Individual Top Times

Times since: 01-Apr-19 Times until: 15-Feb-22 Number of Top Times: All Show Long Course Only

1	ime	P/F/S	Name	Age	e/Yr	
				Ū		
Vomen 50 Fre	e L	Р	Muteti, Emily	22	15/06/2021	2021 French Swimming Championships
26.30 26.69	L	F	Brunlehner, Maria	23 21	15/06/2021	2019 KSF Nationals Swimming Trials
26.93	L	F	Brunlehner, Sylvia	28	11/04/2019	2019 KSF Nationals Swimming Trials
27.40	L	F	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
27.79	L	F	Ruchti, Lucia	18	11/09/2019	Africa Junior Championships
28.79	L	F	Okumu, Victoria	17	28/11/2019	2019 CANA Zone 3 Championships
29.26	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
29.37	L	F	Islam Ali, Lubaina	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
30.01	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.14	L	F	Gichovi, Hadassah Mumbi Islam Ali, Juhaina	20	11/04/2019 11/04/2019	2019 KSF Nationals Swimming Trials
30.25 30.26	L	F	Caffini, Duini	19 13	04/12/2019	2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.27	L	P	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
30.32	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.53	L	F	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
30.58	L	F	Omondi, Mya	17	28/11/2019	2019 CANA Zone 3 Championships
30.61	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.72	L	F	Onderi, Jade	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.81	L	P	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
30.95	L	F	Karani, Kario	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 30.97	L	F	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
* 30.97	L	F	Baraka, Angela	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 31.05	L	P F	Hart, Alexandra	13	17/12/2021 11/04/2019	Swim Wales Open Winter Championships 2021 2019 KSF Nationals Swimming Trials
* 31.05 * 31.27	L	F P	Nanjala, Rebecca Vora, Tiana	15 18	11/04/2019	2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
* 31.27	L	F	Jamal, Bianca	10	08/02/2020	The 2020 Middlesex County Championships
31.38	L	F	Karanu, Wairimu	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.43	L	F	Pendo, Jasmine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.62	L	P	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
31.74	L	F	Kittony, Stacy Jerop	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.75	L	Р	Wanakai, Lenise	16	11/09/2019	Africa Junior Championships
31.76	L	F	McAree, Keaira	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.82	L	F	Apsey, Jessica	14	28/11/2019	2019 CANA Zone 3 Championships
31.82	L	F	Kagwima, Ashley	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.83	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.85	L	F	Makau, Nicole	19	28/11/2019	2019 CANA Zone 3 Championships
31.86	L	F	Chepngetich, Maya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.90	L	F	Williams, Angel	13	15/12/2020	Western Cape Long Course Championships 2020
31.91 32.35	L	F	Gichovi, Regina Omoro, Saniyah	16 12	11/04/2019 13/11/2021	2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.35	L	F	Muriithi, Rachel Michelle	12	27/11/2020	Harare Senior Championships
32.43	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
32.45	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.47	L	P	Khwidzomina, Mukayagi	18	11/04/2019	2019 KSF Nationals Swimming Trials
32.48	L	F	Irungu, Erica Wangechi	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.52	L	F	Kamotho, Cheryl	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.61	L	Р	Nyawira, Kimberly	18	11/04/2019	2019 KSF Nationals Swimming Trials
32.68	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.69	L	F	Kimeto, Sheila	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.72	L	P	Maina, Kagure	14	11/04/2019	2019 KSF Nationals Swimming Trials
32.76	L	P	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
32.79	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
32.82	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
32.83	L	P	Hawala, Samantha	19	11/04/2019	2019 KSF Nationals Swimming Trials
32.84	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.88 32.89	L	F	Kamotho, Christe Lwanya, Bianca	11 12	28/08/2021 13/11/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.89	L	P	Kitonga, Neema	12	11/04/2019	2019 KSF Nationals Swimming Trials
32.90	L	F	Done, Maisha	16	17/05/2019	Nairobi County Swimming Champi
33.02	L	P	Ambala, Ahura	14	11/04/2019	2019 KSF Nationals Swimming Trials
33.06	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
33.37	L	F	Hassanali, Ilhaam	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.45	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.61	L	F	Irungu, Megan Wanja	17	17/05/2019	Nairobi County Swimming Champi
33.62	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.66	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.76	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.79	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.84	L	F	Maina, Wangechi Lindkrist, Buth Wangeri	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.96 * 34.00	L	F	Lindkvist, Ruth Wangari Nyakundi, Joan	12 17	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 34.00 * 34.00	L	P	Nyakundi, Joan Karanja, Cynthia	17	13/11/2021 11/04/2019	2019 KSF Nationals Swimming Trials
34.00	L	F	Mutinda, Nalwoga	10	28/08/2021	2019 KSF NATIONAL CHAMPIONSHIP
34.09	L	F	Ochoro, Xolani	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.10	L	F	Mulemi, Sidney	14	17/05/2019	Nairobi County Swimming Champi
34.23	L	F	Luchters, Eowyn	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.26	L	F	Wangalwa, Tracey	14	17/05/2019	Nairobi County Swimming Champi
34.27	L	P	Rotich, Maya Chepngetich	15	11/04/2019	2019 KSF Nationals Swimming Trials
34.30	L	F	Irangi, Nina	10	17/05/2019	Nairobi County Swimming Champi
34.45	L	F	Mwasha, Michelle	12	17/05/2019	Nairobi County Swimming Champi
* 34.61	L	P	Ssuna, Antisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
* 34.61	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.81	L	Р	Nyamu, Wema	16	11/04/2019	2019 KSF Nationals Swimming Trials
34.89	L	P	Konig, Ophelie	15	11/04/2019	2019 KSF Nationals Swimming Trials
35.10	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.29	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 35.32	L	F	Ondieki, Stephanie	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	L	F	Kingatua, Amana	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP

	35.38	L	F	Manek, Shriya	15	13/11/2021
	35.48	L	F	Irungu, Rachel	16	13/11/2021
	35.70	L	F	Bailey, Lara	13	13/11/2021
	35.72	L	F	Kidha, Kahina	12	13/11/2021
			F			
	35.74	L		Oyoo, Abba	11	13/11/2021
*	35.79	L	F	Kumon, Manna	15	13/11/2021
*	35.79	L	F	Kafuto, Ivy	13	13/11/2021
	35.93	L	F	Gituku, Gail	11	13/11/2021
	36.03	L	F	Kimani, Kimberly	11	13/11/2021
	36.04	L	F	Shah, Diva	14	17/05/2019
	36.10	L	F	Webber, Aaliyah	14	13/11/2021
	36.41	L	F	Stolarow, Mara	14	17/05/2019
	36.42	L	F	Nanji, Natasha	15	06/07/2019
			F	-		
	36.45	L		Okoyo, Anita	18	17/05/2019
*	36.48	L	F	Leboy, Vahkenah	11	13/11/2021
*	36.48	L	Р	Shah, Deeya	15	03/04/2019
	36.50	L	F	Okuku, Muhaji	19	17/05/2019
	36.53	L	F	Irungu, Elaine	13	28/08/2021
*	36.67	L	F	Hailey, Yael	15	13/11/2021
*	36.67	L	F	Geteria, Wanjiku	13	13/11/2021
*	36.70	L	F	Mohidden- Jones, Mariam	12	13/11/2021
	36.70	L	F	Chandaria, Ruhi	17	17/05/2019
	36.81	L	F	Mwasha, Maria	15	17/05/2019
	36.85	L	F	Mugambi, Lailah	14	17/05/2019
*	36.88	L	F	Mwanzia, Zareena	12	13/11/2021
*	36.88	L	Р	Wambui, Emma	14	03/04/2019
	36.94	L	Р	Schoch, Rachel	20	11/04/2019
	36.95	L	F	Wangare, Virginia	15	17/05/2019
			F	Oyoo, Amari		
	37.18	L			13	13/11/2021
	37.27	L	F	Muga, Edwina	17	13/11/2021
	37.29	L	F	Vanam, Daksha	15	17/05/2019
*	37.34	L	Р	Karanja, Abby	13	11/04/2019
*	37.34	L	F	Leperes, Lanoi	14	17/05/2019
*	37.34	L	F	Kinyanjui, Thami	14	13/11/2021
	37.51	L	F	Irungu, Michelle	14	13/11/2021
	37.60	L	F	Mamujee, Umme-Hani	18	06/07/2019
			F			
	37.63	L	F	Kahinju, Nissi	10	04/12/2021
•	37.72	L		Nuru, Azu	12	13/11/2021
*	37.72	L	F	Kahuko, Wanja	13	13/11/2021
	37.81	L	F	Sheikh, Amina	11	28/08/2021
	37.89	L	F	Moegi, Sharon	14	13/11/2021
	37.94	L	F	Ombega, Kelsey	11	13/11/2021
	37.96	L	F	Makena, Kyra	14	17/05/2019
	38.11	L	F	Webber, Mischa	12	13/11/2021
			F			
	38.24	L		Warui, Ariana	11	13/11/2021
	38.32	L	F	Hunja, Makena	11	13/11/2021
	38.40	L	F	Kemunto, Malia	11	13/11/2021
	38.49	L	F	Maruti, Trinity	15	17/05/2019
	38.50	L	F	Kamau, Aaralynne	16	17/05/2019
	38.65	L	F	Maruti, Theodora	13	17/05/2019
	38.66	L	F	Swai, Zhara	10	13/11/2021
	38.69	L	F	Eden, Sulwe	11	13/11/2021
	38.89	L	F	Aluku, Charity	16	13/11/2021
				-		
	38.90	L	F	Williams, Maya	14	13/11/2021
	38.99	L	F	Ayugi, Erika	16	13/11/2021
*	39.17	L	F	Wandabwa, Helmie	12	13/11/2021
*	39.17	L	F	Didi, Kayla	11	13/11/2021
	39.45	L	F	Frantz, Nyah	12	17/05/2019
	39.48	L	F	Khuweylid, Khadija	10	04/12/2021
	39.62	L	F	Mulambe, Sifa	14	17/05/2019
	39.79	L	F	Ndolo, Natasha	15	17/05/2019
						17/05/2019
	40.06	L	F	Tyler, Martha	14	
	40.06	L	F	Lipere, Darlene	20	13/11/2021
*	40.18	L	F	Opiyo, Angie	13	13/11/2021
*	40.18	L	F	Gahai, Chedeye	12	13/11/2021
	40.26	L	F	Bush, Isobel	14	06/07/2019
	40.27	L	F	Marsh, Mia	11	13/11/2021
	40.38	L	F	Waihura, Candra	14	17/05/2019
	40.42	L	F	Amari, Oyoo	13	17/05/2019
	40.42	L	F	Nzioki, Eliana	13	13/11/2021
	40.58	L	F	Kariuki, Diana	16	13/11/2021
	40.63	L	F	Beer, Nina	12	17/05/2019
	40.64	L	F	Oyaro, Almasi	11	13/11/2021
	40.71	L	F	Havi, Teniola	14	17/05/2019
	40.79	L	F	Njuguna, Noni	11	13/11/2021
	40.80	L	F	Motsoeneng, Kananelo	15	17/05/2019
	40.83	L	F	Chege, Jackie	14	17/05/2019
	40.94	L	F	Taylor, Claudina	13	17/05/2019
			F			
	41.18	L		Njeri, Erin	10	13/11/2021
	41.21	L	F	Ivy, Njeri	13	17/05/2019
	41.22	L	F	Pouakouyou, Michelle	10	13/11/2021
	41.36	L	F	Gitau, Joy	15	17/05/2019
	41.39	L	F	Kinyanjui, Bianca	15	13/11/2021
*	41.57	L	F	Kinyanjui, Maya	11	13/11/2021
*	41.57	L	F	Ndegwa, Melody	15	17/05/2019
	41.60	L	F	Kotut, Chichi	10	13/11/2021
	41.80	L	F	Muthama, Melissa		
					13	17/05/2019
	41.84	L	F	Okoth, Gift	12	17/05/2019
	41.93	L	F	Wangeci, Joy	11	13/11/2021
	42.10	L	F	Wanjiku, Nicole	14	17/05/2019
	42.17	L	F	Nyambura, Jael	11	13/11/2021
	42.22	L	F	Munene, Nadia	11	13/11/2021
	42.28	L	F	Cheruto, Talai	15	17/05/2019
	42.37	L	F	Moora, Shona	18	17/05/2019
			F			
	42.62	L		Mugasa, Lindiwe	15	17/05/2019
	42.67	L	F	Mwale, Zena	10	13/11/2021
	42.81	L	F	Gitau, Wairimu	14	17/05/2019
	42.87	L	F	Kadzo, Amanda	13	17/05/2019
	42.90	L	F	Gitau, Ruby	18	17/05/2019

NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi The Manchester Non National Me Nairobi County Swimming Champ NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) SA Level 2 Regional Age Group Nairobi County Swimming Champi 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) SA Level 2 Regional Age Group 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi

Nairobi County Swimming Champi

42.93	L	F	Mwangi, Monifa	13	17/05/2019
43.10 43.12	L	F	Kaime, Gathoni	10 15	13/11/2021 17/05/2019
43.12	L	F	Kamata, Tanu Mudachi, Mupa	15	13/11/2021
43.27	L	F	Kwame, Adjo	15	17/05/2019
43.28	L	F	Manji, Emaan Salim	13	17/05/2019
43.31 43.43	L	F	Mamujee, Fatema Thami, Denise	14 14	06/07/2019 17/05/2019
43.61	L	F	Mugambi, Ruby	12	13/11/2021
43.62	L	F	Anampiu, Pendo	12	17/05/2019
43.76 43.78	L	F	Ali, Imrana Joy, Marion	13 11	17/05/2019 17/05/2019
43.78	L	F	Mugweru, Faith	11	13/11/2021
44.29	L	F	Maina, Kamwelle	10	17/05/2019
44.34	L	F	Ochieng, Abby	11	17/05/2019
44.34 44.41	L	F	Ngunga, Amara Omabere, Tamara	14 12	17/05/2019 13/11/2021
44.42	L	F	Maruti, Therese	17	17/05/2019
44.56	L	F	Chager, Alisya	13	17/05/2019
44.65 44.78	L	F	Muthui, Erica Oduor, Hayley Ann	13 14	13/11/2021 17/05/2019
44.90	L	F	Muthoni, Joan	14	13/11/2021
44.97	L	F	Gathii, Isabela	11	13/11/2021
45.03	L	F	Chisinde, Kalekye	11	13/11/2021
45.11 45.21	L	F	Kabiru, Olivia Njeri Gituku, Tatenda	14 13	17/05/2019 13/11/2021
45.27	L	F	Chandaria, Aashni	10	17/05/2019
45.30	L	F	Kyla, Phyllis	12	17/05/2019
45.30	L	F	Mulei, Keli	12	17/05/2019
45.66 45.74	L	F	Nambiar, Aparna Nyamusi, Flo	15 13	17/05/2019 13/11/2021
45.91	L	F	Maina, Wanjiru	14	17/05/2019
46.00	L	F	Pouakouyou, Grace	11	13/11/2021
46.03	L	F	Maina, Wanjiku	10	13/11/2021
46.24 46.25	L	F	Ouko, Felica Anayo, Skyler	10 14	17/05/2019 17/05/2019
46.63	L	F	McVey, Molly	12	17/05/2019
46.64	L	F	Amimo, Carla	15	17/05/2019
47.01	L	F	Muema, Natasha	11	13/11/2021
47.02 47.11	L	F	Mwangi, Isabelle Otin, Mardea	11 13	17/05/2019 17/05/2019
47.23	L	F	Gitau, Amy	13	17/05/2019
47.25	L	F	Jael, Nyambura	11	17/05/2019
47.28	L	F	Mutsotso, MaryTess	14	17/05/2019
47.51 47.64	L	F	Karanja, Lucille Hicks, Tusekile	13 11	17/05/2019 17/05/2019
47.69	L	F	Mwaura, amy	11	13/11/2021
47.85	L	F	Mureithi, Wanjiku	11	13/11/2021
48.20	L	F	Jobanputra, Elina	16 11	17/05/2019
48.36 48.58	L	F	Munene, Natalie Moegi, Sharleen	11	13/11/2021 17/05/2019
48.63	L	F	Makau, Mary	21	13/11/2021
49.01	L	F	Namiso, Maya	14	17/05/2019
49.06 49.16	L	F	Sakwa, Lourdes Sanayo, Lavonne	11 14	17/05/2019 17/05/2019
49.10	L	F	Mwihia, Mimi	14	17/05/2019
49.52	L	F	Sirikoi, Amy	13	17/05/2019
49.54	L	F	Mulwa, Neema	11	17/05/2019
49.59 49.70	L	F	Njau, Amani Karuthiru, Nakami	12 11	17/05/2019 17/05/2019
49.91	L	F	Madahana, Samara	12	17/05/2019
50.10	L	F	Kipchumba, Lissette	11	17/05/2019
50.26	L	F	Otieno, Beryl	12	17/05/2019
50.62 50.62	L	F	Chege, Malaika Nyakairu, Lanea	15 11	17/05/2019 17/05/2019
50.76	L	F	Lyoba, Cherop	14	17/05/2019
50.92	L	F	Odula, Chedi	10	13/11/2021
51.20 51.30	L	F	Mworia, Tiffany Marima, Nemavian	15 13	17/05/2019 17/05/2019
51.88	L	F	Marima, Nemayian Mwangi, Elise	13	17/05/2019
51.99	L	F	Ongile, Alicia	11	13/11/2021
52.12	L	F	Princess, Norah	13	17/05/2019
52.18 52.33	L	F	Mukundi, Beverly Oloo, Myra	17 10	17/05/2019 13/11/2021
52.65	L	F	Rugut, Ivy	20	13/11/2021
52.73	L	F	Kidenda, Chantalle Koki	15	17/05/2019
52.95	L	F	Pawar, Samaira	14	17/05/2019
52.98 53.25	L	F	Wafula, Ashley Nellie, Wambui	10 11	17/05/2019 17/05/2019
53.27	L	F	Kasio, Malaika	10	13/11/2021
53.58	L	F	Kiragu, Jasmine	12	17/05/2019
53.60	L	F	Mboya, Noella	13	17/05/2019
53.69 54.13	L	F	Wanjiru, Alyssa Mutai, Imani	14 13	17/05/2019 17/05/2019
54.99	L	F	Koki, Jeanette	13	17/05/2019
55.07	L	F	Tshiula, Chantal	21	13/11/2021
55.20 55.21	L	F	Achuil, Diana Wanyama, Sifa	15 14	17/05/2019
55.21 55.85	L	F	Wanyama, Sifa Vardier, Joyce	14	17/05/2019 17/05/2019
55.99	L	F	Wachira, Eliana	12	17/05/2019
56.22	L	F	Majak, Segen	13	17/05/2019
56.34	L	F	Patel, Naya	13	17/05/2019
56.46 57.30	L	F	Ochieng, Carla Mwangi, Keisha	10 13	13/11/2021 17/05/2019
57.92	L	F	Abby, Gakii	13	17/05/2019
58.24	L	F	Iman, Ogola	11	17/05/2019
58.54 59.26	L	F	Juma Auma, Teresa Megan, Joyce	13 12	17/05/2019 17/05/2019
59.26 59.83	L	F	Nyambura, Vivian	21	17/05/2019
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1:01.53	L	F	Hannah, Rita	12	17/05/2019	Nairobi County Swimming Champi
1:02.66	L	F	Mwongera, Maya	12	17/05/2019	Nairobi County Swimming Champi
1:03.69	L	F	Rita, Njeri	12	17/05/2019	Nairobi County Swimming Champi
1:04.84	L	F	Muthoga, Tabitha	13	17/05/2019	Nairobi County Swimming Champi
1:05.05	L	F	Wacera, Kendra	12	17/05/2019	Nairobi County Swimming Champi
1:05.17 1:07.47	L L	F	Kamunya, Wairimu Kiragu, Faith	10 21	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:07.81	L	F	Hera, Imani	11	17/05/2019	Nairobi County Swimming Champi
1:09.57	L	F	Mworia, Anita	12	17/05/2019	Nairobi County Swimming Champi
1:11.42	L	F	Muriuki, Kaari	11	17/05/2019	Nairobi County Swimming Champi
1:12.66	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi
1:15.29	L	F	Ochieng, Reina	10	17/05/2019	Nairobi County Swimming Champi
1:17.86	L	F	Wangui, Lydia	15	17/05/2019	Nairobi County Swimming Champi
Women 100 Free		_				
57.75	L	F	Muteti, Emily	23 21	15/05/2021	YWSF 2021 Long Course Summer Opener 12th African Games
58.39 1:00.39	L	F	Brunlehner, Maria Ruchti, Lucia	21	21/08/2019 11/09/2019	Africa Junior Championships
1:01.50	L	F	Thorpe, Imara-Bella	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:02.74	L	F	Islam Ali, Lubaina	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:02.97	L	Р	Okumu, Victoria	17	11/09/2019	Africa Junior Championships
1:03.78	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:04.14	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
1:06.74 1:06.91	L	P P	Williams, Angel Omondi, Mya	13 17	07/12/2021 11/04/2019	Western Cape LC-A Championship 2021 v2 2019 KSF Nationals Swimming Trials
1:06.97	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:07.12	L	Р	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:07.32	L	Р	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:08.16	L	F	Wanakai, Lenise	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:08.19	L	P	Hart, Alexandra	13	17/12/2021	Swim Wales Open Winter Championships 2021
1:08.25 1:08.35	L	F	Gore, Reese Langat, Audrey Chebet	15 13	13/11/2021 28/08/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP
1:08.58	L	Р	Islam Ali, Juhaina	13	11/04/2019	2019 KSF Nationals Swimming Trials
1:09.16	L	Р	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:09.19	L	F	Baraka, Angela	18	17/05/2019	Nairobi County Swimming Champi
1:09.26	L	F	Karanu, Wairimu	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:09.48	L	F	Irangi, Nina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:09.60	L	F	Kagwima, Ashley	14	28/11/2019	2019 CANA Zone 3 Championships
1:09.93 1:10.17	L	F	Kalombo, Macrine Onderi, Jade	12 12	13/11/2021 04/12/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:10.38	L	F	Kiragu, Mariam	12	14/12/2019	15th BSSA Nationals
1:10.85	L	P	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
1:10.91	L	F	Pendo, Jasmine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:10.94	L	Р	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:11.18	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.20 1:11.29	L	F	Apsey, Jessica Nanjala, Rebecca	14 15	28/11/2019 28/11/2019	2019 CANA Zone 3 Championships 2019 CANA Zone 3 Championships
1:11.31	L	F	Muriithi, Rachel Michelle	13	27/11/2020	Harare Senior Championships
1:11.70	L	P	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:11.77	L	F	Makau, Nicole	19	28/11/2019	2019 CANA Zone 3 Championships
1:11.98	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
1:12.03	L	F	Chepngetich, Maya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:12.05 1:12.15	L L	F	Mwige, Tugi Hassanali, Ilhaam	15 14	28/08/2021 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
1:12.13	L	F	McAree, Keaira	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:12.45	L	P	Khwidzomina, Mukayagi	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:12.94	L	Р	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:13.00	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:13.22	L	Т	Kamotho, Cheryl	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:13.27 1:13.68	L L	F	Mwasha, Michelle Mwebeiha, Mercedes	17 18	28/08/2021 11/04/2019	2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials
1:13.78	L	F	Maina, Kagure	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:13.87	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.18	L	Р	Nyawira, Kimberly	18	11/04/2019	2019 KSF Nationals Swimming Trials
* 1:14.25	L	F	Kimeto, Sheila	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 1:14.25	L	F	Lwanya, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.27 1:14.98	L	F	Lindkvist, Ruth Wangari Alala, Marion	12 11	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:15.14	L	F	Done, Maisha	14	06/07/2019	The Manchester Non National Me
1:15.17	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
1:16.06	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:16.10	L	F	Kamotho, Christe	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:16.45 1:16.47	L L	F	Ochoro, Xolani Mutinda, Nalwoga	14 10	13/11/2021 28/08/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP
1:16.63	L	F	Irungu, Megan Wanja	10	17/05/2019	Nairobi County Swimming Champi
1:16.78	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
1:16.98	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
1:17.09	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:17.42	L	F	Luchters, Eowyn	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:18.91 1:19.60	L L	P F	Masese, Kwamboka Irungu, Elaine	14 13	11/04/2019 13/11/2021	2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:19.76	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.06	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:20.33	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.34	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.48	L	F	Gikunda, Amani	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:20.60 1:20.79	L L	P F	Shah, Deeya Kidha, Kahina	15 12	03/04/2019 13/11/2021	SA Level 2 Regional Age Group NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.86	L	F	Webber, Aaliyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.30	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.35	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.07	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
1:22.42	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.57 1:22.86	L	F	Gituku, Gail	11	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.86 1:22.91	L	F	Okuku, Muhaji Bailey, Lara	19 13	17/05/2019 13/11/2021	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.95	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMINING CHAMPIONSHIPS (LC)
1:23.23	L	F	Vanam, Daksha	15	17/05/2019	Nairobi County Swimming Champi
1:23.24	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
1:23.28	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

