

Individual Top Times

Times since: 01-Jan-21 Times until: 07-Mar-22

Number of Top Times: 30 Convert To: LC Print: Actual Age: on 31/12/2022 Age: on 31/12/2022

Time	Name	Age/Yr
Women 11-12 100 Free		
1 1:14.98 L Z4	Alala, Marion	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2 1:16.06 L	Aseka Ayako, Ivy	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3 1:16.10 L	Kamotho, Christe	12 28/08/2021 2021 KSF NATIONAL CHAMPIONSHIP
4 1:14.51 S	Mutinda, Nalwoga	11 04/03/2022 CASA Itational Short Course and Relays
5 1:18.58 S	Ndirangu, Nicole	12 11/02/2022 NCAA Level 2 Swimming Championships Feb 2022
6 1:19.15 S	Muyela, Laurie	12 22/10/2021 NCAA Level 3 Swimming Championships
7 1:19.60 S	Childs, Jeanette	11 05/02/2022 KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
8 1:22.57 L	Gituku, Gail	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
9 1:21.59 S	Webber, Mischa	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
10 1:22.32 S	Mbindio, Joy	12 04/03/2022 CASA Itational Short Course and Relays
11 1:22.93 S	Webber, Misha	12 05/02/2022 KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
12 1:23.55 S	Oyoo, Abba	12 22/10/2021 NCAA Level 3 Swimming Championships
13 1:23.65 S	Warui, Ariana	12 22/10/2021 NCAA Level 3 Swimming Championships
14 1:24.23 S	Hicks, Tusekile	12 22/10/2021 NCAA Level 3 Swimming Championships
15 1:26.15 L	Mureithi, Hazel	12 04/12/2021 KSF NATIONAL CHAMPIONSHIP LC 4 DEC
16 1:24.64 S	Sheikh, Amina	12 16/07/2021 CASA LEVEL 2 SWIMMING CHAMPIONSHIP
17 1:24.72 S	Ombega, Kelsey	11 22/10/2021 NCAA Level 3 Swimming Championships
18 1:25.52 S	Kimani, Kimberly	12 08/10/2021 NCAA Level 2 Swimming Championships
19 1:27.24 L	Swai, Zahra	11 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20 1:25.94 S	Chandaria, Aashni	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
21 1:25.98 S	Hunja, Makena	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
22 1:26.10 S	Njeri, Erin	11 22/10/2021 NCAA Level 3 Swimming Championships
23 1:26.41 S	Kemunto, Malia	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
24 1:26.61 S	Baradia, Imaan	12 04/03/2022 CASA Itational Short Course and Relays
25 1:26.66 S	Kamiri, Maya	11 05/02/2022 KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
26 1:26.77 S	Njuguna, Noni	12 29/01/2022 NCAA Level 1 Age Group Swimming Championships
27 1:26.79 S	Maina, Kamwelle	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
28 1:27.01 S	Leboy, Vahkenah	12 22/05/2021 KCAA Open & Age-groups Swimming Championships
29 1:27.11 S	Serem, Tracy	12 04/03/2022 CASA Itational Short Course and Relays
30 1:27.19 S	Khuweyid, Khadija	11 29/10/2021 CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
Women 11-12 200 Free		
1 2:43.40 S Z4	Aseka Ayako, Ivy	12 27/11/2021 NCAA Junior Age Groups and Open Swim Meet
2 2:47.33 S	Kamotho, Christe	12 22/10/2021 NCAA Level 3 Swimming Championships
3 2:47.63 S	Mutinda, Nalwoga	11 04/03/2022 CASA Itational Short Course and Relays
4 2:48.68 S	Alala, Marion	12 22/10/2021 NCAA Level 3 Swimming Championships
5 2:51.98 S	Kimani, Kimberly	12 11/02/2022 NCAA Level 2 Swimming Championships Feb 2022
6 2:56.45 S	Ndirangu, Nicole	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
7 2:56.88 S	Muyela, Laurie	12 22/10/2021 NCAA Level 3 Swimming Championships
8 3:02.59 S	Hicks, Tusekile	12 22/10/2021 NCAA Level 3 Swimming Championships
9 3:05.55 S	Mureithi, Hazel	12 22/10/2021 NCAA Level 3 Swimming Championships
10 3:05.66 S	Warui, Ariana	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
11 3:05.95 S	Chandaria, Aashni	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
12 3:09.82 L	Oyoo, Abba	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13 3:08.81 S	Njeri, Erin	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
14 3:12.16 S	Marsh, Mia	12 22/10/2021 NCAA Level 3 Swimming Championships
15 3:12.47 S	Sheikh, Amina	12 29/10/2021 CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
16 3:15.79 L	Ombega, Kelsey	11 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
17 3:13.35 S	Maina, Kamwelle	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
18 3:13.80 S	Eden, Sulwe	12 22/10/2021 NCAA Level 3 Swimming Championships
18 * 3:13.80 S	Gituku, Gail	12 29/01/2022 NCAA Level 1 Age Group Swimming Championships
20 * 3:14.05 S	Pasta, Khatija	11 17/12/2021 2021 CASA Invitational Inter-Clubs Swimming
21 3:14.72 S	Alaro, Elise	11 27/11/2021 NCAA Junior Age Groups and Open Swim Meet
22 3:17.35 S	Swai, Zahra	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
23 3:17.41 S	Hunja, Makena	12 29/01/2022 NCAA Level 1 Age Group Swimming Championships
24 3:17.49 S	Maina, Elliana	11 17/12/2021 2021 CASA Invitational Inter-Clubs Swimming
25 3:21.52 S	Khuweyid, Khadija	11 29/10/2021 CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
26 3:25.10 L	Oyaro, Almasi	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27 3:25.35 L	Didi, Kayla	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28 3:22.17 S	Mwangi, Amani	12 29/01/2022 NCAA Level 1 Age Group Swimming Championships
29 3:22.49 S	Nyambura, Jaël	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
30 3:22.53 S	Githui, Lowena	12 29/01/2022 NCAA Level 1 Age Group Swimming Championships
Women 11-12 100 Back		
1 1:22.98 S Z4	Alala, Marion	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
2 1:27.15 S	Kamotho, Christe	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
3 1:29.37 S	Ndirangu, Nicole	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
4 1:32.67 S	Kimani, Kimberly	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
5 1:33.15 S	Mureithi, Hazel	12 04/03/2022 CASA Itational Short Course and Relays
6 1:33.20 S	Aseka Ayako, Ivy	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
7 1:33.68 S	Oyoo, Abba	12 22/10/2021 NCAA Level 3 Swimming Championships
8 1:33.90 S	Muyela, Laurie	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
9 1:34.71 S	Warui, Ariana	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
10 1:36.37 L	Childs, Jeanette	11 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11 1:37.85 S	Chandaria, Aashni	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
12 1:37.96 S	Kahinju, Nissi	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
13 1:39.33 L	Njuguna, Noni	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14 1:40.50 S	Choda, Simran	12 05/02/2022 KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
15 1:40.62 S	Ombega, Kelsey	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
16 1:41.53 S	Maina, Kamwelle	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
17 1:42.09 S	Khuweyid, Khadija	11 29/10/2021 CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
18 1:42.25 S	Webber, Misha	12 05/02/2022 KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
19 1:43.75 L	Nyambura, Jaël	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20 1:42.78 S	Swai, Zahra	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
21 1:43.01 S	Kemunto, Malia	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
22 1:44.30 L	Marsh, Mia	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23 1:44.12 S	Njeri, Erin	11 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
24 1:44.59 S	Eden, Sulwe	12 25/02/2022 NCAA Level 3 Swimming Championships Feb 2022
25 1:46.88 L	Didi, Kayla	12 13/11/2021 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

26	1:46.12	S	Shigoli, Dalia	11	04/03/2022	CASA Initational Short Course and Relays
27	1:46.42	S	Pouakouyou, Michelle	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
28	1:47.94	L	Choda, Simran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	1:47.22	S	Hunja, Makena	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	1:48.08	S	Serem, Tracy	12	04/03/2022	CASA Initational Short Course and Relays

Women 11-12 200 Back

1	3:00.21	S	Z4	Alala, Marion	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	3:17.04	S		Kamotho, Christe	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
3	3:20.34	S		Muyela, Laurie	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
4	3:27.88	S		Mureithi, Hazel	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
5	3:31.72	L		Njuguna, Noni	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	3:34.64	S		Aseka Ayako, Ivy	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
7	3:37.45	S		Ombega, Kelsey	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	3:41.55	S		Kahinju, Nissi	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
9	3:41.82	S		Maina, Kamwelle	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships
10	3:45.44	S		Kemunto, Malia	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
11	3:45.49	S		Swai, Zahra	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
12	3:46.49	S		Nyambura, Jael	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
13	3:53.99	S		Didi, Kayla	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
14	3:57.07	S		Eden, Sulwe	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
15	4:03.01	S		Mwangi, Amani	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	4:14.37	S		Pouakouyou, Michelle	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	4:17.58	S		Githui, Lowena	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	4:30.42	S		Abdulsattar, Shenaz	12	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
19	5:25.22	S		Maina, Wanjiku	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships

Women 11-12 100 Breast

1	1:28.74	S	Z4	Kamotho, Christe	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	1:31.62	S	Z4	Kimani, Kimberly	12	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	1:32.66	S	Z4	Alala, Marion	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
4	1:36.29	S		Mutinda, Nalwoga	11	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	1:36.77	S		Sheikh, Amina	12	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
6	1:43.87	L		Maina, Kamwelle	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7	1:41.92	S		Childs, Jeanette	11	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
8	1:42.84	S		Hassanali, Naqiyah	12	04/03/2022	CASA Initational Short Course and Relays
9	1:43.74	S		Aseka Ayako, Ivy	12	22/10/2021	NCAA Level 3 Swimming Championships
10	1:43.77	S		Oyoo, Abba	12	22/10/2021	NCAA Level 3 Swimming Championships
11	1:45.89	L		Khuweyid, Khadija	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
12	1:45.26	S		Baradia, Imaan	12	04/03/2022	CASA Initational Short Course and Relays
13	1:48.61	L		Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	1:47.23	S		Pouakouyou, Michelle	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	1:48.75	S		Omond, Naledi	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	1:48.86	S		Maina, Elliana	11	04/03/2022	CASA Initational Short Course and Relays
17	1:49.60	S		Webber, Misha	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
18	1:49.69	S		Kemunto, Malia	12	22/10/2021	NCAA Level 3 Swimming Championships
19	1:49.71	S		Kahinju, Nissi	11	22/10/2021	NCAA Level 3 Swimming Championships
20	1:51.68	S		Lopez, Rafaela	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
21	1:53.74	L		Marsh, Mia	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
22	1:52.10	S		Eden, Sulwe	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
23	1:52.47	S		Leboy, Vahkenah	12	22/05/2021	KCAA Open & Age-groupsSwimming Championships
24	1:52.55	S		Njeri, Erin	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
25	1:53.25	S		Wambui, Jenna	12	22/10/2021	NCAA Level 3 Swimming Championships
26	* 1:53.58	S		Yun, Yeyu	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	* 1:53.58	S		Serem, Tracy	12	04/03/2022	CASA Initational Short Course and Relays
28	1:53.91	S		Nyakairu, Lanea	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
29	1:54.13	S		Gituku, Gail	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	1:54.45	S		Bochere, Abigail	12	22/05/2021	KCAA Open & Age-groupsSwimming Championships

Women 11-12 200 Breast

1	3:12.95	S	Z4	Kamotho, Christe	12	04/03/2022	CASA Initational Short Course and Relays
2	3:23.70	S		Kimani, Kimberly	12	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	3:26.85	S		Alala, Marion	12	22/10/2021	NCAA Level 3 Swimming Championships
4	3:31.10	S		Mutinda, Nalwoga	11	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	3:34.93	S		Sheikh, Amina	12	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
6	3:45.12	S		Muyela, Laurie	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
7	3:45.73	S		Maina, Kamwelle	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	3:46.92	S		Khuweyid, Khadija	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
9	3:50.62	S		Baradia, Imaan	12	04/03/2022	CASA Initational Short Course and Relays
10	3:50.71	S		Hassanali, Naqiyah	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
11	3:52.20	S		Kemunto, Malia	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	3:54.74	S		Pouakouyou, Michelle	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	3:57.31	S		Kinyanjui, Zanna	12	04/03/2022	CASA Initational Short Course and Relays
14	4:01.80	L		Marsh, Mia	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	3:58.06	S		Aseka Ayako, Ivy	12	14/08/2021	NCAA Inter Clubs Swimming Championships
16	4:02.14	L		Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
17	3:58.50	S		Maina, Elliana	11	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
18	3:59.71	S		Njeri, Erin	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	3:59.80	S		Eden, Sulwe	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
20	4:00.03	S		Kahinju, Nissi	11	22/10/2021	NCAA Level 3 Swimming Championships
21	4:02.38	S		Mwangi, Amani	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
22	4:03.12	S		Hicks, Tusekile	12	22/10/2021	NCAA Level 3 Swimming Championships
23	4:04.26	S		Ndirangu, Nicole	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
24	4:05.69	S		Mbodze, Clara	12	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
25	4:10.59	S		Mbindio, Joy	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
26	4:11.92	S		Gikunda, Liya	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
27	4:13.65	S		Wafula, Ashley	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	4:14.17	S		Ochieng, Abby	12	12/06/2021	NCAA Invitational Swimming Ch
29	4:15.90	S		Ouko, Felica	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
30	4:16.66	S		Mwangi, Isabelle	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships

Women 11-12 100 Fly

1	1:21.53	S		Alala, Marion	12	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
2	1:31.47	S		Kimani, Kimberly	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
3	1:33.86	S		Leboy, Vahkenah	12	22/05/2021	KCAA Open & Age-groupsSwimming Championships
4	1:34.41	S		Ndirangu, Nicole	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
5	1:35.75	S		Mutinda, Nalwoga	11	04/03/2022	CASA Initational Short Course and Relays
6	1:37.99	S		Warui, Ariana	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:39.62	S		Mureithi, Hazel	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	1:40.47	S		Hunja, Makena	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	1:41.16	S		Maina, Elliana	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
10	1:41.56	S		Aseka Ayako, Ivy	12	08/10/2021	NCAA Level 2 Swimming Championships

11	1:44.24	L	Oyoo, Abba	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	1:43.09	S	Eden, Sulwe	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	1:48.79	S	Webber, Misha	12	15/01/2022	KCAA Sprints & Relays Swimming Championships
14	1:50.36	S	Ombega, Kelsey	11	15/01/2022	KCAA Sprints & Relays Swimming Championships
15	1:51.85	S	Githui, Lowena	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	1:52.74	S	Marsh, Mia	12	22/10/2021	NCAA Level 3 Swimming Championships
17	1:54.54	L	Didi, Kayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
18	1:53.61	S	Chandaria, Aashni	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
19	1:58.00	S	Wangechi, Joy	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	1:58.19	S	Mwaura, amy	12	18/09/2021	ksf-kiambu invitational swimming championship
21	1:58.95	S	Mukami, Lowena	12	08/10/2021	NCAA Level 2 Swimming Championships
22	2:01.49	S	Njeri, Erin	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	2:02.87	S	Nyambura, Jael	12	14/08/2021	NCAA Inter Clubs Swimming Championships
24	2:02.92	S	Lowena, Mukami	12	18/09/2021	ksf-kiambu invitational swimming championship
25	2:03.30	S	Swai, Zahra	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	2:05.36	S	Bachelani, Bilqis	11	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
27	2:05.67	S	Githui, Lavina	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	2:05.86	S	Abdulsattar, Shenaz	12	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
29	2:08.10	S	Kinyanjui, Maya	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	2:09.04	S	Kemunto, Malia	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 11-12 200 IM

1	2:54.83	S	Z4	Alala, Marion	12	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	3:09.02	S		Mutinda, Nalwoga	11	04/03/2022	CASA Initational Short Course and Relays
3	3:09.09	S		Kimani, Kimberly	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
4	3:10.64	S		Kamotho, Criste	12	04/03/2022	CASA Initational Short Course and Relays
5	3:14.17	S		Muyela, Laurie	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
6	3:19.38	S		Aseka Ayako, Ivy	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
7	3:22.65	S		Childs, Jeanette	11	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
8	3:23.77	S		Ndirangu, Nicole	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	3:26.24	S		Maina, Kamwelle	11	08/10/2021	NCAA Level 2 Swimming Championships
10	3:26.25	S		Hicks, Tusekile	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
11	3:28.71	S		Mureithi, Hazel	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
12	3:29.73	S		Oyoo, Abba	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
13	3:31.71	S		Kahinju, Nissi	11	22/10/2021	NCAA Level 3 Swimming Championships
14	3:31.91	S		Maina, Elliana	11	04/03/2022	CASA Initational Short Course and Relays
15	3:32.80	S		Sheikh, Amina	12	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
16	3:33.48	S		Warui, Ariana	12	08/10/2021	NCAA Level 2 Swimming Championships
17	3:33.67	S		Eden, Sulwe	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
18	3:37.78	L		Leboy, Vahkenah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	3:35.28	S		Kamiri, Maya	11	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
20	3:38.62	S		Hunja, Makena	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	3:39.15	S		Njeri, Erin	11	08/10/2021	NCAA Level 2 Swimming Championships
22	3:42.74	L		Marsh, Mia	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	3:39.62	S		Webber, Mischa	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	3:44.78	S		Nyambura, Jael	12	08/10/2021	NCAA Level 2 Swimming Championships
25	3:45.00	S		Webber, Misha	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
26	3:48.73	S		Mwangi, Isabelle	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
27	3:49.94	S		Chandaria, Aashni	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
28	3:53.39	L		Choda, Simran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	3:50.33	S		Githui, Lowena	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	3:50.36	S		Swai, Zahra	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 11-14 400 Free

1	4:51.21	S	Z4	Jamal, Bianca	14	18/12/2021	The Hillingdon 2021 Fast and Festive Meet
2	5:03.13	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
3	5:16.65	L		Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
4	5:14.97	S		Lindkvist, Ruth Wangari	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	5:22.54	S		Langat, Audrey Chebet	14	14/08/2021	NCAA Inter Clubs Swimming Championships
6	5:31.77	S		Omoro, Sanijah	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	5:35.41	S		Pendo, Jasmine	14	04/03/2022	CASA Initational Short Course and Relays
8	5:35.99	S		Kalombo, Macrine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	5:47.27	L		Irungu, Elaine	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	5:55.74	S		Mutinda, Nalwoga	11	04/03/2022	CASA Initational Short Course and Relays
11	5:56.10	S		Irangi, Nina	13	08/10/2021	NCAA Level 2 Swimming Championships
12	6:00.31	S		Kingatua, Amana	14	08/10/2021	NCAA Level 2 Swimming Championships
13	6:03.21	S		Alala, Marion	12	08/10/2021	NCAA Level 2 Swimming Championships
14	6:10.84	L		Onderi, Jade	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
15	6:04.45	S		Muyela, Laurie	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	6:05.64	S		Kamotho, Criste	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
17	6:07.55	S		Aseka Ayako, Ivy	12	22/10/2021	NCAA Level 3 Swimming Championships
18	6:09.38	S		Feisal, Nadiya	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
19	6:23.24	S		Ali, Imrana	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
20	6:33.05	L		Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
21	6:36.83	S		Kipchumbah, Lissette	13	08/10/2021	NCAA Level 2 Swimming Championships
22	6:46.48	S		Kafuto, Ivy	14	08/10/2021	NCAA Level 2 Swimming Championships
23	6:52.95	S		Gahai, Chedeye	13	08/10/2021	NCAA Level 2 Swimming Championships
24	6:53.64	S		Nyambura, Jael	12	08/10/2021	NCAA Level 2 Swimming Championships
25	6:57.82	S		Maina, Kamwelle	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
26	7:04.74	L		Marsh, Mia	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27	6:58.73	S		Njau, Amani	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
28	7:03.18	S		Pasta, Khatija	11	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
29	7:04.97	S		Makena, Kyra	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
30	7:31.83	S		Abdulsattar, Shenaz	12	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021

