UNATT ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
3	26.93 L	AAAA F	Sylvia Brunlehner	25	UNATT ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	27.19 S	AAAA F	Imara Bella Thorpe	18	MILW ZZ	19/10/2018	Millfield & Street SC Super Se
5	28.93 S	AAAA F	*1 Kiira Geheb	18	BARAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
6	29.93 L	AAAA F	*1 Anthea Mudanye	19	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
7	30.14 L	AAAA F	Hadassah Mumbi Gichovi	18	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
8	30.25 L	AAAA P	Juhaina Islam Ali	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
9	30.27 L	AAAA P	Riva Karia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
10	29.71 S	AAAA F	Irie Gonah	17	SEAH ZZ	15/03/2019	Super Swim League - Round 1
11	30.81 L	AAAA P	*1 Niamh Baker	17	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
12	30.97 L	AAAA F	Justine Nelson	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
13	30.33 S	AAAA F	Catherine Mason	23	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
14	31.25 L	AAAA F	Virginia Okumu	18	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
15	31.62 L	AAAA P	Chantelle Kariuki	18	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
16	30.97 S	AAAA F	*1 Marie Vanderneulen	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
17	31.98 L	AAAA F	Samantha Hawala	17	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
18	32.33 L	AAAA	F Nicole Makau	17	NAC ZZ	15/02/2019	2019 KSF Long Course Nationals
19	32.76 L		P Alisha Varia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
20	32.89 L		F Samira Oberson	18	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
21	33.06 S		F Shekila Athman	18	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
22	33.41 S		F Nyanchama Ataya	17	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
23	34.82 L		F Michele Otieno	17	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
24	34.29 S		F Djulla Gadzo	20	ASA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
25	35.31 S		P *1 Hannat Nakimuli	17	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
26	35.32 S		F Dhanushi Savla	17	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
27	36.50 L		F Muhaji Okuku	17	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
28	35.78 S		F Malaika Kariuki	18	SEAH ZZ	15/03/2019	Super Swim League - Round 1
29	36.61 L		F Rachel Schoch	18	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
30	36.13 S		F Hiral Shah	17	BNDRI ZZ	08/02/2019	grand prix 1
31	36.26 S		F Savla Dhanushi	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
32	37.09 L		F Mumbi Kairo	17	KAREN ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
33	36.67 S		F Kreena Gada	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
34	37.18 S		F Stephanie Ondieki	23	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
35	37.30 S		F Salma Bashir	17	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
36	38.56 S		F Barbara Kangwana	22	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
37	38.95 S		F Sauda Namwaya	22	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
38	41.67 L		F Sheila Tino	25	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
39	41.11 S		F Kimberly Odhiambo	17	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
40	42.66 S		F *1 Vani Ramanuj	18	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
41	44.34 L		F Myra Wendo	21	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
42	45.89 L		F Angela Wainaina	49	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
43	46.43 L		F Sharon Omenda	17	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
44	51.69 L		F Ambreen Magre	53	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
45	58.59 L		P Ann WacukaS7SB6SM7	36	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
46	59.83 L		F Vivian Nyambura	19	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
47	1:00.12 L		P Faith KilonzoS11	25	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
48	1:05.81 L L		F Salome Cheyech	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
49	1:07.47 L		F Faith Kiragu	18	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
50	1:14.31 L		F Joyce AmbasaS7	36	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
<b>Women 17 &amp; Over 100 Free</b>							
1	58.39 L	AAAA	F Maria Brunlehner	19	KENYA ZZ	21/08/2019	12th African Games
2	58.98 L	AAAA	F Emily Muteti	21	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
3	58.77 S	AAAA	F Imara Bella Thorpe	18	MILW ZZ	19/10/2018	Millfield & Street SC Super Se
4	1:02.16 S	AAAA	F *1 Kiira Geheb	18	BARAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
5	1:04.54 S	AAAA	F Juhaina Islam Ali	17	MAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
6	1:06.65 L	AAAA	F *1 Rowena De Guzman	17	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
7	1:06.79 L	AAAA	F *1 Anthea Mudanye	19	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
8	1:06.82 L	AAAA	F Hadassah Mumbi Gichovi	18	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals
9	1:05.29 S	AAAA	F Nasiminyu Khatundi	20	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
10	1:05.31 S	AAAA	P *1 Niamh Baker	17	BRAEA ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
11	1:09.16 L	AAAA	P Justine Nelson	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
12	1:09.74 L	AAAA	F Virginia Okumu	18	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
13	1:08.86 S	AAAA	F Chantelle Kariuki	18	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
14	1:09.39 S	AAAA	F *1 Marie Vanderneulen	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
15	1:11.40 L	AAAA	F Samantha Hawala	17	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals
16	1:11.65 S	AAAA	F Nicole Makau	17	NAC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
17	1:14.09 S		F Samira Oberson	18	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
18	1:14.71 S		F Vivien Abara Ouko	17	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
19	1:14.98 S		F Catherine Mason	23	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHI
20	1:16.99 S		F Michele Otieno	17	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
21	1:17.72	S	F	Shekila Athman	18	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
22	1:19.16	S	F	Rachel Schoch	18	BRAE ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
23	1:20.20	S	F	Dhanushi Savla	17	OANBI ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
24	1:20.62	S	F	Hiral Shah	17	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
25	1:20.79	S	F	Salma Bashir	17	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
26	1:22.86	L	F	Muhaji Okuku	17	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi	
27	1:23.36	S	F	Kreena Gada	17	OANBI ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
28	1:23.91	S	F	Mumbi Kairo	17	NOVA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
29	1:30.40	S	F	Barbara Kangwana	22	KU ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
30	1:47.90	L	F	Winnie Kanogo	17	LCM ZZ	17/05/2019 Nairobi County Swimming Champi	
31	2:00.29	L	P	Ann WacukaS7SB6SM7	36	KNPC ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
32	2:37.42	L	P	Joyce AmbasaS7	36	KNPC ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
33	3:07.70	L	F	Abigael Wairimu	20	KU ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
<b>Women 17 &amp; Over 50 Back</b>								
1	30.53	L	AAAA	F	Sylvia Brunlehner	25	KENYA ZZ	21/08/2019 12th African Games
2	32.22	L	AAAA	F	Imara Bella Thorpe	18	BARAQ ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
3	32.65	S	AAAA	F	*1 Kiira Geheb	18	BARAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
4	33.19	S	AAAA	F	*1 Niamh Baker	17	BRAEA ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
5	33.37	S	AAAA	P	Hadassah Mumbi Gichovi	18	LCVR ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
6	33.64	S	AAAA	F	*1 Rowena De Guzman	17	BRAE ZZ	15/03/2019 Super Swim League - Round 1
7	35.03	S	AAAA	P	Justine Nelson	17	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
8	35.07	S	AAAA	F	Irie Gonah	17	SEAH ZZ	15/03/2019 Super Swim League - Round 1
9	35.62	S	AAAA	F	Juhaina Islam Ali	17	BNDRI ZZ	08/02/2019 grand prix 1
10	36.84	L	AAAA	F	Riva Karia	17	KENYA ZZ	16/02/2019 CANA Zone IV Championships 2019
11	36.53	S	AAAA	F	Nicole Makau	17	NAC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
12	37.60	L	AAAA	F	Alisha Varia	17	BNDRI ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
13	37.08	S	AAAA	F	*1 Marie Vanderneulen	18	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
14	38.17	L	AAAA	F	Virginia Okumu	18	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
15	38.56	S	AAAA	F	Samantha Hawala	17	LCVR ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
16	38.64	S	AAAA	F	Chantelle Kariuki	18	SEAH ZZ	15/03/2019 Super Swim League - Round 1
17	39.95	S	F	Nyanchama Ataya	17	LCVR ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
18	40.78	S	F	Hiral Shah	17	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
19	40.89	S	F	Samira Oberson	18	BNDRI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
20	41.39	S	F	Shekila Athman	18	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
21	43.13	S	F	Mumbi Kairo	17	NOVA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
22	44.68	S	F	Rachel Schoch	18	BRAE ZZ	15/03/2019 Super Swim League - Round 1	
23	44.82	S	F	Stephanie Ondieki	23	KU ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
24	44.84	S	F	Malaika Kariuki	18	SEAH ZZ	15/03/2019 Super Swim League - Round 1	
25	46.21	S	F	Michele Otieno	17	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
26	48.28	S	F	Sauda Namwaya	22	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
27	48.46	S	F	Ann Wambui	23	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
28	49.63	S	F	Barbara Kangwana	22	KU ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
29	50.53	L	F	Winnie Kanogo	17	LCM ZZ	17/05/2019 Nairobi County Swimming Champi	
30	51.59	S	F	Kimberly Odhiambo	17	BARAQ ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
31	53.20	S	F	Dhruvee Malde	17	OANBI ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
32	57.89	S	F	Ann Cecily	17	NOVA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
33	1:08.83	L	F	Faith KilonzoS11	25	KNPC ZZ	15/02/2019 2019 KSF Long Course Nationals	
34	1:10.43	L	F	Vivian Nyambura	19	MKU ZZ	17/05/2019 Nairobi County Swimming Champi	
35	1:10.74	L	F	Christine Engufu	21	MKU ZZ	17/05/2019 Nairobi County Swimming Champi	
36	1:12.37	L	F	Winne Mukami Chege	19	MKU ZZ	17/05/2019 Nairobi County Swimming Champi	
37	1:15.12	L	P	Ann WacukaS7SB6SM7	36	KNPC ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
38	1:15.93	L	F	Sheila Tino	25	KU ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
39	1:18.40	L	F	Faith Kiragu	18	MKU ZZ	17/05/2019 Nairobi County Swimming Champi	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
<b>Women 17 &amp; Over 100 Back</b>							
1	1:05.35	S AAAA F	Imara Bella Thorpe	18	MILW ZZ	19/10/2018	Millfield & Street SC Super Se
2	1:06.94	L L AAAA F	Sylvia Brunlehner	25	KENYA ZZ	21/08/2019	12th African Games
3	1:11.15	S AAAA F	*1 Niamh Baker	17	BRAEA ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
4	1:12.19	S AAAA F	*1 Rowena De Guzman	17	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
5	1:14.48	S AAAA F	Riva Karia	17	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
6	1:17.59	S AAAA F	Justine Nelson	17	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
7	1:17.95	S AAAA P	Virginia Okumu	18	BHS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
8	1:21.48	L AAAA P	Nasiminyu Khatundi	20	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
9	1:21.04	S AAAA F	Nicole Makau	17	NAC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
10	1:22.47	S AAAA F	*1 Marie Vanderneulen	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
11	1:25.23	L P	Alisha Varia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
12	1:24.53	S F	Juhaina Islam Ali	17	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
13	1:25.47	S S F	Chantelle Kariuki	18	SEAH ZZ	21/06/2019	Super Swim League Round 3
14	1:26.53	S F	Samantha Hawala	17	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
15	1:28.84	S F	Nyanchama Ataya	17	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
16	1:35.93	S F	Kreena Gada	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
17	1:36.44	S S F	Malaika Kariuki	18	SEAH ZZ	21/06/2019	Super Swim League Round 3
18	1:37.15	S F	Stephanie Ondieki	23	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
19	1:51.65	S F	Ann Wambui	23	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
20	1:52.30	S F	Dhruvee Malde	17	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
21	2:43.45	L F	Faith KilonzoS11	25	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
22	2:44.13	L P	Ann WacukaS7SB6SM7	36	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
<b>Women 17 &amp; Over 50 Breast</b>							
1	33.35	L AAAA P	Emily Muteti	21	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
2	33.83	L AAAA P	Maria Brunlehner	19	UNATT ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
3	34.00	L AAAA F	Rebecca Kamau	20	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	36.79	L AAAA F	Hadassah Mumbi Gichovi	18	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
5	38.32	L AAAA F	*1 Anthea Mudanye	19	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
6	38.70	L AAAA F	Samantha Hawala	17	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals
7	38.26	S AAAA F	*1 Kiira Geheb	18	BARAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
8	39.59	S AAAA F	Chantelle Kariuki	18	SEAH ZZ	03/05/2019	Super Swim League - Round 2
9	41.90	L AAAA F	Samira Oberson	18	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
10	41.98	L AAAA F	Justine Nelson	17	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
11	41.43	S AAAA F	Riva Karia	17	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
12	41.57	S AAAA F	Juhaina Islam Ali	17	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
13	42.94	L AAAA F	Alisha Varia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
14	42.85	S AAAA F	*1 Marie Vanderneulen	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
15	43.45	S F	Djulla Gadzo	20	ASA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
16	44.31	S F	Savla Dhanushi	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
17	45.37	S F	Dhanushi Savla	17	OANBI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
18	46.69	S F	Ann Wambui	23	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
19	47.09	S F	Malaika Kariuki	18	SEAH ZZ	03/05/2019	Super Swim League - Round 2
20	47.49	S F	Michele Otieno	17	OTTER ZZ	03/05/2019	Super Swim League - Round 2
21	47.60	S F	Nyanchama Ataya	17	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
22	48.07	S F	Sauda Namwaya	22	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
23	48.14	S F	Hiral Shah	17	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
24	48.30	S F	Stephanie Ondieki	23	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
25	48.93	S F	Rachel Schoch	18	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
26	49.62	S F	Shekila Athman	18	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
27	49.82	S F	Barbara Kangwana	22	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
28	51.02	L F	Sharon Omenda	17	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
29	51.49	L F	Mary Wanjiku	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
30	52.13	S F	Salma Bashir	17	OTTER ZZ	03/05/2019	Super Swim League - Round 2

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr					
31	56.94	L	F	Ambreen Magre	53	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
32	58.85	L	F	Angela Wainaina	49	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
33	1:04.96	L	F	Salome Cheyech	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
34	1:06.82	L	F	Wanjira Njaga	25	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
35	1:11.34	L	F	Winne Mukami Chege	19	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
36	1:17.03	L	F	Vivian Nyambura	19	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
37	1:34.64	L	P	Joyce AmbasaS7	36	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
38	1:36.96	L	P	Ann WacukaS7SB6SM7	36	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
<b>Women 17 &amp; Over 100 Breast</b>									
1	1:09.47	S	AAAA	F	Rebecca Kamau	20	KENYA ZZ	11/12/2018	FINA WORLD SC CHAMPS
2	1:15.09	L	AAAA	P	Maria Brunlehner	19	KENYA ZZ	21/07/2019	18th FINA World Championships
3	1:18.64	S	AAAA	P	Hadassah Mumbi Gichovi	18	LCVR ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
4	1:20.73	S	AAAA	F	Imara Bella Thorpe	18	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
5	1:26.26	L	AAAA	F	Samantha Hawala	17	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
6	1:27.35	L	AAAA	F	*I Anthea Mudanye	19	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
7	1:29.47	S	AAAA	F	Chantelle Kariuki	18	SEAH ZZ	15/03/2019	Super Swim League - Round 1
8	1:29.82	S	AAAA	F	Juhaina Islam Ali	17	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
9	1:30.58	S	AAAA	F	Justine Nelson	17	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
10	1:32.84	L	AAAA	F	Samira Oberson	18	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
11	1:31.94	S	AAAA	F	*I Marie Vanderneulen	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
12	1:35.27	L	AAAA	P	Alisha Varia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
13	1:40.22	L	F	Muhaji Okuku	17	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi	
14	1:39.00	S	F	Djulla Gadzo	20	ASA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
15	1:39.32	S	F	Savla Dhanushi	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
16	1:42.14	L	F	Vivien Abara Ouko	17	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
17	1:42.54	S	F	Rachel Schoch	18	BRAE ZZ	15/03/2019	Super Swim League - Round 1	
18	1:42.96	S	F	Hiral Shah	17	BNDRI ZZ	08/02/2019	grand prix 1	
19	1:43.49	S	F	Malaika Kariuki	18	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
20	1:44.14	S	F	Nyanchama Ataya	17	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
21	1:46.68	S	F	Sauda Namwaya	22	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
22	1:49.09	L	F	Michele Otieno	17	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
23	1:47.11	S	F	Esther Mugeni Ndwigu	22	AFSC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
24	1:52.76	S	F	Barbara Kangwana	22	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
25	2:06.47	L	F	Mary Wanjiku	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
26	2:50.87	L	F	Winne Mukami Chege	19	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
27	2:50.98	L	F	Christine Engufu	21	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
28	3:28.64	L	P	Joyce AmbasaS7	36	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
29	x3:31.98	L	P	Ann WacukaS7SB6SM7	36	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
<b>Women 17 &amp; Over 50 Fly</b>									
1	28.69	L	AAAA	P	Emily Muteti	21	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
2	28.82	L	AAAA	F	Imara Bella Thorpe	18	KENYA ZZ	21/08/2019	12th African Games
3	29.88	L	AAAA	F	Rebecca Kamau	20	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	31.54	L	AAAA	F	Nasiminyu Khatundi	20	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
5	32.14	L	AAAA	F	Riva Karia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
6	32.31	L	AAAA	F	Hadassah Mumbi Gichovi	18	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
7	31.90	S	AAAA	F	Catherine Mason	23	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
8	32.90	L	AAAA	P	*I Niamh Baker	17	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
9	33.07	L	AAAA	F	*I Anthea Mudanye	19	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
10	33.21	L	AAAA	P	*I Rowena De Guzman	17	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
11	34.04	L	AAAA	F	Samantha Hawala	17	LCVR ZZ	17/05/2019	Nairobi County Swimming Champi
12	34.19	L	AAAA	F	Juhaina Islam Ali	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
13	34.38	L	AAAA	F	Chantelle Kariuki	18	SEAH ZZ	15/02/2019	2019 KSF Long Course Nationals
14	34.58	L	AAAA	F	Justine Nelson	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
15	35.07	L	AAAA	F	Nicole Makau	17	NAC ZZ	17/05/2019	Nairobi County Swimming Champi

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time		P/F/S	Name	Age/Yr				
16	35.15	L	AAAA	F	Virginia Okumu	18	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
17	37.25	S		F	*1 Marie Vanderneulen	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
18	38.87	L		F	Samira Oberson	18	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
19	39.28	S		P	*1 Hannat Nakimuli	17	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
20	39.54	S		F	Dhanushi Savla	17	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
21	39.96	S		F	Savla Dhanushi	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
22	40.31	S		F	Salma Bashir	17	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
23	40.46	S		F	Shekila Athman	18	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
24	41.65	L		F	Mumbi Kairo	17	KAREN ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
25	42.06	L		F	Vivien Abara Ouko	17	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
26	41.40	S		F	Stephanie Ondieki	23	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
27	41.44	S		F	Michele Otieno	17	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
28	43.05	L		F	Muhaji Okuku	17	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
29	43.32	S		F	Kreena Gada	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
30	44.95	S		F	Rachel Schoch	18	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
31	45.11	S		F	Barbara Kangwana	22	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
32	46.28	S S		F	Malaika Kariuki	18	SEAH ZZ	21/06/2019	Super Swim League Round 3
33	52.12	S		F	*1 Vani Ramanuj	18	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
34	55.26	L		F	Winnie Kanogo	17	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
35	1:09.74	L		F	Sheila Tino	25	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
36	1:24.41	L		F	Faith Kiragu	18	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
<b>Women 17 &amp; Over 100 Fly</b>									
1	1:02.88	L	AAAA	P	Emily Muteti	21	KENYA ZZ	21/07/2019	18th FINA World Championships
2	1:04.24	L	AAAA	F	Imara Bella Thorpe	18	KENYA ZZ	21/08/2019	12th African Games
3	1:07.27	L	AAAA	P	Rebecca Kamau	20	WILD IL	11/07/2019	2019 LC IL Senior Swimming Cha
4	1:13.29	L	AAAA	F	Riva Karia	17	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019
5	1:15.10	L	AAAA	F	*1 Anthea Mudanye	19	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
6	1:17.59	L	AAAA	F	*1 Rowena De Guzman	17	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
7	1:16.36	S	AAAA	F	Nasiminyu Khatundi	20	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
8	1:18.26	S	AAAA	F	Juhaina Islam Ali	17	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
9	1:18.72	S	AAAA	F	Catherine Mason	23	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
10	1:18.82	S	AAAA	F	Chantelle Kariuki	18	SEAH ZZ	03/05/2019	Super Swim League - Round 2
11	1:20.19	S	AAAA	F	Samantha Hawala	17	BBLES ZZ	03/05/2019	Super Swim League - Round 2
12	1:27.65	S		F	Nicole Makau	17	NAC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
13	1:32.32	S		F	Dhanushi Savla	17	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
14	1:32.81	S		F	Savla Dhanushi	17	OANBI ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
15	1:35.39	S		F	Salma Bashir	17	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
16	1:40.45	S		F	Michele Otieno	17	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
17	1:41.35	S		F	Stephanie Ondieki	23	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
18	1:43.69	S		F	Barbara Kangwana	22	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
19	1:49.07	S		F	Dhruvee Malde	17	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
<b>Women 15 &amp; Over 200 Free</b>									
1	2:07.35	S	AAAA	F	Imara Bella Thorpe	18	MILW ZZ	19/10/2018	Millfield & Street SC Super Se
2	2:15.73	L	AAAA	P	Lucia Ruchti	16	KENYA ZZ	11/09/2019	Africa Junior Championships
3	2:17.93	L	AAAA	F	Victoria Okumu	15	GEMS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	2:15.84	S	AAAA	F	*1 Kiira Geheb	18	BARAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
5	2:20.56	S	AAAA	F	Jasmin Kimani	16	OTTER ZZ	03/05/2019	Super Swim League - Round 2
6	2:21.55	S	AAAA	P	Juhaina Islam Ali	17	MAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
7	2:21.66	S	AAAA	F	Tiana Vora	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
8	2:22.03	S	AAAA	F	Virginia Okumu	18	BHS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
9	2:22.90	S	AAAA	F	Mya Omondi	15	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
10	2:24.58	S	AAAA	F	*1 Rowena De Guzman	17	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
11	2:26.12	S	AAAA	F	Nasiminyu Khatundi	20	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
12	2:29.38	L	AAAA	F	*1 Niamh Baker	17	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
13	2:29.72	L AAAA P	Nurayn Bagha	15	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
14	2:29.98	S AAAA P *1	Ahura Ambala	15	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
15	2:32.98	S AAAA F	Axela Echese	15	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
16	2:34.05	S AAAA P	Chantelle Kariuki	18	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
17	2:35.70	S AAAA F	Angela Baraka	15	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
18	2:36.36	S AAAA F	Kenda Maye	15	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
19	2:39.18	S F	Makena Tirima	16	GEMS ZZ	03/05/2019	Super Swim League - Round 2
20	2:42.60	L P	Mukayagi Khwidzomina	16	UNATT ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
21	2:40.66	S F	Samantha Hawala	17	BBLES ZZ	03/05/2019	Super Swim League - Round 2
22	2:41.21	S F	Hilda Maichibu	15	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
23	2:41.94	S F	Aliya Cherogony	15	GEMS ZZ	03/05/2019	Super Swim League - Round 2
24	2:42.20	S F	Megan Wanja Irungu	15	SBS ZZ	08/06/2019	Lifetime Age Group & Open Cham
25	2:42.44	S F	Tendaii Nyagah	15	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	2:42.91	S F	Khwidzomina Mukayagi	16	UNATT ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
27	2:43.10	S F	Saloni Patel	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
28	2:46.61	L F	Nicole Makau	17	NAC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
29	2:44.06	S F	Eleanor Donohue	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
30	2:44.88	S P	Kreeshi Shavdia	15	OAMSA ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
31	2:45.18	S F	Josette Umi Njeri	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
32	2:45.49	S F	Djulla Gadzo	20	ASA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
33	2:48.88	L F	Rachel Schoch	18	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
34	2:50.41	L F	Vivien Abara Ouko	17	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
35	2:47.22	S F	Lutfia Nasser	19	OTTER ZZ	03/05/2019	Super Swim League - Round 2
36	2:48.70	S F	Wanjiru Kiburi	16	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
37	2:49.58	S P	Savannah Grantham	15	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
38	2:50.87	S F	Talai Geheb	15	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
39	2:51.84	S F	Aisha Nasser	16	OTTER ZZ	03/05/2019	Super Swim League - Round 2
40	2:53.87	S F	Michele Otieno	17	OTTER ZZ	03/05/2019	Super Swim League - Round 2
41	2:53.93	S F	Salma Bashir	17	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
42	3:02.23	L F	Michelle Mwashia	15	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
43	3:05.01	S F	Nyanchama Ataya	17	LCVR ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
44	3:05.19	S F	Kayla Nyambu	15	OTTER ZZ	03/05/2019	Super Swim League - Round 2
45	3:07.29	S F	Shekila Athman	18	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
46	3:11.76	S F	Victoria Ashley	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
47	3:18.34	S F	Umme-Hani Mamujee	16	SEAH ZZ	03/05/2019	Super Swim League - Round 2
48	3:49.63	L F	Barbara Kangwana	22	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
<b>Women 15 &amp; Over 400 Free</b>							
1	4:35.91	S AAAA F	Imara Bella Thorpe	18	MILW ZZ	19/10/2018	Millfield & Street SC Super Se
2	4:54.24	L AAAA P	Victoria Okumu	15	KENYA ZZ	11/09/2019	Africa Junior Championships
3	4:58.79	S AAAA F	Juhaina Islam Ali	17	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
4	x5:08.18	L AAAA F	Virginia Okumu	18	BHS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	5:03.77	S AAAA F	Mya Omondi	15	GEMS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
6	5:09.68	S AAAA F	Lucia Ruchti	16	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
7	5:20.55	L AAAA F	Nurayn Bagha	15	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
8	5:21.69	S F	Jasmin Kimani	16	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
9	5:22.77	S F	Megan Wanja Irungu	15	LCVR ZZ	25/01/2019	Nairobi County Level 2 Swimmin
10	5:38.21	L F	Riva Karia	17	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
11	5:32.19	S F	Hilda Maichibu	15	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
12	5:34.69	S F *1	Niamh Baker	17	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
13	5:34.88	S F *1	Rowena De Guzman	17	BRAE ZZ	25/01/2019	Nairobi County Level 2 Swimmin
14	5:42.27	L F *1	Ahura Ambala	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
15	5:37.84	S F	Angela Baraka	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
16	5:45.39	L F	Angela Baraka	15	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
17	5:46.04	S F	Kreeshi Shavdia	15	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
18	5:55.40	L	F	Rachel Schoch	18	KENYA ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIONSHIP	
19	5:51.44	S	F	Josette Umi Njeri	16	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
20	5:53.48	S	F	Tendai Nyagah	15	RUSIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship	
21	5:59.96	S	F	Khwidzomina Mukayagi	16	UNATT ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
22	6:06.43	S	F	Wanjiru Kiburi	16	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
23	6:16.37	L	F	Samantha Hawala	17	LCVR ZZ	17/05/2019 Nairobi County Swimming Championship	
24	6:29.07	S	F	Salwa A Hamza	16	CSCN ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
25	6:33.00	S S	F	Makena Tirima	16	GEMS ZZ	21/06/2019 Super Swim League Round 3	
26	6:44.15	S	F	Michelle Mwashia	15	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
27	6:51.23	S	F	Shekila Athman	18	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
<b>Women 15 &amp; Over 800 Free</b>								
1	10:08.10	S	AAAA	F	Virginia Okumu	18	BHS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP
2	10:23.74	S	AAAA	F	Victoria Okumu	15	GEMS ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
3	10:26.38	S	AAAA	F	Juhaina Islam Ali	17	MAQ ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
4	10:30.27	S	AAAA	F	Jasmin Kimani	16	OTTER ZZ	03/05/2019 Super Swim League - Round 2
5	10:33.48	S	AAAA	F	Mya Omondi	15	GEMS ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
6	10:44.70	S	AAAA	F	Lucia Ruchti	16	GS ZZ	25/01/2019 Nairobi County Level 2 Swimming Championship
7	11:01.76	L	AAAA	F	Nurayn Bagha	15	BRAE ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
8	11:05.66	L	F	*I Mercedes Mwebeihia	15	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIONSHIP	
9	11:18.04	S	F	*I Niamh Baker	17	BRAEA ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
10	11:41.27	S	F	Angela Baraka	15	BBLES ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP	
11	11:45.39	S	F	*I Marie Vanderneulen	18	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
12	12:07.26	L	F	Rachel Schoch	18	KENYA ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIONSHIP	
13	12:00.38	S	F	Josette Umi Njeri	16	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
14	12:08.73	S	F	Kenda Maye	15	BBLES ZZ	03/05/2019 Super Swim League - Round 2	
15	12:10.38	S	F	Makena Tirima	16	GEMS ZZ	03/05/2019 Super Swim League - Round 2	
16	12:41.62	L	F	Tendai Nyagah	15	RUSIN ZZ	15/02/2019 2019 KSF Long Course Nationals	
17	12:39.38	S	F	Djulla Gadzo	20	ASA ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
18	12:43.80	S	F	Lutfia Nasser	19	UNATT ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship	
19	13:29.68	S	F	Salwa A Hamza	16	CSCN ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
20	14:56.07	S	F	Salma Bashir	17	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
<b>Women 15 &amp; Over 200 Back</b>								
1	2:34.25	S	AAAA	F	*I Niamh Baker	17	BRAEA ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP
2	2:34.47	S	AAAA	F	Victoria Okumu	15	GEMS ZZ	03/05/2019 Super Swim League - Round 2
3	2:37.10	S	AAAA	F	Tiana Vora	16	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
4	2:41.87	S	AAAA	F	*I Rowena De Guzman	17	BRAE ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP
5	2:42.02	S	AAAA	F	Riva Karia	17	BNDRI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
6	2:44.30	S	AAAA	P	Virginia Okumu	18	BHS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP
7	2:45.03	S	AAAA	P	Kenda Maye	15	BBLES ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHIP
8	2:45.50	S	AAAA	F	Jasmin Kimani	16	OTTER ZZ	03/05/2019 Super Swim League - Round 2
9	2:45.69	S	AAAA	F	Mya Omondi	15	GEMS ZZ	03/05/2019 Super Swim League - Round 2
10	2:49.90	L	AAAA	P	Hadassah Mumbi Gichovi	18	LCVR ZZ	15/02/2019 2019 KSF Long Course Nationals
11	2:49.99	L	AAAA	F	*I Mercedes Mwebeihia	15	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIONSHIP
12	2:50.74	L	AAAA	F	Lucia Ruchti	16	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
13	2:54.66	L	AAAA	F	Nasiminyu Khatundi	20	KESS ZZ	15/02/2019 2019 KSF Long Course Nationals
14	2:52.40	S	AAAA	F	Kreeshi Shavdia	15	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHIP
15	2:53.25	S	AAAA	F	Nicole Makau	17	NAC ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
16	2:58.61	S	AAAA	F	Nurayn Bagha	15	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Championship
17	2:58.72	S	AAAA	F	Angela Baraka	15	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship
18	2:58.90	S	AAAA	F	Saloni Patel	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHIP
19	3:03.57	S	F	Eleanor Donohue	16	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	
20	3:04.81	S	F	Lutfia Nasser	19	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
21	3:08.57	L	F	Aliya Cherogony	15	GEMS ZZ	15/02/2019 2019 KSF Long Course Nationals	
22	3:06.90	S	F	Yashna Khatry	16	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Championship	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
23	3:07.41	S	F	Tendai Nyagah	15	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
24	3:10.70	S	P	Nyanchama Ataya	17	LCVR ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
25	3:34.08	L	F	Mitchell Atieno	16	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
26	3:35.94	S	F	Nduta Gicheru	16	NOVA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
<b>Women 15 &amp; Over 200 Breast</b>							
1	2:29.49	S	AAAA	F	Rebecca Kamau	20	KENYA ZZ 11/12/2018 FINA WORLD SC CHAMPS
2	2:54.34	S	AAAA	F	Hadassah Mumbi Gichovi	18	LCVR ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
3	2:58.35	L	AAAA	P	Jasmin Kimani	16	OTTER ZZ 11/09/2019 Africa Junior Championships
4	3:14.11	L	AAAA	F	Samantha Hawala	17	LCVR ZZ 15/02/2019 2019 KSF Long Course Nationals
5	3:11.12	S	AAAA	P	Aisha Nasser	16	OTTER ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONS
6	3:14.85	S	AAAA	F	Kimberly Nyawira	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
7	3:16.28	S	AAAA	F	Angela Baraka	15	BBLES ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
8	3:16.78	S	SAAAA	F	Victoria Okumu	15	GEMS ZZ 21/06/2019 Super Swim League Round 3
9	3:18.77	S	AAAA	F	Juhaina Islam Ali	17	MAQ ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
10	3:24.19	L	AAAA	F	Samira Oberson	18	BNDRI ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
11	3:24.33	L	AAAA	F	*1 Ahura Ambala	15	UGAND ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
12	3:22.98	S	F	Saloni Patel	16	AKAM ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
13	3:31.66	L	F	Camilla Achieng	15	TORP ZZ 15/02/2019 2019 KSF Long Course Nationals	
14	3:28.14	S	F	Hilda Maichibu	15	AKAM ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
15	3:33.78	L	P	Alisha Varia	17	BNDRI ZZ 11/04/2019 2019 KSF Nationals Swimming Trials	
16	3:36.86	L	P	Alicia Muli	16	TORP ZZ 15/02/2019 2019 KSF Long Course Nationals	
17	3:33.01	S	F	Djulla Gadzo	20	ASA ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
18	3:37.49	S	F	Christine Tamironi	17	NOVA ZZ 08/06/2019 Lifetime Age Group & Open Cham	
19	3:37.55	S	F	Victoria Ashley	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
20	3:42.04	L	F	Vivien Abara Ouko	17	SEAH ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
21	3:41.54	S	F	Tendai Nyagah	15	RUSIN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
22	3:42.62	S	F	Michelle Njambi	15	BBLES ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
23	3:58.35	L	F	Nyanchama Ataya	17	BBLES ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
24	3:59.74	S	F	Ann Wambui	23	KU ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
25	4:06.17	L	F	Malaika Kariuki	18	SEAH ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
26	4:38.82	S	F	Therese Maruti	15	LSC ZZ 08/06/2019 Lifetime Age Group & Open Cham	
27	4:46.81	S	F	Abigael Muthoni	15	NOVA ZZ 08/06/2019 Lifetime Age Group & Open Cham	
<b>Women 15 &amp; Over 200 Fly</b>							
1	2:35.91	S	AAAA	F	Riva Karia	17	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	2:39.38	L	AAAA	P	Victoria Okumu	15	GEMS ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
3	2:49.82	L	AAAA	P	*1 Daya Mpeera Yalonda	15	SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals
4	2:49.92	L	AAAA	P	*1 Alexis Kituuka	15	SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals
5	2:48.27	S	AAAA	F	*1 Rowena De Guzman	17	BRAE ZZ 15/03/2019 Super Swim League - Round 1
6	2:53.49	S	F	Nurayn Bagha	15	BRAE ZZ 15/03/2019 Super Swim League - Round 1	
7	2:58.99	L	P	*1 Anthea Mudanye	19	SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals	
8	2:56.43	S	F	Hadassah Mumbi Gichovi	18	OTTER ZZ 15/03/2019 Super Swim League - Round 1	
9	3:00.74	S	F	Virginia Okumu	18	BHS ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
10	3:13.74	S	F	Chantelle Kariuki	18	SEAH ZZ 15/03/2019 Super Swim League - Round 1	
11	3:20.38	S	F	*1 Ahura Ambala	15	SEAH ZZ 15/03/2019 Super Swim League - Round 1	
12	3:40.45	S	F	Salwa A Hamza	16	CSCN ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019	
13	3:46.66	S	F	Kayla Nyambu	15	OTTER ZZ 15/03/2019 Super Swim League - Round 1	
14	4:20.67	S	F	Barbara Kangwana	22	KU ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
<b>Women 15 &amp; Over 200 IM</b>							
1	2:22.18	L	AAAA	F	Rebecca Kamau	20	KENYA ZZ 21/08/2019 12th African Games
2	2:24.02	L	AAAA	F	Maria Brunlehner	19	KENYA ZZ 21/08/2019 12th African Games
3	2:35.97	L	AAAA	P	Imara Bella Thorpe	18	BARAQ ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
4	2:36.90	L	AAAA	F	Emily Muteti	21	MAQ ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
5	2:40.70	L	AAAA	P	Victoria Okumu	15	KENYA ZZ 11/09/2019 Africa Junior Championships