1:23.42	L	P Wambui, E	Imma		03/04/2019	SA Level 2 Regional Age Group
* 1:24.18	L	F Leperes, L	anoi	14	17/05/2019	Nairobi County Swimming Champi
* 1:24.18	L	F Nanji, Nata	asha	15	17/05/2019	Nairobi County Swimming Champi
1:24.49	L	F Mugambi,	Lailah	14	17/05/2019	Nairobi County Swimming Champi
1:24.62	L	F Geteria, W	anjiku	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.63	L	F Wangalwa	, Tracey	14	17/05/2019	Nairobi County Swimming Champi
1:24.75	L	F Kangethe,	Nadia	15	17/05/2019	Nairobi County Swimming Champi
1:24.83	L	F Davies, Th	alia	13	17/05/2019	Nairobi County Swimming Champi
1:25.08	L	F Webber, N	lischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.18	L	F Williams, M	/laya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.19	L	F Oyoo, Abb	a	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.33	L	F Stolarow, I	Mara	14	17/05/2019	Nairobi County Swimming Champi
1:25.35	L	F Wangare,	Virginia	15	17/05/2019	Nairobi County Swimming Champi
1:25.55	L	F Maina, Wa	ngechi	13	17/05/2019	Nairobi County Swimming Champi
1:25.63	L	F Hailey, Yae	el	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.15	L	F Mureithi, H	azel	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:26.59	L	F Oyoo, Ama	ari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.66	L	F Wandabwa	a, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.92	L	F Mamujee,	Umme-Hani	18	06/07/2019	The Manchester Non National Me
1:27.03	L	F Makena, K	yra	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.24	L	F Swai, Zhar			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.78	L	F Maruti, The		13	17/05/2019	Nairobi County Swimming Champi
1:28.39	L	F Maina, Kar		10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:28.40	L	F MACHARI			17/05/2019	Nairobi County Swimming Champi
1:28.81	L	F Ombega, I			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.18	L	F Irungu, Mic			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.16	L	F Moegi, Sha			17/05/2019	Nairobi County Swimming Champi
1:30.46	L	F Omoro, Sa			17/05/2019	Nairobi County Swimming Champi
1:30.47	L	F Maruti, Trir			17/05/2019	Nairobi County Swimming Champi
1:30.80	L	F Kemunto,			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.86	L	F Opiyo, Ang			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.93	L	F Kamau, Aa			17/05/2019	Nairobi County Swimming Champi
1:30.95	L	F Ndegwa, N			17/05/2019	Nairobi County Swimming Champi
1:31.06	L	F Marsh, Mia			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	L	F Choda, Sir			13/11/2021	NCAA INVITATIONAL SWIMINING CHAMPIONSHIPS (LC)
1:31.08 1:31.15	L				13/11/2021	
						NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.36	L	F Waihura, C			17/05/2019	Nairobi County Swimming Champi
1:31.58	L	F Amari, Oyo			17/05/2019	Nairobi County Swimming Champi
1:31.71	L	F Gahai, Che	edeye		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:31.75	L	F Njeri, Erin			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:31.75	L	F Njagi, Sylv			17/05/2019	Nairobi County Swimming Champi
1:31.81	L	F Didi, Kayla		11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.32	L	F Kadzo, Am	landa	13	17/05/2019	Nairobi County Swimming Champi
1:32.85	L	F Nyambura		14	17/05/2019	Nairobi County Swimming Champi
1:33.72	L	F Sheikh, An	nina	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:34.21	L	F Mulambe,	Sifa	14	17/05/2019	Nairobi County Swimming Champi
1:34.50	L	F Anampiu, I	Pendo	12	17/05/2019	Nairobi County Swimming Champi
1:34.53	L	F Warui, Aria	ana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.72	L	F Nyangena	Lisa	10	17/05/2019	Nairobi County Swimming Champi
1:34.99	L	F Cheruto, T			17/05/2019	Nairobi County Swimming Champi
1:35.44	L		ng, Kananelo		17/05/2019	Nairobi County Swimming Champi
1:35.75	L	F Mugo, Zav			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.30	L	F Beer, Nina			06/07/2019	The Manchester Non National Me
1:36.79	L	F Okoth, Gift			17/05/2019	Nairobi County Swimming Champi
1:36.99	L	F Njau, Ama			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
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1:38.04					17/05/2019	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.34	L	F Nzioki, Elia			13/11/2021	
1:38.36	L	F Mugambi,			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.53	L	F Kwame, A	,		17/05/2019	Nairobi County Swimming Champi
1:38.80	L	F Maruti, The			17/05/2019	Nairobi County Swimming Champi
1:38.82	L	F Nyambura	, Jael		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.93	L	F Taylor, Cla			17/05/2019	Nairobi County Swimming Champi
* 1:39.21	L	F Kimani, Kir	nberiy		17/05/2019	Nairobi County Swimming Champi
* 1:39.21	L	F Ivy, Njeri			17/05/2019	Nairobi County Swimming Champi
1:39.58	L	F Kaime, Ga			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.99	L	F Sadavarte			17/05/2019	Nairobi County Swimming Champi
1:40.00	L	F Ochieng, A			17/05/2019	Nairobi County Swimming Champi
1:40.05	L	F Mudachi, M			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.23	L	F Kotut, Chic			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.34	L	F Nambiar, A			17/05/2019	Nairobi County Swimming Champi
1:40.75	L		ou, Michelle		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.17	L	F Chisinde, F			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.34	L	F Havi, Tenio			17/05/2019	Nairobi County Swimming Champi
1:41.89	L	F Eden, Sulv			17/05/2019	Nairobi County Swimming Champi
1:42.13	L	F Awiti, Hawi		11	17/05/2019	Nairobi County Swimming Champi
1:42.78			Waihuini		17/05/2019	Nairobi County Swimming Champi
1:43.17	L	F Wainaina,		16		
	L	F Wainaina, F Amimo, Ca	aria	16	17/05/2019	Nairobi County Swimming Champi
1:43.47				16 15	17/05/2019 17/05/2019	
	L	F Amimo, Ca	nise	16 15 14		Nairobi County Swimming Champi
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1:50.09	L	F	Mutegi, Rose	23	13/11/2021
1:50.37	L	F	Mulei, Keli	12	17/05/2019
1:50.94	L	F	Ouko, Felica	10	17/05/2019
1:50.95	L	F	Mworia, Tiffany	15	17/05/2019
1:51.23	L	F	Kanyange, Stephanie	14	17/05/2019
1:51.31	L	F	Odula, Chedi	10	13/11/2021
1:51.45	L	F	Karanja, Lucille	13	17/05/2019
1:51.62	L	F	Chager, Alisya	13	17/05/2019
1:52.18	L	F	Muthoni, Joan	10	13/11/2021
1:52.33	L	F	Makau, Mary	21	13/11/2021
1:54.59	L	F		11	17/05/2019
		F	Mwangi, Isabelle	14	
1:54.88	L		Sanayo, Lavonne		17/05/2019
1:54.94	L	F	McVey, Molly	12	17/05/2019
1:55.64	L	F	Anayo, Skyler	14	17/05/2019
1:56.04	L	F	Marima, Nemayian	13	17/05/2019
1:56.65	L	F	Mulwa, Neema	11	17/05/2019
1:56.83	L	F	Mwangi, Elise	12	17/05/2019
1:57.14	L	F	Namiso, Maya	14	17/05/2019
1:58.02	L	F	Kiragu, Jasmine	12	17/05/2019
1:58.48	L	F	Sakwa, Lourdes	11	17/05/2019
2:00.54	L	F	Karuthiru, Nakami	11	17/05/2019
2:00.67	L	F	Madahana, Samara	12	17/05/2019
2:01.47	L	F	Nyamika, Colleen	14	17/05/2019
2:02.08	L	F	Nyaseme, Amari	12	17/05/2019
2:02.97	L	F	Wendot, Sharon	12	17/05/2019
2:03.05	L	F	Rugut, Ivy	20	13/11/2021
2:03.61	L	F	Sirikoi, Amy	13	17/05/2019
2:04.04	L	F	Mutai, Imani	13	17/05/2019
2:06.41	L	F	Wangeci, Joy	11	17/05/2019
	L	F		12	
2:07.38		F	Otieno, Beryl		17/05/2019
2:08.72	L		Majak, Segen	13	17/05/2019
2:08.78	L	F	Musima, Petra Shihavi	10	17/05/2019
2:10.65	L	F	Pawar, Samaira	14	17/05/2019
2:11.38	L	F	Mboya, Noella	13	17/05/2019
2:11.60	L	F	Wachira, Eliana	12	17/05/2019
2:12.00	L	F	Wanyama, Sifa	14	17/05/2019
2:14.14	L	F	Iman, Ogola	11	17/05/2019
2:15.75	L	F	Achuil, Diana	15	17/05/2019
2:17.28	L	F	Okoyo, Anita	18	17/05/2019
2:22.11	L	F	Hannah, Rita	12	17/05/2019
2:30.87	L	F	Muthoga, Tabitha	13	17/05/2019
2:32.11	L	F	Wacera, Kendra	12	17/05/2019
2:34.49	L	F	Kaluve, Tara	12	17/05/2019
2:45.57	L	F	Lusenaka, Natalie	12	17/05/2019
			Eusenana, Natalie	12	11100/2010
Vomen 200 Free					
2:13.68	L	Р	Thorpe, Imara-Bella	21	21/08/2019
2:15.73	L	Ρ	Ruchti, Lucia	18	11/09/2019
2:16.19	L	F	Islam Ali, Lubaina	16	11/10/2021
2:17.93	L	F	Okumu, Victoria	17	11/04/2019
2:22.43	L	F	Jamal, Bianca	14	29/01/2022
2:24.16	L	F	Kimani, Jasmin	18	28/08/2021
2:24.16 2:24.48	L L	F P	Kimani, Jasmin Williams, Angel	18 13	28/08/2021 07/12/2021
2:24.48	L		Williams, Angel	13	
2:24.48 2:27.75	L	P P	Williams, Angel Okumu, Virginia	13 21	07/12/2021 11/04/2019
2:24.48 2:27.75 2:27.96	L L L	P P F	Williams, Angel Okumu, Virginia Hart, Alexandra	13 21 13	07/12/2021 11/04/2019 22/01/2022
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2:24.48 2:27.75 2:27.96 2:28.05 2:29.38 2:29.72 2:30.09	L L L L L	P F F F F	Williams, Angel Okumu, Virginia Hart, Alexandra Omondi, Mya Baker, Niamh Bagha, Nurayn Islam Ali, Juhaina	13 21 13 17 19 17 19	07/12/2021 11/04/2019 22/01/2022 11/04/2019 11/04/2019 11/04/2019 28/11/2019
2:24.48 2:27.75 2:27.96 2:28.05 2:29.38 2:29.72 2:30.09 2:30.57	L L L L L L	P F F F F F	Williams, Angel Okumu, Virginia Hart, Alexandra Omondi, Mya Baker, Niamh Bagha, Nurayn Islam Ali, Juhaina Gore, Reese	13 21 13 17 19 17 19 15	07/12/2021 11/04/2019 22/01/2022 11/04/2019 11/04/2019 11/04/2019 28/11/2019 28/11/2019
2:24.48 2:27.75 2:27.96 2:28.05 2:29.38 2:29.72 2:30.09 2:30.57 2:32.07	L L L L L L L	P F F F F F F	Williams, Angel Okumu, Virginia Hart, Alexandra Omondi, Mya Baker, Niamh Bagha, Nurayn Islam Ali, Juhaina Gore, Reese Kagwima, Ashley	13 21 13 17 19 17 19 15 14	07/12/2021 11/04/2019 22/01/2022 11/04/2019 11/04/2019 11/04/2019 28/11/2019 13/11/2021
2:24.48 2:27.75 2:27.96 2:28.05 2:29.38 2:29.72 2:30.09 2:30.57 2:32.07 2:32.07 2:33.78	L L L L L L L L	P F F F F F F F	Williams, Angel Okumu, Virginia Hart, Alexandra Omondi, Mya Baker, Niamh Bagha, Nurayn Islam Ali, Juhaina Gore, Reese Kagwima, Ashley Mwige, Tugi	13 21 13 17 19 17 19 15 14 15	07/12/2021 11/04/2019 22/01/2022 11/04/2019 11/04/2019 28/11/2019 13/11/2021 13/11/2021 28/08/2021
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3:01.48	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.94	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
3:02.23	L	F	Mwasha, Michelle	17	17/05/2019	Nairobi County Swimming Champi
3:03.78	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:03.97 3:05.77	L	F	Kabugo, Makayla Bush, Isobel	12 14	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:05.82	L	F	Omoro, Saniyah	14	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
3:07.01	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
3:07.91	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:08.26	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:08.95	L	F	Nanji, Natasha	15	17/05/2019	Nairobi County Swimming Champi
3:09.24	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:09.82	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:12.21	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
3:14.45	L	F	Makena, Kyra	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:15.79 3:16.10	L	F	Ombega, Kelsey Oyoo, Amari	11 13	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:16.38	L	F	Mureithi, Hazel	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:16.59	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:17.17	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
3:18.24	L	F	Eden, Sulwe	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.08	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
3:20.20	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.34	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.55	L	F	Nyangena, Lisa	10	17/05/2019	Nairobi County Swimming Champi
3:25.10	L	F	Oyaro, Almasi Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:25.35 3:26.64	L	F	Anampiu, Pendo	11 12	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
3:28.45	L	F	Musengi, Savannah	12	17/05/2019	Nairobi County Swimming Champi
3:28.89	L	F	Beer, Nina	12	06/07/2019	The Manchester Non National Me
3:33.85	L	F	Njagi, Sylvia	15	17/05/2019	Nairobi County Swimming Champi
3:35.21	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
3:36.81	L	F	Motsoeneng, Kananelo	15	17/05/2019	Nairobi County Swimming Champi
3:41.34	L	F	Wangeci, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:42.90	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
3:44.37	L	F	Mudachi, Mupa	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:49.04	L	F	Njuguna, Noni	11	17/05/2019	Nairobi County Swimming Champi
3:49.87	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
3:50.46	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
3:52.25	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
3:59.10	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
4:07.27	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
4:10.03	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:10.09 4:16.71	L	F	Havi, Teniola Mwangi, Elise	14 12	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
4:18.86	L	F	Jael, Nyambura	12	17/05/2019	Nairobi County Swimming Champi
4:19.40	L	F	Maina, Kamwelle	10	17/05/2019	Nairobi County Swimming Champi
4:25.90	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
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Women 400 Fr 4:52.42	L	F	lolom Ali Luboino	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
4:54.24	L	P	Islam Ali, Lubaina Okumu, Victoria	17	11/09/2019	Africa Junior Championships
4:57.85	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
4:59.41	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:03.13	L	F	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
5:08.18	L	F	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
5:16.52	L	Р	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
		-	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
5:16.65	L	F	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
5:16.65 5:17.02	L L	F	Dealer Museum			
			Bagha, Nurayn	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:17.02	L	P F F	Tripathee, Aagya	17 16	13/11/2021 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:17.02 5:21.15 5:25.81 5:26.70	L L L	P F F	Tripathee, Aagya Gore, Reese	16 15	28/08/2021 13/11/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44	L L L L	P F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig	16 15 14	28/08/2021 13/11/2021 13/11/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44 5:31.85	L L L L L	P F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig Kagwima, Ashley	16 15 14 14	28/08/2021 13/11/2021 13/11/2021 13/11/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44 5:31.85 5:38.62	L L L L L	P F F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig Kagwima, Ashley Kiragu, Mariam	16 15 14 14 15	28/08/2021 13/11/2021 13/11/2021 13/11/2021 14/12/2019	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIIMMING CHAMPIONSHIPS (LC) 15th BSSA Nationals
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44 5:31.85 5:38.62 5:41.23		P F F F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig Kagwima, Ashley Kiragu, Mariam Echessah, Axela	16 15 14 14 15 17	28/08/2021 13/11/2021 13/11/2021 13/11/2021 14/12/2019 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 15th BSSA Nationals 2021 KSF NATIONAL CHAMPIONSHIP
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44 5:31.85 5:38.62 5:41.23 5:42.21		P F F F F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig Kagwima, Ashley Kiragu, Mariam Echessah, Axela Mwasha, Maria	16 15 14 14 15 17 15	28/08/2021 13/11/2021 13/11/2021 13/11/2021 14/12/2019 28/08/2021 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVTTATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVTATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 15th BSSA Nationals 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44 5:31.85 5:38.62 5:41.23 5:44.23 5:44.29		P F F F F F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig Kagwima, Ashley Kiragu, Mariam Echessah, Axela Mwasha, Maria Omoro, Saniyah	16 15 14 14 15 17 15 15	28/08/2021 13/11/2021 13/11/2021 13/11/2021 14/12/2019 28/08/2021 28/08/2021 13/11/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 15th BSSA Nationals 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:17.02 5:21.15 5:25.81 5:26.70 5:27.44 5:31.85 5:38.62 5:41.23 5:42.21		P F F F F F F	Tripathee, Aagya Gore, Reese Lycke, Hedvig Kagwima, Ashley Kiragu, Mariam Echessah, Axela Mwasha, Maria	16 15 14 14 15 17 15	28/08/2021 13/11/2021 13/11/2021 13/11/2021 14/12/2019 28/08/2021 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVTTATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVTATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 15th BSSA Nationals 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
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11:01.76	L	F	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
11:10.86	L	F	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
11:12.91	L	F	Kiragu, Mariam	15	22/11/2019	14th UB Gala 2019
11:12.92	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11:19.70	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11:20.99	L	F	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
11:28.88	L	F	Tripathee, Aagya	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
11:36.39	L	F	Kagwima, Ashley	14	11/04/2019	2019 KSF Nationals Swimming Trials
11:40.55	L	F	Mawira, Serah Makenna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12:17.71	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12:19.72	L	F	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
12:31.65	L	F	Irungu, Megan Wanja	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12:48.62	L	F	Mwasha, Maria	15	11/04/2019	2019 KSF Nationals Swimming Trials
13:02.69	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
13:08.33	L	F	Umi Njeri, Josette	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:23.48	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:32.51	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:48.98	L	F	Masese, Kwamboka	14	17/05/2019	Nairobi County Swimming Champi
14:06.40	Ē	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14:14.89	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
	L	F	Rotich, Maya Chepngetich			
14:32.78 16:16.15	L	F		15	11/04/2019 13/11/2021	2019 KSF Nationals Swimming Trials
		F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
Women 1500 F	Free					
19:34.13	L	F	Islam Ali, Lubaina	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
20:06.02	L	F	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
20:23.80	L	F	Okumu, Victoria	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
20:48.04	L	F	Williams, Angel	13	30/10/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021
21:17.40	L	F	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
22:28.12	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
22:38.91	L	F	Mawira, Serah Makenna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
22:47.72	L	F	Kagwima, Ashley	14	17/05/2019	Nairobi County Swimming Champi
23:27.33	L	F	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
23:40.15	L	F	Tripathee, Aagya	16	11/04/2019	2019 KSF Nationals Swimming Trials
23:44.21	L	F	Irungu, Megan Wanja	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24:25.13	L	F	Umi Njeri, Josette	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	L	F			13/11/2021	
24:55.43			Aseka Ayako, Ivy	11		NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25:21.39	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
25:35.46	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:40.35	L	F	Masese, Kwamboka	14	11/04/2019	2019 KSF Nationals Swimming Trials
30:02.22	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
Women 50 Bac	ck					
30.53	L	F	Brunlehner, Sylvia	28	21/08/2019	12th African Games
32.01	L	Р	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
34.33	L	F	Jamal, Bianca	14	16/01/2022	City of Derby 18th Level 1 Long Course
34.61	L	F	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
34.73	L	F	Okumu, Victoria	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.81	L	F	Mwige, Gakenia	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.37	L	P	Hart, Alexandra	13	17/12/2021	Swim Wales Open Winter Championships 2021
	L	P		13		
* 35.47		F	Omondi, Mya		11/09/2019	Africa Junior Championships
* 35.47	L		Mwebeiha, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials
35.79	L	P	Wanakai, Lenise	16	11/09/2019	Africa Junior Championships
36.19	L	F	Karia, Riva	19	28/11/2019	2019 CANA Zone 3 Championships
36.31	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.56	L	Р	Williams, Angel	13	15/12/2020	Western Cape Long Course Championships 2020
36.63	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.67	L	F	Maye, Kenda	17	28/11/2019	2019 CANA Zone 3 Championships
36.76	L	F	Kiragu, Mariam	15	30/10/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021
36.95	L	F	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
37.23	L	Р	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
37.27	L	F	Shah, Rianna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.42	L	F	Kagwima, Ashley	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.57	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.60	L	F	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
37.75	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.86	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.87	L	Р	Nyamu, Wema	16	11/04/2019	2019 KSF Nationals Swimming Trials
37.89	L	F	Karanu, Wairimu	14	11/04/2019	2019 KSF Nationals Swimming Trials
37.93	L	F	Muriithi, Rachel Michelle	17	27/11/2020	Harare Senior Championships
38.08	L	F	Apsey, Jessica	14	17/05/2019	Nairobi County Swimming Champi
38.14	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
38.24	L	F	Makau, Nicole	19	17/05/2019	Nairobi County Swimming Champi
38.28	L	F	Karani, Kario	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
38.40	L	F	Nanjala, Rebecca	15	28/11/2019	2019 CANA Zone 3 Championships
38.53	L	F	Irungu, Erica Wangechi	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.59	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.11	L	F	Maina, Kagure	13	17/05/2019	Nairobi County Swimming Champi
39.16	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	L	F	Kimeto, Sheila	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.23		F	Kalombo, Macrine			
39.29	L	F	Kalombo, Macrine McAree, Keaira	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.80		F		13	04/12/2021 17/05/2019	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.84	L	P	Tripathee, Aagya	16		Nairobi County Swimming Champi
39.92	L		Baraka, Angela	18	11/04/2019	2019 KSF Nationals Swimming Trials
40.27	L	F	Nyakundi, Joan	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.38			Luchters, Eowyn	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	L	F		14	11/04/2019	2019 KSF Nationals Swimming Trials
40.48	L	Р	Done, Maisha			
40.58	L L	P F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58 40.77	L L L	P F F	Alala, Marion Shavdia, Kreeshi	11 17	28/11/2019	2019 CANA Zone 3 Championships
40.58 40.77 41.12	L L L	P F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah	11 17 12	28/11/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58 40.77 41.12 41.27	L L L L	P F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja	11 17 12 17	28/11/2019 13/11/2021 17/05/2019	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
40.58 40.77 41.12 41.27 41.35	L L L	P F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen	11 17 12	28/11/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi
40.58 40.77 41.12 41.27	L L L L	P F F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja	11 17 12 17	28/11/2019 13/11/2021 17/05/2019	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
40.58 40.77 41.12 41.27 41.35	L L L L	P F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen	11 17 12 17 17	28/11/2019 13/11/2021 17/05/2019 17/05/2019	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi
40.58 40.77 41.12 41.27 41.35 41.80	L L L L L	P F F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah	11 17 12 17 17 17	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NGAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58 40.77 41.12 41.27 41.35 41.80 42.29	L L L L L L	P F F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah Nanji, Natasha	11 17 12 17 17 14 15	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 06/07/2019	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me
40.58 40.77 41.12 41.27 41.35 41.80 42.29 42.46	L L L L L L	P F F F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah Nanji, Natasha Kittony, Stacy Jerop	11 17 12 17 17 17 14 15 15	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 06/07/2019 17/05/2019	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me Nairobi County Swimming Champi
40.58 40.77 41.12 41.27 41.35 41.80 42.29 42.46 42.59		P F F F F F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah Nanji, Natasha Kittony, Stacy Jerop Childs, Jeanette	11 17 12 17 17 14 15 15 15	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 06/07/2019 17/05/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58 40.77 41.12 41.27 41.35 41.80 42.29 42.46 42.59 42.67 42.69		P F F F F F F F F P	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah Nanji, Natasha Kittony, Stacy Jerop Childs, Jeanette Ssuna, Antisha Kingatua, Amana	11 17 12 17 17 14 15 15 15 10 10	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 06/07/2019 13/11/2021 13/11/2021 11/04/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58 40.77 41.12 41.27 41.35 41.80 42.29 42.46 42.59 42.67 42.69 42.91		6	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah Nanji, Natasha Kittony, Stacy Jerop Childs, Jeanette Ssuna, Antisha Kingatua, Amana Kumon, Manna	11 17 12 17 17 14 15 15 10 14 13 13 15	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 06/07/2019 17/05/2019 13/12021 13/12021 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58 40.77 41.12 41.27 41.35 41.80 42.29 42.46 42.59 42.67 42.69		P F F F F F F F F F F F F	Alala, Marion Shavdia, Kreeshi Omoro, Saniyah Irungu, Megan Wanja Kuria, Joeleen Webber, Aaliyah Nanji, Natasha Kittony, Stacy Jerop Childs, Jeanette Ssuna, Antisha Kingatua, Amana	11 17 12 17 17 14 15 15 10 10 14 13	28/11/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 06/07/2019 13/11/2021 13/11/2021 11/04/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

43.02	L	F	14/302	14	13/11/2021
42.00	L	F	Williams, Maya	14	
43.06	-		Mugambi, Lailah		17/05/2019
43.08	L	F	Mwasha, Maria	15	17/05/2019
43.19	L	Ρ	Karanja, Cynthia	15	11/04/2019
43.24	L	F	Davies, Thalia	13	17/05/2019
43.52	L	F	Bailey, Lara	13	28/08/2021
43.60	L	F	Mwasha, Michelle	17	17/05/2019
43.72	L	F	Ondieki, Stephanie	26	13/11/2021
43.73	L	F	Makena, Kyra	14	17/05/2019
43.83	L	F	Mugo, Zaveria	13	13/11/2021
43.87	L	F	Okoyo, Anita	18	17/05/2019
44.27	L	F	Mayende, Elizabeth	14	17/05/2019
	-	F	-		
44.39	L		Vanam, Daksha	15	17/05/2019
44.46	L	F	Oyoo, Abba	11	13/11/2021
44.52	L	F	Njuguna, Noni	11	13/11/2021
44.67	L	F	MACHARIA, Michelle	15	17/05/2019
44.77	L	F	Kimani, Kimberly	11	13/11/2021
44.79	L	F	Webber, Mischa	12	13/11/2021
44.84	L	F	Von Kleist-Schoen, Helena	15	17/05/2019
45.17	L	F	Mulemi, Sidney	15	17/05/2019
45.23	L	F	Irungu, Michelle	14	13/11/2021
45.35	L	F	Nuru, Azu	12	13/11/2021
45.40	L	F	Hunja, Makena	11	13/11/2021
		F	-		
45.56	L		Kipchumbah, Lissette	12	13/11/2021
45.65	L	F	Hailey, Yael	15	13/11/2021
45.74	L	F	Leboy, Vahkenah	11	13/11/2021
45.89	L	F	Oyoo, Amari	13	13/11/2021
46.21	L	F	Kahinju, Nissi	10	04/12/2021
46.37	L	F	Kemunto, Malia	11	13/11/2021
46.56	L	F	Wandabwa, Helmie	12	13/11/2021
46.57	L	F	Bush, Isobel	14	06/07/2019
46.59	L	F	Mamujee, Umme-Hani	18	06/07/2019
46.61	L	F	Maina, Wangechi	13	17/05/2019
46.64	L	F	Stolarow, Mara	14	17/05/2019
46.68	L	F	Kazziha, Laila	14	17/05/2019
46.81	L	Р	Wambui, Emma	14	03/04/2019
46.86	L	F	Kidha, Kahina	12	13/11/2021
47.01	L	F	Beer, Nina	12	06/07/2019
47.17	L	F	Musengi, Savannah	13	13/11/2021
47.35	L	F	Irangi, Nina	12	17/05/2019
47.38	L	F	Choda, Simran	11	13/11/2021
	L	F			
47.55	-		Kendi, Joy	17	17/05/2019
47.60	L	F	Leperes, Lanoi	14	17/05/2019
47.72	L	F	Kafuto, Ivy	13	13/11/2021
47.87	L	F	Swai, Zhara	10	13/11/2021
47.95	L	F	Nyangena, Lisa	10	17/05/2019
47.96	L	F	Ndegwa, Melody	15	17/05/2019
48.21	L	F	Motsoeneng, Kananelo	15	17/05/2019
48.28	L	F	Nyambura, Jael	11	13/11/2021
48.53	L	F	Warui, Ariana	11	13/11/2021
48.69	L	F	Ndungu, Rachaelneema	16	17/05/2019
	L	F			
48.81	-		Aluku, Charity	16	13/11/2021
48.83	L	F	Ombega, Kelsey	11	13/11/2021
48.96	L	F	Marsh, Mia	11	13/11/2021
48.97	L	F	Mwanzia, Zareena	12	13/11/2021
48.98	L	F	Eden, Sulwe	11	13/11/2021
49.06	L	F	Kamotho, Christe	11	17/05/2019
49.22	L	F	Geteria, Wanjiku	13	13/11/2021
49.60	L	F	Kamau, Aaralynne	16	17/05/2019
49.74	L	F	Muthama, Melissa	13	17/05/2019
49.79	L	F	Gituku, Tatenda	13	13/11/2021
49.80	L	F		10	13/11/2021
	-		Pouakouyou, Michelle		
49.93	L	F	Kinyanjui, Thami	14	13/11/2021
50.11	L	F			
50.44	L		Sadavarte, Kuhi	14	17/05/2019
50.53		F	Taylor, Claudina	13	17/05/2019
	L	F F			
50.63	L L	F	Taylor, Claudina	13	17/05/2019
50.63 50.64		F F F	Taylor, Claudina Kanogo, Winnie	13 20	17/05/2019 17/05/2019
	L	F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye	13 20 12	17/05/2019 17/05/2019 13/11/2021
50.64	L L	F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo	13 20 12 13	17/05/2019 17/05/2019 13/11/2021 17/05/2019
50.64 50.73	L L L	F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy	13 20 12 13 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019
50.64 50.73 50.77	L L L	F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia	13 20 12 13 15 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019
50.64 50.73 50.77 50.84 50.85	L L L L	F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana	13 20 12 13 15 15 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019
50.64 50.73 50.77 50.84 50.85 51.01	L L L L L	F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra	13 20 12 13 15 15 13 13 14	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019
50.64 50.73 50.77 50.84 50.85 51.01 51.68		F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya	13 20 12 13 15 15 13 13 13 14 11	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/05/2019 13/11/2021
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83	L L L L L L	F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru	13 20 12 13 15 13 13 13 14 11	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 13/11/2021 13/11/2021
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24	L L L L L L L	F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Ivy, Njeri	13 20 12 13 15 13 13 14 11 11 13	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 13/11/2021 17/05/2019
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24 52.47	L L L L L L L L	F F F F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Iyy, Njeri	13 20 12 13 15 13 13 13 14 11 11 13 16	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 13/11/2021
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24	L L L L L L L	F F F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Iyy, Njeri Ochanda, Abigail Wangeci, Joy	13 20 12 13 15 13 13 14 11 11 13	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 13/11/2021 17/05/2019
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24 52.47	L L L L L L L L L L	F F F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Ivy, Njeri Ochanda, Abigail Wangeci, Joy	13 20 12 13 15 13 13 13 14 11 11 13 16	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 13/11/2021
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24 52.24 52.47 52.52	L L L L L L L L L	F F F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Iyy, Njeri Ochanda, Abigail Wangeci, Joy	13 20 12 13 15 13 13 14 11 13 16 11	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24 52.47 52.52 52.59	L L L L L L L L L L	F F F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Ivy, Njeri Ochanda, Abigail Wangeci, Joy	13 20 12 13 15 13 13 14 11 11 13 16 11	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021
50.64 50.73 50.77 50.84 50.85 51.01 51.68 51.83 52.24 52.47 52.52 52.59 52.67	L L L L L L L L L L	F F F F F F F F F F F F F	Taylor, Claudina Kanogo, Winnie Gahai, Chedeye Amari, Oyoo Gitau, Joy Njagi, Sylvia Opiyo, Angie Ali, Imrana Waihura, Candra Kinyanjui, Maya Mwangi, Wanjiru Ivy, Njeri Ochanda, Abigail Wangeci, Joy Gitau, Wairimu Oyaro, Almasi	13 20 12 13 15 13 13 14 11 13 16 11 14 11	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021
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54.51	L	F	Mamujee, Fatema	14	06/07/2019	The Manchester Non National Me
54.57	L	F	Omabere, Tamara	14	13/11/2021	NCAA INVITATIONAL SWIMMING C
54.75	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
55.04	L	F	Chege, Jackie	14	17/05/2019	Nairobi County Swimming Champi
55.43	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
55.47	L	F	Lopez, Rafaela	11	13/11/2021	NCAA INVITATIONAL SWIMMING C
55.58	L	F	Mugweru, Faith	11	13/11/2021	NCAA INVITATIONAL SWIMMING C
55.59	L	F	Gitau, Ruby	18	17/05/2019	Nairobi County Swimming Champi
55.63 55.77	L	F	Jael, Nyambura Mulei, Keli	11 12	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
56.24	L	F	Muthui, Erica	12	13/11/2021	NCAA INVITATIONAL SWIMMING C
56.37	L	F	McVey, Molly	12	17/05/2019	Nairobi County Swimming Champi
56.77	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING C
56.79	L	F	Maina, Kamwelle	10	17/05/2019	Nairobi County Swimming Champi
57.22	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
57.35	L	F	Chisinde, Kalekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING C
57.70	L	F	Okoth, Gift	12	17/05/2019	Nairobi County Swimming Champi
57.92	L	F	Mukundi, Beverly	17	17/05/2019	Nairobi County Swimming Champi
* 58.09 * 58.09	L	F	Sekento, Jessica Nyakairu, Lanea	14 11	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
58.13	L	F	Munene, Nadia	11	13/11/2021	NCAA INVITATIONAL SWIMMING C
58.25	L	F	Nyamika, Colleen	14	17/05/2019	Nairobi County Swimming Champi
58.55	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
58.91	L	F	Aseka Ayako, Ivy	11	17/05/2019	Nairobi County Swimming Champi
59.06	L	F	Kasio, Malaika	10	13/11/2021	NCAA INVITATIONAL SWIMMING C
59.15	L	F	Kanyange, Stephanie	14	17/05/2019	Nairobi County Swimming Champi
59.29	L	F	Njau, Zawadi	12	17/05/2019	Nairobi County Swimming Champi
59.59	L	F	Mwangi, Isabelle	11	17/05/2019	Nairobi County Swimming Champi
59.83	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
59.88	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING C
1:00.32	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
1:00.53	L	F	Princess, Norah	13	17/05/2019	Nairobi County Swimming Champi
1:00.57	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING C
1:00.67	L	F	Ouko, Felica	10	17/05/2019 13/11/2021	Nairobi County Swimming Champi
1:00.94 1:01.07	L	F	Pouakouyou, Grace Sirikoi, Amy	11 13	17/05/2019	NCAA INVITATIONAL SWIMMING C Nairobi County Swimming Champi
1:01.60	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING C
1:01.95	L	F	Nyaseme, Amari	12	17/05/2019	Nairobi County Swimming Champi
1:01.99	L	F	Njau, Amani	12	17/05/2019	Nairobi County Swimming Champi
1:02.16	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
1:02.83	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
1:02.99	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
1:03.19	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
1:03.31	L	F	Nzioki, Eliana	11	17/05/2019	Nairobi County Swimming Champi
1:03.67	L	F	Wendot, Sharon	12	17/05/2019	Nairobi County Swimming Champi
1:04.12	L	F	Wainaina, Waihuini	16	17/05/2019	Nairobi County Swimming Champi
1:04.19	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
1:04.23	L	F	Munene, Natalie	11	13/11/2021	NCAA INVITATIONAL SWIMMING C
1:05.17	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
1:05.31	L	F	Kiragu, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
1:05.43	L	F	Wachira, Eliana	12 13	17/05/2019	Nairobi County Swimming Champi
1:06.15 1:06.28	L	F	Patel, Naya Iman, Ogola	13	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:07.04	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
1:07.13	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
1:08.31	L	F	Pawar, Samaira	14	17/05/2019	Nairobi County Swimming Champi
1:08.54	L	F	Mworia, Tiffany	15	17/05/2019	Nairobi County Swimming Champi
1:09.18	L	F	Mulwa, Neema	11	17/05/2019	Nairobi County Swimming Champi
1:09.39	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
1:10.21	L	F	Wanjiru, Alyssa	14	17/05/2019	Nairobi County Swimming Champi
1:10.43	L	F	Nyambura, Vivian	21	17/05/2019	Nairobi County Swimming Champi
* 1:10.74	L	F	Engufu, Christine	24	17/05/2019	Nairobi County Swimming Champi
* 1:10.74	L	F	Musima, Petra Shihavi	10	17/05/2019	Nairobi County Swimming Champi
1:10.87	L	F	Vardier, Joyce	11	17/05/2019	Nairobi County Swimming Champi
1:11.38	L	F	Mutegi, Rose Rita, Njeri	23	13/11/2021	NCAA INVITATIONAL SWIMMING C Nairobi County Swimming Champi
1:11.74 1:11.86	L	F	Lyoba, Cherop	12 14	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:12.37	L	F	Chege, Winne Mukami	22	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:13.21	L	F	Koki, Jeanette	13	17/05/2019	Nairobi County Swimming Champi
1:15.12	L	F	Hannah, Rita	12	17/05/2019	Nairobi County Swimming Champi
1:15.69	L	F	Kaluve, Tara	12	17/05/2019	Nairobi County Swimming Champi
1:15.82	L	F	Wacera, Kendra	12	17/05/2019	Nairobi County Swimming Champi
1:16.74	L	F	Mworia, Anita	12	17/05/2019	Nairobi County Swimming Champi
1:17.05	L	F	Muriuki, Kaari	11	17/05/2019	Nairobi County Swimming Champi
1:18.38	L	F	Kamunya, Wairimu	10	17/05/2019	Nairobi County Swimming Champi
1:18.40	L	F	Kiragu, Faith	21	17/05/2019	Nairobi County Swimming Champi
1:19.10	L	F	Mwongera, Maya	12	17/05/2019	Nairobi County Swimming Champi
1:19.50	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi
1:29.77	L	F	Shikoh, Shelmith	14	17/05/2019	Nairobi County Swimming Champi
1:38.82	L	F	Kalondu, Beatrice Ochieng, Reina	20 10	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING C Nairobi County Swimming Champi
1:41.63			Ochieng, Reina	10	17/03/2019	Naliobi County Swimming Champi
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1:06.94	L	F	Brunlehner, Sylvia	28	21/08/2019	12th African Games
1:09.42	L	P F	Thorpe, Imara-Bella Jamal, Bianca	21 14	29/07/2021 29/01/2022	Serbia Summer Championships Middlesex County Championships 20
1:12.06 1:13.51	L	F P	Jamai, Bianca Ruchti, Lucia	14 18	29/01/2022 11/09/2019	Africa Junior Championships
1:13.95	L	P	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2
1:14.71	L	F	Baker, Niamh	13	11/04/2019	2019 KSF Nationals Swimming Trials
1:15.24	L	F	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:15.48	L	P	Wanakai, Lenise	16	11/09/2019	Africa Junior Championships
1:15.68	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Champi
1:18.41	L	Р	Omondi, Mya	17	11/09/2019	Africa Junior Championships
1:18.47	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONS
1:19.15	L	F	Kagwima, Ashley	14	28/11/2019	2019 CANA Zone 3 Championships
1:19.26	L	Р	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.40	L	F	Kiragu, Mariam	15	09/12/2021	16th Botswana National Swimming C
1:20.88	L	F	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.90	L	F	Lycke, Hedvig	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC
1:21.28	L	F	Mwebeiha, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials

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1:21.50	L	F	Maye, Kenda	17	28/11/2019
1:22.92	L	F	Shah, Rianna	14	28/08/2021
1:23.36	L	F	Langat, Audrey Chebet	13	28/08/2021
1:23.44	L	F	Irangi, Nina	12	13/11/2021
1:24.56	L	F	Onderi, Jade	12	13/11/2021
1:24.60	L	F	Chepngetich, Maya	15	28/08/2021
1:24.97	L	F	Maina, Wangechi	13	13/11/2021
1:25.02	L	Р	Baraka, Angela	18	11/04/2019
1:25.17	L	F	Lindkvist, Ruth Wangari	12	13/11/2021
1:25.23	L	P	Varia, Alisha	19	11/04/2019
1:26.08	L	F	Aleyo, Joy	14	28/08/2021
1:26.13	L	Р	Nyamu, Wema	16	11/04/2019
1:26.39	L	F	Makau, Nicole	19	17/05/2019
1:26.96	L	F	Alala, Marion	11	13/11/2021
		F			
1:27.07	L		Maina, Kagure	14	11/04/2019
1:27.10	L	F	Apsey, Jessica	14	17/05/2019
1:27.11	L	F	Muriithi, Rachel Michelle	17	03/04/2019
1:27.66	L	F	Nanjala, Rebecca	15	28/11/2019
1:27.95	L	F	Shavdia, Kreeshi	17	28/11/2019
1:29.65	L	F	Irungu, Elaine	13	13/11/2021
1:29.96	L	F	Omoro, Saniyah	12	13/11/2021
1:30.15	L	F	Mawira, Serah Makenna	14	13/11/2021
		F			
1:30.24	L		Tripathee, Aagya	16	17/05/2019
1:30.49	L	F	Luchters, Eowyn	15	13/11/2021
1:30.73	L	F	Webber, Aaliyah	14	13/11/2021
1:32.62	L	F	Chandaria, Ruhi	17	17/05/2019
1:32.65	L	F	Done, Maisha	14	17/05/2019
1:32.73	L	F	Irungu, Rachel	16	13/11/2021
1:33.22	L	F	Makena, Kyra	14	13/11/2021
	L	F	Mwasha, Maria	15	
1:33.45					17/05/2019
1:33.55	L	F	Bailey, Lara	13	13/11/2021
1:34.53	L	F	Gadzo, Djulla	23	13/11/2021
1:34.54	L	F	Mugambi, Lailah	14	17/05/2019
1:34.66	L	F	Frantz, Nyah	13	13/11/2021
1:35.67	L	F	Lwanya, Bianca	12	13/11/2021
1:35.78	L	F	-	12	17/05/2019
	-		Kittony, Stacy Jerop		
1:35.94	L	F	Kumon, Manna	15	13/11/2021
1:35.96	L	F	Ondieki, Stephanie	26	13/11/2021
1:35.99	L	F	Bebbington, Anika	13	13/11/2021
1:36.09	L	F	Kipchumbah, Lissette	12	13/11/2021
1:36.37	L	F	Childs, Jeanette	10	13/11/2021
1:36.80	L	F	Mwasha, Michelle	17	17/05/2019
	L	F		14	13/11/2021
1:37.30			Williams, Maya		
1:37.32	L	F	Vanam, Daksha	15	17/05/2019
1:37.68	L	F	Ochoro, Xolani	14	13/11/2021
1:37.80	L	F	Mumma, Lisa	16	17/05/2019
1:37.88	L	F	Mulemi, Sidney	15	17/05/2019
1:38.43	L	F	Mugo, Zaveria	13	13/11/2021
1:38.58	L	F	Mayende, Elizabeth	14	17/05/2019
			-		
1:38.82	L	F	Oyoo, Abba	11	13/11/2021
1:39.33	L	F	Njuguna, Noni	11	13/11/2021
1:39.64	L	F	Shah, Diva	14	17/05/2019
1:39.88	L	F	Ndirangu, Nicole	12	13/11/2021
1:39.99	L	F	Kafuto, Ivy	13	13/11/2021
1:40.05	L	F	Irungu, Michelle	14	13/11/2021
1:40.42	L	F	Manek, Shriya	15	17/05/2019
1:40.63	-	F			
	L		Stolarow, Mara	14	17/05/2019
1:40.79	L	F	Warui, Ariana	11	13/11/2021
1:40.89	L	F	Hailey, Yael	15	13/11/2021
1:40.91	L	F	Frantz, Nyah	12	17/05/2019
1:41.07	L	F	Gikunda, Amani	12	13/11/2021
1:41.12	L	F	Bush, Isobel	14	17/05/2019
1:41.16	L	F	Mamujee, Umme-Hani	18	06/07/2019
		F			
1:41.27	L		Wangare, Virginia	15	17/05/2019
1:41.46	L	F	Wandabwa, Helmie	12	13/11/2021
1:43.43	L	F	Wangalwa, Tracey	14	17/05/2019
1:43.75	L	F	Nyambura, Jael	11	13/11/2021
1:44.30	L	F	Marsh, Mia	11	13/11/2021
1:44.63	L	F	Oyoo, Amari	13	13/11/2021
1:45.95	L	F	Kangethe, Nadia	15	17/05/2019
1:46.88	L	F	Didi, Kayla	10	13/11/2021
	L	F		11	
1:47.51			Ombega, Kelsey		13/11/2021
1:47.94	L	F	Choda, Simran	11	13/11/2021
1:48.34	L	F	Swai, Zhara	10	13/11/2021
1:48.47	L	F	Kemunto, Malia	11	13/11/2021
1:49.06	L	F	Njau, Amani	12	13/11/2021
1:49.93	L	F	Pouakouyou, Michelle	10	13/11/2021
1:49.95	L	F	Kyla, Phyllis	12	17/05/2019
1:50.54		F	Njeri, Erin		
	L			10	13/11/2021
1:52.06	L	F	Ndegwa, Melody	15	17/05/2019
1:52.20	L	F	Njau, Zawadi	12	13/11/2021
1:52.70	L	F	Amari, Oyoo	13	17/05/2019
1:53.68	L	F	Wangeci, Joy	11	13/11/2021
1:56.29	L	F	Omabere, Tamara	12	13/11/2021
1:56.76	L	F	Ngware Wairimu, Lula	12	17/05/2019
1:57.81	L	F	Kidha, Kahina	12	17/05/2019
1:58.69	L	F	Opiyo, Angie	13	13/11/2021
1:59.12	L	F	Joy, Marion	11	17/05/2019
1:59.23	L	F	Maina, Kamwelle	10	17/05/2019
1:59.27	L	F	Odula, Chedi	10	13/11/2021
1:59.61	L	F	Chandaria, Aashni	10	17/05/2019
2:00.08	L	F	Cheruto, Talai	15	17/05/2019
2:01.57	L	F	Mugasa, Lindiwe	15	17/05/2019
2:01.85	L	F	Gitau, Wairimu	14	17/05/2019
2:02.51	L	F	Eden, Sulwe	11	17/05/2019
2:04.99	L	F	Awiti, Hawi	11	17/05/2019
			Muthama, Melissa	13	
2:05.23					
0.05 55	L	F			17/05/2019
2:05.50	L	F	Ochieng, Abby	11	17/05/2019
2:05.50 2:07.03					

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2:07.33	L	F	Mwangi, Isabelle
2:07.74	L	F	Shah, Hena
2:09.27	L	F F	Ouko, Felica Muthui. Erica
2:10.41 2:12.33	L	F	Muthul, Erica Marima, Nemayian
2:16.66	L	F	Karuthiru, Nakami
2:22.33	L	F	Majak, Segen
2:22.46	L	F	Madahana, Samara
2:23.91	L	F	Rimui, Shania
2:38.27	L	F	lman, Ogola
Women 200 Back 2:38.84	K	F	Williams, Angel
2:38.84	L	F	Jamal, Bianca
2:42.51	L	F	Hart, Alexandra
2:44.98	L	Р	Baker, Niamh
2:46.72	L	F	Karia, Riva
2:47.76 2:48.25	L	F	Wanakai, Lenise
2:48.25	L	F	Mwige, Tugi Mwige, Gakenia
2:50.90	L	F	Okumu, Virginia
2:52.17	L	F	Islam Ali, Lubaina
2:53.93	L	Р	Vora, Tiana
2:56.11	L	F F	Irungu, Erica Wangechi
2:57.06 2:58.19	L	F	Kiragu, Mariam Shah, Rianna
* 2:58.27	L	P	Kagwima, Ashley
* 2:58.27	L	F	Lindkvist, Ruth Wangari
2:58.40	L	Ρ	Maye, Kenda
3:00.80	L	F	Makau, Nicole
3:03.58 3:04.44	L	F	Langat, Audrey Chebet Shavdia, Kreeshi
3:05.77	L	F	Mawira, Serah Makenna
3:06.52	L	F	Irungu, Elaine
3:09.10	L	F	Muriithi, Rachel Michelle
3:13.10	L	P	Maina, Kagure
3:18.09 3:24.22	L	F F	Webber, Aaliyah Kamotho, Christe
3:26.51	L	F	Davies, Thalia
3:27.19	L	F	Williams, Maya
3:28.92	L	F	Chepngetich, Maya
3:31.72	L	F	Njuguna, Noni
3:31.85 3:31.90	L	F	Irungu, Michelle Bush, Isobel
3:32.25	L	F	Makena, Kyra
3:35.04	L	F	Mureithi, Hazel
3:36.07	L	Ρ	Karanja, Abby
3:36.76	L	F	Musengi, Savannah
3:40.51 3:44.68	L	F F	Ochoro, Xolani
3:54.07	L	F	Ombega, Kelsey Onderi, Jade
3:57.57	L	F	Nyangena, Lisa
1 10 00			
4:13.26	L	F	Kadzo, Amanda
4:13.26 4:33.34	L	F F	Kadzo, Amanda Ali, Imrana
4:33.34 Women 50 Breas	L	F	Ali, Imrana
4:33.34 Women 50 Breas 33.35	L L	F	Ali, Imrana Muteti, Emily
4:33.34 Women 50 Breas 33.35 33.83	L L L	F P P	Ali, Imrana Muteti, Emily Brunlehner, Maria
4:33.34 Women 50 Breas 33.35 33.83 34.00	L L L L	F	Ali, Imrana Muteti, Emily Brunlehner, Maria Kamau, Rebecca
4:33.34 Women 50 Breas 33.35 33.83	L L L	F P F	Ali, Imrana Muteti, Emily Brunlehner, Maria
4:33.34 Women 50 Breas 33.35 33.83 34.00 36.82 36.85 37.18	L L L L L L	F P F P F	Ali, Imrana Muteti, Emily Brunlehner, Maria Kamau, Rebecca Ruchti, Lucia Kimani, Jasmin Gichovi, Hadassah Mumbi
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Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF NATIONAL CHAMPIONSHIP City of Derby 18th Level 1 Long Course 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials Westem Cape LC-A Championships 2019 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
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Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF NATIONAL CHAMPIONSHIP 2010 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF NATIONAL CHAMPIONSHIP 2019 SKF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC)
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Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF NationAL CHAMPIONSHIP City of Derby 18th Level 1 Long Course 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF NationAls CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CH
Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF Nationals Swimming Trials 16th Botswana National Swimming Championships 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2
Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 SCAN Zone 3 Championships 2019 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 SCAN Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATION
Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF Nationals CHAMPIONSHIP City of Derby 18th Level 1 Long Course 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials Westem Cape LC-A Championships 2019 KSF Nationals Swimming Trials Westem Cape LC-A Championships 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL C
Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Africa Junior Championships Africa Junior Championships 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP City of Derby 18th Level 1 Long Course 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 SKF Nationals Swimming Trials Nairobi County Swimming Champi 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) XSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 202
Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Trials 2019 KSF Nationals Swimming Trials 2019 Championships 2019 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials 2019 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL SWIMMING CHAMPI
Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Africa Junior Championships Africa Junior Championships 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP City of Derby 18th Level 1 Long Course 2019 CANA Zone 3 Championships KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 SKF Nationals Swimming Trials Nairobi County Swimming Champi 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) XSF NATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 202

45.02	L	F	Kabugo, Makayla	12	13/11/2021	N
45.06	L	F	Apsey, Jessica	14	17/05/2019	Na
45.15	L	F	Kipchumbah, Lissette	12	13/11/2021	N
45.16	L	F	Irungu, Michelle	14	13/11/2021	N
45.82	L	P	Mwebeiha, Mercedes	18	11/04/2019	20
45.97	L	F	Leperes, Lanoi	14	17/05/2019	Na
46.06	L	F	Gikunda, Amani	12		N
46.09 46.17	L	F	Kuria, Joeleen	17 14	17/05/2019 13/11/2021	Na
46.17	L	F	Kagwima, Ashley Irungu, Rachel	14	13/11/2021	NO
46.29	L	F	Onderi, Jade	10	13/11/2021	N
46.55	L	F	Maruti, Trinity	15	17/05/2019	Na
46.59	L	F	Kotut, Moige	14	17/05/2019	Na
46.62	L	F	Manek, Shriya	15	13/11/2021	N
46.86	L	F	Webber, Aaliyah	14	13/11/2021	N
47.07	L	F	Khuweylid, Khadija	10	04/12/2021	KS
47.17	L	F	Shah, Diva	14	17/05/2019	Na
47.23	L	F	Chandaria, Ruhi	17	17/05/2019	Na
47.29	L	F	Pouakouyou, Michelle	10	13/11/2021	N
47.30 47.36	L	F	Stolarow, Mara Nanji, Natasha	14 15	17/05/2019 17/05/2019	Na Na
47.30	L	F	Childs, Jeanette	10	13/11/2021	N
47.48	L	F	Mulemi, Sidney	15	17/05/2019	Na
47.63	L	F	Okoyo, Anita	18	17/05/2019	Na
47.67	L	F	Havi, Teniola	14	17/05/2019	Na
47.75	L	F	Geteria, Wanjiku	13	13/11/2021	N
47.86	L	F	Kidha, Kahina	12	13/11/2021	N
47.88	L	F	Mohidden- Jones, Mariam	12	13/11/2021	N
47.89	L	F	Maina, Wangechi	13	13/11/2021	N
48.00	L	F	Muga, Edwina	17	13/11/2021	N
48.15	L	F	Oyoo, Abba	11	13/11/2021	NO
48.18	L	F	Ndegwa, Melody	15	17/05/2019	Na
48.90	L	F	Kendi, Joy	17	17/05/2019	Na
48.97 49.02	L	F	Aseka Ayako, Ivy Gahai, Chedeye	11 12	13/11/2021 13/11/2021	NO
49.21	L	F	Moegi, Sharon	14	17/05/2019	Na
49.23	L	F	Gituku, Gail	11	13/11/2021	N
49.25	L	F	Muriithi, Rachel Michelle	17	25/09/2020	Ha
49.30	L	F	Lopez, Rafaela	11	13/11/2021	N
49.33	L	F	Wangare, Virginia	15	17/05/2019	Na
49.34	L	F	Hailey, Yael	15	13/11/2021	N
49.52	L	F	Kafuto, Ivy	13	13/11/2021	N
49.88	L	F	Hicks, Tusekile	11	04/12/2021	KS
49.91	L	F	Kemunto, Malia	11	13/11/2021	N
50.01	L	F	Wanjiku, Nicole Irungu, Elaine	14 13	17/05/2019	Na
50.05 50.06	L	F	Omoro, Saniyah	13	13/11/2021 17/05/2019	Na
50.38	L	F	Shah, Rianna	14	17/05/2019	Na
50.51	L	F	Webber, Mischa	12	13/11/2021	N
50.61	L	F	Pognon, Yelen	13	13/11/2021	N
51.08	L	F	Anampiu, Pendo	12	17/05/2019	Na
51.11	L	F	Aluku, Charity	16	13/11/2021	N
51.11	L	F	Hunja, Makena	11	13/11/2021	N
51.48	L	F	Ayugi, Erika	16	13/11/2021	N
51.75	L	F	Kangethe, Nadia	15	17/05/2019	Na
51.91	L	F	Marsh, Mia	11	13/11/2021	NO
51.91 52.13	L	F	Mulambe, Sifa	14 12	17/05/2019	Na
52.13	L	F	Mwanzia, Zareena	12	13/11/2021 17/05/2019	Na
52.14	L	F	Njagi, Sylvia Leboy, Vahkenah	13	13/11/2021	N
52.35	L	F	Maruti, Theodora	13	17/05/2019	Na
52.39	L	F	Kamata, Tanu	15	17/05/2019	Na
52.46	L	F	Mugweru, Faith	11	13/11/2021	N
52.72	L	F	Nyambura, Jael	11	13/11/2021	N
52.98	L	F	Kariuki, Diana	16	13/11/2021	N
53.09	L	F	Choda, Simran	11	13/11/2021	N
53.54	L	F	Gitau, Ruby	18	17/05/2019	Na
53.89	L	F	Oduor, Hayley Ann	14		Na
54.43	L	F	Kyalo, Erica	18		NO
54.84 54.97	L	F	Chager, Alisya Eden, Sulwe	13 11	17/05/2019 17/05/2019	Na Na
55.08	L	F	Njeri, Erin	10	13/11/2021	N
55.34	L	F	Juma Auma, Teresa	13	17/05/2019	Na
55.45	L	F	Moora, Shona	18		Na
55.72	L	F	Waihura, Candra	14	17/05/2019	Na
55.74	L	F	Mworia, Tiffany	15	17/05/2019	Na
55.89	L	F	Kazziha, Laila	14	17/05/2019	Na
56.47	L	F	Muthui, Erica	13	13/11/2021	N
56.58	L	F	Cheruto, Talai	15	17/05/2019	Na
56.69	L	F	Oyaro, Almasi	11	13/11/2021	N
56.90	L	F	Nzioki, Eliana	11 12	13/11/2021	NO
57.30 57.50	L	F	Megan, Joyce Gituku, Tatenda	12	17/05/2019 13/11/2021	Na
57.88	L	F	Amari, Oyoo	13	17/05/2019	Na
58.11	L	F	Kidenda, Chantalle Koki	13	17/05/2019	Na
58.27	L	F	Ochieng, Abby	11	17/05/2019	Na
58.47	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Na
58.47	L	F	Majak, Segen	13		Na
58.53	L	F	Rugut, Ivy	20	13/11/2021	N
58.60	L	F	McVey, Molly	12		Na
58.70	L	F	Mulei, Keli	12		Na
58.81	L	F	Okoth, Gift	12		Na
58.82	L	F	Mwangi, Wanjiru	11	13/11/2021	NO
58.84	L	F	Sirikoi, Amy	13		Na
58.85 59.11	L	F	Njau, Amani Kaime, Gathoni	12 10	17/05/2019 13/11/2021	Na
59.11 59.12	L	F	Joy, Marion	10	17/05/2019	Na
59.26	L	F	Ndolo, Natasha	15	17/05/2019	Na
59.44	L	F	Kinyanjui, Thami	14	13/11/2021	N

ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials airobi County Swimming Champi ACAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi airobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ACAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) SF NATIONAL CHAMPIONSHIP LC 4 DEC airobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi lairobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi airobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Vairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) arare 1st Seeded 2020 CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) SF NATIONAL CHAMPIONSHIP LC 4 DEC ACAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi airobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi lairobi County Swimming Champi lairobi County Swimming Champi airobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi lairobi County Swimming Champi lairobi County Swimming Champi CAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi lairobi County Swimming Champi ICAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) airobi County Swimming Champi airobi County Swimming Champi ACAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

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59.88	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
1:00.26	L	F	Munene, Nadia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.27	L	F	Maruti, Therese	17	17/05/2019	Nairobi County Swimming Champi
1:00.42	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
1:00.43	L	F	Maina, Wanjiru	14	17/05/2019	Nairobi County Swimming Champi
1:00.64	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
1:00.66	L	F	Chege, Malaika	15	17/05/2019	Nairobi County Swimming Champi
1:00.68	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
1:00.70	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
1:00.74	L	F	Nyakairu, Lanea	11	17/05/2019	Nairobi County Swimming Champi
1:00.89	L	F	Tshiula, Chantal	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.01	L	F	Njuguna, Noni	11	17/05/2019	Nairobi County Swimming Champi
1:01.05	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
1:01.26	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.34	L	F	Chisinde, Kalekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.35	L	F	Kipchumba, Lissette	11	17/05/2019	Nairobi County Swimming Champi
1:01.36	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
1:01.78	L	F	Awiti, Hawi	11	17/05/2019	Nairobi County Swimming Champi
1:01.81	L	F	Achuil, Diana	15	17/05/2019	Nairobi County Swimming Champi
1:02.01	L	F	Nyambura, Bridgite	14	17/05/2019	Nairobi County Swimming Champi
1:02.11	L	F	Sekento, Jessica	14	17/05/2019	Nairobi County Swimming Champi
1:02.12	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:02.19	L	F	Pawar, Samaira	14	17/05/2019	Nairobi County Swimming Champi
1:02.57	L	F	Wachai, Leandara	13	17/05/2019	Nairobi County Swimming Champi
1:02.86	L	F	Namiso, Maya	14	17/05/2019	Nairobi County Swimming Champi
1:03.18	L	F	Mukundi, Beverly	17	17/05/2019	Nairobi County Swimming Champi
1:03.27	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:03.59	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
1:04.01	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi
1:04.34	L	F	Lyoba, Cherop	14	17/05/2019	Nairobi County Swimming Champi
1:04.73	L	F	Ouko, Felica	10	17/05/2019	Nairobi County Swimming Champi
1:05.94	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
1:05.96	L	F	Nyamusi, Flo	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:06.00	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:06.98	L	F	Nagda, Navya	13	17/05/2019	Nairobi County Swimming Champi
1:07.25	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
1:07.35	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
1:08.06	L	F	Karuthiru, Nakami	11	17/05/2019	Nairobi County Swimming Champi
1:08.41	L	F	Nellie, Wambui	11	17/05/2019	Nairobi County Swimming Champi
1:08.98	L	F	Moegi, Sharleen	11	17/05/2019	Nairobi County Swimming Champi
1:09.22	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
1:09.40	L	F	Mwale, Zena	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:10.42	L	F	Patel, Naya	13	17/05/2019	Nairobi County Swimming Champi
1:11.02	L	F	Wangeci, Joy	11	17/05/2019	Nairobi County Swimming Champi
1:11.25	L	F	Pouakouyou, Grace	11	17/05/2019	Nairobi County Swimming Champi
1:11.34	L	F	Chege, Winne Mukami	22	17/05/2019	Nairobi County Swimming Champi
1:11.82	L	F	Nyaseme, Amari	12	17/05/2019	Nairobi County Swimming Champi
1:12.59	L	F	Nuru, Azu	12	17/05/2019	Nairobi County Swimming Champi
1:13.51	L	F	Kiragu, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
1:14.27	L	F	Shah, Hena	12	17/05/2019	Nairobi County Swimming Champi
1:14.81	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
1:16.60	L	F	Wachira, Eliana	12	17/05/2019	Nairobi County Swimming Champi
1:16.64	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
1:17.03	L	F	Nyambura, Vivian	21	17/05/2019	Nairobi County Swimming Champi
1:19.45	L	F	Muthoga, Tabitha	13	17/05/2019	Nairobi County Swimming Champi
1:20.02	L	F	Kamunya, Wairimu	10	17/05/2019	Nairobi County Swimming Champi
1:25.51	L	F	Ochieng, Reina	10	17/05/2019	Nairobi County Swimming Champi
1:36.05	L	F	Kaluve, Tara	12	17/05/2019	Nairobi County Swimming Champi
			,			. ,
Women 100 Bi						
1:13.99	L	F	Kamau, Rebecca	22	21/08/2019	12th African Games
1:15.09	L		Brunlehner, Maria	21	21/07/2019	18th FINA World Championships
1:20.83	L		Bianchi, Maria		28/08/2021	
1:22.02		F		15		2021 KSF NATIONAL CHAMPIONSHIP
	L	F P	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
1:22.11	L	F P F	Kimani, Jasmin	20 18	11/04/2019 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP
1:23.45	L L	F P F	Kimani, Jasmin Jamal, Bianca	20 18 14	11/04/2019 28/08/2021 24/07/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021
1:23.45 1:25.74	L L L	F P F F	Kimani, Jasmin Jamal, Bianca Williams, Angel	20 18 14 13	11/04/2019 28/08/2021 24/07/2021 07/12/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2
1:23.45 1:25.74 1:26.75	L L L	F P F F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha	20 18 14 13 19	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships
1:23.45 1:25.74 1:26.75 1:27.52	L L L L	F P F F F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana	20 18 14 13 19 15	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Westerm Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP
1:23.45 1:25.74 1:26.75 1:27.52 1:27.67	L L L L L	F F F F F F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini	20 18 14 13 19 15 13	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 04/12/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:23.45 1:25.74 1:26.75 1:27.52 1:27.67 1:29.59	L L L L L	F P F F F F F F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha	20 18 14 13 19 15 13 13	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 04/12/2021 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP
1:23.45 1:25.74 1:26.75 1:27.52 1:27.67 1:29.59 1:29.68	L L L L L L	F F F F F F F F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig	20 18 14 13 19 15 13 13 14 14	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 04/12/2021 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Westem Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
1:23.45 1:25.74 1:26.75 1:27.52 1:27.67 1:29.59 1:29.68 1:30.11		F P F F F F F F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi	20 18 14 13 19 15 13 14 14 14	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/08/2021 04/12/2021 28/08/2021 28/08/2021 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
1:23.45 1:26.74 1:26.75 1:27.52 1:27.67 1:29.59 1:29.68 1:30.11 1:30.44	L L L L L L L	F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberly	20 18 14 13 19 15 13 14 14 14 15 18	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 04/12/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF NATIONAL CHAMPIONSHIP 2019 KSF NATIONAL CHAMPIONSHIP
1:23.45 1:26.74 1:26.75 1:27.52 1:27.67 1:29.68 1:30.11 1:30.44 1:30.50		F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberty Gichovi, Regina	20 18 14 13 19 15 13 14 14 14 15 18 18	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019 11/04/2019	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
1:23.45 1:25.74 1:26.75 1:27.52 1:27.67 1:29.59 1:29.68 1:30.11 1:30.44 1:30.50 1:30.71		F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberly Gichovi, Regina Mwasha, Maria	20 18 14 19 15 13 14 14 14 15 18 16 15	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials
1:23.45 1:25.74 1:26.75 1:27.52 1:29.59 1:29.68 1:30.11 1:30.44 1:30.50 1:30.71 1:31.65		F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberly Gichovi, Regina Mwasha, Maria Nasser, Aisha	20 18 14 13 19 15 13 14 14 15 18 16 15 18	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019 11/04/2019 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials
1:23.45 1:25.74 1:26.75 1:27.52 1:29.69 1:29.68 1:30.11 1:30.44 1:30.50 1:30.71 1:31.65 1:31.82	L L L L L L L L L L L	F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberly Gichovi, Regina Mwasha, Maria Nasser, Aisha Kalombo, Macrine	20 18 14 13 19 15 13 14 14 14 15 18 16 15 18	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019 11/04/2019 28/08/2021 11/04/2019 13/11/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2021 KSF Nationals Swimming Trials 2029 KSF Nationals Swimming Trials 2029 KSF Nationals Swimming Trials
1:23.45 1:25.74 1:26.75 1:27.52 1:27.67 1:29.59 1:29.68 1:30.11 1:30.44 1:30.50 1:30.71 1:31.65 1:31.82 1:31.86	L L L L L L L L L L L L	F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberly Gichovi, Regina Mwasha, Maria Nasser, Aisha Kalombo, Macine Khatundi, Nasiminyu	20 18 14 19 15 13 14 14 14 15 18 16 15 18 12 22	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 28/08/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019 11/04/2019 11/04/2019 28/08/2021 11/04/2019 28/08/2021 28/11/2019	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Westem Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championship 2021 v2 2019 CANA Zone 3 Championship 2021 v2 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships
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1:23.45 1:25.74 1:26.75 1:27.52 1:29.59 1:29.68 1:30.11 1:30.44 1:30.50 1:30.71 1:31.65 1:31.82 1:31.86 1:31.92 1:32.49	L L L L L L L L L L L L L	F	Kimani, Jasmin Jamal, Bianca Williams, Angel Hawala, Samantha Ameya, Rana Caffini, Duini Ssuna, Antisha Lycke, Hedvig Mwige, Tugi Nyawira, Kimberty Gichovi, Regina Mwasha, Maria Nasser, Aisha Kalombo, Macrine Khatundi, Nasiminyu Irungu, Erica Wangechi Kamotho, Christe	20 18 14 13 19 15 13 14 14 14 15 18 16 15 18 12 22 22 16 11	11/04/2019 28/08/2021 24/07/2021 07/12/2021 28/11/2019 28/08/2021 28/08/2021 28/08/2021 28/08/2021 11/04/2019 11/04/2019 13/11/2021 28/08/2021 28/08/2021 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP London Region Festival of Swimming Meet 2021 Western Cape LC-A Championship 2021 v2 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
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2.18.23	L	F	Thami, Denise
	L	F	Muthama, Melissa
2:18.96	L	F	Wangeci, Joy
2:20.41 2:20.74	L	F	Motsoeneng, Kananelo Njau, Zawadi
2:21.63	L	F	Nyamika, Colleen
2:22.97	L	F	Chisinde, Kalekye
2:23.55	L	F	Awiti, Hawi
2:24.08	L	F	Otieno, Beryl
2:25.82	L	F	Wendot, Sharon
2:28.44	L	F	Marima, Nemayian
2:28.59	L	F	Mwangi, Elise
2:29.05	L	F	Nyachae, Zawadi
2:34.05 2:35.91	L	F	Sanayo, Lavonne Abby, Gakii
2:36.47	L	F	Jael, Nyambura
2:39.90	L	F	Shikoh, Shelmith
2:44.82	L	F	Pouakouyou, Grace
2:46.46	L	F	Nzioki, Eliana
2:48.47	L	F	Chloe, Tendai
2:50.87	L	F	Chege, Winne Mukami
2:50.98 2:51.55	L	F	Engufu, Christine Rita, Njeri
		F	Rita, Njeli
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2:39.37 2:52.57	L	P F	Kamau, Rebecca
2:58.35	L	Р	Wappler, Emma Kimani, Jasmin
3:00.52	L	F	Williams, Angel
3:02.00	L	F	Gichovi, Hadassah Mumbi
3:08.71	L	F	Jamal, Bianca
3:10.87	L	F	Caffini, Duini
3:12.74	L	F	Lycke, Hedvig
3:13.12	L	F	Ameya, Rana
3:17.00	L	F	Nasser, Aisha
3:17.16 3:18.30	L	F	Hawala, Samantha Irungu, Erica Wangechi
3:19.92	L	F	Ssuna, Antisha
3:22.25	L	F	Mwasha, Maria
3:24.41	L	F	Kalombo, Macrine
3:24.94	L	F	Kitonga, Neema
3:25.05	L	F	Lindkvist, Ruth Wangari
3:26.24	L	F	Kamotho, Christe
3:27.79	L	F	Kiragu, Mariam
3:30.65 3:31.50	L	F	Shah, Deeya Irungu, Elaine
3:32.10	L	F	Kingatua, Amana
3:32.33	L	F	Kimani, Kimberly
3:32.80	L	F	Kamotho, Cheryl
3:32.81	L	F	Irungu, Michelle
3:33.78	L	P	Varia, Alisha
3:34.05	L	P	Konig, Ophelie
3:34.12	L	F	Kagwima, Ashley
3:34.38 3:35.22	L	F	Patel, Saloni Frantz, Nyah
3:35.54	L	Р	Thuranira, Natasha
3:36.09	L	F	Gikunda, Amani
3:37.21	L	F	Echessah, Axela
3:37.95	L	F	Manek, Shriya
3:40.60	L	F	Shah, Diva
3:40.80	L	F	Webber, Aaliyah
3:43.36	L	F	Lwanya, Bianca
3:46.54 3:46.69	L	F	Chepngetich, Maya Maruti, Trinity
		F	Kotut Moige
3:47.04 3:47.50	L	F	Kotut, Moige Sheikh, Amina
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22	21/08/2019	12th African Games
15 18	28/08/2021 11/09/2019	2021 KSF NATIONAL CHAMPIONSHIP Africa Junior Championships
13	07/12/2021	Western Cape LC-A Championship 2021 v2
20	11/04/2019	2019 KSF Nationals Swimming Trials
14	24/07/2021	London Region Festival of Swimming Meet 2021
13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
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15 18	28/08/2021 11/04/2019	2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials
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15	14/12/2019	15th BSSA Nationals
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4:50.89	L	F	Awiti, Hawi	11	17	7/05/2019	Nairobi County Swimming Champi
4:59.48	L	F	Sachania, Diya	16	17	7/05/2019	Nairobi County Swimming Champi
5:05.06	L	F	Mutai, Imani	13	17	7/05/2019	Nairobi County Swimming Champi
5:06.10	L	F	Omabere, Tamara	12	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:07.63	L	F	Mwangi, Elise	12	17	7/05/2019	Nairobi County Swimming Champi
	-		innangi, Elioo			100/2010	Hallosi ooung omining onanipi
Women 50 Fly							
28.47	L	F	Thorpe, Imara-Bella	21	29	9/07/2021	Serbia Summer Championships
28.69	L	P	Muteti, Emily	23	11	1/04/2019	2019 KSF Nationals Swimming Trials
29.61	L	F	Ruchti, Lucia	18	11	1/09/2019	Africa Junior Championships
29.88	L	F	Kamau, Rebecca	22		1/04/2019	2019 KSF Nationals Swimming Trials
31.30	L	F	Okumu, Victoria	17		3/11/2019	2019 CANA Zone 3 Championships
	L	F				3/11/2019	
31.66			Khatundi, Nasiminyu	22			2019 CANA Zone 3 Championships
31.68	L	F	Islam Ali, Lubaina	16		1/10/2021	14th CANA African Junior & Senior and Open Wa
31.80	L	F	Bianchi, Maria	15	28	3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.14	L	F	Karia, Riva	19	11	1/04/2019	2019 KSF Nationals Swimming Trials
32.31	L	F	Gichovi, Hadassah Mumbi	20	11	1/04/2019	2019 KSF Nationals Swimming Trials
32.65	L	F	Karani, Kario	15		3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.82	L	F	Kimani, Jasmin	18		3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.90	L	Р	Baker, Niamh	19		1/04/2019	2019 KSF Nationals Swimming Trials
32.99	L	Р	Omondi, Mya	17	11	1/09/2019	Africa Junior Championships
33.12	L	F	Gore, Reese	15	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.73	L	F	Hart, Alexandra	13	22	2/01/2022	Somerset ASA 2022 County Championship
33.92	L	F	Makau, Nicole	19	28	3/11/2019	2019 CANA Zone 3 Championships (Team B)
33.94	L	Р	Mwebeiha, Mercedes	18		1/04/2019	2019 KSF Nationals Swimming Trials
		F					
33.95	L		Jamal, Bianca	14		6/01/2022	City of Derby 18th Level 1 Long Course
34.02	L	P	Mwige, Gakenia	16		1/04/2019	2019 KSF Nationals Swimming Trials
34.04	L	F	Hawala, Samantha	19		7/05/2019	Nairobi County Swimming Champi
34.19	L	F	Islam Ali, Juhaina	19	11	1/04/2019	2019 KSF Nationals Swimming Trials
34.33	L	Р	Williams, Angel	13	14	1/04/2021	SSA Western Cape Jnr and Snr Nationals 2021
34.39	L	F	Muriithi, Rachel Michelle	17	03	3/04/2019	SA Level 2 Regional Age Group
34.41	L	F	Pendo, Jasmine	13		3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	L	F					
34.51			Kariuki, Chantelle	20		1/04/2019	2019 KSF Nationals Swimming Trials
34.58	L	F	Nelson, Justine	19		1/04/2019	2019 KSF Nationals Swimming Trials
34.73	L	F	Onderi, Jade	12	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.89	L	F	Langat, Audrey Chebet	13	28	3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 34.99	L	F	Nanjala, Rebecca	15		3/11/2019	2019 CANA Zone 3 Championships
* 34.99	L	F	Hassanali, Ilhaam	14		3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.44	L	F	Kagwima, Ashley	14		3/11/2019	2019 CANA Zone 3 Championships
35.46	L	F	Karanu, Wairimu	14		3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.62	L	F	Apsey, Jessica	14		3/11/2019	2019 CANA Zone 3 Championships
36.01	L	F	Alala, Marion	11	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.16	L	F	Kittony, Stacy Jerop	15	17	7/05/2019	Nairobi County Swimming Champi
36.40	L	F	Echessah, Axela	17	28	3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.62	L	F	Kuria, Joeleen	17		7/05/2019	Nairobi County Swimming Champi
37.03	L	F	Maina, Wangechi	13		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.25	L	F	Maina, Kagure	14		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.41	L	F	Kabugo, Makayla	12	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.42	L	F	Leboy, Vahkenah	11	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.60	L	F	Baraka, Angela	18	17	7/05/2019	Nairobi County Swimming Champi
37.62	L	P	Ambala, Ahura	17		1/04/2019	2019 KSF Nationals Swimming Trials
37.99	L	F	Kiragu, Mariam	15		1/12/2019	15th BSSA Nationals
38.19	L	F	Mulemi, Sidney	15		7/05/2019	Nairobi County Swimming Champi
38.25	L	F	Ali, Imrana	13	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.58	L	P	Karanja, Cynthia	15	11	1/04/2019	2019 KSF Nationals Swimming Trials
38.67	L	F	Shah, Rianna	14	28	3/11/2019	2019 CANA Zone 3 Championships (Team B)
38.75	L	F	Omoro, Saniyah	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.83	L	F	McAree, Keaira	13		1/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	L	F					
38.95			Lwanya, Bianca	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.57	L	F	Ameya, Rana	15	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.81	L	P	Maye, Kenda	17	11	1/04/2019	2019 KSF Nationals Swimming Trials
39.98	L	F	Mayende, Elizabeth	14	17	7/05/2019	Nairobi County Swimming Champi
40.65	L	F	Nanji, Natasha	15	06	6/07/2019	The Manchester Non National Me
40.79	L	F	Kamau, Aaralynne	16		7/05/2019	Nairobi County Swimming Champi
	L	F					
41.13			Pognon, Yelen Mabiddon, Janaa Mariam	13		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.17	L	F	Mohidden- Jones, Mariam	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.31	L	F	Hunja, Makena	11		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.35	L	F	Kipchumbah, Lissette	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.45	L	F	Irungu, Megan Wanja	17	17	7/05/2019	Nairobi County Swimming Champi
41.61	L	F	Nuru, Azu	12	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.78	L	F	Kingatua, Amana	13	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.80	L	F	Aleyo, Joy	14		3/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
41.95	L	F	Nyakundi, Joan	17		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.03	L	F	Mwasha, Maria	15		7/05/2019	Nairobi County Swimming Champi
42.50	L	F	Kotut, Moige	14		7/05/2019	Nairobi County Swimming Champi
42.55	L	F	Makena, Kyra	14		7/05/2019	Nairobi County Swimming Champi
42.59	L	P	Shah, Deeya	15	03	3/04/2019	SA Level 2 Regional Age Group
42.81	L	F	Kimani, Kimberly	11	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.87	L	F	Mumma, Lisa	16	17	7/05/2019	Nairobi County Swimming Champi
42.95	L	F	Shah, Diva	14		7/05/2019	Nairobi County Swimming Champi
43.05	L	F	Okuku, Muhaji	19		7/05/2019	Nairobi County Swimming Champi
43.08	L	F	Irangi, Nina			7/05/2019	Nairobi County Swimming Champi
		F		12			
43.11	L		Ndirangu, Nicole	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.21	L	F	Oyoo, Abba	11		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.29	L	F	Moegi, Sharon	14	17	7/05/2019	Nairobi County Swimming Champi
43.54	L	F	Ndegwa, Melody	15	17	7/05/2019	Nairobi County Swimming Champi
43.62	L	F	Kidha, Kahina	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.66	L	F	Hailey, Yael	15		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.84	L	F	Webber, Aaliyah	13		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.10	L	F	Kadzo, Amanda	13		7/05/2019	Nairobi County Swimming Champi
44.38	L	F	Aseka Ayako, Ivy	11		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.45	L	F	Wangalwa, Tracey	14	17	7/05/2019	Nairobi County Swimming Champi
44.71	L	F	Beer, Nina	12	17	7/05/2019	Nairobi County Swimming Champi
44.84	L	F	Kafuto, Ivy	13		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.34	L	F	Kamotho, Christe	13		7/05/2019	Nairobi County Swimming Champi
45.62	L	F	Okoyo, Anita	18		7/05/2019	Nairobi County Swimming Champi
46.36	L	F	Njau, Amani	12		3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.77	L	F	Manek, Shriya	15		7/05/2019	Nairobi County Swimming Champi
47.12	L	F	Marsh, Mia	11	13	3/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.18	L	F	Kangethe, Nadia	15		7/05/2019	Nairobi County Swimming Champi
			-				