Women 11-14 800 Free

1	10:13.68	S	Z4	Williams, Angel	14	23/09/2021	CTA Club Hosted QM 5 - GSA
2	10:48.76	L	Z4	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
3	11:03.45	S		Lindkvist, Ruth Wangari	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
4	11:09.70	S		Langat, Audrey Chebet	14	08/10/2021	NCAA Level 2 Swimming Championships
5	11:13.59	S		Kalombo, Macrine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
6	11:16.12	S		Omoro, Sanijah	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	11:38.49	S		Irungu, Elaine	13	08/10/2021	NCAA Level 2 Swimming Championships
8	11:46.79	S		Pendo, Jasmine	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
9	12:11.73	S		Alala, Marion	12	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
10	13:04.95	S		Mutinda, Nalwoga	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
11	13:04.97	S		Ali, Imrana	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
12	13:23.48	L		Aseka Ayako, Ivy	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13	14:06.40	L		Leboy, Vahkenah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	14:04.02	S		Kafuto, Ivy	14	08/10/2021	NCAA Level 2 Swimming Championships
15	14:26.11	S		Gahai, Chedeye	13	08/10/2021	NCAA Level 2 Swimming Championships

16	14:28.36	S	Makena, Kyra	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
17	15:06.46	S	Didi, Kayla	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
18	15:14.00	S	Wangechi, Joy	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
19	16:16.15	L	Omabere, Tamara	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20	16:46.22	S	Muema, Natasha	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
21	17:17.33	S	Nuru, Azu	13	08/10/2021	NCAA Level 2 Swimming Championships

Women 11-14 200 Fly

1	2:56.44	L	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
2	3:04.10	S	Langat, Audrey Chebet	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
3	3:12.87	S	Leboy, Vahkenah	12	14/08/2021	NCAA Inter Clubs Swimming Championships
4	3:16.62	S	Alala, Marion	12	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	3:25.07	S	Kingatua, Amana	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
6	3:25.58	S	Kalombo, Macrine	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
7	3:26.22	S	Lindkvist, Ruth Wangari	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
8	3:31.99	S	Irangi, Nina	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
9	3:37.25	S	Ali, Imrana	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
10	3:38.97	S	Kipchumbah, Lissette	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
11	3:39.33	S	Ndirangu, Nicole	12	22/10/2021	NCAA Level 3 Swimming Championships
12	3:42.72	S	Mureithi, Hazel	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
13	3:50.08	S	Gahai, Chedeye	13	14/08/2021	NCAA Inter Clubs Swimming Championships
14	3:56.30	S	Eden, Sulwe	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
15	3:58.49	S	Kafuto, Ivy	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
16	4:08.46	S	Chedeye, Gahai	13	22/01/2022	Ksf-Kiambu invitational swim championship
17	4:14.28	S	Nyokabi, Kyla	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	4:16.18	S	Warui, Ariana	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
19	4:27.47	S	Bachelani, Bilqis	11	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
20	4:29.24	S	Mukami, Lowena	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
21	4:35.37	S	Abdulsattar, Shenaz	12	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS

Women 13-14 100 Free

1	1:04.14	L	Z4	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
2	1:04.68	S	Z4	Caffini, Duini	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	1:04.98	S	Z4	Langat, Audrey Chebet	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
4	1:06.74	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
5	1:08.19	L	Z4	Hart, Alexandra	13	17/12/2021	Swim Wales Open Winter Championships 2021
6	1:06.63	S	Z4	Kalombo, Macrine	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	1:06.68	S	Z4	Irangi, Nina	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
8	1:10.17	L		Onderi, Jade	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
9	1:10.91	L		Pendo, Jasmine	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
10	1:12.43	L		McAree, Keaira	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	1:11.11	S		Lindkvist, Ruth Wangari	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	1:11.18	S		Thuranira, Natasha	14	04/03/2022	CASA Initial Short Course and Relays
13	1:11.42	S		Omoro, Sanjiah	13	22/01/2022	Ksf-Kiambu invitational swim championship
14	1:13.87	L		Kingatua, Amana	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	1:14.25	L		Lwanya, Bianca	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	1:12.83	S		Madara, Shenaz	13	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
17	1:13.99	S		Maina, Wangechi	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
18	1:14.83	S		Mukoto, Amanda	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
19	1:15.09	S		Muthama, Melissa	14	22/10/2021	NCAA Level 3 Swimming Championships
20	1:15.99	S		Irungu, Elaine	13	08/10/2021	NCAA Level 2 Swimming Championships
21	1:16.77	S		Foster, Keza	14	12/06/2021	NCAA Invitational Swimming Ch
22	1:17.29	S		Muriuki, Tshomela	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
23	1:17.42	S		Kipchumbah, Lissette	13	22/10/2021	NCAA Level 3 Swimming Championships
24	1:18.17	S		Gikunda, Amani	13	18/09/2021	ksf-kiambu invitational swimming championship
25	1:20.34	L		Ali, Imrana	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26	1:20.79	L		Kidha, Kahina	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27	1:21.30	L		Pognon, Yelen	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28	1:19.85	S		Feisal, Nadiya	13	22/10/2021	NCAA Level 3 Swimming Championships
29	1:22.42	L		Mwanzia, Zareena	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30	1:20.95	S		Anampiu, Pendo	13	04/03/2022	CASA Initial Short Course and Relays

Women 13-14 200 Free

1	2:16.52	S	Z4	Jamal, Bianca	14	18/12/2021	The Hillingdon 2021 Fast and Festive Meet
2	2:20.59	S	Z4	Langat, Audrey Chebet	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	2:24.48	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
4	2:27.96	L	Z4	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
5	2:25.87	S	Z4	Caffini, Duini	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
6	2:30.27	S		Lindkvist, Ruth Wangari	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	2:34.33	S		Kalombo, Macrine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	2:37.66	L		Irangi, Nina	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
9	2:37.87	L		Onderi, Jade	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	2:34.74	S		Pendo, Jasmine	14	04/03/2022	CASA Initial Short Course and Relays
11	2:37.00	S		Omoro, Sanjiah	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	2:39.62	S		Irungu, Elaine	13	22/10/2021	NCAA Level 3 Swimming Championships
13	2:42.99	S		Thuranira, Natasha	14	04/03/2022	CASA Initial Short Course and Relays
14	2:44.76	S		Kingatua, Amana	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
15	2:49.39	S		Mukoto, Amanda	14	22/01/2022	Ksf-Kiambu invitational swim championship
16	2:52.43	S		Feisal, Nadiya	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
17	2:55.83	L		Ali, Imrana	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
18	2:53.22	S		Kahuko, Wanja	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
19	2:53.46	S		Maina, Wangechi	14	22/01/2022	Ksf-Kiambu invitational swim championship
20	2:54.98	S		Kipchumbah, Lissette	13	22/10/2021	NCAA Level 3 Swimming Championships
21	2:56.15	S		Foster, Keza	14	12/06/2021	NCAA Invitational Swimming Ch
22	2:59.95	L		Gikunda, Amani	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	2:59.17	S		Anampiu, Pendo	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
24	3:00.94	S		Bailey, Lara	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	3:07.91	L		Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26	3:08.26	L		Mwanzia, Zareena	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27	3:05.17	S		Musengi, Savannah	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	3:05.89	S		Kafuto, Ivy	14	14/08/2021	NCAA Inter Clubs Swimming Championships
29	3:07.60	S		Wandabwa, Helmie	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
30	3:09.48	S		Muya, Thandie	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Women 13-14 100 Back

1	1:10.16	L	Z4	Jamal, Bianca	14	05/03/2022	National Arena Swimming League B Final & Cup
2	1:13.95	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
3	1:15.68	L	Z4	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
4	1:15.66	S	Z4	Langat, Audrey Chebet	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	1:17.62	S	Z4	Caffini, Duini	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
6	1:18.36	S		Lindkvist, Ruth Wangari	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:23.44	L		Irangi, Nina	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

8	1:22.73	S	Maina, Wangechi	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	1:24.56	L	Onderi, Jade	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	1:24.66	S	Omoro, Saniyah	13	22/01/2022	Ksf-Kiambu invatational swim championship
11	1:25.40	S	Irungu, Elaine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	1:26.86	S	Kalombo, Macrine	13	14/08/2021	NCAA Inter Clubs Swimming Championships
13	1:27.25	S	Pendo, Jasmine	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
14	1:28.95	S	Muriuki, Tshomela	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	1:31.17	S	Makena, Kyra	14	22/10/2021	NCAA Level 3 Swimming Championships
16	1:31.37	S	Bailey, Lara	14	18/09/2021	ksf-kiambu invitational swimming championship
17	1:31.79	S	Kipchumbah, Lissette	13	22/10/2021	NCAA Level 3 Swimming Championships
18	1:31.81	S	Mukoto, Amanda	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
19	1:33.06	S	Kingatua, Amana	14	18/09/2021	ksf-kiambu invitational swimming championship
20	1:34.66	L	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
21	1:35.67	L	Lwanya, Bianca	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
22	1:35.99	L	Bebbington, Anika	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	1:35.43	S	Mugo, Zaveria	14	08/10/2021	NCAA Level 2 Swimming Championships
24	1:35.75	S	Ali, Imrana	14	22/10/2021	NCAA Level 3 Swimming Championships
25	1:36.10	S	Chedeye, Gahai	13	18/09/2021	ksf-kiambu invitational swimming championship
26	1:36.90	S	Kafuto, Ivy	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
27	1:38.56	S	D'Silva, Dinisha	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
28	1:40.05	L	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	1:39.60	S	Gikunda, Amani	13	18/09/2021	ksf-kiambu invitational swimming championship
30	1:41.46	L	Wandabwa, Helmie	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

Women 13-14 200 Back

1	2:38.84	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
2	2:37.20	S	Z4	Hart, Alexandra	13	19/11/2021	Millfield and Team Bath TYR Nov 2021
3	2:40.60	L	Z4	Jamal, Bianca	14	16/01/2022	City of Derby 18th Level 1 Long Course
4	2:50.77	S		Lindkvist, Ruth Wangari	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
5	2:52.18	S		Langat, Audrey Chebet	14	22/10/2021	NCAA Level 3 Swimming Championships
6	2:55.44	S		Irangi, Nina	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	2:58.57	S		Irungu, Elaine	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
8	3:03.50	S		Omoro, Saniyah	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	3:05.67	S		Maina, Wangechi	14	22/01/2022	Ksf-Kiambu invatational swim championship
10	3:11.76	S		Muriuki, Tshomela	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
11	3:16.91	S		Kingatua, Amana	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
12	3:19.72	S		Kipchumbah, Lissette	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
13	3:21.50	S		Mukoto, Amanda	14	22/01/2022	Ksf-Kiambu invatational swim championship
14	3:22.53	S		Bailey, Lara	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
15	3:24.65	S		Makena, Kyra	14	12/06/2021	NCAA Invitational Swimming Ch
16	3:27.57	S		Gahai, Chedeye	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
17	3:31.85	L		Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
18	3:31.09	S		Musengi, Savannah	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
19	3:37.14	S		Chedeye, Gahai	13	22/01/2022	Ksf-Kiambu invatational swim championship
20	3:39.71	S		Mahmood, Zeinab	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
21	3:43.68	S		Njau, Amani	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:49.15	S		Njau, Zawadi	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
23	3:54.07	S		Nuru, Azu	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
24	3:56.08	S		Omabere, Tamara	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
25	4:02.93	S		Mwanzia, Zareena	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
26	4:19.30	S		Nyokabi, Kyla	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
27	4:34.52	S		Njoroge, Wanjiru	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 13-14 100 Breast

1	1:23.45	L	Z4	Jamal, Bianca	14	24/07/2021	London Region Festival of Swimming Meet 2021
2	1:22.72	S	Z4	Caffini, Duini	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	1:25.74	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
4	1:27.93	S		Kalombo, Macrine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
5	1:29.62	S		Thuranira, Natasha	14	04/03/2022	CASA Initational Short Course and Relays
6	1:32.98	S		Kingatua, Amana	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:33.37	S		Irangi, Nina	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	1:36.21	S		Langat, Audrey Chebet	14	14/08/2021	NCAA Inter Clubs Swimming Championships
9	1:38.74	L		Kipchumbah, Lissette	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	1:38.83	L		Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	1:39.29	L		Lwanya, Bianca	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	1:39.19	S		Anampiu, Pendo	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	1:41.35	L		Irungu, Elaine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
14	1:41.56	L		Omoro, Saniyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	1:39.89	S		Maina, Wangechi	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	1:40.09	S		Kidha, Kahina	13	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
17	1:42.41	L		Kahuko, Wanja	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
18	1:42.49	L		Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	1:42.24	S		Geteria, Wanjiku	14	22/10/2021	NCAA Level 3 Swimming Championships
20	1:42.89	S		Anampiu, Pendo	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
21	1:42.97	S		Onderi, Jade	13	18/09/2021	ksf-kiambu invitational swimming championship
22	1:43.14	S		Masinde, Nicole	14	04/03/2022	CASA Initational Short Course and Relays
23	1:45.54	L		Ali, Imrana	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24	1:44.46	S		Malo, Meggie	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
25	1:44.58	S		Gahai, Chedeye	13	22/10/2021	NCAA Level 3 Swimming Championships
26	1:47.56	L		Bailey, Lara	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27	1:47.72	L		Mohidden- Jones, Mariam	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28	1:48.36	L		Bebbington, Anika	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	1:46.72	S		Swaleh, Nahal	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
30	1:46.73	S		Kafuto, Ivy	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021

Women 13-14 200 Breast

1	3:00.52	L	Z4	Williams, Angel	14	07/12/2021	Western Cape LC-A Championship 2021 v2
2	2:58.44	S	Z4	Caffini, Duini	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	3:08.71	L	Z4	Jamal, Bianca	14	24/07/2021	London Region Festival of Swimming Meet 2021
4	3:10.35	S		Kalombo, Macrine	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	3:17.62	S		Langat, Audrey Chebet	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
6	3:20.67	S		Lindkvist, Ruth Wangari	13	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
7	3:27.10	S		Thuranira, Natasha	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
8	3:31.50	L		Irungu, Elaine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
9	3:32.10	L		Kingatua, Amana	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	3:32.81	L		Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	3:35.22	L		Frantz, Nyah	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
12	3:31.32	S		Irangi, Nina	13	08/10/2021	NCAA Level 2 Swimming Championships
13	3:36.09	L		Gikunda, Amani	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	3:32.25	S		Omoro, Saniyah	13	22/10/2021	NCAA Level 3 Swimming Championships
15	3:33.04	S		Kahuko, Wanja	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

16	3:34.45	S	Anampiu, Pendo	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
17	3:39.16	S	Feisal, Nadiya	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	3:43.36	L	Lwanya, Bianca	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	3:40.69	S	Kipchumbah, Lisette	13	22/10/2021	NCAA Level 3 Swimming Championships
20	3:41.19	S	Gahai, Chedeye	13	22/10/2021	NCAA Level 3 Swimming Championships
21	3:44.59	S	Anampiu, Pendo	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
22	3:48.94	L	Maina, Wangechi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	3:46.68	S	Bebbington, Anika	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	3:51.26	S	Ali, Imrana	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
25	3:54.79	S	Majithia, Ayushi	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
26	3:55.42	S	Masinde, Nicole	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
27	3:55.50	S	Malo, Meggie	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	4:01.08	S	Malle, Daphne	13	04/03/2022	CASA Initational Short Course and Relays
29	4:01.86	S	Chedeye, Gahai	13	22/01/2022	Ksf-Kiambu invatitonal swim championship
30	4:01.98	S	Njau, Amani	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Women 13-14 100 Fly

1	1:15.43	S	Jamal, Bianca	14	18/12/2021	The Hillingdon 2021 Fast and Festive Meet
2	1:16.14	S	Williams, Angel	14	11/09/2021	CTA Club Hosted QM 3 - GSA
3	1:16.33	S	Hart, Alexandra	13	18/06/2021	Millfield Summer Selection
4	1:17.50	S	Langat, Audrey Chebet	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	1:21.51	L	Onderi, Jade	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	1:22.72	S	Maina, Wangechi	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:24.27	S	Irangi, Nina	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
8	1:24.91	S	Omoro, Saniyah	13	22/01/2022	Ksf-Kiambu invatitonal swim championship
9	1:25.67	S	Pendo, Jasmine	14	04/03/2022	CASA Initational Short Course and Relays
10	1:28.18	S	Ali, Imrana	14	22/10/2021	NCAA Level 3 Swimming Championships
11	1:30.55	S	Kalombo, Macrine	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
12	1:30.97	S	Irungu, Elaine	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	1:31.58	S	Kingatua, Amana	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
14	1:32.56	S	Kipchumbah, Lisette	13	22/10/2021	NCAA Level 3 Swimming Championships
15	1:33.38	S	Muthama, Melissa	14	22/10/2021	NCAA Level 3 Swimming Championships
16	1:36.05	S	Mukoto, Amanda	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
17	1:36.60	S	Nuru, Azu	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
18	1:36.96	S	Makena, Kyra	14	22/10/2021	NCAA Level 3 Swimming Championships
19	1:37.08	S	Pognon, Yelen	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
20	1:38.19	S	Muriuki, Tshomela	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
21	1:38.81	S	Wandabwa, Helmie	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
22	1:39.25	S	Bachelani, Shaina	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
23	1:39.57	S	Lindkvist, Ruth Wangari	13	12/06/2021	NCAA Invitational Swimming Ch
24	1:41.39	S	Gahai, Chedeye	13	08/10/2021	NCAA Level 2 Swimming Championships
25	1:42.69	S	Kafuto, Ivy	14	22/10/2021	NCAA Level 3 Swimming Championships
25	1:42.69	S	Bailey, Lara	14	18/09/2021	ksf-kiambu invitational swimming championship
27	1:43.67	S	Chedeye, Gahai	13	18/09/2021	ksf-kiambu invitational swimming championship
28	1:43.96	S	Okoth, Naisola	14	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
29	1:48.86	S	Njau, Amani	13	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
30	1:51.27	L	Oyoo, Amari	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

