



KSF ALL PARTIES

March 18th 2022

Dear KSF Swimmers, Coaches, Parents & Stakeholders,

CANA ZONE 4 SWIMMING CHAMPIONSHIPS LUSAKA ZAMBIA - APRIL 14-17th 2022

Please find the revised list of qualified swimmers following the clarification provided by the organisers that the "age up" is at the first day of the competition.

Swimmers who wish to participate in the competition are required to complete the attached Athlete Declaration Pack and submit to competitions@kenyaswimmingfederation.org by 5pm Monday March 21, 2022.

The estimated expenses based on 30 swimmers and 3 coaches accompanying the team are as follows:

	Details	Cost
1.	Flights	\$660.00
2.	Accommodation (April 11- 18 th) Twin Occupancy at \$120 CANA Rate	\$960.00
3.	Kit	\$110.00
4.	Travel Insurance	\$40.00
5.	Administration	\$200.00
6.	Contingency	\$50.00
7.	Covid Testing	\$100.00
8.	Entries	\$12.00
	Total	\$2132.00

Swimmers that wish to participate **MUST** deposit the full amount by close of business Friday March 25, 2022 in order to give the management sufficient time to remit the requisite funds to the organizers and also to finalize flight bookings. Please note that we have been exceptionally accommodated to submit all required documents for the team outside of the deadlines set by the organizers.

Conrad Thorpe OBE
Head of Secretariat
Kenya Swimming Federation

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www.kenyaswimmingfederation.org