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
6	2:41.68	L AAAA P	Jasmin Kimani	16	OTTER ZZ	11/09/2019	Africa Junior Championships
7	2:45.12	L AAAA P	Lucia Ruchti	16	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
8	2:46.55	L AAAA F	Hadassah Mumbi Gichovi	18	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	2:44.04	S AAAA F	Riva Karia	17	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
10	2:48.25	L AAAA P	Sylvia Brunlehner	25	UNATT ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
11	2:45.32	S AAAA F	Juhaina Islam Ali	17	BNDRI ZZ	08/02/2019	grand prix 1
12	2:50.07	L AAAA P *1	Niamh Baker	17	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
13	2:47.99	S AAAA F *1	Rowena De Guzman	17	BRAE ZZ	15/03/2019	Super Swim League - Round 1
14	2:51.33	L AAAA F *1	Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
15	2:51.52	L AAAA P	Virginia Okumu	18	BHS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
16	2:51.99	L AAAA F *1	Alexis Kituuka	15	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
17	2:51.53	S AAAA F	Chantelle Kariuki	18	SEAH ZZ	15/03/2019	Super Swim League - Round 1
18	2:55.70	L AAAA F	Nurayn Bagha	15	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
19	2:56.18	L AAAA F	Mya Omondi	15	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
20	2:56.88	L AAAA F	Angela Baraka	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
21	2:58.95	L AAAA P	Nasiminyu Khatundi	20	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
22	2:59.91	L AAAA F	Aisha Nasser	16	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
23	2:58.40	S AAAA F	Irie Gonah	17	SEAH ZZ	15/03/2019	Super Swim League - Round 1
24	3:01.65	L AAAA P	Samantha Hawala	17	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
25	3:02.46	L AAAA F	Tiana Vora	16	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
26	2:59.75	S AAAA F	Justine Nelson	17	BNDRI ZZ	08/02/2019	grand prix 1
27	3:03.69	L AAAA F	Samira Oberson	18	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
28	3:04.00	L AAAA F	Megan Wanja Irungu	15	LCVR ZZ	15/02/2019	2019 KSF Long Course Nationals
29	3:06.40	L AAAA P	Kimberly Nyawira	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
30	3:03.30	S AAAA F *1	Ahura Ambala	15	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
31	3:06.87	L P	Alisha Varia	17	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
32	3:05.65	S F	Saloni Patel	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
33	3:06.25	S F	Kenda Maye	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
34	3:07.22	S F *1	Lea Tanaskovic	15	BRAE ZZ	15/03/2019	Super Swim League - Round 1
35	3:09.05	S F	Hilda Maichibu	15	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
36	3:09.19	S F	Aliya Cherogony	15	GEMS ZZ	15/03/2019	Super Swim League - Round 1
37	3:10.32	S F	Mukayagi Khwidzomina	16	UNATT ZZ	15/03/2019	Super Swim League - Round 1
38	3:10.40	S F	Axela Echesa	15	OTTER ZZ	15/03/2019	Super Swim League - Round 1
39	3:10.51	S F	Savannah Grantham	15	BRAE ZZ	15/03/2019	Super Swim League - Round 1
40	3:15.80	L F	Makena Tirima	16	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
41	3:17.98	L F	Camilla Achieng	15	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
42	3:15.19	S F	Rachel Schoch	18	BRAE ZZ	15/03/2019	Super Swim League - Round 1
43	3:18.68	L F	Joeleen Kuria	15	LCM ZZ	17/05/2019	Nairobi County Swimming Champi
44	3:16.04	S F	Josette Umi Njeri	16	BNDRI ZZ	08/02/2019	grand prix 1
45	3:16.60	S F	Eleanor Donohue	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
46	3:17.33	S F	Tisha Laiwalla	16	SEAH ZZ	15/03/2019	Super Swim League - Round 1
47	3:19.76	S F	Michele Otieno	17	OTTER ZZ	15/03/2019	Super Swim League - Round 1
48	3:23.78	L P	Alicia Muli	16	TORP ZZ	15/02/2019	2019 KSF Long Course Nationals
49	3:28.40	L P	Michelle Mwashu	15	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
50	3:25.65	S F	Stephanie Ondieki	23	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
51	3:25.84	S F	Malaika Kariuki	18	SEAH ZZ	15/03/2019	Super Swim League - Round 1
52	3:26.43	S F	Shekila Athman	18	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
53	3:26.81	S F	Etta Pierce	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	3:34.72	L F	Mitchell Atieno	16	TORP ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
55	3:37.28	L F	Nduta Gacheru	16	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
56	3:41.78	S F	Umme-Hani Mamujee	16	SEAH ZZ	15/03/2019	Super Swim League - Round 1
<b>Women 15 &amp; Over 400 IM</b>							
1	5:42.64	S AAAA F	Riva Karia	17	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
2	5:45.95	S AAAA F	Tiana Vora	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
3	5:49.55	S	AAAA	P	Juhaina Islam Ali	17	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
4	5:58.10	S	AAAA	F	Nurayn Bagha	15	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
5	5:59.96	S	AAAA	F	*I Rowena De Guzman	17	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
6	6:18.57	L	AAAA	F	*I Daya Mpeera Yalonda	15	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
7	6:23.36	S		F	Hilda Maichibu	15	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
8	6:31.03	S		F	Kreeshi Shavdia	15	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
9	6:37.88	S		F	*I Ahura Ambala	15	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
10	6:40.58	S		F	Megan Wanja Irungu	15	LCVR ZZ	25/01/2019 Nairobi County Level 2 Swimmin
11	6:45.20	S		F	Tendai Nyagah	15	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
12	7:01.62	S		F	Rachel Schoch	18	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
13	7:16.90	L		F	Camilla Achieng	15	TORP ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
<b>Men 11-12 50 Free</b>								
1	29.04	S	AAAA	F	Joshua Masakha	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	29.07	S	AAAA	F	Sabbah Leunoto	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
3	30.49	L	AAAA	F	*I Abduljabar Adama	11	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
4	30.66	L	AAAA	F	Adam Abdulmalik	12	BNDRI ZZ	15/02/2019 2019 KSF Long Course Nationals
5	30.15	S	AAAA	F	Michael Kalombo	12	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
6	31.07	L	AAAA	F	Daniel Kamau	12	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
7	30.43	S	AAAA	F	Jesse Kioko	12	RUSIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
8	30.55	S	AAAA	F	Samuel Kibogo	12	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
9	31.66	L	AAAA	F	*I Chukwudi Kanu	12	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
10	31.88	L	AAAA	P	*I Keon Walusimbi	12	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
11	32.11	L	AAAA	F	Johari Masinde	12	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
12	32.19	L	AAAA	F	*I Lyndon Darker	12	BANDA ZZ	15/02/2019 2019 KSF Long Course Nationals
13	32.42	L	AAAA	F	*I Pendo Kaumi	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
14	32.83	L	AAAA	P	Jaison Jalang'o	12	KESS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
15	32.51	S		F	Mohammed Sheikh	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
16	33.38	L		F	*I Inhyensiko Peterson	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
17	32.93	S		F	Curtis Kamotho	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
18	33.78	L		F	Ameir Muravvej	11	BNDRI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
19	33.79	L		F	Nathan Matimu	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
20	33.85	L		F	Julian Smith	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
21	33.07	S		F	Warren Lwanya	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	33.31	S		F	Rieko Kidha	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
23	33.37	S		P	*I Zaabu Kyabayinze	12	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
24	34.21	L		P	Al-Mustapha Hassan	12	KENTC ZZ	15/02/2019 2019 KSF Long Course Nationals
25	33.45	S		F	Ngesa Hawala	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
26	33.63	S		F	Belal Tarek Al-Saadawi	12	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
27	33.75	S		F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
28	33.78	S		F	Gift Beriny	12	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
29	34.64	L		F	Belal Alsaadawi	12	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
30	34.69	L		P	*I Jordan Ssamula	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
31	34.81	L		F	Joel Nyaika	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
32	35.14	L		F	Darsh Shah	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
33	34.40	S		F	Karl Senanu	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
34	34.42	S		F	Fred Imani	12	MPSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
35	35.27	L		F	Xidi Munene Nyagah	12	HSSCA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
36	35.31	L		P	*I Ethani Ssengooba	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
37	35.50	L		P	Dominique Domingo	12	BARAQ ZZ	15/02/2019 2019 KSF Long Course Nationals
38	35.68	L		P	*I Ttyaba Kigundu	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
39	35.72	L		P	*I Nahamya Malcom	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
40	34.95	S		F	Nadeel Latif	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
41	35.03	S		F	Allan Kibui	12	KIDS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
42	35.84	L		F	Manuel Sitoyo	12	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
43	35.17	S	P	Tariq Salim Kitendo	12	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
44	35.34	S	F	*1 Sathyam Gohil	12	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
45	35.39	S	F	Nick Waziri	12	RUSIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
46	35.45	S	F	*1 Sahal Harunani	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
47	36.25	L	P	Kisakye Kafeero	12	SAA ZZ	15/02/2019 2019 KSF Long Course Nationals
48	36.26	L	F	Alex Mugo	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
49	35.51	S	F	Lenny Werangai	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
50	35.52	S	F	Mohammedali N. Khandwalla	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
51	36.34	L	F	Alexander Seton	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
52	35.78	S	F	Mwaniki Muigai	12	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
53	35.80	S	P	*1 Joshua Kaganda	12	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
54	36.80	L	F	Kyle Ongera	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
55	36.89	L	F	Henry Ayumba	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
56	36.14	S	F	Hamud Abeid	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
57	36.22	S	F	Mali Masinde	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
58	37.17	L	P	*1 Daniel Nuwagaba	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
59	37.25	L	F	Hamek Singh	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
60	36.48	S	F	Arafat Ali	12	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
61	36.57	S	F	Hawi Ondondo	11	BBLES ZZ	15/03/2019 Super Swim League - Round 1
62	36.79	S	F	Victor Maina	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
63	36.99	S	F	Darsh Parmar	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
64	37.89	L	F	Dante Echessah	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
65	37.10	S	F	Ayaan Abdulsattar	12	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
66	37.99	L	F	Hawi Wekesa	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
67	38.06	L	F	Mukunda Mbuguah	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
68	37.29	S	P	Kafeeno Kisakye	12	SAA ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
69	37.31	S	F	Muhammad Moosajee	11	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
70	37.34	S	F	Hamid Ahmed	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
71	37.45	S	F	Mulandi Alvin	12	SHAQS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
72	37.56	S	P	Riyadh Abubakar	12	OAMSA ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
73	37.58	S	F	Wema Kamata	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
74	37.61	S	F	Baldachi Louise	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
75	37.71	S	F	Hashim Sheikh	11	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
76	37.72	S	F	Ignatius Ayieko	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
77	37.98	S	F	Reign Abwavo	11	CHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
78	38.00	S	F	Tendai Mungai	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
79	38.08	S	F	Janequin Guy	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
80	38.26	S	P	*1 Delbert Panya	12	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
81	38.42	S	F	Ethan Lopokoiyit	11	BHS ZZ	19/01/2019 Nairobi County Junior Champion
82	39.25	L	F	Jonathan Weru	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
83	38.45	S	F	Claude Ochieng'	11	CHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
84	38.58	S	F	Levern Mungai	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
85	39.53	L	P	Austin Karanja	11	HSSCA ZZ	15/02/2019 2019 KSF Long Course Nationals
86	38.88	S	F	Twahir Abdalla	11	OTTER ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
87*	38.91	S	F	Benjamin Ouko	12	SEAH ZZ	15/03/2019 Super Swim League - Round 1
87*	38.91	S	F	Mohammed Abdalla	11	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
89	38.93	S	F	Ahmed Abdulaziz	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
90	39.75	L	F	Abderaman Galal	12	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
91	38.97	S	P	Jeremy Angore	12	NYALI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
92	39.98	L	F	Sean Alleen	11	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
93	40.05	L	F	Malika Mwendwa Indeche	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
94	39.26	S	F	Ethan Kwe Nganga	12	BBLES ZZ	15/03/2019 Super Swim League - Round 1
95	40.08	L	F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
96	39.34	S	F	Alvin Mulandi	12	SHAQS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
97	40.25	L	P	Andrew Okoth	12	BNDRI ZZ	03/04/2019 SA Level 2 Regional Age Group
98	39.77	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
99	40.60	L	F	Joseph Dena	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
100	39.81	S	F	Godana Yahya	12	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham
101*	40.09	S	F	Aryan Shah	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
101*	40.09	S	F	Emmanuel Mbuvi	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
103	40.91	L	F	Ben Kwame Ayugi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
104*	40.13	S	F	Caleb Ouma	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
104*	40.13	S	F	Jonathan Muriithi	11	KIDS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
106	40.26	S	F	Michael Arowo	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
107	41.09	L	F	Harry Robinson	12	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
108	41.18	L	F	Ayden Mwangi	11	STRSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
109	40.45	S	F	Gabriel Theuri	12	NAC ZZ	09/03/2019 Nairobi County Junior Championships
110	40.58	S	F	Ethan Salins	12	KESS ZZ	09/03/2019 Nairobi County Junior Championships
111	40.70	S	F	Hezron Ochieng'	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
112	41.83	L	F	Owen Hogg	12	LUS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
113	41.04	S	F	Said Noor Nadhir	12	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
114	41.85	L	F	Amani Stauffer	12	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
115	41.24	S	F	Munir Ibrahim	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
116	41.28	S	F	Aryan Laiwalla	11	SEAH ZZ	15/03/2019 Super Swim League - Round 1
117	42.19	L	F	Michael Mutua	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
118	41.39	S	F	Seth Rusagara	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
119	42.26	L	F	Abdalla Twahir	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
120*	41.69	S	F	Shaquille Khan	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
120*	41.69	S	F	Njenga Kigera	11	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
122	41.83	S	F	Mark Kiambuthi	11	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham
123	41.96	S	F	Joseph Dena	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships
124	43.22	L	F	Immanuel Mwangi	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
125	42.42	S	F	Ruhan Bhandari	12	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
126	42.49	S	F	Jayden Ndungu	11	NAC ZZ	09/03/2019 Nairobi County Junior Championships
127	43.39	L	F	David Kenneth	11	NAC ZZ	17/05/2019 Nairobi County Swimming Champi
128	42.67	S	F	Sam Mwangi	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
129	42.91	S	F	Eddie Odhiambo	12	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
130	42.94	S	F	Christopher Mwangi	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
131	42.96	S	F	Hemed Hemed	11	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
132	43.08	S	F	Ayden Wanjie	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
133	43.67	S	F	Atika Mula	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
134	43.74	S	F	Jawad Murad	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
135	43.76	S	F	Jayden Mohammed	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
136	44.03	S	F	Adnan Abdulali	11	BNDRI ZZ	08/02/2019 grand prix 1
137	44.87	L	F	Nathan Njau	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
138	44.14	S	F	Calvin Lunani	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
139	44.95	L	F	Ryan Tinashe	12	KAREN ZZ	17/05/2019 Nairobi County Swimming Champi
140	44.16	S	F	*1 Agonza Ambala	11	SEAH ZZ	15/03/2019 Super Swim League - Round 1
141	45.01	L	F	Luca Keya	12	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
142	44.21	S	F	Jae Mbugua	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
143	44.35	S	F	Christopher Mathenge	11	OTTER ZZ	19/01/2019 Nairobi County Junior Champion
144	44.47	S	F	Richard Robinson-Orozco	12	BHS ZZ	09/03/2019 Nairobi County Junior Championships
145	44.58	S	F	Mohammad Abdulrahim	12	BNDRI ZZ	08/02/2019 grand prix 1
146	44.84	S	F	*1 Adrian Mukua	12	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
147	44.89	S	F	Daniel Makau	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
148	45.03	S	F	Jolie Asugo	11	BRASD ZZ	09/03/2019 Nairobi County Junior Championships
149	45.14	S	F	Singeni Njoroge	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
150	45.26	S	F	Cyril Cornel	11	STM ZZ	09/03/2019 Nairobi County Junior Championships

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
151	45.36 S	F	Roy Irungu	11	BRASD ZZ	09/03/2019	Nairobi County Junior Championships	
152	46.17 L	F	Rodney Mutai	11	KAREN ZZ	17/05/2019	Nairobi County Swimming Champi	
153	45.92 S	F	Jason Malenya	12	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
154	46.87 L	F	Ryan Muchomba	12	CHS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
155	46.15 S	F	Harsh Choudhery	12	BRAEG ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
156	46.23 S	F	Allan Mwangi	11	CHS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
157	47.34 L	F	Austin Bolo	11	LASAL ZZ	17/05/2019	Nairobi County Swimming Champi	
158	47.59 L	F	Njoroge Githere	11	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
159	47.07 S	F	Sander Poulsen	11	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
160	47.09 S	F	Elias Geyer	11	BHS ZZ	19/01/2019	Nairobi County Junior Champion	
161	47.36 S	F	Fabian Njoroge	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
162	48.25 L	F	Aryan Sevak	11	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
163	47.54 S	F	Misha Mwangi	12	SAA ZZ	19/01/2019	Nairobi County Junior Champion	
164	48.27 S	F	Sean Alvin	11	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
165	48.86 S	F	*1 Abhinav Borthakur	11	BMIS ZZ	03/11/2018	CASA OPEN Junior Swimming Cham	
166	49.25 S	F	Mark Chege	12	PA ZZ	09/03/2019	Nairobi County Junior Championships	
167	49.77 S	F	Daniel Onyango	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
168	49.80 S	F	William Martin	12	BRAE ZZ	09/03/2019	Nairobi County Junior Championships	
169	49.98 S	F	*1 Vito Benkovic-Golubic	11	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
170	50.38 S	F	Emmanuel Chebon	12	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
171	51.30 L	F	Otto Mureithi	11	LASAL ZZ	17/05/2019	Nairobi County Swimming Champi	
172	51.98 L	F	Eduardo Frias Valle	11	BRAEG ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
173	51.55 S	F	Onukho Nyagu	11	STM ZZ	09/03/2019	Nairobi County Junior Championships	
174	51.69 S	F	Austine Kimani	12	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
175	51.76 S	F	Jeremy Mahinda	12	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
176	51.83 S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham	
177	52.73 S	F	Kwame Kambo	11	BBLES ZZ	15/03/2019	Super Swim League - Round 1	
178	52.90 S	F	Ethan Kinuthia	11	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
179	53.96 L	F	Jabali Mbugua	11	KAREN ZZ	17/05/2019	Nairobi County Swimming Champi	
180	53.20 S	F	Wayne Wanyama	11	STM ZZ	19/01/2019	Nairobi County Junior Champion	
181	53.30 S	F	Denzel Ekitela	12	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
182	53.41 S	F	Richard Lai	12	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
183	55.13 L	F	Samuel Ngugi	11	BRAEG ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
184	54.80 S	F	Nathan Carolan	11	KESS ZZ	09/03/2019	Nairobi County Junior Championships	
185	54.87 S	F	Ty Muriu	11	PA ZZ	09/03/2019	Nairobi County Junior Championships	
186	55.11 S	F	Njonjo Jayden	12	ROSE ZZ	09/03/2019	Nairobi County Junior Championships	
187	57.14 L	F	Elisha Bagenda	11	BRAEG ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
188	56.60 S	F	John Kabiru	12	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
189	57.57 S	F	Benjamin Rwanjeu	11	BRAE ZZ	09/03/2019	Nairobi County Junior Championships	
190	58.13 S	F	Adrien Matengo	11	KESS ZZ	09/03/2019	Nairobi County Junior Championships	
191	59.99 L	F	Roderick Proctor	11	BRAEG ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
192	1:01.67 S	F	Dean Kodiaga	11	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham	
193	1:02.78 S	F	Kenan Marekia	12	BHSRC ZZ	08/06/2019	Lifetime Age Group & Open Cham	
194	1:06.32 S	F	Ryan Kibet	11	AGKIS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
195	1:06.85 S	F	Leroy Mwenda	12	BHSRC ZZ	08/06/2019	Lifetime Age Group & Open Cham	
196	1:07.04 S	F	Lempiris Leteipa	11	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
197	1:10.60 L	F	Nate-Simpfiwe Mwangi	12	BHS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
198	1:12.40 S	F	Kelly Muindi	12	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
199	1:20.28 L	F	Mahmud Hassan	11	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi	
200	1:33.26 S	F	Nathan Hunja	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships	
<b>Men 11-12 100 Free</b>								
1	1:06.53 S	AAAA	F	Jesse Kioko	12	RUSIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
2	1:07.04 S	AAAA	F	Joshua Masakha	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
3	1:07.42 S	AAAA	F	Sabbah Leunoto	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
4	1:08.29	S	AAAA	F	Michael Kalombo	12	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
5	1:10.19	L	AAAA	F	*1 Abduljabar Adama	11	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
6	1:08.68	S	AAAA	F	Adam Abdulmalik	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
7	1:11.03	L	SAAAA	F	Samuel Kibogo	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
8	1:09.95	S	AAAA	F	*1 Pendo Kaumi	12	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
9	1:12.32	L	AAAA	F	*1 Chukwudi Kanu	12	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
10	1:12.37	L	AAAA	P	Daniel Kamau	12	STKRS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
11	1:11.00	S	AAAA	F	Johari Masinde	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
12	1:13.12	L	AAAA	P	*1 Keon Walusimbi	12	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
13	1:15.32	L	AAAA	F	Al-Mustapha Hassan	12	KENTC ZZ	15/02/2019 2019 KSF Long Course Nationals
14	1:14.46	S	AAAA	F	Rieko Kidha	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
15	1:14.59	S	AAAA	F	Mohammed Sheikh	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
16	1:14.66	S	AAAA	F	Nathan Matimu	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
17	1:17.07	L	AAAA	P	Belal Alsaadawi	12	BHS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
18	1:17.08	L	AAAA	F	*1 Tiyaba Kigundu	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
19	1:15.97	S	AAAA	F	Warren Lwanya	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
20	1:17.73	L	AAAA	F	Ameir Muravvej	11	BNDRI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
21	1:17.74	L	AAAA	P	*1 Jordan Ssamula	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
22	1:17.99	L	AAAA	P	*1 Lyndon Darker	12	BANDA ZZ	15/02/2019 2019 KSF Long Course Nationals
23	1:18.09	L	AAAA	P	*1 Inhyensiko Peterson	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
24	1:18.73	L	AAAA	P	Jaison Jalang'o	12	KESS ZZ	15/02/2019 2019 KSF Long Course Nationals
25	1:18.86	L	AAAA	F	Curtis Kamotho	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
26	1:17.57	S		P	Tariq Salim Kitendo	12	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
27	1:17.62	S		F	Xidi Munene Nyagah	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
28	1:19.44	L	S	F	Julian Smith	12	SEAH ZZ	06/07/2019 The Manchester Non National Me
29	1:19.77	L	S	F	Darsh Shah	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
30	1:20.08	L		P	*1 Ethani Ssenogooba	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
31	1:20.31	L		P	Fred Imani	12	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
32	1:18.84	S		F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
33	1:20.52	L		F	Joel Nyaika	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
34	1:20.63	L		P	Ngesa Hawala	12	BBLES ZZ	15/02/2019 2019 KSF Long Course Nationals
35	1:19.12	S		F	Hamud Abeid	11	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
36	1:19.29	S		P	Allan Kibui	12	KIDS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
37	1:19.71	S		F	Karl Senanu	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
38	1:19.88	S	S	F	Kyle Ongera	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
39	1:19.89	S		F	Belal Tarek Al-Saadawi	12	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
40	1:20.15	S		F	*1 Sahal Harunani	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
41	1:20.28	S	S	F	Dante Echessah	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
42	1:22.07	L		P	Shaka Gikunda	12	OTTER ZZ	15/02/2019 2019 KSF Long Course Nationals
43	1:20.55	S		F	*1 Delbert Panya	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
44	1:21.81	S		F	Wema Kamata	11	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
45	1:22.09	S		F	Mohammedali N. Khandwalla	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
46	1:22.19	S		F	Hashim Sheikh	11	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
47	1:24.96	L		P	*1 Daniel Nuwagaba	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
48	1:25.12	L		F	Abdilahi Omar Yassin	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
49	1:23.62	S		F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
50	1:25.53	L		F	Mwaniki Muigai	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
51	1:24.06	S		F	Hemed Awadh	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
52	1:24.12	S		F	Darsh Parmar	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
53	1:24.20	S		F	*1 Delbert Panya	12	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
54	1:25.94	L		F	Manuel Sitoyo	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
55	1:24.99	S		F	Jonathan Weru	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
56	1:25.10	S		F	Abdulqhafur Timamy	12	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
57	1:25.77	S		F	Reign Abwavo	11	CHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
58*	1:26.48	S	F	Hawi Wekesa	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
58*	1:26.48	S	F	Lenny Werangai	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
60	1:28.19	L	F	Nick Waziri	12	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
61	1:26.85	S	F	Baldachi Louise	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
62	1:26.98	S	F	Ahmed Abdulaziz	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
63	1:28.62	L	F	Kisakye Kafeero	12	SAA ZZ	17/05/2019 Nairobi County Swimming Champi
64	1:27.22	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
65	1:27.41	S	F	Saffi Ochanda	12	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
66	1:27.61	S	F	Muhammad Moosajee	11	OAMSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
67	1:29.32	L	F	Alex Mugo	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
68	1:29.73	L	F	Yash Karia	11	OTTER ZZ	17/05/2019 Nairobi County Swimming Champi
69	1:29.97	L	F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
70	1:28.58	S	F	Eddie Odhiambo	12	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
71	1:28.80	S	F	Riyadh Abubakar	12	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
72	1:30.51	L	F	Benjamin Ouko	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
73	1:28.99	S	F	Gift Beriny	12	MPSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
74	1:29.40	S	F	Victor Maina	11	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
75	1:29.65	S	F	Hemed Hemed	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
76	1:31.42	L	F	Mali Masinde	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
77	1:30.12	S	F	Ayaan Abdulsattar	12	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
78	1:30.56	S	F	Henry Ayumba	11	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
79	1:30.71	S	F	Abderaman Galal	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
80	1:32.36	L	F	Ethan Kwe Nganga	12	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
81	1:30.84	S	F	Hamid Ahmed	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
82	1:30.97	S	F	Jawad Murad	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
83	1:31.04	S	F	Twahir Abdalla	11	OTTER ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
84	1:32.71	L	F	Claude Ochieng;	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
85	1:33.19	L	F	Amgbu de Boer	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
86	1:31.77	S	F	Ayden Mwengi	11	STKRS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
87	1:32.20	S	F	Ignatius Ayieko	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
88	1:33.84	L	F	Alexander Seton	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
89	1:34.40	L	F	Jonathan Muriithi	11	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
90	1:32.93	S	F	Janequin Guy	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
91	1:34.83	L	F	Tendai Mungai	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
92	1:33.40	S	F	Arafat Ali	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
93	1:35.29	L	F	Abdalla Twahir	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
94	1:35.31	L	F	Austin Karanja	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
95	1:34.31	S	F	Said Noor Nadhir	12	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
96	1:34.60	S	F	Njenga Kigera	11	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
97	1:34.66	S S	F	Prinay Shah	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
98	1:35.34	S S	F	Micheal Waweru	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
99	1:37.37	L	F	Joseph Dena	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
100	1:37.43	L	F	Jolie Asugo	11	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
101	1:35.88	S S	F	Glenn Laboso	12	KESS ZZ	21/06/2019 Super Swim League Round 3
102	1:36.49	S	F	Claude Ochieng'	11	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
103	1:37.07	S S	F	Immanuel Mwangi	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
104	1:37.10	S	F	Emmanuel Mbuvi	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
105	1:39.08	L	F	Malika Mwendwa Indech	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
106	1:39.59	L	F	Sean Alleen	11	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
107	1:38.03	S S	F	Aryan Shah	11	SEAH ZZ	21/06/2019 Super Swim League Round 3
108	1:39.10	S	F	Jayden Mohammed	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
109	1:39.25	S S	F	Christopher Mwangi	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
110	1:39.53	S	F	Levern Mungai	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
111	1:39.71	S	F	Seth Rusagara	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
112	1:40.75	S	F	Calvin Lunani	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
113	1:40.87	S S	F	Michael Mutua	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
114	1:42.96	L	F	Ruhan Bhandari	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
115	1:41.41	S S	F	Sam Mwangi	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
116	1:42.31	S	F	Jae Mbugua	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
117	1:42.82	S	F	Mohammad Abdulrahim	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
118	1:45.26	L	F	Atona Matta	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
119	1:46.03	L	F	Frank Nyingi	11	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
120	1:44.69	S	F	Ayden Wanjie	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
121	1:46.69	L	F	Jolie Asugo	11	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
122	1:48.20	L	F	Ben Kwame Ayugi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
123	1:49.01	L	F	Ryan Muchomba	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
124	1:49.07	L	F	Nathan Njau	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
125	1:49.49	S	F	Njoroge Githere	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
126	1:49.90	S	F	Austine Kimani	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
127	1:50.66	S	F	Sean Alvin	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
128	1:52.42	L	F	Allan Mwangi	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
129	1:55.74	S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
130	1:55.86	S	F	Ethan Kinuthia	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
131	1:56.88	S	F	Fabian Njoroge	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
132	1:57.76	S	F	Sander Poulsen	11	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
133	2:07.25	S	F	Allan Mwangi	11	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
134	2:18.15	L	F	Denzel Ekitela	12	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
135	2:17.00	S	F	John Kabiru	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
136	2:20.70	L	F	Trevor Adudans	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
137	2:32.74	S	F	Matthew Murigi	12	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
<b>Men 11-12 50 Back</b>							
1	35.80	L	AAAA	F	*1	Abduljabar Adama	11 IKOYI ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
2	36.23	S	AAAA	F		Samuel Kibogo	12 SEAH ZZ 15/03/2019 Super Swim League - Round 1
3	36.92	S	AAAA	F		Joshua Masakha	12 MAQ ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
4	37.38	S	AAAA	F		Johari Masinde	12 KENTC ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
5	37.41	S	AAAA	F		Warren Lwanya	12 BBLES ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
6	38.51	L	AAAA	P		Daniel Kamau	12 STKRS ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
7	39.07	L	AAAA	F	*1	Lyndon Darker	12 BANDA ZZ 15/02/2019 2019 KSF Long Course Nationals
8	39.45	L	AAAA	F		Michael Kalombo	12 LSC ZZ 17/05/2019 Nairobi County Swimming Champi
9	38.92	S	AAAA	F	*1	Sathyam Gohil	12 MAQ ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
10	39.17	S	AAAA	F		Jesse Kioko	12 RUSIN ZZ 09/03/2019 Nairobi County Junior Championships
11	40.09	L	AAAA	F		Fred Imani	12 MPSC ZZ 15/02/2019 2019 KSF Long Course Nationals
12	40.26	L	AAAA	F	*1	Pendo Kaumi	12 DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
13	40.32	L	AAAA	F		Al-Mustapha Hassan	12 KENTC ZZ 15/02/2019 2019 KSF Long Course Nationals
14	39.83	S	AAAA	F		Belal Tarek Al-Saadawi	12 BHS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
15	40.45	L	AAAA	P		Ngesa Hawala	12 BBLES ZZ 15/02/2019 2019 KSF Long Course Nationals
16	39.88	S	AAAA	P	*1	Zaabu Kyabayinze	12 DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
17	40.53	L	AAAA	P		Belal Alsaadawi	12 BHS ZZ 15/02/2019 2019 KSF Long Course Nationals
18	40.58	L	AAAA	F	*1	Chukwudi Kanu	12 IKOYI ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
19	40.23	S	AAAA	P	*1	Joshua Kaganda	12 DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
20*	40.46	S	AAAA	P	*1	Nahamya Malcom	11 DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
20*	40.46	S	AAAA	F		Mohammedali N. Khandwalla	12 BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
22	40.55	S	AAAA	P		Tariq Salim Kitendo	12 BNDRI ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
23	41.18	L	AAAA	F		Xidi Munene Nyagah	12 HSSCA ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
24	40.77	S	AAAA	F		Rieko Kidha	12 KENTC ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
25	40.80	S	AAAA	F		Adam Abdulmalik	12 BNDRI ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
26	41.59	L	F	Curtis Kamotho	11	OTTER ZZ	17/05/2019 Nairobi County Swimming Champi
27	41.78	L	P	*1		Keon Walusimbi	12 SFA ZZ 11/04/2019 2019 KSF Nationals Swimming Trials



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
28	42.10	L	P *1 Ethani Ssengooba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
29	41.59	S	F Mohammed Sheikh	12	OAMSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
30	41.64	S	F Ameir Muravvej	11	BNDRI ZZ	08/02/2019	grand prix 1
31	42.37	L S	F Karl Senanu	11	SEAH ZZ	06/07/2019	The Manchester Non National Me
32	41.87	S	F Curtis Kamotho	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
33	42.00	S	F *1 Sahal Harunani	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
34	42.30	S	F Riyadh Abubakar	12	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
35	42.98	L	F Joel Nyaika	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
36	43.15	L S	F Julian Smith	12	SEAH ZZ	06/07/2019	The Manchester Non National Me
37	43.24	L	F Gabriel Wambua	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
38	42.76	S	F Hamud Abeid	11	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
39	42.81	S	P Sabbah Leunoto	12	MAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
40	43.64	L	P *1 Daniel Nuwagaba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
41	43.30	S	F Hashim Sheikh	11	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
42	44.06	L	F Manuel Sitoyo	12	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
43	43.59	S	F Saffi Ochanda	12	BSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
44	43.99	S	F Dominique Domingo	12	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
45	44.08	S	F Darsh Parmar	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
46	44.88	L	F Nathan Matimu	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
47	44.40	S	F Jaison Jalang'o	12	KESS ZZ	15/03/2019	Super Swim League - Round 1
48	44.54	S	F Hamid Ahmed	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
49	44.68	S	F Tendai Mungai	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
50	45.44	L	F Kyle Ongera	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
51	45.12	S	F *1 Delbert Panya	12	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
52	45.40	S	F Ethan Kwe Nganga	12	BBLES ZZ	15/03/2019	Super Swim League - Round 1
53	45.47	S	F *1 Delbert Panya	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
54	46.13	L	F Kisakye Kafeero	12	SAA ZZ	17/05/2019	Nairobi County Swimming Champi
55	46.36	L	F Dante Echessah	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
56	45.80	S	P Allan Kibui	12	KIDS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
57	46.60	L S	F Mukunda Mbuguah	11	SEAH ZZ	06/07/2019	The Manchester Non National Me
58	46.70	L	F Alexander Seton	11	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi
59	46.87	L	F Alex Mugo	12	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
60	46.92	L	F Abderaman Galal	12	BRAEG ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
61	46.34	S	F Gift Beriny	12	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
62	47.17	L	F Benjamin Ouko	12	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
63	46.61	S	F Henry Ayumba	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
64	46.73	S	F Matthew Michuki	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
65	46.95	S	F Munir Ibrahim	11	AGKIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
66	47.03	S	F Hawi Wekesa	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
67	47.09	S	F Ignatius Ayieko	11	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
68	47.21	S	F Ethan Lopokoityit	11	BHS ZZ	19/01/2019	Nairobi County Junior Champion
69	48.09	L	P *1 Inhyensiko Peterson	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
70	47.53	S	F Harnek Singh	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
71	47.65	S	F Victor Maina	11	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
72	47.95	S	F Jonathan Weru	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
73	48.03	S	F Janequin Guy	12	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
74	48.71	L	F Mwaniki Muigai	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
75	48.79	L	F Jeremy Kombe	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
76	48.20	S	F Ayaan Abdulsattar	12	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
77	48.28	S	F Mali Masinde	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
78	48.31	S	F Baldachi Louise	12	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
79	48.41	S	F Ahmed Abdulaziz	11	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
80*	49.03	L	F Austin Karanja	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
80*	49.03	L	F Lenny Werangai	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
82	48.45	S	F	Harry Robinson	12	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
83	48.60	S	F	Seth Rusagara	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
84	48.64	S	F	Frank Nyingi	11	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
85	49.38	L	F	Ruhan Bhandari	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
86	49.59	L	F	Abdalla Twahir	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
87	49.02	S	F	Darsh Shah	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
88	50.04	L	F	Wema Kamata	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
89	50.18	L	F	Nick Waziri	12	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
90	50.21	L	F	Mulandi Alvin	12	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
91	49.83	S	F	Muhammad Moosajee	11	BNDRI ZZ	08/02/2019 grand prix 1
92	50.44	L	F	Amgbu de Boer	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
93	50.69	L	F	Claude Ochieng;	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
94	50.21	S	F	Mohammed Abdalla	11	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
95	50.26	S	F	Caleb Ouma	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
96	50.29	S	F	Michael Arowo	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
97	50.79	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
98	51.25	S	F	Claude Ochieng'	11	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
99	51.32	S	F	Hawi Ondondo	11	BBLES ZZ	15/03/2019 Super Swim League - Round 1
100	51.71	S	F	Andrew Okoth	12	BNDRI ZZ	08/02/2019 grand prix 1
101	52.37	L	F	Njoroge Githere	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
102	52.41	L	F	Reign Abwavo	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
103	51.95	S	F	Ethan Salins	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
104	53.03	L	F	Joseph Dena	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
105	52.47	S	F	Joseph Dena	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
106	52.57	S	F	Aryan Shah	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
107	52.73	S	F	Jayden Ndungu	11	NAC ZZ	09/03/2019 Nairobi County Junior Championships
108	53.44	L	F	Sam Mwangi	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
109	52.92	S	F	Yash Karia	11	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
110	53.09	S	F	Hemed Hemed	11	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
111	53.69	L	F	Malika Mwendwa Indech	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
112	53.10	S	F	Michael Mutua	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
113	53.81	L	F	Ayden Mwengi	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
114	53.84	L	F	Ryan Muchomba	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
115	54.05	L	F	Gabriel Theuri	12	NAC ZZ	17/05/2019 Nairobi County Swimming Champi
116	53.53	S	F	Sander Poulsen	11	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
117	53.58	S	F	Ayden Wanjie	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
118	53.77	S	F	Levern Mungai	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
119	55.44	S	F	Jonathan Muriithi	11	KIDS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
120	55.52	S	F	Jayden Mohammed	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
121	55.58	S	F	Jae Mbugua	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
122	55.62	S	F	Arafat Ali	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
123	55.95	S	F	Calvin Lunani	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
124	56.00	S	F	Mohammad Abdulrahim	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
125	56.94	L	F	Aryan Sevak	11	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
126	56.36	S	F	Adnan Abdulali	11	BNDRI ZZ	08/02/2019 grand prix 1
127	56.69	S	F	Njenga Kigera	11	GEMS ZZ	15/03/2019 Super Swim League - Round 1
128	57.55	L	F	Shaquille Khan	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
129	57.76	L	F	Christopher Mwangi	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
130	57.39	S	F	John Ochieng'	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
131	57.41	S	F	Christopher Mathenge	11	OTTER ZZ	19/01/2019 Nairobi County Junior Champion
132	58.27	L	F	Immanuel Mwangi	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
133	57.93	S	F	Singeni Njoroge	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
134	58.81	L	F	Allan Mwangi	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
135	59.66	L	F	Eduardo Frias Valle	11	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
136	59.55	S	F	Fabian Njoroge	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
137	59.62	S	F	Daniel Makau	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
138	1:00.35	L	F	Nigel Lukas	11	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi	
139	59.85	S	F	Richard Lai	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
140	1:00.54	L	F	Nathan Njau	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
141	1:01.13	L	F	David Kenneth	11	NAC ZZ	17/05/2019 Nairobi County Swimming Champi	
142	1:00.95	S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
143	1:02.07	S	F	Cyril Cornel	11	STM ZZ	09/03/2019 Nairobi County Junior Championships	
144	1:02.33	S	F	Onukho Nyagu	11	STM ZZ	09/03/2019 Nairobi County Junior Championships	
145	1:02.37	S	F	Jawad Murad	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
146	1:02.78	S	F	*1 Agonza Ambala	11	SEAH ZZ	15/03/2019 Super Swim League - Round 1	
147	1:03.22	S	F	William Martin	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships	
148	1:03.50	S	F	Wayne Wanyama	11	STM ZZ	09/03/2019 Nairobi County Junior Championships	
149	1:03.58	S	F	Daniel Onyango	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
150	1:05.04	S	F	Morris Ngugi	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
151	1:05.30	S	F	Ethan Kinuthia	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
152	1:07.42	S	F	Elias Geyer	11	BHS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
153	1:07.95	S	F	Kwame Kambo	11	BBLES ZZ	15/03/2019 Super Swim League - Round 1	
154	1:08.44	S	F	Sean Alvin	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
155	1:09.81	L	F	Nate-Simphiwe Mwangi	12	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
156	1:09.42	S	F	Ty Muriu	11	PA ZZ	09/03/2019 Nairobi County Junior Championships	
157	1:10.97	S	F	Jabali Mbugua	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
158	1:14.57	S	F	Jonathan Ng'ang'a	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships	
159	1:15.28	L	F	Trevor Adudans	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi	
160	1:17.64	S	F	*1 Abhinav Borthakur	11	BMIS ZZ	03/11/2018 CASA OPEN Junior Swimming Cham	
161	1:18.53	S	F	Matthew Murigi	12	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham	
162	1:19.38	S	F	Benjamin Rwanjeu	11	BRAE ZZ	09/03/2019 Nairobi County Junior Championships	
163	1:21.24	S	F	Lempiris Leteipa	11	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
164	1:22.97	S	F	Mikhail Nurani	11	PA ZZ	09/03/2019 Nairobi County Junior Championships	
165	1:29.22	S	F	Henry Kamau	12	STKRS ZZ	19/01/2019 Nairobi County Junior Champion	
166	1:30.13	S	F	Adrien Matengo	11	KESS ZZ	09/03/2019 Nairobi County Junior Championships	
<b>Men 11-12 100 Back</b>								
1	1:19.18	S	AAAA	F	Samuel Kibogo	12	SEAH ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
2	1:23.14	L	AAAA	F	*1 Abduljabar Adama	11	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
3	1:22.78	S	AAAA	F	Warren Lwanya	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
4	1:23.79	S	AAAA	F	Daniel Kamau	12	STKRS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
5	1:23.80	S	AAAA	F	Jesse Kioko	12	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
6	1:23.94	S	AAAA	F	*1 Sathyam Gohil	12	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
7	1:24.81	S	AAAA	F	*1 Zaabu Kyabayinze	12	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
8	1:26.28	S	AAAA	F	Johari Masinde	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
9	1:26.41	S	AAAA	F	Joshua Masakha	12	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
10	1:27.09	S	AAAA	F	Belal Tarek Al-Saadawi	12	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
11	1:28.60	L	AAAA	F	Fred Imani	12	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
12	1:28.77	L	AAAA	F	*1 Pendo Kaumi	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
13	1:28.02	S	AAAA	F	Al-Mustapha Hassan	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
14	1:28.10	S	AAAA	F	Michael Kalombo	12	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
15	1:29.46	L	AAAA	P	*1 Keon Walusimbi	12	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
16	1:28.79	S		F	Belal Alsaadawi	12	BHS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
17	1:29.31	S S		F	Curtis Kamotho	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
18	1:30.54	L		F	Xidi Munene Nyagah	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
19	1:31.09	L		F	Ngesa Hawala	12	BBLES ZZ	15/02/2019 2019 KSF Long Course Nationals
20	1:30.29	S		F	Mohammedali N. Khandwalla	12	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
21	1:30.83	S		F	Rieko Kidha	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	1:31.59	S S		F	Joel Nyaika	11	OTTER ZZ	21/06/2019 Super Swim League Round 3