Women 13-14 200 IM

1	2:40.60	L Z4	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
2	2:42.37	S Z4	Caffini, Duini	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	2:45.27	S Z4	Hart, Alexandra	13	27/11/2021	TDSC Street and Millfield County Qualifier
4	2:45.63	S Z4	Williams, Angel	14	04/09/2021	CTA Club Hosted QM 2 - GSA
5	2:49.18	S	Langat, Audrey Chebet	14	22/10/2021	NCAA Level 3 Swimming Championships
6	2:49.86	S	Kalombo, Macrine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	2:50.24	S	Lindkvist, Ruth Wangari	13	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
8	2:54.02	S	Irangi, Nina	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	2:56.60	S	Omoro, Saniyah	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	3:00.06	S	Thuranira, Natasha	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
11	3:03.59	L	Onderi, Jade	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	3:02.25	S	Irungu, Elaine	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	3:03.92	S	Pendo, Jasmine	14	04/03/2022	CASA Initational Short Course and Relays
14	3:04.99	S	Maina, Wangechi	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	3:08.10	S	Kingatua, Amana	14	22/10/2021	NCAA Level 3 Swimming Championships
16	3:13.53	S	Muriuki, Tshomela	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
17	3:14.27	S	Kipchumbah, Lisette	13	22/10/2021	NCAA Level 3 Swimming Championships
18	3:20.14	L	Ali, Imrana	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	3:17.20	S	Mukoto, Amanda	14	22/01/2022	Ksf-Kiambu invatitonal swim championship
20	3:18.41	S	Feisal, Nadiya	13	04/03/2022	CASA Initational Short Course and Relays
21	3:18.47	S	Lwanya, Bianca	13	14/08/2021	NCAA Inter Clubs Swimming Championships
22	3:20.60	S	Makena, Kyra	14	08/10/2021	NCAA Level 2 Swimming Championships
23	3:24.64	L	Gikunda, Amani	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24	3:24.87	L	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25	3:22.32	S	Bailey, Lara	14	18/09/2021	ksf-kiambu invitational swimming championship
26	3:23.19	S	Kahuko, Wanja	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
27	3:25.91	S	Kafuto, Ivy	14	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
28	3:26.03	S	Bebbington, Anika	14	18/09/2021	ksf-kiambu invitational swimming championship
29	3:30.40	S	Musengi, Savannah	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	3:31.20	S	Clark, Arabella	13	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS

Women 15-16 100 Free

1	1:03.78	L Z4	Bianchi, Maria	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2	1:08.25	L	Gore, Reese	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3	1:09.26	L	Karanu, Wairimu	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
4	1:07.75	S	Kotut, Moige	15	18/09/2021	ksf-kiambu invitational swimming championship
5	1:07.85	S	Wambui, Emma	15	04/03/2022	CASA Initational Short Course and Relays
6	1:08.66	S	Hassanali, Ilhaam	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
7	1:08.83	S	Kagwima, Ashley	15	22/10/2021	NCAA Level 3 Swimming Championships
8	1:09.97	S	Aleyo, Joy	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
9	1:10.04	S	Kamotho, Cheryl	16	04/03/2022	CASA Initational Short Course and Relays
10	1:10.05	S	Karani, Kario	16	04/03/2022	CASA Initational Short Course and Relays
11	1:10.16	S	Nanjala, Rebecca	16	22/10/2021	NCAA Level 3 Swimming Championships
12	1:12.03	L	Chepngetich, Maya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
13	1:12.05	L	Mwige, Tugi	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
14	1:10.65	S	Karanja, Cynthia	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	1:11.39	S	Mwasha, Maria	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
16	1:11.47	S	Mawira, Serah Makenna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
17	1:13.78	L	Maina, Kagure	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
18	1:12.24	S	Kittony, Stacy Jerop	16	22/10/2021	NCAA Level 3 Swimming Championships
19	1:14.25	L	Kimeto, Sheila	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
20	1:14.09	S	Done, Maisha	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022

21	1:14.59	S	Luchters, Eowyn	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
22	1:16.45	L	Ochoro, Xolani	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	1:16.30	S	Webber, Aaliyah	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
24	1:18.87	S	Shah, Rianna	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	1:20.86	L	Webber, Aaliyah	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26	1:20.52	S	Shah, Diva	15	22/10/2021	NCAA Level 3 Swimming Championships
27	1:21.02	S	Kumon, Manna	15	18/09/2021	ksf-kiambu invitational swimming championship
28	1:22.07	S	Hailey, Yael	15	22/05/2021	KCAA Open & Age-groupsSwimming Championships
29	1:22.08	S	Shavdia, Neeshi	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
30	1:22.98	S	Ramanan, Aishwarya	15	18/09/2021	ksf-kiambu invitational swimming championship

Women 15-16 200 Free

1	2:25.73	S	Mwige, Tugi	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
2	2:30.57	L	Gore, Reese	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3	2:32.07	L	Kagwima, Ashley	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4	2:30.69	S	Mawira, Serah Makenna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
5	2:30.89	S	Karani, Kario	16	22/10/2021	NCAA Level 3 Swimming Championships
6	2:31.07	S	Wambui, Emma	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	2:31.33	S	Kotut, Moige	15	22/10/2021	NCAA Level 3 Swimming Championships
8	2:31.58	S	Hassanali, Ilhaam	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
9	2:37.23	L	Karanu, Wairimu	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
10	2:35.06	S	Maina, Kagure	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
11	2:36.01	S	Karani, Kario	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	2:36.40	S	Kamotho, Cheryl	16	04/03/2022	CASA Initational Short Course and Relays
13	2:40.14	S	Ameya, Rana	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
14	2:40.46	S	Karanja, Cynthia	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	2:41.14	S	Chepngetich, Maya	15	22/10/2021	NCAA Level 3 Swimming Championships
16	2:41.20	S	Aleyo, Joy	15	04/03/2022	CASA Initational Short Course and Relays
17	2:42.68	S	Kimeto, Sheila	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	2:46.52	S	Kittony, Stacy Jerop	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
19	2:53.76	L	Shah, Deeya	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
20	2:52.45	S	Ochoro, Xolani	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
21	2:56.04	S	Luchters, Eowyn	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:01.06	S	Shavdia, Neeshi	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
23	3:02.26	S	Kumon, Manna	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	3:05.58	S	Webber, Aaliyah	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	3:05.91	S	Williams, Maya	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	3:07.54	S	Hailey, Yael	15	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
27	3:07.78	S	Shah, Diva	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
28	3:11.59	S	Ramanan, Aishwarya	15	14/08/2021	NCAA Inter Clubs Swimming Championships
29	3:12.36	S	Singh, Vritti	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	3:30.00	S	Kinyanjui, Thami	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships

Women 15-16 100 Back

1	1:09.71	S	Z4	Bianchi, Maria	16	04/03/2022	CASA Initational Short Course and Relays
2	1:12.33	S	Z4	Mwige, Tugi	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
3	1:17.97	S		Kagwima, Ashley	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
4	1:20.40	L		Kiragu, Mariam	16	09/12/2021	16th Botswana National Swimming Championships
5	1:19.59	S		Shah, Rianna	15	22/10/2021	NCAA Level 3 Swimming Championships
6	1:22.44	S		Aleyo, Joy	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
7	1:23.05	S		Karani, Kario	16	22/10/2021	NCAA Level 3 Swimming Championships
8	1:23.16	S		Chepngetich, Maya	15	22/10/2021	NCAA Level 3 Swimming Championships
9	1:24.37	S		Mawira, Serah Makenna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:24.52	S		Kotut, Moige	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
11	1:24.84	S		Maina, Kagure	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	1:26.20	S		Luchters, Eowyn	16	18/09/2021	ksf-kiambu invitational swimming championship
13	1:26.53	S		Kimeto, Sheila	16	22/10/2021	NCAA Level 3 Swimming Championships
14	1:26.55	S		Webber, Aaliyah	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	1:26.94	S		Karanja, Cynthia	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	1:28.47	S		Webber, Aaliyah	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
17	1:29.77	S		Ochoro, Xolani	15	08/10/2021	NCAA Level 2 Swimming Championships
18	1:31.19	S		Ramanan, Aishwarya	15	18/09/2021	ksf-kiambu invitational swimming championship
19	1:31.89	S		Kumon, Manna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
20	1:33.08	S		Kittony, Stacy Jerop	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	1:33.20	S		Williams, Maya	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
22	1:35.04	S		Shavdia, Neeshi	15	04/03/2022	CASA Initational Short Course and Relays
23	1:38.28	S		Shah, Diva	15	22/10/2021	NCAA Level 3 Swimming Championships
24	1:38.39	S		Hailey, Yael	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
25	1:39.15	S		Wanjiku, Nicole	15	22/05/2021	KCAA Open & Age-groupsSwimming Championships
26	1:40.21	S		Feisal, Najma	15	22/10/2021	NCAA Level 3 Swimming Championships
27	1:40.93	S		Atalia, Keza	16	04/03/2022	CASA Initational Short Course and Relays
28	1:43.55	S		Talai, Cheruto	16	22/05/2021	KCAA Open & Age-groupsSwimming Championships
29	1:45.97	S		Kinyanjui, Thami	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
30	1:46.05	S		Salima, Sharyne	15	04/03/2022	CASA Initational Short Course and Relays

Women 15-16 200 Back

1	2:37.80	S	Z4	Mwige, Tugi	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
2	2:47.31	S		Kagwima, Ashley	15	22/10/2021	NCAA Level 3 Swimming Championships
3	2:53.02	S		Shah, Rianna	15	04/03/2022	CASA Initational Short Course and Relays
4	2:57.06	L		Kiragu, Mariam	16	09/12/2021	16th Botswana National Swimming Championships
5	2:58.19	L		Shah, Rianna	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	2:55.96	S		Aleyo, Joy	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
7	3:00.11	S		Mawira, Serah Makenna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	3:03.31	S		Chepngetich, Maya	15	22/10/2021	NCAA Level 3 Swimming Championships
9	3:08.92	S		Kimeto, Sheila	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
10	3:09.00	S		Maina, Kagure	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
11	3:11.89	S		Kotut, Moige	15	08/10/2021	NCAA Level 2 Swimming Championships
12	3:14.23	S		Luchters, Eowyn	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	3:18.09	L		Webber, Aaliyah	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	3:19.29	S		Feisal, Najma	15	04/03/2022	CASA Initational Short Course and Relays
15	3:20.19	S		Ochoro, Xolani	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	3:20.23	S		Shavdia, Neeshi	15	04/03/2022	CASA Initational Short Course and Relays
17	3:20.82	S		Kittony, Stacy Jerop	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	3:27.19	L		Williams, Maya	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	3:27.70	S		Ramanan, Aishwarya	15	14/08/2021	NCAA Inter Clubs Swimming Championships

Women 15-16 100 Breast

1	1:20.83	L	Z4	Bianchi, Maria	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2	1:21.80	S	Z4	Wambui, Emma	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	1:24.18	S	Z4	Ameya, Rana	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
4	1:28.06	S		Mwasha, Maria	16	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP

5	1:30.11	L	Mwige, Tugi	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	1:30.79	S	Shah, Deeya	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	1:31.65	S	Kamotho, Cheryl	16	04/03/2022	CASA Initational Short Course and Relays
8	1:32.50	S	Kotut, Moige	15	22/10/2021	NCAA Level 3 Swimming Championships
9	1:34.35	S	Done, Maisha	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:34.75	S	Kagwima, Ashley	15	22/10/2021	NCAA Level 3 Swimming Championships
11	1:35.30	S	Nanjala, Rebecca	16	14/08/2021	NCAA Inter Clubs Swimming Championships
12	1:36.48	S	Chepngetich, Maya	15	18/09/2021	ksf-kiambu invitational swimming championship
13	1:36.83	S	Kittony, Stacy Jerop	16	14/08/2021	NCAA Inter Clubs Swimming Championships
14	1:42.02	L	Webber, Aaliyah	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	1:40.36	S	Webber, Aaliyah	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
16	1:40.40	S	Manek, Shriya	16	22/10/2021	NCAA Level 3 Swimming Championships
17	1:43.89	S	Wanjiku, Nicole	15	22/05/2021	KCAA Open & Age-groupsSwimming Championships
18	1:44.58	S	Ochoro, Xolani	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	1:46.00	S	Havi, Teniola	15	12/06/2021	NCAA Invitational Swimming Ch
20	1:46.48	S	Kumon, Manna	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	* 1:47.55	S	Luchters, Eowyn	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	* 1:47.55	S	Wakefield, Lilly-May	15	04/03/2022	CASA Initational Short Course and Relays
23	1:50.08	L	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24	1:49.58	S	Shah, Diva	15	22/10/2021	NCAA Level 3 Swimming Championships
25	1:50.25	S	Mwangi, Sasha	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	1:52.32	S	Muidi, Katanu	15	18/09/2021	ksf-kiambu invitational swimming championship
27	1:52.92	S	Brenda, Mumma	15	18/09/2021	ksf-kiambu invitational swimming championship
28	1:54.74	S	Wangare, Virginia	15	14/08/2021	NCAA Inter Clubs Swimming Championships
29	1:57.02	L	Ayugi, Erika	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30	1:56.70	S	Waikwa, Seanice	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 15-16 200 Breast

1	2:51.54	S Z4	Bianchi, Maria	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
2	2:57.13	S Z4	Wambui, Emma	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
3	3:13.12	L	Ameya, Rana	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
4	3:11.62	S	Mwasha, Maria	16	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
5	3:30.65	L	Shah, Deeya	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	3:31.89	S	Kamotho, Cheryl	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
7	3:31.91	S	Kittony, Stacy Jerop	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
8	3:32.01	S	Chepngetich, Maya	15	22/10/2021	NCAA Level 3 Swimming Championships
9	3:37.95	L	Manek, Shriya	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	3:40.80	L	Webber, Aaliyah	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	3:38.31	S	Kotut, Moige	15	14/08/2021	NCAA Inter Clubs Swimming Championships
12	3:43.77	S	Ochoro, Xolani	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
13	3:44.85	S	Kumon, Manna	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
14	3:47.28	S	Feisal, Najma	15	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
15	3:49.36	S	Havi, Teniola	15	12/06/2021	NCAA Invitational Swimming Ch
16	3:53.02	S	Luchters, Eowyn	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	3:55.64	S	Hailey, Yael	15	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	4:04.82	S	Mwangi, Sasha	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	4:17.57	S	Ochieng, Ashley	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Women 15-16 100 Fly

1	1:08.46	S Z4	Bianchi, Maria	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
2	1:15.89	S	Gore, Reese	16	22/10/2021	NCAA Level 3 Swimming Championships
3	1:19.06	S	Hassanali, Ilhaam	15	04/03/2022	CASA Initational Short Course and Relays
4	1:19.43	S	Mwige, Tugi	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	1:20.26	S	Karani, Kario	16	04/03/2022	CASA Initational Short Course and Relays
6	1:21.03	S	Kagwima, Ashley	15	22/10/2021	NCAA Level 3 Swimming Championships
7	1:22.76	S	Mwasha, Maria	16	04/03/2022	CASA Initational Short Course and Relays
8	1:25.66	S	Maina, Kagure	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	1:25.67	S	Mwasha, Maria	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
10	1:25.95	S	Aleyo, Joy	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
11	1:25.98	S	Kotut, Moige	15	08/10/2021	NCAA Level 2 Swimming Championships
12	1:27.09	S	Wambui, Emma	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
13	1:28.85	L	Kittony, Stacy Jerop	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	1:31.70	S	Karanja, Cynthia	16	14/08/2021	NCAA Inter Clubs Swimming Championships
15	1:31.92	S	Chepngetich, Maya	15	18/09/2021	ksf-kiambu invitational swimming championship
16	1:35.83	S	Kumon, Manna	15	08/10/2021	NCAA Level 2 Swimming Championships
17	1:36.94	S	Mawira, Serah Makenna	15	08/10/2021	NCAA Level 2 Swimming Championships
18	1:39.05	S	Luchters, Eowyn	16	18/09/2021	ksf-kiambu invitational swimming championship
19	1:39.33	S	Webber, Aaliyah	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
20	1:41.22	S	Feisal, Najma	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	1:43.89	S	Moegi, Sharon	15	18/09/2021	ksf-kiambu invitational swimming championship
22	1:45.96	S	Ramanan, Aishwarya	15	18/09/2021	ksf-kiambu invitational swimming championship
23	1:47.95	S	Manek, Shriya	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
24	1:49.72	S	Talai, Cheruto	16	27/02/2021	KCAA Sprints and Relays 2021
25	1:50.52	S	Ochoro, Xolani	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 15-16 200 Fly

1	2:57.77	S	Hassanali, Ilhaam	15	04/03/2022	CASA Initational Short Course and Relays
2	2:58.80	S	Mwige, Tugi	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
3	3:09.92	L	Gore, Reese	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4	3:16.68	S	Maina, Kagure	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
5	3:24.88	S	Kittony, Stacy Jerop	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
6	3:29.95	S	Chepngetich, Maya	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
7	3:31.10	S	Kotut, Moige	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
8	3:39.74	S	Ameya, Rana	16	12/06/2021	NCAA Invitational Swimming Ch
9	3:54.04	S	Shah, Diva	15	25/09/2021	NCAA Level 1 Age Group Swimming Championships
10	4:05.59	S	Luchters, Eowyn	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 15-16 200 IM

1	2:34.73	S Z4	Bianchi, Maria	16	04/03/2022	CASA Initational Short Course and Relays
2	2:40.86	S Z4	Mwige, Tugi	16	04/03/2022	CASA Initational Short Course and Relays
3	2:47.82	S	Gore, Reese	16	22/10/2021	NCAA Level 3 Swimming Championships
4	2:53.26	S	Wambui, Emma	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
5	2:53.81	S	Mwasha, Maria	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	2:55.69	S	Kamotho, Cheryl	16	04/03/2022	CASA Initational Short Course and Relays
7	3:01.12	L	Kagwima, Ashley	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
8	2:58.37	S	Kotut, Moige	15	18/09/2021	ksf-kiambu invitational swimming championship
9	3:00.69	S	Karani, Kario	16	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
10	3:00.72	S	Hassanali, Ilhaam	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
11	3:00.80	S	Ameya, Rana	16	18/09/2021	ksf-kiambu invitational swimming championship
12	3:01.93	S	Maina, Kagure	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	3:01.98	S	Nanjala, Rebecca	16	14/08/2021	NCAA Inter Clubs Swimming Championships
14	3:02.40	S	Chepngetich, Maya	15	18/09/2021	ksf-kiambu invitational swimming championship

15	3:02.82	S	Aleyo, Joy	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
16	3:07.74	S	Mawira, Serah Makenna	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
17	3:07.82	S	Shah, Deeya	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
18	3:12.28	S	Shah, Rianna	15	18/09/2021	ksf-kiambu invitational swimming championship
19	3:16.98	L	Kittory, Stacy Jerop	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20	3:15.57	S	Webber, Aaliyah	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
21	3:19.68	S	Luchters, Eowyn	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:23.91	L	Webber, Aaliyah	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	3:20.94	S	Manek, Shriya	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	3:21.00	S	Feisal, Najma	15	04/03/2022	CASA Initational Short Course and Relays
25	3:22.30	S	Done, Maisha	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	3:23.82	S	Kumon, Manna	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
27	3:26.39	S	Karanja, Cynthia	16	12/06/2021	NCAA Invitational Swimming Ch
28	3:26.41	S	Ochoro, Xolani	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
29	3:33.72	S	Ramanan, Aishwarya	15	14/08/2021	NCAA Inter Clubs Swimming Championships
30	3:36.56	S	Singh, Vritti	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS

Women 15 & Over 400 Free

1	4:39.76	S Z4	Islam Ali, Lubaina	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
2	4:52.15	S Z4	Okumu, Victoria	18	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	4:59.41	L Z4	Bianchi, Maria	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
4	4:59.60	S Z4	Kimani, Jasmin	19	14/08/2021	NCAA Inter Clubs Swimming Championships
5	5:02.97	S	Mwige, Tugi	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
6	5:06.68	S	Wambui, Emma	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	5:21.15	L	Bagha, Nurayn	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
8	5:18.62	S	Hassanali, Ilhaam	15	04/03/2022	CASA Initational Short Course and Relays
9	5:25.81	L	Tripathee, Aagya	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
10	5:26.70	L	Gore, Reese	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	5:21.75	S	Echessah, Axela	18	22/10/2021	NCAA Level 3 Swimming Championships
12	5:22.57	S	Mawira, Serah Makenna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	5:31.85	L	Kagwima, Ashley	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	5:27.88	S	Mwige, Gakenia	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
15	5:30.02	S	Irungu, Erica Wangechi	17	08/10/2021	NCAA Level 2 Swimming Championships
16	5:42.21	L	Mwasha, Maria	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
17	5:36.14	S	Shah, Deeya	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
18	5:45.91	L	Maina, Kagure	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	5:39.68	S	Mwasha, Michelle	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
20	5:40.47	S	Kamotho, Cheryl	16	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
21	5:44.87	S	Shavdia, Kreeshi	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
22	5:45.81	S	Aleyo, Joy	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
23	5:49.03	S	Muriithi, Rachel Michelle	17	07/05/2021	Harare Short Course Championships 2021
24	5:54.21	S	Chepngetich, Maya	15	08/10/2021	NCAA Level 2 Swimming Championships
25	5:55.46	S	Kimeto, Sheila	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
26	6:07.00	S	Karanja, Cynthia	16	14/08/2021	NCAA Inter Clubs Swimming Championships
27	6:20.59	L	Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28	6:29.43	L	Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	6:27.55	S	Kaira, Claire	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
30	6:28.38	S	Shavdia, Neeshi	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming

Women 15 & Over 800 Free

1	9:46.50	S Z4	Islam Ali, Lubaina	17	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
2	10:14.19	S Z4	Mwige, Tugi	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
3	10:18.55	S Z4	Bianchi, Maria	16	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
4	10:34.00	S	Okumu, Victoria	18	14/08/2021	NCAA Inter Clubs Swimming Championships
5	10:48.32	S	Wambui, Emma	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
6	10:53.22	S	Bagha, Nurayn	18	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	10:56.45	S	Mawira, Serah Makenna	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	11:06.28	S	Tripathee, Aagya	17	22/10/2021	NCAA Level 3 Swimming Championships
9	11:19.70	L	Gore, Reese	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	11:07.93	S	Hassanali, Ilhaam	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
11	11:13.47	S	Irungu, Erica Wangechi	17	08/10/2021	NCAA Level 2 Swimming Championships
12	11:23.90	S	Shah, Deeya	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
13	11:28.65	S	Mwasha, Maria	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
14	11:36.53	S	Kagwima, Ashley	15	14/08/2021	NCAA Inter Clubs Swimming Championships
15	11:38.84	S	Maina, Kagure	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	11:50.18	S	Mwasha, Michelle	18	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
17	12:01.67	S	Aleyo, Joy	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
18	12:11.18	S	Kamotho, Cheryl	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
19	12:31.65	L	Irungu, Megan Wanja	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20	12:23.06	S	Chepngetich, Maya	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
21	13:08.33	L	Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
22	13:03.25	S	Gadzo, Djulla	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
23	17:36.53	S	Makau, Mary	22	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Women 17 & Over 100 Free

1	57.75	L Z4	Muteti, Emily	24	15/05/2021	YWSF 2021 Long Course Summer Opener
2	59.46	S Z4	Thorpe, Imara-Bella	21	10/12/2021	Scottish Winter SC Meet 2021
3	1:02.74	L Z4	Islam Ali, Lubaina	17	11/10/2021	14th CANA African Junior & Senior and Open Wa
4	1:02.18	S Z4	Okumu, Victoria	18	18/09/2021	ksf-kiambu invitational swimming championship
5	1:04.40	S Z4	Mwige, Gakenia	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
6	1:08.09	S	Irungu, Erica Wangechi	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	1:08.18	S	Bagha, Nurayn	18	18/09/2021	ksf-kiambu invitational swimming championship
8	1:08.69	S	Echessah, Axela	18	04/03/2022	CASA Initational Short Course and Relays
9	1:10.50	S	Mwasha, Michelle	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
10	1:12.43	S	Kizito, Laylaa	17	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
11	1:13.63	S	Irungu, Megan Wanja	18	22/10/2021	NCAA Level 3 Swimming Championships
12	1:14.59	S	Gadzo, Djulla	24	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	1:16.00	S	Nyakundi, Joan	18	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
14	1:18.26	S	Shavdia, Kreeshi	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
15	1:18.32	S	Kuria, Joellen	18	12/06/2021	NCAA Invitational Swimming Ch
16	1:19.36	S	Wairimu, Christine	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	1:20.33	S	Sheikh, Hana	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	1:20.61	S	Lucas, Mikaela	17	04/03/2022	CASA Initational Short Course and Relays
19	1:20.62	S	Galal, Mariam	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	1:20.97	S	Ondieki, Stephanie	27	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	1:21.44	S	Lamiya, Odenyo Gafur	18	18/09/2021	ksf-kiambu invitational swimming championship
22	1:23.20	S	Kaira, Clare	18	25/09/2021	NCAA Level 1 Age Group Swimming Championships
23	1:29.45	S	Kilburn, Ivy	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
24	1:30.27	S	Irungu, Rachel	17	08/10/2021	NCAA Level 2 Swimming Championships
25	1:31.98	S	Aluku, Charity	17	08/10/2021	NCAA Level 2 Swimming Championships
26	1:32.75	S	Karanja, Kesley	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships

27	1:32.76	S		Kyalo, Erica	19	18/09/2021	ksf-kiambu invitational swimming championship
28	1:37.39	S		Oyamo, Triza	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
29	1:37.51	S		Lipere, Darlene	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	1:41.88	S		Ochanda, Abigail	17	18/09/2021	ksf-kiambu invitational swimming championship

Women 17 & Over 200 Free

1	2:09.24	S	Z4	Thorpe, Imara-Bella	21	10/12/2021	Scottish Winter SC Meet 2021
2	2:16.19	L	Z4	Islam Ali, Lubaina	17	11/10/2021	14th CANA African Junior & Senior and Open Wa
3	2:16.62	S	Z4	Okumu, Victoria	18	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
4	2:24.16	L	Z4	Kimani, Jasmin	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5	2:26.27	S		Mwige, Gakenia	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
6	2:27.94	S		Echessah, Axela	18	04/03/2022	CASA Initational Short Course and Relays
7	2:29.03	S		Bagha, Nurayn	18	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
8	2:33.02	S		Irungu, Erica Wangechi	17	22/10/2021	NCAA Level 3 Swimming Championships
9	2:37.43	S		Muriithi, Rachel Michelle	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
10	2:38.96	S		Mwasha, Michelle	18	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
11	2:46.32	L		Tripathee, Aagya	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12	2:45.81	S		Irungu, Megan Wanja	18	22/10/2021	NCAA Level 3 Swimming Championships
13	2:50.20	S		Shavdia, Kreeshi	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
14	2:51.49	S		Gadzo, Djulla	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
15	2:55.40	L		Umi Njeri, Josette	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	2:52.29	S		Wairimu, Christine	17	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
17	2:55.70	S		Nyakundi, Joan	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	3:03.69	S		Sheikh, Hana	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	3:06.11	S		Kiburi, Turi	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	3:12.37	S		Ondieki, Stephanie	27	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
21	3:47.51	S		Lipere, Darlene	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:51.62	S		Oyamo, Triza	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	3:58.24	S		Makau, Mary	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	4:02.71	S		Hayker, Mercy	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
25	4:06.81	S		Tshula, Chantal	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	4:10.95	S		Rugut, Ivy	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
27	4:20.14	S		Macharia, Belinda Akkinyi	26	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 17 & Over 100 Back

1	1:09.42	L	Z4	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
2	1:12.59	S	Z4	Okumu, Victoria	18	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	1:13.71	S	Z4	Mwige, Gakenia	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
4	1:17.58	S		Irungu, Erica Wangechi	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	1:18.15	S		Muriithi, Rachel Michelle	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
6	1:21.34	S		Shavdia, Kreeshi	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	1:23.66	S		Irungu, Megan Wanja	18	22/05/2021	KCAA Open & Age-groupsSwimming Championships
8	1:29.15	S		Sheikh, Hana	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
9	1:29.49	S		Galal, Mariam	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	1:30.08	S		Nyakundi, Joan	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
11	1:32.73	L		Irungu, Rachel	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	1:32.82	S		Wairimu, Christine	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	1:32.94	S		Gadzo, Djulla	24	08/10/2021	NCAA Level 2 Swimming Championships
14	1:33.80	S		Ondieki, Stephanie	27	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
15	1:33.95	S		Lamiya, Odenyo Gafur	18	18/09/2021	ksf-kiambu invitational swimming championship
16	1:36.10	S		Mahmood, Fadumo	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
17	1:46.38	S		Oyando, Rayana	20	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	2:02.94	S		Jessa, Anaya	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	2:06.49	S		Peggy, Kuria	17	22/01/2022	Ksf-Kiambu invatitonal swim championship
20	2:08.26	S		Makau, Mary	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	2:13.69	S		Sylvia, Kimani	37	18/09/2021	ksf-kiambu invitational swimming championship
22	2:25.37	S		Sulwey, Nicole	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	2:38.32	S		Kalonde, Beatrice	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 17 & Over 200 Back

1	2:38.05	S	Z4	Mwige, Gakenia	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
2	2:43.68	S		Okumu, Victoria	18	12/06/2021	NCAA Invitational Swimming Ch
3	2:47.20	S		Irungu, Erica Wangechi	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
4	2:55.06	S		Shavdia, Kreeshi	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
5	3:01.45	S		Irungu, Megan Wanja	18	22/10/2021	NCAA Level 3 Swimming Championships
6	3:09.10	L		Muriithi, Rachel Michelle	17	08/10/2021	Harare 3rd Seeded 2021
7	3:25.02	S		Gadzo, Djulla	24	25/09/2021	NCAA Level 1 Age Group Swimming Championships
8	3:28.37	S		Ondieki, Stephanie	27	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
9	3:32.57	S		Wairimu, Christine	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	4:32.81	S		Makau, Mary	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 17 & Over 100 Breast

1	1:22.11	L	Z4	Kimani, Jasmin	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2	1:28.41	S		Irungu, Erica Wangechi	17	22/10/2021	NCAA Level 3 Swimming Championships
3	1:29.05	S		Okumu, Victoria	18	12/06/2021	NCAA Invitational Swimming Ch
4	1:31.39	S		Baraka, Angela	18	12/06/2021	NCAA Invitational Swimming Ch
5	1:32.15	S		Nyakundi, Joan	18	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
6	1:38.23	S		Gadzo, Djulla	24	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:42.77	S		Lucas, Mikaela	17	04/03/2022	CASA Initational Short Course and Relays
8	1:43.64	S		Kiburi, Turi	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
9	1:46.22	S		Irungu, Rachel	17	08/10/2021	NCAA Level 2 Swimming Championships
10	1:46.30	S		Wairimu, Christine	17	22/05/2021	KCAA Open & Age-groupsSwimming Championships
11	1:49.94	S		Maviri, Amanda	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
12	1:50.53	S		Aluku, Charity	17	08/10/2021	NCAA Level 2 Swimming Championships
13	1:52.99	S		Lamiya, Odenyo Gafur	18	18/09/2021	ksf-kiambu invitational swimming championship
14	1:54.66	S		Hayker, Mercy	24	25/09/2021	NCAA Level 1 Age Group Swimming Championships
15	1:54.86	S		Galal, Mariam	17	18/09/2021	ksf-kiambu invitational swimming championship
16	1:55.09	S		Ochanda, Abigail	17	18/09/2021	ksf-kiambu invitational swimming championship
17	1:55.67	S		Kilburn, Ivy	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
18	1:56.78	S		Sheikh, Hana	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	1:58.70	S		Oyando, Cheyenne	26	27/02/2021	KCAA Sprints and Relays 2021
20	2:01.73	S		Mukundi, Lorna	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	2:02.19	S		Kariuki, Diana	17	18/09/2021	ksf-kiambu invitational swimming championship
22	2:03.32	S		Kyalo, Erica	19	18/09/2021	ksf-kiambu invitational swimming championship
23	2:03.49	S		Maina, Clarace	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	2:05.89	L		Tshula, Chantal	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25	2:04.83	S		Oyamo, Triza	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	2:08.39	L		Rugut, Ivy	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27	2:06.54	S		Sylvia, Kimani	37	18/09/2021	ksf-kiambu invitational swimming championship
28	2:09.08	L		Mutegi, Rose	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	2:22.74	S		Annette, Waihenya	17	22/01/2022	Ksf-Kiambu invatitonal swim championship
30	2:56.56	S		Naomi, Nyambura	24	18/09/2021	ksf-kiambu invitational swimming championship

Women 17 & Over 200 Breast

1	3:02.07	S		Irungu, Erica Wangechi	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	3:37.21	L	Z4	Echessah, Axela	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3	3:35.15	S		Nyakundi, Joan	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
4	3:52.61	S		Irungu, Rachel	17	08/10/2021	NCAA Level 2 Swimming Championships
5	4:14.01	S		Hayker, Mercy	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
6	4:30.86	S		Tshula, Chantal	22	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
7	4:32.44	S		Kariuki, Diana	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
8	4:36.10	S		Rugut, Ivy	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
9	4:42.55	S		Mutege, Rose	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
10	5:11.95	S		Annette, Waihenya	17	22/01/2022	Ksf-Kiambu invatational swim championship

Women 17 & Over 100 Fly

1	1:01.40	L	Z4	Mutei, Emily	24	15/05/2021	YWSF 2021 Long Course Summer Opener
2	1:03.54	L	Z4	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
3	1:07.98	S	Z4	Okumu, Victoria	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
4	1:08.33	S	Z4	Islam Ali, Lubaina	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	1:19.56	L		Bagha, Nurayn	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	1:18.49	S		Echessah, Axela	18	04/03/2022	CASA Initalional Short Course and Relays
7	1:21.63	S		Mukulu, Tamara	23	27/02/2021	KCAA Sprints and Relays 2021
8	1:25.22	L		Tripathee, Aagya	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
9	1:26.06	S		Mwasha, Michelle	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
10	1:30.48	S		Shavdia, Kreeshi	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
11	1:32.12	S		Sheikh, Hana	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
12	1:37.09	S		Nyakundi, Joan	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	1:38.97	S		Galal, Mariam	17	18/09/2021	ksf-kiambu invitational swimming championship
14	1:41.25	S		Gadzo, Djulla	24	08/10/2021	NCAA Level 2 Swimming Championships
15	1:41.90	S		A Hamza, Salwa	19	04/03/2022	CASA Initalional Short Course and Relays
16	1:57.62	S		Hayker, Mercy	24	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	2:21.43	S		Kemunto, Sharon	22	25/09/2021	NCAA Level 1 Age Group Swimming Championships
18	2:45.99	S		Wabwile, Brenda	26	22/05/2021	KCAA Open & Age-groupsSwimming Championships

Women 17 & Over 200 Fly

1	2:29.05	S	Z4	Islam Ali, Lubaina	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
2	2:45.45	L	Z4	Okumu, Victoria	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3	3:05.28	L		Bagha, Nurayn	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
4	3:15.77	S		Nyagah, Tendaii	18	25/09/2021	NCAA Level 1 Age Group Swimming Championships
5	3:45.91	S		Galal, Mariam	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Women 17 & Over 200 IM

1	2:33.95	L	Z4	Thorpe, Imara-Bella	21	22/01/2022	City of Sunderland ASC New Year Meet 2022
2	2:33.13	S	Z4	Islam Ali, Lubaina	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
3	2:40.00	L	Z4	Okumu, Victoria	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4	2:41.68	S	Z4	Kimani, Jasmin	19	14/08/2021	NCAA Inter Clubs Swimming Championships
5	2:43.36	S	Z4	Mwige, Gakenia	17	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
6	2:46.14	S		Irungu, Erica Wangechi	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	2:50.14	S		Echessah, Axela	18	04/03/2022	CASA Initalional Short Course and Relays
8	2:51.70	S		Bagha, Nurayn	18	14/08/2021	NCAA Inter Clubs Swimming Championships
9	3:00.22	S		Muriithi, Rachel Michelle	17	07/05/2021	Harare Short Course Championships 2021
10	3:05.10	L		Tripathee, Aagya	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
11	3:08.42	S		Shavdia, Kreeshi	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
12	3:08.51	S		Irungu, Megan Wanja	18	22/05/2021	KCAA Open & Age-groupsSwimming Championships
13	3:13.04	S		Nyakundi, Joan	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
14	3:19.71	S		Wairimu, Christine	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
15	3:27.22	L		Gadzo, Djulla	24	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	3:25.04	S		Awour, Justine	20	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	3:25.28	S		Sheikh, Hana	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	3:26.31	S		Galal, Mariam	17	18/09/2021	ksf-kiambu invitational swimming championship
19	3:41.36	S		Kiburi, Turi	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	3:51.18	S		Ondieki, Stephanie	27	25/09/2021	NCAA Level 1 Age Group Swimming Championships
21	4:09.74	S		Oyando, Rayana	20	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	4:10.28	S		Hayker, Mercy	24	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	4:17.74	S		Gada, Hema	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	4:22.92	S		Maviri, Amanda	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	4:24.29	S		Oyamo, Triza	21	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	4:29.15	S		Sylvia, Kimani	37	18/09/2021	ksf-kiambu invitational swimming championship
27	4:31.43	S		Jessa, Anaya	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Men 11-12 100 Free

1	1:11.51	S		Olengo, Neo	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	1:12.60	S		Nyakundi, Joel	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
3	1:13.36	S		Thuranira, Nael	11	04/03/2022	CASA Initalional Short Course and Relays
4	1:17.46	L		Kafuto, Rock	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5	1:16.94	S		Mua-Musoke, Tendo	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	1:17.74	S		Patel, Mahin	12	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	1:18.92	S		Winyi, Jason	12	22/10/2021	NCAA Level 3 Swimming Championships
8	1:20.55	S		Mule, Mikael Kimeu	12	22/10/2021	NCAA Level 3 Swimming Championships
9	1:20.58	S		Ogola, Andrew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:20.92	S		Williams, Evan	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
11	1:20.95	S		Waziri, Nathan	12	12/06/2021	NCAA Invitational Swimming Ch
12	1:22.76	S		Maye, Shavisa	12	12/06/2021	NCAA Invitational Swimming Ch
13	1:22.91	S		Ochoro, Femi	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
14	1:23.38	S		Waweru, Tevin	11	22/10/2021	NCAA Level 3 Swimming Championships
15	1:23.78	S		Mukoto, Ryan Thomas	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	1:24.16	S		Mbote, Joseph	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
17	1:24.70	S		Maina, Ethan	12	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
18	1:24.74	S		Bayusuf, Saleh	12	04/03/2022	CASA Initalional Short Course and Relays
19	1:24.91	S		Mwamisi, Jeremy	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
20	1:25.07	S		Patel, Kairav	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
21	1:25.13	S		Ali, Imran	11	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
22	1:25.52	S		Njogu, Mathew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
23	1:26.13	S		Cohen, Tom	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
24	1:29.32	L		Gogo, Joshua	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25	1:29.71	S		Mukoto, Ryan	11	14/08/2021	NCAA Inter Clubs Swimming Championships
26	1:29.82	S		Waire, Teshan	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
27	1:30.36	S		Ah Poe, Noah	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	1:30.61	S		Mugo, Adrian	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
29	1:30.87	S		Gitonga, Matthew	12	04/03/2022	CASA Initalional Short Course and Relays
30	1:31.61	S		Matimu, Berur	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships

Men 11-12 200 Free

1	2:46.41	S		Olengo, Neo	12	22/10/2021	NCAA Level 3 Swimming Championships
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2	2:47.85	S	Thuranira, Nael	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
3	2:48.22	S	Patel, Mahin	12	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
4	2:55.66	L	Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5	2:53.80	S	Mule, Mikael Kimeu	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
6	2:54.99	S	Kafuto, Rock	12	22/10/2021	NCAA Level 3 Swimming Championships
7	2:55.20	S	Nyakundi, Joel	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
8	2:57.21	S	Waweru, Tevin	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	2:57.46	S	Ogola, Andrew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	2:57.82	S	Bayusuf, Saleh	12	04/03/2022	CASA Initalional Short Course and Relays
11	3:01.46	L	Williams, Evan	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	3:02.64	S	Mua-Musoke, Tendo	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
13	3:05.33	S	Mwamisi, Jeremy	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
14	3:11.60	S	Mukoto, Ryan	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
15	3:13.60	S	Njogu, Mathew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	3:15.55	S	Maina, Ethan	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
17	3:18.32	S	Ali, Imran	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	3:20.20	S	Musei, Mumo	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
19	3:23.24	S	Talal, Sudais	11	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
20	3:39.06	S	Gogo, Joshua	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	3:43.61	S	Matimu, Berur	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:48.52	S	Jumba, Darryl	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
23	3:56.50	S	Mwendwa, Leon	11	08/10/2021	NCAA Level 2 Swimming Championships
24	4:02.55	S	Delaney, Mbuthia	11	22/01/2022	Ksf-Kiambu invatitonal swim championship
25	4:03.44	S	Mugo, Chris	12	08/10/2021	NCAA Level 2 Swimming Championships
26	4:10.62	S	Shah, Veer	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
27	4:16.29	S	Mwangi, Isalah	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
28	4:17.22	S	Okuthe, Frank	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
29	4:50.62	S	Katembo, Alvin	12	14/08/2021	NCAA Inter Clubs Swimming Championships
30	5:06.00	S	Jayden, Kariuki	12	22/01/2022	Ksf-Kiambu invatitonal swim championship

Men 11-12 100 Back

1	1:21.02	S	Z4	Olengo, Neo	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	1:27.92	S		Mua-Musoke, Tendo	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
3	1:29.05	S		Williams, Evan	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
4	1:29.57	S		Nyakundi, Joel	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
5	1:31.11	S		Bayusuf, Saleh	12	04/03/2022	CASA Initalional Short Course and Relays
6	1:31.43	S		Thuranira, Nael	11	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	1:33.34	S		Mule, Mikael Kimeu	12	22/10/2021	NCAA Level 3 Swimming Championships
8	1:33.90	S		Waweru, Tevin	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	1:34.11	S		Ogola, Andrew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:34.91	S		Mwamisi, Jeremy	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
11	1:34.92	S		Maye, Shavisa	12	12/06/2021	NCAA Invitational Swimming Ch
12	1:35.41	S		Kafuto, Rock	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
13	1:35.52	S		Patel, Mahin	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
14	1:38.19	L		Waziri, Nathan	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	1:37.40	S		Njogu, Mathew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
16	1:37.83	S		Ochoro, Femi	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	1:39.64	S		Mukoto, Ryan	11	22/10/2021	NCAA Level 3 Swimming Championships
18	1:42.32	L		Kogo, Jeremy	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	1:44.52	L		Patel, Kairav	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20	1:47.65	S		Taji, Abel	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	1:50.76	S		Shah, Ruhan	12	04/03/2022	CASA Initalional Short Course and Relays
22	1:51.83	S		Ali, Imran	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	1:52.29	S		Matovu, Katoo	11	04/03/2022	CASA Initalional Short Course and Relays
24	1:54.02	S		Talal, Sudais	11	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
25	1:55.75	S		Musei, Mumo	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	1:55.80	S		Omanga, Morani	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
27	1:58.13	S		Jumba, Darryl	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	2:03.82	S		Shah, Veer	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
29	2:05.39	S		Maina, Jaden	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	2:05.77	S		Matimu, Berur	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships

Men 11-12 200 Back

1	3:01.88	S		Olengo, Neo	12	22/10/2021	NCAA Level 3 Swimming Championships
2	3:16.35	L		Williams, Evan	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3	3:19.29	S		Mua-Musoke, Tendo	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
4	3:19.30	S		Bayusuf, Saleh	12	04/03/2022	CASA Initalional Short Course and Relays
5	3:21.35	S		Mule, Mikael Kimeu	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
6	3:23.91	S		Waziri, Nathan	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	3:25.75	S		Winyi, Jason	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
8	3:33.34	S		Njogu, Mathew	11	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
9	3:37.49	S		Waweru, Tevin	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
10	3:45.35	S		Ogola, Andrew	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Men 11-12 100 Breast

1	1:29.18	S	Z4	Olengo, Neo	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	1:35.54	S		Nyakundi, Joel	11	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	1:39.57	S		Waziri, Nathan	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
4	1:42.65	L		Kogo, Jeremy	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5	1:42.19	S		Kafuto, Rock	12	22/05/2021	KCAA Open & Age-groupsSwimming Championships
6	1:45.55	L		Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
7	1:44.37	S		Mukoto, Ryan Thomas	11	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
8	1:44.80	S		Patel, Kairav	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
9	1:45.04	S		Doshi, Romir	12	04/03/2022	CASA Initalional Short Course and Relays
10	1:46.52	S		Williams, Evan	12	22/05/2021	KCAA Open & Age-groupsSwimming Championships
11	1:48.81	L		Ochoro, Femi	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	1:49.78	S		Waweru, Tevin	11	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
13	1:51.98	S		Waire, Teshan	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
14	1:52.16	S		Maina, Ethan	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
15	1:52.36	S		Ngonga, Ogwe Benjamin	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
16	1:55.57	L		Njuguna, Jonathan	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
17	1:53.69	S		Gitonga, Matthew	12	04/03/2022	CASA Initalional Short Course and Relays
18	1:53.78	S		Mukoto, Ryan	11	14/08/2021	NCAA Inter Clubs Swimming Championships
19	1:54.43	S		Taji, Abel	11	12/06/2021	NCAA Invitational Swimming Ch
20	1:55.88	S		Matovu, Waswa	11	04/03/2022	CASA Initalional Short Course and Relays
21	1:56.78	S		Talal, Sudais	11	04/03/2022	CASA Initalional Short Course and Relays
22	1:57.37	S		Matimu, Berur	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships
23	1:59.53	L		Mukindia, Ethan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24	1:57.92	S		Shah, Ruhan	12	04/03/2022	CASA Initalional Short Course and Relays
25	1:57.99	S		Njogu, Mathew	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
26	1:58.65	S		Philips, Armaan	11	22/01/2022	Ksf-Kiambu invatitonal swim championship

27	1:59.29	S	Warimwe, David	11	04/03/2022	CASA Initational Short Course and Relays
28	1:59.67	S	Ngugi, Lyon	12	18/09/2021	ksf-kiambu invitational swimming championship
29	1:59.89	S	Ali, Imran	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships
30	1:59.90	S	Philips, Armaan	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
Men 11-12 200 Breast						
1	3:21.37	S	Olengo, Neo	12	22/10/2021	NCAA Level 3 Swimming Championships
2	3:43.99	S	Mukoto, Ryan	11	22/10/2021	NCAA Level 3 Swimming Championships
3	3:45.50	S	Winyi, Jason	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
4	3:45.64	S	Mule, Mikael Kimeu	12	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
5	3:46.24	S	Kafuto, Rock	12	22/10/2021	NCAA Level 3 Swimming Championships
6	3:51.54	L	Williams, Evan	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7	3:47.62	S	Waziri, Nathan	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
8	3:48.06	S	Mukoto, Ryan Thomas	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
9	3:49.35	S	Ochoro, Femi	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	4:03.79	L	Patel, Kairav	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	4:05.82	S	Philips, Armaan	11	22/01/2022	Ksf-Kiambu invatitonal swim championship
12	4:06.06	S	Kogo, Jeremy	12	14/08/2021	NCAA Inter Clubs Swimming Championships
13	4:06.83	S	Shah, Ruhan	12	04/03/2022	CASA Initational Short Course and Relays
14	4:07.62	S	Talal, Sudais	11	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
15	4:08.89	S	Matimu, Berur	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships
16	4:13.00	S	Taji, Abel	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	4:25.73	S	Ali, Imran	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	4:26.20	S	Kitabwalla, Lamak	11	04/03/2022	CASA Initational Short Course and Relays
19	4:27.05	S	Philips, Armaan	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	4:30.84	S	Jumba, Darryl	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
21	4:37.29	S	Kibet, Adrian	12	08/10/2021	NCAA Level 2 Swimming Championships
22	4:44.00	S	Delaney, Mbuthia	11	22/01/2022	Ksf-Kiambu invatitonal swim championship
Men 11-12 100 Fly						
1	1:18.16	S	Z4 Olengo, Neo	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	1:19.62	S	Nyakundi, Joel	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
3	1:32.57	S	Kafuto, Rock	12	22/10/2021	NCAA Level 3 Swimming Championships
4	1:33.23	S	Waziri, Nathan	12	14/08/2021	NCAA Inter Clubs Swimming Championships
5	1:33.27	S	Mua-Musoke, Tendo	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	1:35.96	S	Ogola, Andrew	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:36.95	S	Patel, Mahin	12	04/03/2022	CASA Initational Short Course and Relays
8	1:37.22	S	Mule, Mikael Kimeu	12	22/10/2021	NCAA Level 3 Swimming Championships
9	1:42.13	S	Waweru, Tevin	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	1:42.49	S	Mukoto, Ryan Thomas	11	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
11	1:45.34	S	Williams, Evan	12	18/09/2021	ksf-kiambu invitational swimming championship
12	1:46.70	S	Mukoto, Ryan	11	25/09/2021	NCAA Level 1 Age Group Swimming Championships
13	1:48.97	L	Musei, Mumo	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	1:51.30	S	Njogu, Mathew	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
15	1:52.56	S	Ali, Imran	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	1:54.33	S	Ochoro, Femi	12	08/10/2021	NCAA Level 2 Swimming Championships
17	1:55.17	S	Mwamisi, Jeremy	11	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
18	1:55.32	S	Mukindia, Ethan	11	08/10/2021	NCAA Level 2 Swimming Championships
19	1:57.05	S	Jumba, Darryl	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	2:08.79	S	Matimu, Berur	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
21	2:14.39	S	Mbote, Joseph	11	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
22	2:16.20	S	Shah, Veer	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	2:19.84	S	Ngecu, Kahiga	11	22/01/2022	Ksf-Kiambu invatitonal swim championship
24	2:20.79	S	Magu, Samuel Dunstan	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	2:29.75	S	Kariuki, Austin	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
26	2:30.91	S	Wahome, Daren	12	27/02/2021	KCAA Sprints and Relays 2021
Men 11-12 200 IM						
1	2:54.86	S	Z4 Olengo, Neo	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	3:01.39	S	Nyakundi, Joel	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
3	3:10.82	S	Musei, Mumo	12	29/01/2022	NCAA Level 1 Age Group Swimming Championships
4	3:11.49	S	Thuranira, Nael	11	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	3:14.26	S	Williams, Evan	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
6	3:14.54	S	Waziri, Nathan	12	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	3:16.40	S	Joel, Nyakundi	11	14/08/2021	NCAA Inter Clubs Swimming Championships
8	3:19.69	L	Kafuto, Rock	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
9	3:16.68	S	Mua-Musoke, Tendo	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
10	3:21.50	L	Mule, Mikael Kimeu	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11	3:21.67	L	Winyi, Jason	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12	3:20.61	S	Patel, Mahin	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
13	3:23.08	S	Waweru, Tevin	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
14	3:25.12	S	Mukoto, Ryan	11	14/08/2021	NCAA Inter Clubs Swimming Championships
15	3:26.01	S	Mwamisi, Jeremy	11	04/03/2022	CASA Initational Short Course and Relays
16	3:26.92	S	Patel, Kairav	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
17	3:27.84	S	Maina, Ethan	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
18	3:28.82	S	Mukoto, Ryan Thomas	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
19	3:31.08	S	Njogu, Mathew	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	3:33.74	S	Ogola, Andrew	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
21	3:34.00	S	Ochoro, Femi	12	14/08/2021	NCAA Inter Clubs Swimming Championships
22	3:37.58	L	Kogo, Jeremy	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	3:38.06	S	Bayusuf, Saleh	12	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
24	3:39.74	S	Cohen, Tom	12	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
25	3:44.49	S	Mbote, Joseph	11	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
26	3:45.18	S	Ali, Imran	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
27	3:46.75	S	Taji, Abel	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	3:49.64	S	Njogu, Mathew	11	18/09/2021	ksf-kiambu invitational swimming championship
29	3:53.22	S	Omanga, Morani	12	14/08/2021	NCAA Inter Clubs Swimming Championships
30	3:55.26	S	Mukindia, Ethan	11	08/10/2021	NCAA Level 2 Swimming Championships
Men 11-14 400 Free						
1	4:54.11	S	Z4 Matimu, Nathan	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	5:25.88	S	Kamotho, Curtis	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
3	5:35.08	S	Karia, Palash	13	04/03/2022	CASA Initational Short Course and Relays
4	5:36.69	S	Karia, Yash	14	04/03/2022	CASA Initational Short Course and Relays
5	5:37.31	S	Sheikh, Hashim	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
6	5:44.42	S	Okech, Victor	14	22/10/2021	NCAA Level 3 Swimming Championships
7	5:44.77	S	Awadh, Hemed	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
8	5:55.62	L	Karia, Palash Mishal	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
9	5:52.07	S	Hemed, Hemed	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
10	5:59.98	S	Patel, Mahin	12	04/03/2022	CASA Initational Short Course and Relays
11	6:00.40	S	Bayusuf, Igbaal	13	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
12	6:05.67	S	Kombe, Jeremy	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

13	6:07.73	S	Olengo, Neo	12	08/10/2021	NCAA Level 2 Swimming Championships
14	6:09.06	S	Said, Mohammed	13	04/03/2022	CASA Initational Short Course and Relays
15	6:09.79	S	Wanjie, Ayden	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
16	6:11.02	S	Selassie, Samson	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
17	6:15.31	S	Muhoro, Kanyih	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	6:15.95	S	Ahmed Twahir, Hamid	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
19	6:19.21	S	Winyi, Jason	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
20	6:20.31	S	Waweru, Tevin	11	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
21	6:22.00	S	Kafuto, Rock	12	08/10/2021	NCAA Level 2 Swimming Championships
22	6:22.64	S	Kiplangat, Alvin Mutai	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
23	6:34.02	S	Waziri, Nathan	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
24	6:35.63	S	Michuki, Matthew	14	14/08/2021	NCAA Inter Clubs Swimming Championships
25	7:05.59	L	Patel, Kairav	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26	7:12.07	S	Mukoto, Ryan	11	14/08/2021	NCAA Inter Clubs Swimming Championships
27	7:19.50	S	Nyngi, Frank	14	14/08/2021	NCAA Inter Clubs Swimming Championships
28	7:20.10	S	Ali, Imran	11	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
29	7:56.04	S	Jumba, Darryl	12	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
30	8:27.41	S	Mugo, Chris	12	08/10/2021	NCAA Level 2 Swimming Championships

Men 11-14 800 Free

1	10:28.40	S	Matimu, Nathan	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	11:44.51	S	Sheikh, Hashim	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
3	11:57.22	S	Awadh, Hemed	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
4	12:15.21	S	Alaro, Dylan	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
5	12:22.36	S	Hemed, Hemed	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
6	12:22.81	S	Olengo, Neo	12	08/10/2021	NCAA Level 2 Swimming Championships
7	12:41.16	S	Patel, Mahin	12	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
8	12:49.33	S	Mwamisi, Jeremy	11	04/03/2022	CASA Initational Short Course and Relays
9	12:49.66	S	Bayusuf, Saleh	12	04/03/2022	CASA Initational Short Course and Relays
10	12:53.05	S	Wanjie, Ayden	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
11	12:55.05	S	Michuki, Matthew	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
12	13:00.09	S	Kafuto, Rock	12	08/10/2021	NCAA Level 2 Swimming Championships
13	13:07.68	S	Selassie, Samson	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Men 11-14 200 Fly

1	2:49.64	S	Matimu, Nathan	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
2	3:10.48	S	Olengo, Neo	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
3	3:19.26	S	Wanjie, Ayden	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
4	3:25.23	S	Awadh, Hemed	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	3:29.75	S	Okech, Victor	14	12/06/2021	NCAA Invitational Swimming Ch
6	3:38.49	S	Kafuto, Rock	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
7	3:39.11	S	Muhoro, Kanyih	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
8	3:49.57	S	Omar, Abdirahman	13	08/10/2021	NCAA Level 2 Swimming Championships
9	3:52.71	S	Ogola, Andrew	11	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	3:59.90	S	Selassie, Samson	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
11	3:59.93	S	Mule, Mikael Kirmeu	12	25/09/2021	NCAA Level 1 Age Group Swimming Championships
12	4:07.57	S	Kirk, Sino	13	22/01/2022	Ksf-Kiambu invatitonal swim championship

Men 13-14 100 Free

1	58.87	S	Z4	Matimu, Nathan	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	1:05.45	L		Muravvej, Ameir	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3	1:04.79	S		Kamotho, Curtis	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
4	1:06.82	L		Kamphuis, Yannick	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5	1:06.52	S		Harunani, Sahal	14	25/09/2021	TZ National Open Swimming Championships 2021
6	1:08.54	S		Bayusuf, Igbaal	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	1:10.23	L		Irungu, Roy	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
8	1:09.66	S		Ahmed Twahir, Hamid	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
9	1:10.00	S		Masinde, Mali	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:10.16	S		Okech, Victor	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
11	1:10.18	S		Sheikh, Hashim	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
12	1:10.61	S		Senanu, Karl	14	18/09/2021	ksf-kiambu invitational swimming championship
13	1:12.50	L		Awadh, Hemed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
14	1:10.91	S		Echessah, Dante	14	04/03/2022	CASA Initational Short Course and Relays
15	1:13.40	L		Khuweyid, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
16	1:12.04	S		Karia, Palash	13	04/03/2022	CASA Initational Short Course and Relays
17	1:13.58	S		Mungai, Lervern	14	04/03/2022	CASA Initational Short Course and Relays
18	1:14.26	S		Macharia, Eli	14	12/06/2021	NCAA Invitational Swimming Ch
19	1:14.91	S		Mbugua, Jae	14	04/03/2022	CASA Initational Short Course and Relays
19	1:14.91	S		Said, Mohammed	13	04/03/2022	CASA Initational Short Course and Relays
21	1:14.92	S		Wanjie, Ayden	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	1:15.46	S		Abdulaziz, Ahmed	14	04/03/2022	CASA Initational Short Course and Relays
23	1:15.54	S		Karia, Yash	14	04/03/2022	CASA Initational Short Course and Relays
24	1:17.16	L		Muhoro, Kanyih	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25	1:17.42	L		Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26	1:16.18	S		Hemed, Hemed	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
27	1:17.94	L		Ochieng, Claude	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28	1:16.65	S		Rebeiro, Ashok	13	18/09/2021	ksf-kiambu invitational swimming championship
29	1:16.92	S		Shah, Prinay	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	1:18.90	L		Ali, Arif	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC

Men 13-14 200 Free

1	2:12.81	S	Z4	Matimu, Nathan	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	2:22.01	S		Kamotho, Curtis	14	04/03/2022	CASA Initational Short Course and Relays
3	2:31.54	L		Kamphuis, Yannick	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4	2:28.67	S		Muravvej, Ameir	14	04/03/2022	CASA Initational Short Course and Relays
5	2:32.59	S		Masinde, Mali	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
6	2:32.80	S		Harunani, Sahal	14	10/04/2021	13th Tanzania National Clubs Championships
7	2:34.38	S		Bayusuf, Igbaal	13	04/03/2022	CASA Initational Short Course and Relays
8	2:38.18	L		Sheikh, Hashim	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
9	2:36.04	S		Ahmed Twahir, Hamid	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
10	2:39.59	L		Senanu, Karl	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
11	2:40.35	L		Echessah, Dante	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
12	2:38.80	S		Okech, Victor	14	22/10/2021	NCAA Level 3 Swimming Championships
13	2:38.86	S		Awadh, Hemed	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
14	2:39.43	S		Karia, Palash	13	04/03/2022	CASA Initational Short Course and Relays
15	2:40.71	S		Kombe, Jeremy	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
16	2:42.44	S		Karia, Yash	14	04/03/2022	CASA Initational Short Course and Relays
17	2:47.68	L		Karia, Palash Mishal	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
18	2:44.50	S		Wanjie, Ayden	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
19	2:46.26	S		Irungu, Roy	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	2:48.47	S		Hemed, Hemed	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
21	2:50.26	S		Mbugua, Jae	14	04/03/2022	CASA Initational Short Course and Relays

22	2:50.60	S	Khuweyid, Khunays	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
23	2:51.45	S	Mungai, Lervern	14	04/03/2022	CASA Initational Short Course and Relays
24	2:51.60	S	Omar, Abdirahman	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
25	2:53.31	S	Muhoro, Kanyih	13	22/10/2021	NCAA Level 3 Swimming Championships
26	2:55.84	S	Abdulaziz, Ahmed	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
27	2:57.88	S	Abdalla, Twahir	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
28	2:59.02	S	Selassie, Samson	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
29	2:59.36	S	Weru, Jonathan	14	12/06/2021	NCAA Invitational Swimming Ch
30	3:00.43	S	Kingori, Taji Murethi	13	14/08/2021	NCAA Inter Clubs Swimming Championships

Men 13-14 100 Back

1	1:15.22	S	Matimu, Nathan	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
2	1:15.48	S	Kamotho, Curtis	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
3	1:18.20	S	Harunani, Sahal	14	25/09/2021	TZ National Open Swimming Championships 2021
4	1:19.35	S	Bayusuf, Igbaal	13	04/03/2022	CASA Initational Short Course and Relays
5	1:20.87	L	Senanu, Karl	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	1:21.46	S	Masinde, Mali	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:23.64	S	Okech, Victor	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	1:24.72	S	Awadh, Hemed	14	04/03/2022	CASA Initational Short Course and Relays
9	1:25.13	S	Kamphuis, Yannick	13	18/09/2021	ksf-kiambu invitational swimming championship
10	1:25.22	S	Mbugua, Jae	14	04/03/2022	CASA Initational Short Course and Relays
11	1:26.06	S	Karia, Palash	13	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
12	1:27.94	S	Wanjie, Ayden	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
13	1:28.88	S	Sheikh, Hashim	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
14	1:30.41	L	Rebeiro, Ashok	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	1:30.59	S	Karia, Yash	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	1:32.71	L	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
17	1:33.11	S	Kombe, Jeremy	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
18	1:33.54	S	Ahmed Twahir, Hamid	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
19	1:33.63	S	Abdulaziz, Ahmed	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
20	1:35.24	L	Waithaka, Kihara	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
21	1:34.84	S	Michuki, Matthew	14	08/10/2021	NCAA Level 2 Swimming Championships
22	1:35.46	S	Kingori, Taji Murethi	13	14/08/2021	NCAA Inter Clubs Swimming Championships
23	1:35.51	S	Muhoro, Kanyih	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	1:36.20	S	Kenyi, Max	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	1:37.39	S	Said, Mohammed	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
26	1:39.56	L	Radido, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27	1:38.98	S	Abwavo, Reign	14	18/09/2021	ksf-kiambu invitational swimming championship
28	1:39.95	S	Abdurrahman, Hussein	13	04/03/2022	CASA Initational Short Course and Relays
29	1:40.30	S	Weru, Jonathan	14	27/02/2021	KCAA Sprints and Relays 2021
30	1:40.98	S	Ali, Arif	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021

Men 13-14 200 Back

1	2:41.01	S	Kamotho, Curtis	14	04/03/2022	CASA Initational Short Course and Relays
2	2:49.47	S	Matimu, Nathan	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
3	2:54.25	S	Bayusuf, Igbaal	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
4	2:57.03	S	Karia, Palash	13	04/03/2022	CASA Initational Short Course and Relays
5	3:00.17	L	Senanu, Karl	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	3:00.29	S	Kamphuis, Yannick	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
7	3:05.09	S	Awadh, Hemed	14	04/03/2022	CASA Initational Short Course and Relays
8	3:05.31	S	Karia, Yash	14	04/03/2022	CASA Initational Short Course and Relays
9	3:08.18	S	Kombe, Jeremy	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	3:09.85	S	Sheikh, Hashim	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
11	3:12.35	L	Okech, Victor	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12	3:11.12	S	Wanjie, Ayden	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	3:19.03	S	Nyingi, Frank	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
14	3:19.04	S	Mbugua, Jae	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
15	3:30.81	L	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	3:28.42	S	Michuki, Matthew	14	25/09/2021	NCAA Level 1 Age Group Swimming Championships
17	3:37.09	S	Muhoro, Kanyih	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	3:50.16	S	Futaki, Yoshihiro	13	12/06/2021	NCAA Invitational Swimming Ch
19	3:51.81	S	Kariuki, Justin	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
20	3:59.83	S	Omar, Abdirahman	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships

Men 13-14 100 Breast

1	1:15.28	S	Z4	Muravvej, Ameir	14	04/03/2022	CASA Initational Short Course and Relays
2	1:24.79	S		Kamotho, Curtis	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
3	1:24.83	S		Kombe, Jeremy	14	04/03/2022	CASA Initational Short Course and Relays
4	1:25.59	S		Matimu, Nathan	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
5	1:25.80	S		Khuweyid, Khunays	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
6	1:25.91	S		Kombe, Jeremy	14	22/10/2021	NCAA Level 3 Swimming Championships
7	1:28.80	S		Harunani, Sahal	14	28/08/2021	2ND HPT MIXED & OPEN SWIMMING CHAMPS 2021
8	1:32.23	L		Werangai, Lenny	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
9	1:30.63	S		Wanjie, Ayden	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:31.34	S		Ahmed Twahir, Hamid	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
11	1:31.75	S		Said, Mohammed	13	04/03/2022	CASA Initational Short Course and Relays
12	1:31.77	S		Karia, Yash	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	1:32.62	S		Okech, Victor	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
14	1:35.27	L		Nyingi, Frank	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	1:34.27	S		Wanyama, Wayne	14	22/10/2021	NCAA Level 3 Swimming Championships
16	1:34.46	S		Masinde, Mali	14	22/10/2021	NCAA Level 3 Swimming Championships
17	1:34.53	S		Rebeiro, Ashok	13	22/10/2021	NCAA Level 3 Swimming Championships
18	1:38.66	L		Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	1:37.67	S		Senanu, Karl	14	18/09/2021	ksf-kiambu invitational swimming championship
20	1:39.34	S		Weru, Jonathan	14	22/10/2021	NCAA Level 3 Swimming Championships
21	1:39.58	S		Cornel, Cyril	14	14/08/2021	NCAA Inter Clubs Swimming Championships
22	1:41.89	L		Ochieng, Claude	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	1:40.00	S		Kenyi, Max	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
24	1:40.05	S		Ayeko, Ignatius	14	04/03/2022	CASA Initational Short Course and Relays
25	1:40.65	S		Radido, Matthew	13	22/10/2021	NCAA Level 3 Swimming Championships
26	1:40.85	S		Griffith, Asher	14	04/03/2022	CASA Initational Short Course and Relays
27	1:40.90	S		Kamphuis, Yannick	13	18/09/2021	ksf-kiambu invitational swimming championship
28	1:42.06	S		Ochieng', Claude	14	18/09/2021	ksf-kiambu invitational swimming championship
29	1:42.08	S		Ali, Arif	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
30	1:46.23	L		Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

Men 13-14 200 Breast

1	2:52.89	S	Z4	Muravvej, Ameir	14	04/03/2022	CASA Initational Short Course and Relays
2	2:56.31	S		Kamotho, Curtis	14	04/03/2022	CASA Initational Short Course and Relays
3	3:03.72	S		Matimu, Nathan	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
4	3:05.92	S		Kombe, Jeremy	14	04/03/2022	CASA Initational Short Course and Relays
5	3:07.65	S		Okech, Victor	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021

6	3:13.18	S	Kombe, Jeremy	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
7	3:14.52	S	Echessah, Dante	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
8	3:16.72	S	Khuweyid, Khunays	13	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
9	3:18.41	S	Werangai, Lenny	14	22/10/2021	NCAA Level 3 Swimming Championships
10	3:18.79	S	Karia, Yash	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
11	3:19.40	S	Nyingi, Frank	14	22/10/2021	NCAA Level 3 Swimming Championships
12	3:31.75	L	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13	3:28.51	S	Weru, Jonathan	14	22/10/2021	NCAA Level 3 Swimming Championships
14	3:30.05	S	Wanjie, Ayden	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
15	3:30.35	S	Abdalla, Twahir	14	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
16	3:35.18	S	Said, Mohammed	13	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
17	3:50.67	S	Kenyi, Max	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	3:50.86	S	Kiplangat, Alvin Mutai	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
19	3:51.06	S	Mungai, Lervern	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
20	3:51.26	S	Futaki, Yoshihiro	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
21	3:55.32	S	Karia, Palash Mishal	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:57.33	S	Dalal, Samarth	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	3:59.08	S	Mwangi, Robert	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	3:59.39	S	Swai, Caelen	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	4:03.63	S	Kariuki, Justin	13	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
26	4:44.04	S	Ryan, Odhiambo	13	22/01/2022	Ksf-Kiambu invatitonal swim championship
27	5:15.41	S	Gatubu, Martin	13	22/01/2022	Ksf-Kiambu invatitonal swim championship
28	6:22.12	S	Omar, Abdirahman	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Men 13-14 100 Fly

1	1:09.05	S	Z4	Matimu, Nathan	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
2	1:14.63	S		Abwavo, Reign	14	18/09/2021	ksf-kiambu invitational swimming championship
3	1:15.49	S		Harunani, Sahal	14	25/09/2021	TZ National Open Swimming Championships 2021
4	1:17.05	S		Echessah, Dante	14	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
5	1:18.85	S		Wanjie, Ayden	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
6	1:18.89	S		Okech, Victor	14	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	1:19.11	S		Muravvej, Ameir	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
8	1:21.60	S		Irungu, Roy	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
9	1:21.87	S		Masinde, Mali	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:23.72	L		Kamphuis, Yannick	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
11	1:26.42	S		Awadh, Hemed	14	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
12	1:29.07	S		Karanja, Austin	14	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	1:32.80	S		Werangai, Lenny	14	22/10/2021	NCAA Level 3 Swimming Championships
14	1:33.29	S		Muhoro, Kanyia	13	22/10/2021	NCAA Level 3 Swimming Championships
15	1:33.76	S		Omar, Abdirahman	13	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
16	1:33.78	S		Weru, Jonathan	14	27/02/2021	KCAA Sprints and Relays 2021
17	1:35.21	S		Waithaka, Kihara	13	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
18	1:35.81	S		Hemed, Hemed	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
19	1:36.29	S		Kiplangat, Alvin Mutai	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	1:37.81	L		Nyingi, Frank	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
21	1:36.43	S		Ochieng', Claude	14	18/09/2021	ksf-kiambu invitational swimming championship
22	1:37.99	S		Githegi, Mwema	14	08/10/2021	NCAA Level 2 Swimming Championships
23	1:39.53	L		Ochieng, Claude	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24	1:38.13	S		Bayusuf, Igbaal	13	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
25	1:40.71	S		Kirk, Sino	13	22/01/2022	Ksf-Kiambu invatitonal swim championship
26	1:45.79	S		Weya, Sino	13	18/09/2021	ksf-kiambu invitational swimming championship
27	1:47.12	S		Futaki, Yoshihiro	13	14/08/2021	NCAA Inter Clubs Swimming Championships
28	1:49.44	S		Ngaruiya, Alvin	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
29	1:50.80	S		Selassie, Samson	13	25/09/2021	NCAA Level 1 Age Group Swimming Championships
30	1:51.40	S		Rebeiro, Ashok	13	27/02/2021	KCAA Sprints and Relays 2021

Men 13-14 200 IM

1	2:40.06	S		Kamotho, Curtis	14	04/03/2022	CASA Initational Short Course and Relays
2	2:41.55	S		Matimu, Nathan	14	22/10/2021	NCAA Level 3 Swimming Championships
3	2:41.61	S		Muravvej, Ameir	14	04/03/2022	CASA Initational Short Course and Relays
4	2:47.38	S		Harunani, Sahal	14	25/09/2021	TZ National Open Swimming Championships 2021
5	2:52.16	S		Echessah, Dante	14	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
6	2:54.99	S		Bayusuf, Igbaal	13	04/03/2022	CASA Initational Short Course and Relays
7	3:00.72	L		Kamphuis, Yannick	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
8	3:00.08	S		Masinde, Mali	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
9	3:00.76	S		Okech, Victor	14	22/10/2021	NCAA Level 3 Swimming Championships
10	3:01.27	S		Wanjie, Ayden	14	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
11	3:01.90	S		Awadh, Hemed	14	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
12	3:09.44	L		Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13	3:07.25	S		Karia, Yash	14	29/01/2022	NCAA Level 1 Age Group Swimming Championships
14	3:07.62	S		Kombe, Jeremy	14	22/10/2021	NCAA Level 3 Swimming Championships
15	3:10.99	L		Senanu, Karl	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	3:07.87	S		Said, Mohammed	13	04/03/2022	CASA Initational Short Course and Relays
16	3:07.87	S		Hemed, Hemed	14	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
18	3:09.12	S		Weru, Jonathan	14	22/10/2021	NCAA Level 3 Swimming Championships
19	3:12.94	S		Werangai, Lenny	14	22/10/2021	NCAA Level 3 Swimming Championships
20	3:18.17	S		Abdulaziz, Ahmed	14	04/03/2022	CASA Initational Short Course and Relays
21	3:21.80	L		Ochieng, Claude	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
22	3:20.57	S		Kiplangat, Alvin Mutai	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	3:22.40	S		Karia, Palash Mishal	13	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	3:24.32	S		Ochieng', Claude	14	18/09/2021	ksf-kiambu invitational swimming championship
25	3:25.21	S		Muhoro, Kanyia	13	14/08/2021	NCAA Inter Clubs Swimming Championships
26	3:26.59	S		Kingori, Tajji Murethi	13	14/08/2021	NCAA Inter Clubs Swimming Championships
27	3:28.56	S		Ayieko, Ignatius	14	04/03/2022	CASA Initational Short Course and Relays
28	3:29.30	S		Nyingi, Frank	14	14/08/2021	NCAA Inter Clubs Swimming Championships
29	3:29.59	S		Ali, Arif	13	04/03/2022	CASA Initational Short Course and Relays
30	3:29.71	S		Omar, Abdirahman	13	14/08/2021	NCAA Inter Clubs Swimming Championships

Men 15-16 100 Free

1	56.75	L	Z4	Hart, Ivan	16	17/12/2021	Swim Wales Open Winter Championships 2021
2	57.01	S	Z4	Masinde, Johari	15	04/12/2021	Plymouth Leander Christmas Level 3 - 2021
3	58.57	S	Z4	Masakha, Joshua	15	04/03/2022	CASA Initational Short Course and Relays
4	58.90	S	Z4	Nahdy, Ali	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	59.12	S	Z4	Bagha, Abdul	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
6	59.41	S	Z4	Kioko, Jesse	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	59.81	S	Z4	Sheikh, Mohammed	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
7	59.81	S	Z4	Mutinda, Aker	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
9	1:02.11	L		Blunsum, Carlo	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	1:03.22	S		Shivo, Eric	16	12/06/2021	NCAA Invitational Swimming Ch
11	1:04.10	S		Muchai, Nathan	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	1:05.45	S		Otieno, Adam	16	04/03/2022	CASA Initational Short Course and Relays

13	1:07.40	L	Kalombo, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	1:07.98	L	Abubakar, Riyadh	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
15	1:06.71	S	Khaku, Mohammedkazim	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
16	1:09.52	L	Jalang'o, Jaison Kinda	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
17	1:07.94	S	Darker, Lyndon	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
18	1:08.11	S	Omar, Abdilahi	16	08/10/2021	NCAA Level 2 Swimming Championships
19	1:08.29	S	Nyagu, Ndogoria	16	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
20	1:08.92	S	Rebeiro, Adam	16	22/10/2021	NCAA Level 3 Swimming Championships
21	1:09.42	S	Abdulmalik, Adam	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
22	1:11.33	L	Gituku, Randall	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	1:11.84	L	Waziri, Nick	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24	1:11.15	S	Abeid, Hamud	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
25	1:11.36	S	Nyagah, Xidi Munene	15	14/08/2021	NCAA Inter Clubs Swimming Championships
26	1:11.41	S	Beriny, Gift	15	04/03/2022	CASA Initational Short Course and Relays
27	1:11.50	S	Mwanzia, Gabriel	16	22/10/2021	NCAA Level 3 Swimming Championships
28	1:11.64	S	Mugambi, Ryan	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
29	1:13.89	L	Amor, James	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30	1:12.62	S	Bifwoli, Mark	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021