*	17.04		-		40	17/05/0010
2	47.21	L	F	Amari, Oyoo	13	17/05/2019
	47.21	L	F F	Gahai, Chedeye	12	13/11/2021
	47.30	L		Childs, Jeanette	10	13/11/2021
	47.32	L	F F	Frantz, Nyah	12	17/05/2019 17/05/2019
	47.54	L		Havi, Teniola	14	
	47.64	L	F	Kalombo, Macrine	12	17/05/2019
	47.70	L	F F	Bebbington, Anika	13	13/11/2021
	47.92	L		Oyoo, Amari	13	13/11/2021
	48.04	L	F	lvy, Njeri	13	17/05/2019
	48.24	L	F	Warui, Ariana	11	13/11/2021
	48.43	L	F	Leperes, Lanoi	14	17/05/2019
	48.58	L	F	Swai, Zhara	10	13/11/2021
	48.59	L	F	Webber, Mischa	12	13/11/2021
	48.79	L	F	Mugambi, Ruby	12	13/11/2021
	48.86	L	F	Anayo, Skyler	14	17/05/2019
	48.95	L	F	Muga, Edwina	17	13/11/2021
	49.15	L	F	Ndolo, Natasha	15	17/05/2019
	49.32	L	F	Kendi, Joy	17	17/05/2019
	49.43	L	F	Anampiu, Pendo	12	17/05/2019
	49.58	L	F	Opiyo, Angie	13	13/11/2021
	49.74	L	F	Mwangi, Wanjiru	11	13/11/2021
	50.07	L	F	Maina, Kamwelle	10	13/11/2021
	50.48	L	F	Gitau, Joy	15	17/05/2019
	50.57	L	F	Ombega, Kelsey	11	13/11/2021
	50.87	L	F	Wangeci, Joy	11	13/11/2021
	51.10	L	F	Mulambe, Sifa	14	17/05/2019
	51.21	L	F	Mwaura, amy	11	13/11/2021
	51.35	L	F	Kinyanjui, Bianca	15	13/11/2021
	51.64	L	F	Ochoro, Xolani	14	17/05/2019
	51.77	L	F	Maruti, Trinity	15	17/05/2019
	52.15	L	F	Didi, Kayla	11	13/11/2021
*	52.20	L	F	Pouakouyou, Michelle	10	13/11/2021
*	52.20	L	F	Eden, Sulwe	11	17/05/2019
	52.48	L	F	Cheruto, Talai	15	17/05/2019
	52.88	L	F	Joy, Marion	11	17/05/2019
	52.93	L	F	Awiti, Hawi	11	17/05/2019
	53.05	L	F	Nambiar, Aparna	15	17/05/2019
	53.21	L	F	Kyla, Phyllis	12	17/05/2019
	53.41	L	F	Manji, Emaan Salim	13	17/05/2019
	53.45	L	F	Mulei, Keli	12	17/05/2019
	53.49	L	F	Nyambura, Jael	11	13/11/2021
	53.60	L	F	Kemunto, Malia	11	13/11/2021
	53.75	L	F	Lindkvist, Ruth Wangari	12	17/05/2019
	53.80	L	F	Kaime, Gathoni	10	13/11/2021
	54.15	L	F	Chager, Alisya	13	17/05/2019
	54.55	L	F	Mudachi, Mupa	10	13/11/2021
	54.90	L	F	Nyamusi, Flo	13	13/11/2021
	55.08	L	F	Odula, Chedi	10	13/11/2021
	55.26	L	F	Kanogo, Winnie	20	17/05/2019
	55.35	L	F	Chandaria, Aashni	11	17/05/2019
	55.77	L	F	Gitau, Ruby	18	17/05/2019
	56.01	L	F	Wachira, Eliana	12	17/05/2019
	56.26	L	F	Chege, Jackie	14	17/05/2019
	56.65	L	F	Kidenda, Chantalle Koki	15	17/05/2019
	56.71	L	F	Muema, Natasha	11	13/11/2021
	57.25	L	F	Kabiru, Olivia Njeri	14	17/05/2019
	57.68	L	F	Mwangi, Elise	12	17/05/2019
	58.19	L	F	Oyaro, Almasi	11	13/11/2021
	58.24	L	F	Mukundi, Beverly	17	17/05/2019
	59.05	L	F	Thami, Denise	14	17/05/2019
	59.06	L	F	Oduor, Hayley Ann	14	17/05/2019
	59.24	L	F	Muthui, Erica	13	13/11/2021
	59.29	L	F	Okoth, Gift	12	17/05/2019
*	59.51	L	F	Karanja, Lucille	13	17/05/2019
*	59.51	L	F	Muthoni, Joan	10	13/11/2021
	59.64	L	F	Maina, Wanjiru	14	17/05/2019
	59.65	L	F	Ochieng, Abby	11	17/05/2019
	59.78	L	F	Makau, Mary	21	13/11/2021
	1:00.42	L	F	Amimo, Carla	15	17/05/2019
	1:00.65	L	F	Mwangi, Isabelle	11	17/05/2019
	1:01.34	L	F	Waihura, Candra	14	17/05/2019
	1:01.46	L	F	Majak, Segen	13	17/05/2019
	1:01.48	L	F	Mwangi, Monifa	13	17/05/2019
	1:01.81	L	F	Sekento, Jessica	14	17/05/2019
	1:02.35	L	F	Hicks, Tusekile	11	17/05/2019
	1:02.93	L	F	Mutai, Imani	13	17/05/2019
	1:03.09	L	F	Wanjiku, Nicole	14	17/05/2019
	1:03.15	L	F	Jael, Nyambura	11	17/05/2019
	1:03.18	L	F	Jobanputra, Elina	16	17/05/2019
	1:03.24	L	F	Kasio, Malaika	10	13/11/2021
	1:04.09	L	F	Nyachae, Zawadi	11	13/11/2021
	1:04.22	L	F	Sachania, Diya	16	17/05/2019
	1:04.37	L	F	Namiso, Maya	14	17/05/2019
	1:04.89	L	F	Marima, Nemayian	13	17/05/2019
	1:04.93	L	F	Mworia, Tiffany	15	17/05/2019
	1:05.10	L	F	Njeri, Erin	10	17/05/2019
	1:05.16	L	F	Njuguna, Noni	11	17/05/2019
	1:06.63	L	F	Kiragu, Jasmine	12	17/05/2019
	1:06.72	L	F	Mulwa, Neema	12	17/05/2019
	1:06.72	L	F	Muiwa, Neema Muriuki, Kaari	11 11	17/05/2019
	1:06.73	L	F	Otieno, Beryl	11 12	17/05/2019
	1:07.02 1:08.81	L	F	Otieno, Beryi Otin, Mardea	12 13	17/05/2019
	1:08.81	L	F	Sakwa, Lourdes	13 11	17/05/2019
		L	F			
	1:09.00	L	⊦ F	Omabere, Tamara	12 13	17/05/2019
	1:10.67 1:13.85	L	F	Mboya, Noella Abby, Gakii	13 11	17/05/2019 17/05/2019
		L	F	Abby, Gakii Patel Nava	11 13	
	1:14.84	L	F	Patel, Naya Wacera, Kendra		17/05/2019
	1:16.08		⊦ F	Wacera, Kendra	12	17/05/2019
	1:23.33	L	F	Kamunya, Wairimu	10	17/05/2019

Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champ NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champ NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi

Nairobi County Swimming Champi

1:24.41	L	F	Kiragu, Faith	21	17/05/2019	Nairobi County Swimming Champi
1:28.43	L	F	Nzioki, Eliana	11	17/05/2019	Nairobi County Swimming Champi
Women 100 Fly 1:01.40		F	Mutoti Emily	22	15/05/2021	WASE 2021 Long Course Summer Opener
1:01.40	L	F	Muteti, Emily Thorpe, Imara-Bella	23 21	15/05/2021 29/07/2021	YWSF 2021 Long Course Summer Opener Serbia Summer Championships
1:07.27	L	P	Kamau, Rebecca	22	11/07/2019	2019 LC IL Senior Swimming Championships
1:11.44	L	F	Okumu, Victoria	17	28/11/2019	2019 CANA Zone 3 Championships
1:11.56	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:11.62 1:12.44	L	F	Karia, Riva Islam Ali, Lubaina	19 16	28/11/2019 28/08/2021	2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP
1:14.58	L	P	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:18.04	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
1:19.01	L	P	Gichovi, Regina	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:19.05 1:19.56	L	F	Williams, Angel Bagha, Nurayn	13 17	30/10/2021 28/08/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021 2021 KSF NATIONAL CHAMPIONSHIP
1:19.60	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:19.78	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
1:20.46	L	F	Kagwima, Ashley	14	21/06/2019	Hamilton Aquatics Summer Sizzler
1:21.51	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.70 1:22.84	L	F	Muriithi, Rachel Michelle Langat, Audrey Chebet	17 13	03/04/2019 28/08/2021	SA Level 2 Regional Age Group 2021 KSF NATIONAL CHAMPIONSHIP
1:22.95	L	F	Nanjala, Rebecca	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:24.28	L	F	Hassanali, Ilhaam	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:25.22	L	F	Tripathee, Aagya	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:25.50	L	F	Ambala, Ahura	17	17/05/2019	Nairobi County Swimming Champi
1:26.06 1:27.24	L	F	Kiragu, Mariam Maina, Wangechi	15 13	22/11/2019 13/11/2021	14th UB Gala 2019 NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.30	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
1:27.79	L	P	Karani, Kario	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:28.55	L	F	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:28.70	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
1:29.10 1:29.66	L	F	Karanu, Wairimu Alala, Marion	14 11	17/05/2019 13/11/2021	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.11	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.54	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.05	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
1:32.06	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.14 1:37.04	L	F	Baraka, Angela Leboy, Vahkenah	18 11	17/05/2019 13/11/2021	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.13	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMINING CHAMPIONSHIPS (LC)
1:39.14	L	F	Makau, Nicole	19	17/05/2019	Nairobi County Swimming Champi
1:39.33	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.61	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
1:41.09 1:43.39	L	F	Kipchumbah, Lissette Mawira, Serah Makenna	12 14	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.46	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
1:44.13	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.24	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.63	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.72 1:45.24	L	F	Davies, Thalia Makena, Kyra	13 14	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:45.34	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
1:45.61	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
1:45.82	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
1:46.31	L	F	Eden, Sulwe	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.60 1:47.83	L	F	Kafuto, Ivy Chepngetich, Maya	13 15	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
1:48.37	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
1:50.15	L	F	Ali, Imrana	13	17/05/2019	Nairobi County Swimming Champi
1:50.29	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
1:51.16	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
1:51.27 1:51.34	L	F	Oyoo, Amari Warui, Ariana	13 11	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:51.51	L	F	Beer, Nina	12	17/05/2019	Nairobi County Swimming Champi
1:52.82	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:54.50	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
1:54.54	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:57.44 1:59.33	L	F	Musengi, Savannah Wangalwa, Tracey	13 14	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
2:00.57	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:01.40	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
2:03.40	L	F	lvy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
2:03.49 2:09.53	L	F	Odula, Chedi Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:09.53	L	F	Ndolo, Natasha	10 15	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
2:13.05	L	F	Wainaina, Waihuini	16	17/05/2019	Nairobi County Swimming Champi
2:14.02	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
2:18.30	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
2:19.23	L	F	Mutai, Imani	13 14	17/05/2019	Nairobi County Swimming Champi
2:23.22 2:24.69	L	F	Wanjiru, Melanie Marima, Nemayian	14	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
2:26.83	L	F	Nyamika, Colleen	14	17/05/2019	Nairobi County Swimming Champi
2:27.85	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
2:29.01	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
2:33.78	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
2:34.29	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
2:39.38	L	Р	Okumu Victoria	17	11/04/2010	2019 KSF Nationals Swimming Trials
2:39.38	L	P	Okumu, Victoria Islam Ali, Lubaina	17 16	11/04/2019 11/09/2019	2019 KSF Nationals Swimming Trials Africa Junior Championships
2:45.64	L	P	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.44	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
3:00.94	L	P	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.07	L	F	Kagwima, Ashley	14 15	21/06/2019	Hamilton Aquatics Summer Sizzler
3:09.92 3:16.13	L	F	Gore, Reese Muriithi, Rachel Michelle	15 17	13/11/2021 27/11/2020	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Harare Senior Championships
3:41.13	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
3:54.36	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
3:56.00	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
4:07.64	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

4:23.20	L	F	Onderi, Jade	12	17/05/2019	Nairobi County Swimming Champi
Women 200 IM 2:22.18	L	F	Kamau, Rebecca	22	21/08/2019	12th African Games
2:22.18	L	F	Brunlehner, Maria	22	21/08/2019	12th African Games
2:33.95	L	F	Thorpe, Imara-Bella	21	22/01/2022	City of Sunderland ASC New Year Meet 2022
2:36.90	L	F	Muteti, Emily	23	11/04/2019	2019 KSF Nationals Swimming Trials
2:40.00	L	F	Okumu, Victoria	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:40.60	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
2:41.33	L	F	Islam Ali, Lubaina	16	11/09/2019	Africa Junior Championships
2:41.68	L	Р	Kimani, Jasmin	18	11/09/2019	Africa Junior Championships
2:45.12	L	Р	Ruchti, Lucia	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:48.25 2:48.56	L L	P	Brunlehner, Sylvia Bianchi, Maria	28 15	11/04/2019 28/08/2021	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP
2:49.70	L	P	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:50.07	L	P	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:50.19	L	F	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
2:50.27	L	F	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.52	L	P	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.88	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
2:52.27	L	F	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:53.58 2:54.28	L L	F	Kagwima, Ashley Caffini, Duini	14 13	21/06/2019 04/12/2021	Hamilton Aquatics Summer Sizzler KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:54.31	L	F	Irungu, Erica Wangechi	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:54.80	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:55.70	L	F	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.04	L	F	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.71	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:59.07	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
2:59.87	L	P	Nanjala, Rebecca	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:00.63	L L	F	Williams, Angel	13	06/11/2020 11/04/2019	Swartland Invitational Gala #1 2020
3:01.21 3:01.65	L	P	Gichovi, Regina Hawala, Samantha	16 19	11/04/2019	2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
3:01.92	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.97	L	P	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:02.33	L	F	Mwasha, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:02.72	L	Р	Baraka, Angela	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:03.33	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:03.39	L	P	Nasser, Aisha	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:03.59	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:05.03	L	F	Muriithi, Rachel Michelle	17	08/01/2020	Senior National Championships 2020
3:05.10	L	F	Tripathee, Aagya	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:05.73 3:05.86	L L	F	Echessah, Axela	17 14	04/12/2021 13/11/2021	
3:06.40	L	P	Maina, Kagure Nyawira, Kimberly	14	11/04/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials
3:06.43	L	P	Karanu, Wairimu	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:06.87	L	P	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:07.53	L	Р	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.62	L	Р	Ambala, Ahura	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:09.04	L	P	Kitonga, Neema	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:10.41	L	P	Wanakai, Lenise	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:11.01	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:11.83 3:12.72	L L	F	Irungu, Megan Wanja	17 16	17/05/2019 11/04/2019	Nairobi County Swimming Champi
3:12.72	L	P	Nyamu, Wema Konig, Ophelie	15	11/04/2019	2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
3:13.33	L	P	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:14.38	L	P	Ssuna, Antisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:15.14	L	Р	Karani, Kario	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:15.78	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:16.08	L	F	Kamotho, Cheryl	15	17/05/2019	Nairobi County Swimming Champi
3:16.50	L	Р	Done, Maisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:16.68	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:16.98 3:17.10	L	F	Kittony, Stacy Jerop Khwidzomina, Mukayagi	15 18	13/11/2021 11/04/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials
3:17.12	L	F	Kimani, Kimberly	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:17.22	L	F	Shah, Deeya	15	03/04/2019	SA Level 2 Regional Age Group
3:18.30	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:18.68	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
3:19.43	L	F	Kotut, Moige	14	17/05/2019	Nairobi County Swimming Champi
3:19.99	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.14	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.43 3:23.18	L L	F	Mulemi, Sidney Mayende, Elizabeth	15 14	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
3:23.18	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:24.55	L	P	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
3:24.64	L	F	Gikunda, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:24.87	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:25.13	L	Р	Rotich, Maya Chepngetich	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:26.53	L	Р	Masese, Kwamboka	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:26.56	L	Р	Kimeto, Sheila	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:27.22	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.40	L L	P	Mwasha, Michelle	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:31.18 3:32.92	L	F	Makena, Kyra Shah, Diva	14 14	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
3:32.99	L	F	Childs, Jeanette	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:33.20	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:33.47	L	F	Langat, Audrey Chebet	13	17/05/2019	Nairobi County Swimming Champi
3:34.52	L	F	Bebbington, Anika	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.02	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
3:35.74	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.87	L	F	Maina, Kamwelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.92	L L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
3:36.07 3:37.78	L	F	Oyoo, Abba Leboy, Vahkenah	11 11	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:38.42	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
3:38.52	L	F	Kahinju, Nissi	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:38.54	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
3:38.66	L	F	MACHARIA, Michelle	15	17/05/2019	Nairobi County Swimming Champi
3:39.45	L	F	Irungu, Elaine	13	17/05/2019	Nairobi County Swimming Champi
3:41.34	L	Р	Ameya, Rana	15	11/04/2019	2019 KSF Nationals Swimming Trials

	3:41.55	L	F	Mumma, Lisa	16	17/05/2019	Nairobi County Swimming Champi
	3:42.74	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	3:43.24	L	F	Njau, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	3:44.35	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
	3:45.51	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
	3:45.88	L	Р	Karanja, Abby	13	11/04/2019	2019 KSF Nationals Swimming Trials
	3:50.70	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	3:52.04	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
	3:52.98	L	F	Musengi, Savannah	13	17/05/2019	Nairobi County Swimming Champi
	3:53.39	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	3:53.70	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	3:53.89	L	F	Ombega, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	3:55.29	L	F	Mamujee, Umme-Hani	18	17/05/2019	Nairobi County Swimming Champi
	3:55.42	L	F	Sadavarte. Kuhi	14	17/05/2019	Nairobi County Swimming Champi
	3:56.27		F	Bush, Isobel		17/05/2019	
		L	F		14		Nairobi County Swimming Champi
	4:00.66		F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
	4:02.05	L		Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
	4:07.89	L	F	Mwanzia, Zareena	12	17/05/2019	Nairobi County Swimming Champi
	4:08.04	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	4:08.21	L	F	Hunja, Makena	11	17/05/2019	Nairobi County Swimming Champi
	4:08.83	L	F	Kingatua, Amana	13	17/05/2019	Nairobi County Swimming Champi
	4:09.55	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
	4:09.88	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
	4:12.14	L	F	Eden, Sulwe	11	17/05/2019	Nairobi County Swimming Champi
	4:13.09	L	F	Hailey, Yael	15	17/05/2019	Nairobi County Swimming Champi
	4:15.00	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
	4:17.40	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
	4:17.63	L	F	Nyambura, Bridgite	14	17/05/2019	Nairobi County Swimming Champi
	4:18.80	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	4:19.37	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
	4:20.67	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
	4:24.18	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
	4:25.87	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
	4:25.94	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	4:25.99	L	F	Kamau, Aaralynne	16	17/05/2019	Nairobi County Swimming Champi
	4:33.97	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
	4:37.44	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
	4:37.80	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
			F				
	4:38.94	L		Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
	4:50.99	L	F	Wangeci, Joy	11	17/05/2019	Nairobi County Swimming Champi
Wom	ien 400 IM						
	5:59.53	L	F	Islam Ali, Lubaina	16	28/11/2019	2019 CANA Zone 3 Championships
	6:02.45	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
	6:10.90	L	F	Jamal, Bianca	14	08/02/2020	The 2020 Middlesex County Championships
	6:13.79	L	Р	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
	6:15.03	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	6:15.74	-	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	6:29.54	L	F	Kiragu, Mariam	15	04/04/2019	2nd DMSS Gators Annual Swim Ga
	6:38.58	L	P	Kagwima, Ashley	14	11/04/2019	2019 KSF Nationals Swimming Trials
	0.00.00	-				11/04/2013	
	6:30.01	1	E		13	13/11/2021	
	6:39.01	L	F	Maina, Wangechi Muritti Bashal Mishalla	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	6:44.24	L	F	Muriithi, Rachel Michelle	17	20/11/2020	Harare 5th Seeded
	6:44.24 6:46.96	L L	F F	Muriithi, Rachel Michelle Mwasha, Maria	17 15	20/11/2020 04/12/2021	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	6:44.24 6:46.96 8:05.35	L	F	Muriithi, Rachel Michelle	17	20/11/2020	Harare 5th Seeded
	6:44.24 6:46.96	L L	F F	Muriithi, Rachel Michelle Mwasha, Maria	17 15	20/11/2020 04/12/2021	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	6:44.24 6:46.96 8:05.35	L L	F F F	Muriithi, Rachel Michelle Mwasha, Maria	17 15	20/11/2020 04/12/2021 17/05/2019 05/06/2021	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	6:44.24 6:46.96 8:05.35 50 Free	L L L	F F F P	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani	17 15 14	20/11/2020 04/12/2021 17/05/2019	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi
	6:44.24 6:46.96 8:05.35 50 Free 23.52	L	F F F	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa Talib, Swaleh	17 15 14 20	20/11/2020 04/12/2021 17/05/2019 05/06/2021	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Meet of Porto
	6:44.24 6:46.96 8:05.35 50 Free 23.52 23.94		F F F P	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa	17 15 14 20 26	20/11/2020 04/12/2021 17/05/2019 05/06/2021 11/04/2019	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Meet of Porto 2019 KSF Nationals Swimming Trials
	6:44.24 6:46.96 8:05.35 50 Free 23.52 23.94 24.01		F F F F F F	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa Talib, Swaleh	17 15 14 20 26 21	20/11/2020 04/12/2021 17/05/2019 05/06/2021 11/04/2019 12/04/2021	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Meet of Porto 2019 KSF Nationals Swimming Trials Stirling Time Trial
	6:44.24 6:46.96 8:05.35 50 Free 23.52 23.94 24.01 24.31		F F F F F F	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa Talib, Swaleh Mohamed, Ridhwan Bifwoli, Tabuka Irakoze, Billy-Scott	17 15 14 20 26 21 21	20/11/2020 04/12/2021 17/05/2019 05/06/2021 11/04/2019 12/04/2021 14/03/2020	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Meet of Porto 2019 KSF Nationals Swimming Trials Stirling Time Trial Plymouth Leander L1/3 Spring R
	6:44.24 6:46.96 8:05.35 50 Free 23.52 23.94 24.01 24.31 24.60		F F F F F F	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa Talib, Swaleh Mohamed, Ridhwan Bifwoli, Tabuka	17 15 14 20 26 21 21 18	20/11/2020 04/12/2021 17/05/2019 05/06/2021 11/04/2019 12/04/2021 14/03/2020 11/09/2019	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Trials 2019 KSF Nationals Swimming Trials Stirling Time Trial Plymouth Leander L1/3 Spring R Africa Junior Championships
	6:44.24 6:46.96 8:05.35 50 Free 23.52 23.94 24.01 24.31 24.60 25.21		F F F F F F F F	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa Talib, Swaleh Mohamed, Ridhwan Bifwoli, Tabuka Irakoze, Billy-Scott	17 15 14 20 26 21 21 18 25	20/11/2020 04/12/2021 17/05/2019 05/06/2021 11/04/2019 12/04/2021 14/03/2020 11/09/2019 11/09/2019	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Trials 30 Stirling Time Trial Plymouth Leander L1/3 Spring R Africa Junior Championships 2019 KSF Nationals Swimming Trials
	6:44.24 6:46.96 8:05.35 50 Free 23.52 23.94 24.01 24.31 24.60 25.21 25.22		F F F F F F F F F	Muriithi, Rachel Michelle Mwasha, Maria Ochoro, Xolani Rosafio, Danilo Mohamed, Issa Talib, Swaleh Mohamed, Ridhwan Bifwoli, Tabuka Irakoze, Billy-Scott Nyoke, Stephen	17 15 14 20 26 21 21 18 25 18	20/11/2020 04/12/2021 17/05/2019 05/06/2021 11/04/2019 12/04/2021 14/03/2020 11/09/2019 11/04/2019 28/08/2021	Harare 5th Seeded KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 36 International Swimming Trials Stirling Time Trial Plymouth Leander L1/3 Spring R Africa Junior Championships 2019 KSF Nationals Swimming Trials 2021 KSF Nationals ChamPioNSHIP
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	28.05	L	F	Mugera, Munene	18	28/08/2021
	28.18	L	F	Nahdy, Ali	15	28/08/2021
	28.21	L	F	Kioko, Paul	19	28/08/2021
	28.28	L	F	Anjichi, Daryl Anambo	17	13/11/2021
	28.47	L	Р	Kyabayinze, Daryl	17	11/09/2019
	28.53	L	Р	Amos, Nigel	24	11/04/2019
	28.60	L	F	Muigai, Jomo	17	04/12/2021
*	28.64	L	F	Mutinda, Aker	15	28/08/2021
*	28.64	L	Р	Saini, Ahaan	17	11/04/2019
	28.66	L	F	Omar, Ibrahim	20	28/08/2021
	28.84	L	Р	Omondi, Calvin	24	11/04/2019
	28.93	L	F	Beriny, Gift	14	04/12/2021
*	28.97	L	F	Mikolela, Daniel	16	21/06/2019
*	28.97	L	F	Leunoto, Sabbah	14	28/11/2019
*	28.98	L	F	Jalang'o, Jaison Kinda	14	13/11/2021
*	28.98	L	Р	Lumonya, Joshua	17	11/04/2019
	28.99	L	F	Kalombo, Michael	15	13/11/2021
	29.06	L	F	Mhlope, Andile	15	28/11/2019
	29.09	L	F	Muravvej, Ameir	13	04/12/2021
	29.14	L	F	Bashir, Ishaq	16	28/08/2021
*	29.18	L	F	Mohamed, AlJamiu	21	28/08/2021
*	29.18	L	F	Doyen, llan	14	13/11/2021
	29.19	L	P	Muthui, Dennis	23	11/04/2019
	29.22	L	F	Shivo, Eric	16	28/11/2019
	29.28	L	F	Williams, Jarred	16	13/11/2021
*	29.38	L	F	Kamotho, Curtis	13	28/08/2021
*	29.38	L	F	Adede, Kevin	22	13/11/2021
	29.44	L	F	Michuki, Michael	16	13/11/2021
	29.48	L	F	Gituku, Randall	15	04/12/2021
*	29.55	L	F	Owaga, Issa	19	17/05/2019
*	29.55	L	P	Agosta, Daniel	16	11/04/2019
	29.55	L	F	Watene, Geoffrey	29	13/11/2021
	29.77	L	F		15	
			F	Omar, Abdilahi Kamphuis, Yannick		13/11/2021
	29.82	L	⊦ P	Kamphuis, Yannick	12	04/12/2021
	29.95	L	F	Blunsum, Carlo	15 20	
	29.96 30.04	L	F	Kipkorir, Colinreece	20 21	13/11/2021 13/11/2021
		L	F	Shariff, Al-Jame	16	
	30.05		F	Bagha, Bilal		13/11/2021
	30.07	L	г Р	Bachelani, Samir	16	28/08/2021
	30.09	L		Karanja, Manuel	17	11/04/2019
	30.13	L	F	Keter, Jeremy	17	17/05/2019
	30.14	L	P	Walusimbi, Kami	18	11/04/2019
	30.16	L	F	Muriithi, William	15	13/11/2021
	30.24	L	F	Beer, Jed	17	17/05/2019
	30.25	L	F	Nyaika, Joel	13	04/12/2021
	30.44	L	F	Masinde, Mali	13	13/11/2021
	30.65	L	F	Waziri, Nick	15	13/11/2021
	30.83	L	F	Nderitu, Samuel	22	13/11/2021
	30.85	L	F	Mayende, Franklyne	22	13/11/2021
	30.91	L	F	Tobiko, Rodgers	22	13/11/2021
	30.97	L	F	Agai, Lyle	19	17/05/2019
	30.98	L	F	Irungu, Roy	13	04/12/2021
	31.03	L	F	Mbuthia, George	17	13/11/2021
	31.07	L	F	Kamau, Daniel	15	17/05/2019
	31.18	L	F	Rebeiro, Adam	15	13/11/2021
	31.22	L	F	Abubakar, Riyadh	14	04/12/2021
	31.33	L	F	Amor, James	15	13/11/2021
	31.50	L	F	Okech, Victor	13	13/11/2021
	31.58	L	F	Ochieng', Jacktone	18	17/05/2019
	31.61	L	Р	Muchai, Nathan	15	11/04/2019
	31.87	L	F	Shah, Dhilan	17	06/07/2019
	31.88	L	Р	Walusimbi, Keon	14	11/04/2019
	31.94	L	F	Rebeiro, Ashok	12	13/11/2021
*	31.95	L	F	Senanu, Karl	13	28/08/2021
*	31.95	L	F	Sheikh, Hashim	14	04/12/2021
	31.96	L	F	Kahuko, Mwangi	19	17/05/2019
	32.04	L	Р	Kudwoli, Haniel	16	11/04/2019
	32.06	L	F	Mundi, Jack Isaack	18	17/05/2019
	32.07	L	F	Ali, Arafat	15	04/12/2021
	32.13	L	F	Bayusuf, Igbaal	12	04/12/2021
	32.18	L	F	Ochieng, Peter	16	13/11/2021
	32.24	L	F	Awadh, Hemed	13	04/12/2021
	32.26	L	F	Kibogo, Samuel	15	06/07/2019
	32.27	L	F	Nyakundi, Joel	11	28/08/2021
	32.31	L	F	Waithaka, Kihara	12	13/11/2021
	32.38	L	F	Mwendwa, Ciel	14	13/11/2021
	32.47	L	F	Ahmed Twahir, Hamid	13	04/12/2021
	32.49	L	Р	Ndale, Jack-issac	18	11/04/2019
	32.52	L	F	Mutere, Mtume	17	17/05/2019
	32.54	L	F	Thuranira, Nael	11	28/08/2021
	32.56	L	F	Bitok, Shawn	17	17/05/2019
	32.73	L	F	Khuweylid, Khunays	13	04/12/2021
	32.80	L	F	Wanjie, Ayden	13	13/11/2021
*	32.83	L	F	Muhoro, Kanyiha	12	13/11/2021
*	32.83	L	Р	Jalang'o, Jaison	14	11/04/2019
*	32.83	L	F	Ndindiri, Justine	17	17/05/2019
	32.88	L	F	Maye, Shibadu	15	28/08/2021
	33.01	L	F	Mugambi, Ryan	14	13/11/2021
	33.09	L	F	Winyi, Jason	12	04/12/2021
	33.33	L	F	Ochieng, Claude	13	13/11/2021
	33.37	L	F	Olengo, Neo	11	13/11/2021
	33.39	L	F	Indiazi, Genal	14	13/11/2021
	33.52	L	F	Karia, Palash Mishal	12	04/12/2021
	33.85	L	F	Smith, Julian	14	06/07/2019
	33.99	L	F	Ali, Arif	12	04/12/2021
	34.03	L	F	Ochanda, Saffi	14	13/11/2021
	34.03	L	F	Smith, Charles	14	06/07/2019
	34.08	L	F	Ochieng, Brian	16	17/05/2019
	34.13	L	F	Omar, Abdirahman	12	28/08/2021
	57.24	-		enta, ruonannan	14	20/00/202