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
23	1:33.22	S	F	Julian Smith	12	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
24	1:33.86	S	F	*1 Sahal Harunani	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
25	1:35.18	L	F	Karl Senanu	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
26	1:34.25	S	F	Mohammed Sheikh	12	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
27	1:34.82	S S	F	Mwaniki Muigai	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
28	1:34.95	S	F	Ameir Muravvej	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
29	1:36.72	L	P	Riyadh Abubakar	12	BNDRI ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
30	1:37.33	L	F	Kyle Ongera	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
31	1:36.21	S	F	Gabriel Wambua	12	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
32	1:37.89	L	F	Ethan Kwe Nganga	12	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi
33	1:36.73	S S	F	Dante Echessah	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
34	1:38.38	L	F	Manuel Sitoyo	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
35	1:37.31	S	F	Hashim Sheikh	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
36	1:37.49	S	F	Darsh Parmar	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
37	1:39.03	S	F	Abdulqhafur Timamy	12	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
38	1:39.64	S	F	Hawi Wekesa	12	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
39	1:40.08	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
40	1:40.53	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
41	1:41.75	L	F	Jaison Jalang'o	12	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
42	1:40.88	S	F	Darsh Shah	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
43	1:43.04	L	F	Henry Ayumba	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
44*	1:42.78	S S	F	Twahir Abdalla	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
44*	1:42.78	S	F	Jonathan Weru	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
46	1:42.88	S	F	Mali Masinde	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
47	1:44.31	S	F	Nathan Matimu	11	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
48	1:46.51	L	F	Alex Mugo	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
49	1:45.74	S	F	Ahmed Abdulaziz	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
50	1:46.66	S	F	Ignatius Ayieko	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
51	1:46.99	S	F	Alexander Seton	11	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
52	1:47.65	S	F	Delfin Segura	11	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
53	1:49.28	L	F	Austin Karanja	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
54	1:50.67	S	F	Muhammad Moosajee	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
55	1:52.47	L	F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
56	1:52.54	L	F	Kisakye Kafeero	12	SAA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
57	1:51.66	S	F	Hemed Hemed	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
58	1:53.15	S	F	Yash Karia	11	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
59	1:53.18	S	F	Ayaan Abdulsattar	12	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
60	1:54.38	L	F	Ayden Mwangi	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
61	1:56.27	L L	F	Lenny Werangai	11	MAKIN ZZ	15/02/2019 2019 KSF Long Course Nationals
62	1:55.50	S S	F	Aryan Shah	11	SEAH ZZ	21/06/2019 Super Swim League Round 3
63	1:57.57	L	F	Seth Rusagara	11	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
64	1:59.81	S S	F	Sam Mwangi	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
65	2:04.22	S	F	Jonathan Muriithi	11	KIDS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
66	2:05.54	L	F	Christopher Mwangi	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
67	2:14.82	L	F	Jayden Mohammed	11	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
68	2:17.15	S	F	Njoroge Githere	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
69	2:19.63	S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
70	2:21.17	L	F	Shohi Gichohi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi

### Men 11-12 50 Breast

1	39.26	S	AAAA	F	Mohammed Sheikh	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
2	39.86	S	AAAA	F	Sabbah Leunoto	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
3	41.55	L	AAAA	F	Ameir Muravvej	11	BNDRI ZZ	15/02/2019 2019 KSF Long Course Nationals
4	41.69	L	AAAA	F	*1 Ttyaba Kigundu	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
5	41.86	L	AAAA	F	*1 Chukwudi Kanu	12	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr					
6	41.30	S	AAAA	F	Adam Abdulmalik	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
7	42.60	L	AAAA	P	*1 Lyndon Darker	12	BANDA ZZ	15/02/2019	2019 KSF Long Course Nationals
8	42.89	L	AAAA	F	*1 Jordan Ssamula	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
9	42.17	S		F	Michael Kalombo	12	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
10	42.56	S		F	Jesse Kioko	12	RUSIN ZZ	09/03/2019	Nairobi County Junior Championships
11	42.85	S		F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
12	44.18	L		F	*1 Abduljabar Adama	11	IKOYI ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
13	43.34	S		F	Warren Lwanya	12	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
14	44.36	L		F	Joel Nyaika	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
15	44.44	L		P	*1 Daniel Nuwagaba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
16	43.86	S		F	*1 Delbert Panya	12	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
17	44.92	L		F	Andrew Okoth	12	BNDRI ZZ	03/04/2019	SA Level 2 Regional Age Group
18	43.97	S		F	Shaka Gikunda	12	OTTER ZZ	03/05/2019	Super Swim League - Round 2
19	45.07	L		P	*1 Nahamya Malcom	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
20	45.37	L		P	*1 Ethani Ssengooba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
21	44.68	S		F	Samuel Kibogo	12	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
22	44.77	S		F	Belal Tarek Al-Saadawi	12	BHS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
23	44.83	S		F	Gift Beriny	12	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
24	44.94	S		F	Ngesa Hawala	12	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
25	45.99	L		P	*1 Inhyensiko Peterson	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
26	45.03	S		F	Hamud Abeid	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
27	46.23	L		P	*1 Keon Walusimbi	12	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
28	46.28	L		P	Belal Alsaadawi	12	BHS ZZ	15/02/2019	2019 KSF Long Course Nationals
29	45.34	S		F	Curtis Kamotho	11	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
30	46.45	L		F	Harnek Singh	12	SEAH ZZ	06/07/2019	The Manchester Non National Me
31	45.73	S		F	Alvin Mulandi	12	SHAQS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
32	47.01	L		F	Julian Smith	12	SEAH ZZ	06/07/2019	The Manchester Non National Me
33	46.29	S		F	*1 Delbert Panya	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
34	46.37	S		F	Mali Masinde	11	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
35	46.51	S		F	Joshua Masakha	12	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH
36	47.57	L		F	Allan Kibui	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
37	46.69	S		F	Alex Mugo	12	HSSCA ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
38	46.81	S		F	Arafat Ali	12	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
39	47.82	L		F	Daniel Kamau	12	STRSC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
40	47.90	L		P	Jaison Jalang'o	12	KESS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
41	46.98	S		F	Lenny Werangai	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
42	48.21	L		F	Aryan Shah	11	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
43	48.44	L		F	Abdilahi Omar Yassin	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
44	47.52	S		F	Dante Echessah	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
45	47.56	S		F	Nathan Matimu	11	MAKIN ZZ	09/03/2019	Nairobi County Junior Championships
46	47.70	S		F	Eddie Odhiambo	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
47	48.71	L		F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
48	47.78	S		P	*1 Joshua Kaganda	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
49	48.83	L		P	Kisakye Kafeero	12	SAA ZZ	15/02/2019	2019 KSF Long Course Nationals
50	48.94	L		F	*1 Agonza Ambala	11	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
51	48.02	S		F	Manuel Sitoyo	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
52	49.19	L		F	Johari Masinde	12	KENTC ZZ	17/05/2019	Nairobi County Swimming Champi
53	48.32	S		F	Kyle Ongera	12	AKAN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
54	48.60	S		P	Mohammedali N. Khandwalla	12	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
55	48.85	S		F	Tendai Mungai	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
56	49.88	L		F	Yash Karia	11	OTTER ZZ	17/05/2019	Nairobi County Swimming Champi
57	48.93	S		F	Mwaniki Muigai	12	OTTER ZZ	09/03/2019	Nairobi County Junior Championships
58	49.00	S		F	*1 Sahal Harunani	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
59	49.06	S		F	Hamid Ahmed	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH

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Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
60	49.27	S	F	Dominique Domingo	12	BARAQ ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
61	49.42	S	F	Hashim Sheikh	11	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
62	50.44	L	F	Karl Senanu	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
63*	49.94	S	P	Rieko Kidha	12	KENTC ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
63*	49.94	S	F	Abdalla Twahir	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
65	49.99	S	F	Hezron Ochieng'	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
66	50.05	S	F	Godana Yahya	12	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham
67	50.28	S	F	Darsh Shah	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
68	50.48	S	F	Alexander Seton	11	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
69	50.53	S	F	Ignatius Ayieko	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
70	51.59	L	F	Wema Kamata	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
71	50.65	S	F	Janequin Guy	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
72	51.77	L	F	Ruhan Bhandari	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
73	50.82	S	F	Said Noor Nadhir	12	MAQ ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
74	51.07	S	F	Baldachi Louise	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
75	51.14	S	F	Twahir Abdalla	11	OTTER ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
76	51.18	S	F	Mohammed Abdalla	11	MAQ ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
77	51.42	S	F	Michael Arowo	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
78	51.47	S	F	Nick Waziri	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
79	51.73	S	F	Muhammad Moosajee	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
80	51.75	S	F	Ayaan Abdulsattar	12	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
81	52.76	L	F	Hawi Wekesa	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
82	52.19	S	F	Prinay Shah	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
83	52.36	S	F	Frank Nyingi	11	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
84	52.53	S	F	Mukenu Wahome	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
85	52.59	S	F	Xidi Munene Nyagah	12	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion
86	53.69	L	F	Jonathan Weru	11	STRSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
87	52.72	S	F	Benjamin Ouko	12	SEAH ZZ	03/05/2019 Super Swim League - Round 2
88	52.75	S	F	Joseph Dena	11	RUSIN ZZ	09/03/2019 Nairobi County Junior Championships
89	53.00	S	F	Ethan Salins	12	KESS ZZ	09/03/2019 Nairobi County Junior Championships
90	53.19	S	F	Fred Imani	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
91	53.20	S	F	Hemed Awadh	11	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
92	53.21	S	F	Emmanuel Mbuvi	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
93	53.34	S	F	Seth Rusagara	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
94	53.45	S	F	Gabriel Theuri	12	NAC ZZ	09/03/2019 Nairobi County Junior Championships
95	53.54	S	F	Austine Kimani	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
96	53.56	S	F	Henry Ayumba	11	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
97	53.60	S	F	Sam Mwangi	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
98	53.61	S	F	Ben Kwame Ayugi	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham
99	53.68	S	F	Harry Robinson	12	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
100	54.03	S	F	Jawad Murad	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
101	54.22	S	F	Elias Geyer	11	BHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
102	54.49	S	F	Wayne Wanyama	11	STM ZZ	09/03/2019 Nairobi County Junior Championships
103	55.73	L	F	Atona Matta	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
104*	55.02	S	F	Abderaman Galal	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
104*	55.02	S	F	Munir Ibrahim	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
106	55.06	S	F	Ethan Kwe Nganga	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2
107	55.09	S	F	Cyril Cornel	11	STM ZZ	09/03/2019 Nairobi County Junior Championships
108	55.10	S	F	Mohammad Abdulrahim	12	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
109	55.39	S	F	Sander Poulsen	11	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
110	56.49	L	F	Mukunda Mbuguah	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
111	55.58	S	F	Saffi Ochanda	12	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
112*	55.63	S	F	Michael Mutua	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
112*	55.63	S	F	Caleb Ouma	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
114	55.74	S	F	Ahmed Abdulaziz	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
115	55.98	S	F	Ethan Lopokoijit	11	BHS ZZ	19/01/2019 Nairobi County Junior Champion
116	55.99	S	F	Hemed Hemed	11	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
117	56.18	S	F	Shaquille Khan	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
118	56.74	S	F	Levern Mungai	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
119	57.31	S	F	*1 Vito Benkovic-Golubic	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
120	57.63	S	F	Atika Mula	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
121	58.73	L	F	Sean Alleen	11	SCSS ZZ	17/05/2019 Nairobi County Swimming Champi
122	58.18	S	F	Ryan Muchomba	12	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
123	59.70	L	F	Jonathan Muriithi	11	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
124	1:00.11	L	F	Njenga Kigera	11	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
125	59.63	S	F	Ray Carson	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
126	59.68	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
127	1:00.08	S	F	Nathan Carolan	11	KESS ZZ	09/03/2019 Nairobi County Junior Championships
128	1:00.09	S	F	Matthew Michuki	11	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships
129	1:00.12	S	F	Ayden Wanje	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
130	1:00.31	S	F	Victor Maina	11	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
131	1:00.41	S	F	Jae Mbugua	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
132	1:01.41	L	F	Reign Abwavo	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
133	1:00.41	S	F	Immanuel Mwangi	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
134	1:00.74	S	F	Fabian Njoroge	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
135	1:02.03	L	F	Njoroge Githere	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
136	1:01.13	S	F	Onukho Nyagu	11	STM ZZ	09/03/2019 Nairobi County Junior Championships
137	1:02.22	L	F	Malika Mwendwa Indech	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
138	1:02.18	S	F	Roy Irungu	11	BRASD ZZ	09/03/2019 Nairobi County Junior Championships
139	1:02.30	S	F	Ethan Kinuthia	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
140	1:02.49	S	F	Austin Karanja	11	HSSCA ZZ	19/01/2019 Nairobi County Junior Champion
141	1:03.69	L	F	Richard Robinson-Orozco	12	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
142	1:04.57	L	F	Ayden Mwangi	11	STRSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
143	1:04.01	S	F	Sean Alvin	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
144	1:04.10	S	F	*1 Adrian Mukua	12	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
145	1:04.32	S	F	Christopher Mwangi	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
146	1:05.55	S	F	Jolie Asugo	11	BRASD ZZ	09/03/2019 Nairobi County Junior Championships
147	1:06.00	S	F	Daniel Onyango	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
148	1:06.61	S	F	Jun Park	11	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
149	1:07.47	S	F	Singeni Njoroge	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
150	1:07.48	S	F	Jeremy Mahinda	12	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
151	1:07.99	S	F	David Kenneth	11	NAC ZZ	09/03/2019 Nairobi County Junior Championships
152	1:08.00	S	F	Gideon Nzeki	11	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
153	1:08.92	S	F	Jason Malenya	12	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
154	1:10.43	L	F	Allan Mwangi	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
155	1:10.96	S	F	*1 Abhinav Borthakur	11	BMIS ZZ	03/11/2018 CASA OPEN Junior Swimming Cham
156	1:11.98	S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
157	1:13.15	S	F	William Martin	12	BRAE ZZ	09/03/2019 Nairobi County Junior Championships
158	1:14.07	S	F	Henry Kamau	12	STKRS ZZ	19/01/2019 Nairobi County Junior Champion
159	1:14.16	S	F	Adrien Matengo	11	KESS ZZ	09/03/2019 Nairobi County Junior Championships
160	1:14.50	S	F	Ryan Kibet	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
161	1:16.11	S	F	Emmanuel Chebon	12	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
162	1:17.88	S	F	Ty Muriu	11	PA ZZ	09/03/2019 Nairobi County Junior Championships
163	1:21.45	L	F	Nathan Njau	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi
164	1:23.45	S	F	Dean Kodiaga	11	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham
165	1:26.74	S	F	Rodney Mutai	11	KAREN ZZ	08/06/2019 Lifetime Age Group & Open Cham
166	1:29.81	L	F	Tyler Kubo	11	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
167	1:34.08	S	F	John Ochieng'	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
<b>Men 11-12 100 Breast</b>								
1	1:28.46 S	AAAA F	Mohammed Sheikh	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
2	1:31.90 L	AAAA F	Ameir Muravvej	11	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals	
3	1:30.34 S	AAAA F	Adam Abdulmalik	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
4	1:32.51 L	AAAA F	Jesse Kioko	12	RUSIN ZZ	15/02/2019	2019 KSF Long Course Nationals	
5	1:32.67 L	AAAA F	*1 Jordan Ssamula	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	1:31.01 S	AAAA F	Sabbah Leunoto	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
7	1:33.62 L	AAAA F	*1 Ttyaba Kigundu	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
8	1:33.12 S	AAAA F	Michael Kalombo	12	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
9	1:35.48 L	AAAA P	*1 Daniel Nuwagaba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
10	1:35.38 S	AAAA F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
11	1:38.57 L	AAAA F	*1 Chukwudi Kanu	12	IKOYI ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
12	1:40.47 L	F	Andrew Okoth	12	BNDRI ZZ	03/04/2019	SA Level 2 Regional Age Group	
13	1:38.71 S	F	*1 Delbert Panya	12	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
14	1:39.13 S	F	Warren Lwanya	12	BBLES ZZ	15/03/2019	Super Swim League - Round 1	
15	1:42.08 L	P	*1 Nahamya Malcom	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
16	1:40.13 S	F	Samuel Kibogo	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
17	1:42.47 L	P	*1 Ethani Ssengooba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
18	1:40.66 S	P	*1 Joshua Kaganda	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
19	1:42.72 L	F	Joel Nyaika	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
20	1:41.79 S	F	Ngesa Hawala	12	BBLES ZZ	15/03/2019	Super Swim League - Round 1	
21	1:43.81 L	F	Curtis Kamotho	11	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
22	1:44.18 L	F	Daniel Kamau	12	STRSC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
23	1:42.39 S	P	*1 Delbert Panya	12	MAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
24	1:44.56 L	F	Harnek Singh	12	SEAH ZZ	06/07/2019	The Manchester Non National Me	
25	1:43.23 S	F	Alvin Mulandi	12	SHAQS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
26	1:45.27 L	P	Belal Alsaadawi	12	BHS ZZ	15/02/2019	2019 KSF Long Course Nationals	
27	1:45.68 L	F	Abdilahi Omar Yassin	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi	
28	1:44.28 S	F	Jeremy Kombe	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
29	1:46.63 L	P	*1 Inhyensiko Peterson	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
30	1:46.68 L	F	Allan Kibui	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi	
31	1:44.81 S	F	Dante Echessah	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1	
32	1:45.24 S	F	Lenny Werangai	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
33	1:45.68 S	F	*1 Sahal Harunani	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
34	1:45.80 S	F	Mwaniki Muigai	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1	
35	1:47.83 L	F	Shaka Gikunda	12	OTTER ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
36	1:45.84 S	F	Jaison Jalang'o	12	KESS ZZ	15/03/2019	Super Swim League - Round 1	
37	1:48.46 L	F	Yash Karia	11	OTTER ZZ	17/05/2019	Nairobi County Swimming Champi	
38	1:46.52 S	F	Hamud Abeid	11	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
39	1:46.65 S	F	*1 Agonza Ambala	11	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
40	1:46.83 S	F	Julian Smith	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
41	1:48.83 L	P	*1 Keon Walusimbi	12	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
42	1:48.89 L	F	Alex Mugo	12	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi	
43	1:49.32 L	F	Alexander Seton	11	BANDA ZZ	17/05/2019	Nairobi County Swimming Champi	
44	1:47.62 S	F	Muhammad Moosajee	11	BNDRI ZZ	08/02/2019	grand prix 1	
45	1:47.95 S	F	Hezron Ochieng'	11	AGKIS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
46	1:50.07 L	F	Kisakye Kafeero	12	SAA ZZ	17/05/2019	Nairobi County Swimming Champi	
47	1:48.47 S	F	Karl Senanu	11	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz	
48*	1:48.62 S	F	Eddie Odhiambo	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
48*	1:48.62 S	F	Nathan Matimu	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
50	1:48.97 S	F	Said Noor Nadhir	12	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
51	1:49.51 S	F	Gift Beriny	12	MPSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
52	1:49.52 S	F	Hashim Sheikh	11	BNDRI ZZ	08/02/2019	grand prix 1	
53	1:51.91 L	F	Kyle Ongera	12	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi	



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
54	1:50.64	S	F	Ignatius Ayieko	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
55	1:53.42	L	F	Rieko Kidha	12	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
56	1:53.51	L	F	Mulandi Alvin	12	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
57	1:51.53	S	F	Sam Mwangi	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1
58	1:51.68	S	F	Jonathan Weru	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
59	1:51.70	S	F	Janequin Guy	12	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham
60	1:51.86	S	F	Ethan Salins	12	KESS ZZ	15/03/2019 Super Swim League - Round 1
61	1:54.31	L	F	Darsh Shah	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
62	1:52.74	S	F	Arafat Ali	12	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
63	1:53.10	S	F	Saffi Ochanda	12	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
64	1:55.38	L	F	Tendai Mungai	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
65	1:53.59	S	F	Manuel Sitoyo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
66	1:54.12	S	F	Mukunda Mbuguah	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz
67	1:56.18	L	F	Wema Kamata	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
68	1:54.26	S	F	Mohammad Abdulrahim	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
69	1:56.64	L	F	Harry Robinson	12	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
70	1:57.14	L	F	Nick Waziri	12	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
71	1:57.73	L	P	Hamid Ahmed	11	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
72	1:55.81	S	F	Twahir Abdalla	11	OTTER ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
73	1:55.83	S	F	Seth Rusagara	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
74	1:55.91	S	F	Al-Mustapha Hassan	12	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
75	1:56.21	S	F	Frank Nyingi	11	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
76	1:58.24	L	F	Aryan Shah	11	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
77*	1:56.34	S	F	Benjamin Ouko	12	SEAH ZZ	15/03/2019 Super Swim League - Round 1
77*	1:56.34	S	F	Emmanuel Mbuvi	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th (
79	1:59.50	L	F	Hawi Wekesa	12	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
80	1:57.85	S	F	Johari Masinde	12	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
81	1:59.93	L	F	Ruhan Bhandari	12	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
82	2:02.25	L	F	Mali Masinde	11	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
83	2:02.67	L	F	Atona Matta	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
84	2:02.80	L	F	Xidi Munene Nyagah	12	HSSCA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
85	2:02.86	L	F	Abdalla Twahir	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
86	2:00.97	S	F	Hawi Ondondo	11	BBLES ZZ	15/03/2019 Super Swim League - Round 1
87	2:03.61	L	F	Matthew Michuki	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
88	2:01.70	S	F	Joseph Dena	11	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
89	2:01.90	S	F	Hemed Hemed	11	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th (
90	2:04.12	L	F	Joseph Dena	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
91	2:02.87	S	F	Jawad Murad	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th (
92	2:03.76	S	F	Elias Geyer	11	BHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
93	2:03.91	S	F	*I Vito Benkovic-Golubic	11	SEAH ZZ	15/03/2019 Super Swim League - Round 1
94	2:04.84	S	F	Atika Mula	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
95	2:07.71	S	F	Jae Mbugua	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
96	2:07.94	S	F	Njenga Kigera	11	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
97	2:10.41	L	F	Ayden Mwengi	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
98	2:11.09	L	F	Ryan Muchomba	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
99	2:11.61	L	F	Ben Kwame Ayugi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
100	2:12.32	L	F	Claude Ochieng;	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
101	2:13.97	L	F	Amgbu de Boer	11	BANDA ZZ	17/05/2019 Nairobi County Swimming Champi
102	2:13.16	S	F	Levern Mungai	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
103	2:15.24	L	F	Ethan Kwe Nganga	12	BBLES ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
104	2:14.90	S	F	Maxim Forrest	11	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
105	2:17.15	L	F	Malika Mwendwa Indech	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
106	2:15.29	S	F	Adnan Abdulali	11	BNDRI ZZ	08/02/2019 grand prix 1
107	2:17.44	S	F	Jayden Mohammed	11	KENTC ZZ	25/01/2019 Nairobi County Level 2 Swimmin

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
108	2:20.05	L	F	Gabriel Theuri	12	NAC ZZ	17/05/2019 Nairobi County Swimming Champi
109	2:21.22	L	F	Aryan Sevak	11	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
110	2:20.15	S	F	Daniel Makau	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
111	2:20.25	S	F	Sean Alvin	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
112	2:22.57	S	F	Ayden Wanjie	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham
113	2:22.78	S	F	Kwame Kambo	11	BBLES ZZ	15/03/2019 Super Swim League - Round 1
114	2:25.96	S	F	Njoroge Githere	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
115	2:32.36	S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
116	2:38.45	L	F	Shohi Gichohi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
117	2:43.53	S	F	Allan Mwangi	11	CHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
118	2:46.26	S	F	Richard Lai	12	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
<b>Men 11-12 50 Fly</b>							
1	32.21	L	AAAA	F	*I Abduljabar Adama	11	IKOYI ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
2	34.25	L	AAAA	F	*I Pendo Kaumi	12	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
3	33.79	S	AAAA	F	Joshua Masakha	12	MAQ ZZ 26/04/2019 CASA GRAND PRIX 3
4	34.51	L	AAAA	F	*I Chukwudi Kanu	12	IKOYI ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
5	34.63	L	AAAA	F	*I Jordan Ssamula	11	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
6	34.65	L	AAAA	F	Samuel Kibogo	12	SEAH ZZ 06/07/2019 The Manchester Non National Me
7	34.09	S	AAAA	F	Johari Masinde	12	KENTC ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
8	35.09	L	AAAA	F	Daniel Kamau	12	STKRS ZZ 17/05/2019 Nairobi County Swimming Champi
9	34.55	S	AAAA	F	Jesse Kioko	12	HSSCA ZZ 19/01/2019 Nairobi County Junior Champion
10	35.74	L	AAAA	F	Michael Kalombo	12	LSC ZZ 17/05/2019 Nairobi County Swimming Champi
11	35.48	S	AAAA	F	Sabbah Leunoto	12	MAQ ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
12	36.38	L	AAAA	F	Adam Abdulmalik	12	BNDRI ZZ 15/02/2019 2019 KSF Long Course Nationals
13	36.85	L	AAAA	F	*I Lyndon Darker	12	BANDA ZZ 15/02/2019 2019 KSF Long Course Nationals
14	37.12	L	AAAA	F	*I Ethani Ssengooba	11	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
15	37.30	L	AAAA	F	*I Ttyaba Kigundu	12	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
16	36.78	S	SAAAA	F	Joel Nyaika	11	OTTER ZZ 21/06/2019 Super Swim League Round 3
17	37.47	S	AAAA	F	Xidi Munene Nyagah	12	HSSCA ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
18	37.71	S	AAAA	F	Ameir Muravvej	11	BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
19	37.82	S	SAAAA	F	Dante Echessah	11	OTTER ZZ 21/06/2019 Super Swim League Round 3
20	37.90	S	AAAA	F	Julian Smith	12	SEAH ZZ 14/07/2019 Borough of Barnsley Summer Siz
21	37.93	S	AAAA	F	*I Sathyam Gohil	12	MAQ ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
22	39.01	L		F	Warren Lwanya	12	BBLES ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
23	39.04	L		P	Belal Alsaadawi	12	BHS ZZ 15/02/2019 2019 KSF Long Course Nationals
24	38.53	S		F	Curtis Kamotho	11	OTTER ZZ 09/03/2019 Nairobi County Junior Championships
25	39.31	L		P	Fred Imani	12	MPSC ZZ 15/02/2019 2019 KSF Long Course Nationals
26	38.76	S		F	*I Sahal Harunani	11	BFINS ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
27	38.81	S		F	Mohammed Sheikh	12	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
28	40.31	L		F	Shaka Gikunda	12	OTTER ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
29	40.43	S		P	*I Zaabu Kyabayinze	12	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
30	41.48	L		F	Nathan Matimu	11	MAKIN ZZ 17/05/2019 Nairobi County Swimming Champi
31	40.81	S		F	Rieko Kidha	12	KENTC ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
32	41.08	S		P	Mohammedali N. Khandwalla	12	BNDRI ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
33	41.14	S		P	Tariq Salim Kitendo	12	BNDRI ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
34	42.15	L		P	*I Daniel Nuwagaba	11	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
35	41.61	S		F	Lenny Werangai	11	MAKIN ZZ 19/01/2019 Nairobi County Junior Champion
36	41.72	S	S	F	Mwaniki Muigai	12	OTTER ZZ 21/06/2019 Super Swim League Round 3
37	41.73	S		F	Claude Ochieng'	11	CHS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
38	41.92	S		F	Dominique Domingo	12	BARAQ ZZ 25/01/2019 Nairobi County Level 2 Swimmin
39	42.16	S		F	Gabriel Wambua	12	MAKIN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
40	42.91	L		F	Hawi Wekesa	12	MAKIN ZZ 17/05/2019 Nairobi County Swimming Champi
41	42.25	S		F	Nadeel Latif	11	AGKIS ZZ 08/06/2019 Lifetime Age Group & Open Cham
42	42.98	L		F	Kyle Ongera	12	OTTER ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
43	43.03	L	P	Jaison Jalang'o	12	KESS ZZ	15/02/2019 2019 KSF Long Course Nationals
44	43.95	L	F	Al-Mustapha Hassan	12	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
45	43.97	L	F	Henry Ayumba	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
46	43.37	S	F	Gift Beriny	12	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
47	44.32	L	P	*1 Keon Walusimbi	12	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
48	43.71	S	F	Jonathan Weru	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
49	44.47	L	F	Austin Karanja	11	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
50	44.01	S	F	Victor Maina	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
51	44.02	S	F	Ethan Kwe Nganga	12	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
52	44.25	S	F	Ngesa Hawala	12	BBLES ZZ	09/03/2019 Nairobi County Junior Championships
53	45.15	L	F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
54	44.61	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
55	44.63	S	F	Manuel Sitoyo	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
56	44.67	S	F	Baldachi Louise	12	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
57	45.60	L	F	Karl Senanu	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
58	45.10	S S	F	Prinay Shah	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
59	45.15	S	F	Mali Masinde	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
60	45.69	S	P	Allan Kibui	12	KIDS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
61	45.75	S	F	Ahmed Abdulaziz	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
62	46.71	L	F	Wema Kamata	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
63	46.03	S	F	Riyadh Abubakar	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
64	46.36	S	F	Andrew Okoth	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
65	47.11	L	F	Mukunda Mbuguah	11	SEAH ZZ	06/07/2019 The Manchester Non National Me
66	46.79	S	F	Hamid Ahmed	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
67	47.50	L	F	Nick Waziri	12	KESS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
68	46.90	S	F	Hashim Sheikh	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
69	48.00	L	F	Matthew Michuki	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
70	48.24	L	F	Alex Mugo	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
71	47.87	S	F	Delfin Segura	11	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
72	47.95	S	F	Abderaman Galal	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
73	48.12	S	F	Ayaan Abdulsattar	12	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
74	48.28	S	P	*1 Nahamya Malcom	11	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
75	49.23	L	F	Malika Mwendwa Indeche	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi
76	48.57	S	F	Ruhan Bhandari	12	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
77	48.62	S	F	Tendai Mungai	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
78	48.68	S	F	Darsh Parmar	12	KENTC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
79	48.92	S	F	Hemed Awadh	11	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
80	48.98	S	F	Said Noor Nadhir	12	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
81	49.40	S	F	Ignatius Ayieko	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
82	49.61	S	F	Saffi Ochanda	12	BSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
83	50.40	L	F	Janequin Guy	12	BIS ZZ	17/05/2019 Nairobi County Swimming Champi
84	50.52	L	F	Yash Karia	11	OTTER ZZ	17/05/2019 Nairobi County Swimming Champi
85	50.01	S	F	Abdalla Twahir	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships
86	50.10	S	F	Hemed Hemed	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
87	50.28	S	F	Michael Arowo	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
88	50.33	S	F	Abdulqhafur Timamy	12	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
89	50.40	S	F	Malika Indeche	11	SBS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
90	50.82	S	F	Morris Ngugi	12	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
91	51.71	L	F	Ayden Mwenji	11	STRSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
92	51.09	S S	F	Hamek Singh	12	SEAH ZZ	21/06/2019 Super Swim League Round 3
93	51.29	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
94	51.44	S	F	Aryan Sevak	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
95	52.18	L	F	Kisakye Kafeero	12	SAA ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
96	52.27	L	F	Seth Rusagara	11	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
97	51.74	S	F	Arafat Ali	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
98	52.77	L	F	Atona Matta	12	GEMS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
99	54.27	L	F	Harry Robinson	12	BRAEG ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
100	53.72	S S	F	Glenn Laboso	12	KESS ZZ	21/06/2019 Super Swim League Round 3	
101	54.53	L	F	Mulandi Alvin	12	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi	
102	54.23	S	F	Christopher Mwangi	11	OTTER ZZ	09/03/2019 Nairobi County Junior Championships	
103	54.36	S	F	Wayne Wanyama	11	STM ZZ	09/03/2019 Nairobi County Junior Championships	
104	55.01	S	F	Jayden Ndungu	11	NAC ZZ	09/03/2019 Nairobi County Junior Championships	
105	55.90	S	F	Caleb Ouma	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
106	56.05	S	F	Cyril Cornel	11	STM ZZ	09/03/2019 Nairobi County Junior Championships	
107	56.38	S	F	Jayden Mohammed	11	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
108	56.55	S	F	Emmanuel Mbuvi	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
109	56.72	S	F	Calvin Lunani	11	MPSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
110	57.59	L	F	Joseph Dena	11	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi	
111	57.18	S	F	Aryan Shah	11	SEAH ZZ	14/07/2019 Borough of Barnsley Summer Siz	
112	57.44	S	F	Mark Chege	12	PA ZZ	09/03/2019 Nairobi County Junior Championships	
113	57.72	S	F	Jae Mbugua	11	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship	
114	57.96	S	F	Mohammad Abdulrahim	12	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3	
115	58.25	S S	F	Michael Mutua	11	OTTER ZZ	21/06/2019 Super Swim League Round 3	
116	59.15	S	F	*1 Adrian Mukua	12	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
117	59.33	S	F	Ayden Wanjie	11	ROSE ZZ	08/06/2019 Lifetime Age Group & Open Cham	
118	1:00.14	L	F	Ryan Muchomba	12	CHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
119	1:00.12	S	F	Jawad Murad	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
120	1:00.64	S	F	Austine Kimani	12	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
121	1:01.46	L	F	Immanuel Mwangi	11	OTTER ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP	
122	1:01.87	S	F	Misha Mwangi	12	SAA ZZ	19/01/2019 Nairobi County Junior Champion	
123	1:02.27	S	F	Sean Alvin	11	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
124	1:03.92	S	F	Fabian Njoroge	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
125	1:04.44	S	F	Gabriel Theuri	12	NAC ZZ	09/03/2019 Nairobi County Junior Championships	
126	1:04.98	S	F	Lenny Muiruri	11	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham	
127	1:05.58	S	F	Ty Muriu	11	PA ZZ	09/03/2019 Nairobi County Junior Championships	
128	1:06.51	S	F	Njoroge Githere	11	MAKIN ZZ	09/03/2019 Nairobi County Junior Championships	
129	1:09.49	S	F	Daniel Onyango	11	TSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
130	1:09.78	S	F	John Ochieng'	11	AGKIS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
131	1:11.72	L	F	Denzel Ekitela	12	BIS ZZ	17/05/2019 Nairobi County Swimming Champi	
132	1:11.20	S	F	Leroy Mwenda	12	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham	
133	1:16.00	S	F	Kenan Marekia	12	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham	
134	1:18.32	S	F	Dean Kodiaga	11	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham	
135	1:25.77	S	F	Godana Yahya	12	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham	
136	1:31.40	S	F	Mikhail Nurani	11	PA ZZ	09/03/2019 Nairobi County Junior Championships	
137	1:33.80	L	F	Nathan Hunja	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi	
<b>Men 11-12 100 Fly</b>								
1	1:15.43	S	AAAA	F	Joshua Masakha	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	1:17.89	S	AAAA	F	Johari Masinde	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
3	1:18.23	S	AAAA	F	Jesse Kioko	12	RUSIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
4	1:19.73	L	AAAA	F	*1 Abduljabar Adama	11	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
5	1:22.39	L	AAAA	F	*1 Pendo Kaumi	12	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
6	1:22.87	L	AAAA	F	*1 Jordan Ssamula	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
7	1:23.54	S	AAAA	F	Warren Lwanya	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
8	1:26.37	L	AAAA	F	Daniel Kamau	12	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
9	1:27.16	L		F	*1 Chukwudi Kanu	12	IKOYI ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
10	1:25.79	S		F	Michael Kalombo	12	LSC ZZ	08/06/2019 Lifetime Age Group & Open Cham
11	1:25.90	S		F	*1 Sathyam Gohil	12	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
12	1:27.55	S		F	Xidi Munene Nyagah	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
13	1:28.38	S	F	Joel Nyaika	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
14	1:29.97	S	F	Curtis Kamotho	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
15	1:30.56	S	F	Dante Echessah	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
16	1:33.67	S	F	Sabbah Leunoto	12	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
17	1:34.12	S	F	Fred Imani	12	MPSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
18	1:34.40	S	F	*1 Sahal Harunani	11	BFINS ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
19	1:38.26	L	P	*1 Ethani Ssengooba	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
20	1:37.46	S	F	Belal Alsaadawi	12	BHS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
21	1:37.73	S	F	Ameir Muravvej	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
22	1:41.51	L	F	Jonathan Weru	11	STRSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
23	1:40.44	S	F	Nick Waziri	12	RUSIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
24	1:40.91	S	F	Jaison Jalang'o	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
25	1:42.98	L	F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
26	1:43.54	L	F	Nathan Matimu	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
27	1:42.22	S	F	Kyle Onger	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
28	1:42.39	S	F	Mohammedali N. Khandwalla	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
29	1:42.89	S	F	Gabriel Wambua	12	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
30	1:43.10	S	F	Henry Ayumba	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
31	1:43.20	S	F	Rieko Kidha	12	KENTC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
32	1:43.21	S	F	Austin Karanja	11	HSSCA ZZ	25/01/2019 Nairobi County Level 2 Swimmin
33	1:43.29	S	F	Ethan Kwe Nganga	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2
34	1:43.66	S	F	Hawi Wekesa	12	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
35	1:45.28	L	F	Ngesa Hawala	12	BBLES ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
36	1:44.11	S	F	Lenny Werangai	11	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
37	1:45.03	S	F	Claude Ochieng'	11	CHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
38	1:47.99	L	F	Allan Kibui	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
39	1:47.00	S	F	Hemed Awadh	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
40	1:48.84	S	F	Prinay Shah	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
41	1:50.81	L	F	Jonathan Muriithi	11	KIDS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
42	1:50.32	S	F	Mohammed Sheikh	12	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
43	1:52.17	L	F	Abdilahi Omar Yassin	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
44	1:53.65	S	F	Mukunda Mbuguah	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
45	1:53.77	S	F	Riyadh Abubakar	12	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
46	1:55.39	L	F	Matthew Michuki	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
47	1:54.97	S	F	Mukenu Wahome	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
48	1:55.31	S	F	Hashim Sheikh	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
49	1:56.14	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
50	1:58.21	L	F	Claude Ochieng;	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
51	1:58.08	S	F	Ayaan Abdulsattar	12	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
52	1:59.62	L	F	Manuel Sitoyo	12	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
53	1:58.29	S	F	Abdalla Twahir	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
54	1:59.94	L	F	Alex Mugo	12	HSSCA ZZ	17/05/2019 Nairobi County Swimming Champi
55	1:58.57	S	F	Karl Senanu	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
56	2:00.15	S	F	Hemed Hemed	11	BOSC ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
57	2:03.96	L	F	Ayden Mwengi	11	STRSC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
58	2:02.93	S	F	Muhammad Moosajee	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
59	2:07.50	L	F	Reign Abwavo	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
60	2:08.23	L	F	Frank Nyingi	11	LSC ZZ	17/05/2019 Nairobi County Swimming Champi
61	2:08.09	S	F	Said Noor Nadhir	12	MAQ ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
62	2:10.73	S	F	Jayden Mohammed	11	KENTC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
63	2:27.25	L	F	Ryan Muchomba	12	CHS ZZ	17/05/2019 Nairobi County Swimming Champi
<b>Men 13-14 50 Free</b>							
1	25.84	L	AAAA	F	Aryen Muravvej	14	KENYA ZZ 11/09/2019 Africa Junior Championships
2	27.29	L	AAAA	F	Jesse Onyach	14	GEMS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