Men 15-16 200 Free

1	1:57.68	S	Z4	Hart, Ivan	16	05/11/2021	South West Short Course Winter Championships
2	2:09.86	S	Z4	Masinde, Johari	15	04/12/2021	Plymouth Leander Christmas Level 3 - 2021
3	2:13.06	S	Z4	Masakha, Joshua	15	04/03/2022	CASA Initational Short Course and Relays
4	2:14.73	S		Mutinda, Aker	16	04/03/2022	CASA Initational Short Course and Relays
5	2:16.25	S		Bagha, Abdul	16	14/08/2021	NCAA Inter Clubs Swimming Championships
6	2:17.02	S		Nahdy, Ali	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	2:17.45	S		Kioko, Jesse	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
8	2:25.20	L		Sheikh, Mohammed	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
9	2:24.60	S		Shivo, Eric	16	22/10/2021	NCAA Level 3 Swimming Championships
10	2:25.67	S		Abubakar, Riyadh	15	04/03/2022	CASA Initational Short Course and Relays
11	2:28.67	S		Otieno, Adam	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
12	2:31.32	S		Lwanya, Warren	15	12/06/2021	NCAA Invitational Swimming Ch
13	2:32.08	S		Kalombo, Michael	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
14	2:34.15	S		Nyagu, Ndogoria	16	04/03/2022	CASA Initational Short Course and Relays
15	2:35.90	S		Omar, Abdilahi	16	08/10/2021	NCAA Level 2 Swimming Championships
16	2:39.94	S		Amor, James	16	22/10/2021	NCAA Level 3 Swimming Championships
17	2:43.30	S		Nyagah, Xidi Munene	15	14/08/2021	NCAA Inter Clubs Swimming Championships
18	2:43.32	S		Khandwalla, Mohammedali N.	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
19	2:49.28	S		Gituku, Randall	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	2:49.72	S		Mugambi, Ryan	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
21	2:50.16	S		Darker, Lyndon	15	12/06/2021	NCAA Invitational Swimming Ch
22	2:50.58	S		Baradia, Abdurrahim	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
23	2:52.79	S		Mwanzia, Gabriel	16	08/10/2021	NCAA Level 2 Swimming Championships
24	2:57.79	L		Bifwoli, Mark	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
25	2:55.96	S		Ayiro, Fadhlili	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
26	2:56.91	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
27	2:59.21	S		Khan M, Mohamedabbas	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
28	3:03.33	S		Waziri, Nick	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
29	3:05.19	S		Ongera, Kyle	16	14/08/2021	NCAA Inter Clubs Swimming Championships
30	3:24.86	S		Namulanda, Inaki	15	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Men 15-16 100 Back

1	1:06.54	L	Z4	Hart, Ivan	16	22/01/2022	Somerset ASA 2022 County Championship
2	1:08.17	L	Z4	Masinde, Johari	15	15/01/2022	Devon County 2022 Championships / Age Groups
3	1:07.39	S	Z4	Bagha, Abdul	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
4	1:09.09	S	Z4	Kudwoli, Haniel	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	1:11.17	L		Blunsum, Carlo	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	1:10.69	S		Masakha, Joshua	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
7	1:12.58	S		Muchai, Nathan	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	1:14.76	S		Shivo, Eric	16	14/08/2021	NCAA Inter Clubs Swimming Championships
9	1:14.85	S		Kioko, Jesse	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
10	1:16.38	S		Lwanya, Warren	15	12/06/2021	NCAA Invitational Swimming Ch
11	1:18.34	S		Rebeiro, Adam	16	18/09/2021	ksf-kiambu invitational swimming championship
12	1:19.35	S		Omar, Abdilahi	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	1:19.81	S		Abubakar, Riyadh	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
14	1:20.32	S		Khaku, Mohammedkazim	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
15	1:21.08	S		Nyagah, Xidi Munene	15	14/08/2021	NCAA Inter Clubs Swimming Championships
16	1:21.96	S		Khandwalla, Mohammedali N.	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
17	1:24.98	S		Olsen, Thomas	16	18/09/2021	ksf-kiambu invitational swimming championship
18	1:26.08	S		Ochanda, Saffi	15	08/10/2021	NCAA Level 2 Swimming Championships
18	1:26.08	S		Darker, Lyndon	15	12/06/2021	NCAA Invitational Swimming Ch
20	1:27.05	S		Ongera, Kyle	16	18/09/2021	ksf-kiambu invitational swimming championship
21	1:32.14	S		Waziri, Nick	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
22	1:36.03	S		Bebbington, Robin	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	1:37.32	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
24	1:42.35	S		Inonda, Maynuel	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	1:46.02	S		Namulanda, Inaki	15	14/08/2021	NCAA Inter Clubs Swimming Championships
26	1:53.61	S		Mwendwa, Ciel	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Men 15-16 200 Back

1	2:32.23	S		Kudwoli, Haniel	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
2	2:33.52	S		Bagha, Abdul	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	2:39.66	S		Masakha, Joshua	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
4	2:41.45	S		Abubakar, Riyadh	15	04/03/2022	CASA Initational Short Course and Relays
5	2:48.61	L		Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	2:49.00	S		Kioko, Jesse	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
7	3:00.05	S		Khandwalla, Mohammedali N.	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
8	3:04.16	S		Omar, Abdilahi	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
9	3:18.23	S		Ayiro, Fadhlili	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
10	3:30.00	S		Ongera, Kyle	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
11	3:31.80	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
12	3:42.74	S		Namulanda, Inaki	15	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Men 15-16 100 Breast

1	1:12.46	S	Z4	Kudwoli, Haniel	16	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	1:16.37	S	Z4	Sheikh, Mohammed	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
3	1:19.73	S		Nahdy, Ali	16	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
4	1:19.90	S		Otieno, Adam	16	04/03/2022	CASA Initational Short Course and Relays
5	1:22.36	L		Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	1:21.68	S		Kioko, Jesse	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	1:21.79	S		Kalombo, Michael	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	1:21.89	S		Darker, Lyndon	15	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS

9	1:22.68	S		Bagha, Abdul	16	18/09/2021	ksf-kiambu invitational swimming championship
10	1:24.05	S		Amor, James	16	22/10/2021	NCAA Level 3 Swimming Championships
11	1:26.62	L		Mutinda, Aker	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12	1:24.65	S		Singh, Harnek	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
13	1:24.75	S		Rebeiro, Adam	16	18/09/2021	ksf-kiambu invitational swimming championship
14	1:24.82	S		Nyagu, Ndogoria	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	1:27.09	S		Mwanzia, Gabriel	16	22/10/2021	NCAA Level 3 Swimming Championships
16	1:30.81	S		Gituku, Randall	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	1:30.92	S		Khaku, Mohammedkazim	16	04/03/2022	CASA Initalional Short Course and Relays
18	1:32.95	L		Beriny, Gift	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
19	1:30.96	S		Abdurrahman, Mustafa	15	04/03/2022	CASA Initalional Short Course and Relays
20	1:33.42	L		Jalang'o, Jaison Kinda	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
21	1:33.03	S		Okoth, Andrew	15	04/03/2022	CASA Initalional Short Course and Relays
22	1:33.78	S		Keya, Luca	15	18/09/2021	ksf-kiambu invitational swimming championship
23	1:34.06	S		Khan M, Mohamedabbas	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
24	1:34.33	S		Omar, Abdilahi	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	1:36.95	L		Ochanda, Saffi	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26	1:35.33	S		Mulandi, Alvin	15	12/06/2021	NCAA Invitational Swimming Ch
27	1:35.36	S		Ali, Arafat	16	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
28	1:39.93	L		Ongera, Kyle	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	1:40.01	S		Abdulrahim, Mohammad	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
30	1:44.56	S		Maye, Shibadu	16	14/08/2021	NCAA Inter Clubs Swimming Championships
Men 15-16 200 Breast							
1	2:40.34	S	Z4	Hart, Ivan	16	27/11/2021	TDSC Street and Milfield County Qualifier
2	2:42.49	S	Z4	Kudwoli, Haniel	16	04/03/2022	CASA Initalional Short Course and Relays
3	2:48.02	S		Sheikh, Mohammed	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
4	2:59.01	S		Kioko, Jesse	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
5	3:02.44	S		Otieno, Adam	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
6	3:05.90	S		Amor, James	16	08/10/2021	NCAA Level 2 Swimming Championships
7	3:06.64	S		Kalombo, Michael	16	08/10/2021	NCAA Level 2 Swimming Championships
8	3:07.95	S		Mwanzia, Gabriel	16	22/10/2021	NCAA Level 3 Swimming Championships
9	3:22.13	S		Singh, Harnek	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	3:24.17	S		Khan M, Mohamedabbas	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
11	3:27.33	S		Okoth, Andrew	15	04/03/2022	CASA Initalional Short Course and Relays
12	3:27.92	S		Omar, Abdilahi	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
13	3:30.11	S		Darker, Lyndon	15	12/06/2021	NCAA Invitational Swimming Ch
14	3:33.47	S		Ayiro, Fadhlili	16	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
15	3:37.87	S		Ongera, Kyle	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
16	3:44.05	S		Abeid, Hamud	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
17	4:01.46	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
18	4:12.91	S		Baradia, Abdulrahim	15	25/09/2021	CASA LEVEL 1 SWIMMING CHAMPIONSHIPS
19	4:19.64	S		Namulanda, Inaki	15	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
20	4:20.21	S		Panesar, Arvin	16	29/01/2022	NCAA Level 1 Age Group Swimming Championships
Men 15-16 100 Fly							
1	59.69	S	Z4	Hart, Ivan	16	19/11/2021	Milfield and Team Bath TYR Nov 2021
2	1:03.17	S	Z4	Masinde, Johari	15	26/06/2021	Plymouth Leander Club Champs 2021
3	1:03.37	S	Z4	Nahdy, Ali	16	04/03/2022	CASA Initalional Short Course and Relays
4	1:04.98	S	Z4	Mutinda, Aker	16	04/03/2022	CASA Initalional Short Course and Relays
5	1:05.08	S	Z4	Masakha, Joshua	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	1:07.35	S		Kioko, Jesse	15	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
7	1:16.01	S		Omar, Abdilahi	16	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
8	1:21.52	S		Muriithi, William	16	14/08/2021	NCAA Inter Clubs Swimming Championships
9	1:22.05	S		Nyagu, Ndogoria	16	04/03/2022	CASA Initalional Short Course and Relays
10	1:24.42	S		Abdulmalik, Adam	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
11	1:25.52	S		Nyagah, Xidi Munene	15	14/08/2021	NCAA Inter Clubs Swimming Championships
12	1:27.11	S		Amor, James	16	22/05/2021	KCAA Open & Age-groupsSwimming Championships
13	1:27.64	S		Mugambi, Ryan	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
14	1:27.89	S		Rebeiro, Adam	16	27/02/2021	KCAA Sprints and Relays 2021
15	1:37.90	S		Waziri, Nick	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
16	1:39.43	S		Baradia, Abdulrahim	15	04/03/2022	CASA Initalional Short Course and Relays
17	1:42.37	S		Ochanda, Saffi	15	18/09/2021	ksf-kiambu invitational swimming championship
18	1:47.34	S		Khan M, Mohamedabbas	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
Men 15-16 200 Fly							
1	2:15.89	S	Z4	Hart, Ivan	16	14/05/2021	Level X Swim England (Street)
2	2:32.11	S		Masinde, Johari	15	04/12/2021	Plymouth Leander Christmas Level 3 - 2021
3	2:34.55	S		Mutinda, Aker	16	04/03/2022	CASA Initalional Short Course and Relays
4	2:45.34	S		Kioko, Jesse	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
5	3:23.16	S		Omar, Abdilahi	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
6	3:39.41	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
Men 15-16 200 IM							
1	2:17.25	S	Z4	Hart, Ivan	16	27/11/2021	TDSC Street and Milfield County Qualifier
2	2:29.60	S	Z4	Kudwoli, Haniel	16	04/03/2022	CASA Initalional Short Course and Relays
3	2:30.82	S	Z4	Masinde, Johari	15	04/12/2021	Plymouth Leander Christmas Level 3 - 2021
4	2:31.09	S	Z4	Mutinda, Aker	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	2:31.12	S	Z4	Kioko, Jesse	15	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
6	2:33.19	S		Nahdy, Ali	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
7	2:37.77	S		Otieno, Adam	16	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
8	2:41.41	L		Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
9	2:43.19	L		Blunsum, Carlo	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10	2:40.11	S		Bagha, Abdul	16	14/08/2021	NCAA Inter Clubs Swimming Championships
11	2:53.41	L		Sheikh, Mohammed	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
12	2:51.26	S		Nyagu, Ndogoria	16	04/03/2022	CASA Initalional Short Course and Relays
13	2:52.55	S		Khaku, Mohammedkazim	16	04/03/2022	CASA Initalional Short Course and Relays
14	2:52.61	S		Darker, Lyndon	15	22/05/2021	KCAA Open & Age-groupsSwimming Championships
15	2:59.04	S		Kalombo, Michael	16	12/06/2021	NCAA Invitational Swimming Ch
16	2:59.78	S		Amor, James	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
17	3:02.24	S		Muriithi, William	16	14/08/2021	NCAA Inter Clubs Swimming Championships
18	3:02.54	S		Mwanzia, Gabriel	16	14/08/2021	NCAA Inter Clubs Swimming Championships
19	3:04.53	S		Nyagah, Xidi Munene	15	14/08/2021	NCAA Inter Clubs Swimming Championships
20	3:04.57	S		Rebeiro, Adam	16	22/05/2021	KCAA Open & Age-groupsSwimming Championships
21	3:04.89	S		Khandwalla, Mohammedali N.	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
22	3:06.43	S		Beriny, Gift	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
23	3:08.48	S		Omar, Abdilahi	16	14/08/2021	NCAA Inter Clubs Swimming Championships
24	3:15.22	S		Ongera, Kyle	16	14/08/2021	NCAA Inter Clubs Swimming Championships
25	3:15.92	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
26	3:19.92	S		Waziri, Nick	16	25/09/2021	NCAA Level 1 Age Group Swimming Championships
27	3:22.72	S		Ochanda, Saffi	15	18/09/2021	ksf-kiambu invitational swimming championship
28	3:23.04	S		Khan M, Mohamedabbas	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP

29	3:23.90	S	Bebbington, Robin	15	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	3:26.87	S	Mugambi, Ryan	15	14/08/2021	NCAA Inter Clubs Swimming Championships

Men 15 & Over 400 Free

1	4:06.96	S	Z4	Mohamed, Ridhwan	22	26/06/2021	Plymouth Leander Club Champs 2021
2	4:08.48	S	Z4	Hart, Ivan	16	03/12/2021	Swim England National Winter Champs 2021 (25m)
3	4:28.61	S	Z4	Maina, Monyo	19	06/11/2021	Odlum Brown Colleges Cup
4	4:35.56	S	Z4	Khandwalla, Mohamed Iqbal	20	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
5	4:36.76	S	Z4	Katumwa, Siegfred	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	4:41.18	S	Z4	Mwamisi, Trevor	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	4:46.95	S		Mutinda, Aker	16	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
8	4:47.62	S		Masakha, Joshua	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
9	4:51.61	S		Masinde, Johari	15	04/12/2021	Plymouth Leander Christmas Level 3 - 2021
10	4:53.99	S		Bashir, Ishaq	17	04/03/2022	CASA Initational Short Course and Relays
11	5:02.20	L		Bagha, Abdul	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12	5:01.76	S		Nahdy, Ali	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
13	5:08.43	S		Salim, Amin	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
14	5:16.94	L		Abubakar, Riyadh	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
15	5:10.76	S		Michuki, Michael	17	08/10/2021	NCAA Level 2 Swimming Championships
16	5:11.27	S		Kioko, Jesse	15	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
17	5:18.29	S		Muigai, Jomo	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
18	5:18.36	S		Kotut, Kalya	17	14/08/2021	NCAA Inter Clubs Swimming Championships
19	5:28.24	S		Shivo, Eric	16	08/10/2021	NCAA Level 2 Swimming Championships
20	5:33.26	S		Miano, Mathew	18	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
21	5:35.93	S		Otieno, Emmanuel	17	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
22	5:36.79	S		Adede, Kevin	22	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
23	5:42.95	S		Khandwalla, Mohammedali N.	15	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
24	5:43.30	S		Okumu, Jesse	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
25	5:53.55	S		Kalombo, Michael	16	08/10/2021	NCAA Level 2 Swimming Championships
26	5:55.48	S		Amor, James	16	08/10/2021	NCAA Level 2 Swimming Championships
27	5:56.39	S		Nyagah, Xidi Munene	15	14/08/2021	NCAA Inter Clubs Swimming Championships
28	6:00.16	S		Jalang'o, Justin	19	14/08/2021	NCAA Inter Clubs Swimming Championships
29	6:13.82	L		Kipkorir, Colinnece	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30	6:13.06	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP

Men 15 & Over 800 Free

1	8:35.17	S	Z4	Hart, Ivan	16	14/05/2021	Level X Swim England (Street)
2	9:32.85	S	Z4	Katumwa, Siegfred	19	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
3	9:44.28	S	Z4	Bachelani, Samir	17	04/03/2022	CASA Initational Short Course and Relays
4	9:44.93	S	Z4	Khandwalla, Mohamed Iqbal	20	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
5	9:56.85	S	Z4	Mwamisi, Trevor	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
6	10:05.14	S		Mutinda, Aker	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	10:23.34	S		Nahdy, Ali	16	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
8	10:39.15	S		Abubakar, Riyadh	15	04/03/2022	CASA Initational Short Course and Relays
9	10:45.16	S		Bashir, Ishaq	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
10	10:57.81	S		Bitok, Shawn	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
11	11:04.79	S		Miano, Mathew	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
12	11:05.93	S		Kotut, Kalya	17	14/08/2021	NCAA Inter Clubs Swimming Championships
13	11:10.72	S		Michuki, Michael	17	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
14	11:23.99	S		Muigai, Jomo	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
15	11:59.31	L		Anjichi, Daryl Anambo	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	11:47.88	S		Adede, Kevin	22	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
17	11:57.13	S		Khaku, Mohammedkazim	16	04/03/2022	CASA Initational Short Course and Relays
18	12:12.64	S		Khandwalla, Mohammedali N.	15	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
19	12:37.48	S		Amor, James	16	08/10/2021	NCAA Level 2 Swimming Championships
20	12:57.68	S		Mogusu, Clive	35	04/03/2022	CASA Initational Short Course and Relays
21	13:09.89	S		Abdulsattar, Ayaan	15	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
22	13:18.79	S		Dennis, Sammy	23	08/10/2021	NCAA Level 2 Swimming Championships
23	13:20.84	S		Kipkorir, Colinnece	21	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
24	14:07.01	L		Kibadengi, Emmanuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25	13:54.92	S		Mwangi, Antony	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
26	13:55.20	S		Mwenja, Erick	24	08/10/2021	NCAA Level 2 Swimming Championships