021	2021 KSF NATIONAL CHAMPIONSHIP
	2021 KSF NATIONAL CHAMPIONSHIP
021	2021 KSF NATIONAL CHAMPIONSHIP
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	Africa Junior Championships
	2019 KSF Nationals Swimming Trials
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
021	2021 KSF NATIONAL CHAMPIONSHIP
019	2019 KSF Nationals Swimming Trials
	2021 KSF NATIONAL CHAMPIONSHIP
	2019 KSF Nationals Swimming Trials
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
019	Hamilton Aquatics Summer Sizzler
019	2019 CANA Zone 3 Championships
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
019	2019 KSF Nationals Swimming Trials
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
019	2019 CANA Zone 3 Championships (Team B)
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
:021	2021 KSF NATIONAL CHAMPIONSHIP
	2021 KSF NATIONAL CHAMPIONSHIP
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
019	2019 KSF Nationals Swimming Trials
	2019 CANA Zone 3 Championships
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
:021 :019	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
019	2019 KSF Nationals Swimming Trials
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	2021 KSF NATIONAL CHAMPIONSHIP
	2019 KSF Nationals Swimming Trials
	Nairobi County Swimming Champi
	2019 KSF Nationals Swimming Trials
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
019	Nairobi County Swimming Champi
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
019	Nairobi County Swimming Champi
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	Nairobi County Swimming Champi
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
:021 :021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	Nairobi County Swimming Champi
019	2019 KSF Nationals Swimming Trials
019	The Manchester Non National Me
019	2019 KSF Nationals Swimming Trials
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	2021 KSF NATIONAL CHAMPIONSHIP
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	Nairobi County Swimming Champi
	2019 KSF Nationals Swimming Trials
019	Nairobi County Swimming Champi
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
:021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
019	The Manchester Non National Me
	2021 KSF NATIONAL CHAMPIONSHIP
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
019	2019 KSF Nationals Swimming Trials
	Nairobi County Swimming Champi
	2021 KSF NATIONAL CHAMPIONSHIP
019	Nairobi County Swimming Champi
:021 :021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2019 KSF Nationals Swimming Trials
	Nairobi County Swimming Champi
	2021 KSF NATIONAL CHAMPIONSHIP
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
019	The Manchester Non National Me
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	The Manchester Non National Me
019	Nairobi County Swimming Champi
021	2021 KSF NATIONAL CHAMPIONSHIP

34.37	L	F	Mwenja, Erick	23	13/11/2021	NCAA INVITATIONAL SWIMMING
34.67	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
34.79	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING
34.92	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
35.05	L	F	Nyingi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING
		F				
35.08	L		Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING
35.14	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
35.25	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP
35.45	L	F	Mbote, Joseph	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP
35.54	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING
35.56	L	F	Ochoro, Femi	11	13/11/2021	NCAA INVITATIONAL SWIMMING
35.65	L	Р	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Tri
35.65	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Tri
			-			
35.67	L	F	Patel, Mahin	12	28/08/2021	2021 KSF NATIONAL CHAMPION
35.91	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING
35.91	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
35.95	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING
36.03	L	F	Walgwe, Kwame	14	13/11/2021	NCAA INVITATIONAL SWIMMING
36.04	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING
36.05	L	F	Kombo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING
36.07	L	F	Ayugi, Ben Kwame	13	13/11/2021	NCAA INVITATIONAL SWIMMING
36.11	L	F	Sitoyo, Manuel	13	17/05/2019	Nairobi County Swimming Champi
36.16	L	F	Ngahu, David	19	17/05/2019	Nairobi County Swimming Champi
36.22	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
36.26	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
36.27	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP
36.29	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING
36.34	L	F	Seton, Alexander	13	17/05/2019	Nairobi County Swimming Champi
36.35	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING
36.47	L	F	Kibui, Allan	14		
					17/05/2019	Nairobi County Swimming Champi
36.60	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
36.62	L	F	Toavina, Andy	16	17/05/2019	Nairobi County Swimming Champi
36.63	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
36.95	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING
37.25	L	F	Singh, Harnek	14	06/07/2019	The Manchester Non National Me
37.38	L	F	Ongera, Kyle	15	17/05/2019	Nairobi County Swimming Champi
37.38	L	F	Lopokoivit, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING
37.40	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING
37.66	L	F	Bayusuf, Saleh	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP
37.70	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING
37.99	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
38.06	L	F	Mbuguah, Mukunda	14	06/07/2019	The Manchester Non National Me
38.11	L	Р	Ondondo, Hawi	13	11/04/2019	2019 KSF Nationals Swimming Tri
38.33	L	F	Kanja, Fredrick	12	13/11/2021	NCAA INVITATIONAL SWIMMING
38.67	L	F	Muchomba, Ryan Mugambi	14	13/11/2021	NCAA INVITATIONAL SWIMMING
38.83	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING
38.84	L	F	Michuki, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING
38.89	L	F	Karuma, Jonathan	13	13/11/2021	NCAA INVITATIONAL SWIMMING
38.98	L	F	Ngugi, Lyon	11	13/11/2021	NCAA INVITATIONAL SWIMMING
39.14	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
39.25	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
39.28	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
39.29	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING
39.32	L	F	Maye, Shavisa	11	17/05/2019	Nairobi County Swimming Champi
		F				, , ,
39.41	L		Nyagu, Ndogoria	15	17/05/2019	Nairobi County Swimming Champi
39.47	L	F	Thiong'o, Praisewesley	11	13/11/2021	NCAA INVITATIONAL SWIMMING
39.52	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING
39.79	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING
39.98	L	F	Alleen, Sean	13	17/05/2019	Nairobi County Swimming Champi
40.05	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
40.07	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING
40.08	-	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
40.21	L	F				, , ,
			Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING
40.25	L	Р	Okoth, Andrew	14	03/04/2019	SA Level 2 Regional Age Group
40.37	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING
40.42	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
40.45	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
40.47	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
40.51	L	F	Njogu, Mathew	11	13/11/2021	NCAA INVITATIONAL SWIMMING
40.60	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
40.69	L	F	Parmar, Darsh	13	17/05/2019	Nairobi County Swimming Champi
40.03	L	F	Odhiambo, Gabriel	14	17/05/2019	Nairobi County Swimming Champi
40.79	L	F	Ouma, Austine Esau	11	17/05/2019	Nairobi County Swimming Champi
40.81	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
40.82	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
40.82	L	F	Kariuki, Austin	11	13/11/2021	NCAA INVITATIONAL SWIMMING
		F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING
40.95	L		Moru, Yannick	12	17/05/2019	
		F				Nairobi County Swimming Champi
41.00	L	F				Nairobi County Swimming Champi Nairobi County Swimming Champi
41.00 41.60	L L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
41.00 41.60 41.72	L L L	F	Karubui, Andy Otieno Onyango, Jason	13	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
41.00 41.60 41.72 41.75	L L L	F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo	13 12	17/05/2019 17/05/2019 13/11/2021	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING
41.00 41.60 41.72 41.75 41.83	L L L L	F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo Alvin, Mulandi	13 12 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi
41.00 41.60 41.72 41.75	L L L L	F F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo	13 12	17/05/2019 17/05/2019 13/11/2021	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi Nairobi County Swimming Champi
41.00 41.60 41.72 41.75 41.83	L L L L	F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo Alvin, Mulandi	13 12 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi
41.00 41.60 41.72 41.75 41.83 41.85	L L L L	F F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo Alvin, Mulandi Stauffer, Amani	13 12 15 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi Nairobi County Swimming Champi
41.00 41.60 41.72 41.75 41.83 41.85 42.45	L L L L L	F F F F	Karubui, Andy Otieno Onyango, Jason Musei, Murno Alvin, Mulandi Stauffer, Amani Kabiru, Baraka	13 12 15 15 15	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING
41.00 41.60 41.72 41.75 41.83 41.85 42.45 42.45 42.58 42.86		F F F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo Alvin, Mulandi Stauffer, Amani Kabiru, Baraka Mutuku, Jackson Chandhok, Youhan	13 12 15 15 10 22 11	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING NCAA INVITATIONAL SWIMMING
41.00 41.60 41.72 41.75 41.83 41.85 42.45 42.58 42.58 42.86 42.95	L L L L L L	F F F F F F	Karubui, Andy Otieno Onyango, Jason Musei, Mumo Alvin, Mulandi Stauffer, Amani Kabiru, Baraka Mutuku, Jackson Chandhok, Youhan Kasimu, Kyalo	13 12 15 15 10 22 11 10	17/05/2019 17/05/2019 13/11/2021 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021	Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING NCAA INVITATIONAL SWIMMING NCAA INVITATIONAL SWIMMING
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44.85	L	F	Muthui, Max	11	13/11/2021
44.87	L	F	Njau, Nathan	13	17/05/2019
44.95	L	F	Tinashe, Ryan	14 12	17/05/2019
45.64 46.03	L	F	Mwangi, Kyle Kibet, Adrian	12	13/11/2021 13/11/2021
46.17	L	F	Mutai, Rodney	13	17/05/2019
46.19	L	F	Mberia, Adam	11	17/05/2019
46.61	L	F	Motsoeneng, Leatile	11	17/05/2019
47.29	L	F	Ouko, Benjamin	12	17/05/2019
47.34	L	F	Bolo, Austin	14	17/05/2019
47.85	L	F	Manji, Ayaan	12	17/05/2019
48.08 48.33	L	F	Kageni, Nathan Singh, Veeraj	12 12	17/05/2019 13/11/2021
48.34	L	F	Kirimi, Gilad	11	13/11/2021
48.35	L	F	Indeche, Mwendwa	11	17/05/2019
48.58	L	F	Kamau, Victor	12	17/05/2019
48.83	L	F	Mwai, Githinji	13	17/05/2019
49.18	L	F	Chege, Nuru	11	13/11/2021
49.27	L	F	Shah, Veer	10	13/11/2021
49.37 49.54	L	F	Githere, Njoroge Cohen, Tom	14 12	17/05/2019 17/05/2019
49.56	L	F	Johnstone, Otto	12	17/05/2019
49.68	L	F	Waire, Teshan	11	17/05/2019
50.77	L	F	Trevor, Ben	13	13/11/2021
50.88	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019
51.10	L	F	Kang'Aru, Yong	11	17/05/2019
51.25	L	F	Kavia, Parv	13	17/05/2019
51.29 51.30	L	F	Ombega, Kyle Mureithi, Otto	11 13	13/11/2021 17/05/2019
51.94	L	F	Kamau, Nathan	10	13/11/2021
52.20	L	F	Kenneth, Isaac	12	17/05/2019
53.59	L	F	Mwai, Kagema	11	17/05/2019
53.77	L	F	Morani, Omanga	11	17/05/2019
53.93	L	F	Jeremy, Sirkoi	11	17/05/2019
53.96	L	F	Mbugua, Jabali	13	17/05/2019
54.67	L	F	Havi, Teammon Mbiyu, Benjamin	12 10	17/05/2019
55.39 56.77	L	F	Waithaka, Chioke	10	17/05/2019 17/05/2019
57.90	L	F	Kimani, Thiongo	10	17/05/2019
1:00.05	L	F	Eames, Josh	10	13/11/2021
1:01.37	L	F	Ekitela, Denzel	14	17/05/2019
1:03.47	L	F	Ruto, Kigen	10	17/05/2019
1:03.94	L	F	Alvin, Malonza	17	17/05/2019
1:05.08 1:06.72	L	F	Gichure, Jaden Kagunda, David	11 10	17/05/2019 17/05/2019
1:08.47	L	F	Bhalla, Ekansh	10	17/05/2019
1:11.79	L	F	Shah, Aahil	11	17/05/2019
1:17.97	L	F	Juma Isaiah, Stephen	10	17/05/2019
1:20.28	L	F	Hassan, Mahmud	14	17/05/2019
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52.09	L	Р	Rosafio, Danilo	20	20/08/2019
52.09 52.68	L	Р	Mohamed, Ridhwan	21	05/06/2021
52.09 52.68 53.44	L L	P P	Mohamed, Ridhwan Mohamed, Issa	21 26	05/06/2021 21/07/2019
52.09 52.68 53.44 53.53	L L L	P P F	Mohamed, Ridhwan Mohamed, Issa Talib, Swaleh	21 26 21	05/06/2021 21/07/2019 12/04/2021
52.09 52.68 53.44 53.53 53.72	L L L	P P F	Mohamed, Ridhwan Mohamed, Issa Talib, Swaleh Maina, Kimani	21 26 21 24	05/06/2021 21/07/2019 12/04/2021 11/04/2019
52.09 52.68 53.44 53.53	L L L	P P F	Mohamed, Ridhwan Mohamed, Issa Talib, Swaleh Maina, Kimani Nyoike, Stephen	21 26 21	05/06/2021 21/07/2019 12/04/2021
52.09 52.68 53.44 53.53 53.72 55.30	L L L L	P F F	Mohamed, Ridhwan Mohamed, Issa Talib, Swaleh Maina, Kimani	21 26 21 24 18	05/06/2021 21/07/2019 12/04/2021 11/04/2019 11/10/2021
52.09 52.68 53.44 53.53 53.72 55.30 55.85	L L L L L	P F F F F	Mohamed, Ridhwan Mohamed, Issa Talib, Swaleh Maina, Kimani Nyoike, Stephen Omondi, Alvin	21 26 21 24 18 20	05/06/2021 21/07/2019 12/04/2021 11/04/2019 11/10/2021 11/04/2019
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1:05.19	L	F	Bachelani, Samir	16	28/08/2021
1:05.25	L	F	Doyen, Ilan	14	13/11/2021
1:05.30	L	P	Lumonya, Joshua	17	11/04/2019
1:05.45	L	F	Muravvej, Ameir	13	04/12/2021
1:05.50	L	F	Omar, Ibrahim	20	28/08/2021
1:05.59	L	F	Mhlope, Andile	15	28/11/2019
1:05.78	L	F	Shivo, Eric	16	28/11/2019
1:06.02	L	F	Leunoto, Sabbah	14	28/11/2019
1:06.03	L	P	Amos, Nigel	24	11/04/2019
1:06.14	L	F	Michuki, Michael	16	28/08/2021
	-	P			
1:06.47	L		Walusimbi, Kami	18	11/04/2019
1:06.59	L	P	Bagha, Abdul	15	11/04/2019
1:06.69	L	F	Kamotho, Curtis	13	28/08/2021
1:06.82	L	F	Kamphuis, Yannick	12	04/12/2021
1:07.25	L	F	Maywaka, Owen	17	28/08/2021
1:07.32	L	F	Bitok, Shawn	17	13/11/2021
1:07.40	L	F	Kalombo, Michael	15	13/11/2021
1:07.98	L	F	Abubakar, Riyadh	14	04/12/2021
1:08.37	L	F	Kipkorir, Colinreece	20	13/11/2021
1:08.74	L	F	Nyaika, Joel	13	28/08/2021
1:08.85	L	F	Nakano, Chikashi	13	13/11/2021
1:09.10	L	F	Williams, Jarred	16	13/11/2021
1:09.49	Ĺ	F	Shariff, Al-Jame	21	13/11/2021
	L	F		14	13/11/2021
1:09.52	L	F	Jalang'o, Jaison Kinda	14	
1:09.85	-		Shah, Dhilan		06/07/2019
1:10.12	L	F	Omar, Abdilahi	15	13/11/2021
1:10.23	L	F	Irungu, Roy	13	04/12/2021
1:10.78	L	F	Agosta, Daniel	16	17/05/2019
1:11.03	L	F	Kibogo, Samuel	15	06/07/2019
1:11.16	L	F	Bayusuf, Igbaal	12	04/12/2021
1:11.33	L	F	Gituku, Randall	15	13/11/2021
1:11.51	L	Р	Muchai, Nathan	15	11/04/2019
1:11.65	L	F	Rebeiro, Adam	15	13/11/2021
1:11.68	L	F	Nderitu, Samuel	22	13/11/2021
1:11.82	L	F	Sheikh, Hashim	14	04/12/2021
1:11.84	L	F	Waziri, Nick	15	13/11/2021
* 1:12.22	L	F	Senanu, Karl	13	13/11/2021
	L	F		25	17/05/2019
* 1:12.22			Siranka, Emmanuel Leipa		
1:12.35	L	F	Okech, Victor	13	13/11/2021
1:12.37	L	P	Kamau, Daniel	15	11/04/2019
1:12.50	L	F	Awadh, Hemed	13	04/12/2021
1:13.12	L	P	Walusimbi, Keon	14	11/04/2019
1:13.16	L	т	Beriny, Gift	14	28/08/2021
1:13.40	L	F	Khuweylid, Khunays	13	04/12/2021
1:13.89	L	F	Amor, James	15	13/11/2021
1:13.93	L	F	Ahmed Twahir, Hamid	13	04/12/2021
1:14.80	L	F	Masinde, Mali	13	13/11/2021
1:14.94	L	F	Ochieng', Jacktone	18	17/05/2019
1:15.35	L	F	Olengo, Neo	11	13/11/2021
1:15.60	L	F	Mutere, Mtume	17	17/05/2019
1:16.00	Ĺ	F	Nyakundi, Joel	11	13/11/2021
1:16.13	L	F	Karanja, Alex	18	17/05/2019
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1:16.19	L		Mbuthia, George	17	13/11/2021
1:16.29	L	P	Ndale, Jack-issac	18	11/04/2019
1:16.62	L	т	Bifwoli, Mark	15	28/08/2021
1:17.07	L	P	Al-Saadawi, Belal Tarek	15	11/04/2019
1:17.16	L	F	Muhoro, Kanyiha	12	13/11/2021
1:17.39	L	F	Mugambi, Ryan	14	13/11/2021
1:17.42	L	F	Alaro, Dylan	13	13/11/2021
1:17.46	L	F	Kafuto, Rock	11	13/11/2021
1:17.86	L	F	Ochieng, Brian	16	17/05/2019
1:17.94	L	F	Ochieng, Claude	13	13/11/2021
1:17.97	L	F	Ndindiri, Justine	17	17/05/2019
1:18.27	L	F	Adede, Bret	27	17/05/2019
1:18.39	L	F	Thuranira, Nael	11	04/12/2021
1:18.90	L	F	Ali, Arif	12	04/12/2021
1:19.39	L	F	Patel, Mahin	12	04/12/2021
	L	F	Smith, Julian	14	06/07/2019
1:19.44 1:19.77			Shah, Darsh		
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1:20.19	L	Р	Lwanya, Glenn	13 15	11/04/2019
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1:20.19 1:20.53 1:21.45 1:21.50 1:22.67 1:23.45 1:23.45 1:23.58 1:23.58 1:24.54 1:24.77 1:25.12 1:25.13 1:25.19 1:25.61 1:25.61 1:25.61 1:25.64 1:26.77 1:26.94 1:26.00 1:26.37 1:26.96 1:27.77 1:27.59 1:27.70 1:28.12 1:28.13	L L L L L L L L L L L L L L L L L L L L	6	Lwanya, Glenn Wambua, Gabriel Rebeiro, Ashok Said, Mohammed Jalang'o, Jaison Werangai, Lenny Kibui, Allan Omar, Abdirahman Williams, Evan Wathaka, Kihara Kiplangat, Alvin Mutai Lopokojyi, Sotei Yassin, Abdilahi Maye, Shavisa Ogola, Andrew Ogola, Andrew Ochieng, Peter Nyagu, Ndogoria Sitoyo, Manuel Kidha, Rieko Kang'ethe, Nantai Waziri, Nathan Maithya-Garcia, Ferran Nyingi, Frank Ngarujya, Alvin Wekesa, Hawi	13 15 15 12 12 14 13 14 12 12 12 12 12 15 11 10 16 15 14 14 12 11 12 13 13 13 13 13	11/04/2019 17/05/2019 13/11/2021 04/12/2021 11/04/2019 28/08/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021
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1:20.19 1:20.53 1:21.45 1:21.50 1:22.67 1:23.01 1:23.45 1:23.58 1:24.54 1:24.54 1:24.77 1:25.13 1:25.19 1:25.48 1:25.48 1:25.61 1:25.94 1:26.00 1:26.37 1:26.96 1:27.57 1:27.59 1:27.70 1:28.12 1:28.33 1:28.47 1:28.33		6	Lwanya, Glenn Wambua, Gabriel Rebeiro, Ashok Said, Mohammed Jalang'o, Jaison Werangai, Lenny Kibui, Alan Omar, Abdirahman Williams, Evan Waithaka, Kihara Kiplangat, Alvin Mutai Lopokoiyit, Sotei Yassin, Abdilahi Maye, Shavisa Ogola, Andrew Ochieng, Peter Nyagu, Ndogoria Sitoyo, Manuel Kidha, Rieko Kang'ethe, Nantai Waziri, Nathan Maithya-Garcia, Ferran Nyingi, Frank Ngaruiya, Alvin Wekesa, Hawi Ongara, Kyle Karia, Palash Mishal Kafeero, Kisakye	13 15 15 12 12 14 13 14 12 12 12 12 12 12 12 12 15 11 10 16 15 14 12 13 13 13 14 15 12 13 13 14	11/04/2019 17/05/2019 17/05/2019 13/11/2021 04/12/2021 11/04/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/05/2019 17/05/2019 13/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021

2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships (Team B) 2019 CANA Zone 3 Championships 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi The Manchester Non National Me KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi KSF NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC The Manchester Non National Me The Manchester Non National Me 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

	1:28.91	L	Ρ	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Trials
*	1:29.32	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
*	1:29.32	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
	1:29.73	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
	1:29.97	L	F F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
	1:30.45 1:30.51	L	F	Patel, Kairav Ouko, Benjamin	11 14	13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
	1:30.58	L	F	Kanja, Fredrick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:31.16	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:31.54	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
	1:31.72	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
	1:32.21	L	F	Kanyua, George	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:32.36	L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
	1:32.43	L	F	Ali, Imran	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:32.71	L	F	Ochieng', Claude	13	17/05/2019	Nairobi County Swimming Champi
	1:33.19	L	F F	de Boer, Amgbu	13	17/05/2019	Nairobi County Swimming Champi
	1:33.36 1:33.63	L	F	Kamata, Wema	13 13	17/05/2019 17/05/2019	Nairobi County Swimming Champi
	1:33.80	L	F	Kingori, Mureithi Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	1:33.84	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
*	1:33.84	L	F	Seton, Alexander	13	17/05/2019	Nairobi County Swimming Champi
	1:33.91	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:34.79	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
	1:35.31	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
	1:36.08	L	F	Maye, Shibadu	15	17/05/2019	Nairobi County Swimming Champi
	1:36.92	L	F	Kinuthia, Clinton	20	17/05/2019	Nairobi County Swimming Champi
	1:37.37	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
	1:37.43	L	F	Asugo, Jolie	13	17/05/2019	Nairobi County Swimming Champi
	1:37.48 1:38.57	L	F F	Guy, Janequin Odhiambo, Gabriel	14 16	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	1:38.86	L	F	Mukindia. Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:39.08	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
	1:39.51	L	т	Mwamisi, Jeremy	10	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:39.58	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:39.59	L	F	Alleen, Sean	13	17/05/2019	Nairobi County Swimming Champi
	1:40.48	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:40.56	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
	1:40.90	L	F	Onchiri, Nehemiah	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:43.27	L	F	Shah, Aryan	13	17/05/2019	Nairobi County Swimming Champi
	1:43.89	L	F	Kafeero, Kirabo	12	17/05/2019	Nairobi County Swimming Champi
	1:43.92	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
	1:44.22	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
	1:44.85	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
	1:45.61	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:45.74 1:47.06	L	F F	Karubui, Andy	12 13	17/05/2019 17/05/2019	Nairobi County Swimming Champi
	1:47.17	L	F	Mwihia, Joshua Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	1:48.20	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
	1:48.21	L	F	Macharia, Muchemi	11	17/05/2019	Nairobi County Swimming Champi
	1:48.26	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:48.54	L	F	Mbau, Jonathan	20	17/05/2019	Nairobi County Swimming Champi
	1:49.01	L	F	Muchomba, Ryan Mugambi	14	17/05/2019	Nairobi County Swimming Champi
	1:49.07	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
	1:49.38	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
	1:49.46	L	F	Ochoro, Femi	11	17/05/2019	Nairobi County Swimming Champi
	1:50.42	L	F	Futaki, Yoshihiro	12	17/05/2019	Nairobi County Swimming Champi
	1:52.42	L	F	Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
	1:53.45	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
*	1:54.20	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
*	1:54.20	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:54.86	L	F F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
	1:56.96 1:57.01	L	F	Cohen, Tom Indeche, Mwendwa	12 11	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	1:57.74	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
	1:58.23	L	F	Ouko, Benjamin	12	17/05/2019	Nairobi County Swimming Champi
	1:58.57	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
	1:58.71	L	F	Kirimi, Gilad	11	17/05/2019	Nairobi County Swimming Champi
	1:58.85	L	F	Oduor, Cruz	10	17/05/2019	Nairobi County Swimming Champi
	1:59.36	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019	Nairobi County Swimming Champi
	1:59.87	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
	2:00.67	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
	2:01.63	L	F	Ngugi, Lyon	11	17/05/2019	Nairobi County Swimming Champi
	2:09.20	L	F	Waithaka, Chioke	12	17/05/2019	Nairobi County Swimming Champi
	2:14.60 2:17.74	L	F F	Nderitu, Kyle Havi, Teammon	12 12	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	2:17.74 2:18.15	L	F	Ekitela, Denzel	12	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	2:20.70	L	F	Adudans, Trevor	14	17/05/2019	Nairobi County Swimming Champi
	2:23.56	L	F	Kimani, Thiongo	10	17/05/2019	Nairobi County Swimming Champi
		-	•	rainani, rhiongo		11/00/2010	nanobi obarity omining onanipi
wien	200 Free			Mahamad Bidhwar	04	05/06/2024	Mara Neatrum VI I Dannelsen intil Ter i
	1:55.68	L	P F	Mohamed, Ridhwan Rosafio, Danilo	21 20	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy Millfield and Team Bath AS TYR
	1:58.25 2:02.33	L	F	Rosatio, Danilo Maina, Monyo	20 18	13/03/2020 04/07/2019	2019 Summer Championships
	2:02.35	L	F	Hart, Ivan	15	24/07/2021	South West British Summer Festival (Bath) L1
	2:05.26	L	F	Omondi, Alvin	20	11/04/2019	2019 KSF Nationals Swimming Trials
	2:05.52	L	P	Bedi, Kabir	20	29/06/2019	Team Bath Pre-National 2019
	2:11.33	L	F	Khagram, Kunaal	18	11/04/2019	2019 KSF Nationals Swimming Trials
	2:12.26	L	F	Bifwoli, Tabuka	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:13.78	L	F	Chemirmir, Jabali	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
	2:13.79	L	F	Irakoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
	2:13.85	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:14.31	L	F	De Guzman, Risha	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:15.15	L	F	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
	2:15.59	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships
	2:16.21	L	Ρ	Onyach, Jesse	16	11/09/2019	Africa Junior Championships
	2:17.35	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
	2:19.61	L	F	Omondi, Cian	22	11/04/2019	2019 KSF Nationals Swimming Trials
	2:20.60	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
•	2:20.60	L	F F	Kanja, Evans	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
			F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	2:20.63	L		ratanna, ologilou		20/00/2021	

2:22.25	L	Р	Chemirmir, Kigen	21	11/04/2019
2:22.66	L	F	Muravvej, Aryen	16	11/04/2019
2:22.69	L	F	Mutinda, Aker	15	28/08/2021
2:22.71	L	F	Omar, Mohammed	21	28/08/2021
2:22.94 2:23.61	L	F	Nahdy, Ali	15 17	28/08/2021 11/09/2019
2:24.83	L	F	Kyabayinze, Daryl Lwanya, Clyde	17	17/05/2019
2:25.14	L	F	Lumonya, Joshua	17	11/04/2019
2:25.20	L	F	Sheikh, Mohammed	14	04/12/2021
2:25.26	L	F	Bashir, Ishaq	16	11/04/2019
2:25.48	L	F	Kioko, Jesse	14	13/11/2021
2:26.11	L	F	Bagha, Abdul	15	11/04/2019
2:26.26	L	F	Anjichi, Daryl Anambo	17	13/11/2021
2:27.49	L	F	Michuki, Michael	16	13/11/2021
2:27.65	L	F	Shah, Rushab	18	04/12/2021
2:28.68	L	F	Muigai, Jomo	17	28/08/2021
2:28.76	L	F	Otieno, Emmanuel	16	04/12/2021
2:29.23	L	F	Kamotho, Curtis	13	28/08/2021
2:29.52	L	F	Ndezwa, Stanley	19	17/05/2019
2:30.26 2:31.03	L	F	Walusimbi, Kami Nakano, Chikashi	18 13	11/04/2019 13/11/2021
2:31.54	L	F	Kamphuis, Yannick	12	13/11/2021
2:32.21	L	T	Okal, Joseph	19	28/08/2021
2:35.39	L	P	Smit, Antonio	15	11/04/2019
2:35.43	L	F	Bitok, Shawn	17	06/07/2019
2:36.11	L	Р	Kibogo, Samuel	15	11/04/2019
2:36.24	L	F	Nyaika, Joel	13	28/08/2021
2:36.84	L	F	Abubakar, Riyadh	14	04/12/2021
2:37.14	L	F	Adede, Kevin	22	13/11/2021
2:38.18	L	F	Sheikh, Hashim	14	04/12/2021
2:39.39	L	Р	Kamau, Daniel	15	11/04/2019
2:39.59	L	F	Senanu, Karl	13	04/12/2021
* 2:40.35	L	F	Echessah, Dante	13	04/12/2021
* 2:40.35	L	P	Mhlope, Andile	15	11/04/2019
2:40.76 2:42 47	L	F	Beer, Jed	17 13	17/05/2019 13/11/2021
2:42.47	L	F	Okech, Victor Omar, Abdilahi	15	13/11/2021
2:44.00	L	F	Mutere, Mtume	17	17/05/2019
2:45.15	L	F	Bayusuf, Igbaal	12	04/12/2021
2:46.99	L	F	Masinde, Mali	13	13/11/2021
2:47.34	L	F	Kombe, Jeremy	13	04/12/2021
2:47.68	L	F	Karia, Palash Mishal	12	04/12/2021
2:47.91	L	F	Shivo, Eric	16	17/05/2019
2:49.92	L	F	Vyas, Dhruv	18	17/05/2019
2:51.04	L	F	Kalombo, Michael	15	17/05/2019
2:51.87	L	F	Matimu, Nathan	13	17/05/2019
2:52.13	L	F	Olengo, Neo	11	13/11/2021
2:52.32	L	F	Patel, Mahin	12	04/12/2021
2:52.61	L	F	Ahmed Twahir, Hamid	13	04/12/2021
2:54.18	L	F	Nyagah, Xidi Munene	14	17/05/2019
2:55.28	L	F	Ochieng, Brian	16	17/05/2019
2:55.40	L	F	Hawala, Ngesa	14	17/05/2019
2:55.66 2:55.84	L	F	Winyi, Jason Mugambi, Ryan	12 14	04/12/2021 13/11/2021
2:55.84	L	F	Wambua, Gabriel	14	17/05/2019
2:57.06	L	F	Kibadengi, Emmanuel	22	13/11/2021
2:57.22	L	F	Kibui, Allan	14	17/05/2019
2:57.24	L	F	Amor, James	15	13/11/2021
2:57.79	L	т	Bifwoli, Mark	15	28/08/2021
2:58.57	L	Р	Ndale, Jack-issac	18	11/04/2019
2:58.91	L	F	Lwanya, Warren	14	17/05/2019
2:59.89	L	F	Mule, Mikael Kimeu	11	13/11/2021
3:00.65	L	F	Muhoro, Kanyiha	12	13/11/2021
3:01.38	L	F	Ongera, Leo	18	17/05/2019
3:01.46	L	F	Williams, Evan	11	13/11/2021
3:04.21	L	F	Michuki, Matthew	13	13/11/2021
3:05.89	L	F	Mwangi, Antony	23	13/11/2021
3:07.10	L	F	Kiplangat, Alvin Mutai	12 13	13/11/2021 17/05/2019
3:07.44 3:08.75	L	F	Shah, Darsh Mwamisi, Jeremy	10	04/12/2021
3:09.36	L	F	Waithaka, Kihara	12	13/11/2021
3:10.43	L	F	Sitoyo, Manuel	14	17/05/2019
3:10.60	L	F	Ogola, Andrew	10	13/11/2021
3:10.71	L	F	Omar, Abdirahman	12	13/11/2021
3:13.80	L	F	Kidha, Rieko	14	17/05/2019
3:25.79	L	F	Weru, Jonathan	13	17/05/2019
3:26.01	L	F	Paul, John	22	17/05/2019
3:27.55	L	F	Ochieng', Claude	13	17/05/2019
3:29.30	L	F	Karanja, Austin	13	17/05/2019
3:32.29	L	F	Waweru, Tevin	10	17/05/2019
3:36.81	L	F	Kanyua, George	23 14	13/11/2021
3:44.12 3:53.26	L	F	Mwengi, Ayden Ayugi, Ben Kwame	14	17/05/2019 17/05/2019
3:57.35	L	F	Nguono, Brett	11	17/05/2019
4:08.58	L	F	Mwangi, Allan	14	17/05/2019
4:12.13	L	F	Otieno Onyango, Jason	13	17/05/2019
Men 400 Free					
4:16.88	L	Р	Maina, Monyo	18	20/08/2019
4:22.00	L	F	Hart, Ivan	15	17/12/2021
4:40.05	L	P	Khagram, Kunaal	18	11/09/2019
4:44.17	L	P	Saini, Ahaan	17	11/04/2019
4:52.45	L	F	Frantz, Shad	15	04/12/2021
4:53.92	L	F	Chatterjee, Aheer	18	28/11/2019
4:57.23	L	F	Katumwa, Siegfred	18	28/08/2021
5:00.81	L	F	Mwamisi, Trevor	17	28/08/2021
5:02.20	L	F	Bagha, Abdul	15	28/08/2021
5:05.26	L	P	De Guzman, Risha	16	11/04/2019
5:07.22	L	F	Matimu, Nathan	13	28/08/2021
5:07.25	L	Р	Bashir, Ishaq	16	11/09/2019