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	Time	P/F/S	Name	Age/Yr				
3	27.96	L AAAA	F Ivan Hart	13	KENYA ZZ	16/02/2019	CANA Zone IV Championships 2019	
4	28.28	L AAAA	F *1 Paulsen Settumba	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
5	28.98	L AAAA	P *1 Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
6	29.00	L AAAA	F Ishaq Bashir	14	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals	
7	29.13	L AAAA	P Owen Maywaka	14	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
8	29.55	L AAAA	P Daniel Agosta	14	SAA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
9	28.92	S AAAA	F Njukia Kihara	13	BRAE ZZ	15/03/2019	Super Swim League - Round 1	
10	29.74	L AAAA	P Evans Kanja	14	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals	
11	29.00	S AAAA	F *1 Tendo Kaumi	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
12	29.06	S AAAA	F Khalid Walid	14	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
13	29.95	L AAAA	P Carlo Blunsum	13	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
14	30.21	L AAAA	F Njenga Gichigi	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
15	30.24	L AAAA	F *1 Jed Beer	14	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi	
16	29.70	S AAAA	F Njukia Kihara	13	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
17	30.62	L AAAA	P *1 Andile Mhlope	13	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
18*	30.65	L AAAA	F *1 Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
18*	30.65	L AAAA	F Eric Shivo	13	RUSIN ZZ	17/05/2019	Nairobi County Swimming Champi	
20	30.23	S	F Hakeem Salim Kitendo	13	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
21	30.25	S	F Kieran Hunter	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
22	30.67	S	F *1 Shad Frantz	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
23	31.54	L	F Abdul Bagha	13	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO	
24	31.61	L	P Nathan Muchai	13	KESS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
25	31.65	L	F Keath Ogambi	14	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
26	31.78	L	P *1 Kevin Rugaaju	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
27	31.19	S	F Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
28	32.04	L	P Haniel Kudwoli	13	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
29	31.70	S	F *1 Shane Birungi	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
30	31.87	S	F Yiorgos Birbilis	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
31	32.75	L	F Peter Ochieng	14	BHS ZZ	17/05/2019	Nairobi County Swimming Champi	
32	32.02	S	F Rooney Kabata	14	BRAEI ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
33	32.83	L	F Justine Ndindiri	14	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi	
34	32.93	L	P Abdulrahman Abdulmunem	13	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals	
35	32.16	S	F Daniel Kyabayinze	13	MAQ ZZ	03/05/2019	5th USF National Age Group Championship	
36	32.61	S	F Emmanuel Serao	14	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
37	32.80	S	F Aidan Wright	13	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
38	32.84	S	F Charles Smith	14	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz	
39	32.96	S	F Rayann Natha	14	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
40	33.01	S	F Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
41	33.95	L	P *1 Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
42	34.15	L	F Brian Ochieng	14	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi	
43	33.49	S	F Shawn Wandu	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
44	33.56	S	F Martin Ouko	13	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
45	34.39	L	P Sean Kariuki	14	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals	
46	33.60	S	P Malachi Kirui	13	BRASD ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
47	34.70	L	P Senthwale Muya	13	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals	
48	34.73	L	F Brian Ochieng	14	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
49	34.17	S	F Glenn Lwanya	13	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
50	34.25	S	P Peter Kiagi	14	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
51	34.57	S	F *1 Antonio Smit	13	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
52	34.58	S	F Khaldun Khuweyld	13	BNDRI ZZ	08/02/2019	grand prix 1	
53	35.39	L	F *1 Myles Muriki	13	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
54	34.73	S	F Enrico Azzalini	13	KESS ZZ	15/03/2019	Super Swim League - Round 1	
55	34.74	S	F Mururi Mugeru	13	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
56	34.95	S	F *1 Sayi Goyayi	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
57	35.78	L	F	Samir Bachelani	14	UNATT ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
58	35.09	S	P	Caesar Ojung'A	14	NYALI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
59	35.22	S	P	Aker Mutinda	13	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
60	36.11	L	P	*I Lionel Agaba	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
61	35.64	S	F	Baraka Chege	14	BHS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
62	35.73	S	F	Emmanuel Otieno	14	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
63	36.62	L	F	Andy Toavina	14	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
64	36.84	L	F	Jayson Gachago	13	KENTC ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
65	36.14	S	F	Dheerav Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
66	37.42	L	P	Brown Mitsanze	13	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
67	36.68	S	F	Aiden Muna	14	SAST	04/10/2019 Nairobi County Level 2 Swimming Champio
68	36.83	S	F	Agabo Samson	13	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
69	36.85	S	F	Toviel Kioko	13	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
70	37.02	S	F	Shibadu Maye	13	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
71	37.15	S	F	Ayush Ranjan	14	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
72	37.16	S	F	Mohammedkazim Khaku	13	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
73	37.35	S	F	Adam Otieno	13	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
74	37.37	S	F	Mohammedkazim Khaku	13	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
75	37.54	S	F	Ayush Pandit	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
76	37.69	S	F	Jarred Williams	14	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
77	38.04	S	F	Kevin Kiama	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
78	38.16	S	F	Abdulahim Baradia	13	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
79	38.27	S	F	Erskine Nyongesa	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
80	39.41	L	F	Ndogoria Nyagu	13	STM ZZ	17/05/2019 Nairobi County Swimming Champi
81	38.90	S	F	Mark Bifwoli	13	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
82	38.95	S	F	Troy Thoya	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
83	39.14	S	P	Mikail Cherogony	13	GEMS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
84	40.74	L	F	Gabriel Odhiambo	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
85	40.51	S	F	Abdalla Timamy	14	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
86	40.88	S	F	Suheim Kasmani	14	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
87	41.08	S	F	Tristan Wiltsher-Fletcher	13	BHSRC ZZ	08/06/2019 Lifetime Age Group & Open Cham
88	41.88	L	F	Gabriel Odhiambo	13	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
89	41.68	S	F	Anthony Senelwa	14	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham
90	42.56	L	F	Ethan Sooma	14	GEMS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
91	42.60	S	F	Murtaza Huzeifa	13	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
92	42.98	S	F	Ian Kiambi	13	GEMS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
93	43.96	L	F	Ronav Patel	13	BRAEG ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
94	43.44	S	F	Kyle Mugo	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
95	43.69	S	F	Shola Manuel	13	JALA ZZ	08/06/2019 Lifetime Age Group & Open Cham
96	44.45	S	F	Swaleh Bawazir	14	CA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
97	44.91	S	F	Osman Ahmed	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1
98	45.00	S	F	Kalya Kotut	14	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
99	45.67	S	F	Joseph Abonyo	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
100	45.82	S	F	Simon Kioko	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
101	46.94	S	F	Wentworth Machuki	13	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
102	47.61	S	F	Warren Sunken	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
103	47.91	S	F	Kialah Mumo	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
104	47.94	S	F	Qays Mohammed	14	CA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
105	48.15	S	F	Wayne Iha	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
106	48.22	S	F	Oluwamayowa Fagun	13	SAST	04/10/2019 Nairobi County Level 2 Swimming Champio
107	49.48	L	F	David Mburu	13	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
108	49.84	L	F	Abbas Shivji	13	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
109	50.56	S	F	Steve Odhiambo	14	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
110	50.73	S	F	Duncan Liaram	13	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
111	53.97 S	F	Ryan Levin	13	AGKIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
112	58.44 S	F	Brent Steve	13	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham
113	58.57 S	F	Morris Koech	13	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
114	1:00.29 S	F	Ryan Lemomo	13	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
115	1:03.94 L	F	Malonza Alvin	14	SHAQS ZZ	17/05/2019	Nairobi County Swimming Champi
<b>Men 13-14 100 Free</b>							
1	58.76 L	AAAA F	Ivan Hart	13	SWCW	29/07/2019	Swim Wales Summer Open Meet 2019
2	57.91 S	AAAA F	Aryen Muravvej	14	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
3	1:00.03 L	AAAA P	Jesse Onyach	14	KENYA ZZ	11/09/2019	Africa Junior Championships
4	1:04.50 L	AAAA P	Ishaq Bashir	14	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	1:03.00 S	AAAA F	*1 Tendo Kaumi	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
6	1:04.67 L	AAAA F	*1 Paulsen Settumba	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
7	1:05.30 L	AAAA P	*1 Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
8	1:06.59 L	AAAA P	Abdul Bagha	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
9	1:07.03 L	AAAA F	*1 John Kafumbe	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
10	1:05.50 S	SAAAA F	Carlo Blunsum	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
11	1:05.91 S	SAAAA F	*1 Andile Mhlope	13	OTTER ZZ	21/06/2019	Super Swim League Round 3
12	1:06.07 S	AAAA F	Owen Maywaka	14	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
13	1:07.95 L	AAAA P	*1 Shad Frantz	13	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
14	1:06.45 S	AAAA F	Eric Shivo	13	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
15	1:08.61 L	AAAA P	Evans Kanja	14	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
16	1:08.75 L	AAAA P	*1 Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
17	1:08.98 L	AAAA F	Njukia Kihara	13	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
18	1:07.38 S	AAAA F	Khalid Walid	14	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
19	1:08.17 S	F	Hakeem Salim Kitendo	13	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
20	1:08.63 S	F	Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
21	1:08.70 S	F	Nathan Muchai	13	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
22	1:10.78 L	F	Daniel Agosta	14	SAA ZZ	17/05/2019	Nairobi County Swimming Champi
23	1:10.89 L	F	Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
24	1:10.21 S	F	*1 Shane Birungi	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
25	1:10.83 S	F	Njukia Kihara	13	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
26	1:10.85 S	F	Julian Colville	14	PEP-S ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
27	1:11.56 S	F	Njenga Gichigi	14	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
28	1:12.42 S	F	*1 Finlay Bell	14	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
29	1:12.78 S	F	Daniel Kyabayinze	13	MAQ ZZ	03/05/2019	5th USF National Age Group Championship
30	1:14.81 L	P	Sean Kariuki	14	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
31	1:13.32 S	F	Kieran Hunter	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
32	1:13.65 S	F	Keath Ogambi	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
33	1:14.36 S	F	Malachi Kirui	13	BRASD ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
34	1:14.49 S	F	Aker Mutinda	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
35	1:16.59 L	P	*1 Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
36	1:15.24 S	F	Charles Smith	14	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
37	1:15.48 S	F	Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
38	1:15.67 S	F	Brian Ochieng	14	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
39	1:15.75 S	F	*1 Antonio Smit	13	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
40	1:15.94 S	F	Aidan Wright	13	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	1:17.86 L	F	Brian Ochieng	14	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
42	1:17.97 L	F	Justine Ndiriri	14	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
43	1:18.16 L	F	Enrico Azzalini	13	KESS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
44	1:17.03 S	P	*1 Arthur Tayebwa	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
45	1:17.20 S	F	Yared Wasem	14	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
46	1:18.92 L	P	*1 Lionel Agaba	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
47	1:17.81 S	S S	Alex Kandie	14	KESS ZZ	21/06/2019	Super Swim League Round 3
48	1:18.00 S	F	Ntemi Kidha	14	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
49	1:18.29	S	F	Rayann Natha	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
50	1:19.96	L	F	Samir Bachelani	14	UNATT ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
51	1:18.41	S	F	Martin Ouko	13	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
52	1:20.19	L	P	Glenn Lwanya	13	BBLES ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
53	1:20.47	L	F	Emmanuel Otieno	14	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
54	1:18.89	S	F	Dheerav Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
55	1:19.32	S	F	Shawn Wande	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
56	1:19.38	S	F	*1 Jed Beer	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
57	1:20.98	L	F	Mururi Mugera	13	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
58	1:19.62	S	F	Emmanuel Serao	14	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
59	1:21.81	L	P	Khaldun Khuweyld	13	BNDRI ZZ	15/02/2019 2019 KSF Long Course Nationals
60	1:20.80	S	F	Mohammedkazim Khaku	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
61	1:21.19	S	F	Caesar Ojung'A	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
62	1:21.53	S	F	Daniel Forrest	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
63	1:21.54	S	F	Abdulrahman Abdulmunem	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
64	1:22.33	S	F	Mohammedkazim Khaku	13	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
65	1:22.90	S	P	Jayson Gachago	13	KENTC ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
66	1:23.54	S	F	Teddy Nganga	14	OANBI ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
67	1:23.76	S	F	*1 Sayi Goyayi	14	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
68	1:23.80	S	F	Ayush Ranjan	14	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
69	1:23.82	S	F	Mark Bifwoli	13	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
70	1:23.84	S	F	Yiorgos Birbilis	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
71	1:25.48	L	F	Peter Ochieng	14	BHS ZZ	17/05/2019 Nairobi County Swimming Champi
72	1:25.61	L	F	Ndogoria Nyagu	13	STM ZZ	17/05/2019 Nairobi County Swimming Champi
73	1:24.44	S	F	Toviel Kioko	13	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
74	1:25.16	S	F	Agabo Samson	13	LA ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
75	1:25.17	S	F	Kevin Kiama	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
76	1:25.57	S	F	Benoit Rerolle	14	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
77	1:26.21	S S	F	Adam Otieno	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
78	1:28.86	L	F	Baraka Chege	14	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
79	1:27.74	S	F	Brown Mitsanze	13	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
80	1:28.56	S S	F	Fadhili Ayiro	13	SEAH ZZ	21/06/2019 Super Swim League Round 3
81	1:29.08	S	F	Mikail Cherogony	13	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
82	1:29.18	S	F	Dheer Shah	14	OANBI ZZ	25/01/2019 Nairobi County Level 2 Swimmin
83	1:30.13	S	F	Aiden Muna	14	SAST	04/10/2019 Nairobi County Level 2 Swimming Champio
84	1:30.49	S	F	Shibadu Maye	13	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
85	1:31.48	S	F	Abdalla Timamy	14	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
86	1:32.84	S	F	Gabriel Odhiambo	13	BRASD ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
87	1:33.02	S	F	Troy Thoya	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
88	1:33.78	S	F	Jarred Williams	14	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
89	1:34.60	S	F	Erskine Nyongesa	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
90	1:35.17	S	F	Kalya Kotut	14	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
91	1:35.25	S	F	Abdulrahim Baradia	13	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
92	1:35.48	S	F	Simon Chege	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
93	1:38.57	L	F	Gabriel Odhiambo	13	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
94	1:37.23	S	F	Jeremy Ngare	13	BANDA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
95	1:37.79	S	F	Suheim Kasmani	14	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
96	1:37.82	S S	F	Osman Ahmed	13	SEAH ZZ	21/06/2019 Super Swim League Round 3
97	1:38.89	S	F	Kyle Mugo	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
98	1:48.31	S	F	Simon Kioko	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
99	1:49.03	S	F	Wayne Iha	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
100	1:58.91	S	F	Oluwamayowa Fagun	13	SAST	04/10/2019 Nairobi County Level 2 Swimming Champio

**Men 13-14 50 Back**

1	30.69	S	AAAA	F	Aryen Muravvej	14	BNDRI ZZ	10/05/2019	CASA Time Trials
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## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
2	32.11	L AAAA P	Ivan Hart	13	SWCW	29/07/2019	Swim Wales Summer Open Meet 2019
3	32.50	S AAAA P *I	Tendo Kaumi	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
4	33.03	S AAAA P	Ishaq Bashir	14	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
5	33.52	S AAAA F	Carlo Blunsum	13	PEP-S ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
6	34.52	L AAAA F *I	Jed Beer	14	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
7	34.31	S AAAA F	Njukia Kihara	13	BRAE ZZ	15/03/2019	Super Swim League - Round 1
8	34.95	L AAAA F *I	Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
9	35.00	S AAAA F *I	Paulsen Settumba	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
10	35.46	S AAAA F	Nathan Muchai	13	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
11	35.75	S AAAA F	Khalid Walid	14	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
12	35.87	S F	Jesse Onyach	14	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
13	36.62	L F	Haniel Kudwoli	13	STM ZZ	17/05/2019	Nairobi County Swimming Champi
14	36.17	S F	Njukia Kihara	13	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
15	36.22	S F	Abdul Bagha	13	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
16	37.10	L F *I	Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
17	36.56	S F	Evans Kanja	14	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
18	36.87	S F	Julian Colville	14	PEP-S ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
19	37.09	S F	Owen Maywaka	14	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
20	37.23	S F	Malachi Kirui	13	BRASD ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
21	38.09	L F	Njenga Gichigi	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
22	38.33	L S F	Charles Smith	14	SEAH ZZ	06/07/2019	The Manchester Non National Me
23	38.39	L F *I	Kevin Rugaaju	13	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
24	38.41	L P *I	Antonio Smit	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
25	38.48	L F	Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
26	38.02	S F *I	Shad Frantz	13	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
27*	38.56	S P *I	Arthur Tayebwa	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
27*	38.56	S F	Eric Shivo	13	BBLES ZZ	15/03/2019	Super Swim League - Round 1
29	39.12	S P *I	Shane Birungi	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
30	39.24	S F	Daniel Kyabayinze	13	MAQ ZZ	03/05/2019	5th USF National Age Group Championship
31	39.93	L F	Aidan Wright	13	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
32	39.59	S F	Sean Kariuki	14	BBLES ZZ	15/03/2019	Super Swim League - Round 1
33	39.78	S F	Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
34	40.08	S F	Yared Wasem	14	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	40.27	S P	Abdulrahman Abdulmunem	13	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
36	41.16	L F	Malachi Kirui	13	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
37	40.62	S F	Rayann Natha	14	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
38	40.88	S P *I	Lionel Agaba	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
39	41.30	S F	Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
40	41.57	S F	Dheerav Shah	13	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
41	41.84	S F	Keath Ogambi	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
42	41.98	S F	Ayush Pandit	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
43	42.56	S F	Emmanuel Serao	14	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
44	43.25	L P *I	Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
45	42.76	S F	Shawn Wande	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
46	43.37	L F	Samir Bachelani	14	UNATT ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
47	42.84	S F	Enrico Azzalini	13	KESS ZZ	15/03/2019	Super Swim League - Round 1
48	43.08	S F	Khalidun Khuweyld	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
49	43.72	L F	Emmanuel Otieno	14	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
50	43.95	L F	Mururi Mugera	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
51	43.45	S F	Teddy Nganga	14	OANBI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	44.20	L F	Glenn Lwanya	13	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
53	43.63	S F	Shibadu Maye	13	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
54	44.61	L F	Brian Ochieng	14	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
55	45.26	S F	Yiorgos Birbilis	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
56	45.42 S	F	Daniel Forrest	14	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
57	45.50 S	F	Caesar Ojung'A	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
58	45.59 S	F	Mohammedkazim Khaku	13	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
59	45.61 S	F	Jayson Gachago	13	KENTC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
60	45.62 S	F	Aker Mutinda	13	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
61	45.93 S	F	Jarred Williams	14	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
62	46.08 S	F	Ntemi Kidha	14	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
63	46.97 S	F	Aiden Muna	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
64	47.08 S	F	Troy Thoya	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
65	47.09 S	F	Mark Bifwoli	13	MPSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
66	47.46 S	F	Brown Mitsanze	13	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
67	47.50 S	F	Dheer Shah	14	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
68	48.11 L	F	Gabriel Odhiambo	13	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi	
69	47.55 S	F	Baraka Chege	14	BHS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
70	48.31 S	F	Christian Maywaka	13	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
71	48.57 S	F	Agabo Samson	13	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
72	48.73 S	F	Mikail Cherogony	13	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
73	49.27 S	F	Anthony Senelwa	14	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham	
74	49.93 L	F	Andy Toavina	14	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
75	50.20 S	F	Abdalla Timamy	14	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
76	50.84 L	F	Ethan Sooma	14	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
77	50.39 S	F	Jeremy Ngare	13	BANDA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
78	50.44 S	F	Suheim Kasmani	14	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
79	50.53 S	F	Kevin Kiama	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
80	51.95 L	F	Gabriel Odhiambo	13	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
81	52.72 S	F	Abdulrahim Baradia	13	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
82	53.66 S	F	Osman Ahmed	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
83	53.98 S	F	Kyle Mugo	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
84	57.38 S	F	Simon Kioko	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
85	58.12 S	F	Erskine Nyongesa	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
86	58.74 L	F	Ian Kiambi	13	GEMS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP	
87	59.00 S	F	Warren Sunken	14	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
88	1:01.95 S	F	Duncan Liaram	13	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
89	1:02.78 S	F	Joseph Abonyo	14	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham	
90	1:05.59 S	F	Shola Manuel	13	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham	
91	1:06.33 S	F	Wayne Iha	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
92	1:11.56 L	F	Malonza Alvin	14	SHAQS ZZ	17/05/2019	Nairobi County Swimming Champi	
<b>Men 13-14 100 Back</b>								
1	1:08.38 S	AAAA	F	Aryen Muravvej	14	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
2	1:09.76 L	AAAA	P	Ivan Hart	13	SWCW	29/07/2019	Swim Wales Summer Open Meet 2019
3	1:10.37 S	AAAA	F	*1 Tendo Kaumi	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
4	1:13.97 L	AAAA	F	Carlo Blunsum	13	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	1:14.27 S	AAAA	F	*1 Risha De Guzman	13	BRAE ZZ	25/01/2019	Nairobi County Level 2 Swimmin
6	1:15.35 S	AAAA	F	Ishaq Bashir	14	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
7	1:17.37 L	AAAA	F	*1 Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
8	1:17.43 L	AAAA	F	Abdul Bagha	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
9	1:19.42 L		F	Njukia Kihara	13	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
10	1:19.46 L		P	*1 John Kafumbe	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
11	1:18.41 S S		F	Nathan Muchai	13	KESS ZZ	21/06/2019	Super Swim League Round 3
12	1:20.38 L		F	*1 Jed Beer	14	SEAH ZZ	06/07/2019	The Manchester Non National Me
13	1:22.10 L		F	*1 Kevin Rugaaju	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
14	1:21.01 S		F	Jesse Onyach	14	GEMS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
15	1:22.38 S		F	Charles Smith	14	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
16	1:22.78 S S		F	*1 Andile Mhlope	13	OTTER ZZ	21/06/2019	Super Swim League Round 3

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
17	1:24.16	L	F	Michael Michuki	14	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
18	1:24.35	L	F	*1 Antonio Smit	13	BRAE ZZ	15/02/2019 2019 KSF Long Course Nationals
19	1:23.53	S	F	Owen Maywaka	14	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
20	1:26.11	L	F	Haniel Kudwoli	13	STM ZZ	17/05/2019 Nairobi County Swimming Champi
21	1:27.06	S	P	Eric Shivo	13	BBLES ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
22	1:27.24	S S	F	Enrico Azzalini	13	KESS ZZ	21/06/2019 Super Swim League Round 3
23	1:27.71	S	F	Sean Kariuki	14	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
24	1:28.09	S	F	Suheim Kasmani	14	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
25	1:29.37	L	F	Aidan Wright	13	KENTC ZZ	15/02/2019 2019 KSF Long Course Nationals
26	1:28.62	S	F	Yared Wasem	14	SEAH ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
27	1:31.35	L	F	*1 Daudi Kusinza	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
28	1:31.03	S	F	Dheerav Shah	13	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
29	1:33.99	S	F	Ayush Pandit	14	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
30	1:34.48	S	F	Rayann Natha	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
31	1:36.47	L	F	Malachi Kirui	13	BRASD ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
32	1:35.98	S	F	Mohammedkazim Khaku	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
33	1:36.93	S	F	Emmanuel Otieno	14	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
34	1:37.36	S	F	Daniel Forrest	14	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
35	1:39.06	S	F	Khalidun Khuweyld	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
36	1:41.10	L	F	Samir Bachelani	14	UNATT ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
37	1:40.52	S	F	Dheer Shah	14	OANBI ZZ	25/01/2019 Nairobi County Level 2 Swimmin
38	1:42.77	S	F	Jayson Gachago	13	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
39	1:44.78	S S	F	Fadhili Ayiro	13	SEAH ZZ	21/06/2019 Super Swim League Round 3
40	1:45.35	S	F	Troy Thoya	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
41	1:45.88	S	F	Jarred Williams	14	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
42	1:46.35	S	F	Mark Bifwoli	13	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
43	1:47.73	S	F	Shibadu Maye	13	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
44	1:50.79	S	F	Benoit Rerolle	14	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
45	1:53.24	S	F	Kalya Kotut	14	MAKIN ZZ	08/06/2019 Lifetime Age Group & Open Cham
46	1:55.39	S	F	Abdulrahim Baradia	13	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
47	2:02.21	L	F	James Amor	13	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
48	2:03.10	S S	F	Osman Ahmed	13	SEAH ZZ	21/06/2019 Super Swim League Round 3
49	2:09.68	L	F	Ribes Diego	13	BHS ZZ	30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP

### Men 13-14 50 Breast

1	35.45	L	AAAA	P	*1 Risha De Guzman	13	BRAE ZZ	20/03/2019 SA National JNR Age Group Champs 2019-
2	36.13	L	AAAA	P	Haniel Kudwoli	13	OTTER ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
3	36.52	S	AAAA	F	Eric Shivo	13	BBLES ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
4	37.60	L	AAAA	F	*1 Paulsen Settumba	14	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
5	37.84	L	AAAA	P	Aryen Muravvej	14	BNDRI ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
6	37.25	S	AAAA	F	Owen Maywaka	14	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
7	37.27	S	AAAA	P	Jesse Onyach	14	GEMS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
8	37.59	S	AAAA	F	Khalid Walid	14	BHS ZZ	08/06/2019 Lifetime Age Group & Open Cham
9	37.68	S	AAAA	F	Ivan Hart	13	MAQ ZZ	20/07/2019 6th CSSC Summer Splash Open Meet
10	38.86	L	AAAA	F	Aidan Wright	13	KENTC ZZ	15/02/2019 2019 KSF Long Course Nationals
11	37.94	S	AAAA	F	Evans Kanja	14	OTTER ZZ	03/05/2019 Super Swim League - Round 2
12	38.43	S	AAAA	F	Carlo Blunsum	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
13	38.45	S	AAAA	P	Hakeem Salim Kitendo	13	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
14	38.77	S	AAAA	P	Keath Ogambi	14	NYALI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
15	38.98	S		F	Ishaq Bashir	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
16	40.00	L		P	Samir Bachelani	14	UNATT ZZ	15/02/2019 2019 KSF Long Course Nationals
17	40.26	L		P	*1 John Kafumbe	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
18	39.43	S		F	Daniel Kyabayinze	13	MAQ ZZ	03/05/2019 5th USF National Age Group Championship
19	39.46	S		F	*1 Shane Birungi	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
20	40.48	L		F	Peter Ochieng	14	BHS ZZ	17/05/2019 Nairobi County Swimming Champi

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
21	40.53	L	P *I Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
22	40.12	S	P *I Arthur Tayebwa	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
23	41.18	L	P Peter Kiagi	14	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
24	41.30	L	P *I Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
25	41.34	L	F Nathan Muchai	13	KESS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
26	40.43	S	F Khaldun Khuweylid	13	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
27	40.50	S	F Kieran Hunter	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
28	41.58	L	P *I Kevin Rugaaju	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
29	40.75	S	F *I Jed Beer	14	SEAH ZZ	03/05/2019	Super Swim League - Round 2
30	41.49	S	P Abdulrahman Abdulmunem	13	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
31	42.99	L	P *I Lionel Agaba	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
32	42.22	S	F *I Andile Mhlope	13	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
33	42.67	S	F Aker Mutinda	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
34	43.94	L	F Baraka Chege	14	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
35	42.95	S	F *I Finlay Bell	14	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
36	43.09	S	F Ali Nahdy	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
37	43.19	S	F Glenn Lwanya	13	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
38	43.35	S	F Senthwale Muya	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
39	43.41	S	F Enrico Azzalini	13	KESS ZZ	03/05/2019	Super Swim League - Round 2
40	44.48	L	F Mururi Mugera	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
41	43.69	S	F *I Shad Frantz	13	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
42	44.22	S	F Aiden Muna	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
43	45.40	L	P Brown Mitsanze	13	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
44	44.46	S	F Rayann Natha	14	BNDRI ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH ;
45	44.47	S	F Njenga Gichigi	14	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
46	44.80	S	F James Amor	13	SHAQS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
47	44.90	S	F Charles Smith	14	SEAH ZZ	03/05/2019	Super Swim League - Round 2
48	45.06	S	F Daniel Agosta	14	SAA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
49	45.39	S	F Bilal Bagha	14	BHSRC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
50	45.76	S	F Adam Otieno	13	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
51	45.85	S	F Alex Kandie	14	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	46.16	S	F Shawn Wande	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
53	46.18	S	F *I Sayi Goyayi	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
54	46.62	S	F Ayush Ranjan	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
55	46.89	S	F Daniel Forrest	14	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
56	46.95	S	F Aden Githae	14	ASA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
57	47.06	S	F Caesar Ojung'A	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
58	47.10	S	P Mikail Cherogony	13	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
59	47.41	S	F Dheerav Shah	13	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
60	47.47	S	F Emmanuel Serao	14	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
61	47.66	S	F Yared Wasem	14	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
62	47.79	S	F Anthony Senelwa	14	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham
63	48.00	S	F Teddy Nganga	14	OANBI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
64	48.26	S	F Brian Ochieng	14	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
65	49.26	L	F Andy Toavina	14	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
66	48.89	S	F Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
67	49.97	L	F Gabriel Odhiambo	13	BRASD ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
68	49.18	S	F Murtaza Huzeifa	13	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
69	49.91	S	F Mohammedkazim Khaku	13	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
70	50.28	S	F Shibusu Maye	13	BBLES ZZ	03/05/2019	Super Swim League - Round 2
71	50.34	S	F Dheer Shah	14	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
72	50.40	S	F Kevin Kiama	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
73	50.87	S	F Abdalla Timamy	14	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
74	51.09	S	F Ayush Pandit	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr		
75	51.24	S	F	Njukia Kihara	13	SAST 04/10/2019 Nairobi County Level 2 Swimming Champio
76	52.50	L	F	Malachi Kirui	13	BRASD ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
77	52.38	S	F	Yiorgos Birbilis	14	ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
78	52.72	S	F	Kyle Mugo	13	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
79	52.92	S	F	Mohammedkazim Khaku	13	BOSC ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
80	53.20	S	F	Troy Thoya	14	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
81	53.48	S	F	Erskine Nyongesa	14	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
82	53.54	S	F	Swaleh Bawazir	14	CA ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
83	53.97	S	F	Ian Kiambi	13	GEMS ZZ 03/05/2019 Super Swim League - Round 2
84	54.52	S	F	Ntemi Kidha	14	KENTC ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
85	55.01	S	F	Mark Bifwoli	13	MPSC ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
86	56.25	L	F	Ethan Sooma	14	GEMS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
87	56.16	S	F	Suheim Kasmani	14	BOSC ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
88	57.24	L	F	Abbas Shivji	13	BRASD ZZ 30/11/2018 JUNIOR SWIMMING CHAMPIONSHIP
89	56.31	S	F	David Mburu	13	NDUPS ZZ 08/06/2019 Lifetime Age Group & Open Cham
90	57.08	S	F	Kalya Kotut	14	MAKIN ZZ 08/06/2019 Lifetime Age Group & Open Cham
91	58.50	S	F	Osman Ahmed	13	SEAH ZZ 03/05/2019 Super Swim League - Round 2
92	58.52	S	F	Wayne Iha	13	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
93	58.81	S	F	Abdulrahim Baradia	13	BOSC ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
94	58.88	S	F	Simon Chege	14	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
95	1:00.02	S	F	Mark Carlo	14	SERAR ZZ 08/06/2019 Lifetime Age Group & Open Cham
96	1:04.64	S	F	Ryan Levin	13	AGKIS ZZ 08/06/2019 Lifetime Age Group & Open Cham
97	1:05.60	S	F	Duncan Liaram	13	NDUPS ZZ 08/06/2019 Lifetime Age Group & Open Cham
98	1:05.94	S	F	Brent Steve	13	JALA ZZ 08/06/2019 Lifetime Age Group & Open Cham
99	1:06.89	S	F	Simon Kioko	14	NYALI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
100	1:09.25	S	F	Wentworth Machuki	13	SERAR ZZ 08/06/2019 Lifetime Age Group & Open Cham
101	1:10.45	S	F	Kialah Mumo	14	SERAR ZZ 08/06/2019 Lifetime Age Group & Open Cham

### Men 13-14 100 Breast

1	1:16.82	L	AAAA	F	*1	Risha De Guzman	13	BRAE ZZ 20/03/2019 SA National JNR Age Group Champs 2019-
2	1:18.84	S	AAAA	F		Haniel Kudwoli	13	OTTER ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
3	1:21.57	S	AAAA	F		Ivan Hart	13	MAQ ZZ 08/02/2019 grand prix 1
4	1:25.31	L	AAAA	F	*1	John Kafumbe	13	SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals
5	1:25.92	L	AAAA	F	*1	Paulsen Settumba	14	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
6	1:24.42	S	AAAA	F		Carlo Blunsum	13	SEAH ZZ 15/03/2019 Super Swim League - Round 1
7	1:25.77	S	AAAA	F		Khalid Walid	14	BHS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
8	1:27.81	L	AAAA	F		Owen Maywaka	14	MAKIN ZZ 17/05/2019 Nairobi County Swimming Champi
9	1:28.37	L		P		Aidan Wright	13	KENTC ZZ 15/02/2019 2019 KSF Long Course Nationals
10	1:26.47	S		F		Evans Kanja	14	KESS ZZ 15/03/2019 Super Swim League - Round 1
11	1:26.93	S		P		Hakeem Salim Kitendo	13	BNDRI ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
12	1:27.09	S		F		Nathan Muchai	13	KESS ZZ 15/03/2019 Super Swim League - Round 1
13	1:27.38	S		F		Eric Shivo	13	BBLES ZZ 15/03/2019 Super Swim League - Round 1
14	1:27.91	S		F		Keath Ogambi	14	NYALI ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
15	1:28.14	S		P	*1	Shane Birungi	13	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
16	1:28.37	S		F		Jesse Onyach	14	GEMS ZZ 15/03/2019 Super Swim League - Round 1
17	1:30.51	L		F		Ishaq Bashir	14	KESS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
18	1:31.77	L		P	*1	Kevin Rugaaju	13	DSC-K ZZ 15/02/2019 2019 KSF Long Course Nationals
19	1:30.44	S		F		Daniel Kyabayinze	13	MAQ ZZ 03/05/2019 5th USF National Age Group Championship
20	1:30.48	S		F	*1	Shad Frantz	13	SEAH ZZ 15/03/2019 Super Swim League - Round 1
21	1:32.73	L		P		Peter Kiagi	14	MPSC ZZ 15/02/2019 2019 KSF Long Course Nationals
22	1:32.99	L		P		Samir Bachelani	14	UNATT ZZ 15/02/2019 2019 KSF Long Course Nationals
23	1:31.19	S		F		Khalidun Khuweyid	13	BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
24	1:31.40	S		F	*1	Andile Mhlope	13	OTTER ZZ 15/03/2019 Super Swim League - Round 1
25	1:32.29	S		P	*1	Arthur Tayebwa	14	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
26	1:32.47	S		P	*1	Lionel Agaba	13	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
27	1:35.71	L	P *1 Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
28	1:35.77	L	F *1 Hayyan Kisitu	14	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIONSHIP
29	1:34.17	S	F Kieran Hunter	14	SAST	04/10/2019	Nairobi County Level 2 Swimming Championship
30	1:37.36	L	F Glenn Lwanya	13	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
31	1:35.47	S	F Enrico Azzalini	13	KESS ZZ	15/03/2019	Super Swim League - Round 1
32	1:35.75	S	F Charles Smith	14	SEAH ZZ	15/03/2019	Super Swim League - Round 1
33	1:35.87	S	F *1 Finlay Bell	14	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Championship
34	1:37.46	S	P Abdulrahman Abdulmunem	13	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHIP
35	1:37.64	S	F Daniel Agosta	14	PIRAN ZZ	15/03/2019	Super Swim League - Round 1
36	1:38.33	S	F Rayann Natha	14	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
37	1:40.57	L	F Peter Ochieng	14	BHS ZZ	17/05/2019	Nairobi County Swimming Championship
38	1:40.68	L	P Adam Otieno	13	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
39	1:38.71	S	F Ali Nahdy	13	MAQ ZZ	08/02/2019	grand prix 1
40	1:38.99	S	F Aker Mutinda	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
41	1:39.06	S	F Senthwale Muya	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1
42	1:41.33	L	F Njenga Gichigi	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
43	1:39.63	S	F Mururi Mugeru	13	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimming Championship
44	1:40.26	S	F Shawn Wandu	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
45	1:41.95	S	F Aden Githae	14	ASA ZZ	05/10/2018	Nairobi County Level 2 Swimming Championship
46	1:41.96	S	P Mikail Cherogony	13	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHIP
47	1:45.86	L	F Justine Ndindiri	14	NRBTS ZZ	17/05/2019	Nairobi County Swimming Championship
48	1:44.28	S	P Brown Mitsanze	13	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHIP
49	1:44.60	S	F Emmanuel Otieno	14	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Championship
50	1:45.78	S	F Caesar Ojung'A	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
51	1:46.82	S	F Dheerav Shah	13	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
52	1:47.89	S	F Martin Ouko	13	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimming Championship
53	1:48.30	S	F *1 Sayi Goyayi	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
54	1:49.42	S	F Dheer Shah	14	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimming Championship
55	1:49.93	S	F Ayush Ranjan	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
56	1:50.32	S	F Toviel Kioko	13	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
57	1:51.11	S	F Rooney Kabata	14	BRAEI ZZ	05/10/2018	Nairobi County Level 2 Swimming Championship
58	1:53.36	S	F Abdalla Timamy	14	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
59	1:55.39	L	F Shibadu Maye	13	BBLES ZZ	17/05/2019	Nairobi County Swimming Championship
60	1:55.12	S	F Kevin Kiama	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
61	1:55.78	S	F Troy Thoya	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
62	1:55.84	S	F Gabriel Odhiambo	13	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Championship
63	2:00.57	S	F Kyle Mugo	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
64	2:01.61	S	F Adnan Abdulaziz	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
65	2:03.34	S	F Kalya Kotut	14	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
66	2:09.10	S	F Wayne Iha	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
67	2:15.96	S	F Osman Ahmed	13	SEAH ZZ	15/03/2019	Super Swim League - Round 1

### Men 13-14 50 Fly

1	28.60	L	AAAA	F	Ivan Hart	13	MAQ ZZ	11/09/2019	Africa Junior Championships
2	29.27	L	AAAA	P	Jesse Onyach	14	KENYA ZZ	11/09/2019	Africa Junior Championships
3	29.98	S	AAAA	F	Aryen Muravvej	14	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
4	31.69	L	AAAA	F	*1 Tendo Kaumi	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
5	31.97	L	AAAA	P	*1 Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
6	32.14	L	AAAA	F	*1 Paulsen Settumba	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
7	32.18	S	AAAA	F	Eric Shivo	13	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Championship
8	32.88	L	AAAA	F	*1 Andile Mhlope	13	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	32.18	S	AAAA	F	Khalid Walid	14	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
10	32.41	S	SAAAA	F	Carlo Blunsum	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
11*	33.16	L	AAAA	P	Daniel Agosta	14	SAA ZZ	15/02/2019	2019 KSF Long Course Nationals
11*	33.16	L	AAAA	F	*1 Jed Beer	14	SEAH ZZ	17/05/2019	Nairobi County Swimming Championship

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
13	33.19 L	AAAA F	Owen Maywaka	14	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
14	33.83 L	AAAA P *I	Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
15	33.22 S	AAAA F	Ishaq Bashir	14	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
16	34.15 L	F	Nathan Muchai	13	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals
17	34.16 L	P *I	John Kafumbe	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
18	34.59 S	F	Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
19	35.70 L	F	Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
20	35.02 S	P	Abdulrahman Abdulmunem	13	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
21	36.16 L	F	Charles Smith	14	SEAH ZZ	06/07/2019	The Manchester Non National Me
22	36.07 S	P *I	Arthur Tayebwa	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
23	36.14 S	F	Daniel Kyabayinze	13	MAQ ZZ	03/05/2019	5th USF National Age Group Championship
24	36.84 L	F *I	Shad Frantz	13	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
25	36.94 L	P	Abdul Bagha	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
26	36.35 S	F	Aker Mutinda	13	MAQ ZZ	26/04/2019	CASA GRAND PRIX 3
27	37.16 L	F	Sean Kariuki	14	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
28	37.38 L	F	Glenn Lwanya	13	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
29	37.75 L	F	Justine Ndindiri	14	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
30	37.07 S	F	Malachi Kirui	13	BRASD ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
31	38.18 L	P *I	Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
32	38.10 S	F	Khaldun Khuweylid	13	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
33	38.14 S	F	Keath Ogambi	14	NYALI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
34	38.42 S	F	Njenga Gichigi	14	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	38.55 S	F	Aidan Wright	13	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
36	38.66 S	F	Shawn Wande	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
37	39.64 L	F	Samir Bachelani	14	UNATT ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
38	39.87 L	F	Peter Ochieng	14	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
39	39.47 S	P *I	Shane Birungi	13	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
40	39.61 S	F	Emmanuel Serao	14	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	40.75 L	P *I	Lionel Agaba	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
42	40.07 S	F	Caesar Ojung'A	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
43	40.16 S	F	Ntemi Kidha	14	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
44*	40.91 L	F	Brian Ochieng	14	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
44*	40.91 L	F	Emmanuel Otieno	14	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
46	41.27 L	P	Peter Kiagi	14	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
47	41.64 L	F	Andy Toavina	14	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
48	41.26 S	F	Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
49	41.61 S	F	Mururi Mugeru	13	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
50	41.80 S	F	Njukia Kihara	13	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
51	42.00 S	F	Daniel Forrest	14	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
52	42.35 S	F	Rayann Natha	14	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
53	42.51 S	F	Yared Wasem	14	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	42.56 S	F	Benoit Rerolle	14	BRAEG ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
55	42.68 S	F *I	Sayi Goyayi	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
56	42.87 S	F	Agabo Samson	13	LA ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
57	42.91 S S	F	Adam Otieno	13	OTTER ZZ	21/06/2019	Super Swim League Round 3
58	42.96 S	F	Ayush Pandit	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
59	43.90 L	F	Ndogoria Nyagu	13	STM ZZ	17/05/2019	Nairobi County Swimming Champi
60	43.53 S	F	Dheerav Shah	13	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
61	43.90 S	F	Brown Mitsanze	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
62	44.16 S	F	Murtaza Huzeifa	13	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
63	45.35 L	F	Jayson Gachago	13	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
64	45.28 S S	F	Fadhili Ayiro	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
65	45.50 S	F	Ayush Ranjan	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
66	45.52 S	F	Teddy Nganga	14	OANBI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio



### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
67	46.00 S	F	Abdalla Timamy	14	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
68	46.14 S	F	Troy Thoya	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
69	46.24 S	F	Mohammedkazim Khaku	13	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
70	47.30 L	F	*I Myles Muriki	13	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
71	46.81 S	F	Yiorgos Birbilis	14	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
72	47.49 S	F	Kevin Kiama	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
73	48.26 L	F	Gabriel Odhiambo	13	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
74	48.07 S	F	Mark Bifwoli	13	MPSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
75	48.46 S	F	Erskine Nyongesa	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
76	49.67 S	F	Ethan Sooma	14	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
77	49.71 S	F	Gabriel Odhiambo	13	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
78	51.20 L	F	Shibadu Maye	13	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
79	52.91 S	F	Mikail Cherogony	13	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
80	53.25 S S	F	Osman Ahmed	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
81	54.38 S	F	Wayne Iha	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
82	54.69 S	F	Abdulrahim Baradia	13	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
83	55.89 S	F	Tristan Wiltsher-Fletcher	13	BHSRC ZZ	08/06/2019	Lifetime Age Group & Open Cham
84	56.08 S	F	Kalya Kotut	14	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
85	58.56 S	F	Kialah Mumo	14	SERAR ZZ	08/06/2019	Lifetime Age Group & Open Cham
86	1:00.04 S	F	Shola Manuel	13	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham
87	1:08.62 S	F	Brent Steve	13	JALA ZZ	08/06/2019	Lifetime Age Group & Open Cham
88	1:33.23 L	F	Brian Ochieng	14	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
<b>Men 13-14 100 Fly</b>							
1	1:05.06 L	AAAA P	Ivan Hart	13	MAQ ZZ	11/09/2019	Africa Junior Championships
2	1:08.37 S	AAAA F	*I Risha De Guzman	13	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
3	1:09.74 S	AAAA F	Aryen Muravvej	14	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHF
4	1:11.62 L	AAAA F	Jesse Onyach	14	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
5	1:12.79 S	AAAA F	*I Andile Mhlope	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2
6	1:14.91 L	AAAA P	*I Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
7	1:17.14 L	P	*I Paulsen Settumba	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
8	1:17.63 S	F	Eric Shivo	13	BBLES ZZ	03/05/2019	Super Swim League - Round 2
9	1:17.69 S	F	Carlo Blunsum	13	SEAH ZZ	03/05/2019	Super Swim League - Round 2
10	1:21.46 L	F	*I Jed Beer	14	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
11	1:20.41 S	F	Ishaq Bashir	14	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
12	1:20.94 S	P	*I Hayyan Kisitu	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
13	1:22.53 L	F	Nathan Muchai	13	KESS ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
14	1:22.34 S	P	*I Arthur Tayebwa	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
15	1:22.73 S	F	Sean Kariuki	14	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
16	1:24.89 L	F	Daniel Agosta	14	SAA ZZ	17/05/2019	Nairobi County Swimming Champi
17	1:25.93 L	F	Owen Maywaka	14	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
18	1:25.26 S	F	Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHF
19	1:25.72 S	F	Daniel Kyabayinze	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
20	1:26.24 S	F	Aker Mutinda	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
21	1:28.16 L	F	Glenn Lwanya	13	BBLES ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
22	1:27.57 S	F	Khaldun Khuweylid	13	BNDRI ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :
23	1:30.38 L	F	Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
24	1:31.03 L	F	*I Shad Frantz	13	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
25	1:30.60 S	F	Emmanuel Otieno	14	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	1:36.17 S	F	Rooney Kabata	14	BRAEI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
27	1:39.44 S	F	Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHF
28	1:52.54 L	F	Jayson Gachago	13	KENTC ZZ	30/11/2018	JUNIOR SWIMMING CHAMPIONSHIP
29	2:23.00 S	F	Osman Ahmed	13	SEAH ZZ	03/05/2019	Super Swim League - Round 2
<b>Men 11-14 200 Free</b>							
1	2:10.29 L	AAAA P	Ivan Hart	13	MAQ ZZ	11/09/2019	Africa Junior Championships

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
2	2:16.21	L AAAA P	Jesse Onyach	14	KENYA ZZ	11/09/2019	Africa Junior Championships	
3	2:15.36	S AAAA F	Aryen Muravvej	14	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
4	2:16.23	S AAAA F	*I Risha De Guzman	13	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
5	2:22.27	L AAAA F	*I John Kafumbe	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	2:21.41	S AAAA F	Ishaq Bashir	14	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
7	2:25.14	L AAAA F	*I Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
8	2:26.11	L AAAA F	Abdul Bagha	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
9	2:23.03	S AAAA F	Evans Kanja	14	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
10	2:24.45	S AAAA F	Joshua Masakha	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
11	2:27.57	S AAAA F	Jesse Kioko	12	RUSIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
12	2:32.81	L AAAA P	*I Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
13	2:30.95	S F	*I Shad Frantz	13	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
14	2:31.25	S F	Carlo Blunsum	13	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
15	2:31.43	S F	Owen Maywaka	14	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham	
16	2:31.57	S P	Hakeem Salim Kitendo	13	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
17	2:35.39	L P	*I Antonio Smit	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
18	2:32.75	S F	*I Pendo Kaumi	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
19	2:36.11	L P	Samuel Kibogo	12	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
20	2:37.20	L F	Njukia Kihara	13	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals	
21	2:35.58	S F	*I Finlay Bell	14	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
22	2:39.39	L P	Daniel Kamau	12	STKRS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
23	2:40.35	L P	*I Andile Mhlope	13	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
24	2:40.76	L F	*I Jed Beer	14	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi	
25	2:38.16	S F	Nathan Muchai	13	KESS ZZ	03/05/2019	Super Swim League - Round 2	
26	2:38.54	S F	Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
27	2:39.31	S F	*I Zaabu Kyabayinze	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
28	2:39.59	S F	Johari Masinde	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
29	2:41.65	S F	Daniel Kyabayinze	13	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
30	2:42.44	S F	Eric Shivo	13	BBLES ZZ	03/05/2019	Super Swim League - Round 2	
31	2:42.72	S F	Haniel Kudwoli	13	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
32	2:42.89	S F	Adam Abdulmalik	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
33	2:45.13	S F	Michael Kalombo	12	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham	
34	2:45.27	S F	Enrico Azzalini	13	KESS ZZ	03/05/2019	Super Swim League - Round 2	
35	2:45.85	S F	Mohammed Sheikh	12	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
36	2:46.59	S F	Sabbah Leunoto	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
37	2:47.29	S F	Curtis Kamotho	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
38	2:47.56	S F	*I Sathyam Gohil	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
39	2:51.87	L F	Nathan Matimu	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi	
40	2:48.86	S P	Al-Mustapha Hassan	12	KENTC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
41	2:52.42	L F	*I Chukwudi Kanu	12	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
42	2:49.63	S P	Belal Alsaadawi	12	BHS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
43	2:54.09	L P	*I Kevin Rugaaju	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
44	2:54.18	L F	Xidi Munene Nyagah	12	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi	
45	2:51.14	S F	Rieko Kidha	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
46	2:51.22	S F	Sean Kariuki	14	BBLES ZZ	03/05/2019	Super Swim League - Round 2	
47	2:51.48	S F	Brian Ochieng	14	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
48	2:51.72	S F	Jaison Jalang'o	12	KESS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
49	2:55.28	L F	Brian Ochieng	14	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi	
50	2:55.40	L F	Ngesa Hawala	12	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi	
51	2:52.86	S P	Tariq Salim Kitendo	12	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
52	2:52.98	S F	Aker Mutinda	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
53	2:53.63	S F	Joel Nyaika	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
54	2:53.66	S F	*I Sahal Harunani	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
55	2:56.98	L F	Gabriel Wambua	12	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
56	2:57.22	L	F	Allan Kibui	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
57	2:54.56	S	F	Warren Lwanya	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2
58	2:56.79	S	F	Ameir Muravvej	11	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
59	2:56.97	S	F	Senthwale Muya	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
60	2:57.46	S	F	Adnan Abdulaziz	13	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
61	2:58.60	S	F	Dheerav Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
62	2:59.38	S	F	Charles Smith	14	SEAH ZZ	03/05/2019 Super Swim League - Round 2
63	2:59.54	S	F	Khaldun Khuweylid	13	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
64	3:03.16	L	F	Emmanuel Otieno	14	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
65	3:00.92	S	F	Hashim Sheikh	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
66	3:00.97	S	F	Rayann Natha	14	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
67	3:01.33	S	F	Hamud Abeid	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
68	3:01.44	S	F	Dante Echessah	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
69*	3:01.87	S	F	Mwaniki Muigai	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
69*	3:01.87	S	F	Julian Smith	12	SEAH ZZ	03/05/2019 Super Swim League - Round 2
71	3:02.36	S	F	Riyadh Abubakar	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
72	3:05.74	L	F	Jayson Gachago	13	KENTC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
73	3:02.88	S	F	Henry Ayumba	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
74	3:03.42	S	F	Martin Ouko	13	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
75	3:03.44	S	F	Mururi Mugeru	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
76	3:07.44	L	F	Darsh Shah	11	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
77	3:04.59	S	F	Mohammedkazim Khaku	13	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
78	3:04.85	S	F	*1 Delbert Panya	12	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
79	3:06.66	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
80	3:10.43	L	F	Manuel Sitoyo	12	KENTC ZZ	17/05/2019 Nairobi County Swimming Champi
81	3:10.70	L	F	Daniel Agosta	14	SAA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
82	3:07.99	S	F	Ayush Ranjan	14	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
83	3:08.22	S	F	Nick Waziri	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
84	3:08.32	S	F	Lenny Werangai	11	MAKIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin
85	3:08.81	S	F	Hemed Awadh	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
86	3:08.84	S	F	Mark Bifwoli	13	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
87	3:09.10	S	F	Sohan Shah	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
88	3:09.90	S	F	Mohammedkazim Khaku	13	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
89	3:10.80	S	F	*1 Delbert Panya	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
90	3:10.97	S	F	Darsh Parmar	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
91	3:11.60	S	F	Jonathan Weru	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
92	3:12.12	S	F	Karl Senanu	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
93	3:13.29	S	F	Mohammed Abdalla	11	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
94	3:14.27	S	F	Mikail Cherogony	13	GEMS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
95	3:14.59	S	F	Ayaan Abdulsattar	12	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
96	3:14.72	S	F	Kyle Ongera	12	OTTER ZZ	25/01/2019 Nairobi County Level 2 Swimmin
97	3:15.00	S	F	Yash Karia	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
98	3:15.25	S	F	Benoit Rerolle	14	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
99*	3:15.29	S	F	Victor Maina	11	BOSC ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
99*	3:15.29	S	F	Mukunda Mbuguah	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2
101	3:15.39	S	F	Ahmed Abdulaziz	11	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
102	3:15.72	S	F	Glenn Laboso	12	KESS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
103	3:16.56	S	F	Hemed Hemed	11	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
104	3:16.84	S	F	Abdalla Timamy	14	BOSC ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
105	3:17.01	S	F	Abderaman Galal	12	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
106	3:17.68	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
107	3:18.52	S	F	Claude Ochieng'	11	CHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
108*	3:22.07	S	F	Levern Mungai	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
108*	3:22.07	S	F	Muhammad Moosajee	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
110	3:22.21 S	F	Hamid Ahmed	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
111	3:22.75 S	F	Wema Kamata	11	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
112	3:23.15 S	F	Gift Beriny	12	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
113	3:23.47 S	F	Ethan Kwe Nganga	12	BBLES ZZ	03/05/2019	Super Swim League - Round 2
114	3:27.55 L	F	Claude Ochieng;	11	CHS ZZ	17/05/2019	Nairobi County Swimming Champi
115	3:25.36 S	F	Eddie Odhiambo	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
116	3:28.82 L	F	Ayden Mwangi	11	STRSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
117	3:25.87 S	F	Mukenu Wahome	12	KESS ZZ	03/05/2019	Super Swim League - Round 2
118	3:29.30 L	F	Austin Karanja	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
119	3:30.47 S	F	Janequin Guy	12	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
120	3:31.05 S	F	Toviel Kioko	13	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
121	3:31.88 S	F	Kisakye Kafeero	12	SAA ZZ	03/05/2019	Super Swim League - Round 2
122	3:33.18 S	F	Jonathan Muriithi	11	KIDS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
123	3:33.62 S	F	Ruhan Bhandari	12	OTTER ZZ	03/05/2019	Super Swim League - Round 2
124	3:34.04 S	F	Christopher Mathenge	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
125	3:35.53 S	F	Mali Masinde	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
126	3:36.78 S	F	Abdalla Twahir	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
127	3:36.84 S	F	Erskine Nyongesa	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
128	3:38.47 S	F	Sam Mwangi	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
129	3:39.24 S	F	Prinay Shah	11	OTTER ZZ	03/05/2019	Super Swim League - Round 2
130	3:41.35 S	F	Andrew Okoth	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
131	3:41.63 S	F	Said Noor Nadhir	12	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH :
132	3:46.16 S	F	Mohammad Abdulrahim	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
133	3:46.62 S	F	Jayden Mohammed	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
134	3:47.67 S	F	Emmanuel Mbuvi	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
135	3:53.26 L	F	Ben Kwame Ayugi	11	LASAL ZZ	17/05/2019	Nairobi County Swimming Champi
136	3:50.25 S	F	Singeni Njoroge	12	KESS ZZ	03/05/2019	Super Swim League - Round 2
137	3:52.69 S	F	Osman Ahmed	13	SEAH ZZ	03/05/2019	Super Swim League - Round 2
138	3:59.68 S	F	Aryan Sevak	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
139	4:08.58 L	F	Allan Mwangi	11	CHS ZZ	17/05/2019	Nairobi County Swimming Champi
140	4:12.02 S	F	Otto Mureithi	11	KAREN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
141	4:47.06 S	F	Shohi Gichohi	11	KAREN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
<b>Men 11-14 400 Free</b>							
1	4:31.37 L	AAAA F	Ivan Hart	13	MAQ ZZ	11/09/2019	Africa Junior Championships
2	4:51.10 L	AAAA F	*1 Risha De Guzman	13	BRAE ZZ	20/03/2019	SA National JNR Age Group Champs 2019-
3	5:07.25 L	AAAA P	Ishaq Bashir	14	OTTER ZZ	11/09/2019	Africa Junior Championships
4	5:12.26 L	P	Abdul Bagha	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	5:16.45 L	P	*1 Shad Frantz	13	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
6	5:18.77 S	F	Joshua Masakha	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
7	5:27.55 L	P	*1 Antonio Smit	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
8	5:27.19 S	F	Jesse Kioko	12	RUSIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
9	5:37.43 L	P	*1 Andile Mhlope	13	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
10	5:39.57 L	F	*1 Finlay Bell	14	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
11	5:37.83 S S	F	Jesse Onyach	14	GEMS ZZ	21/06/2019	Super Swim League Round 3
12	5:44.32 L	F	Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
13	5:38.75 S S	F	Nathan Muchai	13	KESS ZZ	21/06/2019	Super Swim League Round 3
14	5:43.57 S	F	Mohammed Sheikh	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
15	5:53.63 S	P	*1 Zaabu Kyabayinze	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
16	5:55.53 S S	F	Enrico Azzalini	13	KESS ZZ	21/06/2019	Super Swim League Round 3
17	5:55.95 S	F	Michael Kalombo	12	LSC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
18	6:02.41 L	F	Daniel Kamau	12	STKRS ZZ	17/05/2019	Nairobi County Swimming Champi
19	5:56.65 S	F	Nathan Matimu	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
20	5:58.21 S	F	*1 Sathyam Gohil	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
21	6:06.69 L	F	Sean Kariuki	14	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
22	6:07.63	L	F	Brian Ochieng	14	BRASD ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
23	6:03.52	S	F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
24	6:07.05	S	F	Sabbah Leunoto	12	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
25	6:07.17	S	F	Khalid Walid	14	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
26	6:12.41	S	F	Xidi Munene Nyagah	12	HSSCA ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
27	6:16.27	S	F	Hashim Sheikh	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
28	6:16.33	S	F	Mark Bifwoli	13	MPSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
29	6:16.48	S	F	Riyadh Abubakar	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
30	6:16.81	S	F	Daniel Kyabayinze	13	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
31	6:17.06	S S	F	Curtis Kamotho	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
32	6:20.03	S	F	Mohammedkazim Khaku	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
33	6:23.14	S	F	Dheerav Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
34	6:26.09	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
35	6:26.41	S	F	Abdulqhafur Timamy	12	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
36	6:33.10	L	F	Matthew Michuki	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
37	6:27.24	S	F	Hemed Awadh	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
38	6:32.75	S	F	Hamud Abeid	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
39	6:34.66	S S	F	Mwaniki Muigai	12	OTTER ZZ	21/06/2019 Super Swim League Round 3
40	6:35.25	S S	F	Joel Nyaika	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
41	6:37.42	S	F	Ameir Muravvej	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
42	6:38.05	S	F	Emmanuel Otieno	14	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
43	6:40.03	S	F	*I Delbert Panya	12	AKAM ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
44	6:46.45	L	F	Allan Kibui	12	KIDS ZZ	17/05/2019 Nairobi County Swimming Champi
45	6:42.36	S	F	Adam Otieno	13	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
46	6:52.87	S	F	Jonathan Weru	11	STKRS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
47	6:55.41	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
48	6:58.25	S	F	Muhammad Moosajee	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
49	6:59.23	S	F	Hemed Hemed	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
50	7:19.45	L	F	James Amor	13	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi
51	7:26.53	S S	F	Glenn Laboso	12	KESS ZZ	21/06/2019 Super Swim League Round 3
52	7:29.49	S	F	Ayaan Abdulsattar	12	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
53	7:34.11	S	F	Yash Karia	11	LUS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
54	7:45.68	S	F	Victor Maina	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3
55	8:08.43	L	F	Ayden Mwengi	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
56	8:31.36	L	F	Ben Kwame Ayugi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi
<b>Men 11-14 800 Free</b>							
1	9:32.83	L	AAAA	F	Ivan Hart	13	SWCW 29/07/2019 Swim Wales Summer Open Meet 2019
2	10:42.35	S	F	Ishaq Bashir	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
3	10:48.91	S	F	Jesse Onyach	14	GEMS ZZ	03/05/2019 Super Swim League - Round 2
4	11:06.29	L	F	Lenny Werangai	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
5	10:53.82	S	F	Evans Kanja	14	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
6	11:21.26	L	F	*I Antonio Smit	13	BRAEA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
7	11:08.51	S	F	Joshua Masakha	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
8	11:10.63	S	F	*I Shad Frantz	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
9	11:20.19	S	F	*I Andile Mhlope	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2
10	11:25.64	S	F	*I Finlay Bell	14	BRAEA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
11	11:33.64	S	F	*I Hayyan Kisitu	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
12	11:37.04	S	F	Nathan Muchai	13	KESS ZZ	03/05/2019 Super Swim League - Round 2
13	11:46.41	S	F	*I Sathyam Gohil	12	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
14	11:50.00	S	F	Enrico Azzalini	13	KESS ZZ	03/05/2019 Super Swim League - Round 2
15	12:07.56	S	F	Nathan Matimu	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
16	12:09.41	S	F	Eric Shivo	13	BBLES ZZ	03/05/2019 Super Swim League - Round 2
17	12:15.61	S	F	Hashim Sheikh	11	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
18	12:16.87	S	F	Sabbah Leunoto	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
19	12:41.62	S	F	Khalid Walid	14	BHS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
20	12:56.07	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
21	13:11.87	L	F	Michael Kalombo	12	LSC ZZ	17/05/2019 Nairobi County Swimming Champi	
22	13:19.40	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
23	13:24.85	S	F	Xidi Munene Nyagah	12	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
24	13:28.64	S	F	Hemed Awadh	11	BOSC ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
25	15:11.43	S	F	Hemed Hemed	11	BOSC ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :	
26	15:31.95	L	F	James Amor	13	SHAQS ZZ	17/05/2019 Nairobi County Swimming Champi	
27	15:29.96	S	F	Ayden Mwengi	11	STRSC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
<b>Men 11-14 200 Back</b>								
1	2:31.92	S	AAAA	F	Ivan Hart	13	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
2	2:32.22	S	AAAA	F	Aryen Muravvej	14	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
3	2:39.16	S	AAAA	P	*1 Tendo Kaumi	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
4	2:40.30	S	AAAA	F	Carlo Blunsum	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
5	2:42.81	S	AAAA	F	*1 Risha De Guzman	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin
6	2:46.53	L	AAAA	P	Abdul Bagha	13	BRAE ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
7	2:48.09	S	AAAA	F	*1 Shad Frantz	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
8	2:48.94	S	AAAA	F	Ishaq Bashir	14	OTTER ZZ	03/05/2019 Super Swim League - Round 2
9	2:51.07	S	F	Nathan Muchai	13	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
10	2:52.87	S	F	Haniel Kudwoli	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
11	2:55.92	L	F	*1 Abduljabar Adama	11	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
12	2:53.88	S	P	*1 Hayyan Kisitu	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH	
13	2:59.12	L	P	*1 Steve Magera	14	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals	
14	2:59.21	L	P	Daniel Kamau	12	STKRS ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
15	2:57.25	S	F	Jesse Onyach	14	GEMS ZZ	03/05/2019 Super Swim League - Round 2	
16	2:59.98	L	P	Njukia Kihara	13	BRAE ZZ	15/02/2019 2019 KSF Long Course Nationals	
17	3:01.27	L	P	*1 Antonio Smit	13	BRAEA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
18	2:59.44	S	F	*1 Andile Mhlope	13	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
19	3:03.98	L	F	Michael Michuki	14	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
20	3:01.59	S	F	Eric Shivo	13	BBLES ZZ	03/05/2019 Super Swim League - Round 2	
21	3:02.08	S	F	Joshua Masakha	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
22	3:03.23	S	F	Samuel Kibogo	12	SEAH ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
23	3:03.44	S	F	*1 Sathyam Gohil	12	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
24	3:04.50	S	F	Enrico Azzalini	13	KESS ZZ	03/05/2019 Super Swim League - Round 2	
25	3:05.11	S	F	Warren Lwanya	12	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
26	3:05.75	S	F	Jesse Kioko	12	RUSIN ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
27	3:08.50	S	F	Curtis Kamotho	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
28	3:09.30	S	F	Sean Kariuki	14	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
29	3:11.73	L	F	Curtis Kamotho	11	OTTER ZZ	17/05/2019 Nairobi County Swimming Champi	
30	3:10.03	S	F	Charles Smith	14	SEAH ZZ	03/05/2019 Super Swim League - Round 2	
31	3:13.34	S	F	Xidi Munene Nyagah	12	HSSCA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
32	3:14.20	S	F	Al-Mustapha Hassan	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
33	3:17.40	S	F	Dheerav Shah	13	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
34	3:21.05	S	F	Riyadh Abubakar	12	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :	
35	3:22.27	S	F	Ngesa Hawala	12	BBLES ZZ	03/05/2019 Super Swim League - Round 2	
36	3:22.37	S	F	Mohammedali N. Khandwalla	12	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
37	3:23.47	S	F	Rieko Kidha	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
38	3:25.28	S	F	Sohan Shah	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2	
39	3:27.40	S	F	Jaison Jalang'o	12	KESS ZZ	03/05/2019 Super Swim League - Round 2	
40	3:27.48	S	F	Rayann Natha	14	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :	
41	3:29.00	S	F	Henry Ayumba	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2	
42	3:30.22	S	F	Mukunda Mbuguah	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2	
43	3:31.64	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
44	3:32.41	S	F	Karl Senanu	11	SEAH ZZ	03/05/2019 Super Swim League - Round 2	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
45	3:32.80	S	F	Darsh Parmar	12	KENTC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
46	3:38.95	L	F	Nathan Matimu	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
47	3:36.63	S	F	Kyle Ongera	12	OTTER ZZ	03/05/2019 Super Swim League - Round 2
48	3:38.09	S	F	Yash Karia	11	OTTER ZZ	03/05/2019 Super Swim League - Round 2
49	3:38.78	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
50	3:42.84	S	F	Mukenu Wahome	12	KESS ZZ	03/05/2019 Super Swim League - Round 2
51	3:43.25	S	F	Hamek Singh	12	SEAH ZZ	03/05/2019 Super Swim League - Round 2
52	3:45.10	S	F	Kisakye Kafeero	12	SAA ZZ	03/05/2019 Super Swim League - Round 2
53	3:54.09	L	F	Jonathan Weru	11	STKRS ZZ	17/05/2019 Nairobi County Swimming Champi
54	3:51.72	S	F	Shibadu Maye	13	BBLES ZZ	03/05/2019 Super Swim League - Round 2
55	3:56.40	S	F	Muhammad Moosajee	11	BNDRI ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :
56	3:58.73	S	F	Hemed Hemed	11	BOSC ZZ	08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH :
57	4:02.69	L	F	Jeremy Kombe	11	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
58	4:14.36	L	F	Ayden Mwengi	11	STRSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
59	4:23.05	S	F	Osman Ahmed	13	SEAH ZZ	03/05/2019 Super Swim League - Round 2
60	4:36.23	S	F	Glenn Laboso	12	KAREN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
<b>Men 11-14 200 Breast</b>							
1	2:45.58	L SAAAA	F *1	Risha De Guzman	13	BRAE ZZ	20/03/2019 SA National JNR Age Group Champs 2019-
2	2:58.08	S AAAAA	F	Haniel Kudwoli	13	OTTER ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
3	3:11.12	L	F	Owen Maywaka	14	MAKIN ZZ	17/05/2019 Nairobi County Swimming Champi
4	3:11.61	L	P *1	John Kafumbe	13	SEALS ZZ	15/02/2019 2019 KSF Long Course Nationals
5	3:08.33	S	F	Ivan Hart	13	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3
6	3:10.09	S	F	Mohammed Sheikh	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
7	3:17.32	L	F	Eric Shivo	13	RUSIN ZZ	17/05/2019 Nairobi County Swimming Champi
8	3:17.35	L	F	Ishaq Bashir	14	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
9	3:15.51	S	P	Hakeem Salim Kitendo	13	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
10	3:16.52	S	F	Michael Kalombo	12	LSC ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
11	3:16.66	S S	F	Carlo Blunsum	13	SEAH ZZ	21/06/2019 Super Swim League Round 3
12	3:21.30	L	P	Aidan Wright	13	KENTC ZZ	15/02/2019 2019 KSF Long Course Nationals
13	3:17.87	S	P *1	Paulsen Settumba	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
14	3:18.09	S	P *1	Lionel Agaba	13	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
15	3:18.75	S S	F	Nathan Muchai	13	KESS ZZ	21/06/2019 Super Swim League Round 3
16	3:20.38	S	P *1	Ttyaba Kigundu	12	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
17	3:21.79	S	F	Khaldun Khuweyid	13	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
18	3:25.81	L	P *1	Kevin Rugaaju	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
19	3:21.82	S	F	Daniel Kyabayinze	13	MAQ ZZ	03/05/2019 5th USF National Age Group Championship
20	3:23.41	S	F	Glenn Lwanya	13	MAKIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
21	3:23.71	S	F	Ameir Muravvej	11	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
22	3:24.08	S	F	Adam Abdulmalik	12	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
23	3:28.18	L	F	Michael Michuki	14	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
24	3:28.42	L	P *1	Finlay Bell	14	BRAE ZZ	15/02/2019 2019 KSF Long Course Nationals
25	3:29.31	L	P	Keath Ogambi	14	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals
26	3:26.05	S	F	Ali Nahdy	13	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
27	3:32.16	L	F *1	Hayyan Kisitu	14	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
28	3:29.25	S S	F	Jesse Onyach	14	GEMS ZZ	21/06/2019 Super Swim League Round 3
29	3:30.89	S	F	Aker Mutinda	13	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
30	3:31.88	S	F	Sabbah Leunoto	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
31	3:35.92	L	F	Curtis Kamotho	11	OTTER ZZ	17/05/2019 Nairobi County Swimming Champi
32	3:32.79	S S	F	Curtis Kamotho	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
33	3:33.06	S S	F	Joel Nyaika	11	OTTER ZZ	21/06/2019 Super Swim League Round 3
34	3:33.20	S	F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
35	3:33.50	S S	F *1	Andile Mhlope	13	OTTER ZZ	21/06/2019 Super Swim League Round 3
36	3:34.13	S	F	Aden Githae	14	ASA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
37	3:40.35	L	F	Ngesa Hawala	12	BBLES ZZ	17/05/2019 Nairobi County Swimming Champi

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
38	3:37.07	S	P *1 Joshua Kaganda	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
39	3:38.47	S	P Mikail Cherogony	13	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
40	3:39.43	S S	F Adam Otieno	13	OTTER ZZ	21/06/2019	Super Swim League Round 3
41	3:43.54	L	F Andrew Okoth	12	BNDRI ZZ	03/04/2019	SA Level 2 Regional Age Group
42	3:40.26	S S	F Samuel Kibogo	12	SEAH ZZ	21/06/2019	Super Swim League Round 3
43	3:41.15	S	F Jeremy Kombe	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
44	3:41.26	S S	F Enrico Azzalini	13	KESS ZZ	21/06/2019	Super Swim League Round 3
45	3:41.54	S	F *1 Delbert Panya	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
46	3:41.99	S S	F Kyle Ongera	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
47	3:43.42	S	F Daniel Kamau	12	STKRS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
48	3:47.49	L	F Abdilahi Omar Yassin	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
49	3:44.20	S	F Nathan Matimu	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
50	3:48.36	L	F Njenga Gichigi	14	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
51	3:44.69	S S	F Alex Kandie	14	KESS ZZ	21/06/2019	Super Swim League Round 3
52	3:44.86	S	F Dheerav Shah	13	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
53	3:48.88	L	F Allan Kibui	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
54	3:46.25	S	F Jonathan Weru	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
55	3:51.00	L	P Yash Karia	11	LUS ZZ	15/02/2019	2019 KSF Long Course Nationals
56	3:47.22	S S	F Dante Echessah	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
57	3:48.71	S	F Said Noor Nadhir	12	MAQ ZZ	26/04/2019	CASA GRAND PRIX 3
58*	3:49.62	S S	F Harnek Singh	12	SEAH ZZ	21/06/2019	Super Swim League Round 3
58*	3:49.62	S S	F Mwaniki Muigai	12	OTTER ZZ	21/06/2019	Super Swim League Round 3
60	3:51.15	S	F Hamud Abeid	11	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
61	3:52.15	S	F Shawn Wande	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
62	3:52.80	S	F Emmanuel Otieno	14	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
63	3:54.22	S S	F Fadhili Ayiro	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
64	3:58.27	L	F Mulandi Alvin	12	SHAQS ZZ	17/05/2019	Nairobi County Swimming Champi
65	3:54.40	S	F Muhammad Moosajee	11	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
66	3:54.87	S	F Brown Mitsanze	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
67	3:55.13	S	F Abdalla Timamy	14	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
68	3:59.32	L	F James Amor	13	SHAQS ZZ	17/05/2019	Nairobi County Swimming Champi
69	3:55.73	S	F Mohammedkazim Khaku	13	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
70	3:59.53	S S	F Twahir Abdalla	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
71	4:02.28	S	F Emmanuel Mbuvi	11	TSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
72	4:02.41	S	F *1 Sayi Goyayi	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
73	4:02.54	S	F Ignatius Ayieko	11	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
74	4:03.96	S	F Gift Beriny	12	MPSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
75	4:04.25	S S	F Prinay Shah	11	OTTER ZZ	21/06/2019	Super Swim League Round 3
76	4:04.66	S	F Lenny Werangai	11	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
77	4:04.80	S	F Abdulqhafur Timamy	12	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
78	4:06.38	S	F Janequin Guy	12	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
79	4:08.41	S	F Riyadh Abubakar	12	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
80	4:09.10	S	F Manuel Sitoyo	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
81	4:11.68	S	F Mohammad Abdulrahim	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
82	4:12.48	S	F Hemed Hemed	11	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
83	4:18.01	S	F Seth Rusagara	11	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
84	4:19.47	S	F Hashim Sheikh	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
85	4:19.91	S S	F Aryan Shah	11	SEAH ZZ	21/06/2019	Super Swim League Round 3
86	4:20.33	S	F Kyle Mugo	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
87	4:26.88	L	F Matthew Michuki	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
88	4:24.28	S	F Xidi Munene Nyagah	12	HSSCA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
89	4:24.88	S	F Ayden Mwengi	11	STKRS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
90	4:25.03	S	F Ayaan Abdulsattar	12	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
91	4:25.10	S	F Jonathan Muriithi	11	KIDS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio



### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time		P/F/S	Name	Age/Yr			
92	4:29.78	L	F	Nick Waziri	12	RUSIN ZZ	17/05/2019	Nairobi County Swimming Champi
93	4:28.07	S	F	Levern Mungai	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
94	4:28.26	S	F	Wema Kamata	11	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
95	4:30.30	S	F	Elias Geyer	11	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
96	4:35.97	L	F	Ryan Muchomba	12	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
97	4:37.76	S	F	Simon Chege	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
98	4:37.88	S S	F	Osman Ahmed	13	SEAH ZZ	21/06/2019	Super Swim League Round 3
99	4:43.91	L	F	Ben Kwame Ayugi	11	LASAL ZZ	17/05/2019	Nairobi County Swimming Champi
100	5:03.98	S	F	Victor Maina	11	BOSC ZZ	26/04/2019	CASA GRAND PRIX 3
<b>Men 11-14 200 Fly</b>								
1	2:24.70	S	AAAA	F Ivan Hart	13	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
2	2:32.04	L	AAAA	F *I Risha De Guzman	13	BRAE ZZ	20/03/2019	SA National JNR Age Group Champs 2019-
3	2:54.06	S	F	Ishaq Bashir	14	OTTER ZZ	15/03/2019	Super Swim League - Round 1
4	2:58.39	S	F	*I Andile Mhlope	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1
5	3:00.10	S	P	*I Hayyan Kisitu	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
6	3:05.08	S	F	Johari Masinde	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
7	3:09.41	S	F	Jesse Kioko	12	RUSIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
8	3:20.07	L	F	Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	3:20.52	L	F	Eric Shivo	13	RUSIN ZZ	17/05/2019	Nairobi County Swimming Champi
10	3:23.49	L	F	Warren Lwanya	12	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
11	3:25.16	S	F	Daniel Kamau	12	STKRS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
12	3:27.04	S	F	Sean Kariuki	14	BBLES ZZ	15/03/2019	Super Swim League - Round 1
13	3:27.37	S	F	Owen Maywaka	14	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
14	3:31.63	S	F	*I Sathyam Gohil	12	MAQ ZZ	08/02/2019	grand prix 1
15	3:35.57	S	F	Nathan Matimu	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
16	3:37.03	S	F	Aker Mutinda	13	MAQ ZZ	08/02/2019	grand prix 1
17	3:38.29	S	F	Xidi Munene Nyagah	12	HSSCA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
18	3:48.53	S	F	Gabriel Wambua	12	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
19	3:50.42	S	F	Jonathan Weru	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
20	3:51.71	S	F	Ethan Kwe Nganga	12	BBLES ZZ	15/03/2019	Super Swim League - Round 1
21	3:54.49	S	F	Dante Echessah	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1
22	3:55.45	S	F	Matthew Michuki	11	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
23	3:57.79	S	F	Hemed Awadh	11	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
24	4:04.23	S	F	Mohammed Abdalla	11	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
25	4:08.02	S	F	Lenny Werangai	11	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
26	4:41.73	S	F	Michael Kalombo	12	LSC ZZ	08/06/2019	Lifetime Age Group & Open Cham
<b>Men 11-14 200 IM</b>								
1	2:32.04	L	AAAA	F *I Risha De Guzman	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
2	2:32.63	S	AAAA	F Ivan Hart	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
3	2:36.75	L	AAAA	P Aryen Muravvej	14	KENYA ZZ	11/09/2019	Africa Junior Championships
4	2:40.06	L	AAAA	F *I John Kafumbe	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
5	2:41.08	L	AAAA	F Jesse Onyach	14	GEMS ZZ	15/02/2019	2019 KSF Long Course Nationals
6	2:40.09	S	AAAA	F *I Tendo Kaumi	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
7	2:43.92	L	AAAA	P Ishaq Bashir	14	OTTER ZZ	11/09/2019	Africa Junior Championships
8	2:45.97	L	AAAA	F *I Paulsen Settumba	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
9	2:46.30	L	AAAA	P *I Shad Frantz	13	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
10	2:47.90	L	AAAA	P Carlo Blunsum	13	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
11	2:45.67	S	AAAA	F Evans Kanja	14	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
12	2:46.21	S	AAAA	F Nathan Muchai	13	KESS ZZ	15/03/2019	Super Swim League - Round 1
13	2:47.30	S	AAAA	F Owen Maywaka	14	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
14	2:51.54	L	AAAA	P *I Joshua Lumonya	14	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
15	2:48.37	S	AAAA	F Jesse Kioko	12	RUSIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
16	2:51.67	L	AAAA	P Abdul Bagha	13	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
17	2:49.31	S	AAAA	F Eric Shivo	13	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
18	2:54.16	L	AAAA	P *I Andile Mhlope	13	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
19	2:55.97	L		P *I Steve Magera	14	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
20	2:52.91	S		F Hakeem Salim Kitendo	13	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
21	2:53.50	S		F Daniel Kyabayinze	13	MAQ ZZ	03/05/2019	5th USF National Age Group Championship
22	2:53.61	S		F Njukia Kihara	13	BRAE ZZ	15/03/2019	Super Swim League - Round 1
23	2:57.20	L		F *I Abduljabar Adama	11	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
24	2:55.15	S		F Haniel Kudwoli	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1
25	2:58.61	L		F *I Jordan Ssamula	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
26	2:55.55	S		F *I Hayyan Kisitu	14	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
27	2:59.83	L		P *I Ttyaba Kigundu	12	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
28	2:56.85	S		F Ali Nahdy	13	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
29	2:57.74	S		F Joshua Masakha	12	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
30	2:57.93	S		F Mohammed Sheikh	12	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
31	2:58.26	S		F *I Pendo Kaumi	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
32	2:58.30	S		F Sabbah Leunoto	12	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
33	3:01.90	L		F Michael Michuki	14	MSA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
34	3:00.79	S		F Daniel Kamau	12	STKRS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
35	3:04.86	L		P Samuel Kibogo	12	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
36	3:03.02	S		F Johari Masinde	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
37	3:03.47	S		F *I Jed Beer	14	SEAH ZZ	15/03/2019	Super Swim League - Round 1
38	3:06.94	L		F *I Chukwudi Kanu	12	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
39	3:07.55	L		P Samir Bachelani	14	UNATT ZZ	15/02/2019	2019 KSF Long Course Nationals
40	3:07.69	L		P Michael Kalombo	12	LSC ZZ	15/02/2019	2019 KSF Long Course Nationals
41	3:08.05	L		F Charles Smith	14	SEAH ZZ	06/07/2019	The Manchester Non National Me
42	3:08.88	L		F Warren Lwanya	12	BBLES ZZ	17/05/2019	Nairobi County Swimming Champi
43	3:05.87	S		P *I Zaabu Kyabayinze	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
44	3:09.40	L		F *I Kevin Rugaaju	13	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
45	3:06.71	S		F Curtis Kamotho	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1
46	3:06.92	S		F Ameir Muravvej	11	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
47	3:06.93	S		F Sean Kariuki	14	BBLES ZZ	15/03/2019	Super Swim League - Round 1
48	3:10.21	L		P Daniel Agosta	14	SAA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
49	3:10.31	L		P *I Daudi Kusinza	13	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
50	3:12.90	L		F *I Lyndon Darker	12	BANDA ZZ	15/02/2019	2019 KSF Long Course Nationals
51	3:13.19	L		P *I Antonio Smit	13	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
52	3:13.21	L		P *I Lionel Agaba	13	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
53	3:10.70	S		F Shaka Gikunda	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
54	3:11.09	S		F Aker Mutinda	13	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
55	3:11.28	S		F Adam Abdulmalik	12	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
56	3:11.74	S		F Aidan Wright	13	KENTC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
57	3:15.53	L		F *I Ethani Ssengooba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
58	3:12.55	S		F Gabriel Wambua	12	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
59	3:13.66	S		F Joel Nyaika	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1
60	3:13.92	S		F Khaldun Khuweylid	13	BNDRI ZZ	08/02/2019	grand prix 1
61	3:14.94	S		P Tariq Salim Kitendo	12	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
62	3:15.09	S		F Keath Ogambi	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
63	3:15.42	S		P *I Joshua Kaganda	12	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
64	3:15.54	S		F Eddie Odhiambo	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
65	3:16.55	S		F Senthwale Muya	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1
66	3:17.62	S		F *I Sahal Harunani	11	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
67	3:21.06	L		F Nathan Matimu	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
68	3:18.26	S		F *I Delbert Panya	12	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
69	3:18.77	S		P Ngesa Hawala	12	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
70	3:22.27	L		P Al-Mustapha Hassan	12	KENTC ZZ	15/02/2019	2019 KSF Long Course Nationals
71	3:23.01	L		F Brian Ochieng	14	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi

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Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
72	3:23.28	L	P *1 Keon Walusimbi	12	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
73	3:24.37	L	P *1 Daniel Nuwagaba	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
74	3:24.38	L	P Fred Imani	12	MPSC ZZ	15/02/2019	2019 KSF Long Course Nationals
75	3:21.70	S	F Mururi Mugera	13	OTTER ZZ	15/03/2019	Super Swim League - Round 1
76	3:26.53	L	F Xidi Munene Nyagah	12	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
77	3:26.56	L	P Glenn Lwanya	13	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
78	3:23.38	S	F Adnan Abdulaziz	13	MPSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
79	3:23.78	S	F Jaison Jalang'o	12	KESS ZZ	15/03/2019	Super Swim League - Round 1
80	3:24.42	S	F Brian Ochieng	14	BRASD ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
81	3:24.60	S	F Mwaniki Muigai	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
82	3:27.91	L	F Emmanuel Otieno	14	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
83	3:28.68	L	P *1 Inhyensiko Peterson	11	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
84	3:26.18	S	F Hemed Awadh	11	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
85	3:26.60	S	F Mikail Cherogony	13	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
86	3:27.28	S	F Julian Smith	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1
87	3:27.34	S	F Martin Ouko	13	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
88	3:27.36	S	F Jonathan Weru	11	STKRS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
89	3:28.81	S	F Rayann Natha	14	BNDRI ZZ	08/02/2019	grand prix 1
90	3:29.22	S	F *1 Sathyam Gohil	12	MAQ ZZ	08/02/2019	grand prix 1
91	3:32.69	L	F Abdilahi Omar Yassin	12	KIDS ZZ	17/05/2019	Nairobi County Swimming Champi
92	3:33.25	L	F Ndogoria Nyagu	13	STM ZZ	17/05/2019	Nairobi County Swimming Champi
93	3:30.25	S	F Mohammedkazim Khaku	13	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
94	3:30.46	S	F Jeremy Kombe	11	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
95	3:31.04	S	F Shawn Wande	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
96	3:31.61	S	F Rooney Kabata	14	BRAEI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
97	3:35.97	L	F Lenny Werangai	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
98	3:33.13	S	F Karl Senanu	11	SEAH ZZ	15/03/2019	Super Swim League - Round 1
99	3:34.43	S	F Hashim Sheikh	11	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
100	3:34.74	S	F Kyle Ongera	12	OTTER ZZ	15/03/2019	Super Swim League - Round 1
101	3:35.52	S	F Yash Karia	11	LUS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
102	3:38.98	L	P Riyadh Abubakar	12	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
103	3:39.71	L	P Dominique Domingo	12	BARAQ ZZ	15/02/2019	2019 KSF Long Course Nationals
104	3:37.03	S	F *1 Delbert Panya	12	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
105*	3:37.56	S	F Mukunda Mbuguah	11	SEAH ZZ	15/03/2019	Super Swim League - Round 1
105*	3:37.56	S	F Gift Beriny	12	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
107	3:37.59	S	F Ayush Ranjan	14	AKAM ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
108	3:38.63	S	F Brown Mitsanze	13	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
109	3:39.32	S	F Mohammed Abdalla	11	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
110	3:39.69	S	F Manuel Sitoyo	12	KENTC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
111	3:43.08	L	F Alex Mugo	12	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
112	3:40.00	S	F Hamek Singh	12	SEAH ZZ	15/03/2019	Super Swim League - Round 1
113	3:40.34	S	F Hawi Wekesa	12	MAKIN ZZ	25/01/2019	Nairobi County Level 2 Swimmin
114	3:40.46	S	F Matthew Michuki	11	MAKIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
115	3:40.70	S	F Tendai Mungai	11	OTTER ZZ	15/03/2019	Super Swim League - Round 1
116	3:45.52	L	F Nick Waziri	12	RUSIN ZZ	17/05/2019	Nairobi County Swimming Champi
117	3:42.51	S	F Troy Thoya	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
118	3:43.96	S	F Ethan Kwe Nganga	12	BBLES ZZ	15/03/2019	Super Swim League - Round 1
119*	3:44.42	S	F Kevin Kiama	14	NYALI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
119*	3:44.42	S	F Hamid Ahmed	11	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
121	3:47.87	L	F Austin Karanja	11	HSSCA ZZ	17/05/2019	Nairobi County Swimming Champi
122	3:45.25	S	F Darsh Shah	11	SEAH ZZ	15/03/2019	Super Swim League - Round 1
123	3:45.80	S	F Andrew Okoth	12	BNDRI ZZ	08/02/2019	grand prix 1
124	3:46.11	S	F Muhammad Moosajee	11	BNDRI ZZ	08/02/2019	grand prix 1
125	3:49.35	L	F Wema Kamata	11	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
126	3:46.60	S	F	Ayden Mwengi	11	STKRS ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
127	3:47.46	S	F	Ignatius Ayieko	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
128	3:51.33	L	F	Justine Ndiriri	14	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
129	3:51.71	L	F	Benjamin Ouko	12	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi	
130	3:48.52	S	F	Said Noor Nadhir	12	MAQ ZZ	08/02/2019 grand prix 1	
131	3:49.18	S	F	Ahmed Abdulaziz	11	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
132	3:52.46	L	F	Janequin Guy	12	BIS ZZ	17/05/2019 Nairobi County Swimming Champi	
133	3:49.32	S	F	Mali Masinde	11	KENTC ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
134	3:50.78	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
135	3:52.87	S	F	Abdalla Twahir	11	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
136	3:56.30	L	P	Mark Bifwoli	13	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals	
137	3:58.13	L	F	Jonathan Muriithi	11	KIDS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
138	4:02.31	L	P	Hawi Ondondo	11	BBLES ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
139	4:05.04	L	P	Shibadu Maye	13	BBLES ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
140	4:01.85	S	F	Ethan Salins	12	KESS ZZ	15/03/2019 Super Swim League - Round 1	
141	4:05.66	L	F	Frank Nyingi	11	LSC ZZ	17/05/2019 Nairobi County Swimming Champi	
142	4:04.60	S	F	Kyle Mugo	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
143	4:08.28	S	F	Erskine Nyongesa	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
144	4:21.88	S	F	Osman Ahmed	13	SEAH ZZ	15/03/2019 Super Swim League - Round 1	
145	4:25.71	L	F	Malika Mwendwa Indech	11	AKAN ZZ	17/05/2019 Nairobi County Swimming Champi	
146	4:29.74	L	F	Reign Abwavo	11	CHS ZZ	17/05/2019 Nairobi County Swimming Champi	
147	5:04.71	L	F	Nathan Njau	11	NRBTS ZZ	17/05/2019 Nairobi County Swimming Champi	
148	5:03.72	S	F	David Mburu	13	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
149	5:18.64	L	F	Shohi Gichohi	11	LASAL ZZ	17/05/2019 Nairobi County Swimming Champi	
<b>Men 11-14 400 IM</b>								
1	5:12.92	S	AAAA	F	Ivan Hart	13	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	5:23.13	L	AAAA	F	*1 Risha De Guzman	13	BRAE ZZ	20/03/2019 SA National JNR Age Group Champs 2019-
3	5:59.32	S	AAAA	F	*1 Shad Frantz	13	SEAH ZZ	25/01/2019 Nairobi County Level 2 Swimmin
4	6:08.15	S	AAAA	P	*1 Hayyan Kisitu	14	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
5	6:14.65	S	F	Abdul Bagha	13	BRAE ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
6	6:22.45	L	AAAA	F	Ishaq Bashir	14	KESS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
7	6:18.72	S	F	Daniel Kyabayinze	13	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
8	6:20.12	S	F	Joshua Masakha	12	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
9	6:23.96	S	F	Owen Maywaka	14	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
10	6:32.50	L	F	Michael Michuki	14	MSA ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
11	6:33.05	S	F	Ali Nahdy	13	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3	
12	6:45.30	L	F	*1 Jordan Ssamula	11	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals	
13	6:45.59	S	F	Gabriel Wambua	12	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
14	7:01.56	L	F	*1 Lionel Agaba	13	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals	
15	6:57.08	S	F	Sean Kariuki	14	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
16	6:57.09	S	F	Khaldun Khuweylid	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
17	7:11.66	S	F	Mohammedkazim Khaku	13	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3	
18	7:12.45	S	P	Aker Mutinda	13	MAQ ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH	
19	7:32.02	L	F	Fred Imani	12	MPSC ZZ	15/02/2019 2019 KSF Long Course Nationals	
20	7:31.43	S	F	Adnan Abdulaziz	13	NYALI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019	
21	7:39.09	S	F	Mohammed Abdalla	11	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3	
22	7:40.28	S	F	Hemed Hemed	11	BOSC ZZ	26/04/2019 CASA GRAND PRIX 3	
23	7:46.15	S	F	Matthew Michuki	11	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
24	7:53.51	S	F	Shawn Wande	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
25	7:56.99	S	F	Said Noor Nadhir	12	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3	
26	8:07.64	S	F	Jeremy Angore	12	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
27	8:07.81	S	F	Kevin Kiama	14	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
28	8:13.64	S	F	Mark Bifwoli	13	NYALI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
<b>Men 15-16 50 Free</b>							
1	24.60	L AAAA F	Tabuka Bifwoli	16	GEMS ZZ	11/09/2019	Africa Junior Championships
2	25.77	L AAAA F	Jono Per Opande	16	GEMS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
3	25.49	S AAAA P	Monyo Maina	16	OSC ZZ	13/12/2018	2018 JP Fiset Invitational
4	26.33	L AAAA F	Stephen Ndegwa	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	26.65	L AAAA F	Scott Kithikii	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
6	27.12	L AAAA F	Jabali Chemirimir	16	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
7	27.14	L AAAA F	Clyde Lwanya	15	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
8	27.30	L AAAA F	Rushab Shah	16	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
9	27.47	L AAAA F	Trevor Mwamisi	15	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
10	26.90	S AAAA F	Amin Salim	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
11	27.74	L AAAA F	Munene Mugeru	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
12	27.77	L AAAA F	Kunaal Khagram	16	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
13	27.80	L AAAA P	*I Samora Lumonya	16	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
14	27.09	S AAAA F	*I Darren Ssamula	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
15	27.95	L AAAA F	*I Raphael Musoke	16	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
16	27.22	S AAAA F	Shiven Bechra	15	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
17	28.08	L AAAA F	*I Akaolisa Nweze	15	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
18	27.29	S AAAA F	Mohammed Iqbal Khandwalla	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
19	27.60	S AAAA F	Daryl Kyabayinze	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
20	27.63	S AAAA P	*I Ben Kaganda	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
21	28.55	L AAAA F	Daryl Anambo Anjichi	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
22*	28.64	L AAAA P	Peter Macharia	15	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
22*	28.64	L AAAA P	*I Ahaan Saini	15	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
24	28.01	S F	*I Aheer Chatterjee	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
25	28.15	S F	Abdallah Ismail	16	CSCN ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
26	28.23	S P	John Paul Makona	16	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
27	28.40	S F	Siegfred Katumwa	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
28	28.70	S F	Twalib A Hamza	15	CSCN ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
29	29.55	L F	Issa Owaga	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
30	28.91	S F	Jomo Muigai	15	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
31	29.75	L F	*I Namanya Ampaire	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
32	28.98	S F	Oliver Lutz	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
33	29.05	S F	*I Aaron Akwenda	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
34	29.07	S F	Paul Kioko	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
35	29.17	S F	Manuel Karanja	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
36	29.19	S F	*I Hamza Rechchad	16	BRAE ZZ	15/03/2019	Super Swim League - Round 1
37	30.13	L F	Jeremy Keter	15	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
38	30.14	L P	*I Kami Walusimbi	15	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
39	29.40	S F	Wajahat Muhammadhusein	15	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
40	29.51	S L F	Gabriel Lopez	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
41	29.61	S F	*I Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
42	29.73	S F	Sam Scott	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
43	30.73	L P	*I Mikka Kigundu	15	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
44	30.79	L F	Jesse Okumu	15	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
45	30.87	L F	Rayan Khan	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
46	x31.23	L P	Jack-issac Ndale	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
47	30.68	S F	Dhilan Shah	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
48	31.58	L F	Jacktone Ochieng'	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
49	30.87	S L F	Oliver McIntosh	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
50	31.68	L P	*I Montell Nahamya	15	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
51	30.91	S F	Anders Luffman	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	30.93	S P	Joshua Okal	15	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
53	31.13	S F	Shawn Bitok	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
54	32.06	L	F	Jack Isaack Mundi	16	NOVA ZZ	17/05/2019 Nairobi County Swimming Champi
55	31.29	S	F	Gabriel Trevett	16	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
56	31.30	S	F	Ivan Dipanda	15	BIS ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
57	31.42	S	F	I-Em-hotep Mutinda	15	MAQ ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
58	32.25	L	F	Amani Chege	16	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
59	31.52	S	F	Adil Ombati	15	NAC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
60	32.49	L	F	Leo Ongera	16	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
61	32.52	L	F	Mtume Mutere	15	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi
62	31.82	S	F	Lwanga Siganga	15	BARAQ ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
63	31.91	S	F	Sahil Dawoodia	16	SEAH ZZ	15/03/2019 Super Swim League - Round 1
64	32.72	L	P	*I Stallone Andriatsitohaina	15	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals
65	32.22	S	F	Damon Oosterik	16	HIS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
66	32.29	S	F	Dhruv Vyas	16	SEAH ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
67	33.14	L	P	Lwanga Sigana	15	BARAQ ZZ	15/02/2019 2019 KSF Long Course Nationals
68	32.56	S	F	Nigel Kangethe	15	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
69	32.61	S	F	Justin Jalang'o	16	KESS ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
70	32.67	S	F	Jack Isack	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
71	32.77	S	F	Andrea Battiato	15	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
72	33.90	L	F	Joshua Isige	15	BRASD ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
73	33.27	S	F	Love Bernsjo	15	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
74	33.65	S	F	Cabral Anyadike	16	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
75	35.46	L	F	Richard Selassie	16	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
76	35.58	L	F	David Ndura	15	NSC ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
77	35.14	S	F	Alvin Kaunda	15	TORP ZZ	08/06/2019 Lifetime Age Group & Open Cham
78	35.16	S	F	Baraka Kitsao	15	KIV ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
79	36.31	L	F	Karanja Thiomi	15	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
80	36.35	L	F	Asamoh Ayeyi	16	BHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
81	35.92	S	F	*I Michael Odunga	15	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
82	36.70	S	F	Jerry Lugonzo	15	BARAQ ZZ	25/01/2019 Nairobi County Level 2 Swimmin
83	36.98	S	F	Raegan Stickney	15	ASA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
84	37.11	S	F	Dennis Mburu	15	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
85	37.59	S	F	Wayne Kioko	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
86	37.72	S	F	*I Harsh Ramanuj	16	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
87	38.17	S	F	Michael Muiruri	15	SAST	04/10/2019 Nairobi County Level 2 Swimming Champio
88	44.09	L	F	Peter Kagwai	16	NOVA ZZ	17/05/2019 Nairobi County Swimming Champi
89	44.21	S	F	Hussein Bhallu	15	BNDRI ZZ	08/02/2019 grand prix 1
90	x54.37	L	F	Paul Mambua	16	KNPC ZZ	15/02/2019 2019 KSF Long Course Nationals
91	54.24	S	F	Mohammed Ali	15	SERAR ZZ	08/06/2019 Lifetime Age Group & Open Cham
92	1:34.69	L	P	Nicholas Maina	16	KNPC ZZ	11/04/2019 2019 KSF Nationals Swimming Trials

### Men 15-16 100 Free

1	54.62	S	AAAA	P	Tabuka Bifwoli	16	GEMS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
2	56.33	L L	AAAA	F	Monyo Maina	16	KENYA ZZ	11/09/2019 Africa Junior Championships
3	57.82	L	AAAA	P	Stephen Ndegwa	16	KENYA ZZ	11/09/2019 Africa Junior Championships
4	58.41	L L	AAAA	P	Jono Per Opande	16	KENYA ZZ	11/09/2019 Africa Junior Championships
5	58.04	S	AAAA	F	Jabali Chemirmir	16	SEAH ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
6	58.44	S	AAAA	F	Mohammed Iqbal Khandwalla	16	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
7	1:00.76	L L	AAAA	F	*I Ahaan Saini	15	OTTER ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
8	59.39	S	AAAA	F	Kunaal Khagram	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
9	1:01.02	L	AAAA	F	Trevor Mwamisi	15	KENYA ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
10	59.96	S	AAAA	F	John Paul Makona	16	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
11	59.99	S	AAAA	F	Rushab Shah	16	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
12	1:00.09	S	AAAA	F	Scott Kithikii	16	BNDRI ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
13	1:00.29	S	AAAA	F	Amin Salim	16	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3
14	1:01.89	L	AAAA	F	Munene Mugeru	16	OTTER ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
15	1:02.08	L AAAA	F Clyde Lwanya	15	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals
16	1:00.53	S AAAA	F Siegfred Katumwa	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
17	1:00.59	S AAAA	F *I Aheer Chatterjee	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
18	1:02.38	L AAAA	F Shiven Bechra	15	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
19	1:02.69	L AAAA	P *I Raphael Musoke	16	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
20	1:01.18	S AAAA	P *I Ben Kaganda	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
21	1:03.04	L L AAAA	P Daryl Kyabayinze	15	UGAND ZZ	11/09/2019	Africa Junior Championships
22	1:04.35	L AAAA	P *I Samora Lumonya	16	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
23	1:05.54	L AAAA	F Peter Macharia	15	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
24	1:05.88	L AAAA	P Daryl Anambo Anjichi	15	BBLES ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
25	1:06.47	L AAAA	P *I Kami Walusimbi	15	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
26	1:05.18	S AAAA	F Manuel Karanja	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
27	1:07.19	L	P *I Hamza Rechchad	16	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
28	1:05.74	S	F Paul Kioko	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
29	1:05.84	S	F *I Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
30	1:06.49	S	P Raegan Stickney	15	ASA ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
31	1:08.17	L	P Jomo Muigai	15	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
32	1:06.58	S	F Sam Scott	15	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
33	1:06.79	S	F Twalib A Hamza	15	CSCN ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
34	1:07.42	S	F Oliver Lutz	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	1:08.24	S	F I-Em-hotep Mutinda	15	MAQ ZZ	26/04/2019	CASA GRAND PRIX 3
36	1:09.85	L S	F Dhilan Shah	15	SEAH ZZ	06/07/2019	The Manchester Non National Me
37	1:10.46	L	F *I Namanya Ampaire	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPION
38	1:09.23	S	F Gabriel Lopez	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
39	1:10.41	S	F Shawn Bitok	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
40	1:12.22	L	F Dhruv Vyas	16	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
41	1:11.11	S	P *I Stallone Andriatsitohaina	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
42	1:13.22	L	F Justin Jalang'o	16	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
43	1:11.96	S	F Sahil Dawoodia	16	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
44	1:12.26	S	F Nigel Kangethe	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
45	1:14.04	L	F Kojo Kwame	15	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
46	1:12.62	S	F Leo Ongera	16	AKAN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
47	1:14.94	L	F Jacktone Ochieng'	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
48	1:13.35	S	F Gabriel Trevett	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
49	1:15.14	L	F Jesse Okumu	15	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
50	1:15.60	L	F Mtume Mutere	15	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
51	1:16.29	L	P Jack-issac Ndale	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
52	1:18.05	L	F Amani Chege	16	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
53	1:16.87	S	F Issa Owaga	16	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	1:18.80	L	F Joshua Isige	15	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
55	1:17.23	S	F Love Bermsjo	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
56	1:17.26	S	F Jeremy Keter	15	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
57	1:18.22	S	F Damon Oosterik	16	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
58	1:18.25	S	F Adil Ombati	15	NAC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
59	1:18.56	S	F Liam Kamau	15	BIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
60	1:20.37	S	F Jack Isack	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
61	1:23.48	S	F Cabral Anyadike	16	BRAEG ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
62	1:23.50	S	F *I Harsh Ramanuj	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
63	1:27.85	L	F Karanja Thiomi	15	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
64	1:26.64	S	F Joshua Thiomi	15	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
65	1:26.73	S	F Richard Selassie	16	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
66	1:28.17	S	F Ivan Dipanda	15	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
67	1:35.67	S	F Hussein Bhallu	15	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
68	2:22.10	L	P Paul Mambua	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
<b>Men 15-16 50 Back</b>							
1	29.19	S AAAA	F Tabuka Bifwoli	16	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
2	30.19	L AAAA	P Kunaal Khagram	16	BNDRI ZZ	11/09/2019	Africa Junior Championships
3	29.75	S AAAA	F Rushab Shah	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
4	30.86	L AAAA	F Scott Kithikii	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	31.69	S AAAA	F Mohammed Iqbal Khandwalla	16	BNDRI ZZ	08/02/2019	grand prix 1
6	31.77	S AAAA	F Siegfred Katumwa	16	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
7	31.97	S AAAA	P *I Ben Kaganda	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
8	32.59	S AAAA	F Jono Per Opande	16	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
9	33.27	L AAAA	F Monyo Maina	16	OSC ZZ	10/05/2019	Edmonton Keyano Invitational 2
10	33.75	L AAAA	F Oliver Lutz	16	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
11	33.87	L AAAA	F Jabali Chemirmir	16	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
12	33.35	S AAAA	F Stephen Ndegwa	16	BNDRI ZZ	08/02/2019	grand prix 1
13*	33.37	S AAAA	P *I Hamza Rechchad	16	BRAE ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
13*	33.37	S AAAA	F Shiven Bechra	15	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
15	33.44	S AAAA	F *I Aaron Akwenda	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
16	33.49	S AAAA	F Daryl Kyabayinze	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSHI
17	33.99	S AAAA	F Jomo Muigai	15	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
18	34.19	S	F Sam Scott	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
19	34.36	S	F John Paul Makona	16	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
20	34.49	S	F Gabriel Lopez	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
21	34.90	S	F Trevor Mwamisi	15	OAMSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
22	35.79	L	F *I Raphael Musoke	16	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
23	35.84	L	F *I Kami Walusimbi	15	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
24	35.96	L	F Clyde Lwanya	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
25	35.36	S	F Dhilan Shah	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
26	35.47	S	F *I Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
27	35.60	S	F I-Em-hotep Mutinda	15	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
28	36.26	L	F Daryl Anambo Anjichi	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
29	36.65	S	F Manuel Karanja	15	OANBI ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
30	36.67	S	F Issa Owaga	16	NOVA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
31	38.37	L	F *I Montell Nahamya	15	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
32	37.79	S	F Lwanga Siganga	15	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
33	37.83	S	F Jeremy Keter	15	BHS ZZ	08/06/2019	Lifetime Age Group & Open Cham
34	38.02	S	F Lwanga Sigana	15	BARAQ ZZ	25/01/2019	Nairobi County Level 2 Swimmin
35	38.18	S	F Shawn Bitok	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
36	38.34	S	F Oliver McIntosh	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
37	38.44	S	F Jack Isack	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
38	39.10	L	F Dhruv Vyas	16	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
39	38.62	S	F Damon Oosterik	16	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
40	38.65	S	F Adil Ombati	15	NAC ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	39.08	S	P *I Stallone Andriatsitohaina	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
42	39.70	L	F Jack Isaack Mundi	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
43	39.74	L	F Rayan Khan	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
44	40.32	L	P Jack-issac Ndale	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
45	39.78	S	F Sahil Dawoodia	16	SEAH ZZ	15/03/2019	Super Swim League - Round 1
46	39.84	S	F Jacktone Ochieng'	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
47	40.63	S	F *I Michael Odunga	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
48	40.96	S	F Amani Chege	16	BHS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
49	41.82	S	F Baraka Kitsao	15	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
50	42.30	S	F Nigel Kangethe	15	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin
51	42.90	L	F Richard Selassie	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
52	42.45	S	F Paul Kioko	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
53	42.61	S	F Love Bermsjo	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio



### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time		P/F/S	Name	Age/Yr			
54	43.15	S	F	Gabriel Trevett	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
55	44.06	L	F	Justin Jalang'o	16	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
56	43.50	S	F	*1 Harsh Ramanuj	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
57	44.18	L	F	Leo Ongera	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
58	45.48	L	F	Karanja Thiomi	15	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
59	47.56	S	F	Dennis Mburu	15	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
60	47.71	S	F	David Ndura	15	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
61	55.04	L	F	Peter Kagwai	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
62	1:32.33	L	P	Nicholas Maina	16	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
<b>Men 15-16 100 Back</b>								
1	1:04.64	L	AAAA	P Kunaal Khagram	16	BNDRI ZZ	11/09/2019	Africa Junior Championships
2	1:05.25	S	AAAA	F Rushab Shah	16	OAMSA ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
3	1:05.31	S	AAAA	F Mohammed Iqbal Khandwalla	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
4	1:07.43	S	AAAA	F *1 Ben Kaganda	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSHI
5	1:08.87	L	AAAA	P Scott Kithikii	16	BNDRI ZZ	11/09/2019	Africa Junior Championships
6	1:07.95	S	AAAA	F *1 Aheer Chatterjee	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
7	1:08.12	S	SAAAA	F Tabuka Bifwoli	16	GEMS ZZ	21/06/2019	Super Swim League Round 3
8	1:09.48	L	AAAA	F Monyo Maina	16	OSC ZZ	10/05/2019	Edmonton Keyano Invitational 2
9	1:10.28	L	AAAA	F *1 Samora Lumonya	16	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
10	1:10.76	S	SAAAA	F Jabali Chemirmir	16	SEAH ZZ	21/06/2019	Super Swim League Round 3
11	1:10.89	S	AAAA	F Stephen Ndegwa	16	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
12	1:15.05	L	AAAA	F John Paul Makona	16	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPION
13	1:14.85	S	AAAA	F Dhilan Shah	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
14	1:16.84	S	F	Manuel Karanja	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
15	1:17.23	S	F	Trevor Mwamisi	15	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
16	1:17.85	S	F	Daryl Kyabayinze	15	MAQ ZZ	03/05/2019	5th USF National Age Group Championship
17	1:19.08	S	F	Sam Scott	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
18	1:20.47	L	F	*1 Kami Walusimbi	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPION
19	1:20.52	L	F	Daryl Anambo Anjichi	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
20	1:20.36	S	F	Shawn Bitok	15	SEAH ZZ	14/07/2019	Borough of Barnsley Summer Siz
21	1:20.55	S	F	*1 Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
22	1:20.88	S	F	I-Em-hotep Mutinda	15	MAQ ZZ	26/04/2019	CASA GRAND PRIX 3
23	1:21.38	S	F	Gabriel Lopez	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
24	1:22.78	S	S	F Dhruv Vyas	16	SEAH ZZ	21/06/2019	Super Swim League Round 3
25	1:23.18	S	F	Twalib A Hamza	15	CSCN ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
26	1:25.64	L	P	Jack-issac Ndale	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
27	1:24.92	S	F	Oliver McIntosh	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
28	1:25.97	S	F	Sahil Dawoodia	16	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
29	1:28.01	S	F	Nigel Kangethe	15	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin
30	1:29.34	S	F	*1 Michael Odunga	15	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin
31	1:29.35	S	F	Damon Oosterik	16	HIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
32	1:32.51	L	F	Jeremy Keter	15	BHS ZZ	17/05/2019	Nairobi County Swimming Champi
33	1:31.50	S	F	Paul Kioko	16	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
34	1:35.92	S	F	Amani Chege	16	BHS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	1:37.73	L	F	Richard Selassie	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
36	1:37.37	S	F	Leo Ongera	16	OTTER ZZ	25/01/2019	Nairobi County Level 2 Swimmin
37	1:39.17	S	F	Justin Jalang'o	16	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
38	1:40.36	S	F	Jacktone Ochieng'	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
39	1:47.05	L	F	David Ndura	15	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
40	1:49.74	S	F	Jack Isack	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
<b>Men 15-16 50 Breast</b>								
1	31.55	L	AAAA	P Jono Per Opande	16	KENYA ZZ	11/09/2019	Africa Junior Championships
2	32.53	L	AAAA	P Stephen Ndegwa	16	KENYA ZZ	11/09/2019	Africa Junior Championships
3	34.34	L	AAAA	P Scott Kithikii	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
4	35.09	L AAAA P	Munene Mugeru	16	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
5	35.26	L AAAA F	Shiven Bechra	15	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	35.31	L AAAA P	Clyde Lwanya	15	BBLES ZZ	15/02/2019	2019 KSF Long Course Nationals	
7	35.90	L AAAA P	Paul Kioko	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
8	34.94	S AAAA F	Amin Salim	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
9	35.03	S AAAA P	Abdalla Ismail	16	CSCN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
10	35.06	S AAAA F	Rushab Shah	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
11	36.29	L AAAA P *I	Samora Lumonya	16	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
12	35.35	S AAAA F *I	Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
13	35.47	S AAAA F	Abdallah Ismail	16	CSCN ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
14	37.09	L AAAA F	Daryl Anambo Anjichi	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
15	36.37	S AAAA F	Sam Scott	15	HIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
16	37.41	L AAAA P	Trevor Mwamisi	15	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals	
17	37.51	L AAAA F *I	Mikka Kigundu	15	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals	
18	37.81	L AAAA F *I	Namanya Ampaire	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO	
19	38.38	L P	Dhilan Shah	15	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
20	37.38	S F	Jabali Chemirmir	16	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
21	37.53	S F	John Paul Makona	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
22	39.54	L F	Jacktone Ochieng'	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi	
23	39.65	L P *I	Raphael Musoke	16	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals	
24	39.70	L F	Peter Macharia	15	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
25	39.03	S P	Joshua Okal	15	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
26	39.43	S F	Oliver Lutz	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
27	39.62	S F	Daryl Kyabayinze	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
28	40.93	L P	Lwanga Sigana	15	BARAQ ZZ	15/02/2019	2019 KSF Long Course Nationals	
29	40.03	S F	Sahil Dawoodia	16	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
30	41.32	L F	Joshua Isige	15	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
31	40.37	S F	Ivan Dipanda	15	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
32	41.64	L F	Issa Owaga	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi	
33	41.73	L F	Leo Ongera	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
34	40.86	S F	Michael Muiruri	15	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
35*	40.89	S F	Lwanga Siganga	15	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
35*	40.89	S F	Oliver McIntosh	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
37	42.17	L F	Jesse Okumu	15	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
38	41.51	S F	I-Em-hotep Mutinda	15	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
39	42.40	S F	Richard Selassie	16	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
40	42.53	S F	Kush Patel	15	PEP-S ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
41	43.53	L F	Jeremy Keter	15	BHS ZZ	17/05/2019	Nairobi County Swimming Champi	
42	43.79	L F *I	Akaolisa Nweze	15	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
43	42.81	S P *I	Stallone Andriatsitohaina	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
44	42.94	S F	Justin Jalang'o	16	KESS ZZ	03/05/2019	Super Swim League - Round 2	
45	43.30	S F	Liam Kamau	15	BIS ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
46	43.31	S P *I	Montell Nahamya	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
47	44.46	L F	Dhruv Vyas	16	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
48	45.03	L F	Amani Chege	16	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
49	44.16	S F	Nigel Kangethe	15	BBLES ZZ	03/05/2019	Super Swim League - Round 2	
50	44.50	S F	Amani Ameyo	15	KESS ZZ	03/05/2019	Super Swim League - Round 2	
51	45.55	L F	Jack Isaack Mundi	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi	
52	45.70	L P	Jack-issac Ndale	16	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
53	45.77	L F	Kojo Kwame	15	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
54	45.07	S F	Karanja Thiomi	15	OTTER ZZ	03/05/2019	Super Swim League - Round 2	
55	45.16	S F *I	Michael Odunga	15	BBLES ZZ	03/05/2019	Super Swim League - Round 2	
56	45.29	S F *I	Harsh Ramanuj	16	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
57	45.35	S F	Jerry Lugonzo	15	BARAQ ZZ	25/01/2019	Nairobi County Level 2 Swimmin	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
58	46.40	S	F	David Ndura	15	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
59	46.57	S	F	Jack Isack	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
60	46.93	S	F	Love Bemsjo	15	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
61	47.54	S	F	Joshua Thiomi	15	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
62	47.56	S	F	Dennis Mburu	15	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham
63	48.12	S	F	Sullivan Kandie	16	NAC ZZ	25/01/2019 Nairobi County Level 2 Swimmin
64	48.57	S	F	Jeremy Baraka	15	NOVA ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
65	49.38	S	F	Shawn Bitok	15	SEAH ZZ	03/05/2019 Super Swim League - Round 2
66	50.64	S	F	Cabral Anyadike	16	BRAEG ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
67	51.78	S	F	Peter Kagwai	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
68	52.21	S	F	Wayne Kioko	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
69	1:01.08	S	F	Emanuel Muraya	15	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
70	1:17.55	L	P	Paul Mambua	16	KNPC ZZ	15/02/2019 2019 KSF Long Course Nationals
<b>Men 15-16 100 Breast</b>							
1	1:11.69	L	AAAA	P	Jono Per Opande	16	KENYA ZZ 11/09/2019 Africa Junior Championships
2	1:13.34	S	AAAA	F	Scott Kithikii	16	BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
3	1:14.53	S	AAAA	F	Stephen Ndegwa	16	BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
4	1:17.35	L	AAAA	F	Monyo Maina	16	OSC ZZ 10/05/2019 Edmonton Keyano Invitational 2
5	1:16.98	S	AAAA	P	Rushab Shah	16	OAMSA ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
6	1:17.04	S	AAAA	F	Shiven Bechra	15	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHI
7	1:17.63	S	AAAA	F	John Paul Makona	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHI
8	1:17.83	S	AAAA	F	Amin Salim	16	MAQ ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHI
9	1:19.92	L	AAAA	F	Clyde Lwanya	15	BBLES ZZ 15/02/2019 2019 KSF Long Course Nationals
10	1:20.13	L	AAAA	P	*1 Samora Lumonya	16	SFA ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
11	1:20.20	L	AAAA	F	Munene Mugeru	16	OTTER ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
12	1:18.99	S	AAAA	F	*1 Aaron Akwenda	16	BFINS ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
13	1:19.37	S	AAAA	F	Paul Kioko	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHI
14	1:21.48	L	AAAA	F	*1 Namanya Ampaire	15	UGAND ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
15	1:20.29	S	AAAA	F	Abdalla Ismail	16	CSCN ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHI
16	1:20.52	S	AAAA	P	*1 Mikka Kigundu	15	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
17	1:20.59	S	AAAA	F	*1 Yuki Omori	16	BFINS ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
18	1:20.75	S	AAAA	P	Daryl Anambo Anjichi	15	BBLES ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
19	1:22.87	L	AAAA	F	Dhilan Shah	15	SEAH ZZ 06/07/2019 The Manchester Non National Me
20	1:22.96	L	AAAA	P	*1 Ahaan Saini	15	OTTER ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
21	1:21.19	S	AAAA	P	Trevor Mwamisi	15	OAMSA ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI
22	1:21.51	S	AAAA	F	Mohammed Iqbal Khandwalla	16	BNDRI ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
23	1:22.25	S	AAAA	F	Sam Scott	15	HIS ZZ 25/01/2019 Nairobi County Level 2 Swimmin
24	1:23.26	S	F	Jabali Chemirmir	16	SEAH ZZ 15/03/2019 Super Swim League - Round 1	
25	1:26.54	S	F	Sahil Dawoodia	16	SEAH ZZ 15/03/2019 Super Swim League - Round 1	
26	1:27.22	S	F	Oliver Lutz	16	ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
27	1:27.43	S	P	Joshua Okal	15	KISAC ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSHI	
28	1:27.49	S	F	Daryl Kyabayinze	15	MAQ ZZ 03/05/2019 5th USF National Age Group Championship	
29	1:28.32	S	F	Wajahat Muhammadhusein	15	BOSC ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSHI	
30	1:29.31	S	F	Peter Macharia	15	OTTER ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
31	1:29.85	S	F	Lwanga Siganga	15	BARAQ ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
32	1:29.95	S	F	Leo Ongera	16	AKAN ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
33	1:31.25	S	F	Issa Owaga	16	MAKIN ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
34	1:33.29	L	F	Jacktone Ochieng'	16	NOVA ZZ 17/05/2019 Nairobi County Swimming Champi	
35	1:31.38	S	F	Gabriel Trevett	16	ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
36	1:33.27	S	F	Oliver McIntosh	15	ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
37	1:34.20	S	F	Ivan Dipanda	15	BIS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
38	1:37.55	L	F	Joshua Isige	15	BRASD ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
39	1:35.77	S	F	Justin Jalang'o	16	KESS ZZ 15/03/2019 Super Swim League - Round 1	
40	1:36.92	S	F	Manuel Karanja	15	OANBI ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
41	1:37.13	S	F	Nigel Kangethe	15	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
42	1:37.54	S	F	Anders Luffman	15	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
43	1:42.75	L	P	Jack-issac Ndale	16	BNDRI ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
44	1:41.85	S	F	*I Harsh Ramanuj	16	SSA ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
45	1:44.03	L	F	Jesse Okumu	15	CHS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
46	1:43.48	S	F	*I Michael Odunga	15	BBLES ZZ	25/01/2019 Nairobi County Level 2 Swimmin
47	1:43.92	S	F	Jack Isack	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham
48	1:46.21	S	F	Richard Selassie	16	OTTER ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
49	1:46.66	S	F	Shawn Bitok	15	SEAH ZZ	15/03/2019 Super Swim League - Round 1
50	1:46.80	S	F	Joshua Thiomi	15	RUSIN ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
51	1:51.04	S	F	Love Bemsjo	15	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
52	2:58.21	L	P	Paul Mambua	16	KNPC ZZ	15/02/2019 2019 KSF Long Course Nationals
<b>Men 15-16 50 Fly</b>							
1	26.35	L	AAAA	F	Stephen Ndegwa	16	KENYA ZZ 11/09/2019 Africa Junior Championships
2	26.55	L	AAAA	F	Tabuka Bifwoli	16	GEMS ZZ 11/09/2019 Africa Junior Championships
3	27.60	L	AAAA	F	Jono Per Opande	16	GEMS ZZ 15/02/2019 2019 KSF Long Course Nationals
4	28.01	L	AAAA	F	Monyo Maina	16	OSC ZZ 04/07/2019 2019 Summer Championships
5	29.15	L	AAAA	F	Scott Kithikii	16	KENYA ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
6	29.40	L	AAAA	F	Clyde Lwanya	15	NOVA ZZ 17/05/2019 Nairobi County Swimming Champi
7	29.67	L	AAAA	F	Mohammed Iqbal Khandwalla	16	BNDRI ZZ 15/02/2019 2019 KSF Long Course Nationals
8	29.01	S	AAAA	F	Abdallah Ismail	16	CSCN ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
9	29.42	S	AAAA	F	Abdalla Ismail	16	CSCN ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
10	29.43	S	AAAA	F	Siegfred Katumwa	16	BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
11	30.21	L	AAAA	F	Trevor Mwamisi	15	KENYA ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
12	29.66	S	AAAA	F	Kunaal Khagram	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
13	29.72	S	AAAA	F	*I Darren Ssamula	16	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
14	29.93	S	SAAAA	F	Jabali Chemirmir	16	SEAH ZZ 21/06/2019 Super Swim League Round 3
15	29.99	S	AAAA	F	*I Ben Kaganda	16	DSC-K ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
16	30.89	L	AAAA	P	*I Raphael Musoke	16	SEALS ZZ 15/02/2019 2019 KSF Long Course Nationals
17	30.44	S	AAAA	F	John Paul Makona	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
18	30.54	S	AAAA	F	Shiven Bechra	15	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
19	30.86	S	AAAA	F	Twalib A Hamza	15	CSCN ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
20	31.91	L	AAAA	F	Daryl Anambo Anjichi	15	BBLES ZZ 15/02/2019 2019 KSF Long Course Nationals
21	31.99	L	AAAA	F	Dhruv Vyas	16	SEAH ZZ 15/02/2019 2019 KSF Long Course Nationals
22	31.30	S	AAAA	F	*I Aheer Chatterjee	16	AKAM ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
23	31.34	S	SAAAA	F	Munene Mugeru	16	OTTER ZZ 21/06/2019 Super Swim League Round 3
24	32.06	L	AAAA	F	*I Namanya Ampaire	15	UGAND ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO
25	31.37	S	AAAA	F	Rushab Shah	16	OAMSA ZZ 05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
26	31.39	S	AAAA	F	Jomo Muigai	15	OTTER ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
27	32.11	L	AAAA	F	*I Akaolisa Nweze	15	IKOYI ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
28	32.16	L	AAAA	F	Jacktone Ochieng'	16	NOVA ZZ 17/05/2019 Nairobi County Swimming Champi
29	31.57	S	AAAA	F	Daryl Kyabayinze	15	MAQ ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
30	32.32	L	AAAA	F	Peter Macharia	15	OTTER ZZ 15/02/2019 2019 KSF Long Course Nationals
31	33.07	S	F	Issa Owaga	16	MAKIN ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
32	33.10	S	F	*I Yuki Omori	16	BFINS ZZ 21/06/2019 CASA Inter Clubs Swimming Championship	
33	33.26	S	P	Raegan Stickney	15	ASA ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI	
34	34.00	L	P	*I Hamza Rechchad	16	BRAE ZZ 15/02/2019 2019 KSF Long Course Nationals	
35	33.31	S	F	Gabriel Lopez	15	HIS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio	
36	33.36	S	F	Paul Kioko	16	BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH	
37	34.70	L	F	Jack Isaack Mundi	16	NOVA ZZ 17/05/2019 Nairobi County Swimming Champi	
38	34.92	L	F	Rayan Khan	16	OTTER ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
39	34.61	S	F	Oliver Lutz	16	ISK ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio	
40	34.86	S	F	Shawn Bitok	15	SEAH ZZ 14/07/2019 Borough of Barnsley Summer Siz	
41	35.92	L	F	*I Kami Walusimbi	15	UGAND ZZ 14/11/2018 CANA ZONE III SWIMMING CHAMPIO	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
42	35.25 S	P	*1 Stallone Andriatsitohaina	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
43	35.32 S	P	Jack-issac Ndale	16	NYALI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
44	36.31 L	F	Mtume Mutere	15	BRASD ZZ	17/05/2019	Nairobi County Swimming Champi
45	35.87 S	F	Sam Scott	15	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
46	35.92 S	F	Adil Ombati	15	NAC ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
47	36.63 L	F	Amani Chege	16	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
48	35.95 S	P	*1 Mikka Kigundu	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
49	36.50 S	F	I-Em-hotep Mutinda	15	MAQ ZZ	26/04/2019	CASA GRAND PRIX 3
50*	36.66 S S	F	Leo Ongera	16	OTTER ZZ	21/06/2019	Super Swim League Round 3
50*	36.66 S	F	Nigel Kangethe	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	36.95 S	F	Gabriel Trevett	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
53	37.77 L	F	Jesse Okumu	15	CHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
54	37.27 S	F	Jack Isack	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
55	38.18 L	F	Joshua Isige	15	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
56	37.82 S	F	Kush Patel	15	PEP-S ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
57	37.89 S	F	*1 Harsh Ramanuj	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
58	38.33 S	F	Oliver McIntosh	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
59	40.34 S	F	Love Bermsjo	15	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
60	40.71 S	F	Baraka Kitsao	15	KIV ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th (
61	41.53 L	F	Asamoh Ayeyi	16	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
62	41.52 S	F	*1 Michael Odunga	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
63	41.85 S	F	Ivan Dipanda	15	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
64	42.60 L	F	Justin Jalang'o	16	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
65	42.76 L	F	Richard Selassie	16	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
66	42.54 S	F	Joshua Thiomi	15	RUSIN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
67	43.93 S	F	Dennis Mburu	15	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
68	44.01 S	F	Ajay James Wanda Wanda	16	BHSRC ZZ	08/06/2019	Lifetime Age Group & Open Cham
69	45.95 S	F	Wayne Kioko	16	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
70	46.02 S	F	David Ndura	15	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
71	47.07 S	F	Cabral Anyadike	16	BRAEG ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
72	49.65 L	F	Peter Kagwai	16	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
73	51.59 S	F	Hussein Bhallu	15	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3

### Men 15-16 100 Fly

1	59.42 L	AAAA	P	Tabuka Bifwoli	16	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH
2	59.00 S	AAAA	F	Stephen Ndegwa	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
3	1:00.96 L	AAAA	P	Monyo Maina	16	OSC ZZ	04/07/2019	2019 Summer Championships
4	1:01.50 L	AAAA	F	Jono Per Opande	16	GEMS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	1:03.62 S	AAAA	F	Kunaal Khagram	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
6	1:04.11 S	AAAA	F	Mohammed Iqbal Khandwalla	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
7	1:05.28 S	AAAA	F	Clyde Lwanya	15	BBLES ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
8	1:05.34 S	AAAA	F	Siegfred Katumwa	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
9	1:06.45 S	AAAA	F	*1 Darren Ssamula	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
10	1:07.28 S	AAAA	P	*1 Ben Kaganda	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
11	1:07.82 S	AAAA	F	Amin Salim	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
12	1:08.99 S	AAAA	F	Scott Kithikii	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
13	1:09.01 S	AAAA	F	John Paul Makona	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
14	1:09.08 S	AAAA	P	Abdalla Ismail	16	CSCN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
15	1:10.32 S	AAAA	F	Shiven Bechra	15	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
16	1:13.33 S	F	F	Twalib A Hamza	15	CSCN ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
17	1:13.57 S	F	*1	Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
18	1:16.32 L	P	*1	Raphael Musoke	16	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
19	1:15.00 S	F	F	Jomo Muigai	15	OTTER ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
20	1:16.52 L	F	F	Oliver Lutz	16	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
21	1:16.94 L	F	F	Daryl Anambo Anjichi	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time		P/F/S	Name	Age/Yr			
22	1:17.60	L	F	Trevor Mwamisi	15	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
23	1:19.50	S	F	Peter Macharia	15	OTTER ZZ	03/05/2019	Super Swim League - Round 2
24	1:23.01	L	F	Shawn Bitok	15	SEAH ZZ	06/07/2019	The Manchester Non National Me
25	1:23.47	L	F	Dhruv Vyas	16	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
26	1:22.41	S	F	Leo Ongera	16	OTTER ZZ	03/05/2019	Super Swim League - Round 2
27	1:24.43	S	F	Nigel Kangethe	15	BBLES ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
28	1:25.86	S	F	Daryl Kyabayinze	15	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH ;
29	1:26.89	S	F	Issa Owaga	16	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
30	1:30.75	S	F	I-Em-hotep Mutinda	15	MAQ ZZ	08/03/2019	CASA GRAND PRIX 2 8TH - 9TH MARCH ;
31	1:35.81	S	F	Amani Ameyo	15	KESS ZZ	03/05/2019	Super Swim League - Round 2
<b>Men 17 &amp; Over 50 Free</b>								
1	23.74	L	AAAA	P Danilo Rosafo	18	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH
2	23.94	L	AAAA	P Issa Mohamed	24	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
3	24.14	L	AAAA	F Swaleh Talib	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	24.69	L	AAAA	F Ridhwan Mohamed	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
5	24.70	L	AAAA	F *1 Atuhaire Ambala	18	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
6	24.97	L	AAAA	F *1 Billy-Scott Irakoze	23	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
7	24.36	S	AAAA	P Nobby Nelson	19	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
8	25.36	L	AAAA	F Samuel Ndonga	21	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	25.37	L	AAAA	F Cian Omondi	20	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
10	25.55	L	AAAA	F Emmanuel Ndonga	19	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
11	26.24	L	AAAA	F *1 Tendo Mukalazi	17	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
12	25.46	S	AAAA	F Kigen Chemirmir	19	SEAH ZZ	15/03/2019	Super Swim League - Round 1
13	26.43	L	AAAA	F Lucas Omondi	20	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
14	25.71	S	L AAAA	F Mohammed Omar	19	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
15	26.60	L	AAAA	P *1 Ciaran Eddy	19	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
16	26.69	L	AAAA	F Alvin Omondi	18	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
17	26.82	L	AAAA	F Stanley Ndezwa	17	NAC ZZ	17/05/2019	Nairobi County Swimming Champi
18	26.89	L	AAAA	F Adrian Ngweno	21	KESS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
19	26.91	L	AAAA	P Muhammad Bilal Khandwalla	18	BOSC ZZ	15/02/2019	2019 KSF Long Course Nationals
20	27.09	L	AAAA	P Nabil Shikely	20	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
21	27.16	L	AAAA	F Daniel Nyamweya	21	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
22	26.57	S	AAAA	P Abdallah Mazrui	18	CSCN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
23	27.46	L	AAAA	P Dale Mwangi	19	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
24	26.69	S	AAAA	F Kunyihira Kirunda	19	SEAH ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
25	27.61	L	AAAA	P David Ngare	25	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals
26	26.81	S	AAAA	F Maahir Harunani	20	MAQ ZZ	08/02/2019	grand prix 1
27	27.80	L	AAAA	F Kevin Shivo	17	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
28	27.43	S	AAAA	F Toya Noel	22	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
29	27.49	S	AAAA	F Daniel Nyamwaya	27	USIDO ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
30	27.63	S	AAAA	F Collins Jerry	20	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
31	27.69	S	AAAA	F Jerome Waudu	18	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
32	27.71	S	AAAA	P Joseph Okal	17	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
33	28.53	L	AAAA	P Nigel Amos	22	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
34	27.73	S	AAAA	P Hamid Muhasham	20	CSCN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
35	27.79	S	AAAA	F Ronnie Roberts	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
36	27.90	S	AAAA	P Calvin Omondi	21	MAKIN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
37	27.97	S	AAAA	F *1 Richard Andrew	18	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
38*	28.05	S	F	Theodore Okeyo	21	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
38*	28.05	S	P	Junaid Khandwalla	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
40	28.11	S	F	*1 Ulysse Smith-Chopin	17	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
41	29.19	L	P	Dennis Muthui	21	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
42	28.52	S	F	Errol King	17	PEP-S ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
43	29.39	L	P	Ibrahim Omar	17	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
44	28.79 S	F	Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
45	29.76 L	F	Kiambuthi Kinuthia	21	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
46	29.52 S	F	Nui Trevett	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
47	29.53 S	P	Telvin Kameta	18	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
48	29.56 S	F	Nagib Mbarak	22	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
49	29.71 S	F	Kevin Adede	19	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
50	30.97 L	F	Lyle Agai	17	STM ZZ	17/05/2019	Nairobi County Swimming Champi
51	30.60 S	F	Jameel Khan	18	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
52*	30.65 S	F	AlJamiu Mohamed	19	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
52*	30.65 S	F	Rushan Manek	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	30.68 S	F	Soud Hassan	20	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
55	31.96 L	F	Mwangi Kahuko	17	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
56	31.37 S	F	Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
57	31.38 S	P	Rayyan Malik	17	BARAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
58	31.44 S	F	Amar Onali Ebrahimjee	20	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
59	32.30 L	F	Rodgers Osano	27	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
60	31.59 S	F	Brinelle Kaduda	19	SSA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
61	32.40 L	F	*1 Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
62	32.51 L	F	Travis Mwiti	17	LSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
63	31.74 S	F	Muinga Njau	24	USIDO ZZ	25/01/2019	Nairobi County Level 2 Swimmin
64	32.26 S	F	Andrew Jones	18	NOVA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
65	32.38 S L	F	Dennis Mwaura	27	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
66	32.57 S	F	Omar Omar	21	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
67	32.61 S	F	Franklyne Mayende	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
68	33.43 L	P	*1 Abdullateef Shafique	19	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
69	32.73 S	P	*1 Shafique Abdullateef	19	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
70	33.89 L	F	Ricky Martins Ogada	18	WSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
71	33.71 S	F	Brian Mungai	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
72	34.61 L	P	Brian Kawelu	19	MAKIN ZZ	15/02/2019	2019 KSF Long Course Nationals
73	34.67 L	F	Harrison Gachoka	24	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
74	34.07 S	F	Harrison Gachoka	23	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
75	35.75 L	F	Eugene Kinyangi	24	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
76	35.82 L	F	Sean Mawira	18	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
77	36.16 L	F	David Ngahu	17	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
78	35.52 S	F	Sahil Sheth	17	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
79	36.78 L	F	Erick Mwenja	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
80	36.01 S	F	Kush Patel	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
81	36.81 L	F	*1 Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
82	36.66 S	F	Samuel Muiruri	17	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
83	37.89 L	F	Denis Mburu	17	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
84	39.37 S	F	Harrison Mudave	23	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
85	x41.44 L	P	Maina KaranjaS9	50	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
86	41.52 L	P	Ben Murage	28	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
87	44.23 L	F	Jonathan Mbau	18	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi
88	45.38 L	F	Moses Waweru	22	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
89	53.65 L	P	Christopher GichukiS11	34	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
90	55.02 L	P	Paul MabwaS7	41	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
91	x1:00.14 L	P	Ken MuneneS14	26	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals

#### Men 17 & Over 100 Free

1	52.09 L	AAAA	P	Danilo Rosafio	18	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH
2	52.93 L	L AAAA	F	Ridhwan Mohamed	19	KENYA ZZ	21/08/2019	12th African Games
3	53.44 L	L AAAA	P	Issa Mohamed	24	KENYA ZZ	21/07/2019	18th FINA World Championships
4	53.56 L	L AAAA	F	Swaleh Talib	19	KENYA ZZ	21/08/2019	12th African Games
5	53.80 S	AAAA	F	*1 Atuhaire Ambala	18	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
6	55.85	L AAAA	F Alvin Omondi	18	KESS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
7	56.18	L AAAA	F *1 Billy-Scott Irakoze	23	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals	
8	54.62	S AAAA	F Nobby Nelson	19	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
9	56.49	S AAAA	F Samuel Ndonga	21	OTTER ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
10	56.77	S AAAA	F Cian Omondi	20	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
11	56.82	S AAAA	F Muhammad Bilal Khandwalla	18	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
12	59.46	L AAAA	F *1 Tendo Mukalazi	17	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO	
13	58.03	S AAAA	P Kigen Chemimir	19	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
14	58.43	S AAAA	F Mohamed Suleiman	20	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
15	1:00.06	L AAAA	F *1 Ciaran Eddy	19	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals	
16	1:00.07	L AAAA	P Mohammed Omar	19	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
17	1:00.44	L AAAA	P Dale Mwangi	19	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
18	1:00.25	S AAAA	F Lucas Omondi	20	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
19	1:02.28	L AAAA	F Stanley Ndezwa	17	NAC ZZ	17/05/2019	Nairobi County Swimming Champi	
20	1:02.82	L AAAA	F Kevin Shivo	17	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
21	1:03.15	L AAAA	P Daniel Nyamweya	21	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
22	1:01.63	S AAAA	F Kunyihira Kirunda	19	SEAH ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
23	1:01.84	S AAAA	P Adrian Ngweno	21	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
24	1:03.79	L AAAA	F Junaid Khandwalla	19	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
25	1:02.80	S AAAA	F Daniel Nyamwaya	27	USIDO ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
26	1:04.66	L AAAA	P David Ngare	25	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals	
27	1:03.14	S AAAA	F *1 Richard Andrew	18	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
28	1:03.86	S AAAA	P Calvin Omondi	21	MAKIN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
29	1:06.03	L AAAA	P Nigel Amos	22	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
30	1:04.48	S AAAA	F Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
31	1:05.55	S	F Ronnie Roberts	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
32	1:05.69	S S	F Ibrahim Omar	17	OTTER ZZ	21/06/2019	Super Swim League Round 3	
33	1:05.76	S	F Errol King	17	PEP-S ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
34	1:05.85	S	F Toya Noel	22	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
35	1:06.80	S	P Collins Jerry	20	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
36	1:07.23	S	P Telvin Kameta	18	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
37	1:07.33	S	F Kevin Adede	19	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
38	1:07.85	S	F Nagib Mbarak	22	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
39	1:08.54	S	F Soud Hassan	20	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
40	1:09.10	S	F AlJamiu Mohamed	19	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
41	1:12.22	L	F Emmanuel Leipa Siranka	23	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
42	1:11.34	S	F Nui Trevett	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
43	1:13.42	L	F Rayyan Malik	17	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
44	1:12.59	S	F Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
45	1:13.48	S	F Muinga Njau	24	USIDO ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
46	1:15.91	L	F *1 Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
47	1:16.13	L	F Alex Karanja	18	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
48	1:16.52	L	F Robert Kaira	17	KAREN ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
49	1:16.06	S	F Rodgers Osano	27	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
50	1:18.27	L	F Bret Adede	24	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
51	1:19.68	L	F James Obadha Olwande	24	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
52	1:20.00	L	F Harrison Gachoka	24	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
53	1:19.69	S	F Harrison Gachoka	23	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham	
54	1:23.36	S	F Sahil Sheth	17	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
55	1:24.97	L	F *1 Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
56	1:23.91	S	F Brian Mungai	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
57	1:27.88	L	F Denis Mburu	17	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
58	1:29.05	L	F Antony Mwangi	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
59	1:36.92	L	F Clinton Kinuthia	20	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
60	1:37.45 L	P	Maina KaranjaS9	50	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
61	1:48.44 L	P	Ben Murage	28	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
62	1:48.54 L	F	Jonathan Mbau	18	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi	
63	2:09.54 L	P	Christopher GichukiS11	34	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
64	2:26.84 L	P	Ken MuneneS14	26	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
<b>Men 17 &amp; Over 50 Back</b>								
1	27.80 S	AAAA F	*I Atuhaire Ambala	18	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
2	28.29 S	AAAA P	Alvin Omondi	18	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
3	28.39 S	AAAA P	Emmanuel Ndonga	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
4	28.89 S	AAAA P	Swaleh Talib	19	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
5	29.09 S	AAAA P	Nobby Nelson	19	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
6	29.39 S	AAAA F	Muhammad Bilal Khandwalla	18	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
7	30.65 S	AAAA P	*I Tendo Mukalazi	17	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
8	31.40 S	AAAA F	Kigen Chemirmir	19	SEAH ZZ	15/03/2019	Super Swim League - Round 1	
9	31.53 S	AAAA F	*I Ciaran Eddy	19	BRAEA ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
10	31.86 S	AAAA F	Jerome Waudo	18	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
11	32.66 L	AAAA P	*I Ulysse Smith-Chopin	17	SEAH ZZ	15/02/2019	2019 KSF Long Course Nationals	
12	32.65 S	AAAA F	Samuel Ndonga	21	OTTER ZZ	15/03/2019	Super Swim League - Round 1	
13	32.66 S	AAAA P	Stanley Ndezwa	17	NAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
14	33.00 S	AAAA P	Collins Jerry	20	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
15	33.17 S	AAAA F	Ronnie Roberts	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
16	33.27 S	AAAA P	Mohammed Omar	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
17	34.48 L	AAAA F	David Ngare	25	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
18	33.97 S	AAAA F	Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
19	34.41 S	P	Joseph Okal	17	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
20	36.48 L	F	Kevin Shivo	17	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
21	36.34 S	P	Theodore Okeyo	21	KU ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
22	36.84 S	F	Telvin Kameta	18	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
23	36.86 S	F	Amar Onali Ebrahimjee	20	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
24	37.00 S	F	Toya Noel	22	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
25	37.18 S	F	Ibrahim Omar	17	OTTER ZZ	15/03/2019	Super Swim League - Round 1	
26	37.84 L	F	Brian Kawelu	19	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi	
27	38.11 L	F	Nick Joseph Odhiambo	21	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
28	37.77 S	F	Muinga Njau	24	USIDO ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
29	37.92 S	P	Rayyan Malik	17	BARAQ ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
30	38.03 S	F	Andrew Jones	18	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
31	39.00 L	F	Urbanus Wambua Musila	21	PROAC ZZ	17/05/2019	Nairobi County Swimming Champi	
32	38.58 S	F	Dale Mwangi	19	BRAE ZZ	15/03/2019	Super Swim League - Round 1	
33	39.02 S	F	*I Richard Andrew	18	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
34	39.56 S	F	Akram Mathu	24	PIRAN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
35	40.11 S	F	Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
36	41.38 L	F	Travis Mwiti	17	LSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
37	41.90 L	F	Rodgers Osano	27	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
38	41.35 S L	F	Lucas Omondi	20	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
39	42.10 L	F	Andrew Kinyanjui	26	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
40	42.46 L	F	*I Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
41	42.61 S	F	Aiman Abdulbasit	17	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
42	44.00 L	F	*I Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
43	44.04 L	F	Antony Mwangi	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
44	43.63 S	F	Soud Hassan	20	BNDRI ZZ	08/02/2019	grand prix 1	
45	47.19 L	F	Erick Mwenja	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
46	47.81 L	F	Clinton Kinuthia	20	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
47	51.29 L	F	Jonathan Mbau	18	NRBTS ZZ	17/05/2019	Nairobi County Swimming Champi	
48	51.97 L	F	Denis Mburu	17	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
49	x55.88 L	P	Maina KaranjaS9	50	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
50	1:22.03 L	P	Christopher GichukiS11	34	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
<b>Men 17 &amp; Over 100 Back</b>								
1	59.58 S	AAAA F	*I Atuhaire Ambala	18	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
2	1:00.34 S	AAAA F	Emmanuel Ndonga	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
3	1:00.39 S	AAAA F	Alvin Omondi	18	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
4	1:02.91 L L	AAAA P	Issa Mohamed	24	KENYA ZZ	21/07/2019	18th FINA World Championships	
5	1:02.89 S	AAAA F	Muhammad Bilal Khandwalla	18	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
6	1:03.60 S	AAAA F	Nobby Nelson	19	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
7	1:05.45 L	AAAA F	Swaleh Talib	19	BNDRI ZZ	04/07/2019	30th Summer Universiade 2019 (FISU Gam	
8	1:08.92 S	AAAA F	Kigen Chemirmir	19	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
9	1:11.23 S	AAAA F	*I Ulysse Smith-Chopin	17	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
10	1:11.65 S	AAAA P	*I Tendo Mukalazi	17	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
11	1:12.82 S	AAAA F	Jerome Waudu	18	BOSC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
12	1:15.00 S	AAAA F	Ronnie Roberts	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
13	1:15.51 S	F	David Ngare	25	USIDO ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
14	1:16.06 S S	F	Kevin Shivo	17	BBLES ZZ	21/06/2019	Super Swim League Round 3	
15	1:17.56 S S	F	Mohammed Omar	19	OTTER ZZ	21/06/2019	Super Swim League Round 3	
16	1:20.95 S	F	Nui Trevett	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
17	1:22.22 S	F	Rayyan Malik	17	BARAQ ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
18	1:26.66 S	F	Muinga Njau	24	USIDO ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
19	1:28.43 L L	F	Daniel Nyamweya	21	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals	
20	1:29.55 L	F	Emmanuel Leipa Siranka	23	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
21	1:30.03 L	F	Nick Joseph Odhiambo	21	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
22	1:30.52 L	F	Alex Karanja	18	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
23	1:35.20 L	F	*I Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
24	1:35.96 S	F	Antony Mwangi	21	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
25	1:37.90 L	F	Clinton Kinuthia	20	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
26	1:39.83 S	F	Daniel Mutuku	24	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
27	1:41.88 S	F	Soimo Kipkalya	17	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
28	1:50.69 L	F	Denis Mburu	17	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
29	2:04.73 L	F	Maina KaranjaS9	50	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
30	2:06.23 L	P	Ben Murage	28	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
31	x3:01.90 L	P	Christopher GichukiS11	34	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals	
<b>Men 17 &amp; Over 50 Breast</b>								
1	30.85 L	AAAA P	Samuel Ndonga	21	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals	
2	31.60 L	AAAA F	Emmanuel Ndonga	19	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
3	31.85 L	AAAA F	Ridhwan Mohamed	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
4	32.20 L	AAAA F	Cian Omondi	20	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
5	32.68 L	AAAA F	*I Ciaran Eddy	19	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	32.78 L	AAAA P	Nobby Nelson	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
7	32.88 L	AAAA F	*I Tendo Mukalazi	17	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO	
8	32.91 L	AAAA F	Swaleh Talib	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
9	31.99 S	AAAA F	Abdallah Mazrui	18	CSCN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
10	33.69 L	AAAA F	Dale Mwangi	19	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
11	34.15 L	AAAA P	Ibrahim Omar	17	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals	
12	34.61 L	AAAA F	*I Ulysse Smith-Chopin	17	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi	
13	33.75 S	AAAA F	Kigen Chemirmir	19	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
14	33.96 S	AAAA P	*I Billy-Scott Irakoze	23	USIDO ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
15	34.99 L	AAAA F	David Ngare	25	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
16	35.58 L	AAAA F	Mohammed Omar	19	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
17	35.77 L	AAAA F	Junaid Khandwalla	19	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
18	35.18 S	AAAA P	Walter Okello	18	GEMS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS	
19	35.40 S	AAAA F	Jerome Waudu	18	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr					
20	35.53	S	AAAA	F	Lucas Omondi	20	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
21	36.03	S	AAAA	F	Soud Hassan	20	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
22	37.07	L	AAAA	F	Kevin Shivo	17	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
23	37.09	L	AAAA	P	Nabil Shikely	20	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
24	37.51	L	AAAA	F	Brian Kawelu	19	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
25	36.60	S	AAAA	F	Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	37.18	S		P	Calvin Omondi	21	MAKIN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
27	38.27	L		P	*1 Ian Mugabo	17	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
28	37.44	S		P	Kevin Adede	19	MAKIN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
29	37.75	S		F	Franklyne Mayende	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
30	37.82	S		F	Theodore Okeyo	21	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
31	38.89	L		P	Nigel Amos	22	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals
32	38.33	S		P	Toya Noel	22	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
33	38.72	S		F	Ibrahim Katana	38	SA A ZZ	03/05/2019	Super Swim League - Round 2
34	38.92	S		F	Nui Trevett	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	40.19	L		F	Rodgers Osano	27	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
36	39.37	S		P	*1 Shafique Abdullateef	19	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
37	40.49	L		F	*1 Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
38	39.60	S		F	AlJamiu Mohamed	19	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
39	40.61	L		P	*1 Abdullateef Shafique	19	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
40	41.26	L		F	Bret Adede	24	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
41	40.34	S		F	Brian Waburi	25	PIRAN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
42	41.48	L		F	Stanley Ndezwa	17	NAC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
43	41.69	L		F	*1 Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
44	41.98	L		F	Nick Joseph Odhiambo	21	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
45	41.14	S		F	Nagib Mbarak	22	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
46	41.15	S		F	Errol King	17	PEP-S ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
47	41.67	S		F	Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
48	42.71	L		F	David Mbuthia	24	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
49	41.74	S		F	Mwangi Kahuko	17	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
50	43.38	L		F	Rayyan Malik	17	BARAQ ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
51	44.03	L		F	Salim Muhammad	22	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
52	44.46	L		F	Ricky Martins Ogada	18	WSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
53	44.07	S		F	Philip Mwangi	17	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	44.46	S		F	Andrew Jones	18	NOVA ZZ	25/01/2019	Nairobi County Level 2 Swimmin
55	46.10	L		F	Urbanus Wambua Musila	21	PROAC ZZ	17/05/2019	Nairobi County Swimming Champi
56	45.69	S		F	Brian Waithaka	21	BBLES ZZ	03/05/2019	Super Swim League - Round 2
57	47.26	L		F	Denis Mburu	17	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
58	47.28	L		P	Ben Murage	28	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
59	47.67	L		F	Sean Mawira	18	BHS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
60	47.39	S		F	David Ngahu	17	NOVA ZZ	08/06/2019	Lifetime Age Group & Open Cham
61	47.56	S		F	Harrison Mudave	23	MAKIN ZZ	08/06/2019	Lifetime Age Group & Open Cham
62	48.76	L		F	Moses Waweru	22	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
63	50.02	S		F	Kush Patel	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
64	50.51	S		F	Samuel Muiruri	17	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
65	52.43	S		F	Brian Mungai	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio
66	1:12.93	L		P	Ken MuneneS14	26	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
67	1:20.15	L		P	Paul MabwaS7	41	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
<b>Men 17 &amp; Over 100 Breast</b>									
1	1:07.42	S	AAAA	P	Samuel Ndonga	21	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
2	1:08.48	S	AAAA	P	Emmanuel Ndonga	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
3	1:12.53	L	AAAA	F	*1 Ciaran Eddy	19	BRAE ZZ	15/02/2019	2019 KSF Long Course Nationals
4	1:10.77	S	AAAA	P	*1 Tendo Mukalazi	17	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
5	1:12.86	L	AAAA	F	*1 Atuhaire Ambala	18	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
6	1:11.59	S AAAA P	Abdallah Mazrui	18	CSCN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
7	1:12.31	S AAAA P	Nobby Nelson	19	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
8	1:12.50	S AAAA F	Dale Mwangi	19	BRAE ZZ	15/03/2019	Super Swim League - Round 1
9	1:13.59	S AAAA F	Kunyiha Kirunda	19	SEAH ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
10	1:14.11	S AAAA F	Cian Omondi	20	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
11	1:15.71	S AAAA P	Junaid Khandwalla	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
12	1:18.08	L AAAA P	Ibrahim Omar	17	OTTER ZZ	15/02/2019	2019 KSF Long Course Nationals
13	1:16.14	S AAAA F	Usama Mahmood	19	MAQ ZZ	08/02/2019	grand prix 1
14	1:16.90	S AAAA F	Kigen Chemirmir	19	SEAH ZZ	15/03/2019	Super Swim League - Round 1
15	1:18.48	S AAAA F	Mohammed Omar	19	OTTER ZZ	15/03/2019	Super Swim League - Round 1
16	1:19.60	S AAAA P	Kevin Shivo	17	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
17	1:19.70	S AAAA F	Jerome Waudo	18	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
18	1:20.69	S AAAA F *1	Ulysse Smith-Chopin	17	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
19	1:20.78	S AAAA F	Soud Hassan	20	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
20	1:23.64	L AAAA P *1	Travour Kimuli	17	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
21	1:22.35	S AAAA F	Alvin Omondi	18	KESS ZZ	15/03/2019	Super Swim League - Round 1
22	1:22.54	S AAAA F	Lucas Omondi	20	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
23	1:24.59	L AAAA F	Brian Kawelu	19	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
24	1:24.79	L AAAA P	David Ngare	25	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals
25	1:23.15	S F	Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	1:23.47	S F	Jerome Waudo	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
27	1:24.56	S F	Kevin Adede	19	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
28	1:24.65	S F	Theodore Okeyo	21	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
29	1:24.78	S F	Dennis Mwaura	27	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
30	1:25.15	S F	Walter Okello	18	GEMS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
31	1:26.40	S F	Franklyne Mayende	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
32	1:26.46	S F	Nui Trevett	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
33	1:27.08	S F	Rodgers Osano	27	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
34	1:29.84	L P *1	Abdullateef Shafique	19	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
35	1:27.85	S F	AlJamiu Mohamed	19	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
36	1:30.29	L P	Nigel Amos	22	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals
37	1:28.64	S F	Brian Waburi	25	PIRAN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
38	1:30.97	L P *1	Ian Mugabo	17	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
39	1:32.65	L F	Ibrahim Katana	38	SAA ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
40	1:30.87	S F	Rushan Manek	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
41	1:33.04	S F	Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
42	1:35.84	L F	Stanley Ndezwa	17	NAC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
43	1:34.50	S F	Daniel Mutuku	24	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
44	1:37.06	L F *1	Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
45	1:35.14	S F	Dhir Shah	17	OANBI ZZ	25/01/2019	Nairobi County Level 2 Swimmin
46	1:38.34	L F *1	Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
47	1:36.41	S F	James Obadha Olwande	24	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
48	1:40.45	L F	Bret Adede	24	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
49	1:40.35	S F	Rayyan Malik	17	BARAQ ZZ	25/01/2019	Nairobi County Level 2 Swimmin
50	1:43.48	L F	David Mbuthia	24	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
51	1:45.81	L F	Erick Mwenja	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
52	1:47.49	L P	Ben Murage	28	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
53	2:58.14	L P	Ken MuneneS14	26	KNPC ZZ	15/02/2019	2019 KSF Long Course Nationals
54	3:19.91	L P	Paul MabwaS7	41	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
<b>Men 17 &amp; Over 50 Fly</b>							
1	25.31	L AAAA P	Issa Mohamed	24	KENYA ZZ	21/08/2019	12th African Games
2	26.16	L AAAA P	Danilo Rosafo	18	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH
3	26.39	L AAAA P	Ridhwan Mohamed	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
4	27.10	L AAAA F	Swaleh Talib	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
5	27.17	L AAAA F	Nobby Nelson	19	BNDRI ZZ	15/02/2019	2019 KSF Long Course Nationals
6	27.43	L AAAA P	Maahir Harunani	20	MAQ ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
7	27.80	L AAAA F	Samuel Ndonga	21	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
8	x28.01	L AAAA P *I	Billy-Scott Irakoze	23	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
9	27.45	S AAAA F *I	Atuhaire Ambala	18	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
10	28.17	L AAAA F	Kigen Chemirmir	19	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
11	28.71	L AAAA F	Stanley Ndezwa	17	NAC ZZ	15/02/2019	2019 KSF Long Course Nationals
12	28.42	S AAAA F	Alvin Omondi	18	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
13	28.68	S AAAA F	Muhammad Bilal Khandwalla	18	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
14	29.41	L AAAA P *I	Ciaran Eddy	19	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
15	28.75	S AAAA F *I	Tendo Mukalazi	17	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
16	29.52	L AAAA F *I	Travour Kimuli	17	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
17	29.24	S AAAA F	Collins Jerry	20	KESS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
18	29.28	S AAAA F	Kunyiha Kirunda	19	SEAH ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
19	30.25	L AAAA P	Nabil Shikely	20	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
20	30.51	L AAAA F	Kevin Shivo	17	RUSIN ZZ	15/02/2019	2019 KSF Long Course Nationals
21	29.90	S AAAA P	Lucas Omondi	20	KU ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
22	30.81	L AAAA P	Dale Mwangi	19	BRAE ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
23	30.13	S AAAA P	Adrian Ngweno	21	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
24	31.03	L AAAA P	Calvin Omondi	21	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
25	30.35	S AAAA F	Ronnie Roberts	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
26	30.44	S AAAA P	Joseph Okal	17	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
27	31.17	L AAAA F	Mohammed Omar	19	OTTER ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
28	31.27	L AAAA F	David Ngare	25	USIDO ZZ	15/02/2019	2019 KSF Long Course Nationals
29	30.60	S AAAA F	Theodore Okeyo	21	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
30	30.64	S AAAA F	Jerome Waudo	18	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
31	31.38	L AAAA F	Emmanuel Leipa Siranka	23	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
32	31.55	L AAAA P	Dennis Muthui	21	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
33	31.69	L AAAA P	Cian Omondi	20	MAKIN ZZ	15/02/2019	2019 KSF Long Course Nationals
34	31.27	S AAAA F	Jerome Waudo	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
35	31.37	S AAAA F	Errol King	17	PEP-S ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
36	31.39	S AAAA P	Kevin Adede	19	MAKIN ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSI
37	32.40	L AAAA P	Nigel Amos	22	USIDO ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
38	31.71	S AAAA F	Toya Noel	22	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
39	31.73	S AAAA F *I	Richard Andrew	18	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
40	32.07	S F	Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
41	32.09	S F *I	Ulysse Smith-Chopin	17	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
42	33.50	L P	Rayyan Malik	17	BARAQ ZZ	15/02/2019	2019 KSF Long Course Nationals
43	32.94	S F	Telvin Kameta	18	BNDRI ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
44	33.57	S S	Ibrahim Omar	17	OTTER ZZ	21/06/2019	Super Swim League Round 3
45	34.98	L F	Brian Kawelu	19	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
46	35.63	L F *I	Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
47	35.02	S F	Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
48	35.40	S F	Akram Mathu	24	PIRAN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
49	35.64	S F	Andrew Jones	18	NOVA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
50	37.15	L P *I	Abdullateef Shafique	19	DSC-K ZZ	15/02/2019	2019 KSF Long Course Nationals
51	36.54	S F	Nui Trevett	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	38.60	L F	Alex Karanja	18	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
53	38.14	S F	AlJamiu Mohamed	19	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
54	38.99	L F *I	Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
55	38.66	S F	Harrison Gachoka	23	NDUPS ZZ	08/06/2019	Lifetime Age Group & Open Cham
56	38.82	S F	Robert Kaira	17	KAREN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
57	39.71	L F	Mwangi Kahuko	17	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
58	39.82	S F	Brian Mungai	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
59	40.98 L	F	Harrison Gachoka	24	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
60	41.21 S	F	Kush Patel	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
61	41.97 S	F	Sahil Sheth	17	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
62	42.88 L	F	Erick Mwenja	21	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
63	46.39 L	F	Eugene Kinyangi	24	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
64	54.40 L	F	Ricky Martins Ogada	18	WSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
<b>Men 17 &amp; Over 100 Fly</b>								
1	58.08 L	AAAA P	Danilo Rosafio	18	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH	
2	58.18 L	AAAA F	Ridhwan Mohamed	19	BNDRI ZZ	30/03/2019	PL Spring Regional Qualifier L1 & L3 Open	
3	58.96 L	AAAA P	Maahir Harunani	20	KENYA ZZ	21/08/2019	12th African Games	
4	1:01.13 L	AAAA P	Nobby Nelson	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
5	1:02.19 L	AAAA F	Alvin Omondi	18	KESS ZZ	15/02/2019	2019 KSF Long Course Nationals	
6	1:01.44 S	AAAA F	Muhammad Bilal Khandwalla	18	BOSC ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
7	1:02.99 L	AAAA F	*I Atuhaire Ambala	18	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
8	1:04.44 S	AAAA F	Kigen Chemirmir	19	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
9	1:07.89 S	AAAA F	*I Ciaran Eddy	19	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
10	1:08.10 S	AAAA F	*I Ulysse Smith-Chopin	17	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
11	1:08.46 S	AAAA F	Joseph Okal	17	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
12	1:08.48 S	AAAA F	Collins Jerry	20	KESS ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
13	1:08.76 S	AAAA F	*I Samora Byansi	18	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
14	1:09.28 S	AAAA F	Ronnie Roberts	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin	
15	1:09.50 S	AAAA F	Kevin Adede	19	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
16	1:10.16 S	AAAA F	Stanley Ndezwa	17	NAC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
17	1:13.22 S	F	*I Travis Oluoch	17	SEAH ZZ	03/05/2019	Super Swim League - Round 2	
18	1:15.43 S	F	*I Richard Andrew	18	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio	
19	1:15.47 S	F	Kevin Shivo	17	BBLES ZZ	03/05/2019	Super Swim League - Round 2	
20	1:17.58 S	F	Rayyan Malik	17	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
21	1:20.63 L	F	Emmanuel Leipa Siranka	23	MKU ZZ	17/05/2019	Nairobi County Swimming Champi	
22	1:26.25 S	F	Junior Asali	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
23	1:28.14 L	F	*I Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
24	1:30.94 S	F	Amar Onali Ebrahimjee	20	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
25	1:36.01 S	F	Brian Mungai	18	SAST	04/10/2019	Nairobi County Level 2 Swimming Champio	
<b>Men 15 &amp; Over 200 Free</b>								
1	1:58.66 S	AAAA P	Danilo Rosafio	18	MILW ZZ	03/11/2018	Winter Championships	
2	2:02.33 L	AAAA F	Monyo Maina	16	OSC ZZ	04/07/2019	2019 Summer Championships	
3	1:59.52 S	AAAA F	*I Atuhaire Ambala	18	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
4	2:05.26 L	AAAA F	Alvin Omondi	18	KESS ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
5	2:05.54 S	AAAA P	Muhammad Bilal Khandwalla	18	BOSC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
6	2:05.60 S	AAAA F	Maahir Harunani	20	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
7	2:10.18 L	AAAA F	Tabuka Bifwoli	16	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
8	2:10.52 L	AAAA F	Swaleh Talib	19	BNDRI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC	
9	2:07.69 S	AAAA F	*I Aheer Chatterjee	16	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
10	2:07.71 S	AAAA F	Mohamed Suleiman	20	BOSC ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th	
11	2:11.33 L	AAAA F	Kunaal Khagram	16	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
12	2:09.47 S	AAAA F	Mohammed Iqbal Khandwalla	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019	
13	2:13.87 L	AAAA F	Jabali Chemirmir	16	SEAH ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
14	2:11.19 S	AAAA F	Kigen Chemirmir	19	SEAH ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH	
15	2:11.59 S	AAAA F	Jono Per Opande	16	GEMS ZZ	03/05/2019	Super Swim League - Round 2	
16	2:15.15 L	AAAA F	*I Ahaan Saini	15	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	
17	2:12.33 S	AAAA F	John Paul Makona	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH	
18	2:13.09 S	AAAA F	Siegfred Katumwa	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
19	2:14.41 S	AAAA F	*I Billy-Scott Irakoze	23	USIDO ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio	
20	2:15.73 S	AAAA F	Stephen Ndegwa	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship	
21	2:19.61 L	AAAA F	Cian Omondi	20	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials	

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
22	2:18.47	S	AAAA	F	*1	Ulysse Smith-Chopin	17 SEAH ZZ 03/05/2019 Super Swim League - Round 2
23	2:18.86	S	AAAA	F		Rushab Shah	16 BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
24	2:19.68	S	AAAA	F		Shiven Bechra	15 BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
25	2:19.81	S	AAAA	F		Daryl Kyabayinze	15 MAQ ZZ 03/05/2019 5th USF National Age Group Championship
26	2:23.16	L	AAAA	F		Mohammed Omar	19 OTTER ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
27	2:20.41	S	AAAA	F		Trevor Mwamisi	15 BNDRI ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
28	2:24.83	L	AAAA	F		Clyde Lwanya	15 NOVA ZZ 17/05/2019 Nairobi County Swimming Champi
29	2:21.78	S	AAAA	F		Peter Macharia	15 OTTER ZZ 03/05/2019 Super Swim League - Round 2
30	2:22.12	S	AAAA	F		Jomo Muigai	15 OTTER ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
31	2:24.47	S	AAAA	P		Raegan Stickney	15 ASA ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
32	2:24.59	S	AAAA	F		Wajahat Muhammadhusein	15 BOSC ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
33	2:24.97	S	AAAA	F	*1	Travis Oluoch	17 SEAH ZZ 03/05/2019 Super Swim League - Round 2
34	2:29.52	L	AAAA	F		Stanley Ndezwa	17 NAC ZZ 17/05/2019 Nairobi County Swimming Champi
35	2:26.96	S		P	*1	Hamza Rechchad	16 BRAE ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
36	2:30.26	L		P	*1	Kami Walusimbi	15 SFA ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
37	2:27.09	S		F		Manuel Karanja	15 MAKIN ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
38	2:30.64	S		F		Kevin Shivo	17 RUSIN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
39	2:35.43	L		F		Shawn Bitok	15 SEAH ZZ 06/07/2019 The Manchester Non National Me
40	2:32.78	S		F		Paul Kioko	16 BNDRI ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
41	2:33.15	S		F		Daryl Anambo Anjichi	15 BBLES ZZ 25/01/2019 Nairobi County Level 2 Swimmin
42	2:34.08	S		F		Dhilan Shah	15 SEAH ZZ 03/05/2019 Super Swim League - Round 2
43	2:35.63	S		F		Munene Mugeru	16 OTTER ZZ 03/05/2019 Super Swim League - Round 2
44	2:36.15	S		F		Ibrahim Omar	17 OTTER ZZ 03/05/2019 Super Swim League - Round 2
45	2:38.68	S		F		Sam Scott	15 HIS ZZ 04/10/2019 Nairobi County Level 2 Swimming Champio
46	2:39.49	S		F		Kevin Adede	19 BIS ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
47	2:43.70	L		F		Dhruv Vyas	16 SEAH ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
48	2:44.00	L		F		Mtume Mutere	15 BRASD ZZ 17/05/2019 Nairobi County Swimming Champi
49	2:41.85	S		F		I-Em-hotep Mutinda	15 MAQ ZZ 25/01/2019 Casa Age Group 10 Years & Over 2019
50	2:41.95	S		F		AlJamiu Mohamed	19 BNDRI ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
51	2:46.80	L		F	*1	Akaolisa Nweze	15 IKOYI ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
52	2:46.63	S		F		Leo Ongera	16 OTTER ZZ 03/05/2019 Super Swim League - Round 2
53	2:51.84	S		F		Nigel Kangethe	15 BBLES ZZ 03/05/2019 Super Swim League - Round 2
54	2:56.15	L		F		Clinton Kipruto	25 KU ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
55	2:54.97	S		F		Robert Kaira	17 KAREN ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
56	2:58.57	L		P		Jack-issac Ndale	16 BNDRI ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
57	2:55.46	S		F		Amar Onali Ebrahimjee	20 BOSC ZZ 21/06/2019 CASA Inter Clubs Swimming Championship
58	2:55.81	S		F		Kojo Kwame	15 BRASD ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
59	2:56.81	S		F		Justin Jalang'o	16 KESS ZZ 03/05/2019 Super Swim League - Round 2
60	2:57.44	S		F		Richard Selassie	16 OTTER ZZ 03/05/2019 Super Swim League - Round 2
61	3:00.05	S		F		Rodgers Osano	27 KU ZZ 25/01/2019 Nairobi County Level 2 Swimmin
62	3:03.41	S		F	*1	Michael Odunga	15 BBLES ZZ 03/05/2019 Super Swim League - Round 2
63	3:09.79	L		F		Harrison Gachoka	24 NSC ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
64	3:14.65	S		F		Harrison Gachoka	23 NDUPS ZZ 08/06/2019 Lifetime Age Group & Open Cham
65	3:25.15	L		F	*1	Husain Hassanali	18 BFINS ZZ 30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
66	3:26.01	L		F		John Paul	20 MKU ZZ 17/05/2019 Nairobi County Swimming Champi
67	3:24.68	S		F		Ivan Dipanda	15 BIS ZZ 08/06/2019 Lifetime Age Group & Open Cham
68	3:28.97	S		F		Cabral Anyadike	16 BRAEG ZZ 05/10/2018 Nairobi County Level 2 Swimming Champio
69	3:36.71	S		F		Hussein Bhallu	15 BNDRI ZZ 08/03/2019 CASA GRAND PRIX 2 8TH - 9TH MARCH ;
70	3:43.04	L		P		Maina KaranjaS9	50 KNPC ZZ 11/04/2019 2019 KSF Nationals Swimming Trials
<b>Men 15 &amp; Over 400 Free</b>							
1	4:16.88	L	AAAA	P		Monyo Maina	16 KENYA ZZ 20/08/2019 7TH FINA WORLD JUNIOR SWIMMING CH
2	4:25.83	S	AAAA	F		Maahir Harunani	20 MAQ ZZ 04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
3	4:28.85	S	AAAA	P		Muhammad Bilal Khandwalla	18 BOSC ZZ 19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
4	4:35.97	L	AAAA	F		Alvin Omondi	18 KESS ZZ 15/02/2019 2019 KSF Long Course Nationals

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr						
5	4:29.62	S	AAAA	F	*I	Aheer Chatterjee	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
6	4:29.70	S	AAAA	F		Kunaal Khagram	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
7	4:34.91	S	AAAA	F		Ridhwan Mohamed	19	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
8	4:43.31	L	AAAA	F	*I	Atuhaire Ambala	18	SEAH ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
9	4:37.31	S	AAAA	P	*I	Darren Ssamula	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
10	4:44.17	L	AAAA	P	*I	Ahaan Saini	15	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
11	4:43.22	S	AAAA	F		John Paul Makona	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
12	4:45.65	S	SAAAA	F		Tabuka Bifwoli	16	GEMS ZZ	21/06/2019	Super Swim League Round 3
13	4:46.25	S	AAAA	F		Siegfred Katumwa	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
14	4:46.34	S	SAAAA	F		Jono Per Opande	16	GEMS ZZ	21/06/2019	Super Swim League Round 3
15	5:01.99	S		F		Scott Kithikii	16	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
16	5:02.22	S		F		Trevor Mwamisi	15	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
17	5:05.86	S		F		Daryl Kyabayinze	15	MAQ ZZ	03/05/2019	5th USF National Age Group Championship
18	5:13.58	S		F		Wajahat Muhammadhusein	15	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
19	5:20.28	L		F	*I	Kami Walusimbi	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPION
20	5:19.48	S		F		Stephen Ndegwa	16	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
21	5:21.57	S		P	*I	Samora Byansi	18	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
22	5:32.62	S		F	*I	Richard Andrew	18	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
23	5:33.38	S		F		I-Em-hotep Mutinda	15	MAQ ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
24	5:38.77	S		F	*I	Aaron Akwenda	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
25	5:53.50	S		F	*I	Ciaran Eddy	19	BRAEA ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
26	5:54.16	S	S	F		Justin Jalang'o	16	KESS ZZ	21/06/2019	Super Swim League Round 3
27	5:55.60	S	S	F		Leo Ongera	16	OTTER ZZ	21/06/2019	Super Swim League Round 3
28	5:57.90	S		F		Emmanuel Kibadengi	20	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
29	6:05.55	L		F		Kojo Kwame	15	BRASD ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
30	6:06.20	L		F	*I	Akaolisa Nweze	15	IKOYI ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
31	6:03.15	S		F		Antony Mwangi	21	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
32	6:11.42	S		F		Stanley Ndezwa	17	NAC ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
33	6:30.34	S		F		Amar Onali Ebrahimjee	20	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
34	6:35.38	S		F		Robert Kaira	17	KAREN ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
35	6:55.64	L		F		Harrison Gachoka	24	NSC ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
36	8:13.67	L		P		Maina KaranjaS9	50	KNPC ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
<b>Men 15 &amp; Over 800 Free</b>										
1	8:53.99	L	AAAA	P		Monyo Maina	16	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH
2	9:17.73	S	AAAA	F	*I	Aheer Chatterjee	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
3	9:19.14	S	AAAA	F		Alvin Omondi	18	KESS ZZ	03/05/2019	Super Swim League - Round 2
4	9:45.90	S	AAAA	F	*I	Atuhaire Ambala	18	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
5	9:46.19	S	AAAA	F		Kunaal Khagram	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
6	9:48.01	S	AAAA	F		John Paul Makona	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
7	9:55.16	S	AAAA	F		Tabuka Bifwoli	16	GEMS ZZ	03/05/2019	Super Swim League - Round 2
8	10:04.50	S	AAAA	F		Jono Per Opande	16	GEMS ZZ	03/05/2019	Super Swim League - Round 2
9	10:45.68	S		F	*I	Mikka Kigundu	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
10	11:12.91	S		F		Daryl Kyabayinze	15	MAQ ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
11	11:33.67	S		F		Kevin Shivo	17	BBLES ZZ	03/05/2019	Super Swim League - Round 2
12	11:35.60	S		F		Abdallah Ismail	16	CSCN ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
13	12:00.59	S		F		I-Em-hotep Mutinda	15	AKAM ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
14	12:13.77	L		F		John Paul	20	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
15	12:08.17	S		F		Kevin Adede	19	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
16	12:11.94	S		F		Amar Onali Ebrahimjee	20	CA ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
17	12:13.53	S		F		Jesse Okal	19	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
18	13:14.57	S		F	*I	Michael Odunga	15	BBLES ZZ	03/05/2019	Super Swim League - Round 2
19	13:25.56	S		F		Clinton Kipruto	25	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
20	13:28.83	S		F		Erick Mwenja	21	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
21	13:47.84	L		F		Leo Ongera	16	AKAN ZZ	17/05/2019	Nairobi County Swimming Champi



## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
22	14:09.53	S	F	Andrew Kinyanjui	26	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
23	14:11.17	S	F	Rodgers Osano	27	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
24	16:39.50	S	F	Seth Aoko	24	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
<b>Men 15 &amp; Over 200 Back</b>							
1	2:14.55	S	AAAA	F *1 Atuhaire Ambala	18	SEAH ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
2	2:16.31	S	AAAA	F Alvin Omondi	18	KESS ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
3	2:17.45	S	AAAA	F Muhammad Bilal Khandwalla	18	BOSC ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
4	2:17.87	S	AAAA	F Swaleh Talib	19	BNDRI ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
5	2:18.51	S	AAAA	F Kunaal Khagram	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
6	2:18.97	S	AAAA	F *1 Aheer Chatterjee	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
7	2:22.35	S	AAAA	F Mohammed Iqbal Khandwalla	16	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
8	2:22.71	S	AAAA	F Rushab Shah	16	BNDRI ZZ	25/01/2019 Casa Age Group 10 Years & Over 2019
9	2:29.68	S	AAAA	P Monyo Maina	16	O.S.C ZZ	26/10/2018 Cascade Speed Meet 2018
10	2:32.18	L	AAAA	P *1 Samora Lumonya	16	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
11	2:29.95	S	AAAA	P Jerome Waudu	18	BOSC ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
12	2:34.94	S	AAAA	F Tabuka Bifwoli	16	GEMS ZZ	03/05/2019 Super Swim League - Round 2
13	2:35.46	S	AAAA	F Jono Per Opande	16	GEMS ZZ	03/05/2019 Super Swim League - Round 2
14	2:36.15	S	AAAA	P Jabali Chemirmir	16	SEAH ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
15	2:39.25	S	AAAA	P Kigen Chemirmir	19	SEAH ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
16	2:46.63	L		P *1 Kami Walusimbi	15	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
17	2:50.03	S		F Daryl Kyabayinze	15	MAQ ZZ	03/05/2019 5th USF National Age Group Championship
18	2:54.34	S		F I-Em-hotep Mutinda	15	MAQ ZZ	21/06/2019 CASA Inter Clubs Swimming Championship
19	2:56.76	L		F Shawn Bitok	15	SEAH ZZ	06/07/2019 The Manchester Non National Me
20	3:06.78	L		F Dhilan Shah	15	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
21	3:07.42	S		F Dennis Mwaura	27	KU ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
22	3:07.81	S		F *1 Michael Odunga	15	BBLES ZZ	03/05/2019 Super Swim League - Round 2
23	3:09.48	S		F Dhruv Vyas	16	SEAH ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
24	3:17.64	S		F Nigel Kangethe	15	BBLES ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
25	3:28.70	S		F Andrew Kinyanjui	26	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
26	4:04.48	L		F Antony Mwangi	21	KU ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC
27	4:17.64	L		F John Paul	20	MKU ZZ	17/05/2019 Nairobi County Swimming Champi
<b>Men 15 &amp; Over 200 Breast</b>							
1	2:34.27	S	AAAA	P Samuel Ndonga	21	OTTER ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
2	2:38.39	L	AAAA	F Dale Mwangi	19	BRAE ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
3	2:37.13	S	AAAA	F *1 Ciaran Eddy	19	BRAEA ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
4	2:40.48	S	AAAA	F Scott Kithikii	16	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
5	2:45.59	L	AAAA	F *1 Atuhaire Ambala	18	SEAH ZZ	15/02/2019 2019 KSF Long Course Nationals
6	2:41.86	S	AAAA	F Junaid Khandwalla	19	OTTER ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
7	2:46.16	S	AAAA	P Monyo Maina	16	O.S.C ZZ	26/10/2018 Cascade Speed Meet 2018
8	2:51.24	L	AAAA	F *1 Samora Lumonya	16	SFA ZZ	11/04/2019 2019 KSF Nationals Swimming Trials
9	2:49.42	S	AAAA	F Shiven Bechra	15	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
10	2:49.83	S	AAAA	F John Paul Makona	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
11	2:53.97	L	AAAA	F *1 Tendo Mukalazi	17	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
12	2:50.64	S	AAAA	F *1 Aheer Chatterjee	16	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th
13	2:56.77	L	AAAA	F *1 Namanya Ampaire	15	UGAND ZZ	14/11/2018 CANA ZONE III SWIMMING CHAMPIO
14	2:55.84	S	AAAA	F Abdalla Ismail	16	CSCN ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
15	2:55.86	S	AAAA	F Amin Salim	16	MAQ ZZ	26/04/2019 CASA GRAND PRIX 3
16	3:00.06	L	AAAA	F Dhilan Shah	15	SEAH ZZ	06/07/2019 The Manchester Non National Me
17	2:56.22	S	AAAA	P Ibrahim Omar	17	OTTER ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
18	2:57.92	S	AAAA	F Sam Scott	15	HIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
19	2:58.46	S	AAAA	F Jono Per Opande	16	GEMS ZZ	25/01/2019 Nairobi County Level 2 Swimmin
20	2:58.63	S	AAAA	F Stephen Ndegwa	16	BNDRI ZZ	26/04/2019 CASA GRAND PRIX 3
21	2:58.65	S	AAAA	P *1 Mikka Kigundu	15	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSH
22	2:58.72	S	AAAA	F Paul Kioko	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
23	2:59.64 S	AAAA	F Rushab Shah	16	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
24	3:00.05 S	AAAA	F Soud Hassan	20	BNDRI ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
25	3:05.83 L		F Munene Mugera	16	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
26	3:03.44 S S		F Jabali Chemirmir	16	SEAH ZZ	21/06/2019	Super Swim League Round 3
27	3:04.06 S		F *I Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
28	3:04.38 S		F Dennis Mwaura	27	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
29	3:08.43 L		F Brian Kawelu	19	MAKIN ZZ	17/05/2019	Nairobi County Swimming Champi
30	3:05.65 S		F Jerome Waudo	18	BOSC ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
31	3:11.26 L		F Trevor Mwamisi	15	KENYA ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
32	3:08.81 S S		F Leo Ongera	16	OTTER ZZ	21/06/2019	Super Swim League Round 3
33	3:11.56 S S		F Mohammed Omar	19	OTTER ZZ	21/06/2019	Super Swim League Round 3
34	3:12.45 S		F AlJamiu Mohamed	19	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
35	3:12.53 S S		F Kevin Shivo	17	BBLES ZZ	21/06/2019	Super Swim League Round 3
36	3:14.79 S		F Sahil Dawoodia	16	SEAH ZZ	25/01/2019	Nairobi County Level 2 Swimmin
37	3:15.40 S		P Joshua Okal	15	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
38	3:19.88 L		F Walter Okello	18	GEMS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
39	3:17.06 S		F Kevin Adede	19	BIS ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
40	3:17.85 S		F Franklyne Mayende	20	JKUAT ZZ	25/01/2019	Nairobi County Level 2 Swimmin
41	3:18.73 S		F Theodore Okeyo	21	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
42	3:19.17 S		F Rushan Manek	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
43	3:20.52 S		F Daniel Mutuku	24	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
44	3:24.58 S		F Clinton Kipruto	25	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
45	3:31.15 L		F Lyle Agai	17	STM ZZ	17/05/2019	Nairobi County Swimming Champi
46	3:32.34 L		F *I Burhanuddin Zavery	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
47	3:29.91 S		F Erick Mwenja	21	KU ZZ	25/01/2019	Nairobi County Level 2 Swimmin
48	3:39.01 S		F Nigel Kangethe	15	BBLES ZZ	25/01/2019	Nairobi County Level 2 Swimmin
49	3:40.31 S		F *I Harsh Ramanuj	16	BNDRI ZZ	26/04/2019	CASA GRAND PRIX 3
50	3:47.30 L		F *I Husain Hassanali	18	BFINS ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
51	3:44.77 S		F James Obadha Olwande	24	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
52	3:49.44 L		F *I Michael Odunga	15	BBLES ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
53	3:46.18 S		F Seth Aoko	24	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
54	3:50.50 S S		F Shawn Bitok	15	SEAH ZZ	21/06/2019	Super Swim League Round 3
55	3:52.15 S		F Ivan Dipanda	15	BIS ZZ	08/06/2019	Lifetime Age Group & Open Cham
56	3:56.31 L		F Salim Muhammad	22	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
57	3:59.85 L		F David Mbuthia	24	MKU ZZ	17/05/2019	Nairobi County Swimming Champi
58	4:41.91 L		F Eugene Kinyangi	24	KU ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
<b>Men 15 &amp; Over 200 Fly</b>							
1	2:12.52 L	AAAA	P Maahir Harunani	20	KENYA ZZ	21/08/2019	12th African Games
2	2:15.04 L	AAAA	F Monyo Maina	16	OSC ZZ	24/07/2019	2019 Canadian Junior Champions
3	2:19.21 S	AAAA	F Mohammed Iqbal Khandwalla	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
4	2:27.57 S	AAAA	F *I Darren Ssamula	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
5	2:27.79 S	AAAA	F Siegfred Katumwa	16	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
6	2:28.06 S	AAAA	F Stephen Ndegwa	16	BNDRI ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
7	2:30.98 S	AAAA	F Jono Per Opande	16	GEMS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
8	2:36.69 S	AAAA	F Kunaal Khagram	16	MAQ ZZ	05/10/2018	Casa Age Group 10 Years & Over 5th - 7th
9	2:38.33 S	AAAA	F Twalib A Hamza	15	CSCN ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONS
10	2:52.49 S		F Kevin Adede	19	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
11	3:00.10 S		F *I Samora Byansi	18	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
12	3:01.41 S		F Rayyan Malik	17	BARAQ ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
13	3:05.80 L		P *I Raphael Musoke	16	SEALS ZZ	15/02/2019	2019 KSF Long Course Nationals
14	3:36.12 S		F Erick Mwenja	21	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
<b>Men 15 &amp; Over 200 IM</b>							
1	2:13.80 S	AAAA	F Swaleh Talib	19	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS
2	2:14.25 S	AAAA	F Emmanuel Ndonga	19	OTTER ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONS

## Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr			
3	2:17.77	L AAAA P	Monyo Maina	16	KENYA ZZ	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CH
4	2:18.16	S AAAA F	Maahir Harunani	20	MAQ ZZ	08/02/2019	grand prix 1
5	2:18.98	S AAAA F	Tabuka Bifwoli	16	UNATT ZZ	08/02/2019	grand prix 1
6	2:19.08	S AAAA F	*I Atuhaire Ambala	18	SEAH ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
7	2:21.65	S AAAA F	Stephen Ndegwa	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
8	2:22.73	S AAAA F	Jono Per Opande	16	GEMS ZZ	15/03/2019	Super Swim League - Round 1
9	2:24.51	S AAAA F	Alvin Omondi	18	KESS ZZ	15/03/2019	Super Swim League - Round 1
10	2:24.63	S AAAA F	*I Aheer Chatterjee	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
11	2:24.96	S AAAA F	Mohammed Iqbal Khandwalla	16	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
12	2:25.04	S AAAA F	Nobby Nelson	19	BNDRI ZZ	08/02/2019	grand prix 1
13	2:27.55	S AAAA F	Siegfred Katumwa	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
14	2:28.64	S AAAA F	*I Darren Ssamula	16	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
15	2:28.88	S AAAA F	Dale Mwangi	19	BRAE ZZ	15/03/2019	Super Swim League - Round 1
16	2:29.72	S AAAA F	John Paul Makona	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
17	2:29.99	S AAAA F	Kunaal Khagram	16	BNDRI ZZ	08/02/2019	grand prix 1
18	2:34.59	L AAAA F	*I Ulysse Smith-Chopin	17	SEAH ZZ	17/05/2019	Nairobi County Swimming Champi
19	2:31.42	S AAAA F	Scott Kithikii	16	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
20	2:35.82	L AAAA F	*I Tendo Mukalazi	17	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
21	2:35.98	L AAAA F	*I Billy-Scott Irakoze	23	USIDO ZZ	30/11/2018	TBO SWIMMING CHAMPIONSHIP DEC
22	2:32.95	S AAAA F	Kigen Chemimir	19	SEAH ZZ	15/03/2019	Super Swim League - Round 1
23	2:36.50	L AAAA F	Clyde Lwanya	15	NOVA ZZ	17/05/2019	Nairobi County Swimming Champi
24	2:33.73	S AAAA F	Rushab Shah	16	BNDRI ZZ	08/02/2019	grand prix 1
25	2:37.05	L AAAA P	*I Ciaran Eddy	19	BRAEA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
26	2:34.29	S AAAA F	Samuel Ndonga	21	OTTER ZZ	15/03/2019	Super Swim League - Round 1
27	2:38.36	L AAAA P	Danilo Rosafo	18	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
28	2:36.20	S AAAA F	Shiven Bechra	15	BNDRI ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
29	2:37.34	S AAAA F	Jabali Chemimir	16	SEAH ZZ	15/03/2019	Super Swim League - Round 1
30	2:38.10	S AAAA F	Joseph Okal	17	KISAC ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
31	2:41.98	L AAAA P	*I Samora Lumonya	16	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
32	2:42.82	L AAAA P	Ridhwan Mohamed	19	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
33	2:39.69	S AAAA F	Mohammed Omar	19	OTTER ZZ	15/03/2019	Super Swim League - Round 1
34	2:42.10	S AAAA F	Abdallah Ismail	16	CSCN ZZ	25/01/2019	Casa Age Group 10 Years & Over 2019
35	2:42.52	S AAAA P	Daryl Anambo Anjichi	15	BBLES ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
36	2:45.97	L AAAA P	Trevor Mwamisi	15	BNDRI ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
37	2:42.86	S AAAA F	*I Mikka Kigundu	15	DSC-K ZZ	19/10/2018	KSF NATIONAL SWIMMING CHAMPIONSH
38	2:43.93	S AAAA F	Peter Macharia	15	OTTER ZZ	15/03/2019	Super Swim League - Round 1
39	2:44.36	S AAAA F	Daryl Kyabayinze	15	MAQ ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
40	2:47.78	L AAAA P	*I Ahaan Saini	15	OTTER ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
41	2:48.46	L	F Kevin Shivo	17	RUSIN ZZ	15/02/2019	2019 KSF Long Course Nationals
42	2:45.36	S	F Ali Akberali	18	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
43	2:45.52	S	F *I Yuki Omori	16	BFINS ZZ	21/06/2019	CASA Inter Clubs Swimming Championship
44	2:48.85	L	P *I Kami Walusimbi	15	SFA ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
45	2:45.83	S	F *I Hamza Rechchad	16	BRAE ZZ	15/03/2019	Super Swim League - Round 1
46	2:46.63	S	F Munene Mugera	16	OTTER ZZ	15/03/2019	Super Swim League - Round 1
47	2:47.03	S	F Abdalla Ismail	16	CSCN ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
48	2:50.45	L	P Cian Omondi	20	MAKIN ZZ	11/04/2019	2019 KSF Nationals Swimming Trials
49	2:49.22	S	F Oliver Lutz	16	ISK ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio
50	2:49.34	S	F Manuel Karanja	15	MAKIN ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio
51	2:49.42	S	F Sam Scott	15	HIS ZZ	25/01/2019	Nairobi County Level 2 Swimmin
52	2:50.27	S	F Paul Kioko	16	BNDRI ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
53	2:53.65	L	F *I Namanya Ampaire	15	UGAND ZZ	14/11/2018	CANA ZONE III SWIMMING CHAMPIO
54	2:50.81	S	F Dhilan Shah	15	SEAH ZZ	15/03/2019	Super Swim League - Round 1
55	2:52.05	S	F Wajahat Muhammadhusein	15	BOSC ZZ	04/10/2019	CASA LEVEL 2 SWIMMING CHAMPIONSH
56	2:53.67	S	F Dennis Mwaura	27	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio

### Individual Top Times

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr				
57	2:53.97	S	F	Jomo Muigai	15	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
58*	2:58.76	L	P	Calvin Omondi	21	MAKIN ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
58*	2:58.76	L	P	Nabil Shikely	20	USIDO ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
60	2:56.19	S	F	Twalib A Hamza	15	CSCN ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
61	2:59.90	L	P	Daniel Nyamweya	21	USIDO ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
62	2:57.62	S	F	Ibrahim Omar	17	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
63	3:01.80	L	F	Emmanuel Leipa Siranka	23	MKU ZZ	17/05/2019 Nairobi County Swimming Champi	
64	2:59.03	S	F	Rayyan Malik	17	BARAQ ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
65	2:59.56	S	F	Kevin Adede	19	BIS ZZ	25/01/2019 Nairobi County Level 2 Swimmin	
66	3:03.15	L	P	Issa Mohamed	24	MAQ ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
67	3:04.16	L	P	Brian Kawelu	19	MAKIN ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
68	3:04.60	L	P	Lwanga Sigana	15	BARAQ ZZ	15/02/2019 2019 KSF Long Course Nationals	
69	3:02.53	S	F	Shawn Bitok	15	SEAH ZZ	15/03/2019 Super Swim League - Round 1	
70	3:03.53	S	F	Leo Ongera	16	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
71	3:04.48	S	F	Sahil Dawoodia	16	SEAH ZZ	15/03/2019 Super Swim League - Round 1	
72	3:08.29	L	P	Nigel Amos	22	USIDO ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
73	3:05.62	S	F	Rushan Manek	18	ISK ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	
74	3:09.03	L	P	David Ngare	25	USIDO ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
75	3:06.06	S	F	I-Em-hotep Mutinda	15	MAQ ZZ	08/02/2019 grand prix 1	
76	3:11.86	L	F	Jack Isaack Mundi	16	NOVA ZZ	17/05/2019 Nairobi County Swimming Champi	
77	3:13.17	L	P	Issa Owaga	16	MAKIN ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
78	3:13.57	L	P	Jack-issac Ndale	16	BNDRI ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
79	3:13.78	L	F	*I Akaolisa Nweze	15	IKOYI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
80	3:11.39	S	F	Jack Isack	16	NOVA ZZ	08/06/2019 Lifetime Age Group & Open Cham	
81	3:15.13	L	F	Mtume Mutere	15	BRASD ZZ	17/05/2019 Nairobi County Swimming Champi	
82	3:15.15	L	F	*I Burhanuddin Zavery	18	BFINS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
83	3:17.90	L	F	*I Michael Odunga	15	BBLES ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
84	3:21.30	L	P	Dennis Muthui	21	USIDO ZZ	11/04/2019 2019 KSF Nationals Swimming Trials	
85	3:19.84	S	F	Richard Selassie	16	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
86	3:25.63	L	F	Andrew Kinyanjui	26	KU ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
87	3:30.46	L	F	*I Husain Hassanali	18	BFINS ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
88	3:31.54	S	F	Dennis Mburu	15	NDUPS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
89	3:38.25	S	F	Mathew Miano	15	OTTER ZZ	15/03/2019 Super Swim League - Round 1	
90	3:49.83	S	F	Ivan Dipanda	15	BIS ZZ	08/06/2019 Lifetime Age Group & Open Cham	
<b>Men 15 &amp; Over 400 IM</b>								
1	4:45.99	S	AAAA	F	Maahir Harunani	20	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
2	4:58.47	L	AAAA	F	Monyo Maina	16	OSC ZZ	10/05/2019 Edmonton Keyano Invitational 2
3	4:58.31	S	AAAA	F	*I Aheer Chatterjee	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
4	4:58.53	S	AAAA	F	Kunaal Khagram	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
5	5:04.26	S	AAAA	F	Mohammed Iqbal Khandwalla	16	MAQ ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
6	5:07.23	S	AAAA	F	*I Atuhairi Ambala	18	SEAH ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio
7	5:12.63	S	AAAA	F	Siegfred Katumwa	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
8	5:19.26	S	AAAA	F	*I Darren Ssamula	16	DSC-K ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
9	5:19.48	S	AAAA	F	John Paul Makona	16	BNDRI ZZ	04/10/2019 CASA LEVEL 2 SWIMMING CHAMPIONSH
10	5:22.46	S	AAAA	F	Nobby Nelson	19	BNDRI ZZ	19/10/2018 KSF NATIONAL SWIMMING CHAMPIONSI
11	5:41.86	L	AAAA	F	*I Ulysse Smith-Chopin	17	SEAH ZZ	17/05/2019 Nairobi County Swimming Champi
12	5:40.34	S	AAAA	F	Clyde Lwanya	15	BBLES ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio
13	5:49.56	S	S	F	Dhilan Shah	15	SEAH ZZ	21/06/2019 Super Swim League Round 3
14	6:02.79	L	F	Swaleh Talib	19	BNDRI ZZ	30/11/2018 TBO SWIMMING CHAMPIONSHIP DEC	
15	6:16.39	L	F	*I Mikka Kigundu	15	DSC-K ZZ	15/02/2019 2019 KSF Long Course Nationals	
16	6:11.50	S	F	Daryl Kyabayinze	15	AKAM ZZ	05/10/2018 Casa Age Group 10 Years & Over 5th - 7th	
17	6:19.67	S	F	Kevin Adede	19	MAKIN ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
18	6:39.92	S	F	Dennis Mwaura	27	KU ZZ	04/10/2019 Nairobi County Level 2 Swimming Champio	
19	6:43.22	S	F	Lucas Omondi	20	KU ZZ	05/10/2018 Nairobi County Level 2 Swimming Champio	

**Individual Top Times**

Times since: 01-Oct-18 Times until: 06-Oct-19

Number of Top Times: All Convert To: LC Print: Actual

	Time	P/F/S	Name	Age/Yr					
20	7:16.20 S	F	Erick Mwenja	21	KU ZZ	04/10/2019	Nairobi County Level 2 Swimming Champio		
21	7:18.53 S	F	Clinton Kipruto	25	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio		
22	7:19.14 S	F	Andrew Kinyanjui	26	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio		
23	8:19.14 S	F	Seth Aoko	24	KU ZZ	05/10/2018	Nairobi County Level 2 Swimming Champio		