Men 17 & Over 100 Free

1	52.22	L	Z4	Rosafio, Danilo	21	05/06/2021	36 International Swimming Meet of Porto
2	52.68	L	Z4	Mohamed, Ridhwan	22	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
3	53.53	L	Z4	Talib, Swaleh	22	12/04/2021	Stirling Time Trial
4	52.50	S	Z4	Maina, Monyo	19	12/02/2022	West Coast Collegiate (SC)
5	55.30	L	Z4	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
6	53.98	S	Z4	Omondi, Alvin	21	04/12/2021	Western vs Waterloo Dual
7	56.10	L	Z4	Bifwoli, Tabuka	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
8	54.77	S	Z4	Jordan, Paulsen Setumba	17	04/03/2022	CASA Initational Short Course and Relays
9	55.13	S	Z4	Muravvej, Aryan	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
10	58.38	L	Z4	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
11	56.89	S	Z4	A Hamza, Twalib	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
12	58.91	L	Z4	Onyach, Jesse	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
13	57.92	S	Z4	Katumwa, Siegfred	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
14	58.13	S	Z4	Omondi, Cian	23	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
15	1:00.13	L	Z4	Kanja, Evans	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
16	58.54	S	Z4	Khandwalla, Mohamed Iqbal	20	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
17	1:00.53	L	Z4	Omar, Mohammed	22	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
18	1:01.11	L	Z4	Mugera, Munene	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
19	1:01.22	L	Z4	Mwamisi, Trevor	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
20	1:00.03	S	Z4	Shah, Rushab	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
21	1:00.15	S	Z4	Salim, Amin	19	04/03/2022	CASA Initational Short Course and Relays
22	1:01.01	S		Kioko, Paul	20	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
23	1:01.43	S		Maywaka, Owen	17	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
24	1:03.26	L		Okumu, Jesse	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
25	1:01.68	S		Winstone, Katiechi	17	18/09/2021	ksf-kiambu invitational swimming championship
26	1:01.72	S		Jerry, Collins	23	18/09/2021	ksf-kiambu invitational swimming championship
27	1:03.44	L		Muigai, Jomo	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
28	1:01.95	S		Bashir, Ishaq	17	04/03/2022	CASA Initational Short Course and Relays
29	1:03.60	L		Muchoki, Ronnie	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30	1:02.26	S		Bachelani, Samir	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming

Men 17 & Over 200 Free

1	1:51.79	S	Z4	Mohamed, Ridhwan	22	16/12/2021	15th FINA World Swimming Ch'ships (25m) 2021
2	1:58.07	S	Z4	Maina, Monyo	19	21/01/2022	SFU College Cup
3	2:01.20	S	Z4	Omondi, Alvin	21	26/11/2021	Western University Time Trial
4	2:07.02	S	Z4	Jordan, Paulsen Setumba	17	04/03/2022	CASA Initational Short Course and Relays
5	2:07.60	S	Z4	Katumwa, Siegfred	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
6	2:07.86	S	Z4	Khandwalla, Mohamed Iqbal	20	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021

7	2:12.26	L	Z4	Bifwoli, Tabuka	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
8	2:09.65	S	Z4	Muravvej, Aryen	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
9	2:09.69	S	Z4	Mwamisi, Trevor	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
10	2:13.78	L	Z4	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
11	2:12.95	S	Z4	Onyach, Jesse	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
12	2:15.05	S		Kanja, Evans	18	22/10/2021	NCAA Level 3 Swimming Championships
13	2:16.58	S		Bashir, Ishaq	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
14	2:16.92	S		Shah, Rushab	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
15	2:22.71	L		Omar, Mohammed	22	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
16	2:20.05	S		Michuki, Michael	17	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
17	2:20.22	S		Salim, Amin	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
18	2:22.00	S		Maywaka, Owen	17	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
19	2:26.26	L		Anjichi, Daryl Anambo	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20	2:23.08	S		Muigai, Jomo	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
21	2:23.40	S		Otieno, Emmanuel	17	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
22	2:23.63	S		Kioko, Paul	20	04/03/2022	CASA Initaltional Short Course and Relays
23	2:24.69	S		Omondi, Lucas	23	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
24	2:28.88	S		Miano, Mathew	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
25	2:32.21	L		Okal, Joseph	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
26	2:30.13	S		Okumu, Jesse	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
27	2:30.14	S		Adede, Kevin	22	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
28	2:31.72	S		Kotut, Kalya	17	14/08/2021	NCAA Inter Clubs Swimming Championships
29	2:32.91	S		Walid, Khalid	17	08/10/2021	NCAA Level 2 Swimming Championships
30	2:33.33	S		Shikely, Nabil	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Men 17 & Over 100 Back

1	1:01.02	S	Z4	Bifwoli, Tabuka	19	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	1:01.25	S	Z4	Omondi, Alvin	21	04/12/2021	Western vs Brock Dual
3	1:03.21	S	Z4	Maina, Monyo	19	31/07/2021	Keyano Summer Finale
4	1:05.75	S	Z4	Jordan, Paulsen Settumba	17	04/03/2022	CASA Initaltional Short Course and Relays
5	1:06.10	S	Z4	Khandwalla, Mohamed Iqbal	20	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	1:07.37	S	Z4	Shah, Rushab	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	1:09.55	S		Muravvej, Aryen	17	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
8	1:10.80	S		Bashir, Ishaq	17	04/03/2022	CASA Initaltional Short Course and Relays
9	1:13.10	S		Muchoki, Ronnie	23	22/10/2021	NCAA Level 3 Swimming Championships
10	1:13.86	S		Walid, Khalid	17	08/10/2021	NCAA Level 2 Swimming Championships
11	1:14.01	S		Michuki, Michael	17	22/10/2021	NCAA Level 3 Swimming Championships
12	1:14.50	S		Waudu, Jerome	21	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
13	1:17.43	L		Bitok, Shawn	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	1:16.36	S		Muhammadhusein, Wajahat	18	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
15	1:17.18	S		Mutinda, I-em-hotep	18	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
16	1:18.91	S		Kunyiha, Kirunda	22	27/02/2021	KCAA Sprints and Relays 2021
17	1:19.10	S		Jerry, Collins	23	18/09/2021	ksf-kiambu invitational swimming championship
18	1:21.50	L		Kioko, Paul	20	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
19	1:20.40	S		Adede, Kevin	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	1:20.65	S		Maywaka, Owen	17	08/10/2021	NCAA Level 2 Swimming Championships
21	1:23.37	L		Williams, Jarred	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
22	1:22.67	S		Winstone, Katiechi	17	18/09/2021	ksf-kiambu invitational swimming championship
23	1:23.37	S		Wanjir, Jackson	20	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
24	1:24.95	S		Shah, Shiv	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
25	1:25.27	S		Mutwiri, Jeff	22	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHPIS
26	1:26.05	S		Kotut, Kalya	17	25/09/2021	NCAA Level 1 Age Group Swimming Championships
27	1:26.14	S		Nderitu, Samuel	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
28	1:29.19	L		Tobiko, Rodgers	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29	1:30.28	S		Stephen, Kinyanjui	21	18/09/2021	ksf-kiambu invitational swimming championship
30	1:33.74	L		Wanjau, Elvis	33	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

Men 17 & Over 200 Back

1	2:15.51	S	Z4	Bifwoli, Tabuka	19	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
2	2:23.31	S	Z4	Khandwalla, Mohamed Iqbal	20	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
3	2:24.24	S	Z4	Shah, Rushab	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
4	2:35.07	S		Bashir, Ishaq	17	04/03/2022	CASA Initaltional Short Course and Relays
5	2:47.92	S		Mutinda, I-em-hotep	18	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
6	2:48.52	S		Muhammadhusein, Wajahat	18	04/03/2022	CASA Initaltional Short Course and Relays
7	2:52.81	S		Ngweno, Adrian	24	29/01/2022	NCAA Level 1 Age Group Swimming Championships
8	2:59.83	S		Otieno, Emmanuel	17	25/09/2021	NCAA Level 1 Age Group Swimming Championships
9	3:04.07	S		Shah, Shiv	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
10	3:04.33	S		Maywaka, Owen	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
11	3:07.60	S		Michuki, Michael	17	12/06/2021	NCAA Invitational Swimming Ch
12	3:12.10	S		Nderitu, Samuel	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
13	3:13.79	S		Tobiko, Rodgers	23	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
14	3:21.58	S		Mwenja, Erick	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
15	3:35.95	S		Mwangi, Antony	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
16	3:51.80	S		Mutuku, Jackson	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	3:57.57	S		Thuo, Edwin	23	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Men 17 & Over 100 Breast

1	1:08.69	L	Z4	Pragassa, Tory	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2	1:12.50	L	Z4	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
3	1:11.87	S	Z4	Bifwoli, Tabuka	19	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
4	1:16.75	L	Z4	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5	1:16.85	L	Z4	Opande, Jono Per	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6	1:15.39	S	Z4	Kioko, Paul	20	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
7	1:16.09	S	Z4	Bachelani, Samir	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
8	1:16.11	S	Z4	Salim, Amin	19	04/03/2022	CASA Initaltional Short Course and Relays
9	1:16.81	S	Z4	Kunyiha, Kirunda	22	27/02/2021	KCAA Sprints and Relays 2021
10	1:20.56	L		Mugera, Munene	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
11	1:20.57	L		Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12	1:19.31	S		Winstone, Katiechi	17	18/09/2021	ksf-kiambu invitational swimming championship
13	1:22.01	L		Mayende, Franklyne	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14	1:21.89	S		Makokha, Timothy	23	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
15	1:22.03	S		Walid, Khalid	17	12/06/2021	NCAA Invitational Swimming Ch
16	1:24.50	L		Shah, Dhilan	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
17	1:24.61	L		Anjichi, Daryl Anambo	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
18	1:23.90	S		Agai, Lyfe	20	14/08/2021	NCAA Inter Clubs Swimming Championships
19	1:25.21	S		Mutwiri, Jeff	22	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
20	1:25.46	S		Timothy, Makokha	23	18/09/2021	ksf-kiambu invitational swimming championship
21	1:25.47	S		Adede, Kevin	22	22/10/2021	NCAA Level 3 Swimming Championships
22	1:27.95	L		Shariff, Al-Jame	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
23	1:26.56	S		Bashir, Ishaq	17	25/09/2021	NCAA Level 1 Age Group Swimming Championships
24	1:26.59	S		Mohamed, AlJamiu	22	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021

25	1:27.60	S	Kandie, Sullivan	19	22/05/2021	KCAA Open & Age-groupsSwimming Championships
26	1:28.76	S	Ngwen, Adrian	24	12/06/2021	NCAA Invitational Swimming Ch
27	1:28.99	S	Okumu, Jesse	18	25/09/2021	NCAA Level 1 Age Group Swimming Championships
28	1:29.42	S	Sila, Munyao	17	18/09/2021	ksf-kiambu invitational swimming championship
29	1:29.61	S	Kibadengi, Emmanuel	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
30	1:29.72	S	Bagha, Bilal	17	18/09/2021	ksf-kiambu invitational swimming championship

Men 17 & Over 200 Breast

1	2:42.91	L Z4	Pragassa, Tory	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2	2:42.38	S Z4	Bachelani, Samir	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	2:51.54	S	Salim, Amin	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
4	2:53.87	S	Kioko, Paul	20	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
5	3:01.20	L	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	3:08.81	L	Shah, Dhilan	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
7	3:06.49	S	Shah, Shiv	18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
8	3:07.66	S	Adede, Kevin	22	29/01/2022	NCAA Level 1 Age Group Swimming Championships
9	3:11.37	S	Omondi, Lucas	23	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
10	3:12.12	S	Ngwen, Adrian	24	22/01/2022	Ksf-Kiambu invattional swim championship
11	3:15.61	S	Okumu, Jesse	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
12	3:21.41	L	Michuki, Michael	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
13	3:18.47	S	Bitok, Shawn	18	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
14	3:23.06	L	Mayende, Franklyne	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15	3:26.87	L	Anjichi, Daryl Anambo	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
16	3:26.60	S	Kibadengi, Emmanuel	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	3:26.70	S	Mwenja, Erick	24	29/01/2022	NCAA Level 1 Age Group Swimming Championships
18	3:27.56	S	Tobiko, Rodgers	23	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
19	3:29.56	S	Waweru, Moses	25	29/01/2022	NCAA Level 1 Age Group Swimming Championships
20	3:38.70	S	Kigen, Ian	21	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
21	3:48.10	S	Mwithia, Mugambi	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
22	3:48.13	S	Ochieng, Peter	17	08/10/2021	NCAA Level 2 Swimming Championships
23	3:57.53	S	Thuo, Edwin	23	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
24	4:04.35	S	Onchiri, Nehemiah	22	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
25	4:05.38	S	Brian, Njeru	19	22/01/2022	Ksf-Kiambu invattional swim championship
26	4:20.84	S	Mwaura, Samuel	24	27/11/2021	NCAA Junior Age Groups and Open Swim Meet
27	4:31.47	S	Mumo, Brian	21	27/11/2021	NCAA Junior Age Groups and Open Swim Meet

Men 17 & Over 100 Fly

1	56.60	L Z4	Nyoike, Stephen	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
2	57.73	L Z4	Mohamed, Ridhwan	22	15/01/2022	Devon County 2022 Championships / Age Groups
3	59.04	L Z4	Maina, Monyo	19	12/02/2022	WEST COAST COLLEGIATE (LC)
4	59.95	S Z4	Bifwoli, Tabuka	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
5	1:00.46	S Z4	Omondi, Alvin	21	26/11/2021	Western University Time Trial
6	1:00.80	S Z4	A Hamza, Twalib	18	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
7	1:02.06	S Z4	Jordan, Paulsen Setumba	17	04/03/2022	CASA Initalional Short Course and Relays
8	1:02.16	S Z4	Muravvej, Aryan	17	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
9	1:04.57	L Z4	Opande, Jono Per	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
10	1:03.34	S Z4	Katumwa, Siegfred	19	16/07/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP
11	1:03.52	S Z4	Onyach, Jesse	17	18/09/2021	ksf-kiambu invitational swimming championship
12	1:05.95	L Z4	Chemirmir, Jabali	19	11/10/2021	14th CANA African Junior & Senior and Open Wa
13	1:05.94	S Z4	Jerry, Collins	23	22/05/2021	KCAA Open & Age-groupsSwimming Championships
14	1:07.00	S	Walid, Khalid	17	22/05/2021	KCAA Open & Age-groupsSwimming Championships
15	1:08.49	L	Mwamisi, Trevor	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
16	1:08.28	S	Salim, Amin	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
17	1:08.68	S	Kihumuro, Adam	19	04/03/2022	CASA Initalional Short Course and Relays
18	1:08.84	S	Bachelani, Samir	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
19	1:08.94	S	Adede, Kevin	22	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
20	1:11.03	L	Okal, Joseph	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
21	1:09.75	S	Otieno, Emmanuel	17	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPSONSHIPS
22	1:10.67	S	Muchoki, Ronnie	23	15/01/2022	KCAA Sprints & Relays Swimming Championships
23	1:11.29	S	Kunyiha, Kirunda	22	27/02/2021	KCAA Sprints and Relays 2021
24	1:13.21	S	Michuki, Michael	17	08/10/2021	NCAA Level 2 Swimming Championships
25	1:15.38	S	Wambugu, Patrick	21	15/01/2022	KCAA Sprints & Relays Swimming Champioships
26	1:16.73	S	Tobiko, Rodgers	23	08/10/2021	NCAA Level 2 Swimming Championships
27	1:18.30	S	Anjichi, Daryl Anambo	18	14/08/2021	NCAA Inter Clubs Swimming Championships
28	1:19.11	S	Maywaka, Owen	17	08/10/2021	NCAA Level 2 Swimming Championships
29	1:19.35	S	Bashir, Ishaq	17	25/09/2021	NCAA Level 1 Age Group Swimming Championships
30	1:19.89	S	Muthui, Dennis	24	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022

Men 17 & Over 200 Fly

1	2:10.36	S Z4	Maina, Monyo	19	12/02/2022	West Coast Collegiate (SC)
2	2:13.60	S Z4	Nyoike, Stephen	19	29/10/2021	CASA LEVEL 2 SWIMMING CHAMPIONSHIP 2021
3	2:22.44	S Z4	A Hamza, Twalib	18	04/03/2022	CASA Initalional Short Course and Relays
4	2:23.31	S Z4	Katumwa, Siegfred	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	2:26.73	S Z4	Khandwalla, Mohamed Iqbal	20	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
6	2:37.37	S	Bachelani, Samir	17	04/03/2022	CASA Initalional Short Course and Relays
7	2:56.20	S	Adede, Kevin	22	22/10/2021	NCAA Level 3 Swimming Championships
8	2:57.80	S	Michuki, Michael	17	14/08/2021	NCAA Inter Clubs Swimming Championships
9	3:11.14	S	Walid, Khalid	17	08/10/2021	NCAA Level 2 Swimming Championships
10	3:11.67	S	Maywaka, Owen	17	29/01/2022	NCAA Level 1 Age Group Swimming Championships
11	3:25.34	S	Kibadengi, Emmanuel	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
12	3:33.05	S	Tobiko, Rodgers	23	29/01/2022	NCAA Level 1 Age Group Swimming Championships

Men 17 & Over 200 IM

1	2:22.75	S Z4	Maina, Monyo	19	06/11/2021	Odlum Brown Colleges Cup
2	2:23.04	S Z4	Nyoike, Stephen	19	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
3	2:23.45	S Z4	Katumwa, Siegfred	19	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
4	2:25.80	S Z4	Khandwalla, Mohamed Iqbal	20	17/12/2021	2021 CASA Invitational Inter-Clubs Swimming
5	2:30.62	L Z4	Bifwoli, Tabuka	19	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6	2:29.21	S Z4	Bachelani, Samir	17	09/12/2021	6TH CANA ZONE III SWIMMING CHAMPIONSHIPS 2021
7	2:35.25	S	Kanja, Evans	18	22/10/2021	NCAA Level 3 Swimming Championships
8	2:36.66	S	Bashir, Ishaq	17	04/03/2022	CASA Initalional Short Course and Relays
9	2:36.74	S	Otieno, Emmanuel	17	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPSONSHIPS
10	2:40.79	S	Walid, Khalid	17	08/10/2021	NCAA Level 2 Swimming Championships
11	2:41.10	S	Michuki, Michael	17	25/02/2022	NCAA Level 3 Swimming Championships Feb 2022
12	2:43.48	S	Muchoki, Ronnie	23	22/10/2021	NCAA Level 3 Swimming Championships
13	2:44.78	S	Okumu, Jesse	18	05/02/2022	KCAA AGE GROUP SWIMMING CHAMPIONSHIPS
14	2:45.56	S	Onyach, Jesse	17	18/09/2021	ksf-kiambu invitational swimming championship
15	2:47.39	S	Kihumuro, Adam	19	04/03/2022	CASA Initalional Short Course and Relays
16	2:52.24	L	Anjichi, Daryl Anambo	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
17	2:49.78	S	Adede, Kevin	22	11/02/2022	NCAA Level 2 Swimming Championships Feb 2022
18	2:53.88	L	Maywaka, Owen	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
19	2:56.94	L	Shah, Dhilan	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC

20	2:56.36	S	Chemirmir, Jabali
21	2:59.63	L	Omar, Mohammed
22	2:56.69	S	Shah, Shiv
23	2:57.62	S	Ngweni, Adrian
24	3:00.90	S	Kotut, Kalya
25	3:01.15	S	Shikely, Nabil
26	3:04.46	L	Munyao, Sila
27	3:01.67	S	Jalang'o, Justin
28	3:03.50	S	Mayende, Franklyne
29	3:03.92	S	Tobiko, Rodgers
30	3:08.41	S	Kibadengi, Emmanuel

19	14/08/2021	NCAA Inter Clubs Swimming Championships
22	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
18	29/01/2022	NCAA Level 1 Age Group Swimming Championships
24	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	18/09/2021	ksf-kiambu invitational swimming championship
23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
19	14/08/2021	NCAA Inter Clubs Swimming Championships
23	22/05/2021	KCAA Open & Age-groupsSwimming Championships
23	29/01/2022	NCAA Level 1 Age Group Swimming Championships
23	29/01/2022	NCAA Level 1 Age Group Swimming Championships