2019 KSF Nationals Swimming Trials
2019 KSF Nationals Swimming Trials
2021 KSF NATIONAL CHAMPIONSHIP
2021 KSF NATIONAL CHAMPIONSHIP
2021 KSF NATIONAL CHAMPIONSHIP Africa Junior Championships
Nairobi County Swimming Champi
2019 KSF Nationals Swimming Trials
KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2019 KSF Nationals Swimming Trials
NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials
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NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
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2021 KSF NATIONAL CHAMPIONSHIP
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2021 KSF NATIONAL CHAMPIONSHIP
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2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP
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2019 KSF Nationals Swimming Trials
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NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
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NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2021 KSF NATIONAL CHAMPIONSHIP
2019 KSF Nationals Swimming Trials
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NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
Nairobi County Swimming Champi
7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
Swim Wales Open Winter Championships 2021
Africa Junior Championships
2019 KSF Nationals Swimming Trials
KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2019 CANA Zone 3 Championships (Team B)
2021 KSF NATIONAL CHAMPIONSHIP
2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials

2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP Africa Junior Championships

5:15.11	L	Р	Kyabayinze, Daryl	17	7	11/09/2019	Africa Junior Championships
5:16.94	L	F	Abubakar, Riyadh	14	Ļ	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:27.55	L	Р	Smit, Antonio	15		11/04/2019	2019 KSF Nationals Swimming Trials
5:30.00	L	F	Kioko, Jesse	14		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:37.43	L	Р	Mhlope, Andile	15		11/04/2019	2019 KSF Nationals Swimming Trials
5:47.85	L	P	Muchai, Nathan	15		11/04/2019	2019 KSF Nationals Swimming Trials
5:51.64	L	F	Sheikh, Hashim	14		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:55.62	L	F	Karia, Palash Mishal	12		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:56.72	L	F	Okech, Victor	13		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:02.41	L	F	Kamau, Daniel	15		17/05/2019	Nairobi County Swimming Champi
6:06.69	L	F	Kariuki, Sean	16		17/05/2019	Nairobi County Swimming Champi
6:10.77	L	F	Kalombo, Michael Kipkorir, Colinreece	15 20		17/05/2019 13/11/2021	Nairobi County Swimming Champi
6:13.82	L	F				04/12/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC
6:27.17 6:28.61	L	F	Selassie, Samson Wambua, Gabriel	12 15		17/05/2019	Nairobi County Swimming Champi
6:28.93	L	F	Patel, Mahin	13		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
6:33.10	L	F	Michuki, Matthew	12		17/05/2019	Nairobi County Swimming Champi
6:46.29	L	F	Kibadengi, Emmanuel	22		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:46.45	L	F	Kibui, Allan	14	-	17/05/2019	Nairobi County Swimming Champi
6:51.71	L	F	Mwangi, Antony	23		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7:05.59	L	F	Patel, Kairav			13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7:11.88	L	F	Weru, Jonathan	13	3	17/05/2019	Nairobi County Swimming Champi
7:19.45	L	F	Amor, James	15	5	17/05/2019	Nairobi County Swimming Champi
8:08.43	L	F	Mwengi, Ayden	14	L.	17/05/2019	Nairobi County Swimming Champi
8:31.36	L	F	Ayugi, Ben Kwame	13	3	17/05/2019	Nairobi County Swimming Champi
Men 800 Free							
8:53.85	L	F	Hart, Ivan	15	5	22/01/2022	Somerset ASA 2022 County Championship
8:53.99	L	Р	Maina, Monyo	18	3	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
9:59.48	L	F	Chatterjee, Aheer	18	3	28/11/2019	2019 CANA Zone 3 Championships
10:13.68	L	F	Frantz, Shad	15	5	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10:45.52	L	F	Bachelani, Samir	16		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
11:06.29	L	F	Werangai, Lenny	13		17/05/2019	Nairobi County Swimming Champi
11:13.22	L	F	Bashir, Ishaq	16		11/04/2019	2019 KSF Nationals Swimming Trials
11:21.26	L	F	Smit, Antonio	15		11/04/2019	2019 KSF Nationals Swimming Trials
11:35.71	L	F	Abubakar, Riyadh	14		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
11:59.31	L	F	Anjichi, Daryl Anambo	17		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12:13.77	L	F	Paul, John	22		17/05/2019	Nairobi County Swimming Champi
12:14.79	L	F	Sheikh, Hashim	14		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
13:11.87	L	F	Kalombo, Michael	15		17/05/2019	Nairobi County Swimming Champi
13:24.74	L	F	Okech, Victor	13		17/05/2019	Nairobi County Swimming Champi
13:43.50 13:47.84	L	F	Kipkorir, Colinreece Ongera, Leo	20 18		13/11/2021 17/05/2019	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
13:52.54	L	F	Patel, Mahin	10		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
14:07.01	L	F	Kibadengi, Emmanuel	22		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15:31.95	L	F	Amor, James	15		17/05/2019	Nairobi County Swimming Champi
		·	, anoi, ounioo	10	·	11/06/2010	
Men 1500 Free 17:12.26	L	F	Maina, Monyo	18	,	24/07/2019	2019 Canadian Junior Championships
17:17.82	L	F	Hart, Ivan	15		17/12/2021	Swim Wales Open Winter Championships 2021
19:06.01	L	F	Saini, Ahaan	10		11/04/2019	2019 KSF Nationals Swimming Trials
19:40.74	L	F	De Guzman, Risha	16		11/04/2019	2019 KSF Nationals Swimming Trials
19:48.75	L	F	Frantz, Shad	15		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20:07.18	L	F	Katumwa, Siegfred	18		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
21:19.02	L	F	Smit, Antonio	15	5	11/04/2019	2019 KSF Nationals Swimming Trials
24:03.67	L	F	Shivo, Kevin	19	9	17/05/2019	Nairobi County Swimming Champi
26:11.82	L	F	Kipkorir, Colinreece	20)	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:30.51	L	F	Mwenja, Erick	23	3	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:44.97	L	F	Kalombo, Michael	15		17/05/2019	Nairobi County Swimming Champi
29:24.69	L	F	Amor, James	15	5	17/05/2019	Nairobi County Swimming Champi
Men 50 Back							
29.49	L	F	Bifwoli, Tabuka	18	3	11/10/2021	14th CANA African Junior & Senior and Open Wa
29.50	L	P	Talib, Swaleh	21		21/08/2019	12th African Games
29.59	L	F	Ndonga, Emmanuel	22		11/04/2019	2019 KSF Nationals Swimming Trials
29.64	L	F	Maina, Kimani	24		11/04/2019	2019 KSF Nationals Swimming Trials
29.88	L	P	Omondi, Alvin	20		20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
30.18	L	F	Nelson, Nobby	21		11/04/2019	2019 KSF Nationals Swimming Trials
30.19	L	P	Khagram, Kunaal	18		11/09/2019	Africa Junior Championships
30.86 31.70	L	F	Kithikii, Scott Shah, Rushab	18 18		11/04/2019 11/04/2019	2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
31.70 31.91	L	P	Snan, Rusnab Masinde, Johari	18		15/01/2022	2019 KSF Nationals Swimming Trials Devon County 2022 Championships / Age Groups
31.96	L	P	Muravvej, Aryen	14		11/09/2019	Africa Junior Championships
31.99	L	F	Khandwalla, Mohamed Iqbal	10		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.11	L	P	Hart, Ivan	15		29/07/2019	Swim Wales Summer Open Meet 2019
32.42	L	F	Smith-Chopin, Ulysse	20		28/11/2019	2019 CANA Zone 3 Championships
33.21	L	F	Chemirmir, Jabali	18		11/10/2021	14th CANA African Junior & Senior and Open Wa
33.27	L	F	Maina, Monyo	18		10/05/2019	Edmonton Keyano Invitational 2
33.35	L	F	Blunsum, Carlo	15	5	28/11/2019	2019 CANA Zone 3 Championships
33.55	L	F	Onyach, Jesse	16		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.56	L	F	Muchoki, Ronnie	22		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.75	L	F	Lutz, Oliver	18		17/05/2019	Nairobi County Swimming Champi
33.98	L	F	Bashir, Ishaq	16		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
34.00	L	F	Chemirmir, Kigen	21		17/05/2019	Nairobi County Swimming Champi
34.11	L	F	Ndezwa, Stanley	19		28/11/2019	2019 CANA Zone 3 Championships
34.32	L	F	Kudwoli, Haniel	16		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.43	L	F	Irakoze, Billy-Scott	25		28/11/2019	2019 CANA Zone 3 Championships
34.52 34.62	L	F	Beer, Jed Masakha, Joshua	17 14		17/05/2019 28/08/2021	Nairobi County Swimming Champi 2021 KSF NATIONAL CHAMPIONSHIP
34.62 34.63	L	F	Masakha, Joshua Shivo, Eric	14 16		28/08/2021 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
34.63 34.67	L	F	Snivo, Eric Muigai, Jomo	16		28/08/2021 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
34.67 34.83	L	F	Jerry, Collins	17		13/11/2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.83 34.95	L	F	Jerry, Collins Lumonya, Joshua	17		13/11/2021 11/04/2019	2019 KSF Nationals Swimming Trials
34.95 35.19	L	F	Bitok, Shawn	17		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.29	L	F	Walid, Khalid	17		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.32	L	F	Nakano, Chikashi	13		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.51	L	F	Williams, Jarred	16		13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.82	L	F	Kamotho, Curtis	13		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.84	L	F	Walusimbi, Kami	18		11/04/2019	2019 KSF Nationals Swimming Trials
35.97	L	F	Kioko, Paul	19		04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.02	L	F	Bachelani, Samir	16		28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP

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36.19	L	F	Shah, Dhilan	17	04/12/2021
36.34	L	F	Abubakar, Riyadh	14	04/12/2021
36.80	L	F	Kalombo, Michael	15	13/11/2021
37.05	L	P	Bagha, Abdul	15	11/04/2019
37.45	L	F	Senanu, Karl	13	04/12/2021
37.69	L	F	Owaga, Issa	19	11/04/2019
37.84	L	F	Kawelu, Brian	21	17/05/2019
37.90	L	F	Masinde, Mali	13	13/11/2021
38.06	L	F	Maywaka, Owen	17	17/05/2019
38.07	L	F	Olengo, Neo	11	13/11/2021
	L	F		24	17/05/2019
38.11			Odhiambo, Nick Joseph		
38.14	L	F	Kibogo, Samuel	15	06/07/2019
38.33	L	F	Smith, Charles	16	06/07/2019
38.41	L	P	Smit, Antonio	15	11/04/2019
38.48	L	F	Bayusuf, Igbaal	12	04/12/2021
38.51	L	Р	Kamau, Daniel	15	11/04/2019
38.56	L	F	Ochanda, Saffi	14	13/11/2021
38.81	L	F	Rebeiro, Adam	15	13/11/2021
39.00	L	F	Musila, Urbanus Wambua	24	17/05/2019
39.04	L	F	Thuranira, Nael	11	28/08/2021
		F		22	
39.09	L		Tobiko, Rodgers		13/11/2021
39.10	L	F	Vyas, Dhruv	18	17/05/2019
39.31	L	F	Abdulaziz, Ahmed	13	04/12/2021
39.39	L	F	Ahmed Twahir, Hamid	13	04/12/2021
39.39	L	F	Kamphuis, Yannick	12	13/11/2021
39.70	L	F	Mundi, Jack Isaack	18	17/05/2019
40.32	L	Р	Ndale, Jack-issac	18	11/04/2019
40.66	L	F	Lwanya, Warren	14	17/05/2019
40.77	L	F	Wanjau, Elvis	32	13/11/2021
40.94	L	F	Rebeiro, Ashok	12	13/11/2021
	L	F	Karia, Palash Mishal		04/12/2021
41.01				12	
41.16	L	F	Kirui, Malachi	16	17/05/2019
41.22	L	F	Nyagah, Xidi Munene	14	17/05/2019
41.50	L	Р	Al-Saadawi, Belal Tarek	15	11/04/2019
41.78	L	Р	Walusimbi, Keon	14	11/04/2019
42.02	L	F	Nderitu, Samuel	22	13/11/2021
42.23	L	F	Waithaka, Kihara	12	13/11/2021
42.33	L	F	Ongera, Kyle	15	13/11/2021
		F			
42.34	L		Waziri, Nick	15	13/11/2021
42.45	L	F	Mungai, Reign	14	13/11/2021
42.50	L	F	Ochieng, Claude	13	13/11/2021
42.51	L	F	Williams, Evan	11	13/11/2021
42.60	L	F	Bagha, Bilal	16	13/11/2021
43.10	L	F	Kipkorir, Colinreece	20	13/11/2021
43.13	L	F	Kariuki, Sean	16	17/05/2019
43.15	L	F	Smith, Julian	14	06/07/2019
43.23	L	F	Karuma, Jonathan	13	13/11/2021
		F			
43.24	L		Wambua, Gabriel	15	17/05/2019
43.31	L	Р	Hawala, Ngesa	14	11/04/2019
43.82	L	F	Mule, Mikael Kimeu	11	13/11/2021
43.94	L	F	Thuo, Edwin	22	13/11/2021
44.13	L	F	Maye, Shavisa	11	28/08/2021
44.22	L	F	Bayusuf, Saleh	11	04/12/2021
44.44	L	F	Omar, Abdirahman	12	13/11/2021
44.49	L	F		13	
		F	Okech, Victor		17/05/2019 17/05/2019
44.51	L		Kidha, Rieko	14	
44.67	L	F	Ochanda, Alan	13	13/11/2021
44.74	L	F	Sitoyo, Manuel	14	17/05/2019
44.88	L	F	Matimu, Nathan	13	17/05/2019
45.43	L	F	Mwamisi, Jeremy	10	04/12/2021
45.90	L	F	Waziri, Nathan	11	13/11/2021
46.05	L	F	Kafuto, Rock	11	13/11/2021
46.13	L	F	Kafeero, Kisakye	14	17/05/2019
	L	F		11	
46.16			Neo, Olengo		17/05/2019
46.22	L	F	Ochoro, Femi	11	13/11/2021
46.25	L	F	Michuki, Matthew	13	13/11/2021
46.49	L	F	Maye, Shibadu	15	17/05/2019
46.60	L	F	Mbuguah, Mukunda	14	06/07/2019
46.70	L	F	Seton, Alexander	13	17/05/2019
46.87	L	F	Mugo, Alex	14	17/05/2019
46.91	L	F	Kang'ethe, Nantai	12	17/05/2019
47.10	L	P	Jalang'o, Jaison	14	11/04/2019
47.17	L	F	Ouko, Benjamin	14	17/05/2019
47.19	L	F	Patel, Mahin	14	04/12/2021
47.19	L	F	Muchomba, Ryan Mugambi	12	13/11/2021
47.44	L	F	Njogu, Mathew	11	13/11/2021
47.58	L	F	Maithya-Garcia, Ferran	12	13/11/2021
47.58	L	F	Kasimu, Kyama	12	13/11/2021
47.81	L	F	Kinuthia, Clinton	20	17/05/2019
47.95	L	F	Kogo, Jeremy	11	13/11/2021
48.11	L	F	Odhiambo, Gabriel	16	17/05/2019
48.12	L	F	Futaki, Yoshihiro	12	13/11/2021
48.25	L	F	Moru, Yannick	12	17/05/2019
48.36	L	F	Singh, Harnek	14	06/07/2019
	L	F		14	17/05/2019
48.52			Wekesa, Hawi		
48.63	L	F	Ayugi, Ben Kwame	13	13/11/2021
48.68	L	F	Patel, Kairav	11	13/11/2021
48.79	L	F	Kombe, Jeremy	13	17/05/2019
48.99	L	F	Kiplangat, Alvin Mutai	12	17/05/2019
49.03	L	F	Werangai, Lenny	13	17/05/2019
49.03	L	F	Karanja, Austin	13	17/05/2019
49.49	L	F	Guy, Janequin	14	17/05/2019
	L	F		14	
49.83			Muhoro, Kanyiha		17/05/2019
50.04	L	F	Kamata, Wema	13	17/05/2019
50.21	L	F	Alvin, Mulandi	15	17/05/2019
50.30	L	F	Mwaura, Samuel	23	13/11/2021
50.44	L	F	de Boer, Amgbu	13	17/05/2019
50.69	L	F	Ochieng', Claude	13	17/05/2019
50.76	L	F	Walgwe, Kwame	14	13/11/2021
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KSF NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi The Manchester Non National Me The Manchester Non National Me 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi KSF NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi The Manchester Non National Me NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi The Manchester Non National Me Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

50.78	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
51.20	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.29	L	F	Mbau, Jonathan	20	17/05/2019	Nairobi County Swimming Champi
51.30	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.62	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
		F				
51.85	L		Shah, Darsh	13	06/07/2019	The Manchester Non National Me
51.96	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.14	L	F	Lopokoiyit, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.16	L	F	Radido, Matthew	12	17/05/2019	Nairobi County Swimming Champi
52.19	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
52.37	L	F	Githere, Njoroge	14	17/05/2019	Nairobi County Swimming Champi
52.41	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
52.86	L	F	Mutua, Johari	13	17/05/2019	Nairobi County Swimming Champi
		F				
53.03	L		Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
53.53	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.59	L	F	Theuri, Michael	12	17/05/2019	Nairobi County Swimming Champi
53.69	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
53.81	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
54.05	L	F	Theuri, Gabriel	14	17/05/2019	Nairobi County Swimming Champi
54.74	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
55.04	L	F	Kagwai, Peter	18	17/05/2019	Nairobi County Swimming Champi
55.41	L	F	Cohen, Tom	10	17/05/2019	
						Nairobi County Swimming Champi
55.48	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
55.55	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.71	L	F	Macharia, Muchemi	11	17/05/2019	Nairobi County Swimming Champi
55.81	L	F	Kageni, Nathan	12	17/05/2019	Nairobi County Swimming Champi
56.15	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
57.12	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
57.16	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
	L	F	•			NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.39			Shah, Veer	10	13/11/2021	
57.56	L	F	Kasimu, Kyalo	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.99	L	F	Kafeero, Kirabo	12	17/05/2019	Nairobi County Swimming Champi
58.07	L	F	Kirimi, Gilad	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.30	L	F	Mwangi, Arthur Muturi	12	17/05/2019	Nairobi County Swimming Champi
58.31	L	F	Indeche, Mwendwa	11	17/05/2019	Nairobi County Swimming Champi
58.45	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
58.81	L	F				
			Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
58.91	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.35	L	F	Lukas, Nigel	13	17/05/2019	Nairobi County Swimming Champi
1:00.36	L	F	Chege, Nuru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.54	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
1:01.13	L	F	Kenneth, David	13	17/05/2019	Nairobi County Swimming Champi
1:01.91	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
1:02.56	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
1:02.98	L	F	Singh, Veeraj	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:03.23	L	F	Ngugi, Lyon	11	17/05/2019	Nairobi County Swimming Champi
1:03.73	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
	L	F	-	12		
1:04.43			Kariuki, Justin		17/05/2019	Nairobi County Swimming Champi
1:05.77	L	F	Apesy, Matthew	11	17/05/2019	Nairobi County Swimming Champi
1:06.80	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
1:08.47	L	F	Eames, Josh	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
		F	Kimani, Thiongo	10	17/05/2019	Nairobi County Swimming Champi
1:08.83	L	F	Kimani, Thiongo Shah, Aabil	10	17/05/2019	Nairobi County Swimming Champi
1:08.83 1:10.23	L L	F	Shah, Aahil	11	17/05/2019	Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49	L L L	F	Shah, Aahil Rock, Kabiru	11 11	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23	L L	F	Shah, Aahil	11	17/05/2019	Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49	L L L	F	Shah, Aahil Rock, Kabiru	11 11	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56	L L L	F F	Shah, Aahil Rock, Kabiru Alvin, Malonza	11 11 17	17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96	L L L L	F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong	11 11 17 11	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95	L L L L L	F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji	11 11 17 11 12 13	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28	L L L L L L	F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor	11 11 17 11 12 13 13	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96	L L L L L L L	F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke	11 11 17 11 12 13 13 13	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20	L L L L L L	F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon	11 11 17 11 12 13 13	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96	L L L L L L L	F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke	11 11 17 11 12 13 13 13	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:110.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95		F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon	11 11 17 11 12 13 13 13 12 12	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back		F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David	11 11 17 11 12 13 13 12 12 12 10	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91		F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa	11 11 17 12 13 13 13 12 12 12 10 0	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 21/07/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.35		F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani	11 11 17 11 12 13 13 12 12 12 10 0 26 24	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 21/07/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.35 1:04.61		F F F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin	11 11 17 11 12 13 13 12 12 12 10 26 24 24 20	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 21/07/2019 11/04/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi 18th FINA World Championships 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.35		F F F F F F F F F F F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin Khagram, Kunaal	11 11 17 11 12 13 13 12 12 12 10 0 26 24	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 11/04/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.35 1:04.61		F F F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin	11 11 17 11 12 13 13 12 12 12 10 26 24 24 20	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 21/07/2019 11/04/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi 18th FINA World Championships 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.61 1:04.64		F F F F F F F F F F F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin Khagram, Kunaal	11 11 17 11 12 13 13 12 12 12 12 12 26 24 24 20 8 8 8 8	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 11/04/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi 18th FINA World Championships 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Africa Junior Championships
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:21.95 Men 100 Back 1:02.91 1:04.35 1:04.64 1:05.15 1:05.19		F F F F F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin Khagram, Kunaal Bifwoli, Tabuka	11 11 17 11 12 13 13 13 12 12 12 10 0 26 24 20 0 18 18	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 11/04/2019 11/04/2019 11/04/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Thas Nairobi County Swimming Thas Nairobi County Swimming Thas Nairobi County Swimming Thas Nairobi County Swimming Trials 2019 KSF Nationals Swimming Trials Africa Junior Championships 14th CANA African Junior & Senior and Open Wa
1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:14.95 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.35 1:04.61 1:04.64 1:05.15 1:05.19 1:05.45		F F F F F F F F F F F F F F F F F F F	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teanmon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin Khagram, Kunaal Bifwoli, Tabuka Ndonga, Emmanuel Talib, Swaleh	11 11 17 11 12 13 13 12 12 12 12 12 12 12 12 12 12 12 12 12	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 11/04/2019 11/04/2019 11/04/2019 11/04/2019 04/07/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi 18th FINA World Championships 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Africa Junior Championships 14th CANA African Junior & Senior and Open Wa 2019 KSF Nationals Swimming Trials 30th Summer Universiade 2019 (FISU Games)
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1:08.83 1:10.23 1:10.49 1:11.56 1:12.48 1:12.96 1:15.28 1:16.96 1:18.20 1:21.95 Men 100 Back 1:02.91 1:04.35 1:04.61 1:04.63 1:04.64 1:05.15 1:05.15 1:05.15 1:05.54 1:06.54 1:08.87 1:09.02 1:09.48 1:10.49 1:11.01 1:11.17 1:11.66 1:12.24 1:12.24 1:13.45 1:13.45 1:13.45 1:13.45 1:15.37 1:15.57 1:15.57 1:15.67 1:15.83 1:16.49 1:16.74 1:17.37 1:17.77 1:17.77 1:17.73 1:17.73		נ ו ו ווא מו	Shah, Aahil Rock, Kabiru Alvin, Malonza Kang'Aru, Yong Bhalla, Ekansh Mwai, Githinji Adudans, Trevor Waithaka, Chioke Havi, Teammon Kagunda, David Mohamed, Issa Maina, Kimani Omondi, Alvin Khagram, Kunaal Bifwoli, Tabuka Ndonga, Emmanuel Talib, Swaleh Hart, Ivan Masinde, Johari Khandwalla, Mohamed Iqbal Kithikii, Scott Chatterjee, Aheer Maina, Monyo Lumonya, Samora Shah, Rushab Muravvej, Aryen Blunsum, Carlo De Guzman, Risha Chemirmir, Kigen Chemirmir, Jabali Irakoze, Billy-Scott Smith-Chopin, Ulysse Kudwoli, Haniel Bashir, Ishaq Walid, Khalid Nakano, Chikashi Shivo, Eric Masakha, Joshua Kioko, Jesse Muchoki, Ronnie Matimu, Nathan Lumonya, Joshua Bagha, Abdul	11 11 17 11 12 13 13 12 12 12 12 10 26 24 20 18 18 18 18 18 18 18 18 18 18	17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 17/05/2019 11/04/2019 11/04/2019 11/04/2019 11/04/2019 22/01/2022 15/01/2022 15/01/2022 15/01/2022 15/01/2022 15/01/2022 15/01/2022 15/01/2022 15/01/2022 15/01/2029 11/04/2019 11/04/2019 11/04/2019 11/04/2019 11/04/2019 28/11/2021 13/11/2021 13/11/2021 13/11/2021 13/11/2021	Nairobi County Swimming Champi Nairobi County Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 30th Summer Universiade 2019 (FISU Games) Somerset ASA 2022 County Championship Devon County 2022 Championship 2021 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships 2010 CANA Zone 3 Championships 2010 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships 2010 CANA Zone 3 Championships 2010 CANA Zone 3 Championships 2010 CANA Zone 3 Championships 2010 CANA Zone 3 Championships 2019 CANA Zone 3 Championships (Team B) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS

	1:20.38	L	F	Beer, Jed	17	06/07/2019	The Manchester Non National Me
	1:20.71	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
	1:20.87	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:21.36	L	P	Anjichi, Daryl Anambo	17	11/04/2019	2019 KSF Nationals Swimming Trials
	1:21.50	L	F	Kioko, Paul	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4
	1:22.05	L	P	Kibogo, Samuel	15	11/04/2019	2019 KSF Nationals Swimming Trials
	1:22.19	L	F	Shah, Dhilan	17	17/05/2019	Nairobi County Swimming Champi
	1:22.28	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:23.37	L	F	Williams, Jarred	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
			F				
	1:24.01	L		Lwanya, Warren	14	28/11/2019	2019 CANA Zone 3 Championships
	1:24.68	L	F	Bayusuf, Igbaal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4
	1:25.18	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:25.64	L	Р	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
	1:25.67	L	Р	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
	1:26.46	L	F	Olengo, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:26.61	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:29.19	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:29.46	L	Р	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
	1:29.55	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	Nairobi County Swimming Champi
	1:29.82	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:30.03	L	F	Odhiambo, Nick Joseph	24	17/05/2019	Nairobi County Swimming Champi
	1:30.41	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:30.52	L	F	Karanja, Alex	18	17/05/2019	Nairobi County Swimming Champi
	1:30.54	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
	1:30.54	L	F	Kariuki, Sean		17/05/2019	
					16		Nairobi County Swimming Champi
	1:31.16	L	F	Wanjie, Ayden	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:31.57	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:31.96	L	F	Nderitu, Samuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:32.51	L	F	Keter, Jeremy	17	17/05/2019	Nairobi County Swimming Champi
	1:32.71	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:33.69	L	F	Hawala, Ngesa	14	17/05/2019	Nairobi County Swimming Champi
	1:33.74	L	F	Wanjau, Elvis	32	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:35.21	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:35.24	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:36.30	L	F	Karia, Palash Mishal	12	17/05/2019	Nairobi County Swimming Champi
	1:36.72	L	Р	Abubakar, Riyadh	14	11/04/2019	2019 KSF Nationals Swimming Trials
	1:36.74	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
	1:37.50	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:37.75	L	F	Michuki, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
		L	F				
	1:37.80			Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:37.89	L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
	1:37.90	L	F	Kinuthia, Clinton	20	17/05/2019	Nairobi County Swimming Champi
	1:38.19	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:38.38	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
	1:39.48	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
	1:39.56	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:40.24	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
	1:41.05	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
	1:42.03	L	F	Maye, Shavisa	11	17/05/2019	Nairobi County Swimming Champi
	1:42.14	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4
	1:42.32	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:42.93	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:43.01	L	F	Parmar, Darsh	14	17/05/2019	Nairobi County Swimming Champi
	1:44.26	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:44.32	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
			F			13/11/2021	
	1:44.52	L		Patel, Kairav	11		NCAA INVITATIONAL SWIMMING CHA
	1:44.91	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
	1:44.97	L	т	Werangai, Lenny	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:46.51	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
	1:46.86	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
	1:48.00	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
	1:48.76	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:49.28	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
	1:52.47	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
	1:52.76	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:54.38	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
	1:54.97	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
	1:57.92	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
	1:59.12	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	1:59.37	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
	2:00.99	L	F	Muhoro, Kanyiha	12	17/05/2019	Nairobi County Swimming Champi
	2:00.55	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
	2:02.21	L	F	Amor, James	12	17/05/2019	Nairobi County Swimming Champi
	2:02.21	L	F	Johnstone, Otto	13	17/05/2019	Nairobi County Swimming Champi
	2:06.06	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	2:10.07	L	F	Motsoeneng, Leatile	11	17/05/2019	Nairobi County Swimming Champi
	2:10.78	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019	Nairobi County Swimming Champi
	2:12.64	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	2:15.70	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
	2:16.16	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
	2:18.44	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
	2:19.45	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
	2:21.17	L	F	Gichohi, Shohi	13	17/05/2019	Nairobi County Swimming Champi
n	200 Back						
.,	2:22.52	L	Р	Khagram Kupaal	40	11/09/2019	Africa Junior Championships
			P F	Khagram, Kunaal	18		
	2:26.83	L		Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships
	2:29.70	L	F	Hart, Ivan	15	13/03/2020	Millfield and Team Bath AS TYR
	2:31.65	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
	2:32.18	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
	2:37.87	L	F	Shah, Rushab	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	2:37.99	L	F	Bifwoli, Tabuka	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	2:38.83	L	F	Chemirmir, Jabali	18	28/11/2019	2019 CANA Zone 3 Championships
	2:40.72	L	F	Bagha, Abdul	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	2:41.45	L	F	Blunsum, Carlo	15	28/11/2019	2019 CANA Zone 3 Championships
	2:45.99	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHA
	2:46.63	L	Р	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
	2:48.61	L	Т	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	2:54.41	L	т	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	2:55.42	L	P	Frantz, Shad	15	11/04/2019	2019 KSF Nationals Swimming Trials
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	2:56.76	L	F	Bitok, Shawn	17	06/07/20
	2:59.21	L	Р	Kamau, Daniel	15	11/04/20
	3:00.17	L	F	Senanu, Karl	13	13/11/20
	3:01.27	L	Р	Smit, Antonio	15	11/04/20
	3:06.78	L	F	Shah, Dhilan	17	17/05/20
	3:10.17	L	F	Bayusuf, Igbaal	12	28/08/20
	3:12.19	L	F	Michuki, Michael	16	13/11/20
	3:12.35	L	F	Okech, Victor	13	28/08/20 11/04/20
	3:14.91	L	F	Lwanya, Warren	14 11	13/11/20
	3:16.35 3:16.48	L	F	Williams, Evan Nderitu, Samuel	22	13/11/20
	3:22.54	L	F	Nyagah, Xidi Munene	14	17/05/20
	3:26.07	L	F	Mule, Mikael Kimeu	11	13/11/20
	3:29.81	L	F	Hawala, Ngesa	14	17/05/20
	3:30.81	L	F	Alaro, Dylan	13	13/11/20
	3:34.28	L	F	Kariuki, Sean	16	17/05/20
	3:34.98	L	F	Karia, Palash Mishal	12	17/05/20
	3:35.60	L	F	Kingori, Mureithi	13	17/05/20
	3:38.95	L	F	Matimu, Nathan	13	17/05/20
	3:43.31	L	F	Michuki, Matthew	13	17/05/20
	3:48.26	L	F	Muhoro, Kanyiha	12	13/11/20
	3:50.16	L	F	Kidha, Rieko	14	17/05/20
	3:51.70	L	F	Kiplangat, Alvin Mutai	12	17/05/20
	3:54.09	L	F	Weru, Jonathan	13	17/05/20
	4:02.69	L	F	Kombe, Jeremy	13 13	17/05/20
	4:16.85 4:17.64	L	F	Otieno Onyango, Jason Paul, John	22	17/05/20 17/05/20
	4:21.48	L	F	Mwengi, Ayden	14	17/05/20
		-		inwengi, Ayden	14	11/00/20
Men	50 Breast		-	Deserves Tax	25	04/40/00
	29.84 31.16	L	F P	Pragassa, Tory Ndonga, Samuel	25 24	04/12/20 21/08/20
	31.55	L	Р	Opande, Jono Per	24 18	11/09/20
	31.85	L	F	Mohamed, Ridhwan	21	11/03/20
	32.20	L	F	Omondi, Cian	22	11/04/20
	32.23	L	P	Ndonga, Emmanuel	22	11/04/20
	32.30	L	F	Maina, Kimani	24	11/04/20
	32.53	L	Р	Nyoike, Stephen	18	11/09/20
	32.78	L	Р	Nelson, Nobby	21	11/04/20
	32.87	L	Р	Eddy, Ciaran	21	11/04/20
	32.91	L	F	Talib, Swaleh	21	11/04/20
	33.56	L	F	Omar, Ibrahim	20	28/08/20
*	33.69	L	F	Mwangi, Dale	22	11/04/20
•	33.69	L	F	De Guzman, Risha	16	04/12/20
	33.72	L	F F	Mayende, Franklyne	22	13/11/20 14/03/20
	33.86 33.94	L	F	Kithikii, Scott Kioko, Paul	18 19	28/08/20
	34.21	L	F	Lwanya, Clyde	19	28/08/20
	34.24	L	F	Kudwoli, Haniel	16	28/08/20
	34.31	L	F	Smith-Chopin, Ulysse	20	28/11/20
	34.50	L	F	Sheikh, Mohammed	14	04/12/20
	34.99	L	F	Ngare, David	27	11/04/20
	35.07	L	F	Muravvej, Ameir	13	04/12/20
	35.09	L	Р	Mugera, Munene	18	11/04/20
	35.43	L	F	Frantz, Shad	15	13/11/20
	35.58	L	F	Omar, Mohammed	21	11/04/20
	35.92	L	F	Kanja, Evans	17	28/08/20
	36.07	L	F	Anjichi, Daryl Anambo	17	28/08/20
	36.16	L	F	Maywaka, Owen	17	13/11/20
	36.23	L	F P	Shah, Rushab Lumonya, Samora	18	04/12/20 11/04/20
	36.29 36.37	L	F	Ngweno, Adrian	18 23	04/12/20
	36.43	L	F	Omondi, Lucas	22	13/11/20
	36.72	L	F	Nahdy, Ali	15	28/08/20
*	36.87	L	F	Otieno, Adam	15	04/12/20
*	36.87	L	F	Jerry, Collins	22	13/11/20
	37.01	L	F	Shivo, Eric	16	28/08/20
	37.07	L	F	Bagha, Abdul	15	28/08/20
	37.09	L	P	Shikely, Nabil	22	11/04/20
	37.13	L	P	Shivo, Kevin	19	11/04/20
*	37.51	L	F	Kawelu, Brian	21	17/05/20
*	37.51	L	F	Shah, Dhilan	17	04/12/20
	37.56	L	F	Bachelani, Samir	16 17	28/08/20 28/08/20
	37.58 37.84	L	P	Mwamisi, Trevor Muravvej, Aryen	17 16	28/08/20
	37.84 38.15	L	F	Walid, Khalid	10	13/11/20
	38.16	L	F	Amor, James	15	13/11/20
	38.30	L	F	Rebeiro, Adam	15	13/11/20
	38.33	L	Р	Omondi, Calvin	24	11/04/20
	38.57	L	F	Mutinda, Aker	15	28/08/20
	38.70	L	F	Kalombo, Michael	15	13/11/20
	38.73	L	F	Leunoto, Sabbah	14	28/11/20
	38.81	L	P	Masinde, Johari	14	15/01/20
	38.91	L	P	Amos, Nigel	24	11/04/20
	38.92	L	F F	Mohamed, AlJamiu Wotene, Geoffrey	21	04/12/20 13/11/20
	39.32 39.54	L	F	Watene, Geoffrey Ochieng', Jacktone	29 18	13/11/20 17/05/20
	39.54	L	F	Omar, Abdilahi	15	13/11/20
	39.77	L	F	Kamotho, Curtis	13	04/12/20
	39.78	L	F	Kioko, Jesse	14	13/11/20
	39.81	L	F	Rebeiro, Ashok	12	13/11/20
	39.86	L	F	Kombe, Jeremy	13	28/08/20
	39.87	L	F	Shariff, Al-Jame	21	13/11/20
	39.97	L	F	Ali, Arafat	15	28/08/20
	39.99	L	F	Nyaika, Joel	13	28/08/20
	40.48	L	F	Ochieng, Peter	16	17/05/20
	40.53	L	P	Lumonya, Joshua	17	11/04/20
	40.71	L	F	Matimu, Nathan	13	28/08/20
	40.72	L	F	Muriithi, William	15	13/11/20
	40.75	L	F	Khuweylid, Khunays	13	04/12/20

/2019	The Manchester Non National Me
/2019 /2021	2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2019 KSF Nationals Swimming Trials
	Nairobi County Swimming Champi
/2021 /2021	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2021 KSF NATIONAL CHAMPIONSHIP
	2019 KSF Nationals Swimming Trials
/2021 /2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	Nairobi County Swimming Champi
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
/2019	Nairobi County Swimming Champi
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/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
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/2019	Nairobi County Swimming Champi
/2019 /2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
2019	Nairobi County Swimming Champi
/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
/2019 /2019	12th African Games Africa Junior Championships
	2019 KSF Nationals Swimming Trials
/2019	2019 KSF Nationals Swimming Trials
	2019 KSF Nationals Swimming Trials
	2019 KSF Nationals Swimming Trials Africa Junior Championships
	2019 KSF Nationals Swimming Trials
/2019	2019 KSF Nationals Swimming Trials
	2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP
	2019 KSF Nationals Swimming Trials
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
/2021 /2020	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Plymouth Leander L1/3 Spring R
	2021 KSF NATIONAL CHAMPIONSHIP
	2019 CANA Zone 3 Championships
/2021 /2019	2021 KSF NATIONAL CHAMPIONSHIP 2019 CANA Zone 3 Championships
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	2019 KSF Nationals Swimming Trials
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2019 KSF Nationals Swimming Trials
	2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
/2019 /2021	2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
/2021	2021 KSF NATIONAL CHAMPIONSHIP
/2021 /2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2021	2021 KSF NATIONAL CHAMPIONSHIP
	2021 KSF NATIONAL CHAMPIONSHIP
	2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
	Nairobi County Swimming Champi
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
	2019 KSF Nationals Swimming Trials
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2019 KSF Nationals Swimming Trials
/2021	2021 KSF NATIONAL CHAMPIONSHIP
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2019 CANA Zone 3 Championships Devon County 2022 Championships / Age Groups
	2019 KSF Nationals Swimming Trials
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi
/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
/2021 /2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2021 KSF NATIONAL CHAMPIONSHIP
/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
/2021 /2021	2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
	Nairobi County Swimming Champi
/2019	2019 KSF Nationals Swimming Trials
	2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	KSF NATIONAL CHAMPIONSHIP LC 4 DEC

40.90	L	F	Beriny, Gift	14	04/12/2021	KSI
41.26	L	F	Adede, Bret	27	17/05/2019	Nai
41.64	L	F	Owaga, Issa	19	17/05/2019	Nai
41.68 41.70	L	F	Munyao, Sila Lwanya, Warren	16 14	13/11/2021 28/11/2019	NC. 201
41.93	L	P	Muchai, Nathan	15	11/04/2019	201
41.98	L	F	Waweru, Moses	25	13/11/2021	NC.
41.98	L	F	Odhiambo, Nick Joseph	24	17/05/2019	Nai
42.05	L	F	Doyen, Ilan	14	04/12/2021	KSI
42.53 42.71	L	F	Olengo, Neo Mbuthia, David	11 26	13/11/2021 17/05/2019	NC. Nai
43.07	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSI
43.51	L	F	Radido, Matthew	12	13/11/2021	NC.
43.53	L	F	Keter, Jeremy	17	17/05/2019	Nai
43.62	L	F	Thuranira, Nael	11	28/08/2021	202
43.76 43.79	L	F	Tobiko, Rodgers Bagha, Bilal	22 16	13/11/2021 13/11/2021	NC.
43.85	L	F	Mbuthia, George	17	13/11/2021	NC
44.03	L	F	Ssuna, Martin	12	28/08/2021	202
44.04	L	F	Kibadengi, Emmanuel	22	13/11/2021	NC.
44.15	L	F	Nyingi, Frank	13	13/11/2021	NC.
44.30 44.77	L	F	Kogo, Jeremy Ochanda, Saffi	11 14	13/11/2021 13/11/2021	NC.
44.92	L	F	Okoth, Andrew	14	03/04/2019	SA
45.05	L	F	Bayusuf, Igbaal	12	28/08/2021	202
45.14	L	F	Ali, Arif	12	04/12/2021	KSI
45.24	L	F	Kamphuis, Yannick	12	13/11/2021	NC.
45.35	L	F	Ongera, Kyle	15	13/11/2021	NC.
45.55 45.64	L	F	Mundi, Jack Isaack Wambua, Gabriel	18 15	17/05/2019 17/05/2019	Nai Nai
46.04	L	F	Said, Mohammed	12	04/12/2021	KSI
46.10	L	F	Musila, Urbanus Wambua	24	17/05/2019	Nai
46.19	L	F	Smith, Charles	16	06/07/2019	The
46.23	L	P	Walusimbi, Keon	14	11/04/2019	201
46.45	L	F	Singh, Harnek Ndale, Jack-issac	14 18	06/07/2019 11/04/2019	The 201
46.50 46.94	L	F	Okech, Victor	13	17/05/2019	Nai
47.01	L	F	Smith, Julian	14	06/07/2019	The
47.21	L	F	Musinya, Hillary	22	13/11/2021	NC.
47.34	L	F	Williams, Evan	11	13/11/2021	NC
47.52	L	F	Ochieng, Claude	13	13/11/2021	NC.
47.57 47.57	L	F	Senanu, Karl Kibui, Allan	13 14	13/11/2021 17/05/2019	NC. Nai
47.57	L	F	Waziri, Nathan	11	13/11/2021	NC.
47.80	L	F	Ochoro, Femi	11	13/11/2021	NC.
47.90	L	Р	Jalang'o, Jaison	14	11/04/2019	201
48.13	L	F	Lopokoiyit, Sotei	12	13/11/2021	NC.
48.16 48.20	L	F	Mugo, Alex Muchomba, Ryan Mugambi	14 14	17/05/2019 13/11/2021	Nai NC
48.21	L	F	Shah, Aryan	14	17/05/2019	Nai
48.26	L	F	Nyakundi, Joel	11	28/08/2021	202
48.32	L	F	Muhoro, Kanyiha	12	13/11/2021	NC.
48.44	L	F	Yassin, Abdilahi	15	17/05/2019	Nai
48.53 48.55	L	F	Kenduiwya, Ethen Werangai, Lenny	14 13	13/11/2021 17/05/2019	NC. Nai
48.60	L	F	Kafuto, Rock	13	13/11/2021	NC
48.94	L	F	Ambala, Agonza	13	17/05/2019	Nai
49.23	L	Р	Hawala, Ngesa	14	11/04/2019	201
49.32	L	F	Neo, Olengo	11	17/05/2019	Nai
49.34 49.41	L	F	Ochanda, Alan Sitoyo, Manuel	13 14	13/11/2021 17/05/2019	NC.
49.41	L	F	Kombo, Jeremy	14	13/11/2021	Nai NC
49.51	L	F	Patel, Kairav	11	13/11/2021	NC
49.85	L	F	Kang'ethe, Nantai	12	17/05/2019	Nai
49.88	L	F	Karia, Yash	13	17/05/2019	Nai
50.09	L	F	Walgwe, Kwame	14	13/11/2021	NC.
50.77 50.95	L	F	Ayugi, Ben Kwame Swai, Caelen	13 13	13/11/2021 13/11/2021	NC.
51.07	L	F	Ngugi, Lyon	11	13/11/2021	NC
51.59	L	F	Kamata, Wema	13	17/05/2019	Nai
52.03	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NC.
52.23	L	F	Futaki, Yoshihiro Shah, Darsh	12	13/11/2021	NC.
52.23 52.71	L	F	Guy, Janequin	13 14	06/07/2019 17/05/2019	The Nai
52.76	L	F	Wekesa, Hawi	14	17/05/2019	Nai
53.25	L	F	Mwamisi, Jeremy	10	04/12/2021	KSI
53.30	L	F	Njuguna, Jonathan	11	13/11/2021	NC.
53.83	L	F	Gogo, Joshua	11	13/11/2021	NC.
55.07 55.23	L	F	Mumo, Brian Kamau, Nathan	21 10	13/11/2021 13/11/2021	NC.
55.32	L	F	Ngaruiya, Alvin	13	13/11/2021	NC.
55.34	L	F	Kasimu, Kyalo	10	13/11/2021	NC
55.42	L	F	Ouko, Benjamin	12	17/05/2019	Nai
55.54	L	F	Mukindia, Ethan	10	13/11/2021	NC.
56.12	L	F	Kariuki, Justin	12	17/05/2019	Nai
56.37 56.49	L	F	Manji, Ayaan Mbuguah, Mukunda	12 14	17/05/2019 06/07/2019	Nai The
57.75	L	F	Masinde, Mali	13	17/05/2019	Nai
57.95	L	F	Moru, Yannick	12	17/05/2019	Nai
57.96	L	F	Kirimi, Gilad	11	17/05/2019	Nai
58.73	L	F	Alleen, Sean	13	17/05/2019	Nai
59.23 1:00.87	L	F	Trevor, Ben Ngonga, Ogwe Benjamin	13 12	13/11/2021 17/05/2019	NC. Nai
1:01.41	L	F	Abwavo, Reign	14	17/05/2019	Nai
1:01.50	L	F	Ombega, Kyle	11	13/11/2021	NC
1:01.83	L	F	Kamau, Victor	12	17/05/2019	Nai
1:02.03	L	F	Githere, Njoroge	14	17/05/2019	Nai
1:02.22 1:02.62	L	F	Indeche, Malika Mwendwa Geyer, Elias	13 13	17/05/2019 17/05/2019	Nai Nai
1.02.02	L	г	50,01, E100	13	1110312019	IBNI

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	1:02.65	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
	1:02.74	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
	1:02.82	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
	1:02.90	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
	1:03.54	L	F	Apesy, Matthew	11	17/05/2019	Nairobi County Swimming Champi
	1:03.70	L	F	Oduor, Cruz	10	17/05/2019	Nairobi County Swimming Champi
	1:06.03	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
	1:07.19	L	F	Chege, Nuru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:07.32	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
	1:07.51	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
	1:07.70	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
	1:07.73	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
	1:08.00	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
				-			
	1:08.53	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
	1:09.41	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
	1:09.64	L	F	Nderitu, Kyle	12	17/05/2019	Nairobi County Swimming Champi
	1:10.20	L	F	Indeche, Mwendwa	11	17/05/2019	Nairobi County Swimming Champi
	1:10.43	L	F	Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
	1:11.39	L	F	Jeremy, Sirkoi	11	17/05/2019	Nairobi County Swimming Champi
	1:12.34	L	F	Juma Isaiah, Stephen	10	17/05/2019	Nairobi County Swimming Champi
	1:13.75	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
	1:16.58	L	F	Kang'Aru, Yong	11	17/05/2019	Nairobi County Swimming Champi
		L	F	Muthui, Max	11	13/11/2021	
	1:17.90						NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:20.29	L	F	Shah, Aahil	11	17/05/2019	Nairobi County Swimming Champi
	1:21.45	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
	1:34.99	L	F	Kagunda, David	10	17/05/2019	Nairobi County Swimming Champi
Men	100 Breast						
			-	Deserves Terry	05	40/44/0004	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:08.69	L	F	Pragassa, Tory	25	13/11/2021	
	1:11.19	L	Р	Ndonga, Samuel	24	21/08/2019	12th African Games
	1:11.69	L	Ρ	Opande, Jono Per	18	11/09/2019	Africa Junior Championships
	1:12.50	L	F	Nyoike, Stephen	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
	1:12.63	L	F	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
	1:14.27	L	F	De Guzman, Risha	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:14.55	L	F	Kunyiha, Kirunda	21	28/11/2019	2019 CANA Zone 3 Championships
	1:15.26	L	P	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
			Р	Kithikii, Scott			-
	1:15.59	L			18	11/04/2019	2019 KSF Nationals Swimming Trials
	1:16.42	L	F	Omondi, Cian	22	17/05/2019	Nairobi County Swimming Champi
	1:16.50	L	F	Kudwoli, Haniel	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	1:16.75	L	F	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:17.08	L	Ρ	Maina, Monyo	18	07/02/2020	Edmonton Open
	1:17.56	L	F	Lwanya, Clyde	17	28/11/2019	2019 CANA Zone 3 Championships
	1:18.49	L	F	Kioko, Paul	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:18.56	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:20.13	L	P		18	11/04/2019	
				Lumonya, Samora			2019 KSF Nationals Swimming Trials
	1:20.20	L	F	Mugera, Munene	18	11/04/2019	2019 KSF Nationals Swimming Trials
	1:20.32	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	1:20.57	L	F	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:21.03	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	1:22.01	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:22.36	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:22.87	L	F	Shah, Dhilan	17	06/07/2019	The Manchester Non National Me
	1:22.96	L	P	Saini, Ahaan	17	11/04/2019	
							2019 KSF Nationals Swimming Trials
	1:23.25	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:23.64	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
*	1:23.64	L	Ρ	Kimuli, Travour	20	11/04/2019	2019 KSF Nationals Swimming Trials
	1:24.59	L	F	Kawelu, Brian	21	17/05/2019	Nairobi County Swimming Champi
	1:24.61	L	F	Anjichi, Daryl Anambo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:24.73	L	F	Otieno, Adam	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	1:25.59	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:26.62	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	1:26.77			Shivo, Kevin			2019 KSF Nationals Swimming Trials
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		L	F	Kioko, Jesse	14		NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:26.96	L	F			13/11/2021	
			F F	Blunsum, Carlo	15	28/11/2019	2019 CANA Zone 3 Championships
	1:26.96	L	F	Blunsum, Carlo Shariff, Al-Jame			
	1:26.96 1:27.77	L L	F F		15	28/11/2019	2019 CANA Zone 3 Championships
	1:26.96 1:27.77 1:27.95	L L L	F F F	Shariff, Al-Jame	15 21	28/11/2019 13/11/2021	2019 CANA Zone 3 Championships NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
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	1:41.89	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:42.03	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:42.65	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:42.75	L	Р	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
	1:42.83	L	Р	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
	1:43.48	L	F	Mbuthia, David	26	17/05/2019	Nairobi County Swimming Champi
	1:43.66	L	F F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:43.91	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
	1:44.00 1:44.39	L	F	Bagha, Bilal Ali, Arif	16 12	13/11/2021 04/12/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	1:44.43	L	Р	Kibogo, Samuel	12	11/04/2019	2019 KSF Nationals Swimming Trials
	1:44.56	L	F	Singh, Harnek	14	06/07/2019	The Manchester Non National Me
	1:45.00	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:45.55	L	F	Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	1:45.68	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
	1:45.86	L	F	Ndindiri, Justine	17	17/05/2019	Nairobi County Swimming Champi
	1:46.23	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:46.33	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:46.68	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
	1:46.69	L	F	Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:46.81	L	F	Musinya, Hillary	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:47.30	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:48.46	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
	1:48.81	L	F	Ochoro, Femi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:48.83	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
	1:48.89 1:49.09	L	F F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
		L	F	Ochanda, Alan	13 13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:49.32	L	F	Seton, Alexander	13	17/05/2019 13/11/2021	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:49.66 1:50.07	L	F	Williams, Evan Kafeero, Kisakye	14	17/05/2019	Nairobi County Swimming Champi
	1:50.73	L	P	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Trials
	1:51.43	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
	1:51.50	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:52.35	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
	1:53.01	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
	1:53.51	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
	1:54.31	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
	1:55.39	L	F	Maye, Shibadu	15	17/05/2019	Nairobi County Swimming Champi
	1:55.57	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:55.92	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
	1:55.96	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
	1:56.01	L	F	Onchiri, Nehemiah	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:56.18	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
	1:57.14	L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi
	1:57.34	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:57.76	L	P	Bayusuf, Igbaal	12	03/04/2019	SA Level 2 Regional Age Group
	1:58.24	L	F F	Shah, Aryan	13	17/05/2019	Nairobi County Swimming Champi
	1:58.25 1:59.04	L	F	Kiplangat, Alvin Mutai Sitoyo, Manuel	12 14	17/05/2019 17/05/2019	Nairobi County Swimming Champi
	1:59.04	L	F	Wekesa, Hawi	14 14	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	1:59.53	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:01.06	L	F	Kafeero, Kirabo	12	17/05/2019	Nairobi County Swimming Champi
	2:03.61	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
	2:04.12	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
	2:04.95	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:05.71	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
	2:06.95	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:06.97	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
	2:07.53	L	F	Mutua, Johari	13	17/05/2019	Nairobi County Swimming Champi
	2:08.59	L	F	Waziri, Nathan	11	17/05/2019	Nairobi County Swimming Champi
	2:09.38	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
	2:09.58	L	F	Mumo, Brian	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:10.41	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
	2:11.09	L	F	Muchomba, Ryan Mugambi	14	17/05/2019	Nairobi County Swimming Champi
	2:11.61 2:12.32	L	F F	Ayugi, Ben Kwame	13	17/05/2019 17/05/2019	Nairobi County Swimming Champi
	2:13.97	L	F	Ochieng', Claude de Boer, Amgbu	13 13	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
	2:16.35	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
	2:17.15	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
	2:18.96	L	F	Kenneth, Isaac	12	17/05/2019	Nairobi County Swimming Champi
	2:19.02	L	F	Muhoro, Kanyiha	12	17/05/2019	Nairobi County Swimming Champi
	2:19.66	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
	2:20.05	L	F	Theuri, Gabriel	14	17/05/2019	Nairobi County Swimming Champi
	2:21.24	L	F	Oduor, Cruz	10	17/05/2019	Nairobi County Swimming Champi
	2:22.41	L	F	Mwangi, Arthur Muturi	12	17/05/2019	Nairobi County Swimming Champi
	2:22.52	L	F	Patel, Kairav	11	17/05/2019	Nairobi County Swimming Champi
	2:26.78	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
	2:29.52	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
	2:31.39 2:32.17	L	F F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
*	2:32.61	L	F	Ogola, Andrew Johnstone, Otto	10 12	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
*	2:32.61	L	F	Ngugi, Lyon	11	17/05/2019	Nairobi County Swimming Champi
	2:32.70	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
	2:38.45	L	F	Gichohi, Shohi	13	17/05/2019	Nairobi County Swimming Champi
	2:42.82	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
	2:48.57	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:49.62	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
	2:50.39	L	F	Havi, Teammon	12	17/05/2019	Nairobi County Swimming Champi
Men	200 Breast						
	2:38.39	L	F	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
	2:40.87	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	2:41.37	L	F	Ndonga, Samuel	24	11/04/2019	2019 KSF Nationals Swimming Trials
	2:42.73	L	F	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
	2:42.91	L	F	Pragassa, Tory	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	2:50.08	L	F	Kithikii, Scott	18	11/04/2019	2019 KSF Nationals Swimming Trials
	2:51.24	L	F	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
	3:00.06	L	F	Shah, Dhilan	17	06/07/2019	The Manchester Non National Me
	3:00.31	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
			F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships (Team B)
	3:00.98	-					

3:01.20	L	F	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.43	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:02.40	L	F	Kudwoli, Haniel	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:03.04	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:04.87	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:05.83	L	F	Mugera, Munene	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.43	L	F	Kawelu, Brian	21	17/05/2019	Nairobi County Swimming Champi
3:11.63 3:12.88	L	F	Shah, Rushab Kioko, Paul	18 19	11/04/2019 04/12/2021	2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:17.32	L	F	Shivo, Eric	19	17/05/2019	Nairobi County Swimming Champi
3:21.41	L	T	Michuki, Michael	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:21.76	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.46	L	F	Echessah, Dante	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:22.72	L	F	Kombe, Jeremy	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:23.06	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:26.87	L	F	Anjichi, Daryl Anambo	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.40	L	F	Nyingi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.58	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:31.15	L	F	Agai, Lyle	19	17/05/2019	Nairobi County Swimming Champi
3:31.75	L	F	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.45 3:35.55	L	F	Khuweylid, Khunays Kalombo, Michael	13 15	04/12/2021 17/05/2019	KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi
3:35.92	L	F	Kamotho, Curtis	13	17/05/2019	Nairobi County Swimming Champi
3:39.31	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:39.38	L	F	Waweru, Moses	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:40.35	L	F	Hawala, Ngesa	14	17/05/2019	Nairobi County Swimming Champi
3:40.82	L	Р	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:42.64	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
3:43.54	L	F	Okoth, Andrew	14	03/04/2019	SA Level 2 Regional Age Group
3:47.49	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
3:48.88	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
3:50.82	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
3:51.54	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:52.10	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
3:58.27	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
3:59.85	L	F	Mbuthia, David	26	17/05/2019	Nairobi County Swimming Champi
4:03.79	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:08.85	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
4:09.67	L	F	Mule, Mikael Kimeu	11	17/05/2019	Nairobi County Swimming Champi
4:15.72	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
4:16.52	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
4:20.48 4:26.88	L	F	Guy, Janequin Michuki, Matthew	14 13	17/05/2019 17/05/2019	Nairobi County Swimming Champi
4:29.78	L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
4:43.91	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
4:44.91	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
5:16.59	L	F	Muhoro, Kanyiha	12	17/05/2019	Nairobi County Swimming Champi
5:21.48	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
5:47.59	L	F	Otieno Onyango, Jason	40	17/05/2019	Nairobi County Swimming Champi
				13		
5:47.66	L	F	Ogola, Andrew	10	17/05/2019	
	L	F				Nairobi County Swimming Champi
Men 50 Fly			Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
	L L L	F P F	Ogola, Andrew Mohamed, Issa			Nairobi County Swimming Champi 12th African Games
Men 50 Fly 25.31	L	Р	Ogola, Andrew	10 26	17/05/2019 21/08/2019	Nairobi County Swimming Champi
Men 50 Fly 25.31 25.66	L L	P F	Ogola, Andrew Mohamed, Issa Nyoike, Stephen	10 26 18	17/05/2019 21/08/2019 11/10/2021	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa
Men 50 Fly 25.31 25.66 26.16	L L L	P F P	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo	10 26 18 20	17/05/2019 21/08/2019 11/10/2021 20/08/2019	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
Men 50 Fly 25.31 25.66 26.16 26.39	L L L	P F P	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan	10 26 18 20 21	17/05/2019 21/08/2019 11/10/2021 20/08/2019 11/04/2019	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials
Men 50 Fly 25.31 25.66 26.16 26.39 26.55	L L L L	P F P F	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan Bifwoli, Tabuka	10 26 18 20 21 18	17/05/2019 21/08/2019 11/10/2021 20/08/2019 11/04/2019 11/09/2019	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials Africa Junior Championships
Men 50 Fly 25.31 25.66 26.16 26.39 26.55 27.10	L L L L	P P F F F	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan Bifwoli, Tabuka Talib, Swaleh Maina, Monyo Nelson, Nobby	10 26 18 20 21 18 21	17/05/2019 21/08/2019 11/10/2021 20/08/2019 11/04/2019 11/09/2019 11/04/2019	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials Africa Junior Championships 2019 KSF Nationals Swimming Trials
Men 50 Fly 25.31 25.66 26.16 26.39 26.55 27.10 27.16 27.20 27.43	L L L L L	P F F F F F F P	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan Bifwoli, Tabuka Talib, Swaleh Maina, Monyo Nelson, Nobby Harunani, Maahir	10 26 18 20 21 18 21 18 21 21 22	17/05/2019 21/08/2019 11/10/2021 20/08/2019 11/04/2019 11/04/2019 07/08/2021 11/04/2019 11/04/2019	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials Africa Junior Championships 2019 KSF Nationals Swimming Trials Western TransMountain Festival II 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials
Men 50 Fly 25.31 25.66 26.16 26.39 26.55 27.10 27.16 27.20 27.43 27.64		P F P F F F P F	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan Bifwoli, Tabuka Talib, Swaleh Maina, Monyo Nelson, Nobby Harunani, Maahir Irakoze, Billy-Scott	10 26 18 20 21 18 21 18 21 18 21 22 22 25	17/05/2019 21/08/2019 11/10/2021 20/08/2019 11/04/2019 11/04/2019 07/08/2021 11/04/2019 11/04/2019 28/11/2019	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials Africa Junior Championships 2019 KSF Nationals Swimming Trials Western TransMountain Festival II 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 CSF Nationals Swimming Trials 2019 CANA Zone 3 Championships
Men 50 Fly 25.31 25.66 26.16 26.39 26.55 27.10 27.10 27.16 27.20 27.43 27.64 28.01		P F P P F F F P F F	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan Bifwoli, Tabuka Talib, Swaleh Maina, Monyo Nelson, Nobby Harunani, Maahir Irakoze, Billy-Scott Opande, Jono Per	10 26 18 20 21 18 21 18 21 22 25 18	17/05/2019 21/08/2019 11/10/2021 20/08/2019 11/04/2019 11/04/2019 07/08/2021 11/04/2019 28/01/2019 28/08/2021	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials Africa Junior Championships 2019 KSF Nationals Swimming Trials Western TransMountain Festival II 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP
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Men 50 Fiy 25.31 25.66 26.16 26.39 26.55 27.10 27.43 27.64 28.01 28.19 28.25 28.27 28.30 28.65 28.64 28.65 28.71 28.80 29.00 29.01 29.01 29.01 29.01 29.05 29.14 29.55 29.21 30.25 30.21 30.51 30.31 30.39 30.51 30.67 30.81 31.30 31.31 31.31		9 4 9 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	Ogola, Andrew Mohamed, Issa Nyoike, Stephen Rosafio, Danilo Mohamed, Ridhwan Bifwoli, Tabuka Talib, Swaleh Maina, Monyo Nelson, Nobby Harunani, Maahir Irakoze, Billy-Soott Opande, Jono Per Muravvej, Aryen De Guzman, Risha Hart, Ivan Masinde, Johari Kunyiha, Kirunda Katumwa, Siegfred Chemirmir, Jabali Onyach, Jesse Nahdy, Ali Chemirmir, Kigen Jerry, Collins Mutinda, Aker Mugera, Munene Khandwalla, Mohamed Iqbal Lwanya, Clyde Ndozga, Samuel Ndezwa, Stanley Walid, Khalid Eddy, Ciaran Kimuli, Travour Masakha, Joshua Muigai, Jomo Shikely, Nabil Mhope, Andile Blunsum, Carlo Addet, Kevin Muchoki, Ronnie Anjichi, Daryl Anambo Kioko, Paul Matinu, Nathan Ngweno, Adrian Mwangi, Dale Orundi, Calvin Bitok, Shawn Okumu, Jesse	10 26 18 20 21 18 21 18 21 22 25 18 16 15 14 18 16 15 21 22 15 18 19 17 24 19 17 24 19 17 21 22 15 18 19 21 21 22 22 22 22 22 22 22 22	17/05/2019 21/08/2019 11/02/2021 20/08/2019 11/04/2019 11/04/2019 11/04/2019 11/04/2019 28/01/2021 11/04/2019 28/11/2019 28/01/2021 04/12/2021 17/12/2021 28/08/	Nairobi County Swimming Champi 12th African Games 14th CANA African Junior & Senior and Open Wa 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials Africa Junior Championships 2019 KSF Nationals Swimming Trials Westem TransMountain Festival II 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC Swim Wales Open Winter Championships 2021 Devon County 2022 Championships 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP XSF NAT

	31.55	L	Р	Muthui, Dennis	23	11/04/2019
	31.58	L	Р	Mwamisi, Trevor	17	11/04/2019
	31.67	L	F	Beriny, Gift	14	04/12/2021
:	31.68	L	F	Muravvej, Ameir	13	04/12/2021
*	31.68	L	F	Shivo, Eric	16	28/08/2021
	31.69 31.87	L	P F	Kithikii, Scott Mikolela, Daniel	18 16	11/04/2019 21/06/2019
	32.00	L	F	Vyas, Dhruv	18	17/05/2019
	32.06	L	F	Bagha, Abdul	15	13/11/2021
	32.09	L	P	Omar, Mohammed	21	11/04/2019
	32.16	L	F	Ochieng', Jacktone	18	17/05/2019
	32.30	L	P	Kyabayinze, Daryl	17	11/09/2019
	32.37	L	Р	Shivo, Kevin	19	11/04/2019
	32.39	L	F	Muriithi, William	15	28/08/2021
	32.40	L	Р	Amos, Nigel	24	11/04/2019
	32.48	L	F	Nyaika, Joel	13	04/12/2021
	32.49	L	F	Bashir, Ishaq	16	28/08/2021
	32.86	L	F	Kaira, Robert	19	28/08/2021
	32.94	L	F	Omar, Abdilahi	15	13/11/2021
	32.97	L	F	Tobiko, Rodgers	22	13/11/2021
	33.10	L	F	Otieno, Adam	15	04/12/2021
	33.11	L	F	Kamphuis, Yannick	12	04/12/2021
	33.16	L	F	Beer, Jed	17	17/05/2019
	33.19	L	F	Maywaka, Owen	17	17/05/2019
	33.53	L	F	Echessah, Dante	13	04/12/2021
	33.83	L	Р	Lumonya, Joshua	17	11/04/2019
	33.87	L	F	Kalombo, Michael	15	28/08/2021
	33.96	L	F	Abubakar, Riyadh	14	04/12/2021
	34.10	L	F	Owaga, Issa	19	17/05/2019
	34.20	L	F	Munyao, Sila	16	13/11/2021
	34.51	L	F	Irungu, Roy	13	04/12/2021
	34.65	L	F F	Kibogo, Samuel	15	06/07/2019
	34.70	L	F	Mundi, Jack Isaack	18	17/05/2019
	34.72	L	⊦ F	Rebeiro, Adam	15	13/11/2021
	34.81 34.98	L	F	Okech, Victor	13 21	13/11/2021 17/05/2019
	35.09	L	F	Kawelu, Brian Kamau, Daniel	21 15	17/05/2019
	35.10	L	F	Mayende, Franklyne	22	13/11/2021
	35.59	L	F	Gituku, Randall	15	13/11/2021
	35.60	L	F	Olengo, Neo	11	13/11/2021
	36.00	L	F	Nakano, Chikashi	13	13/11/2021
	36.07	L	P	Agosta, Daniel	16	11/04/2019
	36.16	L	F	Smith, Charles	16	06/07/2019
	36.31	L	F	Mutere, Mtume	17	17/05/2019
	36.65	L	F	Nyakundi, Joel	11	13/11/2021
	37.10	L	F	Awadh, Hemed	13	04/12/2021
	37.16	L	F	Kariuki, Sean	16	17/05/2019
	37.20	L	F	Jalang'o, Jaison Kinda	14	13/11/2021
	37.27	L	F	Wanjie, Ayden	13	13/11/2021
	37.31	L	F	Thuranira, Nael	11	28/08/2021
	37.38	L	F	Khuweylid, Khunays	13	04/12/2021
	37.75	L	F	Ndindiri, Justine	17	17/05/2019
	37.89	L	F	Masinde, Mali	13	13/11/2021
	38.25	L	F	Kipkorir, Colinreece	20	13/11/2021
	38.60	L	F	Karanja, Alex	18	17/05/2019
	38.67	L	F	Amor, James	15	13/11/2021
	38.69	L	F	Ochieng, Claude	13	13/11/2021
	39.07	L	F	Kibadengi, Emmanuel	22	13/11/2021
	39.09	L	F	Waziri, Nathan	11	13/11/2021
	39.11	L	Ρ	Lwanya, Glenn	15	11/04/2019
	39.22	L	P	Lwanya, Warren	14	11/04/2019
	39.34	L	F	Rebeiro, Ashok	12	13/11/2021
	39.56	L	F	Muhoro, Kanyiha	12	13/11/2021
*	39.70	L	F F	Winyi, Jason	12 12	04/12/2021
	39.71 39.71	L	F	Bayusuf, Igbaal Kahuko, Mwangi	12 19	28/08/2021 17/05/2019
*	39.71	L	F	Smith, Julian	14	06/07/2019
	39.87	L	F	Ochieng, Peter	16	17/05/2019
	39.96	L	F	Kafuto, Rock	11	13/11/2021
	40.07	L	F	Waziri, Nick	15	13/11/2021
	40.09	L	F	Omar, Abdirahman	12	28/08/2021
	40.78	L	F	Ali, Arif	12	28/08/2021
	40.91	L	F	Mule, Mikael Kimeu	11	13/11/2021
	41.02	L	F	Waithaka, Kihara	12	13/11/2021
	41.08	L	F	Mugambi, Ryan	14	13/11/2021
	41.19	L	F	Ogola, Andrew	10	13/11/2021
	41.30	L	F	Mungai, Reign	14	13/11/2021
	41.50	L	F	Abdulaziz, Ahmed	13	04/12/2021
	41.64	L	F	Toavina, Andy	16	17/05/2019
	44.05		F		11	13/11/2021
*	41.85	L		Williams, Evan		
*	42.04	L	F	Nyingi, Frank	13	13/11/2021
	42.04 42.04	L	F F	Nyingi, Frank Kang'ethe, Nantai	13 12	13/11/2021 17/05/2019
	42.04 42.04 42.69	L L L	F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo	13 12 11	13/11/2021 17/05/2019 17/05/2019
	42.04 42.04 42.69 42.80	L L L	F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan	13 12 11 13	13/11/2021 17/05/2019 17/05/2019 13/11/2021
	42.04 42.04 42.69 42.80 42.91	L L L L	F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi	13 12 11 13 14	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019
	42.04 42.04 42.69 42.80 42.91 43.07	L L L L L	F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy	13 12 11 13 14 11	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021
	42.04 42.04 42.69 42.80 42.91 43.07 43.31	L L L L L	F F F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai	13 12 11 13 14 11 12	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021
	42.04 42.04 42.69 42.80 42.91 43.07 43.31 43.56	L L L L L L L	F F F F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi	13 12 11 13 14 11 12 13	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 13/11/2021 17/05/2019
	42.04 42.04 42.69 42.80 42.91 43.07 43.31 43.56 43.89	L L L L L L L	F F F F F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel	13 12 11 13 14 11 12 13 15	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019
	42.04 42.04 42.69 42.80 43.07 43.31 43.56 43.89 43.90	L L L L L L L L	FFFFFFF	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria	13 12 11 13 14 11 12 13 15 15	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019
	42.04 42.04 42.80 42.80 43.07 43.31 43.56 43.89 43.90 43.90	L L L L L L L L L	FFFFFFF	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa	13 12 11 13 14 11 12 13 15 15 11	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019 28/08/2021
	42.04 42.04 42.80 42.91 43.07 43.31 43.56 43.89 43.90 43.94 43.94	L L L L L L L L L L	FFFFFFFF	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon	13 12 11 13 14 11 12 13 15 15 11 14	13/11/2021 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019 28/08/2021 11/04/2019
	42.04 42.04 42.69 42.80 42.91 43.07 43.31 43.56 43.89 43.90 43.90 43.94 44.32 44.32		F F F F F F F F F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon Karanja, Austin	13 12 11 13 14 11 12 13 15 15 11 14 13	13/11/2021 17/05/2019 13/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019 11/04/2019 17/05/2019
	42.04 42.04 42.80 42.91 43.07 43.31 43.56 43.89 43.90 43.90 43.94 44.32 44.47 44.56	L L L L L L L L L L	FFFFFFFF	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon Karanja, Austin Futaki, Yoshihiro	13 12 11 13 14 11 12 13 15 15 11 14 13 12	13/11/2021 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019 28/08/2021 11/04/2019 17/05/2019 13/11/2021
	42.04 42.04 42.69 42.80 42.91 43.07 43.31 43.56 43.89 43.90 43.90 43.94 44.32 44.32	L L L L L L L L L L L L L	FFFFFFFFFFFFFFFF	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon Karanja, Austin Futaki, Yoshihiro	13 12 11 13 14 11 12 13 15 15 11 14 13	13/11/2021 17/05/2019 13/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019 11/04/2019 17/05/2019
	42.04 42.04 42.80 42.91 43.07 43.31 43.56 43.89 43.90 43.94 43.94 44.32 44.47 44.56		FFFFFFFFFFFFFFFF	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon Karanja, Austin Futaki, Yoshihiro	13 12 11 13 14 11 12 13 15 15 11 14 13 12 13	13/11/2021 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019 28/08/2021 11/04/2019 17/05/2019 13/11/2021 17/05/2019
	42.04 42.09 42.80 42.91 43.07 43.31 43.56 43.89 43.90 43.94 44.32 44.47 44.56 44.74		F F F F F F F F F F F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon Karanja, Austin Futaki, Yoshihiro Werangai, Lenny Ongera, Kyle	13 12 11 13 14 11 12 13 15 15 11 14 13 12 13 15	13/11/2021 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 13/11/2021 13/05/2019 17/05/2019 17/05/2019 13/05/2019 13/11/2021 13/11/2021 17/05/2019
	42.04 42.04 42.69 42.80 43.01 43.31 43.56 43.89 43.90 43.94 44.32 44.47 44.56 44.74 44.56 44.74 44.56		F F F F F F F F F F F F F F F	Nyingi, Frank Kang'ethe, Nantai Neo, Olengo Karuma, Jonathan Wekesa, Hawi Kogo, Jeremy Kiplangat, Alvin Mutai Kingori, Mureithi Wambua, Gabriel Nyagu, Ndogoria Maye, Shavisa Walusimbi, Keon Karanja, Austin Futaki, Yoshihiro Werangai, Lenny Ongera, Kyle Kombe, Jeremy	13 12 11 13 14 11 12 13 15 11 14 13 12 13 15 13	13/11/2021 17/05/2019 17/05/2019 13/11/2021 13/11/2021 13/11/2021 17/05/2019 17/05/2019 17/05/2019 17/05/2019 13/11/2021 17/05/2019 13/11/2021 17/05/2019 17/05/2019

2019 KSF Nationals Swimming Trials KSE NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials Hamilton Aquatics Summer Sizzler Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi Africa Junior Championships 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi Nairobi County Swimming Champi KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP Nairobi County Swimming Champi The Manchester Non National Me Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

2019 KSF Nationals Swimming Trials

45.07		-			17/05/0010	
45.37 45.60	L	F	Nganga, Ethan Kwe Senanu, Karl	14 13	17/05/2019 06/07/2019	Nairobi County Swimming Champi The Manchester Non National Me
46.57	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.71	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
47.11	L	F	Mbuguah, Mukunda	14	06/07/2019	The Manchester Non National Me
48.00	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
48.24	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
48.26	L	F	Odhiambo, Gabriel	16	17/05/2019	Nairobi County Swimming Champi
48.82	L	F	Lopokoiyit, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.86	L	F	Mbote, Joseph	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
49.08 49.23	L	F	Rock, Kabiru Indeche, Malika Mwendwa	11 13	17/05/2019 17/05/2019	Nairobi County Swimming Champi
49.23	L	F	Kanyua, George	23	13/11/2021	Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.65	L	F	Kagwai, Peter	18	17/05/2019	Nairobi County Swimming Champi
50.32	L	F	Ochoro, Femi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.40	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
50.44	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
50.52	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
51.69	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.70	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
53.09 54.32	L	F	Ali, Imran Muthomi, Musa	10 12	13/11/2021 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
54.53	L	F	Alvin, Mulandi	12	17/05/2019	Nairobi County Swimming Champi
56.60	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.09	L	F	Motsoeneng, Leatile	11	17/05/2019	Nairobi County Swimming Champi
57.21	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.59	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
57.78	L	F	Maithya-Garcia, Ferran	12	17/05/2019	Nairobi County Swimming Champi
59.59	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
59.74	L	F	Shah, Veer	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.09	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
1:00.76	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
1:01.01 1:01.11	L	F	Mwai, Githinji Kamau, Victor	13 12	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:01.11	L	F	Kamau, Victor Ouko, Benjamin	12	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:03.36	L	F	Kirimi, Gilad	11	17/05/2019	Nairobi County Swimming Champi
1:04.53	L	F	Kang'Aru, Yong	11	17/05/2019	Nairobi County Swimming Champi
1:04.80	L	F	Kenneth, Isaac	12	17/05/2019	Nairobi County Swimming Champi
1:05.17	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
1:05.25	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
1:07.50	L	F	Trevor, Ben	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:07.62	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
1:09.50	L	F	Kasimu, Kyama	12	17/05/2019	Nairobi County Swimming Champi
1:11.72	L	F	Ekitela, Denzel	14	17/05/2019	Nairobi County Swimming Champi
1:12.81 1:13.42	L	F	Havi, Teammon Kimani, Thiongo	12 10	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:19.19	L	F	Kavia, Parv	10	17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:23.52	L	F	Juma Isaiah, Stephen	10	17/05/2019	Nairobi County Swimming Champi
1:25.71	L	F	Kagunda, David	10	17/05/2019	Nairobi County Swimming Champi
1:28.71	L	F	Gichure, Jaden	11	17/05/2019	Nairobi County Swimming Champi
1:28.71 1:30.48	L	F	Gichure, Jaden Bhalla, Ekansh	11 12	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
		F				
1:30.48	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
1:30.48 1:33.23	L L	F	Bhalla, Ekansh Ochieng, Brian	12 16	17/05/2019 17/05/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:30.48 1:33.23 1:33.80	L L	F	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen	12 16	17/05/2019 17/05/2019 17/05/2019 11/10/2021	Nairobi County Swimming Champi Nairobi County Swimming Champi
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73	L L L	F F F P	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan	12 16 13 18 21	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08		F F F P	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo	12 16 13 18 21 20	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08 58.96	L L L L L L	F F P P	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir	12 16 13 18 21 20 22	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 21/08/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08 58.96 59.04		F F P P F	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo	12 16 13 18 21 20 22 18	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 21/08/2019 12/02/2022	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC)
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08 58.96 59.04 59.04 59.42		F F P P F P	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo Bifwoli, Tabuka	12 16 13 21 20 22 18 18	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 21/08/2019 12/02/2022 20/08/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC) 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
1:30.48 1:33.23 1:33.80 Men 100 Ffy 56.60 57.73 58.08 58.96 59.04 59.42 1:01.13		F F P P F	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo Bifwoli, Tabuka Nelson, Nobby	12 16 13 18 21 20 22 18 18 18 21	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 21/08/2019 12/02/2022 20/08/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC) 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08 58.96 59.04 59.04 59.42		F F P P F P	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo Bifwoli, Tabuka	12 16 13 21 20 22 18 18	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 21/08/2019 12/02/2022 20/08/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC) 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08 58.96 59.04 59.42 1:01.13 1:01.50		F F F P P F P F	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo Bifwoli, Tabuka Nelson, Nobby Opande, Jono Per	12 16 13 18 21 20 22 18 18 18 21 18	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 12/02/2029 20/08/2019 11/04/2019 11/04/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC) 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials
1:30.48 1:33.23 1:33.80 Men 100 Fly 56.60 57.73 58.08 58.96 59.04 59.04 59.42 1:01.13 1:01.50 1:01.81 1:04.57 1:05.08		F F P P F F F F F	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo Bifwoli, Tabuka Nelson, Nobby Opande, Jono Per Hart, Ivan Masinde, Johari Irakoze, Billy-Scott	12 16 13 21 20 22 18 18 21 18 15 14 25	17/05/2019 17/05/2019 17/05/2019 11/10/2021 15/01/2022 20/08/2019 21/08/2019 12/02/2022 20/08/2019 11/04/2019 11/04/2019 11/04/2019 17/12/2021 15/01/2022 28/11/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC) 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Swim Wales Open Winter Championships 2021 Devon County 2022 Championships / Age Groups 2019 CANA Zone 3 Championships
1:30.48 1:33.23 1:33.80 Men 100 Fiy 56.60 57.73 58.08 58.96 59.04 59.42 1:01.13 1:01.50 1:01.81 1:04.57 1:05.08 1:05.39		F F P P F F P F F F F F	Bhalla, Ekansh Ochieng, Brian Hunja, Nathan Nyoike, Stephen Mohamed, Ridhwan Rosafio, Danilo Harunani, Maahir Maina, Monyo Bifwoli, Tabuka Nelson, Nobby Opande, Jono Per Hart, Ivan Masinde, Johari Irrakoze, Billy-Scott Khandwalla, Mohamed Iqbal	12 16 13 18 21 20 22 18 18 18 18 15 14 25 19	17/05/2019 17/05/2019 17/05/2019 17/05/2019 11/02/202 20/08/2019 12/02/2022 20/08/2019 11/04/2019 11/04/2019 17/12/2021 15/01/2022 28/11/2019 28/11/2019	Nairobi County Swimming Champi Nairobi County Swimming Champi Nairobi County Swimming Champi 14th CANA African Junior & Senior and Open Wa Devon County 2022 Championships / Age Groups 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games WEST COAST COLLEGIATE (LC) 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Swim Wales Open Winter Championships 2021 Devon County 2022 Championships / Age Groups 2019 CANA Zona 3 Championships
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	25.93	L	F	Maywaka, Owen	17	17/05/2019	Nairobi County Swimming Champi
1:2	26.37	L	F	Kamau, Daniel	15	17/05/2019	Nairobi County Swimming Champi
1:2	29.96	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
1:3	31.24	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
		L	F	Muhoro, Kanyiha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
		L	P	Lwanya, Glenn		11/04/2019	2019 KSF Nationals Swimming Trials
		L	F		15	17/05/2019	-
		-		Kalombo, Michael	15		Nairobi County Swimming Champi
		L	F	Nyingi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:3	39.53	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:3	39.58	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:3	39.97	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
1:3	39.99	L	F	Mugambi, Ryan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
		L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
		L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
		-	F				
		L		Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
		L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
1:4	45.30	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:4	15.84	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:4	46.41	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:4	17.66	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
1:4	47.77	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
		L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
		L	F	Musei, Mumo	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
		L	F	Maye, Shavisa	11	17/05/2019	Nairobi County Swimming Champi
		L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
1:5	52.17	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
1:5	52.69	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:5	53.55	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:5	53.66	L	F	Wekesa. Hawi	14	17/05/2019	Nairobi County Swimming Champi
		L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi
		L	F	Michuki, Matthew		17/05/2019	Nairobi County Swimming Champi
					13		
		L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
		L	F	Ochieng', Claude	13	17/05/2019	Nairobi County Swimming Champi
1:5	59.94	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
2:0	01.24	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:0	06.25	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
2:0	06.71	L	F	Waziri, Nathan	11	17/05/2019	Nairobi County Swimming Champi
2:0	07.50	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
		L	F	Futaki, Yoshihiro	12	17/05/2019	Nairobi County Swimming Champi
		-	F				
		L		Ochoro, Femi	11	17/05/2019	Nairobi County Swimming Champi
		L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
		L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
2:1	16.58	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
2:2	27.25	L	F	Muchomba, Ryan Mugambi	14	17/05/2019	Nairobi County Swimming Champi
2:3	37.07	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
2:4	46.57	L	F	Mwangi, Arthur Muturi	12	17/05/2019	Nairobi County Swimming Champi
				5,			
Men 2	-						
2:1		L	Ρ	Harunani, Maahir	22	21/08/2019	12th African Games
2:1	15.04	L	F	Maina, Monyo	18	24/07/2019	2019 Canadian Junior Championships
2:1	19.14	L	Р	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
2:2	27.24	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
2:3	33.95	L	Р	De Guzman, Risha	16	11/04/2019	2019 KSF Nationals Swimming Trials
		L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
		L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
							, , , , , , , , , , , , , , , , , , , ,
		L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
		L	F	Shivo, Eric	16	17/05/2019	Nairobi County Swimming Champi
3:2	23.49	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
3:5	51.60	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
2.0	05.18		F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
		L					
4:0		L					
4:0 Men 20	00 IM						
4:0 Men 20 2:1	:00 IM 16.91	L	F	Maina, Kimani	24	11/04/2019	2019 KSF Nationals Swimming Trials
4:0 Men 20 2:1	:00 IM 16.91		F P	Maina, Monyo	24 18	11/04/2019 20/08/2019	2019 KSF Nationals Swimming Trials 7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
4:0 Men 20 2:1 2:1	2 00 IM 16.91 17.77	L	F				2010 Hol Hatolaio offining Hato
4:0 Men 20 2:1 2:1 2:2	200 IM 16.91 17.77 21.36	L	F P	Maina, Monyo	18	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
4:0 Men 2(1) 2:1 2:2 2:2	200 IM 16.91 17.77 21.36 23.15	L L L	F P P	Maina, Monyo Talib, Swaleh	18 21	20/08/2019 21/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games
4:0 Men 20 2:1 2:1 2:2 2:2 2:2	200 IM 16.91 17.77 21.36 23.15 23.52	L L L L	F P P P	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir	18 21 15 22	20/08/2019 21/08/2019 17/12/2021 21/08/2019	TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games
4:0 Men 2:1 2:1 2:2 2:2 2:2 2:2 2:2	2000 IM 16.91 17.77 21.36 23.15 23.52 26.29	L L L L	F P P P	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka	18 21 15 22 18	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019	TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials
4:0 Men 20 2:1 2:2 2:2 2:2 2:2 2:2 2:2 2:2	2000 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18	L L L L L	F P P P F	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha	18 21 15 22 18 16	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021	TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC
4:0 Men 2(2:1) 2:2 2:2 2:2 2:2 2:2 2:2 2:2 2:	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00	L L L L L L	F P P P F F	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen	18 21 15 22 18 16 18	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021	2010 Note National Strategy and
4:0 Men 2(1) 2:1 2:2 2:2 2:2 2:2 2:2 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00 30.88	L L L L L L L	F P P P F F F	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad	18 21 15 22 18 16 18 15	2008/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021	TTH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:0 Men 2(1) 2:1 2:2 2:2 2:2 2:2 2:2 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00 30.88 30.97	L L L L L L L L	F P P P F F F P	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad Opande, Jono Per	18 21 15 22 18 16 18 15 18	2008/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021 11/04/2019	TTH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials
4:0 Men 2 2:1 2:2 2:2 2:2 2:2 2:2 2:3 2:3 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00 30.88 30.97 33.32	L L L L L L L L L	FPPPFFFPF	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad Opande, Jono Per Lwanya, Clyde	18 21 15 22 18 16 18 15 18 17	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021 11/04/2019 28/11/2019	2019 Kish Nationals Swimming CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships
4:0 Men 22 2:1 2:2 2:2 2:2 2:2 2:2 2:2 2:3 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00 30.88 30.97 33.32 33.84	L L L L L L L L L L	FPPPFFFPFF	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad Opande, Jono Per Lwanya, Clyde Katumwa, Siegfred	18 21 15 22 18 16 18 15 18 17 18	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021 28/08/2021 28/11/2019 28/08/2021	TTH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
4:0 Men 22 2:1 2:2 2:2 2:2 2:2 2:2 2:2 2:3 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00 30.88 30.97 33.32 33.84	L L L L L L L L L	FPPPFFFFFF	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad Opande, Jono Per Lwanya, Clyde	18 21 15 22 18 16 18 15 18 17	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021 11/04/2019 28/11/2019	2019 Kish Nationals Swimming CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials 2019 CANA Zone 3 Championships
4:0 Men 22 2:1 2:2 2:2 2:2 2:2 2:3 2:3 2:3 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 28.18 30.00 30.88 30.97 33.32 33.84 33.84	L L L L L L L L L L	FPPPFFFPFF	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad Opande, Jono Per Lwanya, Clyde Katumwa, Siegfred	18 21 15 22 18 16 18 15 18 17 18	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021 28/08/2021 28/11/2019 28/08/2021	TTH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP 2021 KSF NATIONAL CHAMPIONSHIP
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4:0 Men 2/ 2:1 2:2 2:2 2:2 2:2 2:2 2:2 2:3 2:3 2:3 2:3	200 IM 16.91 17.77 21.36 23.15 23.52 26.29 28.18 30.00 30.88 30.00 30.88 30.97 33.32 33.32 33.34 43.59 34.59 34.94		F	Maina, Monyo Talib, Swaleh Hart, Ivan Harunani, Maahir Bifwoli, Tabuka De Guzman, Risha Nyoike, Stephen Frantz, Shad Opande, Jono Per Lwanya, Clyde Katumwa, Siegfred Mwangi, Dale Smith-Chopin, Ulysse Chatterjee, Aheer	18 21 15 22 18 16 18 15 18 17 18 22 20 18	20/08/2019 21/08/2019 17/12/2021 21/08/2019 11/04/2019 04/12/2021 28/08/2021 13/11/2021 28/08/2021 11/04/2019 28/08/2021 11/04/2019 28/11/2019	TTH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS 12th African Games Swim Wales Open Winter Championships 2021 12th African Games 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi 2019 CANA Zone 3 Championships (Team B)
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	2:46.82	L	Р	Onyach, Jesse	16	11/04/2019	20
	2:47.65	L	Р	Ndonga, Samuel	24	11/04/2019	20
	2:47.78	L	Р	Saini, Ahaan	17	11/04/2019	20
	2:48.85	L	Р	Walusimbi, Kami	18	11/04/2019	20
	2:49.59	L	F	Muchoki, Ronnie	22	13/11/2021	Ν
	2:50.36	L	F	Mhlope, Andile	15	28/11/2019	20
	2:50.45	L	Р	Omondi, Cian	22	11/04/2019	20
	2:51.54	L	Р	Lumonya, Joshua	17	11/04/2019	20
	2:51.67	L	Р	Bagha, Abdul	15	11/04/2019	20
	2:52.05	L	F	Nakano, Chikashi	13	13/11/2021	N
	2:52.24	L	F	Anjichi, Daryl Anambo	17	28/08/2021	20
	2:52.84	L	P	Maywaka, Owen	17	11/04/2019	20
	2:53.41	L	F	Sheikh, Mohammed	14	04/12/2021	K
	2:53.63	L	P	Muchai, Nathan	15	11/04/2019	20
	2:56.16		P				
		L		Shah, Dhilan	17	11/04/2019	20
	2:56.19	L	P F	Karanja, Manuel	17	11/04/2019	20 N
	2:56.63			Michuki, Michael	16	13/11/2021	
	2:56.80	L	P	Mugera, Munene	18	11/04/2019	20
	2:58.46	L	P	Omar, Mohammed	21	11/04/2019	20
	2:58.76	L	P	Shikely, Nabil	22	11/04/2019	20
	2:58.76	L	P	Omondi, Calvin	24	11/04/2019	20
	2:59.90	L	P	Nyamwaya, Daniel	29	11/04/2019	20
	3:00.72	L	F	Kamphuis, Yannick	12	04/12/2021	K
	3:01.80	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	N
	3:02.28	L	P	Shivo, Kevin	19	11/04/2019	20
	3:03.14	L	F	Olengo, Neo	11	13/11/2021	Ν
	3:03.15	L	P	Mohamed, Issa	26	11/04/2019	20
	3:04.16	L	P	Kawelu, Brian	21	11/04/2019	20
	3:04.46	L	F	Munyao, Sila	16	13/11/2021	Ν
	3:04.86	L	P	Kibogo, Samuel	15	11/04/2019	20
	3:05.67	L	F	Nyakundi, Joel	11	13/11/2021	Ν
	3:07.54	L	F	Bitok, Shawn	17	06/07/2019	TI
	3:08.05	L	F	Smith, Charles	16	06/07/2019	TI
	3:08.29	L	Р	Amos, Nigel	24	11/04/2019	20
	3:08.52	L	P	Kamau, Daniel	15	11/04/2019	20
	3:08.88	L	F	Lwanya, Warren	14	17/05/2019	Ν
	3:09.03	L	Р	Ngare, David	27	11/04/2019	20
	3:09.44	L	F	Alaro, Dylan	13	13/11/2021	Ν
	3:09.47	L	F	Awadh, Hemed	13	04/12/2021	K
	3:10.21	L	Р	Agosta, Daniel	16	11/04/2019	20
	3:10.99	L	F	Senanu, Karl	13	13/11/2021	Ν
	3:11.86	L	F	Mundi, Jack Isaack	18	17/05/2019	Ν
	3:12.89	L	F	Tobiko, Rodgers	22	13/11/2021	Ν
	3:13.17	L	Р	Owaga, Issa	19	11/04/2019	20
	3:13.19	L	Р	Smit, Antonio	15	11/04/2019	20
	3:13.57	L	Р	Ndale, Jack-issac	18	11/04/2019	20
	3:13.93	L	Ρ	Masakha, Joshua	14	11/04/2019	20
	3:15.13	L	F	Mutere, Mtume	17	17/05/2019	Ν
	3:18.27	L	F	Wanjie, Ayden	13	13/11/2021	N
	3:19.69	L	F	Kafuto, Rock	11	13/11/2021	N
	3:20.06	L	F	Wambua, Gabriel	15	17/05/2019	N
	3:20.07	L	F	Kalombo, Michael	15	17/05/2019	Ν
	3:20.98	L	F	Thuranira, Nael	11	28/08/2021	20
	3:21.20	L	F	Kibadengi, Emmanuel	22	13/11/2021	Ν
	3:21.30	L	Р	Muthui, Dennis	23	11/04/2019	20
	3:21.50	L	F	Mule, Mikael Kimeu	11	13/11/2021	Ν
	3:21.67	L	F	Winyi, Jason	12	28/08/2021	20
	3:21.80	L	F	Ochieng, Claude	13	13/11/2021	Ν
	3:21.85	L	F	Williams, Evan	11	13/11/2021	Ν
	3:22.13	L	F	Waziri, Nathan	11	13/11/2021	Ν
	3:22.52	L	Ρ	Kioko, Paul	19	11/04/2019	20
	3:23.01	L	F	Ochieng, Brian	16	17/05/2019	Ν
	3:23.28	L	Ρ	Walusimbi, Keon	14	11/04/2019	20
*	3:26.53	L	Р	Hawala, Ngesa	14	11/04/2019	20
*	3:26.53	L	F	Nyagah, Xidi Munene	14	17/05/2019	Ν
	3:26.56	L	Р	Lwanya, Glenn	15	11/04/2019	20
	3:32.69	L	F	Yassin, Abdilahi	15	17/05/2019	Ν
	3:33.25	L	F	Nyagu, Ndogoria	15	17/05/2019	Ν
	3:33.62	L	Р	Bayusuf, Igbaal	12	03/04/2019	S
	3:34.25	L	F	Kang'ethe, Nantai	12	17/05/2019	N
	3:35.92	L	F	Mwangi, Antony	23	13/11/2021	N
	3:35.97	L	F	Werangai, Lenny	13	17/05/2019	N
	3:36.42	L	F	Kombe, Jeremy	13	17/05/2019	Ν
	3:37.58	L	F	Kogo, Jeremy	11	13/11/2021	Ν
	3:38.33	L	F	Patel, Kairav	11	13/11/2021	N
	3:38.48	L	F	Ochoro, Femi	11		Ν
	3:38.98	L	Р	Abubakar, Riyadh	14	11/04/2019	20
	3:39.70	L	F	Karia, Yash	13	17/05/2019	Ν
	3:39.93	L	F	Kingori, Mureithi	13	17/05/2019	Ν
	3:40.46	L	Р	Jalang'o, Jaison	14	11/04/2019	20
	3:43.08	L	F	Mugo, Alex	14	17/05/2019	Ν
	3:43.28	L	F	Neo, Olengo	11	17/05/2019	Ν
	3:45.52	L	F	Waziri, Nick	15	17/05/2019	Ν
	3:47.87	L	F	Karanja, Austin	13	17/05/2019	Ν
	3:49.35	L	F	Kamata, Wema	13	17/05/2019	N
	3:51.33	L	F	Ndindiri, Justine	17	17/05/2019	N
	3:51.71	L	F	Ouko, Benjamin	14	17/05/2019	N
	3:52.46	L	F	Guy, Janequin	14	17/05/2019	N
	4:02.31	L	P	Ondondo, Hawi	13	11/04/2019	20
	4:02.72	L	F	Mukindia, Ethan	10	13/11/2021	N
	4:05.04	L	P	Maye, Shibadu	15	11/04/2019	20
	4:05.66	L	F	Nyingi, Frank	13	17/05/2019	N
	4:10.20	L	F	Nguono, Brett	11	17/05/2019	N
	4:11.43	L	F	Muhoro, Kanyiha	12	17/05/2019	N
	4:24.23	L	F	Rock, Kabiru	11	17/05/2019	N
	4:25.71	L	F F	Indeche, Malika Mwendwa	13 14		N
	4:29.74	L	F F	Abwavo, Reign Ogola, Andrew	14 10	17/05/2019	N
	4:37.77 4:39.53			Ogola, Andrew Otieno Onvanco, Jason	10 13	17/05/2019	N
	4:39.53	L	F	Otieno Onyango, Jason	13	17/05/2019	N

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2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 CANA Zone 3 Championships 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials KSF NATIONAL CHAMPIONSHIP LC 4 DEC Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) The Manchester Non National Me The Manchester Non National Me 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) KSF NATIONAL CHAMPIONSHIP LC 4 DEC 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2021 KSF NATIONAL CHAMPIONSHIP NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi Nairobi County Swimming Champi SA Level 2 Regional Age Group Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) Nairobi County Swimming Champi Nairobi County Swimming Champi NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi 2019 KSF Nationals Swimming Trials NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) 2019 KSF Nationals Swimming Trials Nairobi County Swimming Champi Nairobi County Swimming Champi

	5:02.14	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
	5:04.71	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
	5:08.72	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
	5:18.64	L	F	Gichohi, Shohi	13	17/05/2019	Nairobi County Swimming Champi
Mer	n 400 IM						
	4:56.87	L	Р	Maina, Monyo	18	07/02/2020	Edmonton Open
	5:13.68	L	F	Hart, Ivan	15	13/03/2020	Millfield and Team Bath AS TYR
	5:14.10	L	Р	Harunani, Maahir	22	11/04/2019	2019 KSF Nationals Swimming Trials
	5:15.43	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	5:17.01	L	Р	Khagram, Kunaal	18	11/09/2019	Africa Junior Championships
	5:28.22	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
	5:31.48	L	F	Smith-Chopin, Ulysse	20	28/11/2019	2019 CANA Zone 3 Championships
	5:34.40	L	F	Frantz, Shad	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
	5:47.47	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
	6:38.98	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	6:43.96	L	F	Maywaka, Owen	17	17/05/2019	Nairobi County Swimming Champi
	7:14.90	L	F	Mwenja, Erick	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	7:18.43	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
	7:23.68	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
	7:31.50	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi