

Individual Top Times

Times since: 01-Apr-19 Times until: 15-Feb-22
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr	
Women 50 Free				
26.30	L	P Muteti, Emily	23 15/06/2021	2021 French Swimming Championships
26.69	L	F Brunlehner, Maria	21 11/04/2019	2019 KSF Nationals Swimming Trials
26.93	L	F Brunlehner, Sylvia	28 11/04/2019	2019 KSF Nationals Swimming Trials
27.40	L	F Thorpe, Imara-Bella	21 29/07/2021	Serbia Summer Championships
27.79	L	F Ruchti, Lucia	18 11/09/2019	Africa Junior Championships
28.79	L	F Okumu, Victoria	17 28/11/2019	2019 CANA Zone 3 Championships
29.26	L	F Bianchi, Maria	15 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
29.37	L	F Islam Ali, Lubaina	16 11/10/2021	14th CANA African Junior & Senior and Open Wa
30.01	L	F Gore, Reese	15 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.14	L	F Gichovi, Hadassah Mumbi	20 11/04/2019	2019 KSF Nationals Swimming Trials
30.25	L	P Islam Ali, Juhaina	19 11/04/2019	2019 KSF Nationals Swimming Trials
30.26	L	F Caffini, Duini	13 04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.27	L	P Karia, Riva	19 11/04/2019	2019 KSF Nationals Swimming Trials
30.32	L	F Langat, Audrey Chebet	13 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.53	L	F Mwige, Gakenia	16 11/04/2019	2019 KSF Nationals Swimming Trials
30.58	L	F Omondi, Mya	17 28/11/2019	2019 CANA Zone 3 Championships
30.61	L	F Kalombo, Macrine	12 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.72	L	F Onderi, Jade	12 04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.81	L	P Baker, Niamh	19 11/04/2019	2019 KSF Nationals Swimming Trials
30.95	L	F Karani, Kario	15 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 30.97	L	F Nelson, Justine	19 11/04/2019	2019 KSF Nationals Swimming Trials
* 30.97	L	F Baraka, Angela	18 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 31.05	L	P Hart, Alexandra	13 17/12/2021	Swim Wales Open Winter Championships 2021
* 31.05	L	F Nanjala, Rebecca	15 11/04/2019	2019 KSF Nationals Swimming Trials
* 31.27	L	P Vora, Tiana	18 11/04/2019	2019 KSF Nationals Swimming Trials
* 31.27	L	F Jamal, Bianca	14 08/02/2020	The 2020 Middlesex County Championships
31.38	L	F Karanu, Wairimu	14 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.43	L	F Pendo, Jasmine	13 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.62	L	P Kariuki, Chantelle	20 11/04/2019	2019 KSF Nationals Swimming Trials
31.74	L	F Kittony, Stacy Jerop	15 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.75	L	P Wanakai, Lenise	16 11/09/2019	Africa Junior Championships
31.76	L	F McAree, Keaira	13 04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.82	L	F Apsey, Jessica	14 28/11/2019	2019 CANA Zone 3 Championships
31.82	L	F Kagwima, Ashley	14 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.83	L	F Aleyo, Joy	14 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.85	L	F Makau, Nicole	19 28/11/2019	2019 CANA Zone 3 Championships
31.86	L	F Chepngetich, Maya	15 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.90	L	F Williams, Angel	13 15/12/2020	Western Cape Long Course Championships 2020
31.91	L	P Gichovi, Regina	16 11/04/2019	2019 KSF Nationals Swimming Trials
32.35	L	F Omoro, Sanayah	12 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.42	L	F Muriithi, Rachel Michelle	17 27/11/2020	Harare Senior Championships
32.43	L	F Kiragu, Mariam	15 14/12/2019	15th BSSA Nationals
32.45	L	F Kotut, Moige	14 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.47	L	P Khwidzomina, Mukayagi	18 11/04/2019	2019 KSF Nationals Swimming Trials
32.48	L	F Irungu, Erica Wangechi	16 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.52	L	F Kamotho, Cheryl	15 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.61	L	P Nyawira, Kimberly	18 11/04/2019	2019 KSF Nationals Swimming Trials
32.68	L	F Mwige, Tugi	15 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.69	L	F Kimeto, Sheila	15 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.72	L	P Maina, Kagure	14 11/04/2019	2019 KSF Nationals Swimming Trials
32.76	L	P Varia, Alisha	19 11/04/2019	2019 KSF Nationals Swimming Trials
32.79	L	F Mayende, Elizabeth	14 17/05/2019	Nairobi County Swimming Champi
32.82	L	F Kuria, Joeleen	17 17/05/2019	Nairobi County Swimming Champi
32.83	L	P Hawala, Samantha	19 11/04/2019	2019 KSF Nationals Swimming Trials
32.84	L	F Thurairani, Natasha	13 04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.88	L	F Kamotho, Christe	11 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.89	L	F Lwanya, Bianca	12 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.90	L	P Kitonga, Neema	16 11/04/2019	2019 KSF Nationals Swimming Trials
32.92	L	F Done, Maisha	14 17/05/2019	Nairobi County Swimming Champi
33.02	L	P Ambala, Ahura	17 11/04/2019	2019 KSF Nationals Swimming Trials
33.06	L	P Maye, Kenda	17 11/04/2019	2019 KSF Nationals Swimming Trials
33.37	L	F Hassanali, Ilhaam	14 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.45	L	F Aseka Ayako, Ivy	11 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.61	L	F Irungu, Megan Wanja	17 17/05/2019	Nairobi County Swimming Champi
33.62	L	F Mawira, Serah Makenna	14 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.66	L	F Kabugo, Makayla	12 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.76	L	F Lycke, Hedvig	14 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.79	L	F Alala, Marion	11 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.84	L	F Maina, Wangechi	13 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.96	L	F Lindkvist, Ruth Wangari	12 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 34.00	L	F Nyakundi, Joan	17 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 34.00	L	P Karanja, Cynthia	15 11/04/2019	2019 KSF Nationals Swimming Trials
34.09	L	F Mutinda, Nalwoga	10 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.10	L	F Ochoro, Xolani	14 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.11	L	F Mulemi, Sidney	15 17/05/2019	Nairobi County Swimming Champi
34.23	L	F Luchters, Eowyn	15 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.26	L	F Wangalwa, Tracey	14 17/05/2019	Nairobi County Swimming Champi
34.27	L	P Rotich, Maya Chepngetich	15 11/04/2019	2019 KSF Nationals Swimming Trials
34.30	L	F Irangi, Nina	12 17/05/2019	Nairobi County Swimming Champi
34.45	L	F Mwashia, Michelle	17 17/05/2019	Nairobi County Swimming Champi
* 34.61	L	P Ssuna, Antisha	14 11/04/2019	2019 KSF Nationals Swimming Trials
* 34.61	L	F Pognon, Yelen	13 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.81	L	P Nyamu, Wema	16 11/04/2019	2019 KSF Nationals Swimming Trials
34.89	L	P Konig, Ophelie	15 11/04/2019	2019 KSF Nationals Swimming Trials
35.10	L	F Childs, Jeanette	10 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.29	L	F Kipchumbah, Lissette	12 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 35.32	L	F Ondieki, Stephanie	26 13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 35.32	L	F Kingatua, Amana	13 28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP

35.38	L	F	Manek, Shriya	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.48	L	F	Irungu, Rachel	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.70	L	F	Bailey, Lara	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.72	L	F	Kidha, Kahina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.74	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.79	L	F	Kumon, Manna	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.79	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.93	L	F	Gituku, Gail	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.03	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.04	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
36.10	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.41	L	F	Stolarow, Mara	14	17/05/2019	Nairobi County Swimming Champi
36.42	L	F	Nanji, Natasha	15	06/07/2019	The Manchester Non National Me
36.45	L	F	Okoyo, Anita	18	17/05/2019	Nairobi County Swimming Champi
36.48	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.48	L	P	Shah, Deeya	15	03/04/2019	SA Level 2 Regional Age Group
36.50	L	F	Okuku, Muhaji	19	17/05/2019	Nairobi County Swimming Champi
36.53	L	F	Irungu, Elaine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.67	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.67	L	F	Geteria, Wanjiku	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.70	L	F	Mohidden- Jones, Mariam	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.70	L	F	Chandaria, Ruhi	17	17/05/2019	Nairobi County Swimming Champi
36.81	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
36.85	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
36.88	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.88	L	P	Wambui, Emma	14	03/04/2019	SA Level 2 Regional Age Group
36.94	L	P	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
36.95	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
37.18	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.27	L	F	Muga, Edwina	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.29	L	F	Vanam, Daksha	15	17/05/2019	Nairobi County Swimming Champi
37.34	L	P	Karanja, Abby	13	11/04/2019	2019 KSF Nationals Swimming Trials
37.34	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
37.34	L	F	Kinyanjui, Thami	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.51	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.60	L	F	Mamujee, Umme-Hani	18	06/07/2019	The Manchester Non National Me
37.63	L	F	Kahinju, Nissi	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
37.72	L	F	Nuru, Azu	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.72	L	F	Kahuko, Wanja	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.81	L	F	Sheikh, Amina	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.89	L	F	Moegi, Sharon	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.94	L	F	Ombeqa, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.96	L	F	Makena, Kyra	14	17/05/2019	Nairobi County Swimming Champi
38.11	L	F	Webber, Mischha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.24	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.32	L	F	Hunja, Makena	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.40	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.49	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
38.50	L	F	Kamau, Aaralyenne	16	17/05/2019	Nairobi County Swimming Champi
38.65	L	F	Maruti, Theodora	13	17/05/2019	Nairobi County Swimming Champi
38.66	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.69	L	F	Eden, Sulwe	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.89	L	F	Aluku, Charity	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.90	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.99	L	F	Ayugi, Erika	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.17	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.17	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.45	L	F	Frantz, Nyah	12	17/05/2019	Nairobi County Swimming Champi
39.48	L	F	Khuweyidi, Khadija	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.62	L	F	Mulambe, Sifa	14	17/05/2019	Nairobi County Swimming Champi
39.79	L	F	Ndolo, Natasha	15	17/05/2019	Nairobi County Swimming Champi
40.06	L	F	Tyler, Martha	14	17/05/2019	Nairobi County Swimming Champi
40.06	L	F	Lipere, Darlene	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.18	L	F	Opiyo, Angie	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.18	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.26	L	F	Bush, Isobel	14	06/07/2019	The Manchester Non National Me
40.27	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.38	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
40.42	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
40.48	L	F	Nzioki, Eliana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.58	L	F	Kariuki, Diana	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.63	L	F	Beer, Nina	12	17/05/2019	Nairobi County Swimming Champi
40.64	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.71	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
40.79	L	F	Njuguna, Noni	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.80	L	F	Motsoeneng, Kananelo	15	17/05/2019	Nairobi County Swimming Champi
40.83	L	F	Chege, Jackie	14	17/05/2019	Nairobi County Swimming Champi
40.94	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
41.18	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.21	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
41.22	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.36	L	F	Gitau, Joy	15	17/05/2019	Nairobi County Swimming Champi
41.39	L	F	Kinyanjui, Bianca	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.57	L	F	Kinyanjui, Maya	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.57	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
41.60	L	F	Kotut, Chichi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.80	L	F	Muthama, Melissa	13	17/05/2019	Nairobi County Swimming Champi
41.84	L	F	Okoth, Gift	12	17/05/2019	Nairobi County Swimming Champi
41.93	L	F	Wangeci, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.10	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
42.17	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.22	L	F	Munene, Nadia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.28	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
42.37	L	F	Moora, Shona	18	17/05/2019	Nairobi County Swimming Champi
42.62	L	F	Mugasa, Lindwe	15	17/05/2019	Nairobi County Swimming Champi
42.67	L	F	Mwale, Zena	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.81	L	F	Gitau, Wairimu	14	17/05/2019	Nairobi County Swimming Champi
42.87	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
42.90	L	F	Gitau, Ruby	18	17/05/2019	Nairobi County Swimming Champi

42.93	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
43.10	L	F	Kaime, Gathoni	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.12	L	F	Kamata, Tanu	15	17/05/2019	Nairobi County Swimming Champi
43.15	L	F	Mudachi, Mupa	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.27	L	F	Kwame, Abjo	15	17/05/2019	Nairobi County Swimming Champi
43.28	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
43.31	L	F	Mamujee, Fatema	14	06/07/2019	The Manchester Non National Me
43.43	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
43.61	L	F	Mugambi, Ruby	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.62	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
43.76	L	F	Ali, Imrana	13	17/05/2019	Nairobi County Swimming Champi
43.78	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
43.93	L	F	Mugweru, Faith	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.29	L	F	Maina, Kamwelle	10	17/05/2019	Nairobi County Swimming Champi
44.34	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
44.34	L	F	Ngunga, Amara	14	17/05/2019	Nairobi County Swimming Champi
44.41	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.42	L	F	Maruti, Therese	17	17/05/2019	Nairobi County Swimming Champi
44.56	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
44.65	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.78	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
44.90	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.97	L	F	Gathii, Isabela	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.03	L	F	Chisinde, Kalekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.11	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
45.21	L	F	Gituku, Tatenda	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.27	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
45.30	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
45.30	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
45.66	L	F	Nambar, Aparna	15	17/05/2019	Nairobi County Swimming Champi
45.74	L	F	Nyamusi, Flo	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.91	L	F	Maina, Wanjiru	14	17/05/2019	Nairobi County Swimming Champi
46.00	L	F	Pouakouyou, Grace	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.03	L	F	Maina, Wanjiku	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.24	L	F	Ouko, Felica	10	17/05/2019	Nairobi County Swimming Champi
46.25	L	F	Anayo, Skyler	14	17/05/2019	Nairobi County Swimming Champi
46.63	L	F	McVey, Molly	12	17/05/2019	Nairobi County Swimming Champi
46.64	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
47.01	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.02	L	F	Mwangi, Isabelle	11	17/05/2019	Nairobi County Swimming Champi
47.11	L	F	Otin, Mardea	13	17/05/2019	Nairobi County Swimming Champi
47.23	L	F	Gitau, Amy	13	17/05/2019	Nairobi County Swimming Champi
47.25	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
47.28	L	F	Mutsoto, MaryTess	14	17/05/2019	Nairobi County Swimming Champi
47.51	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
47.64	L	F	Hicks, Tusekile	11	17/05/2019	Nairobi County Swimming Champi
47.69	L	F	Mwaura, amy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.85	L	F	Mureithi, Wanjiku	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.20	L	F	Jobanputra, Elna	16	17/05/2019	Nairobi County Swimming Champi
48.36	L	F	Munene, Natalie	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.58	L	F	Moegi, Sharleen	11	17/05/2019	Nairobi County Swimming Champi
48.63	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.01	L	F	Namiso, Maya	14	17/05/2019	Nairobi County Swimming Champi
49.06	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
49.16	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
49.29	L	F	Mwhia, Mimi	11	17/05/2019	Nairobi County Swimming Champi
49.52	L	F	Siriko, Amy	13	17/05/2019	Nairobi County Swimming Champi
49.54	L	F	Mulwa, Neema	11	17/05/2019	Nairobi County Swimming Champi
49.59	L	F	Njau, Amani	12	17/05/2019	Nairobi County Swimming Champi
49.70	L	F	Karuthiru, Nakami	11	17/05/2019	Nairobi County Swimming Champi
49.91	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
50.10	L	F	Kipchumba, Lissette	11	17/05/2019	Nairobi County Swimming Champi
50.26	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
50.62	L	F	Chege, Malaika	15	17/05/2019	Nairobi County Swimming Champi
50.62	L	F	Nyakairu, Lanea	11	17/05/2019	Nairobi County Swimming Champi
50.76	L	F	Lyoba, Cherop	14	17/05/2019	Nairobi County Swimming Champi
50.92	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.20	L	F	Mworia, Tiffany	15	17/05/2019	Nairobi County Swimming Champi
51.30	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
51.88	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
51.99	L	F	Onglie, Alicia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.12	L	F	Princess, Norah	13	17/05/2019	Nairobi County Swimming Champi
52.18	L	F	Mukundi, Beverly	17	17/05/2019	Nairobi County Swimming Champi
52.33	L	F	Oloo, Myra	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.65	L	F	Rugut, Ivy	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.73	L	F	Kidenda, Chantalle Koki	15	17/05/2019	Nairobi County Swimming Champi
52.95	L	F	Pawar, Samaira	14	17/05/2019	Nairobi County Swimming Champi
52.98	L	F	Wafula, Ashley	10	17/05/2019	Nairobi County Swimming Champi
53.25	L	F	Nellie, Wambui	11	17/05/2019	Nairobi County Swimming Champi
53.27	L	F	Kasio, Malaika	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.58	L	F	Kirago, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
53.60	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
53.69	L	F	Wanjiru, Alyssa	14	17/05/2019	Nairobi County Swimming Champi
54.13	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
54.99	L	F	Koki, Jeanette	13	17/05/2019	Nairobi County Swimming Champi
55.07	L	F	Tshuila, Chantal	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.20	L	F	Achuil, Diana	15	17/05/2019	Nairobi County Swimming Champi
55.21	L	F	Wanyama, Sifa	14	17/05/2019	Nairobi County Swimming Champi
55.85	L	F	Vardier, Joyce	11	17/05/2019	Nairobi County Swimming Champi
55.99	L	F	Wachira, Eliana	12	17/05/2019	Nairobi County Swimming Champi
56.22	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
56.34	L	F	Patel, Naya	13	17/05/2019	Nairobi County Swimming Champi
56.46	L	F	Ochieng, Carla	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.30	L	F	Mwangi, Keisha	13	17/05/2019	Nairobi County Swimming Champi
57.92	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
58.24	L	F	Iman, Ogola	11	17/05/2019	Nairobi County Swimming Champi
58.54	L	F	Juma Auma, Teresa	13	17/05/2019	Nairobi County Swimming Champi
59.26	L	F	Megan, Joyce	12	17/05/2019	Nairobi County Swimming Champi
59.83	L	F	Nyambura, Vivian	21	17/05/2019	Nairobi County Swimming Champi

1:01.53	L	F	Hannah, Rita	12	17/05/2019	Nairobi County Swimming Champi
1:02.66	L	F	Mwongera, Maya	12	17/05/2019	Nairobi County Swimming Champi
1:03.69	L	F	Rita, Njeri	12	17/05/2019	Nairobi County Swimming Champi
1:04.84	L	F	Muthoga, Tabitha	13	17/05/2019	Nairobi County Swimming Champi
1:05.05	L	F	Wacera, Kendra	12	17/05/2019	Nairobi County Swimming Champi
1:05.17	L	F	Kamunya, Wairimu	10	17/05/2019	Nairobi County Swimming Champi
1:07.47	L	F	Kiragu, Faith	21	17/05/2019	Nairobi County Swimming Champi
1:07.81	L	F	Hera, Imani	11	17/05/2019	Nairobi County Swimming Champi
1:09.57	L	F	Mworia, Anita	12	17/05/2019	Nairobi County Swimming Champi
1:11.42	L	F	Muriuki, Kaari	11	17/05/2019	Nairobi County Swimming Champi
1:12.66	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi
1:15.29	L	F	Ochieng, Reina	10	17/05/2019	Nairobi County Swimming Champi
1:17.86	L	F	Wangui, Lydia	15	17/05/2019	Nairobi County Swimming Champi

Women 100 Free

57.75	L	F	Muteti, Emily	23	15/05/2021	YWSF 2021 Long Course Summer Opener
58.39	L	F	Brunlehner, Maria	21	21/08/2019	12th African Games
1:00.39	L	F	Ruchti, Lucia	18	11/09/2019	Africa Junior Championships
1:01.50	L	F	Thorpe, Imara-Bella	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:02.74	L	F	Islam Ali, Lubaina	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:02.97	L	P	Okumu, Victoria	17	11/09/2019	Africa Junior Championships
1:03.78	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:04.14	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
1:06.74	L	P	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
1:06.91	L	P	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:06.97	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:07.12	L	P	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:07.32	L	P	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:08.16	L	F	Wanakai, Lenise	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:08.19	L	P	Hart, Alexandra	13	17/12/2021	Swim Wales Open Winter Championships 2021
1:08.25	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:08.35	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:08.58	L	P	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:09.16	L	P	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:09.19	L	F	Baraka, Angira	18	17/05/2019	Nairobi County Swimming Champi
1:09.26	L	F	Karanu, Wairimu	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:09.48	L	F	Irangi, Nina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:09.60	L	F	Kagwima, Ashley	14	28/11/2019	2019 CANA Zone 3 Championships
1:09.93	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:10.17	L	F	Onderi, Jade	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:10.38	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
1:10.85	L	P	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
1:10.91	L	F	Pendo, Jasmine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:10.94	L	P	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:11.18	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.20	L	F	Apsey, Jessica	14	28/11/2019	2019 CANA Zone 3 Championships
1:11.29	L	F	Nanjala, Rebecca	15	28/11/2019	2019 CANA Zone 3 Championships
1:11.31	L	F	Muriithi, Rachel Michelle	17	27/11/2020	Harare Senior Championships
1:11.70	L	P	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:11.77	L	F	Makau, Nicole	19	28/11/2019	2019 CANA Zone 3 Championships
1:11.98	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
1:12.03	L	F	Chepngetich, Maya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:12.05	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:12.15	L	F	Hassanali, Ilhaam	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:12.43	L	F	McAree, Keaira	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:12.45	L	P	Khwidzomina, Mukayagi	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:12.94	L	P	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:13.00	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:13.22	L	T	Kamotho, Cheryl	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:13.27	L	F	Mwasha, Michelle	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:13.68	L	P	Mwebelha, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:13.78	L	F	Maina, Kagure	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:13.87	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.18	L	P	Nyawira, Kimberly	18	11/04/2019	2019 KSF Nationals Swimming Trials
* 1:14.25	L	F	Kimeto, Sheila	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 1:14.25	L	F	Lwanyia, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.27	L	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.98	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:15.14	L	F	Done, Maisha	14	06/07/2019	The Manchester Non National Me
1:15.17	L	F	Kitony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
1:16.06	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:16.10	L	F	Kamotho, Christe	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:16.45	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:16.47	L	F	Mutinda, Nalwoga	10	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:16.63	L	F	Irungu, Megan Wanja	17	17/05/2019	Nairobi County Swimming Champi
1:16.78	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
1:16.98	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
1:17.09	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:17.42	L	F	Luchters, Eowyn	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:18.91	L	P	Masese, Kwamboka	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:19.60	L	F	Irungu, Elaine	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:19.76	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.06	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:20.33	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.34	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.48	L	F	Gikunda, Amani	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:20.60	L	P	Shah, Deeya	15	03/04/2019	SA Level 2 Regional Age Group
1:20.79	L	F	Kidha, Kahina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.86	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.30	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.35	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.07	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
1:22.42	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.57	L	F	Gituku, Gail	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.86	L	F	Okuku, Muhaji	19	17/05/2019	Nairobi County Swimming Champi
1:22.91	L	F	Bailey, Lara	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.95	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:23.23	L	F	Vanam, Daksha	15	17/05/2019	Nairobi County Swimming Champi
1:23.24	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
1:23.28	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

1:23.42	L	P	Wambui, Emma	14	03/04/2019	SA Level 2 Regional Age Group
* 1:24.18	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
* 1:24.18	L	F	Nanji, Natasha	15	17/05/2019	Nairobi County Swimming Champi
1:24.49	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
1:24.62	L	F	Geteria, Wanjiku	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.63	L	F	Wangalwa, Tracey	14	17/05/2019	Nairobi County Swimming Champi
1:24.75	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
1:24.83	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
1:25.08	L	F	Webber, Misch	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.18	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.19	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.33	L	F	Stolarow, Mara	14	17/05/2019	Nairobi County Swimming Champi
1:25.35	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
1:25.55	L	F	Maina, Wangechi	13	17/05/2019	Nairobi County Swimming Champi
1:25.63	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.15	L	F	Mureithi, Hazel	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:26.59	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.66	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.92	L	F	Mamujee, Umme-Hani	18	06/07/2019	The Manchester Non National Me
1:27.03	L	F	Makena, Kyra	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.24	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.78	L	F	Maruti, Theodora	13	17/05/2019	Nairobi County Swimming Champi
1:28.39	L	F	Maina, Kamwelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:28.40	L	F	MACHARIA, Michelle	15	17/05/2019	Nairobi County Swimming Champi
1:28.81	L	F	Ombege, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.18	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.16	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
1:30.46	L	F	Omoro, Saniyah	12	17/05/2019	Nairobi County Swimming Champi
1:30.47	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
1:30.80	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.86	L	F	Opiyo, Angie	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.93	L	F	Kamau, Aaralyne	16	17/05/2019	Nairobi County Swimming Champi
1:30.95	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
1:31.06	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.08	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.15	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.36	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
1:31.58	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
1:31.71	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:31.75	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:31.75	L	F	Njagi, Sylvia	15	17/05/2019	Nairobi County Swimming Champi
1:31.81	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.32	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
1:32.85	L	F	Nyambura, Bridgite	14	17/05/2019	Nairobi County Swimming Champi
1:33.72	L	F	Sheikh, Amina	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:34.21	L	F	Mulambe, Sifa	14	17/05/2019	Nairobi County Swimming Champi
1:34.50	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
1:34.53	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.72	L	F	Nyangena, Lisa	10	17/05/2019	Nairobi County Swimming Champi
1:34.99	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
1:35.44	L	F	Motsoeng, Kananelo	15	17/05/2019	Nairobi County Swimming Champi
1:35.75	L	F	Mugo, Zaveria	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.30	L	F	Beer, Nina	12	06/07/2019	The Manchester Non National Me
1:36.79	L	F	Okoth, Gift	12	17/05/2019	Nairobi County Swimming Champi
1:36.99	L	F	Njau, Amari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.04	L	F	Ndolo, Natasha	15	17/05/2019	Nairobi County Swimming Champi
1:38.34	L	F	Nzioki, Eliana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.36	L	F	Mugambi, Ruby	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.53	L	F	Kwame, Adjo	15	17/05/2019	Nairobi County Swimming Champi
1:38.80	L	F	Maruti, Therese	17	17/05/2019	Nairobi County Swimming Champi
1:38.82	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.93	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
* 1:39.21	L	F	Kimani, Kimberly	11	17/05/2019	Nairobi County Swimming Champi
* 1:39.21	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
1:39.58	L	F	Kaime, Gathoni	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.99	L	F	Sadavarte, Kuhi	14	17/05/2019	Nairobi County Swimming Champi
1:40.00	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
1:40.05	L	F	Mudachi, Mupa	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.23	L	F	Kotut, Chichi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.34	L	F	Nambiar, Aparna	15	17/05/2019	Nairobi County Swimming Champi
1:40.75	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.17	L	F	Chisinde, Kalekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.34	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
1:41.89	L	F	Eden, Sulwe	11	17/05/2019	Nairobi County Swimming Champi
1:42.13	L	F	Awiti, Hawi	11	17/05/2019	Nairobi County Swimming Champi
1:42.78	L	F	Wainaina, Waihuini	16	17/05/2019	Nairobi County Swimming Champi
1:43.17	L	F	Amimo, Carli	15	17/05/2019	Nairobi County Swimming Champi
1:43.47	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
1:43.60	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
1:43.63	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
1:44.26	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.64	L	F	Gitau, Wairimu	14	17/05/2019	Nairobi County Swimming Champi
1:44.69	L	F	Ngunga, Amara	14	17/05/2019	Nairobi County Swimming Champi
1:44.82	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
1:44.87	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
1:44.98	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
1:45.16	L	F	Njau, Zawadi	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.40	L	F	Njuguna, Noni	11	17/05/2019	Nairobi County Swimming Champi
1:46.11	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
1:46.22	L	F	Nyachae, Zawadi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.26	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
1:46.47	L	F	Hunja, Makena	11	17/05/2019	Nairobi County Swimming Champi
1:46.52	L	F	Muthama, Melissa	13	17/05/2019	Nairobi County Swimming Champi
1:46.65	L	F	Sekento, Jessica	14	17/05/2019	Nairobi County Swimming Champi
1:46.94	L	F	Chege, Jackie	14	17/05/2019	Nairobi County Swimming Champi
1:47.03	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
1:47.28	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
1:47.54	L	F	Kamata, Tanu	15	17/05/2019	Nairobi County Swimming Champi
1:47.90	L	F	Kanogo, Winnie	20	17/05/2019	Nairobi County Swimming Champi

1:49.68	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:50.09	L	F	Mutegi, Rose	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:50.37	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
1:50.94	L	F	Ouko, Felica	10	17/05/2019	Nairobi County Swimming Champi
1:50.95	L	F	Mworia, Tiffany	15	17/05/2019	Nairobi County Swimming Champi
1:51.23	L	F	Kanyange, Stephanie	14	17/05/2019	Nairobi County Swimming Champi
1:51.31	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:51.45	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
1:51.62	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
1:52.18	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:52.33	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:54.59	L	F	Mwangi, Isabelle	11	17/05/2019	Nairobi County Swimming Champi
1:54.88	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
1:54.94	L	F	McVey, Molly	12	17/05/2019	Nairobi County Swimming Champi
1:55.64	L	F	Anayo, Skyler	14	17/05/2019	Nairobi County Swimming Champi
1:56.04	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
1:56.65	L	F	Mulwa, Neema	11	17/05/2019	Nairobi County Swimming Champi
1:56.83	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
1:57.14	L	F	Namiso, Maya	14	17/05/2019	Nairobi County Swimming Champi
1:58.02	L	F	Kiragu, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
1:58.48	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
2:00.54	L	F	Karuthiru, Nakami	11	17/05/2019	Nairobi County Swimming Champi
2:00.67	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
2:01.47	L	F	Nyamika, Colleen	14	17/05/2019	Nairobi County Swimming Champi
2:02.08	L	F	Nyaseme, Amari	12	17/05/2019	Nairobi County Swimming Champi
2:02.97	L	F	Wendot, Sharon	12	17/05/2019	Nairobi County Swimming Champi
2:03.05	L	F	Rugut, Ivy	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:03.61	L	F	Sirikoi, Amy	13	17/05/2019	Nairobi County Swimming Champi
2:04.04	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
2:06.41	L	F	Wangechi, Joy	11	17/05/2019	Nairobi County Swimming Champi
2:07.38	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
2:08.72	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
2:08.78	L	F	Musima, Petra Shihavi	10	17/05/2019	Nairobi County Swimming Champi
2:10.65	L	F	Pawar, Samaira	14	17/05/2019	Nairobi County Swimming Champi
2:11.38	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
2:11.60	L	F	Wachira, Eliana	12	17/05/2019	Nairobi County Swimming Champi
2:12.00	L	F	Wanyama, Sifa	14	17/05/2019	Nairobi County Swimming Champi
2:14.14	L	F	Iman, Ogola	11	17/05/2019	Nairobi County Swimming Champi
2:15.75	L	F	Achuli, Diana	15	17/05/2019	Nairobi County Swimming Champi
2:17.28	L	F	Okoyo, Anita	18	17/05/2019	Nairobi County Swimming Champi
2:22.11	L	F	Hannah, Rita	12	17/05/2019	Nairobi County Swimming Champi
2:30.87	L	F	Muthoga, Tabitha	13	17/05/2019	Nairobi County Swimming Champi
2:32.11	L	F	Wacera, Kendra	12	17/05/2019	Nairobi County Swimming Champi
2:34.49	L	F	Kaluve, Tara	12	17/05/2019	Nairobi County Swimming Champi
2:45.57	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi

Women 200 Free

2:13.68	L	P	Thorpe, Imara-Bella	21	21/08/2019	12th African Games
2:15.73	L	P	Ruchti, Lucia	18	11/09/2019	Africa Junior Championships
2:16.19	L	F	Islam Ali, Lubaina	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
2:17.93	L	F	Okumu, Victoria	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:22.43	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
2:24.16	L	F	Kimani, Jasmin	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:24.48	L	P	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
2:27.75	L	P	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:27.96	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
2:28.05	L	P	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:29.38	L	F	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:29.72	L	P	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:30.09	L	F	Islam Ali, Juhaina	19	28/11/2019	2019 CANA Zone 3 Championships
2:30.57	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:32.07	L	F	Kagwima, Ashley	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:33.78	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:34.55	L	F	Lykke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:36.22	L	F	Kiragu, Mariam	15	22/11/2019	14th UB Gala 2019
2:37.23	L	F	Karanu, Wairimu	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:37.28	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:37.47	L	F	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:37.66	L	F	Irangi, Nina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:37.87	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:37.96	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:38.26	L	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:39.09	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:39.71	L	F	Kamotho, Cheryl	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:39.75	L	F	Muriithi, Rachel Michelle	17	27/11/2020	Harare Senior Championships
2:41.08	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:41.79	L	F	Echessah, Axela	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:41.90	L	F	Maina, Kagure	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:42.37	L	F	Done, Maisha	14	06/07/2019	The Manchester Non National Me
2:42.60	L	P	Khwidzomina, Mukayagi	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:43.51	L	F	Karani, Kario	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:43.57	L	F	Tripathee, Aagya	16	17/05/2019	Nairobi County Swimming Champi
2:44.85	L	F	Irungu, Elaine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:46.50	L	F	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:49.17	L	F	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:49.73	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:50.33	L	F	Irungu, Megan Wanja	17	17/05/2019	Nairobi County Swimming Champi
2:50.92	L	F	Maye, Kenda	17	17/05/2019	Nairobi County Swimming Champi
2:53.76	L	F	Shah, Deeya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:54.09	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
2:55.40	L	F	Umi Njeri, Josette	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:55.83	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:57.05	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:59.37	L	F	Masese, Kwamboka	14	17/05/2019	Nairobi County Swimming Champi
2:59.95	L	F	Gikunda, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:00.05	L	F	Chepng'etich, Maya	15	17/05/2019	Nairobi County Swimming Champi
3:00.44	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:00.71	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:00.76	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
3:01.24	L	F	Kahuko, Wanja	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

3:01.48	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.94	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
3:02.23	L	F	Mwasha, Michelle	17	17/05/2019	Nairobi County Swimming Champi
3:03.78	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:03.97	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:05.77	L	F	Bush, Isobel	14	17/05/2019	Nairobi County Swimming Champi
3:05.82	L	F	Omoro, Saniyah	12	17/05/2019	Nairobi County Swimming Champi
3:07.01	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
3:07.91	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:08.26	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:08.95	L	F	Nanji, Natasha	15	17/05/2019	Nairobi County Swimming Champi
3:09.24	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:09.82	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:12.21	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
3:14.45	L	F	Makena, Kyra	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:15.79	L	F	Ombeqa, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:16.10	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:16.38	L	F	Mureithi, Hazel	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:16.59	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:17.17	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
3:18.24	L	F	Eden, Sulwe	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.08	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
3:20.20	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.34	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.55	L	F	Nyangena, Lisa	10	17/05/2019	Nairobi County Swimming Champi
3:25.10	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:25.35	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:26.64	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
3:28.45	L	F	Musengi, Savannah	13	17/05/2019	Nairobi County Swimming Champi
3:28.89	L	F	Beer, Nina	12	06/07/2019	The Manchester Non National Me
3:33.85	L	F	Njagi, Sylvia	15	17/05/2019	Nairobi County Swimming Champi
3:35.21	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
3:36.81	L	F	Motsoeneng, Kananelo	15	17/05/2019	Nairobi County Swimming Champi
3:41.34	L	F	Wangei, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:42.90	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
3:44.37	L	F	Mudachi, Mupa	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:49.04	L	F	Njuguna, Noni	11	17/05/2019	Nairobi County Swimming Champi
3:49.87	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
3:50.46	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
3:52.25	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
3:59.10	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
4:07.27	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
4:10.03	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:10.09	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
4:16.71	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
4:18.86	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
4:19.40	L	F	Maina, Kamwelle	10	17/05/2019	Nairobi County Swimming Champi
4:25.90	L	F	Marima, Nemayan	13	17/05/2019	Nairobi County Swimming Champi

Women 400 Free

4:52.42	L	F	Islam Ali, Lubaina	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
4:54.24	L	P	Okumu, Victoria	17	11/09/2019	Africa Junior Championships
4:57.85	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
4:59.41	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:03.13	L	F	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
5:08.18	L	F	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
5:16.52	L	P	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
5:16.65	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
5:17.02	L	P	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
5:21.15	L	F	Bagha, Nurayn	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:25.81	L	F	Tripahee, Aagya	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:26.70	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:27.44	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:31.85	L	F	Kagwima, Ashley	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:38.62	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
5:41.23	L	F	Echessah, Axela	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:42.21	L	F	Mwasha, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:44.29	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:44.68	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:45.16	L	F	Karanu, Wairimu	14	17/05/2019	Nairobi County Swimming Champi
5:45.39	L	F	Baraka, Angela	18	17/05/2019	Nairobi County Swimming Champi
5:45.91	L	F	Maina, Kagure	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:47.27	L	F	Irungu, Elaine	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:48.37	L	F	Muriithi, Rachel Michelle	17	27/11/2020	Harare Senior Championships
5:53.04	L	P	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
5:56.66	L	F	Shah, Deeya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:02.41	L	P	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
6:10.84	L	F	Onderi, Jade	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:16.37	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
6:20.59	L	F	Umi Njeri, Josette	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:26.76	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:29.35	L	F	Chepngetich, Maya	15	17/05/2019	Nairobi County Swimming Champi
6:29.43	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:33.05	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:35.00	L	F	Mugambi, Lallah	14	17/05/2019	Nairobi County Swimming Champi
6:38.10	L	F	Masese, Kwamboka	14	17/05/2019	Nairobi County Swimming Champi
6:42.08	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
6:54.11	L	F	Kalombo, Macrine	12	17/05/2019	Nairobi County Swimming Champi
7:03.60	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
7:04.74	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7:11.97	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
7:14.91	L	F	Nyakundi, Joan	17	17/05/2019	Nairobi County Swimming Champi
7:16.79	L	F	Makena, Kyra	14	17/05/2019	Nairobi County Swimming Champi
7:29.18	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
8:52.85	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi

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10:03.25	L	F	Islam Ali, Lubaina	16	11/09/2019	Africa Junior Championships
10:36.42	L	F	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
10:48.76	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
10:59.71	L	F	Williams, Angel	13	30/10/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021

11:01.76	L	F	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
11:10.86	L	F	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
11:12.91	L	F	Kiragu, Mariam	15	22/11/2019	14th UB Gala 2019
11:12.92	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11:19.70	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
11:20.99	L	F	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
11:28.88	L	F	Tripathee, Aagya	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
11:36.39	L	F	Kagwima, Ashley	14	11/04/2019	2019 KSF Nationals Swimming Trials
11:40.55	L	F	Mawira, Serah Makenna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
12:17.71	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12:19.72	L	F	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
12:31.65	L	F	Irungu, Megan Wanja	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12:48.62	L	F	Mwasha, Maria	15	11/04/2019	2019 KSF Nationals Swimming Trials
13:02.69	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
13:08.33	L	F	Umi Njeri, Josette	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:23.48	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:32.51	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:48.98	L	F	Masese, Kwamboka	14	17/05/2019	Nairobi County Swimming Champi
14:06.40	L	F	Leboyo, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
14:14.89	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
14:32.78	L	F	Rotich, Maya Chepngetich	15	11/04/2019	2019 KSF Nationals Swimming Trials
16:16.15	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

Women 1500 Free

19:34.13	L	F	Islam Ali, Lubaina	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
20:06.02	L	F	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
20:23.80	L	F	Okumu, Victoria	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
20:48.04	L	F	Williams, Angel	13	30/10/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021
21:17.40	L	F	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
22:28.12	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
22:38.91	L	F	Mawira, Serah Makenna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
22:47.72	L	F	Kagwima, Ashley	14	17/05/2019	Nairobi County Swimming Champi
23:27.33	L	F	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
23:40.15	L	F	Tripathee, Aagya	16	11/04/2019	2019 KSF Nationals Swimming Trials
23:44.21	L	F	Irungu, Megan Wanja	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24:25.13	L	F	Umi Njeri, Josette	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
24:55.43	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
25:21.39	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
25:35.46	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:40.35	L	F	Masese, Kwamboka	14	11/04/2019	2019 KSF Nationals Swimming Trials
30:02.22	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi

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30.53	L	F	Brunlehner, Sylvia	28	21/08/2019	12th African Games
32.01	L	P	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
34.33	L	F	Jamal, Bianca	14	16/01/2022	City of Derby 18th Level 1 Long Course
34.61	L	F	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
34.73	L	F	Okumu, Victoria	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.81	L	F	Mwige, Gakenia	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.37	L	P	Hart, Alexandra	13	17/12/2021	Swim Wales Open Winter Championships 2021
35.47	L	P	Omondi, Mya	17	11/09/2019	Africa Junior Championships
35.47	L	F	Mwebeihai, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials
35.79	L	P	Wanakai, Lenise	16	11/09/2019	Africa Junior Championships
36.19	L	F	Karia, Riva	19	28/11/2019	2019 CANA Zone 3 Championships
36.31	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.56	L	P	Williams, Angel	13	15/12/2020	Western Cape Long Course Championships 2020
36.63	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.67	L	F	Maye, Kenda	17	28/11/2019	2019 CANA Zone 3 Championships
36.76	L	F	Kiragu, Mariam	15	30/10/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021
36.95	L	F	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
37.23	L	P	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
37.27	L	F	Shah, Rianna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.42	L	F	Kagwima, Ashley	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.57	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.60	L	F	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
37.75	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.86	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.87	L	P	Nyamu, Wema	16	11/04/2019	2019 KSF Nationals Swimming Trials
37.89	L	F	Karanu, Wairimu	14	11/04/2019	2019 KSF Nationals Swimming Trials
37.93	L	F	Muriithi, Rachel Michelle	17	27/11/2020	Harare Senior Championships
38.08	L	F	Apsey, Jessica	14	17/05/2019	Nairobi County Swimming Champi
38.14	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
38.24	L	F	Makau, Nicole	19	17/05/2019	Nairobi County Swimming Champi
38.28	L	F	Karani, Kario	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
38.40	L	F	Nanjala, Rebecca	15	28/11/2019	2019 CANA Zone 3 Championships
38.53	L	F	Irungu, Erica Wangechi	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.59	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.11	L	F	Maina, Kagure	14	17/05/2019	Nairobi County Swimming Champi
39.16	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.23	L	F	Kimeto, Sheila	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.29	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.80	L	F	McAree, Keaira	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.84	L	F	Tripathee, Aagya	16	17/05/2019	Nairobi County Swimming Champi
39.92	L	P	Baraka, Angela	18	11/04/2019	2019 KSF Nationals Swimming Trials
40.27	L	F	Nyakundi, Joan	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.38	L	F	Luchters, Eowyn	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.48	L	P	Done, Maisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
40.58	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.77	L	F	Shavdia, Kreeschi	17	28/11/2019	2019 CANA Zone 3 Championships
41.12	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.27	L	F	Irungu, Megan Wanja	17	17/05/2019	Nairobi County Swimming Champi
41.35	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
41.80	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.29	L	F	Nanji, Natasha	15	06/07/2019	The Manchester Non National Me
42.46	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
42.59	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.67	L	P	Ssuna, Antisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
42.69	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.91	L	F	Kumon, Manna	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.96	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.99	L	F	Irungu, Rachel	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

43.02	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.06	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
43.08	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
43.19	L	P	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
43.24	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
43.52	L	F	Bailey, Lara	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
43.60	L	F	Mwasha, Michelle	17	17/05/2019	Nairobi County Swimming Champi
43.72	L	F	Ondieki, Stephanie	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.73	L	F	Makena, Kyra	14	17/05/2019	Nairobi County Swimming Champi
43.83	L	F	Mugo, Zaveria	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.87	L	F	Okoyo, Anita	18	17/05/2019	Nairobi County Swimming Champi
44.27	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
44.39	L	F	Vanam, Daksha	15	17/05/2019	Nairobi County Swimming Champi
44.46	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.52	L	F	Njuguna, Noni	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.67	L	F	MACHARIA, Michelle	15	17/05/2019	Nairobi County Swimming Champi
44.77	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.79	L	F	Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.84	L	F	Von Kleist-Schoen, Helena	15	17/05/2019	Nairobi County Swimming Champi
45.17	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
45.23	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.35	L	F	Nuru, Azu	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.40	L	F	Hunja, Makena	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.56	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.65	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.74	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.89	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.21	L	F	Kahinju, Nissi	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
46.37	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.56	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.57	L	F	Bush, Isobel	14	06/07/2019	The Manchester Non National Me
46.59	L	F	Mamujee, Umme-Hani	18	06/07/2019	The Manchester Non National Me
46.61	L	F	Maina, Wangechi	13	17/05/2019	Nairobi County Swimming Champi
46.64	L	F	Stolarow, Mara	14	17/05/2019	Nairobi County Swimming Champi
46.68	L	F	Kazziha, Laila	14	17/05/2019	Nairobi County Swimming Champi
46.81	L	P	Wambui, Emma	14	03/04/2019	SA Level 2 Regional Age Group
46.86	L	F	Kidha, Kahina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.01	L	F	Beer, Nina	12	06/07/2019	The Manchester Non National Me
47.17	L	F	Musengi, Savannah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.35	L	F	Irangi, Nina	12	17/05/2019	Nairobi County Swimming Champi
47.38	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.55	L	F	Kendi, Joy	17	17/05/2019	Nairobi County Swimming Champi
47.60	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
47.72	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.87	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.95	L	F	Nyangena, Lisa	10	17/05/2019	Nairobi County Swimming Champi
47.96	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
48.21	L	F	Motsoeneng, Kananelo	15	17/05/2019	Nairobi County Swimming Champi
48.28	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.53	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.69	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
48.81	L	F	Aluku, Charity	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.83	L	F	Ombega, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.96	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.97	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.98	L	F	Eden, Sulive	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.06	L	F	Kamotho, Christe	11	17/05/2019	Nairobi County Swimming Champi
49.22	L	F	Geteria, Wanjiku	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.60	L	F	Kamau, Aaralyenne	16	17/05/2019	Nairobi County Swimming Champi
49.74	L	F	Muthama, Melissa	13	17/05/2019	Nairobi County Swimming Champi
49.79	L	F	Gituku, Tatenda	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.80	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.93	L	F	Kinyanjui, Thami	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.11	L	F	Sadavarte, Kuhi	14	17/05/2019	Nairobi County Swimming Champi
50.44	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
50.53	L	F	Kanogo, Winnie	20	17/05/2019	Nairobi County Swimming Champi
50.63	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.64	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
50.73	L	F	Gitau, Joy	15	17/05/2019	Nairobi County Swimming Champi
50.77	L	F	Njagi, Sylvia	15	17/05/2019	Nairobi County Swimming Champi
50.84	L	F	Opiyo, Angie	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.85	L	F	Ali, Imrana	13	17/05/2019	Nairobi County Swimming Champi
51.01	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
51.68	L	F	Kinyanjui, Maya	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.83	L	F	Mwangi, Wanjiru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.24	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
52.47	L	F	Ochanda, Abigail	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.52	L	F	Wangechi, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.59	L	F	Gitau, Wairimu	14	17/05/2019	Nairobi County Swimming Champi
52.67	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.92	L	F	Ayugi, Erika	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.03	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
53.32	L	F	Nyambura, Bridgite	14	17/05/2019	Nairobi County Swimming Champi
53.35	L	F	Gitau, Amy	13	17/05/2019	Nairobi County Swimming Champi
53.36	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
53.37	L	F	Kwame, Adjo	15	17/05/2019	Nairobi County Swimming Champi
53.46	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
53.51	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.62	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
53.65	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
53.84	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
53.90	L	F	Mutula, Tanisha	14	17/05/2019	Nairobi County Swimming Champi
53.91	L	F	Mwale, Zena	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.92	L	F	Kigen, Ariel	13	17/05/2019	Nairobi County Swimming Champi
54.08	L	F	Hicks, Tusekile	11	17/05/2019	Nairobi County Swimming Champi
54.26	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
54.31	L	F	Ndolo, Natasha	15	17/05/2019	Nairobi County Swimming Champi
54.34	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
54.50	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi

54.51	L	F	Mamujee, Fatema	14	06/07/2019	The Manchester Non National Me
54.57	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
54.75	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
55.04	L	F	Chege, Jackie	14	17/05/2019	Nairobi County Swimming Champi
55.43	L	F	Mwangi, Morifa	13	17/05/2019	Nairobi County Swimming Champi
55.47	L	F	Lopez, Rafaela	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.58	L	F	Mugweru, Faith	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.59	L	F	Gitau, Ruby	18	17/05/2019	Nairobi County Swimming Champi
55.63	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
55.77	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
56.24	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
56.37	L	F	McVey, Molly	12	17/05/2019	Nairobi County Swimming Champi
56.77	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
56.79	L	F	Maina, Kamwelle	10	17/05/2019	Nairobi County Swimming Champi
57.22	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
57.35	L	F	Chisinde, Galekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.70	L	F	Okoth, Gift	12	17/05/2019	Nairobi County Swimming Champi
57.92	L	F	Mukundi, Beverly	17	17/05/2019	Nairobi County Swimming Champi
58.09	L	F	Sekento, Jessica	14	17/05/2019	Nairobi County Swimming Champi
58.09	L	F	Nyakairu, Lanea	11	17/05/2019	Nairobi County Swimming Champi
58.13	L	F	Munene, Nadia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.25	L	F	Nyamika, Colleen	14	17/05/2019	Nairobi County Swimming Champi
58.55	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
58.91	L	F	Aseka Ayako, Ivy	11	17/05/2019	Nairobi County Swimming Champi
59.06	L	F	Kasio, Malaika	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
59.15	L	F	Kanyange, Stephanie	14	17/05/2019	Nairobi County Swimming Champi
59.29	L	F	Njau, Zawadi	12	17/05/2019	Nairobi County Swimming Champi
59.59	L	F	Mwangi, Isabelle	11	17/05/2019	Nairobi County Swimming Champi
59.83	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
59.88	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.32	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
1:00.53	L	F	Princess, Norah	13	17/05/2019	Nairobi County Swimming Champi
1:00.57	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.67	L	F	Ouko, Felica	10	17/05/2019	Nairobi County Swimming Champi
1:00.94	L	F	Pouakouyou, Grace	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.07	L	F	Sirikoi, Amy	13	17/05/2019	Nairobi County Swimming Champi
1:01.60	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.95	L	F	Nyaseme, Amari	12	17/05/2019	Nairobi County Swimming Champi
1:01.99	L	F	Njau, Amani	12	17/05/2019	Nairobi County Swimming Champi
1:02.16	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
1:02.83	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
1:02.99	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
1:03.19	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
1:03.31	L	F	Nzioki, Eliana	11	17/05/2019	Nairobi County Swimming Champi
1:03.67	L	F	Wendot, Sharon	12	17/05/2019	Nairobi County Swimming Champi
1:04.12	L	F	Wainaina, Waihuini	16	17/05/2019	Nairobi County Swimming Champi
1:04.19	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
1:04.23	L	F	Munene, Natalie	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:05.17	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
1:05.31	L	F	Kiragu, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
1:05.43	L	F	Wachira, Eliana	12	17/05/2019	Nairobi County Swimming Champi
1:06.15	L	F	Patel, Naya	13	17/05/2019	Nairobi County Swimming Champi
1:06.28	L	F	Iman, Ogola	11	17/05/2019	Nairobi County Swimming Champi
1:07.04	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
1:07.13	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
1:08.31	L	F	Pawar, Samaira	14	17/05/2019	Nairobi County Swimming Champi
1:08.54	L	F	Mworia, Tiffany	15	17/05/2019	Nairobi County Swimming Champi
1:09.18	L	F	Mulwa, Neema	11	17/05/2019	Nairobi County Swimming Champi
1:09.39	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
1:10.21	L	F	Wanjiru, Alyssa	14	17/05/2019	Nairobi County Swimming Champi
1:10.43	L	F	Nyambura, Vivian	21	17/05/2019	Nairobi County Swimming Champi
1:10.74	L	F	Engufu, Christine	24	17/05/2019	Nairobi County Swimming Champi
1:10.74	L	F	Musima, Petra Shihavi	10	17/05/2019	Nairobi County Swimming Champi
1:10.87	L	F	Vardier, Joyce	11	17/05/2019	Nairobi County Swimming Champi
1:11.38	L	F	Mutegi, Rose	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.74	L	F	Rita, Njeri	12	17/05/2019	Nairobi County Swimming Champi
1:11.86	L	F	Lyoba, Cherop	14	17/05/2019	Nairobi County Swimming Champi
1:12.37	L	F	Chege, Winne Mukami	22	17/05/2019	Nairobi County Swimming Champi
1:13.21	L	F	Koki, Jeanette	13	17/05/2019	Nairobi County Swimming Champi
1:15.12	L	F	Hannah, Rita	12	17/05/2019	Nairobi County Swimming Champi
1:15.69	L	F	Kaluve, Tara	12	17/05/2019	Nairobi County Swimming Champi
1:15.82	L	F	Wacera, Kendra	12	17/05/2019	Nairobi County Swimming Champi
1:16.74	L	F	Mworia, Anita	12	17/05/2019	Nairobi County Swimming Champi
1:17.05	L	F	Muriuki, Kaari	11	17/05/2019	Nairobi County Swimming Champi
1:18.38	L	F	Kamunya, Wairimu	10	17/05/2019	Nairobi County Swimming Champi
1:18.40	L	F	Kiragu, Faith	21	17/05/2019	Nairobi County Swimming Champi
1:19.10	L	F	Mwongera, Maya	12	17/05/2019	Nairobi County Swimming Champi
1:19.50	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi
1:29.77	L	F	Shikoh, Shelimith	14	17/05/2019	Nairobi County Swimming Champi
1:38.82	L	F	Kalonde, Beatrice	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.63	L	F	Ochieng, Reina	10	17/05/2019	Nairobi County Swimming Champi

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1:06.94	L	F	Brunlehner, Sylvia	28	21/08/2019	12th African Games
1:09.42	L	P	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
1:12.06	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
1:13.51	L	P	Ruchti, Lucia	18	11/09/2019	Africa Junior Championships
1:13.95	L	P	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
1:14.71	L	F	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:15.24	L	F	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:15.48	L	P	Wanakai, Lenise	16	11/09/2019	Africa Junior Championships
1:15.68	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
1:18.41	L	P	Omondi, Mya	17	11/09/2019	Africa Junior Championships
1:18.47	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:19.15	L	F	Kagwima, Ashley	14	28/11/2019	2019 CANA Zone 3 Championships
1:19.26	L	P	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.40	L	F	Kiragu, Mariam	15	09/12/2021	16th Botswana National Swimming Championships
1:20.88	L	F	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.90	L	F	Lycke, Hedvig	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:21.28	L	F	Mwebeih, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials

1:21.50	L	F	Maye, Kenda	17	28/11/2019	2019 CANA Zone 3 Championships
1:22.92	L	F	Shah, Rianna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:23.36	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:23.44	L	F	Irangi, Nina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.56	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.60	L	F	Chepngetich, Maya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:24.97	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.02	L	P	Baraka, Angela	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:25.17	L	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.23	L	P	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:26.08	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:26.13	L	P	Nyamu, Wema	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:26.39	L	F	Makau, Nicole	19	17/05/2019	Nairobi County Swimming Champi
1:26.96	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.07	L	F	Maina, Kagure	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:27.10	L	F	Apsey, Jessica	14	17/05/2019	Nairobi County Swimming Champi
1:27.11	L	F	Muriithi, Rachel Michelle	17	03/04/2019	SA Level 2 Regional Age Group
1:27.66	L	F	Nanjala, Rebecca	15	28/11/2019	2019 CANA Zone 3 Championships
1:27.95	L	F	Shavdia, Kreeshi	17	28/11/2019	2019 CANA Zone 3 Championships (Team B)
1:29.65	L	F	Irungu, Elaine	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.96	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.15	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.24	L	F	Tripathee, Aagya	16	17/05/2019	Nairobi County Swimming Champi
1:30.49	L	F	Luchters, Eowyn	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.73	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.62	L	F	Chandaria, Ruhii	17	17/05/2019	Nairobi County Swimming Champi
1:32.65	L	F	Done, Maisha	14	17/05/2019	Nairobi County Swimming Champi
1:32.73	L	F	Irungu, Rachel	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:33.22	L	F	Makena, Kyra	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:33.45	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
1:33.55	L	F	Bailey, Lara	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.53	L	F	Gadzo, Diulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.54	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
1:34.66	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.67	L	F	Lwanya, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.78	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
1:35.94	L	F	Kumon, Manna	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.96	L	F	Ondieki, Stephanie	26	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.99	L	F	Bebbington, Anika	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.09	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.37	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.80	L	F	Mwasha, Michelle	17	17/05/2019	Nairobi County Swimming Champi
1:37.30	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.32	L	F	Vanam, Daksha	15	17/05/2019	Nairobi County Swimming Champi
1:37.68	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.80	L	F	Mumma, Lisa	16	17/05/2019	Nairobi County Swimming Champi
1:37.88	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
1:38.43	L	F	Mugo, Zaveria	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.58	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
1:38.82	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.33	L	F	Njuguna, Noni	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.64	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
1:39.88	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.99	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.05	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.42	L	F	Manek, Shriya	15	17/05/2019	Nairobi County Swimming Champi
1:40.63	L	F	Stolarow, Mara	14	17/05/2019	Nairobi County Swimming Champi
1:40.79	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.89	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.91	L	F	Frantz, Nyah	12	17/05/2019	Nairobi County Swimming Champi
1:41.07	L	F	Gikunda, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.12	L	F	Bush, Isobel	14	17/05/2019	Nairobi County Swimming Champi
1:41.16	L	F	Mamujee, Ummeh-Hani	18	06/07/2019	The Manchester Non National Me
1:41.27	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
1:41.46	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.43	L	F	Wangalwa, Tracey	14	17/05/2019	Nairobi County Swimming Champi
1:43.75	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.30	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.63	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.95	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
1:46.88	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.51	L	F	Ombeqa, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.94	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.34	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.47	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:49.06	L	F	Njau, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:49.93	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:49.95	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
1:50.54	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:52.06	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
1:52.20	L	F	Njau, Zawadi	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:52.70	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
1:53.68	L	F	Wangeci, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:56.29	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:56.76	L	F	Ngware Wairimu, Lula	13	17/05/2019	Nairobi County Swimming Champi
1:57.81	L	F	Kidha, Kahina	12	17/05/2019	Nairobi County Swimming Champi
1:58.69	L	F	Opiyo, Angie	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:59.12	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
1:59.23	L	F	Maina, Kamwelle	10	17/05/2019	Nairobi County Swimming Champi
1:59.27	L	F	Oduia, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:59.61	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
2:00.08	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
2:01.57	L	F	Mugasa, Lindiwe	15	17/05/2019	Nairobi County Swimming Champi
2:01.85	L	F	Gitau, Wairimu	14	17/05/2019	Nairobi County Swimming Champi
2:02.51	L	F	Eden, Sulwe	11	17/05/2019	Nairobi County Swimming Champi
2:04.99	L	F	Awiti, Hawi	11	17/05/2019	Nairobi County Swimming Champi
2:05.23	L	F	Muthama, Melissa	13	17/05/2019	Nairobi County Swimming Champi
2:05.50	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
2:07.03	L	F	Kingatua, Amana	13	17/05/2019	Nairobi County Swimming Champi

2:07.33	L	F	Mwangi, Isabelle	11	17/05/2019	Nairobi County Swimming Champi
2:07.74	L	F	Shah, Hena	12	17/05/2019	Nairobi County Swimming Champi
2:09.27	L	F	Ouko, Felica	10	17/05/2019	Nairobi County Swimming Champi
2:10.41	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:12.33	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
2:16.66	L	F	Karuthiru, Nakami	11	17/05/2019	Nairobi County Swimming Champi
2:22.33	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
2:22.46	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
2:23.91	L	F	Rimui, Shania	14	17/05/2019	Nairobi County Swimming Champi
2:38.27	L	F	Iman, Ogola	11	17/05/2019	Nairobi County Swimming Champi

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2:38.84	L	F	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
2:40.60	L	F	Jamal, Bianca	14	16/01/2022	City of Derby 18th Level 1 Long Course
2:42.51	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
2:44.98	L	P	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:46.72	L	F	Karia, Riva	19	28/11/2019	2019 CANA Zone 3 Championships
2:47.76	L	F	Wanakai, Lenise	16	11/09/2019	Africa Junior Championships
2:48.25	L	F	Mwige, Tugie	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:48.37	L	F	Mwige, Gakenia	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:50.90	L	F	Okumu, Virginia	21	28/11/2019	2019 CANA Zone 3 Championships
2:52.17	L	F	Islam Ali, Lubaina	16	28/11/2019	2019 CANA Zone 3 Championships
2:53.93	L	P	Vora, Tiana	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.11	L	F	Irungu, Erica Wangechi	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:57.06	L	F	Kiragu, Mariam	15	09/12/2021	16th Botswana National Swimming Championships
2:58.19	L	F	Shah, Rianna	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 2:58.27	L	P	Kagwima, Ashley	14	11/04/2019	2019 KSF Nationals Swimming Trials
* 2:58.27	L	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:58.40	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:00.80	L	F	Makau, Nicole	19	28/11/2019	2019 CANA Zone 3 Championships
3:03.58	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:04.44	L	F	Shavdia, Kreeshi	17	28/11/2019	2019 CANA Zone 3 Championships
3:05.77	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:06.52	L	F	Irungu, Elaine	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:09.10	L	F	Muriithi, Rachel Michelle	17	08/10/2021	Harare 3rd Seeded 2021
3:13.10	L	P	Maina, Kagure	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:18.09	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:24.22	L	F	Kamotho, Christe	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:26.51	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
3:27.19	L	F	Williams, Maya	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.92	L	F	Chepngetich, Maya	15	17/05/2019	Nairobi County Swimming Champi
3:31.72	L	F	Njuguna, Noni	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:31.85	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:31.90	L	F	Bush, Isobel	14	17/05/2019	Nairobi County Swimming Champi
3:32.25	L	F	Makena, Kyra	14	17/05/2019	Nairobi County Swimming Champi
3:35.04	L	F	Mureithi, Hazel	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:36.07	L	P	Karanja, Abby	13	11/04/2019	2019 KSF Nationals Swimming Trials
3:36.76	L	F	Musengi, Savannah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:40.51	L	F	Ochoro, Xolani	14	17/05/2019	Nairobi County Swimming Champi
3:44.68	L	F	Ombeiga, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:54.07	L	F	Onderi, Jade	12	17/05/2019	Nairobi County Swimming Champi
3:57.57	L	F	Nyangena, Lisa	10	17/05/2019	Nairobi County Swimming Champi
4:13.26	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
4:33.34	L	F	Ali, Imrana	13	17/05/2019	Nairobi County Swimming Champi

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33.35	L	P	Muteti, Emily	23	11/04/2019	2019 KSF Nationals Swimming Trials
33.83	L	P	Brunlehner, Maria	21	11/04/2019	2019 KSF Nationals Swimming Trials
34.00	L	F	Kamau, Rebecca	22	11/04/2019	2019 KSF Nationals Swimming Trials
36.82	L	P	Ruchti, Lucia	18	11/09/2019	Africa Junior Championships
36.85	L	P	Kimani, Jasmin	18	11/09/2019	Africa Junior Championships
37.18	L	F	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
37.65	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.11	L	F	Jamal, Bianca	14	16/01/2022	City of Derby 18th Level 1 Long Course
39.14	L	F	Hawala, Samantha	19	28/11/2019	2019 CANA Zone 3 Championships
39.58	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.76	L	F	Ameya, Rana	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.86	L	F	Kamotho, Christe	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.87	L	F	Khatundi, Nasiminyu	22	28/11/2019	2019 CANA Zone 3 Championships
39.95	L	P	Nyawira, Kimberly	18	11/04/2019	2019 KSF Nationals Swimming Trials
39.99	L	F	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
40.07	L	F	Ssuna, Antisha	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
40.77	L	F	Mwasha, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
40.99	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
41.14	L	F	Gichovi, Regina	16	11/04/2019	2019 KSF Nationals Swimming Trials
41.36	L	F	Done, Maisha	14	17/05/2019	Nairobi County Swimming Champi
41.48	L	F	Patel, Saloni	18	28/11/2019	2019 CANA Zone 3 Championships
41.60	L	F	Nasser, Aisha	18	11/04/2019	2019 KSF Nationals Swimming Trials
41.75	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.89	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
41.95	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
42.05	L	F	Nanjala, Rebecca	15	28/11/2019	2019 CANA Zone 3 Championships
42.21	L	F	Ambala, Ahura	17	11/04/2019	2019 KSF Nationals Swimming Trials
42.39	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.48	L	F	Baraka, Angela	18	11/04/2019	2019 KSF Nationals Swimming Trials
42.61	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.86	L	F	Shah, Deeya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
42.94	L	F	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
43.24	L	F	Kiragu, Mariam	15	09/12/2021	16th Botswana National Swimming Championships
43.39	L	F	Kamotho, Cheryl	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
43.47	L	F	Nyakundi, Joan	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.58	L	F	Mutinda, Nalwoga	10	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
43.66	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.74	L	P	Konig, Ophelie	15	11/04/2019	2019 KSF Nationals Swimming Trials
43.88	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
44.20	L	F	Irungu, Erica Wangechi	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.37	L	P	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
44.71	L	F	Wambui, Emma	14	03/04/2019	SA Level 2 Regional Age Group
44.77	L	F	Sheikh, Amina	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
44.84	L	P	Kitonga, Neema	16	11/04/2019	2019 KSF Nationals Swimming Trials
44.98	L	F	Lwanya, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

45.02	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.06	L	F	Apsey, Jessica	14	17/05/2019	Nairobi County Swimming Champi
45.15	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.16	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.82	L	P	Mwebeihai, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials
45.97	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
46.06	L	F	Gikunda, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.09	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
46.17	L	F	Kagwima, Ashley	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.21	L	F	Irungu, Rachel	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.29	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.55	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
46.59	L	F	Kotut, Moige	14	17/05/2019	Nairobi County Swimming Champi
46.62	L	F	Manek, Shriya	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.86	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.07	L	F	Khuweyid, Khadija	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
47.17	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
47.23	L	F	Chandaria, Ruhi	17	17/05/2019	Nairobi County Swimming Champi
47.29	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.30	L	F	Stolarow, Mara	14	17/05/2019	Nairobi County Swimming Champi
47.36	L	F	Nanji, Natasha	15	17/05/2019	Nairobi County Swimming Champi
47.40	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.48	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
47.63	L	F	Okoyo, Anita	18	17/05/2019	Nairobi County Swimming Champi
47.67	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
47.75	L	F	Geteria, Wanjiku	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.86	L	F	Kidha, Kahina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.88	L	F	Mohidden- Jones, Mariam	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.89	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.00	L	F	Muga, Rachel	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.15	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.18	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
48.90	L	F	Kendi, Joy	17	17/05/2019	Nairobi County Swimming Champi
48.97	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.02	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.21	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
49.23	L	F	Gituku, Gail	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.25	L	F	Muriithi, Rachel Michelle	17	25/09/2020	Harare 1st Seeded 2020
49.30	L	F	Lopez, Rafaela	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.33	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
49.34	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.52	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.88	L	F	Hicks, Tusekile	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
49.91	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.01	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
50.05	L	F	Irungu, Elaine	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.06	L	F	Omor, Saniyah	12	17/05/2019	Nairobi County Swimming Champi
50.38	L	F	Shah, Rianna	14	17/05/2019	Nairobi County Swimming Champi
50.51	L	F	Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.61	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.08	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
51.11	L	F	Aluku, Charity	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.11	L	F	Hunja, Makena	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.48	L	F	Ayugi, Erika	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.75	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
51.91	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.91	L	F	Mulambe, Sifa	14	17/05/2019	Nairobi County Swimming Champi
52.13	L	F	Mwanzia, Zareena	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.14	L	F	Njagi, Sylvia	15	17/05/2019	Nairobi County Swimming Champi
52.20	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.35	L	F	Maruti, Theodora	13	17/05/2019	Nairobi County Swimming Champi
52.39	L	F	Kamata, Tanu	15	17/05/2019	Nairobi County Swimming Champi
52.46	L	F	Mugweru, Faith	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.72	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.98	L	F	Kariuki, Diana	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.09	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.54	L	F	Gitau, Ruby	18	17/05/2019	Nairobi County Swimming Champi
53.89	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
54.43	L	F	Kyalo, Erica	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
54.84	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
54.97	L	F	Eden, Sulwe	11	17/05/2019	Nairobi County Swimming Champi
55.08	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.34	L	F	Juma Auma, Teresa	13	17/05/2019	Nairobi County Swimming Champi
55.45	L	F	Moora, Shona	18	17/05/2019	Nairobi County Swimming Champi
55.72	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
55.74	L	F	Mworia, Tiffany	15	17/05/2019	Nairobi County Swimming Champi
55.89	L	F	Kazzih, Laila	14	17/05/2019	Nairobi County Swimming Champi
56.47	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
56.58	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
56.69	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
56.90	L	F	Nzioki, Eliana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.30	L	F	Megan, Joyce	12	17/05/2019	Nairobi County Swimming Champi
57.50	L	F	Gituku, Tatenda	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.88	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
58.11	L	F	Kidenda, Chantalle Koki	15	17/05/2019	Nairobi County Swimming Champi
58.27	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
58.47	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
58.47	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
58.53	L	F	Rugut, Ivy	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.60	L	F	McVey, Molly	12	17/05/2019	Nairobi County Swimming Champi
58.70	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
58.81	L	F	Okoth, Gift	12	17/05/2019	Nairobi County Swimming Champi
58.82	L	F	Mwangi, Wanjiro	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.84	L	F	Sirikoi, Amy	13	17/05/2019	Nairobi County Swimming Champi
58.85	L	F	Njau, Amani	12	17/05/2019	Nairobi County Swimming Champi
59.11	L	F	Kaime, Gathoni	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
59.12	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
59.26	L	F	Ndolo, Natasha	15	17/05/2019	Nairobi County Swimming Champi
59.44	L	F	Kinyanjui, Thami	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

59.88	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
1:00.26	L	F	Munene, Nadia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.27	L	F	Maruti, Therese	17	17/05/2019	Nairobi County Swimming Champi
1:00.42	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
1:00.43	L	F	Maina, Wanjiru	14	17/05/2019	Nairobi County Swimming Champi
1:00.64	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
1:00.66	L	F	Chege, Malaika	15	17/05/2019	Nairobi County Swimming Champi
1:00.68	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
1:00.70	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
1:00.74	L	F	Nyakairu, Lanea	11	17/05/2019	Nairobi County Swimming Champi
1:00.89	L	F	Tshula, Chantal	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.01	L	F	Njuguna, Noni	11	17/05/2019	Nairobi County Swimming Champi
1:01.05	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
1:01.26	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.34	L	F	Chisinde, Kalekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.35	L	F	Kipchumba, Lissette	11	17/05/2019	Nairobi County Swimming Champi
1:01.36	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
1:01.78	L	F	Awili, Hawi	11	17/05/2019	Nairobi County Swimming Champi
1:01.81	L	F	Achuli, Diana	15	17/05/2019	Nairobi County Swimming Champi
1:02.01	L	F	Nyambura, Bridgitte	14	17/05/2019	Nairobi County Swimming Champi
1:02.11	L	F	Sekento, Jessica	14	17/05/2019	Nairobi County Swimming Champi
1:02.12	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:02.19	L	F	Pawar, Samaira	14	17/05/2019	Nairobi County Swimming Champi
1:02.57	L	F	Wachai, Leandara	13	17/05/2019	Nairobi County Swimming Champi
1:02.86	L	F	Namiso, Maya	14	17/05/2019	Nairobi County Swimming Champi
1:03.18	L	F	Mukundi, Beverly	17	17/05/2019	Nairobi County Swimming Champi
1:03.27	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:03.59	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
1:04.01	L	F	Lusenaka, Natalie	12	17/05/2019	Nairobi County Swimming Champi
1:04.34	L	F	Lyoba, Cherop	14	17/05/2019	Nairobi County Swimming Champi
1:04.73	L	F	Ouko, Felica	10	17/05/2019	Nairobi County Swimming Champi
1:05.94	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
1:05.96	L	F	Nyamusi, Fio	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:06.00	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:06.98	L	F	Nagda, Navya	13	17/05/2019	Nairobi County Swimming Champi
1:07.25	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
1:07.35	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
1:08.06	L	F	Karuthiru, Nakami	11	17/05/2019	Nairobi County Swimming Champi
1:08.41	L	F	Nellie, Wambui	11	17/05/2019	Nairobi County Swimming Champi
1:08.98	L	F	Moegi, Sharleen	11	17/05/2019	Nairobi County Swimming Champi
1:09.22	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
1:09.40	L	F	Mwale, Zena	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:10.42	L	F	Patel, Naya	13	17/05/2019	Nairobi County Swimming Champi
1:11.02	L	F	Wangeci, Joy	11	17/05/2019	Nairobi County Swimming Champi
1:11.25	L	F	Pouakouyou, Grace	11	17/05/2019	Nairobi County Swimming Champi
1:11.34	L	F	Chege, Winne Mukami	22	17/05/2019	Nairobi County Swimming Champi
1:11.82	L	F	Nyaseme, Amari	12	17/05/2019	Nairobi County Swimming Champi
1:12.59	L	F	Nuru, Azu	12	17/05/2019	Nairobi County Swimming Champi
1:13.51	L	F	Kiragu, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
1:14.27	L	F	Shah, Hena	12	17/05/2019	Nairobi County Swimming Champi
1:14.81	L	F	Madahana, Samara	12	17/05/2019	Nairobi County Swimming Champi
1:16.60	L	F	Wachira, Eliana	12	17/05/2019	Nairobi County Swimming Champi
1:16.64	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
1:17.03	L	F	Nyambura, Vivian	21	17/05/2019	Nairobi County Swimming Champi
1:19.45	L	F	Muthoga, Tabitha	13	17/05/2019	Nairobi County Swimming Champi
1:20.02	L	F	Kamunya, Wairimu	10	17/05/2019	Nairobi County Swimming Champi
1:25.51	L	F	Ochieng, Reina	10	17/05/2019	Nairobi County Swimming Champi
1:36.05	L	F	Kaluve, Tara	12	17/05/2019	Nairobi County Swimming Champi

Women 100 Breast

1:13.99	L	F	Kamau, Rebecca	22	21/08/2019	12th African Games
1:15.09	L	P	Brunlehner, Maria	21	21/07/2019	18th FINA World Championships
1:20.83	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:22.02	L	P	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
1:22.11	L	F	Kimani, Jasmin	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:23.45	L	F	Jamal, Bianca	14	24/07/2021	London Region Festival of Swimming Meet 2021
1:25.74	L	F	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
1:26.75	L	F	Hawala, Samantha	19	28/11/2019	2019 CANA Zone 3 Championships
1:27.52	L	F	Ameya, Rana	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:27.67	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:29.59	L	F	Ssuna, Antisha	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:29.68	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:30.11	L	F	Mwige, Tugi	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:30.44	L	F	Nyawira, Kimberly	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:30.50	L	P	Gichovi, Regina	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:30.71	L	F	Mwasha, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:31.65	L	F	Nasser, Aisha	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:31.82	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.86	L	F	Khatundi, Nasiminyu	22	28/11/2019	2019 CANA Zone 3 Championships
1:31.92	L	F	Irungu, Erica Wangechi	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:32.49	L	F	Kamotho, Christe	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:33.94	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:34.03	L	F	Baraka, Angela	18	17/05/2019	Nairobi County Swimming Champi
1:34.42	L	F	Kamotho, Cheryl	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:35.25	L	F	Patel, Saloni	18	28/11/2019	2019 CANA Zone 3 Championships
1:35.27	L	P	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:35.30	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.45	L	F	Done, Maisha	14	06/07/2019	The Manchester Non National Me
1:36.07	L	F	Shah, Deeya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:37.11	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.40	L	F	Ambala, Ahura	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:37.48	L	F	Kiragu, Mariam	15	05/10/2019	BSSA 2nd League Gala - Gaborone
1:37.53	L	F	Kotut, Moige	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.67	L	F	Wambui, Emma	14	03/04/2019	SA Level 2 Regional Age Group
1:37.76	L	F	Mayende, Elizabeth	14	28/11/2019	2019 CANA Zone 3 Championships
1:37.90	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.35	L	F	Konig, Ophelie	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:38.74	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.83	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.01	L	F	Apsey, Jessica	14	28/11/2019	2019 CANA Zone 3 Championships

1:39.08	L	F	Mutinda, Nalwoga	10	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:39.09	L	F	Kitonga, Neema	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:39.19	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
1:39.29	L	F	Lwanya, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.11	L	F	Nyakundi, Joan	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.22	L	F	Okuku, Muhaji	19	17/05/2019	Nairobi County Swimming Champi
1:41.10	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
1:41.35	L	F	Irungu, Elaine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:41.50	L	F	Sheikh, Amina	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:41.56	L	F	Omoro, Santiyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.02	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.18	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
1:42.41	L	F	Kahuko, Wanja	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.49	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.16	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.72	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.87	L	F	Maina, Kamwelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.64	L	F	Wangalwa, Tracey	14	17/05/2019	Nairobi County Swimming Champi
1:44.81	L	F	Manek, Shriya	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.15	L	F	Kidha, Kahina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.54	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.84	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.89	L	F	Khuweyid, Khadija	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:45.97	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.02	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.24	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
1:47.24	L	F	Kendi, Joy	17	17/05/2019	Nairobi County Swimming Champi
1:47.47	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.56	L	F	Bailey, Lara	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.72	L	F	Mohidden- Jones, Mariam	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.76	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
1:47.84	L	F	Nanji, Natasha	15	06/07/2019	The Manchester Non National Me
1:48.28	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.36	L	F	Bebbington, Anika	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.56	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
1:48.61	L	F	Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.75	L	F	Geteria, Wanjiku	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.79	L	F	Irungu, Rachel	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:50.05	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:50.08	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:50.36	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:51.48	L	F	Stolarow, Mara	14	17/05/2019	Nairobi County Swimming Champi
1:51.63	L	F	Muriithi, Rachel Michelle	17	20/09/2019	Harare 1st Seeded Gala 2019-2020
1:52.56	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
1:52.86	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:52.89	L	F	Kamata, Tanu	15	17/05/2019	Nairobi County Swimming Champi
1:53.48	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
1:53.50	L	F	MACHARIA, Michelle	15	17/05/2019	Nairobi County Swimming Champi
1:53.74	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:54.41	L	F	Kahinju, Nissi	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:54.44	L	F	Von Kleist-Schoen, Helena	15	17/05/2019	Nairobi County Swimming Champi
1:54.71	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
1:55.82	L	F	Gitau, Amy	13	17/05/2019	Nairobi County Swimming Champi
1:57.02	L	F	Ayugi, Erika	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:57.31	L	F	Njau, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:57.42	L	F	Lopez, Rafaela	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:57.97	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
1:58.59	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:58.62	L	F	Mamujee, Umme-Hani	18	06/07/2019	The Manchester Non National Me
1:58.89	L	F	Gitau, Joy	15	17/05/2019	Nairobi County Swimming Champi
1:59.18	L	F	Bush, Isobel	14	06/07/2019	The Manchester Non National Me
1:59.30	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:00.04	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
2:00.35	L	F	Sadavarte, Kuhi	14	17/05/2019	Nairobi County Swimming Champi
2:00.54	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:01.47	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
2:01.62	L	F	Mugo, Zaveria	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 2:01.83	L	F	Wangui, Cecin	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 2:01.83	L	F	Gitau, Wairimu	14	17/05/2019	Nairobi County Swimming Champi
2:01.86	L	F	Moor, Shona	18	17/05/2019	Nairobi County Swimming Champi
2:02.01	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
2:03.82	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:03.88	L	F	Njagi, Sylvia	15	17/05/2019	Nairobi County Swimming Champi
2:04.19	L	F	Mwangi, Wanjiru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:05.71	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
2:05.76	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
2:05.89	L	F	Tshuila, Chantal	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:06.20	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:06.21	L	F	Gitau, Ruby	18	17/05/2019	Nairobi County Swimming Champi
2:06.93	L	F	Siriko, Amy	13	17/05/2019	Nairobi County Swimming Champi
2:07.42	L	F	Eden, Sulwe	11	17/05/2019	Nairobi County Swimming Champi
2:07.63	L	F	Mwanzia, Zareena	12	17/05/2019	Nairobi County Swimming Champi
2:08.39	L	F	Rugut, Ivy	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:08.62	L	F	Kidenda, Chantalle Koki	15	17/05/2019	Nairobi County Swimming Champi
* 2:09.08	L	F	Mutegi, Rose	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 2:09.08	L	F	Hunja, Makena	11	17/05/2019	Nairobi County Swimming Champi
2:09.41	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
2:10.02	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
2:10.42	L	F	Wainaina, Waihuini	16	17/05/2019	Nairobi County Swimming Champi
2:10.59	L	F	Kazziha, Sabrina	11	17/05/2019	Nairobi County Swimming Champi
2:10.86	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
2:11.28	L	F	Ngware Wairimu, Lula	13	17/05/2019	Nairobi County Swimming Champi
2:11.87	L	F	McVey, Molly	12	17/05/2019	Nairobi County Swimming Champi
2:11.90	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
2:12.56	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
2:13.57	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
2:13.76	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:16.13	L	F	Kipchumba, Lissette	11	17/05/2019	Nairobi County Swimming Champi
2:16.78	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

2:17.49	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
2:18.23	L	F	Muthama, Melissa	13	17/05/2019	Nairobi County Swimming Champi
2:18.96	L	F	Wangeci, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:20.41	L	F	Motsoeneng, Kananelo	15	17/05/2019	Nairobi County Swimming Champi
2:20.74	L	F	Njau, Zawadi	12	17/05/2019	Nairobi County Swimming Champi
2:21.63	L	F	Nyamika, Colleen	14	17/05/2019	Nairobi County Swimming Champi
2:22.97	L	F	Chisinde, Kalekye	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:23.55	L	F	Awili, Hawi	11	17/05/2019	Nairobi County Swimming Champi
2:24.08	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
2:25.82	L	F	Wendot, Sharon	12	17/05/2019	Nairobi County Swimming Champi
2:28.44	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
2:28.59	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
2:29.05	L	F	Nyachae, Zawadi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:34.05	L	F	Sanayo, Lavonne	14	17/05/2019	Nairobi County Swimming Champi
2:35.91	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
2:36.47	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
2:39.90	L	F	Shikoh, Shelmith	14	17/05/2019	Nairobi County Swimming Champi
2:44.82	L	F	Pouakouyou, Grace	11	17/05/2019	Nairobi County Swimming Champi
2:46.46	L	F	Nzioki, Eliana	11	17/05/2019	Nairobi County Swimming Champi
2:48.47	L	F	Chloe, Tendai	13	17/05/2019	Nairobi County Swimming Champi
2:50.87	L	F	Chege, Winne Mukami	22	17/05/2019	Nairobi County Swimming Champi
2:50.98	L	F	Engufu, Christine	24	17/05/2019	Nairobi County Swimming Champi
2:51.55	L	F	Rita, Njeri	12	17/05/2019	Nairobi County Swimming Champi

Women 200 Breast

2:39.37	L	P	Kamau, Rebecca	22	21/08/2019	12th African Games
2:52.57	L	F	Wappler, Emma	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:58.35	L	P	Kimani, Jasmin	18	11/09/2019	Africa Junior Championships
3:00.52	L	F	Williams, Angel	13	07/12/2021	Western Cape LC-A Championship 2021 v2
3:02.00	L	F	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.71	L	F	Jamal, Bianca	14	24/07/2021	London Region Festival of Swimming Meet 2021
3:10.87	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:12.74	L	F	Lycke, Hedvig	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:13.12	L	F	Ameya, Rana	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:17.00	L	F	Nasser, Aisha	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:17.16	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
3:18.30	L	F	Irungu, Erica Wangechi	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:19.92	L	F	Ssuna, Antisha	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:22.25	L	F	Mwasha, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:24.41	L	F	Kalombo, Macrine	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:24.94	L	F	Kitonga, Neema	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:25.05	L	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:26.24	L	F	Kamotho, Christe	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:27.79	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
3:30.65	L	F	Shah, Deeya	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:31.50	L	F	Irungu, Elaine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:32.10	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:32.33	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:32.80	L	F	Kamotho, Cheryl	15	17/05/2019	Nairobi County Swimming Champi
3:32.81	L	F	Irungu, Michelle	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:33.78	L	P	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:34.05	L	P	Konig, Ophelie	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:34.12	L	F	Kagwima, Ashley	14	17/05/2019	Nairobi County Swimming Champi
3:34.38	L	F	Patel, Saloni	18	28/11/2019	2019 CANA Zone 3 Championships
3:35.22	L	F	Frantz, Nyah	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:35.54	L	P	Thuranira, Natasha	13	03/04/2019	SA Level 2 Regional Age Group
3:36.09	L	F	Gikunda, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:37.21	L	F	Echessah, Axela	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:37.95	L	F	Manek, Shriya	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:40.60	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
3:40.80	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:43.36	L	F	Lwanya, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:46.54	L	F	Chepngetich, Maya	15	17/05/2019	Nairobi County Swimming Champi
3:46.69	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
3:47.04	L	F	Kotut, Moige	14	17/05/2019	Nairobi County Swimming Champi
3:47.50	L	F	Sheikh, Amina	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:48.60	L	F	Chandaria, Ruhi	17	17/05/2019	Nairobi County Swimming Champi
3:48.94	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:50.65	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
3:52.75	L	P	Rotich, Maya Chepngetich	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:55.88	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
3:59.41	L	F	Omoro, Saniyah	12	17/05/2019	Nairobi County Swimming Champi
3:59.43	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
3:59.61	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:59.70	L	F	Maina, Kamwelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:00.80	L	F	Khuweyid, Khadija	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
4:01.09	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
4:01.80	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:02.10	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
4:02.14	L	F	Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:02.52	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
4:04.27	L	F	Maruti, Theodora	13	17/05/2019	Nairobi County Swimming Champi
4:08.95	L	F	Nyakundi, Joan	17	17/05/2019	Nairobi County Swimming Champi
4:09.83	L	F	Gitau, Amy	13	17/05/2019	Nairobi County Swimming Champi
4:10.41	L	F	Mawira, Serah Makenna	14	17/05/2019	Nairobi County Swimming Champi
4:11.11	L	F	Ochoro, Xolani	14	17/05/2019	Nairobi County Swimming Champi
4:12.56	L	F	Mulambe, Sifa	14	17/05/2019	Nairobi County Swimming Champi
4:14.39	L	F	Taylor, Claudina	13	17/05/2019	Nairobi County Swimming Champi
4:17.45	L	F	Ali, Imrana	13	17/05/2019	Nairobi County Swimming Champi
4:17.68	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
4:21.20	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:24.92	L	F	Kabugo, Makayla	12	17/05/2019	Nairobi County Swimming Champi
4:26.21	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
4:29.75	L	F	Onderi, Jade	12	17/05/2019	Nairobi County Swimming Champi
4:31.30	L	F	Ngware Vairimu, Lula	13	17/05/2019	Nairobi County Swimming Champi
4:35.47	L	F	Mwanzia, Zareena	12	17/05/2019	Nairobi County Swimming Champi
4:43.91	L	F	Maruti, Therese	17	17/05/2019	Nairobi County Swimming Champi
4:44.24	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
4:45.04	L	F	Kidha, Kahina	12	17/05/2019	Nairobi County Swimming Champi
4:46.90	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi

4:50.89	L	F	Awiti, Hawi	11	17/05/2019	Nairobi County Swimming Champi
4:59.48	L	F	Sachania, Diya	16	17/05/2019	Nairobi County Swimming Champi
5:05.06	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
5:06.10	L	F	Omabere, Tamara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:07.63	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi

Women 50 Fly

28.47	L	F	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
28.69	L	P	Muteti, Emily	23	11/04/2019	2019 KSF Nationals Swimming Trials
29.61	L	F	Ruchti, Lucia	18	11/09/2019	Africa Junior Championships
29.88	L	F	Kamau, Rebecca	22	11/04/2019	2019 KSF Nationals Swimming Trials
31.30	L	F	Okumu, Victoria	17	28/11/2019	2019 CANA Zone 3 Championships
31.66	L	F	Khatundi, Nasiminyu	22	28/11/2019	2019 CANA Zone 3 Championships
31.68	L	F	Islam Ali, Lubaina	16	11/10/2021	14th CANA African Junior & Senior and Open Wa
31.80	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.14	L	F	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
32.31	L	F	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
32.65	L	F	Karani, Kario	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.82	L	F	Kimani, Jasmin	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.90	L	P	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
32.99	L	P	Omondi, Mya	17	11/09/2019	Africa Junior Championships
33.12	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.73	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
33.92	L	F	Makau, Nicole	19	28/11/2019	2019 CANA Zone 3 Championships (Team B)
33.94	L	P	Mwebeija, Mercedes	18	11/04/2019	2019 KSF Nationals Swimming Trials
33.95	L	F	Jamal, Bianca	14	16/01/2022	City of Derby 18th Level 1 Long Course
34.02	L	P	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
34.04	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
34.19	L	F	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
34.33	L	P	Williams, Angel	13	14/04/2021	SSA Western Cape Jnr and Snr Nationals 2021
34.39	L	F	Muriithi, Rachel Michelle	17	03/04/2019	SA Level 2 Regional Age Group
34.41	L	F	Pendo, Jasmine	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.51	L	F	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
34.58	L	F	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
34.73	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.89	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.99	L	F	Nanjala, Rebecca	15	28/11/2019	2019 CANA Zone 3 Championships
34.99	L	F	Hassanali, Ilhaam	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.44	L	F	Kagwima, Ashley	14	28/11/2019	2019 CANA Zone 3 Championships
35.46	L	F	Karanu, Wairimu	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.62	L	F	Apsey, Jessica	14	28/11/2019	2019 CANA Zone 3 Championships
36.01	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.16	L	F	Kitony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
36.40	L	F	Echessah, Axela	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.62	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
37.03	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.25	L	F	Maina, Kagure	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.41	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.42	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.60	L	F	Baraka, Angela	18	17/05/2019	Nairobi County Swimming Champi
37.62	L	P	Ambala, Ahura	17	11/04/2019	2019 KSF Nationals Swimming Trials
37.99	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
38.19	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
38.25	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.58	L	P	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
38.67	L	F	Shah, Rianna	14	28/11/2019	2019 CANA Zone 3 Championships (Team B)
38.75	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.83	L	F	McAree, Keaira	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
38.95	L	F	Lwanya, Bianca	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.57	L	F	Ameya, Rana	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.81	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
39.98	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
40.65	L	F	Nanji, Natasha	15	06/07/2019	The Manchester Non National Me
40.79	L	F	Kamau, Aaralyenne	16	17/05/2019	Nairobi County Swimming Champi
41.13	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.17	L	F	Mohidden- Jones, Mariam	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.31	L	F	Hunja, Makena	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.35	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.45	L	F	Irungu, Megan Wanja	17	17/05/2019	Nairobi County Swimming Champi
41.61	L	F	Nuru, Azu	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.78	L	F	Kingatua, Amana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.80	L	F	Aleyo, Joy	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
41.95	L	F	Nyakundi, Joan	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.03	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
42.50	L	F	Kotut, Moige	14	17/05/2019	Nairobi County Swimming Champi
42.55	L	F	Makena, Kyra	14	17/05/2019	Nairobi County Swimming Champi
42.59	L	P	Shah, Deeya	15	03/04/2019	SA Level 2 Regional Age Group
42.81	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.87	L	F	Mumma, Lisa	16	17/05/2019	Nairobi County Swimming Champi
42.95	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
43.05	L	F	Okuku, Muhaji	19	17/05/2019	Nairobi County Swimming Champi
43.08	L	F	Irangi, Nina	12	17/05/2019	Nairobi County Swimming Champi
43.11	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.21	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.29	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
43.54	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
43.62	L	F	Kidha, Kahina	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.66	L	F	Hailey, Yael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.84	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.10	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
44.38	L	F	Aseka Ayako, Ivy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.45	L	F	Wangalwa, Tracey	14	17/05/2019	Nairobi County Swimming Champi
44.71	L	F	Beer, Nina	12	17/05/2019	Nairobi County Swimming Champi
44.84	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.34	L	F	Kamotho, Christe	11	17/05/2019	Nairobi County Swimming Champi
45.62	L	F	Okoyo, Anita	18	17/05/2019	Nairobi County Swimming Champi
46.36	L	F	Njau, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.77	L	F	Manek, Shriya	15	17/05/2019	Nairobi County Swimming Champi
47.12	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.18	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi

*	47.21	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
*	47.21	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	47.30	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	47.32	L	F	Frantz, Nyah	12	17/05/2019	Nairobi County Swimming Champi
	47.54	L	F	Havi, Teniola	14	17/05/2019	Nairobi County Swimming Champi
	47.64	L	F	Kalombo, Macrine	12	17/05/2019	Nairobi County Swimming Champi
	47.70	L	F	Bebbington, Anika	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	47.92	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	48.04	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
	48.24	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	48.43	L	F	Leperes, Lanoi	14	17/05/2019	Nairobi County Swimming Champi
	48.58	L	F	Swai, Zhara	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	48.59	L	F	Webber, Mischa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	48.79	L	F	Mugambi, Ruby	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	48.86	L	F	Anayo, Skyler	14	17/05/2019	Nairobi County Swimming Champi
	48.95	L	F	Muga, Edwina	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	49.15	L	F	Ndolo, Natasha	15	17/05/2019	Nairobi County Swimming Champi
	49.32	L	F	Kendi, Joy	17	17/05/2019	Nairobi County Swimming Champi
	49.43	L	F	Anampiu, Pendo	12	17/05/2019	Nairobi County Swimming Champi
	49.58	L	F	Opiyo, Angie	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	49.74	L	F	Mwangi, Wanjiru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	50.07	L	F	Maina, Kamwelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	50.48	L	F	Gitau, Joy	15	17/05/2019	Nairobi County Swimming Champi
	50.57	L	F	Ombege, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	50.87	L	F	Wangechi, Joy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	51.10	L	F	Mulambe, Sifa	14	17/05/2019	Nairobi County Swimming Champi
	51.21	L	F	Mwaura, amy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	51.35	L	F	Kinyanjui, Bianca	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	51.64	L	F	Ochoro, Kolani	14	17/05/2019	Nairobi County Swimming Champi
	51.77	L	F	Maruti, Trinity	15	17/05/2019	Nairobi County Swimming Champi
	52.15	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
*	52.20	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
*	52.20	L	F	Eden, Sulwe	11	17/05/2019	Nairobi County Swimming Champi
	52.48	L	F	Cheruto, Talai	15	17/05/2019	Nairobi County Swimming Champi
	52.88	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
	52.93	L	F	Awiti, Hawi	11	17/05/2019	Nairobi County Swimming Champi
	53.05	L	F	Nambiar, Aparna	15	17/05/2019	Nairobi County Swimming Champi
	53.21	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
	53.41	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
	53.45	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
	53.49	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	53.60	L	F	Kemunto, Malia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	53.75	L	F	Lindkvist, Ruth Wangari	12	17/05/2019	Nairobi County Swimming Champi
	53.80	L	F	Kaime, Gathoni	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	54.15	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
	54.55	L	F	Mudachi, Mupa	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	54.90	L	F	Nyamusi, Flo	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	55.08	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	55.26	L	F	Kanogo, Winnie	20	17/05/2019	Nairobi County Swimming Champi
	55.35	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
	55.77	L	F	Gitau, Ruby	18	17/05/2019	Nairobi County Swimming Champi
	56.01	L	F	Wachira, Eliana	12	17/05/2019	Nairobi County Swimming Champi
	56.26	L	F	Chege, Jackie	14	17/05/2019	Nairobi County Swimming Champi
	56.65	L	F	Kidenda, Chantalle Koki	15	17/05/2019	Nairobi County Swimming Champi
	56.71	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	57.25	L	F	Kabiru, Olivia Njeri	14	17/05/2019	Nairobi County Swimming Champi
	57.68	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
	58.19	L	F	Oyaro, Almasi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	58.24	L	F	Mukundi, Beverly	17	17/05/2019	Nairobi County Swimming Champi
	59.05	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
	59.06	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
	59.24	L	F	Muthui, Erica	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	59.29	L	F	Okoth, Gift	12	17/05/2019	Nairobi County Swimming Champi
*	59.51	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
*	59.51	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	59.64	L	F	Maina, Wanjiru	14	17/05/2019	Nairobi County Swimming Champi
	59.65	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
	59.78	L	F	Makau, Mary	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:00.42	L	F	Amimo, Carla	15	17/05/2019	Nairobi County Swimming Champi
	1:00.65	L	F	Mwangi, Isabelle	11	17/05/2019	Nairobi County Swimming Champi
	1:01.34	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
	1:01.46	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
	1:01.48	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
	1:01.81	L	F	Sekento, Jessica	14	17/05/2019	Nairobi County Swimming Champi
	1:02.35	L	F	Hicks, Tusekile	11	17/05/2019	Nairobi County Swimming Champi
	1:02.93	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
	1:03.09	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
	1:03.15	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
	1:03.18	L	F	Jobanputra, Elna	16	17/05/2019	Nairobi County Swimming Champi
	1:03.24	L	F	Kasio, Malaika	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:04.09	L	F	Nyachae, Zawadi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
	1:04.22	L	F	Sachania, Diya	16	17/05/2019	Nairobi County Swimming Champi
	1:04.37	L	F	Namiso, Maya	14	17/05/2019	Nairobi County Swimming Champi
	1:04.89	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
	1:04.93	L	F	Mworia, Tiffany	15	17/05/2019	Nairobi County Swimming Champi
	1:05.10	L	F	Njeri, Erin	10	17/05/2019	Nairobi County Swimming Champi
	1:05.16	L	F	Njuguna, Noni	11	17/05/2019	Nairobi County Swimming Champi
	1:06.63	L	F	Kiragu, Jasmine	12	17/05/2019	Nairobi County Swimming Champi
	1:06.72	L	F	Mulwa, Neema	11	17/05/2019	Nairobi County Swimming Champi
	1:06.73	L	F	Muriuki, Kaari	11	17/05/2019	Nairobi County Swimming Champi
	1:07.02	L	F	Otieno, Beryl	12	17/05/2019	Nairobi County Swimming Champi
	1:08.81	L	F	Otin, Mardea	13	17/05/2019	Nairobi County Swimming Champi
	1:08.91	L	F	Sakwa, Lourdes	11	17/05/2019	Nairobi County Swimming Champi
	1:09.00	L	F	Omabere, Tamara	12	17/05/2019	Nairobi County Swimming Champi
	1:10.67	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
	1:13.85	L	F	Abby, Gakii	11	17/05/2019	Nairobi County Swimming Champi
	1:14.84	L	F	Patel, Naya	13	17/05/2019	Nairobi County Swimming Champi
	1:16.08	L	F	Wacera, Kendra	12	17/05/2019	Nairobi County Swimming Champi
	1:23.33	L	F	Kamunya, Wairimu	10	17/05/2019	Nairobi County Swimming Champi

1:24.41	L	F	Kiragu, Faith	21	17/05/2019	Nairobi County Swimming Champi
1:28.43	L	F	Nzioki, Eliana	11	17/05/2019	Nairobi County Swimming Champi
Women 100 Fly						
1:01.40	L	F	Muteti, Emily	23	15/05/2021	YWSF 2021 Long Course Summer Opener
1:03.54	L	F	Thorpe, Imara-Bella	21	29/07/2021	Serbia Summer Championships
1:07.27	L	P	Kamau, Rebecca	22	11/07/2019	2019 LC IL Senior Swimming Championships
1:11.44	L	F	Okumu, Victoria	17	28/11/2019	2019 CANA Zone 3 Championships
1:11.56	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:11.62	L	F	Karia, Riva	19	28/11/2019	2019 CANA Zone 3 Championships
1:12.44	L	F	Islam Ali, Lubaina	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:14.58	L	P	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:18.04	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
1:19.01	L	P	Gichovi, Regina	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:19.05	L	F	Williams, Angel	13	30/10/2021	CTA CANA ZONE 4 VIRTUAL CHAMPIONSHIPS 2021
1:19.56	L	F	Bagha, Nurayn	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:19.60	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:19.78	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
1:20.46	L	F	Kagwima, Ashley	14	21/06/2019	Hamilton Aquatics Summer Sizzler
1:21.51	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.70	L	F	Muriithi, Rachel Michelle	17	03/04/2019	SA Level 2 Regional Age Group
1:22.84	L	F	Langat, Audrey Chebet	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:22.95	L	F	Nanjala, Rebecca	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:24.28	L	F	Hassanali, Ilhaam	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:25.22	L	F	Tripahee, Aagya	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:25.50	L	F	Ambala, Ahura	17	17/05/2019	Nairobi County Swimming Champi
1:26.06	L	F	Kiragu, Mariam	15	22/11/2019	14th UB Gala 2019
1:27.24	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.30	L	F	Kittony, Stacy Jerop	15	17/05/2019	Nairobi County Swimming Champi
1:27.79	L	P	Karani, Kario	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:28.55	L	F	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:28.70	L	F	Hawala, Samantha	19	17/05/2019	Nairobi County Swimming Champi
1:29.10	L	F	Karanu, Vairimu	14	17/05/2019	Nairobi County Swimming Champi
1:29.66	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.11	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.54	L	F	Kabugo, Makayla	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.05	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
1:32.06	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.14	L	F	Baraka, Angela	18	17/05/2019	Nairobi County Swimming Champi
1:37.04	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.13	L	F	Pognon, Yelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.14	L	F	Makau, Nicole	19	17/05/2019	Nairobi County Swimming Champi
1:39.33	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.61	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
1:41.09	L	F	Kipchumbah, Lissette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.39	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.46	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
1:44.13	L	F	Wandabwa, Helmie	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.24	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.63	L	F	Gahai, Chedeye	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.72	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
1:45.24	L	F	Makena, Kyra	14	17/05/2019	Nairobi County Swimming Champi
1:45.34	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
1:45.61	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
1:45.82	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
1:46.31	L	F	Eden, Sulwe	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.60	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.83	L	F	Chepngetich, Maya	15	17/05/2019	Nairobi County Swimming Champi
1:48.37	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
1:50.15	L	F	Ali, Imrana	13	17/05/2019	Nairobi County Swimming Champi
1:50.29	L	F	Mugambi, Lailah	14	17/05/2019	Nairobi County Swimming Champi
1:51.16	L	F	Amari, Oyoo	13	17/05/2019	Nairobi County Swimming Champi
1:51.27	L	F	Oyoo, Amari	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:51.34	L	F	Warui, Ariana	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:51.51	L	F	Beer, Nina	12	17/05/2019	Nairobi County Swimming Champi
1:52.82	L	F	Ochoro, Xolani	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:54.50	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
1:54.54	L	F	Didi, Kayla	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:57.44	L	F	Musengi, Savannah	13	17/05/2019	Nairobi County Swimming Champi
1:59.33	L	F	Wangalwa, Tracey	14	17/05/2019	Nairobi County Swimming Champi
2:00.57	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:01.40	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
2:03.40	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
2:03.49	L	F	Odula, Chedi	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:09.53	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:10.32	L	F	Ndolo, Natasha	15	17/05/2019	Nairobi County Swimming Champi
2:13.05	L	F	Wainaina, Waituini	16	17/05/2019	Nairobi County Swimming Champi
2:14.02	L	F	Karanja, Lucille	13	17/05/2019	Nairobi County Swimming Champi
2:18.30	L	F	Majak, Segen	13	17/05/2019	Nairobi County Swimming Champi
2:19.23	L	F	Mutai, Imani	13	17/05/2019	Nairobi County Swimming Champi
2:23.22	L	F	Wanjiru, Melanie	14	17/05/2019	Nairobi County Swimming Champi
2:24.69	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
2:26.83	L	F	Nyamika, Colleen	14	17/05/2019	Nairobi County Swimming Champi
2:27.85	L	F	Ochieng, Abby	11	17/05/2019	Nairobi County Swimming Champi
2:29.01	L	F	Oduor, Hayley Ann	14	17/05/2019	Nairobi County Swimming Champi
2:33.78	L	F	Mboya, Noella	13	17/05/2019	Nairobi County Swimming Champi
2:34.29	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
Women 200 Fly						
2:39.38	L	P	Okumu, Victoria	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:41.54	L	P	Islam Ali, Lubaina	16	11/09/2019	Africa Junior Championships
2:45.64	L	P	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.44	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
3:00.94	L	P	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.07	L	F	Kagwima, Ashley	14	21/06/2019	Hamilton Aquatics Summer Sizzler
3:09.92	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:16.13	L	F	Muriithi, Rachel Michelle	17	27/11/2020	Harare Senior Championships
3:41.13	L	F	Mwasha, Maria	15	17/05/2019	Nairobi County Swimming Champi
3:54.36	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
3:56.00	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
4:07.64	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

4:23.20	L	F	Onderi, Jade	12	17/05/2019	Nairobi County Swimming Champi
Women 200 IM						
2:22.18	L	F	Kamau, Rebecca	22	21/08/2019	12th African Games
2:24.02	L	F	Brunlehner, Maria	21	21/08/2019	12th African Games
2:33.95	L	F	Thorpe, Imara-Bella	21	22/01/2022	City of Sunderland ASC New Year Meet 2022
2:36.90	L	F	Muteti, Emily	23	11/04/2019	2019 KSF Nationals Swimming Trials
2:40.00	L	F	Okumu, Victoria	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:40.60	L	F	Jamal, Bianca	14	29/01/2022	Middlesex County Championships 2022
2:41.33	L	F	Islam Ali, Lubaina	16	11/09/2019	Africa Junior Championships
2:41.68	L	P	Kimani, Jasmin	18	11/09/2019	Africa Junior Championships
2:45.12	L	P	Ruchti, Lucia	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:48.25	L	P	Brunlehner, Sylvia	28	11/04/2019	2019 KSF Nationals Swimming Trials
2:48.56	L	F	Bianchi, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:49.70	L	P	Gichovi, Hadassah Mumbi	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:50.07	L	P	Baker, Niamh	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:50.19	L	F	Mwige, Gakenia	16	11/04/2019	2019 KSF Nationals Swimming Trials
2:50.27	L	F	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.52	L	P	Okumu, Virginia	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.88	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
2:52.27	L	F	Islam Ali, Juhaina	19	11/04/2019	2019 KSF Nationals Swimming Trials
2:53.58	L	F	Kagwima, Ashley	14	21/06/2019	Hamilton Aquatics Summer Sizzler
2:54.28	L	F	Caffini, Duini	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:54.31	L	F	Irungu, Erica Wangechi	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:54.80	L	F	Gore, Reese	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:55.70	L	F	Bagha, Nurayn	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.04	L	F	Kariuki, Chantelle	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.71	L	F	Lycke, Hedvig	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:59.07	L	F	Kiragu, Mariam	15	14/12/2019	15th BSSA Nationals
2:59.87	L	P	Nanjala, Rebecca	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:00.63	L	F	Williams, Angel	13	06/11/2020	Swartland Invitational Gala #1 2020
3:01.21	L	P	Gichovi, Regina	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:01.65	L	P	Hawala, Samantha	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:01.92	L	F	Omoro, Saniyah	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.97	L	P	Omondi, Mya	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:02.33	L	F	Mwasha, Maria	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:02.72	L	P	Baraka, Angela	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:03.33	L	F	Alala, Marion	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:03.39	L	P	Nasser, Aisha	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:03.59	L	F	Onderi, Jade	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:05.03	L	F	Muriithi, Rachel Michelle	17	08/01/2020	Senior National Championships 2020
3:05.10	L	F	Tripathee, Aagya	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:05.73	L	F	Echessah, Axela	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:05.86	L	F	Maina, Kagure	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:06.40	L	P	Nyawira, Kimberley	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:06.43	L	P	Karanu, Wairimu	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:06.87	L	P	Varia, Alisha	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:07.53	L	P	Nelson, Justine	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.62	L	P	Ambala, Ahura	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:09.04	L	P	Kitonga, Neema	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:10.41	L	P	Wanakai, Lenise	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:11.01	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:11.83	L	F	Irungu, Megan Wanja	17	17/05/2019	Nairobi County Swimming Champi
3:12.72	L	P	Nyamu, Wema	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:12.75	L	P	Konig, Ophelie	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:13.33	L	P	Karanja, Cynthia	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:14.38	L	P	Ssuna, Antisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:15.14	L	P	Karani, Kario	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:15.78	L	F	Thuranira, Natasha	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:16.08	L	F	Kamotho, Cheryl	15	17/05/2019	Nairobi County Swimming Champi
3:16.50	L	P	Done, Maisha	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:16.68	L	P	Maye, Kenda	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:16.98	L	F	Kittony, Stacy Jerop	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:17.10	L	P	Khwidzomina, Mukayagi	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:17.12	L	F	Kimani, Kimberly	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:17.22	L	F	Shah, Deeya	15	03/04/2019	SA Level 2 Regional Age Group
3:18.30	L	F	Kipchumbah, Lisette	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:18.68	L	F	Kuria, Joeleen	17	17/05/2019	Nairobi County Swimming Champi
3:19.43	L	F	Kotut, Moige	14	17/05/2019	Nairobi County Swimming Champi
3:19.99	L	F	Mawira, Serah Makenna	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.14	L	F	Ali, Imrana	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.43	L	F	Mulemi, Sidney	15	17/05/2019	Nairobi County Swimming Champi
3:23.18	L	F	Mayende, Elizabeth	14	17/05/2019	Nairobi County Swimming Champi
3:23.91	L	F	Webber, Aaliyah	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:24.55	L	P	Schoch, Rachel	20	11/04/2019	2019 KSF Nationals Swimming Trials
3:24.64	L	F	Gikunda, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:24.87	L	F	Frantz, Nyah	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:25.13	L	P	Rotich, Maya Chepngetich	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:26.53	L	P	Masese, Kwamboka	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:26.56	L	P	Kimeto, Sheila	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:27.22	L	F	Gadzo, Djulla	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.40	L	P	Mwasha, Michelle	17	11/04/2019	2019 KSF Nationals Swimming Trials
3:31.18	L	F	Makena, Kyra	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:32.92	L	F	Shah, Diva	14	17/05/2019	Nairobi County Swimming Champi
3:32.99	L	F	Childs, Jeanette	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:33.20	L	F	Kafuto, Ivy	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:33.47	L	F	Langat, Audrey Chebet	13	17/05/2019	Nairobi County Swimming Champi
3:34.52	L	F	Bebbington, Anika	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.02	L	F	Davies, Thalia	13	17/05/2019	Nairobi County Swimming Champi
3:35.74	L	F	Ndirangu, Nicole	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.87	L	F	Maina, Kamwelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.92	L	F	Wangare, Virginia	15	17/05/2019	Nairobi County Swimming Champi
3:36.07	L	F	Oyoo, Abba	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:37.78	L	F	Leboy, Vahkenah	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:38.42	L	F	Ndungu, Rachaelneema	16	17/05/2019	Nairobi County Swimming Champi
3:38.52	L	F	Kahinju, Nissi	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:38.54	L	F	Kangethe, Nadia	15	17/05/2019	Nairobi County Swimming Champi
3:38.66	L	F	MACHARIA, Michelle	15	17/05/2019	Nairobi County Swimming Champi
3:39.45	L	F	Irungu, Elaine	13	17/05/2019	Nairobi County Swimming Champi
3:41.34	L	P	Ameya, Rana	15	11/04/2019	2019 KSF Nationals Swimming Trials

3:41.55	L	F	Mumma, Lisa	16	17/05/2019	Nairobi County Swimming Champi
3:42.74	L	F	Marsh, Mia	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:43.24	L	F	Njau, Amani	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:44.35	L	F	Kadzo, Amanda	13	17/05/2019	Nairobi County Swimming Champi
3:45.51	L	F	Ndegwa, Melody	15	17/05/2019	Nairobi County Swimming Champi
3:45.88	L	P	Karanja, Abby	13	11/04/2019	2019 KSF Nationals Swimming Trials
3:50.70	L	F	Nyambura, Jael	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:52.04	L	F	Moegi, Sharon	14	17/05/2019	Nairobi County Swimming Champi
3:52.98	L	F	Musengi, Savannah	13	17/05/2019	Nairobi County Swimming Champi
3:53.39	L	F	Choda, Simran	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:53.70	L	F	Njeri, Erin	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:53.89	L	F	Ombeaga, Kelsey	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:55.29	L	F	Mamujee, Ummeh-Hani	18	17/05/2019	Nairobi County Swimming Champi
3:55.42	L	F	Sadavarte, Kuhu	14	17/05/2019	Nairobi County Swimming Champi
3:56.27	L	F	Bush, Isobel	14	17/05/2019	Nairobi County Swimming Champi
4:00.66	L	F	Kyla, Phyllis	12	17/05/2019	Nairobi County Swimming Champi
4:02.05	L	F	Waihura, Candra	14	17/05/2019	Nairobi County Swimming Champi
4:07.89	L	F	Mwanzia, Zareena	12	17/05/2019	Nairobi County Swimming Champi
4:08.04	L	F	Pouakouyou, Michelle	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:08.21	L	F	Hunja, Makena	11	17/05/2019	Nairobi County Swimming Champi
4:08.83	L	F	Kingatua, Amana	13	17/05/2019	Nairobi County Swimming Champi
4:09.55	L	F	Wanjiku, Nicole	14	17/05/2019	Nairobi County Swimming Champi
4:09.88	L	F	Chandaria, Aashni	11	17/05/2019	Nairobi County Swimming Champi
4:12.14	L	F	Eden, Suiwe	11	17/05/2019	Nairobi County Swimming Champi
4:13.09	L	F	Hailey, Yael	15	17/05/2019	Nairobi County Swimming Champi
4:15.00	L	F	Ivy, Njeri	13	17/05/2019	Nairobi County Swimming Champi
4:17.40	L	F	Joy, Marion	11	17/05/2019	Nairobi County Swimming Champi
4:17.63	L	F	Nyambura, Bridgite	14	17/05/2019	Nairobi County Swimming Champi
4:18.80	L	F	Muema, Natasha	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:19.37	L	F	Mulei, Keli	12	17/05/2019	Nairobi County Swimming Champi
4:20.67	L	F	Manji, Emaan Salim	13	17/05/2019	Nairobi County Swimming Champi
4:24.18	L	F	Thami, Denise	14	17/05/2019	Nairobi County Swimming Champi
4:25.87	L	F	Chager, Alisya	13	17/05/2019	Nairobi County Swimming Champi
4:25.94	L	F	Muthoni, Joan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:25.99	L	F	Kamau, Aaralyenne	16	17/05/2019	Nairobi County Swimming Champi
4:33.97	L	F	Mwangi, Elise	12	17/05/2019	Nairobi County Swimming Champi
4:37.44	L	F	Mwangi, Monifa	13	17/05/2019	Nairobi County Swimming Champi
4:37.80	L	F	Jael, Nyambura	11	17/05/2019	Nairobi County Swimming Champi
4:38.94	L	F	Marima, Nemayian	13	17/05/2019	Nairobi County Swimming Champi
4:50.99	L	F	Wangeci, Joy	11	17/05/2019	Nairobi County Swimming Champi

Women 400 IM

5:59.53	L	F	Islam Ali, Lubaina	16	28/11/2019	2019 CANA Zone 3 Championships
6:02.45	L	F	Hart, Alexandra	13	22/01/2022	Somerset ASA 2022 County Championship
6:10.90	L	F	Jamal, Bianca	14	08/02/2020	The 2020 Middlesex County Championships
6:13.79	L	P	Karia, Riva	19	11/04/2019	2019 KSF Nationals Swimming Trials
6:15.03	L	F	Lycke, Hedvig	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:15.74	L	F	Lindkvist, Ruth Wangari	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:29.54	L	F	Kiragu, Mariam	15	04/04/2019	2nd DMSS Gators Annual Swim Ga
6:38.58	L	P	Kagwima, Ashley	14	11/04/2019	2019 KSF Nationals Swimming Trials
6:39.01	L	F	Maina, Wangechi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:44.24	L	F	Muriithi, Rachel Michelle	17	20/11/2020	Harare 5th Seeded
6:46.96	L	F	Mwasha, Maria	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
8:05.35	L	F	Ochoro, Xolani	14	17/05/2019	Nairobi County Swimming Champi

Men 50 Free

23.52	L	F	Rosafio, Danilo	20	05/06/2021	36 International Swimming Meet of Porto
23.94	L	P	Mohamed, Issa	26	11/04/2019	2019 KSF Nationals Swimming Trials
24.01	L	F	Talib, Swaleh	21	12/04/2021	Stirling Time Trial
24.31	L	F	Mohamed, Ridhwan	21	14/03/2020	Plymouth Leander L1/3 Spring R
24.60	L	F	Bifwoli, Tabuka	18	11/09/2019	Africa Junior Championships
25.21	L	F	Irakoze, Billy-Scott	25	11/04/2019	2019 KSF Nationals Swimming Trials
25.22	L	F	Nyoke, Stephen	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
25.35	L	P	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
25.37	L	F	Omondi, Cian	22	11/04/2019	2019 KSF Nationals Swimming Trials
25.40	L	F	Ndonga, Samuel	24	11/04/2019	2019 KSF Nationals Swimming Trials
25.70	L	F	Muravvej, Aryen	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
25.77	L	F	Opande, Jono Per	18	11/04/2019	2019 KSF Nationals Swimming Trials
25.94	L	F	Onyach, Jesse	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26.18	L	P	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
26.30	L	F	Maina, Monyo	18	10/05/2019	Edmonton Keyano Invitational 2
26.35	L	F	Kithiki, Scott	18	14/03/2020	Plymouth Leander L1/3 Spring R
26.39	L	F	Chemirir, Jabali	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
26.60	L	P	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
26.64	L	F	Jerry, Collins	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26.69	L	F	Masakha, Joshua	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 26.82	L	F	Omondi, Lucas	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 26.82	L	F	Ndezwa, Stanley	19	17/05/2019	Nairobi County Swimming Champi
26.92	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
27.03	L	F	Omar, Mohammed	21	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
27.09	L	P	Shikely, Nabil	22	11/04/2019	2019 KSF Nationals Swimming Trials
27.14	L	F	Kunyiha, Kirunda	21	28/11/2019	2019 CANA Zone 3 Championships
* 27.16	L	F	Muchoki, Ronnie	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 27.16	L	F	Nyamwaya, Daniel	29	11/04/2019	2019 KSF Nationals Swimming Trials
27.21	L	F	Lwanya, Clyde	17	17/05/2019	Nairobi County Swimming Champi
27.33	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
27.37	L	F	Kanja, Evans	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 27.43	L	F	Bagha, Abdul	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 27.43	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 27.46	L	F	Okumu, Jesse	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 27.46	L	P	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
* 27.46	L	F	Shah, Rushab	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
27.60	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
27.75	L	F	Matimu, Nathan	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
27.76	L	P	Ngare, David	27	11/04/2019	2019 KSF Nationals Swimming Trials
27.80	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
27.84	L	F	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
27.87	L	F	Frantz, Shad	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
27.92	L	F	Ngweno, Adrian	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 28.02	L	P	Shivo, Kevin	19	11/04/2019	2019 KSF Nationals Swimming Trials
* 28.02	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

28.05	L	F	Mugera, Munene	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.18	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.21	L	F	Kioko, Paul	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.28	L	F	Anjichi, Daryl Anambo	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28.47	L	P	Kyabayinze, Daryl	17	11/09/2019	Africa Junior Championships
28.53	L	P	Amos, Nigel	24	11/04/2019	2019 KSF Nationals Swimming Trials
28.60	L	F	Muigai, Jomo	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 28.64	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 28.64	L	P	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
28.66	L	F	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.84	L	P	Omondi, Calvin	24	11/04/2019	2019 KSF Nationals Swimming Trials
28.93	L	F	Beriny, Gift	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 28.97	L	F	Mikolela, Daniel	16	21/06/2019	Hamilton Aquatics Summer Sizzler
* 28.97	L	F	Leunoto, Sabbah	14	28/11/2019	2019 CANA Zone 3 Championships
* 28.98	L	F	Jalang'o, Jaison Kinda	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 28.98	L	P	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
28.99	L	F	Kalombo, Michael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.06	L	F	Mhlope, Andile	15	28/11/2019	2019 CANA Zone 3 Championships (Team B)
29.09	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
29.14	L	F	Bashir, Ishaq	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 29.18	L	F	Mohamed, AlJamiu	21	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 29.18	L	F	Doyen, Ilan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.19	L	P	Muthui, Dennis	23	11/04/2019	2019 KSF Nationals Swimming Trials
29.22	L	F	Shivo, Eric	16	28/11/2019	2019 CANA Zone 3 Championships
29.28	L	F	Williams, Jarred	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 29.38	L	F	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 29.38	L	F	Adede, Kevin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.44	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.48	L	F	Gituku, Randall	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 29.55	L	F	Owaga, Issa	19	17/05/2019	Nairobi County Swimming Champi
* 29.55	L	P	Agosta, Daniel	16	11/04/2019	2019 KSF Nationals Swimming Trials
29.76	L	F	Watene, Geoffrey	29	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.77	L	F	Omar, Abdilahi	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.82	L	F	Kamphuis, Yannick	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
29.95	L	P	Blunsum, Carlo	15	11/04/2019	2019 KSF Nationals Swimming Trials
29.96	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.04	L	F	Shariff, Al-Jame	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.05	L	F	Bagha, Bilal	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.07	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.09	L	P	Karanja, Manuel	17	11/04/2019	2019 KSF Nationals Swimming Trials
30.13	L	F	Keter, Jeremy	17	17/05/2019	Nairobi County Swimming Champi
30.14	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
30.16	L	F	Muriithi, William	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.24	L	F	Beer, Jed	17	17/05/2019	Nairobi County Swimming Champi
30.25	L	F	Nyaka, Joel	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.44	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.65	L	F	Waziri, Nick	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.83	L	F	Nderitu, Samuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.85	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.91	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.97	L	F	Agai, Lyle	19	17/05/2019	Nairobi County Swimming Champi
30.98	L	F	Irungu, Roy	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.03	L	F	Mbutia, George	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.07	L	F	Kamau, Daniel	15	17/05/2019	Nairobi County Swimming Champi
31.18	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.22	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.33	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.50	L	F	Okech, Victor	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.58	L	F	Ochieng', Jacktone	18	17/05/2019	Nairobi County Swimming Champi
31.61	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
31.67	L	F	Shah, Dhilan	17	06/07/2019	The Manchester Non National Me
31.88	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
31.94	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 31.95	L	F	Senanu, Karl	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 31.95	L	F	Sheikh, Hashim	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.96	L	F	Kahuko, Mwangi	19	17/05/2019	Nairobi County Swimming Champi
32.04	L	P	Kudwoli, Haniel	16	11/04/2019	2019 KSF Nationals Swimming Trials
32.06	L	F	Mundi, Jack Isaack	18	17/05/2019	Nairobi County Swimming Champi
32.07	L	F	Ali, Arafat	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.13	L	F	Bayusuf, Igbaal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.18	L	F	Ochieng, Peter	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.24	L	F	Awadh, Hemed	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.26	L	F	Kibogo, Samuel	15	06/07/2019	The Manchester Non National Me
32.27	L	F	Nyakundi, Joel	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.31	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.38	L	F	Mwendwa, Ciel	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.47	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.49	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
32.52	L	F	Mutere, Mtume	17	17/05/2019	Nairobi County Swimming Champi
32.54	L	F	Thuranira, Nael	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.56	L	F	Bitok, Shawn	17	17/05/2019	Nairobi County Swimming Champi
32.73	L	F	Khuweyid, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.80	L	F	Wanjie, Ayden	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 32.83	L	F	Muhoro, Kanyihia	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 32.83	L	P	Jalang'o, Jaison	14	11/04/2019	2019 KSF Nationals Swimming Trials
* 32.83	L	F	Ndindiri, Justine	17	17/05/2019	Nairobi County Swimming Champi
32.88	L	F	Maye, Shibadu	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.01	L	F	Mugambi, Ryan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.09	L	F	Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
33.33	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.37	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.39	L	F	Indiazi, Genal	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.52	L	F	Karia, Palash Mishal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
33.85	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
33.99	L	F	Ali, Arif	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
34.03	L	F	Ochanda, Saffi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.08	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
34.15	L	F	Ochieng, Brian	16	17/05/2019	Nairobi County Swimming Champi
34.24	L	F	Omar, Abdrahaman	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP

34.37	L	F	Mwenja, Erick	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.67	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
34.79	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.92	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
35.05	L	F	Nyingi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.08	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.14	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
35.25	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
35.45	L	F	Mbote, Joseph	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
35.54	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.56	L	F	Ochoro, Ferni	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.65	L	P	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Trials
35.65	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
35.67	L	F	Patel, Mahin	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.91	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.91	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
35.95	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.03	L	F	Walgwe, Kwame	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.04	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.05	L	F	Kombo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.07	L	F	Ayugi, Ben Kwame	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.11	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
36.16	L	F	Ngahu, David	19	17/05/2019	Nairobi County Swimming Champi
36.22	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
36.26	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
36.27	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.29	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.34	L	F	Seton, Alexander	13	17/05/2019	Nairobi County Swimming Champi
36.35	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.47	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
36.60	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
36.62	L	F	Toavina, Andy	16	17/05/2019	Nairobi County Swimming Champi
36.63	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
36.95	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.25	L	F	Singh, Harnek	14	06/07/2019	The Manchester Non National Me
37.38	L	F	Ongera, Kyle	15	17/05/2019	Nairobi County Swimming Champi
37.38	L	F	Lopokoiyt, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.40	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.66	L	F	Bayusuf, Saleh	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
37.70	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.99	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
38.06	L	F	Mbuguah, Mukunda	14	06/07/2019	The Manchester Non National Me
38.11	L	P	Ondondo, Hawi	13	11/04/2019	2019 KSF Nationals Swimming Trials
38.33	L	F	Kanja, Fredrick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.67	L	F	Muchomba, Ryan Mugambi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.83	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.84	L	F	Michuki, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.89	L	F	Karuma, Jonathan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.98	L	F	Ngugi, Lyon	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.14	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
39.25	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
39.28	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
39.29	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.32	L	F	Maye, Shavisia	11	17/05/2019	Nairobi County Swimming Champi
39.41	L	F	Nyagu, Ndogoria	15	17/05/2019	Nairobi County Swimming Champi
39.47	L	F	Thiong'o, Praisewesley	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.52	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.79	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.98	L	F	Alleen, Sean	13	17/05/2019	Nairobi County Swimming Champi
40.05	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
40.07	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.08	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
40.21	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.25	L	P	Okoth, Andrew	14	03/04/2019	SA Level 2 Regional Age Group
40.37	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.42	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
40.45	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
40.47	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
40.51	L	F	Njogu, Mathew	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.60	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
40.69	L	F	Parmar, Darsh	14	17/05/2019	Nairobi County Swimming Champi
40.74	L	F	Odhiambo, Gabriel	16	17/05/2019	Nairobi County Swimming Champi
40.79	L	F	Ouma, Austine Esau	11	17/05/2019	Nairobi County Swimming Champi
40.81	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
40.82	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
40.82	L	F	Kariuki, Austin	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.95	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.00	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
41.60	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
41.72	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
41.75	L	F	Musei, Mumo	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.83	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
41.85	L	F	Stauffer, Amani	15	17/05/2019	Nairobi County Swimming Champi
42.45	L	F	Kabiru, Baraka	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.58	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.86	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.95	L	F	Kasimu, Kyalo	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.39	L	F	Kenneth, David	13	17/05/2019	Nairobi County Swimming Champi
43.84	L	F	Mwihia, Joshua	13	17/05/2019	Nairobi County Swimming Champi
43.86	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
43.87	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
44.09	L	F	Kagwai, Peter	18	17/05/2019	Nairobi County Swimming Champi
44.09	L	F	Kenduiwya, Ethen	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.23	L	F	Mbau, Jonathan	20	17/05/2019	Nairobi County Swimming Champi
44.35	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
44.40	L	F	Kimeu, Ryan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.45	L	F	Oduor, Cruz	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.47	L	F	Muthomi, Musa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.81	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi

44.85	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.87	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
44.95	L	F	Tinashe, Ryan	14	17/05/2019	Nairobi County Swimming Champi
45.64	L	F	Mwangi, Kyle	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.03	L	F	Kibet, Adrian	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.17	L	F	Mutai, Rodney	13	17/05/2019	Nairobi County Swimming Champi
46.19	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
46.61	L	F	Motsoeneng, Leatile	11	17/05/2019	Nairobi County Swimming Champi
47.29	L	F	Ouko, Benjamin	12	17/05/2019	Nairobi County Swimming Champi
47.34	L	F	Bolo, Austin	14	17/05/2019	Nairobi County Swimming Champi
47.85	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
48.08	L	F	Kageni, Nathan	12	17/05/2019	Nairobi County Swimming Champi
48.33	L	F	Singh, Veeraj	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.34	L	F	Kirimi, Gilad	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.35	L	F	Indeche, Mwendwa	11	17/05/2019	Nairobi County Swimming Champi
48.58	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
48.83	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
49.18	L	F	Chege, Nuru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.27	L	F	Shah, Veer	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.37	L	F	Githere, Njoroge	14	17/05/2019	Nairobi County Swimming Champi
49.54	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
49.56	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
49.68	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
50.77	L	F	Trevor, Ben	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.88	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019	Nairobi County Swimming Champi
51.10	L	F	Kang'Arū, Yong	11	17/05/2019	Nairobi County Swimming Champi
51.25	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
51.29	L	F	Ombega, Kyle	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.30	L	F	Mureithi, Otto	13	17/05/2019	Nairobi County Swimming Champi
51.94	L	F	Kamau, Nathan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.20	L	F	Kenneth, Isaac	12	17/05/2019	Nairobi County Swimming Champi
53.59	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
53.77	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
53.93	L	F	Jeremy, Sirkoi	11	17/05/2019	Nairobi County Swimming Champi
53.96	L	F	Mbugua, Jabali	13	17/05/2019	Nairobi County Swimming Champi
54.67	L	F	Havi, Teammon	12	17/05/2019	Nairobi County Swimming Champi
55.39	L	F	Mbiyu, Benjamin	10	17/05/2019	Nairobi County Swimming Champi
56.77	L	F	Waithaka, Chioke	12	17/05/2019	Nairobi County Swimming Champi
57.90	L	F	Kimani, Thiongo	10	17/05/2019	Nairobi County Swimming Champi
1:00.05	L	F	Eames, Josh	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.37	L	F	Ekitela, Denzel	14	17/05/2019	Nairobi County Swimming Champi
1:03.47	L	F	Ruto, Kigen	10	17/05/2019	Nairobi County Swimming Champi
1:03.94	L	F	Alvin, Malonza	17	17/05/2019	Nairobi County Swimming Champi
1:05.08	L	F	Gichure, Jaden	11	17/05/2019	Nairobi County Swimming Champi
1:06.72	L	F	Kagunda, David	10	17/05/2019	Nairobi County Swimming Champi
1:08.47	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
1:11.79	L	F	Shah, Aahil	11	17/05/2019	Nairobi County Swimming Champi
1:17.97	L	F	Juma Isaiah, Stephen	10	17/05/2019	Nairobi County Swimming Champi
1:20.28	L	F	Hassan, Mahmud	14	17/05/2019	Nairobi County Swimming Champi

Men 100 Free

52.09	L	P	Rosafio, Danilo	20	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
52.68	L	P	Mohamed, Ridhwan	21	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
53.44	L	P	Mohamed, Issa	26	21/07/2019	18th FINA World Championships
53.53	L	F	Talib, Swaleh	21	12/04/2021	Stirling Time Trial
53.72	L	F	Maina, Kimani	24	11/04/2019	2019 KSF Nationals Swimming Trials
55.30	L	F	Nyoike, Stephen	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
55.85	L	F	Omondi, Alvin	20	11/04/2019	2019 KSF Nationals Swimming Trials
56.10	L	F	Bifwoli, Tabuka	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
56.31	L	F	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
56.33	L	F	Maina, Monyo	18	11/09/2019	Africa Junior Championships
56.43	L	F	Irakoze, Billy-Scott	25	11/04/2019	2019 KSF Nationals Swimming Trials
56.75	L	P	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
58.24	L	P	Bedi, Kabir	20	29/06/2019	Team Bath Pre-National 2019
58.38	L	F	Chemirmir, Jabali	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
58.41	L	P	Opande, Jono Per	18	11/09/2019	Africa Junior Championships
58.66	L	F	Muravvej, Aryen	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
58.89	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
58.91	L	F	Onyach, Jesse	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
59.16	L	P	Omondi, Cion	22	11/04/2019	2019 KSF Nationals Swimming Trials
59.61	L	F	Kithikii, Scott	18	14/03/2020	Plymouth Leander L1/3 Spring R
59.99	L	F	Chemirmir, Kigen	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:00.07	L	P	Omar, Mohammed	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:00.13	L	F	Kanja, Evans	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:00.31	L	F	Kunyiha, Kirunda	21	28/11/2019	2019 CANA Zone 3 Championships
1:00.44	L	P	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
1:00.53	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:00.76	L	F	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:01.11	L	F	Mugera, Munene	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:01.22	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:01.68	L	F	Masakha, Joshua	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:01.89	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:02.11	L	F	Blunsum, Carlo	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:02.26	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:02.28	L	F	Ndezwa, Stanley	19	17/05/2019	Nairobi County Swimming Champi
1:02.34	L	P	Lwanyia, Clyde	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:02.56	L	F	Shah, Rushab	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:02.81	L	F	Matimu, Nathan	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:02.96	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:03.04	L	P	Kyabayinze, Daryl	17	11/09/2019	Africa Junior Championships
1:03.15	L	P	Nyamwaya, Daniel	29	11/04/2019	2019 KSF Nationals Swimming Trials
1:03.26	L	F	Okumu, Jesse	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:03.27	L	P	Shivo, Kevin	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:03.44	L	F	Muigai, Jomo	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:03.60	L	F	Muchoki, Ronnie	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:03.98	L	F	Kioko, Paul	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:04.35	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:04.50	L	P	Bashir, Ishaq	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:04.54	L	F	Anjichi, Daryl Anambo	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:04.83	L	P	Khandwalla, Mohamed Iqbal	19	11/04/2019	2019 KSF Nationals Swimming Trials

1:05.19	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:05.25	L	F	Doyen, Ilan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:05.30	L	P	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:05.45	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:05.50	L	F	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:05.59	L	F	Mhlope, Andile	15	28/11/2019	2019 CANA Zone 3 Championships (Team B)
1:05.78	L	F	Shivo, Eric	16	28/11/2019	2019 CANA Zone 3 Championships
1:06.02	L	F	Leunoto, Sabbah	14	28/11/2019	2019 CANA Zone 3 Championships
1:06.03	L	P	Amos, Nigel	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:06.14	L	F	Michuki, Michael	26	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:06.47	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:06.59	L	P	Bagha, Abdul	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:06.69	L	F	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:06.82	L	F	Kamphuis, Yannick	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:07.25	L	F	Maywaka, Owen	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:07.32	L	F	Bitok, Shawn	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:07.40	L	F	Kalombo, Michael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:07.98	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:08.37	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:08.74	L	F	Nyaka, Joel	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:08.85	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:09.10	L	F	Williams, Jarred	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:09.49	L	F	Shariff, Al-Jame	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:09.52	L	F	Jalango, Jaison Kinda	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:09.85	L	F	Shah, Dhilan	17	06/07/2019	The Manchester Non National Me
1:10.12	L	F	Omar, Abdilahi	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:10.23	L	F	Irungu, Roy	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:10.78	L	F	Agosta, Daniel	16	17/05/2019	Nairobi County Swimming Champi
1:11.03	L	F	Kibogo, Samuel	15	06/07/2019	The Manchester Non National Me
1:11.16	L	F	Bayusuf, Igbaal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:11.33	L	F	Gituku, Randall	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.51	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:11.65	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.68	L	F	Nderitu, Samuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.82	L	F	Sheikh, Hashim	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:11.84	L	F	Waziri, Nick	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:12.22	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:12.22	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	Nairobi County Swimming Champi
1:12.35	L	F	Okech, Victor	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:12.37	L	P	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:12.50	L	F	Awadh, Hemed	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:13.12	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:13.16	L	T	Beriny, Gift	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:13.40	L	F	Khuweyid, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:13.89	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:13.93	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:14.80	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.94	L	F	Ochieng', Jacktone	18	17/05/2019	Nairobi County Swimming Champi
1:15.35	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:15.60	L	F	Mutere, Mtume	17	17/05/2019	Nairobi County Swimming Champi
1:16.00	L	F	Nyakundi, Joel	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:16.13	L	F	Karanja, Alex	18	17/05/2019	Nairobi County Swimming Champi
1:16.19	L	F	Mbutia, George	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:16.29	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:16.62	L	T	Bifwoli, Mark	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:17.07	L	P	Al-Saadawi, Belal Tarek	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:17.16	L	F	Muhoro, Kanyitha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:17.39	L	F	Mugambi, Ryan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:17.42	L	F	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:17.46	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:17.86	L	F	Ochieng, Brian	16	17/05/2019	Nairobi County Swimming Champi
1:17.94	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:17.97	L	F	Ndiriri, Justine	17	17/05/2019	Nairobi County Swimming Champi
1:18.27	L	F	Adede, Bret	27	17/05/2019	Nairobi County Swimming Champi
1:18.39	L	F	Thuranira, Nael	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:18.90	L	F	Ali, Arif	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:19.39	L	F	Patel, Mahin	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:19.44	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
1:19.77	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
1:20.19	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
* 1:20.53	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
* 1:20.53	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.45	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:21.50	L	P	Jalango, Jaison	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:22.67	L	T	Werangai, Lenny	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:23.01	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
1:23.45	L	F	Omar, Abdirahman	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:23.58	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:23.85	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.54	L	F	Kiplangat, Alvin Mutai	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.77	L	F	Lopokoiyi, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.12	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
1:25.13	L	F	Maye, Shavisa	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:25.19	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.48	L	F	Ochieng, Peter	16	17/05/2019	Nairobi County Swimming Champi
1:25.61	L	F	Nyayo, Ndogoria	15	17/05/2019	Nairobi County Swimming Champi
1:25.94	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
1:26.00	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
1:26.37	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
1:26.96	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.57	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.59	L	F	Nyngi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.70	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:28.12	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
1:28.33	L	F	Ongera, Kyle	15	17/05/2019	Nairobi County Swimming Champi
1:28.47	L	F	Karia, Palash Mishal	12	17/05/2019	Nairobi County Swimming Champi
1:28.62	L	F	Kafeero, Kisakye	14	17/05/2019	Nairobi County Swimming Champi
1:28.75	L	F	Njogu, Mathew	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:28.77	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

1:28.91	L	P	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Trials
* 1:29.32	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:29.32	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
1:29.73	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
1:29.97	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
1:30.45	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.51	L	F	Ouko, Benjamin	14	17/05/2019	Nairobi County Swimming Champi
1:30.58	L	F	Kanja, Fredrick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.16	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.54	L	F	Neo, Oleno	11	17/05/2019	Nairobi County Swimming Champi
1:31.72	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
1:32.21	L	F	Kanyua, George	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.36	L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
1:32.43	L	F	Ali, Imran	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.71	L	F	Ochieng', Claude	13	17/05/2019	Nairobi County Swimming Champi
1:33.19	L	F	de Boer, Amgbu	13	17/05/2019	Nairobi County Swimming Champi
1:33.36	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
1:33.63	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
1:33.80	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
* 1:33.84	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:33.84	L	F	Seton, Alexander	13	17/05/2019	Nairobi County Swimming Champi
1:33.91	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.79	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
1:35.31	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
1:36.08	L	F	Maye, Shibus	15	17/05/2019	Nairobi County Swimming Champi
1:36.92	L	F	Kinuthia, Clinton	20	17/05/2019	Nairobi County Swimming Champi
1:37.37	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
1:37.43	L	F	Asugo, Jolie	13	17/05/2019	Nairobi County Swimming Champi
1:37.48	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
1:38.57	L	F	Odhiambo, Gabriel	16	17/05/2019	Nairobi County Swimming Champi
1:38.86	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.08	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
1:39.51	L	T	Mwamisi, Jeremy	10	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:39.58	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.59	L	F	Alleen, Sean	13	17/05/2019	Nairobi County Swimming Champi
1:40.48	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.56	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
1:40.90	L	F	Onchiri, Nehemiah	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.27	L	F	Shah, Aryan	13	17/05/2019	Nairobi County Swimming Champi
1:43.89	L	F	Kafeero, Kirabo	12	17/05/2019	Nairobi County Swimming Champi
1:43.92	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
1:44.22	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
1:44.85	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
1:45.61	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.74	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
1:47.06	L	F	Mwihia, Joshua	13	17/05/2019	Nairobi County Swimming Champi
1:47.17	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
1:48.20	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
1:48.21	L	F	Macharia, Muchemi	11	17/05/2019	Nairobi County Swimming Champi
1:48.26	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.54	L	F	Mbau, Jonathan	20	17/05/2019	Nairobi County Swimming Champi
1:49.01	L	F	Muchomba, Ryan Mugambi	14	17/05/2019	Nairobi County Swimming Champi
1:49.07	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
1:49.38	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
1:49.46	L	F	Ochoro, Femi	11	17/05/2019	Nairobi County Swimming Champi
1:50.42	L	F	Futaki, Yoshihiro	12	17/05/2019	Nairobi County Swimming Champi
1:52.42	L	F	Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
1:53.45	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
* 1:54.20	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
* 1:54.20	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:54.86	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
1:56.96	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
1:57.01	L	F	Indeche, Mwendwa	11	17/05/2019	Nairobi County Swimming Champi
1:57.74	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
1:58.23	L	F	Ouko, Benjamin	12	17/05/2019	Nairobi County Swimming Champi
1:58.57	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
1:58.71	L	F	Kirimi, Gilad	11	17/05/2019	Nairobi County Swimming Champi
1:58.85	L	F	Oduor, Cruz	10	17/05/2019	Nairobi County Swimming Champi
1:59.36	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019	Nairobi County Swimming Champi
1:59.87	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
2:00.67	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
2:01.63	L	F	Ngugi, Lyon	11	17/05/2019	Nairobi County Swimming Champi
2:09.20	L	F	Waihaka, Chioke	12	17/05/2019	Nairobi County Swimming Champi
2:14.60	L	F	Nderitu, Kyle	12	17/05/2019	Nairobi County Swimming Champi
2:17.74	L	F	Havi, Teammon	12	17/05/2019	Nairobi County Swimming Champi
2:18.15	L	F	Ekitela, Denzel	14	17/05/2019	Nairobi County Swimming Champi
2:20.70	L	F	Aduodans, Trevor	13	17/05/2019	Nairobi County Swimming Champi
2:23.56	L	F	Kimani, Thiongo	10	17/05/2019	Nairobi County Swimming Champi

Men 200 Free

1:55.68	L	P	Mohamed, Ridhwan	21	05/06/2021	Mare Nostrum - XLI Barcelona Int'l Trophy
1:58.25	L	F	Rosafio, Danilo	20	13/03/2020	Millfield and Team Bath AS TYR
2:02.33	L	F	Maina, Monyo	18	04/07/2019	2019 Summer Championships
2:02.36	L	F	Hart, Ivan	15	24/07/2021	South West British Summer Festival (Bath) L1
2:05.26	L	F	Omondi, Alvin	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:05.52	L	P	Bedi, Kabir	20	29/06/2019	Team Bath Pre-National 2019
2:11.33	L	F	Khagram, Kunaal	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:12.26	L	F	Bifwoli, Tabuka	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:13.78	L	F	Chemirmir, Jabali	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
2:13.79	L	F	Irakoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
2:13.85	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:14.31	L	F	De Guzman, Risha	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:15.15	L	F	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:15.59	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships
2:16.21	L	P	Onyach, Jesse	16	11/09/2019	Africa Junior Championships
2:17.35	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
2:19.61	L	F	Omondi, Cian	22	11/04/2019	2019 KSF Nationals Swimming Trials
* 2:20.60	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 2:20.60	L	F	Kanja, Evans	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:20.63	L	F	Katumwa, Siegfried	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP

2:22.25	L	P	Chemirmir, Kigen	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:22.66	L	F	Muravvej, Aryan	16	11/04/2019	2019 KSF Nationals Swimming Trials
2:22.69	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:22.71	L	F	Omar, Mohammed	21	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:22.94	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:23.61	L	P	Kyabayinze, Daryl	17	11/09/2019	Africa Junior Championships
2:24.83	L	F	Lwanya, Clyde	17	17/05/2019	Nairobi County Swimming Champi
2:25.14	L	F	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:25.20	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:25.26	L	F	Bashir, Ishaq	16	11/04/2019	2019 KSF Nationals Swimming Trials
2:25.48	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:26.11	L	F	Bagha, Abdul	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:26.26	L	F	Anjichi, Daryl Anambo	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:27.49	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:27.65	L	F	Shah, Rushab	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:28.68	L	F	Muigai, Jomo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:28.76	L	F	Otieno, Emmanuel	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:29.23	L	F	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:29.52	L	F	Ndezwa, Stanley	19	17/05/2019	Nairobi County Swimming Champi
2:30.26	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:31.03	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:31.54	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:32.21	L	T	Okal, Joseph	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:35.39	L	P	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:35.43	L	F	Bitok, Shawn	17	06/07/2019	The Manchester Non National Me
2:36.11	L	P	Kibogo, Samuel	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:36.24	L	F	Nyaika, Joel	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:36.84	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:37.14	L	F	Adede, Kevin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:38.18	L	F	Sheikh, Hashim	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:39.39	L	P	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:39.59	L	F	Senanu, Karl	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 2:40.35	L	F	Echessah, Dante	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
* 2:40.35	L	P	Mhlope, Andile	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:40.76	L	F	Beer, Jed	17	17/05/2019	Nairobi County Swimming Champi
2:42.47	L	F	Okech, Victor	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:43.29	L	F	Omar, Abdilahi	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:44.00	L	F	Mutere, Mtume	17	17/05/2019	Nairobi County Swimming Champi
2:45.15	L	F	Bayusuf, Igbaal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:46.99	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:47.34	L	F	Kombe, Jeremy	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:47.68	L	F	Karia, Palash Mishal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:47.91	L	F	Shivo, Eric	16	17/05/2019	Nairobi County Swimming Champi
2:49.92	L	F	Vyas, Dhruv	18	17/05/2019	Nairobi County Swimming Champi
2:51.04	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
2:51.87	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
2:52.13	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:52.32	L	F	Patel, Mahin	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:52.61	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:54.18	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
2:55.28	L	F	Ochieng, Brian	16	17/05/2019	Nairobi County Swimming Champi
2:55.40	L	F	Hawala, Ngesa	14	17/05/2019	Nairobi County Swimming Champi
2:55.66	L	F	Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:55.84	L	F	Mugambi, Ryan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:56.98	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
2:57.06	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:57.22	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
2:57.24	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:57.79	L	T	Bifwoli, Mark	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:58.57	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:58.91	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
2:59.89	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:00.65	L	F	Muhoro, Kanyitha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.38	L	F	Ongera, Leo	18	17/05/2019	Nairobi County Swimming Champi
3:01.46	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:04.21	L	F	Michuki, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:05.89	L	F	Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:07.10	L	F	Kiplangat, Alvin Mutai	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:07.44	L	F	Shah, Darsh	13	17/05/2019	Nairobi County Swimming Champi
3:08.75	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:09.36	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:10.43	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
3:10.60	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:10.71	L	F	Omar, Abdurahman	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:13.80	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
3:25.79	L	F	Weru, Jonathon	13	17/05/2019	Nairobi County Swimming Champi
3:26.01	L	F	Paul, John	22	17/05/2019	Nairobi County Swimming Champi
3:27.55	L	F	Ochieng, Claude	13	17/05/2019	Nairobi County Swimming Champi
3:29.30	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
3:32.29	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
3:36.81	L	F	Kanyua, George	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:44.12	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
3:53.26	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
3:57.35	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
4:08.58	L	F	Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
4:12.13	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi

Men 400 Free

4:16.88	L	P	Maina, Monyo	18	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
4:22.00	L	F	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
4:40.05	L	P	Khagaram, Kunaal	18	11/09/2019	Africa Junior Championships
4:44.17	L	P	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
4:52.45	L	F	Frantz, Shad	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
4:53.92	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships (Team B)
4:57.23	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:00.81	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:02.20	L	F	Bagha, Abdul	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:05.26	L	P	De Guzman, Risha	11	11/04/2019	2019 KSF Nationals Swimming Trials
5:07.22	L	F	Matimu, Nathan	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
5:07.25	L	P	Bashir, Ishaq	16	11/09/2019	Africa Junior Championships

5:15.11	L	P	Kyabayinze, Daryl	17	11/09/2019	Africa Junior Championships
5:16.94	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:27.55	L	P	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
5:30.00	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
5:37.43	L	P	Mhlope, Andile	15	11/04/2019	2019 KSF Nationals Swimming Trials
5:47.85	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
5:51.64	L	F	Sheikh, Hashim	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:55.62	L	F	Karia, Palash Mishal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:56.72	L	F	Okech, Victor	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:02.41	L	F	Kamau, Daniel	15	17/05/2019	Nairobi County Swimming Champi
6:06.69	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
6:10.77	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
6:13.82	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:27.17	L	F	Selassie, Samson	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
6:28.61	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
6:28.93	L	F	Patel, Mahin	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
6:33.10	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
6:46.29	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:46.45	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
6:51.71	L	F	Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7:05.59	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7:11.88	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
7:19.45	L	F	Amor, James	15	17/05/2019	Nairobi County Swimming Champi
8:08.43	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
8:31.36	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
Men 800 Free						
8:53.85	L	F	Hart, Ivan	15	22/01/2022	Somerset ASA 2022 County Championship
8:53.99	L	P	Maina, Monyo	18	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
9:59.48	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships
10:13.68	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
10:45.52	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
11:06.29	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
11:13.22	L	F	Bashir, Ishaq	16	11/04/2019	2019 KSF Nationals Swimming Trials
11:21.26	L	F	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
11:35.71	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
11:59.31	L	F	Anjichi, Daryl Anambo	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
12:13.77	L	F	Paul, John	22	17/05/2019	Nairobi County Swimming Champi
12:14.79	L	F	Sheikh, Hashim	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
13:11.87	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
13:24.74	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
13:43.50	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
13:47.84	L	F	Ongera, Leo	18	17/05/2019	Nairobi County Swimming Champi
13:52.54	L	F	Patel, Mahin	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
14:07.01	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
15:31.95	L	F	Amor, James	15	17/05/2019	Nairobi County Swimming Champi
Men 1500 Free						
17:12.26	L	F	Maina, Monyo	18	24/07/2019	2019 Canadian Junior Championships
17:17.82	L	F	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
19:06.01	L	F	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
19:40.74	L	F	De Guzman, Risha	16	11/04/2019	2019 KSF Nationals Swimming Trials
19:48.75	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
20:07.18	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
21:19.02	L	F	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
24:03.67	L	F	Shivo, Kevin	19	17/05/2019	Nairobi County Swimming Champi
26:11.82	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:30.51	L	F	Mwenja, Erick	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
26:44.97	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
29:24.69	L	F	Amor, James	15	17/05/2019	Nairobi County Swimming Champi
Men 50 Back						
29.49	L	F	Bifwoli, Tabuka	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
29.50	L	P	Talib, Swaleh	21	21/08/2019	12th African Games
29.59	L	F	Ndonga, Emmanuel	22	11/04/2019	2019 KSF Nationals Swimming Trials
29.64	L	F	Maina, Kimani	24	11/04/2019	2019 KSF Nationals Swimming Trials
29.88	L	P	Omondi, Alvin	20	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
30.18	L	F	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
30.19	L	P	Khagram, Kunaal	18	11/09/2019	Africa Junior Championships
30.86	L	F	Kithikii, Scott	18	11/04/2019	2019 KSF Nationals Swimming Trials
31.70	L	P	Shah, Rushab	18	11/04/2019	2019 KSF Nationals Swimming Trials
31.91	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
31.96	L	P	Muravvej, Aryen	16	11/09/2019	Africa Junior Championships
31.99	L	F	Khandwalla, Mohamed Iqbal	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.11	L	P	Hart, Ivan	15	29/07/2019	Swim Wales Summer Open Meet 2019
32.42	L	F	Smith-Chopin, Ulysse	20	28/11/2019	2019 CANA Zone 3 Championships
33.21	L	F	Chemirmir, Jabali	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
33.27	L	F	Maina, Monyo	18	10/05/2019	Edmonton Keyano Invitational 2
33.35	L	F	Blunsum, Carlo	15	28/11/2019	2019 CANA Zone 3 Championships
33.55	L	F	Onyach, Jesse	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.56	L	F	Muchoki, Ronnie	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.75	L	F	Lutz, Oliver	18	17/05/2019	Nairobi County Swimming Champi
33.98	L	F	Bashir, Ishaq	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
34.00	L	F	Chemirmir, Kigen	21	17/05/2019	Nairobi County Swimming Champi
34.11	L	F	Ndezwa, Stanley	19	28/11/2019	2019 CANA Zone 3 Championships
34.32	L	F	Kudwoli, Haniel	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.43	L	F	Irakoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
34.52	L	F	Beer, Jed	17	17/05/2019	Nairobi County Swimming Champi
34.62	L	F	Masakha, Joshua	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.63	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.67	L	F	Muigai, Jomo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.83	L	F	Jerry, Collins	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.95	L	F	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
35.19	L	F	Bitok, Shawn	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.29	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.32	L	F	Nakano, Chikashi	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.51	L	F	Williams, Jarred	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.82	L	F	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
35.84	L	F	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
35.97	L	F	Kioko, Paul	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.02	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP

36.19	L	F	Shah, Dhilan	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.34	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.80	L	F	Kalombo, Michael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.05	L	P	Bagha, Abdul	15	11/04/2019	2019 KSF Nationals Swimming Trials
37.45	L	F	Senanu, Karl	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
37.69	L	F	Owaga, Issa	19	11/04/2019	2019 KSF Nationals Swimming Trials
37.84	L	F	Kawelu, Brian	21	17/05/2019	Nairobi County Swimming Champi
37.90	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.06	L	F	Maywaka, Owen	17	17/05/2019	Nairobi County Swimming Champi
38.07	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.11	L	F	Odhiambo, Nick Joseph	24	17/05/2019	Nairobi County Swimming Champi
38.14	L	F	Kibogo, Samuel	15	06/07/2019	The Manchester Non National Me
38.33	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
38.41	L	P	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
38.48	L	F	Bayusuf, Igbaal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
38.51	L	P	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
38.56	L	F	Ochanda, Saffi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.81	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.00	L	F	Musila, Urbanus Wambua	24	17/05/2019	Nairobi County Swimming Champi
39.04	L	F	Thuranira, Nael	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.09	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.10	L	F	Vyas, Dhruv	18	17/05/2019	Nairobi County Swimming Champi
39.31	L	F	Abdulaziz, Ahmed	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.39	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.39	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.70	L	F	Mundi, Jack Isaack	18	17/05/2019	Nairobi County Swimming Champi
40.32	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
40.66	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
40.77	L	F	Wanjau, Elvis	32	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.94	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.01	L	F	Karia, Palash Mishal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
41.16	L	F	Kirui, Malachi	16	17/05/2019	Nairobi County Swimming Champi
41.22	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
41.50	L	P	Al-Saadawi, Belal Tarek	15	11/04/2019	2019 KSF Nationals Swimming Trials
41.78	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
42.02	L	F	Nderitu, Samuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.23	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.33	L	F	Ongera, Kyle	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.34	L	F	Waziri, Nick	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.45	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.50	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.51	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.60	L	F	Bagha, Bilal	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.10	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.13	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
43.15	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
43.23	L	F	Karuma, Jonathon	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.24	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
43.31	L	P	Hawala, Ngesa	11	11/04/2019	2019 KSF Nationals Swimming Trials
43.82	L	F	Mule, Mikael Kimeu	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.94	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.13	L	F	Maye, Shavisa	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
44.22	L	F	Bayusuf, Saleh	11	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
44.44	L	F	Omar, Abdurahman	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.49	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
44.51	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
44.67	L	F	Ochanda, Alan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.74	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
44.88	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
45.43	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
45.90	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.05	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.13	L	F	Kafeero, Kisakye	14	17/05/2019	Nairobi County Swimming Champi
46.16	L	F	Neo, Olenko	11	17/05/2019	Nairobi County Swimming Champi
46.22	L	F	Ochoro, Fermi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.25	L	F	Michuki, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.49	L	F	Maye, Shibusu	15	17/05/2019	Nairobi County Swimming Champi
46.60	L	F	Mbuguah, Mukunda	14	06/07/2019	The Manchester Non National Me
46.70	L	F	Seton, Alexander	13	17/05/2019	Nairobi County Swimming Champi
46.87	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
46.91	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
47.10	L	P	Jalang'o, Jaison	14	11/04/2019	2019 KSF Nationals Swimming Trials
47.17	L	F	Ouko, Benjamin	14	17/05/2019	Nairobi County Swimming Champi
47.19	L	F	Patel, Mahin	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
47.21	L	F	Muchomba, Ryan Mugambi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.44	L	F	Njogu, Mathew	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.58	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.58	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.81	L	F	Kinuthia, Clinton	20	17/05/2019	Nairobi County Swimming Champi
47.95	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.11	L	F	Odhiambo, Gabriel	16	17/05/2019	Nairobi County Swimming Champi
48.12	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.25	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
48.36	L	F	Singh, Harnek	14	06/07/2019	The Manchester Non National Me
48.52	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
48.63	L	F	Ayugi, Ben Kwame	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.68	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.79	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
48.99	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
49.03	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
49.03	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
49.49	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
49.83	L	F	Muhoro, Kanyitha	12	17/05/2019	Nairobi County Swimming Champi
50.04	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
50.21	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
50.30	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.44	L	F	de Boer, Amgbu	13	17/05/2019	Nairobi County Swimming Champi
50.69	L	F	Ochieng', Claude	13	17/05/2019	Nairobi County Swimming Champi
50.76	L	F	Walgwe, Kwame	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

50.78	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
51.20	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.29	L	F	Mbau, Jonathan	20	17/05/2019	Nairobi County Swimming Champi
51.30	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.62	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
51.85	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
51.96	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.14	L	F	Lopokoiyit, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
52.16	L	F	Radido, Matthew	12	17/05/2019	Nairobi County Swimming Champi
52.19	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
52.37	L	F	Githere, Njoroge	14	17/05/2019	Nairobi County Swimming Champi
52.41	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
52.86	L	F	Mutua, Johari	13	17/05/2019	Nairobi County Swimming Champi
53.03	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
53.53	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.59	L	F	Theuri, Michael	12	17/05/2019	Nairobi County Swimming Champi
53.69	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
53.81	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
54.05	L	F	Theuri, Gabriel	14	17/05/2019	Nairobi County Swimming Champi
54.74	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
55.04	L	F	Kagwai, Peter	18	17/05/2019	Nairobi County Swimming Champi
55.41	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
55.48	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
55.55	L	F	Swai, Caeleen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.71	L	F	Macharia, Muchiemi	11	17/05/2019	Nairobi County Swimming Champi
55.81	L	F	Kageni, Nathan	12	17/05/2019	Nairobi County Swimming Champi
56.15	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
57.12	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
57.16	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
57.39	L	F	Shah, Veer	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.56	L	F	Kasimu, Kyalo	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.99	L	F	Kafeero, Kirabo	12	17/05/2019	Nairobi County Swimming Champi
58.07	L	F	Kirimi, Gilad	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
58.30	L	F	Mwangi, Arthur Muturi	12	17/05/2019	Nairobi County Swimming Champi
58.31	L	F	Indeche, Mwendwa	11	17/05/2019	Nairobi County Swimming Champi
58.45	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
58.81	L	F	Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
58.91	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.35	L	F	Lukas, Nigel	13	17/05/2019	Nairobi County Swimming Champi
1:00.36	L	F	Chege, Nuru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.54	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
1:01.13	L	F	Kenneth, David	13	17/05/2019	Nairobi County Swimming Champi
1:01.91	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
1:02.56	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
1:02.98	L	F	Singh, Veeraj	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:03.23	L	F	Ngugi, Lyon	11	17/05/2019	Nairobi County Swimming Champi
1:03.73	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
1:04.43	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
1:05.77	L	F	Apesya, Matthew	11	17/05/2019	Nairobi County Swimming Champi
1:06.80	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
1:08.47	L	F	Eames, Josh	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:08.83	L	F	Kimani, Thiongo	10	17/05/2019	Nairobi County Swimming Champi
1:10.23	L	F	Shah, Aahil	11	17/05/2019	Nairobi County Swimming Champi
1:10.49	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
1:11.56	L	F	Alvin, Malonza	17	17/05/2019	Nairobi County Swimming Champi
1:12.48	L	F	Kang'Aru, Yong	11	17/05/2019	Nairobi County Swimming Champi
1:12.96	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
1:14.95	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
1:15.28	L	F	Adudans, Trevor	13	17/05/2019	Nairobi County Swimming Champi
1:16.96	L	F	Waithaka, Chioke	12	17/05/2019	Nairobi County Swimming Champi
1:18.20	L	F	Havi, Teammon	12	17/05/2019	Nairobi County Swimming Champi
1:21.95	L	F	Kagunda, David	10	17/05/2019	Nairobi County Swimming Champi

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1:02.91	L	P	Mohamed, Issa	26	21/07/2019	18th FINA World Championships
1:04.35	L	F	Maina, Kimani	24	11/04/2019	2019 KSF Nationals Swimming Trials
1:04.61	L	F	Omondi, Alvin	20	11/04/2019	2019 KSF Nationals Swimming Trials
1:04.64	L	P	Khagran, Kunaal	18	11/09/2019	Africa Junior Championships
1:05.15	L	F	Bifwoli, Tabuka	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:05.19	L	F	Ndonga, Emmanuel	22	11/04/2019	2019 KSF Nationals Swimming Trials
1:05.45	L	F	Talib, Swaleh	21	04/07/2019	30th Summer Universiade 2019 (FISU Games)
1:06.54	L	P	Hart, Ivan	15	22/01/2022	Somerset ASA 2022 County Championship
1:08.17	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
1:08.34	L	F	Khandwalla, Mohamed Iqbal	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:08.87	L	P	Kithiki, Scott	18	11/09/2019	Africa Junior Championships
1:09.02	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships
1:09.48	L	F	Maina, Monyo	18	10/05/2019	Edmonton Keyano Invitational 2
1:10.28	L	F	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:10.49	L	P	Shah, Rushab	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:11.01	L	P	Muravvej, Aryen	16	11/09/2019	Africa Junior Championships
1:11.17	L	F	Blunsum, Carlo	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.66	L	F	De Guzman, Risha	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:12.24	L	F	Chemirir, Kigen	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:12.85	L	P	Chemirir, Jabali	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:13.45	L	F	Iraokoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
1:13.87	L	F	Smith-Chopin, Ulysse	20	28/11/2019	2019 CANA Zone 3 Championships (Team B)
1:14.50	L	F	Kudwoli, Hariel	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:15.37	L	F	Bashir, Ishaq	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:15.67	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:15.83	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:16.49	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:16.78	L	F	Masakha, Joshua	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:16.94	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:17.10	L	F	Muchoki, Ronnie	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:17.37	L	F	Matimu, Nathan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 1:17.37	L	F	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
* 1:17.43	L	F	Bagha, Abdul	15	11/04/2019	2019 KSF Nationals Swimming Trials
* 1:17.43	L	F	Bitok, Shawn	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:18.08	L	T	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:18.57	L	F	Karanja, Manuel	17	11/04/2019	2019 KSF Nationals Swimming Trials

1:20.38	L	F	Beer, Jed	17	06/07/2019	The Manchester Non National Me
1:20.71	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.87	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.36	L	P	Anjichi, Daryl Anambo	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:21.50	L	F	Kioko, Paul	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:22.05	L	P	Kibogo, Samuel	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:22.19	L	F	Shah, Dhilan	17	17/05/2019	Nairobi County Swimming Champi
1:22.28	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:23.37	L	F	Williams, Jarred	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:24.01	L	F	Lwanya, Warren	14	28/11/2019	2019 CANA Zone 3 Championships
1:24.68	L	F	Bayusuf, Igbaal	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:25.18	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:25.64	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:25.67	L	P	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:26.46	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.61	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.19	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.46	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:29.55	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	Nairobi County Swimming Champi
1:29.82	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.03	L	F	Odhiambo, Nick Joseph	24	17/05/2019	Nairobi County Swimming Champi
1:30.41	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.52	L	F	Karanja, Alex	18	17/05/2019	Nairobi County Swimming Champi
1:30.54	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
1:30.54	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
1:31.16	L	F	Wanjie, Ayden	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.57	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:31.96	L	F	Nderitu, Samuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:32.51	L	F	Keter, Jeremy	17	17/05/2019	Nairobi County Swimming Champi
1:32.71	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:33.69	L	F	Hawala, Ngesa	14	17/05/2019	Nairobi County Swimming Champi
1:33.74	L	F	Wanjau, Elvis	32	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.21	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.24	L	F	Waihaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.30	L	F	Karia, Palash Mishal	12	17/05/2019	Nairobi County Swimming Champi
1:36.72	L	P	Abubakar, Riyadh	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:36.74	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
1:37.50	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.75	L	F	Michuki, Matthew	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.80	L	F	Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.89	L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
1:37.90	L	F	Kinuthia, Clinton	20	17/05/2019	Nairobi County Swimming Champi
1:38.19	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.38	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
1:39.48	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
1:39.56	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.24	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
1:41.05	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
1:42.03	L	F	Maye, Shavisa	11	17/05/2019	Nairobi County Swimming Champi
1:42.14	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:42.32	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.93	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.01	L	F	Parmar, Darsh	14	17/05/2019	Nairobi County Swimming Champi
1:44.26	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.32	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.52	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.91	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
1:44.97	L	T	Werangai, Lenny	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:46.51	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
1:46.86	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
1:48.00	L	F	Neo, Olenko	11	17/05/2019	Nairobi County Swimming Champi
1:48.76	L	F	Kasimu, Kyama	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:49.28	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
1:52.47	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
1:52.76	L	F	Mutuku, Jackson	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:54.38	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
1:54.97	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
1:57.92	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
1:59.12	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:59.37	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
2:00.99	L	F	Muhoro, Kanyihia	12	17/05/2019	Nairobi County Swimming Champi
2:01.59	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
2:02.21	L	F	Amor, James	15	17/05/2019	Nairobi County Swimming Champi
2:06.06	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
2:09.79	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
2:10.07	L	F	Motsoeneng, Leatile	11	17/05/2019	Nairobi County Swimming Champi
2:10.78	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019	Nairobi County Swimming Champi
2:12.64	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:15.70	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
2:16.16	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
2:18.44	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
2:19.45	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
2:21.17	L	F	Gichohi, Shohi	13	17/05/2019	Nairobi County Swimming Champi
Men 200 Back						
2:22.52	L	P	Khagram, Kunaal	18	11/09/2019	Africa Junior Championships
2:26.83	L	F	Chatterjee, Aneer	18	28/11/2019	2019 CANA Zone 3 Championships
2:29.70	L	F	Hart, Ivan	15	13/03/2020	Millfield and Team Bath AS TYR
2:31.65	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
2:32.18	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:37.87	L	F	Shah, Rushab	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:37.99	L	F	Bifwoi, Tabuka	18	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:38.83	L	F	Chemirir, Jabali	18	28/11/2019	2019 CANA Zone 3 Championships
2:40.72	L	F	Bagha, Abdul	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:41.45	L	F	Blunsum, Carlo	15	28/11/2019	2019 CANA Zone 3 Championships
2:45.99	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:46.63	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:48.61	L	T	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:54.41	L	T	Kamotho, Curtis	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:55.42	L	P	Frantz, Shad	15	11/04/2019	2019 KSF Nationals Swimming Trials

2:56.76	L	F	Bitok, Shawn	17	06/07/2019	The Manchester Non National Me
2:59.21	L	P	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:00.17	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.27	L	P	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:06.78	L	F	Shah, Dhilan	17	17/05/2019	Nairobi County Swimming Champi
3:10.17	L	F	Bayusuf, Igbaal	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:12.19	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:12.35	L	F	Okech, Victor	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:14.91	L	P	Lwanya, Warren	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:16.35	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:16.48	L	F	Nderitu, Samuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.54	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
3:26.07	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:29.81	L	F	Hawaia, Ngesa	14	17/05/2019	Nairobi County Swimming Champi
3:30.81	L	F	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:34.28	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
3:34.98	L	F	Karia, Palash Mishal	12	17/05/2019	Nairobi County Swimming Champi
3:35.60	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
3:38.95	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
3:43.31	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
3:48.26	L	F	Muhoro, Kanyihia	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:50.16	L	F	Kidha, Rieko	14	17/05/2019	Nairobi County Swimming Champi
3:51.70	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
3:54.09	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
4:02.69	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
4:16.85	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
4:17.64	L	F	Paul, John	22	17/05/2019	Nairobi County Swimming Champi
4:21.48	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi

Men 50 Breast

29.84	L	F	Pragassa, Tory	25	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.16	L	P	Ndonga, Samuel	24	21/08/2019	12th African Games
31.55	L	P	Opande, Jono Per	18	11/09/2019	Africa Junior Championships
31.85	L	F	Mohamed, Ridhwan	21	11/04/2019	2019 KSF Nationals Swimming Trials
32.20	L	F	Omondi, Cian	22	11/04/2019	2019 KSF Nationals Swimming Trials
32.23	L	P	Ndonga, Emmanuel	22	11/04/2019	2019 KSF Nationals Swimming Trials
32.30	L	F	Maina, Kimani	24	11/04/2019	2019 KSF Nationals Swimming Trials
32.53	L	P	Nyike, Stephen	18	11/09/2019	Africa Junior Championships
32.78	L	P	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
32.87	L	P	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
32.91	L	F	Talib, Swaleh	21	11/04/2019	2019 KSF Nationals Swimming Trials
33.56	L	F	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.69	L	F	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
33.69	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
33.72	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.86	L	F	Kithikii, Scott	18	14/03/2020	Plymouth Leander L1/3 Spring R
33.94	L	F	Kioko, Paul	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.21	L	F	Lwanya, Clyde	17	28/11/2019	2019 CANA Zone 3 Championships
34.24	L	F	Kudwoli, Haniel	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
34.31	L	F	Smith-Chopin, Ulysse	20	28/11/2019	2019 CANA Zone 3 Championships
34.50	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
34.99	L	F	Ngare, David	27	11/04/2019	2019 KSF Nationals Swimming Trials
35.07	L	F	Muravvej, Ameer	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
35.09	L	P	Mugera, Munene	18	11/04/2019	2019 KSF Nationals Swimming Trials
35.43	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.58	L	F	Omar, Mohammed	21	11/04/2019	2019 KSF Nationals Swimming Trials
35.92	L	F	Kanja, Evans	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.07	L	F	Anjichi, Daryi Anambo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.16	L	F	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.23	L	F	Shah, Rushab	18	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.29	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
36.37	L	F	Ngweni, Adrian	23	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.43	L	F	Omondi, Lucas	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.72	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
36.87	L	F	Otieno, Adam	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
36.87	L	F	Jerry, Collins	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.01	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.07	L	F	Bagha, Abdul	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.09	L	P	Shikely, Nabil	22	11/04/2019	2019 KSF Nationals Swimming Trials
37.13	L	P	Shivo, Kevin	19	11/04/2019	2019 KSF Nationals Swimming Trials
37.51	L	F	Kawelu, Brian	21	17/05/2019	Nairobi County Swimming Champi
37.51	L	F	Shah, Dhilan	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
37.56	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.58	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.84	L	P	Muravvej, Aryen	16	11/04/2019	2019 KSF Nationals Swimming Trials
38.15	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.16	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.30	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.33	L	P	Omondi, Calvin	24	11/04/2019	2019 KSF Nationals Swimming Trials
38.57	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
38.70	L	F	Kalombo, Michael	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.73	L	F	Leunoto, Sabbah	14	28/11/2019	2019 CANA Zone 3 Championships
38.81	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
38.91	L	P	Amos, Nigel	24	11/04/2019	2019 KSF Nationals Swimming Trials
38.92	L	F	Mohamed, AlJamiu	21	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.32	L	F	Watene, Geoffrey	29	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.54	L	F	Ochieng', Jacktone	18	17/05/2019	Nairobi County Swimming Champi
39.71	L	F	Omar, Abdilahi	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.77	L	F	Kamotho, Curtis	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.78	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.81	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.86	L	F	Kombe, Jeremy	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.87	L	F	Shariff, Al-Jame	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.97	L	F	Ali, Arafat	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.99	L	F	Nyaika, Joel	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
40.48	L	F	Ochieng, Peter	16	17/05/2019	Nairobi County Swimming Champi
40.53	L	P	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
40.71	L	F	Matimu, Nathan	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
40.72	L	F	Muriithi, William	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.75	L	F	Khuweyid, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC

40.90	L	F	Beriny, Gift	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
41.26	L	F	Adede, Bret	27	17/05/2019	Nairobi County Swimming Champi
41.64	L	F	Owaga, Issa	19	17/05/2019	Nairobi County Swimming Champi
41.68	L	F	Munyao, Sila	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.70	L	F	Lwanya, Warren	14	28/11/2019	2019 CANA Zone 3 Championships
41.93	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
* 41.98	L	F	Waweru, Moses	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 41.98	L	F	Odhiambo, Nick Joseph	24	17/05/2019	Nairobi County Swimming Champi
42.05	L	F	Doyen, Ilan	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
42.53	L	F	Olengo, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.71	L	F	Mbutia, David	26	17/05/2019	Nairobi County Swimming Champi
43.07	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
43.51	L	F	Radido, Mathew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.53	L	F	Keter, Jeremy	17	17/05/2019	Nairobi County Swimming Champi
43.62	L	F	Thuranira, Nael	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
43.76	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.79	L	F	Bagha, Bilal	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.85	L	F	Mbutia, George	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.03	L	F	Ssuna, Martin	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
44.04	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.15	L	F	Nyingi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.30	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.77	L	F	Ochanda, Saffi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.92	L	F	Okoth, Andrew	14	03/04/2019	SA Level 2 Regional Age Group
45.05	L	F	Bayusuf, Igbaal	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
45.14	L	F	Ali, Arif	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
45.24	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.35	L	F	Ongera, Kyle	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
45.55	L	F	Mundi, Jack Isaack	18	17/05/2019	Nairobi County Swimming Champi
45.64	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
46.04	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
46.10	L	F	Musila, Urbanus Wambua	24	17/05/2019	Nairobi County Swimming Champi
46.19	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
46.23	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
46.45	L	F	Singh, Harnek	14	06/07/2019	The Manchester Non National Me
46.50	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
46.94	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
47.01	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
47.21	L	F	Musinya, Hillary	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.34	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.52	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 47.57	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 47.57	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
* 47.57	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.80	L	F	Ochoro, Ferni	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
47.90	L	P	Jalango, Jaison	14	11/04/2019	2019 KSF Nationals Swimming Trials
48.13	L	F	Lopokoiyt, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.16	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
48.20	L	F	Muchomba, Ryan Mugambi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.21	L	F	Shah, Aryan	13	17/05/2019	Nairobi County Swimming Champi
48.26	L	F	Nyakundi, Joel	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
48.32	L	F	Muhoro, Kanyinha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.44	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
48.53	L	F	Kenduiywa, Ethen	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.55	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
48.60	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.94	L	F	Ambala, Gonzza	13	17/05/2019	Nairobi County Swimming Champi
49.23	L	P	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Trials
49.32	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
49.34	L	F	Ochanda, Alan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.41	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
49.49	L	F	Kombo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.51	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.85	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
49.88	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
50.09	L	F	Walgwe, Kwame	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.77	L	F	Ayugi, Ben Kwame	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.95	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.07	L	F	Ngugi, Lyon	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.59	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
52.03	L	F	Maithya-Garcia, Ferran	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 52.23	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
* 52.23	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
52.71	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
52.76	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
53.25	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
53.30	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
53.83	L	F	Gogo, Joshua	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.07	L	F	Mumo, Brian	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.23	L	F	Kamau, Nathan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.32	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.34	L	F	Kasimu, Kyalo	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
55.42	L	F	Ouko, Benjamin	12	17/05/2019	Nairobi County Swimming Champi
55.54	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
56.12	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
56.37	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
56.49	L	F	Mbuguah, Mukunda	14	06/07/2019	The Manchester Non National Me
57.75	L	F	Masinde, Mali	13	17/05/2019	Nairobi County Swimming Champi
57.95	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
57.96	L	F	Kirimi, Gilad	11	17/05/2019	Nairobi County Swimming Champi
58.73	L	F	Alleen, Sean	13	17/05/2019	Nairobi County Swimming Champi
59.23	L	F	Trevor, Ben	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.87	L	F	Ngonga, Ogwe Benjamin	12	17/05/2019	Nairobi County Swimming Champi
1:01.41	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
1:01.50	L	F	Ombeqa, Kyle	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:01.83	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
1:02.03	L	F	Githere, Njoro	14	17/05/2019	Nairobi County Swimming Champi
1:02.22	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
1:02.62	L	F	Geyer, Elias	13	17/05/2019	Nairobi County Swimming Champi

1:02.65	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
1:02.74	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
1:02.82	L	F	Waire, Teshan	11	17/05/2019	Nairobi County Swimming Champi
1:02.90	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
1:03.54	L	F	Apesy, Matthew	11	17/05/2019	Nairobi County Swimming Champi
1:03.70	L	F	Oduor, Cruz	10	17/05/2019	Nairobi County Swimming Champi
1:06.03	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
1:07.19	L	F	Chege, Nuru	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:07.32	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
1:07.51	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
1:07.70	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
1:07.73	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
1:08.00	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
1:08.53	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
1:09.41	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
1:09.64	L	F	Nderitu, Kyle	12	17/05/2019	Nairobi County Swimming Champi
1:10.20	L	F	Indeche, Mwenda	11	17/05/2019	Nairobi County Swimming Champi
1:10.43	L	F	Mwangi, Allan	14	17/05/2019	Nairobi County Swimming Champi
1:11.39	L	F	Jeremy, Sirkoi	11	17/05/2019	Nairobi County Swimming Champi
1:12.34	L	F	Juma Isaiha, Stephen	10	17/05/2019	Nairobi County Swimming Champi
1:13.75	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
1:16.58	L	F	Kang'Aru, Yong	11	17/05/2019	Nairobi County Swimming Champi
1:17.90	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.29	L	F	Shah, Aahil	11	17/05/2019	Nairobi County Swimming Champi
1:21.45	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
1:34.99	L	F	Kagunda, David	10	17/05/2019	Nairobi County Swimming Champi

Men 100 Breast

1:08.69	L	F	Pragassa, Tory	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.19	L	P	Ndonga, Samuel	24	21/08/2019	12th African Games
1:11.69	L	P	Opande, Jono Per	18	11/09/2019	Africa Junior Championships
1:12.50	L	F	Nyoike, Stephen	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:12.63	L	F	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:14.27	L	F	De Guzman, Risha	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:14.55	L	F	Kunyiha, Kirunda	21	28/11/2019	2019 CANA Zone 3 Championships
1:15.26	L	P	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
1:15.59	L	P	Kithikii, Scott	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:16.42	L	F	Omondi, Cian	22	17/05/2019	Nairobi County Swimming Champi
1:16.50	L	F	Kudwoli, Haniel	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:16.75	L	F	Omar, Ibrahim	20	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:17.08	L	P	Maina, Monyo	18	07/02/2020	Edmonton Open
1:17.56	L	F	Lwanya, Clyde	17	28/11/2019	2019 CANA Zone 3 Championships
1:18.49	L	F	Kioko, Paul	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:18.56	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.13	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.20	L	F	Mugera, Munene	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:20.32	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:20.57	L	F	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.03	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:22.01	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.36	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:22.87	L	F	Shah, Dhilan	17	06/07/2019	The Manchester Non National Me
1:22.96	L	P	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:23.25	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 1:23.64	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
* 1:23.64	L	P	Kimuli, Travour	20	11/04/2019	2019 KSF Nationals Swimming Trials
1:24.59	L	F	Kawetu, Brian	21	17/05/2019	Nairobi County Swimming Champi
1:24.61	L	F	Anjichi, Daryl Anambo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:24.73	L	F	Otieno, Adam	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:25.59	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:26.62	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:26.77	L	F	Shivo, Kevin	19	11/04/2019	2019 KSF Nationals Swimming Trials
1:26.96	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:27.77	L	F	Blunsum, Carlo	15	28/11/2019	2019 CANA Zone 3 Championships
1:27.95	L	F	Shariff, Al-Jame	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:28.10	L	F	Nyaika, Joel	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:28.34	L	F	Bagha, Abdul	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:29.02	L	F	Kalombo, Michael	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:29.50	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.44	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:30.86	L	F	Kombe, Jeremy	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:31.18	L	F	Leunoto, Sabbah	14	28/11/2019	2019 CANA Zone 3 Championships
1:31.80	L	T	Michuki, Michael	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:32.23	L	T	Werangal, Lenny	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:32.95	L	T	Beriny, Gift	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:33.29	L	F	Ochieng', Jacktone	18	17/05/2019	Nairobi County Swimming Champi
1:33.42	L	F	Jalango, Jaison Kinda	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.06	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:34.10	L	F	Waweru, Moses	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.79	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:34.95	L	F	Ongera, Leo	18	17/05/2019	Nairobi County Swimming Champi
1:35.27	L	F	Nyngi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:36.04	L	F	Lwanya, Warren	14	28/11/2019	2019 CANA Zone 3 Championships
1:36.48	L	F	Khuweyid, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:36.81	L	F	Ahmed Twahir, Hamid	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:36.95	L	F	Ochanda, Saffi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.52	L	F	Ochieng, Peter	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:37.86	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.01	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.66	L	F	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.76	L	F	Mwenja, Erick	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:38.99	L	P	Azzalini, Enrico	16	11/04/2019	2019 KSF Nationals Swimming Trials
1:39.53	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:39.73	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
1:39.93	L	F	Ongera, Kyle	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.45	L	F	Adede, Bret	27	17/05/2019	Nairobi County Swimming Champi
1:40.47	L	F	Okoth, Andrew	14	03/04/2019	SA Level 2 Regional Age Group
1:40.62	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.70	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:40.75	L	F	Mbutia, George	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

1:41.89	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.03	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.65	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:42.75	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:42.83	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:43.48	L	F	Mbutia, David	26	17/05/2019	Nairobi County Swimming Champi
1:43.66	L	F	Radido, Matthew	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:43.91	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
1:44.00	L	F	Bagha, Bilal	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:44.39	L	F	Ali, Arif	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:44.43	L	P	Kibogo, Samuel	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:44.56	L	F	Singh, Harnek	14	06/07/2019	The Manchester Non National Me
1:45.00	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.55	L	F	Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:45.68	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
1:45.86	L	F	Ndiriri, Justine	17	17/05/2019	Nairobi County Swimming Champi
1:46.23	L	F	Swai, Caelen	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.33	L	F	Kamphuis, Yannick	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.68	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
1:46.69	L	F	Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.81	L	F	Musinya, Hillary	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.30	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.46	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
1:48.81	L	F	Ochoro, Femi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:48.83	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:48.89	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
1:49.09	L	F	Ochanda, Alan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:49.32	L	F	Seton, Alexander	13	17/05/2019	Nairobi County Swimming Champi
1:49.66	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:50.07	L	F	Kafeero, Kisakye	14	17/05/2019	Nairobi County Swimming Champi
1:50.73	L	P	Hawala, Ngasa	14	11/04/2019	2019 KSF Nationals Swimming Trials
1:51.43	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
1:51.50	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:52.35	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
1:53.01	L	F	Neo, Oleno	11	17/05/2019	Nairobi County Swimming Champi
1:53.51	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
1:54.31	L	F	Shah, Darsh	13	06/07/2019	The Manchester Non National Me
1:55.39	L	F	Maye, Shibus	15	17/05/2019	Nairobi County Swimming Champi
1:55.57	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:55.92	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
1:55.96	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
1:56.01	L	F	Onchiri, Nehemiah	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:56.18	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
1:57.14	L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi
1:57.34	L	F	Thuo, Edwin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:57.76	L	P	Bayusuf, Igbaal	12	03/04/2019	SA Level 2 Regional Age Group
1:58.24	L	F	Shah, Aryan	13	17/05/2019	Nairobi County Swimming Champi
1:58.25	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
1:59.04	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
1:59.50	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
1:59.53	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:01.06	L	F	Kafeero, Kirabo	12	17/05/2019	Nairobi County Swimming Champi
2:03.61	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
2:04.12	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
2:04.95	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:05.71	L	F	Nguno, Brett	11	17/05/2019	Nairobi County Swimming Champi
2:06.95	L	F	Mwaura, Samuel	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:06.97	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
2:07.53	L	F	Mutua, Johari	13	17/05/2019	Nairobi County Swimming Champi
2:08.59	L	F	Waziri, Nathan	11	17/05/2019	Nairobi County Swimming Champi
2:09.38	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
2:09.58	L	F	Mumo, Brian	21	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:10.41	L	F	Mwengi, Ayden	14	17/05/2019	Nairobi County Swimming Champi
2:11.09	L	F	Muchomba, Ryan Mugambi	14	17/05/2019	Nairobi County Swimming Champi
2:11.61	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
2:12.32	L	F	Ochieng, Claude	13	17/05/2019	Nairobi County Swimming Champi
2:13.97	L	F	de Boer, Amgbu	13	17/05/2019	Nairobi County Swimming Champi
2:16.35	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
2:17.15	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
2:18.96	L	F	Kenneth, Isaac	12	17/05/2019	Nairobi County Swimming Champi
2:19.02	L	F	Muhoro, Kanyihia	12	17/05/2019	Nairobi County Swimming Champi
2:19.66	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
2:20.05	L	F	Theuri, Gabriel	14	17/05/2019	Nairobi County Swimming Champi
2:21.24	L	F	Oduor, Cruz	10	17/05/2019	Nairobi County Swimming Champi
2:22.41	L	F	Mwangi, Arthur Muturi	12	17/05/2019	Nairobi County Swimming Champi
2:22.52	L	F	Patel, Kairav	11	17/05/2019	Nairobi County Swimming Champi
2:26.78	L	F	Charleson, Kian	12	17/05/2019	Nairobi County Swimming Champi
2:29.52	L	F	Cohen, Tom	12	17/05/2019	Nairobi County Swimming Champi
2:31.39	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
2:32.17	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
* 2:32.61	L	F	Johnstone, Otto	12	17/05/2019	Nairobi County Swimming Champi
* 2:32.61	L	F	Ngugi, Lyon	11	17/05/2019	Nairobi County Swimming Champi
2:32.70	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
2:38.45	L	F	Gichohi, Shohi	13	17/05/2019	Nairobi County Swimming Champi
2:42.82	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
2:48.57	L	F	Muthui, Max	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:49.62	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
2:50.39	L	F	Havi, Teammon	12	17/05/2019	Nairobi County Swimming Champi

Men 200 Breast

2:38.39	L	F	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
2:40.87	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:41.37	L	F	Ndonga, Samuel	24	11/04/2019	2019 KSF Nationals Swimming Trials
2:42.73	L	F	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:42.91	L	F	Pragassa, Tory	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:50.08	L	F	Kithikii, Scott	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.24	L	F	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:00.06	L	F	Shah, Dhilan	17	06/07/2019	The Manchester Non National Me
3:00.31	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:00.98	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships (Team B)

3:01.20	L	F	Maywaka, Owen	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:01.43	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:02.40	L	F	Kudwoli, Haniel	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:03.04	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:04.87	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:05.83	L	F	Mugera, Munene	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.43	L	F	Kawelu, Brian	21	17/05/2019	Nairobi County Swimming Champi
3:11.63	L	P	Shah, Rushab	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:12.88	L	F	Kioko, Paul	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:17.32	L	F	Shivo, Eric	16	17/05/2019	Nairobi County Swimming Champi
3:21.41	L	T	Michuki, Michael	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:21.76	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.46	L	F	Echessah, Dante	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:22.72	L	F	Kombe, Jeremy	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:23.06	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:26.87	L	F	Anjichi, Daryl Anambo	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.40	L	F	Nyngi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:28.58	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:31.15	L	F	Agai, Lyle	19	17/05/2019	Nairobi County Swimming Champi
3:31.75	L	F	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.45	L	F	Khweyidil, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:35.55	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
3:35.92	L	F	Kamotho, Curtis	13	17/05/2019	Nairobi County Swimming Champi
3:39.31	L	F	Said, Mohammed	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:39.38	L	F	Waweru, Moses	25	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:40.35	L	F	Hawala, Ngesa	14	17/05/2019	Nairobi County Swimming Champi
3:40.82	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:42.64	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
3:43.54	L	F	Okoth, Andrew	14	03/04/2019	SA Level 2 Regional Age Group
3:47.49	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
3:48.88	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
3:50.82	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
3:51.54	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:52.10	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
3:58.27	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
3:59.85	L	F	Mbutia, David	26	17/05/2019	Nairobi County Swimming Champi
4:03.79	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:08.85	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
4:09.67	L	F	Mule, Mikael Kimeu	11	17/05/2019	Nairobi County Swimming Champi
4:15.72	L	F	Sitoyo, Manuel	14	17/05/2019	Nairobi County Swimming Champi
4:16.52	L	F	Kiplangat, Alvin Mutai	12	17/05/2019	Nairobi County Swimming Champi
4:20.48	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
4:26.88	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
4:29.78	L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi
4:43.91	L	F	Ayugi, Ben Kwame	13	17/05/2019	Nairobi County Swimming Champi
4:44.91	L	F	Waweru, Tevin	10	17/05/2019	Nairobi County Swimming Champi
5:16.59	L	F	Muhoro, Kanyihya	12	17/05/2019	Nairobi County Swimming Champi
5:21.48	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
5:47.59	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi
5:47.66	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi

Men 50 Fly

25.31	L	P	Mohamed, Issa	26	21/08/2019	12th African Games
25.66	L	F	Nyike, Stephen	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
26.16	L	P	Rosafo, Danilo	20	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
26.39	L	P	Mohamed, Ridhwan	21	11/04/2019	2019 KSF Nationals Swimming Trials
26.55	L	F	Bifwoli, Tabuka	18	11/09/2019	Africa Junior Championships
27.10	L	F	Talib, Swaleh	21	11/04/2019	2019 KSF Nationals Swimming Trials
27.16	L	F	Maina, Monyo	18	07/08/2021	Western TransMountain Festival II
27.20	L	F	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
27.43	L	P	Harunani, Maahir	22	11/04/2019	2019 KSF Nationals Swimming Trials
27.64	L	F	Irakoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
28.01	L	F	Opande, Jono Per	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.19	L	F	Muravvej, Aryan	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
28.25	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
28.27	L	P	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
28.30	L	F	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
28.45	L	F	Kunyiha, Kirunda	21	28/11/2019	2019 CANA Zone 3 Championships
28.50	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.64	L	F	Chemirir, Jabali	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.65	L	F	Onyach, Jesse	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28.68	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
28.71	L	F	Chemirir, Kigen	21	11/04/2019	2019 KSF Nationals Swimming Trials
28.80	L	F	Jerry, Collins	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
28.89	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
29.00	L	F	Mugera, Munene	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
29.01	L	F	Khandwalla, Mohamed Iqbal	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
29.01	L	F	Lwanya, Clyde	17	28/11/2019	2019 CANA Zone 3 Championships
29.06	L	P	Ndonga, Samuel	24	11/04/2019	2019 KSF Nationals Swimming Trials
29.14	L	F	Ndezwa, Stanley	19	17/05/2019	Nairobi County Swimming Champi
29.35	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
29.41	L	P	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
29.52	L	F	Kimuli, Travour	20	11/04/2019	2019 KSF Nationals Swimming Trials
29.99	L	F	Masakha, Joshua	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.21	L	F	Muigai, Jomo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.25	L	P	Shikely, Nabil	22	11/04/2019	2019 KSF Nationals Swimming Trials
30.27	L	F	Mhlope, Andile	15	28/11/2019	2019 CANA Zone 3 Championships (Team B)
30.31	L	F	Blunsum, Carlo	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.39	L	F	Adede, Kevin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.51	L	F	Muchoki, Ronnie	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
30.67	L	F	Anjichi, Daryl Anambo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.69	L	F	Kioko, Paul	19	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.77	L	F	Matimu, Nathan	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
30.78	L	F	Ngweni, Adrian	23	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
30.81	L	P	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
31.03	L	P	Omondi, Calvin	24	11/04/2019	2019 KSF Nationals Swimming Trials
31.30	L	F	Bitok, Shawn	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
31.31	L	F	Okumu, Jesse	17	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.38	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	Nairobi County Swimming Champi
31.44	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

31.55	L	P	Muthui, Dennis	23	11/04/2019	2019 KSF Nationals Swimming Trials
31.58	L	P	Mwamisi, Trevor	17	11/04/2019	2019 KSF Nationals Swimming Trials
31.67	L	F	Beriny, Gift	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.68	L	F	Muravvej, Ameir	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
31.68	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
31.69	L	P	Kithikii, Scott	18	11/04/2019	2019 KSF Nationals Swimming Trials
31.87	L	F	Mikolela, Daniel	16	21/06/2019	Hamilton Aquatics Summer Sizzler
32.00	L	F	Vyas, Dhruv	18	17/05/2019	Nairobi County Swimming Champi
32.06	L	F	Bagha, Abdul	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.09	L	P	Omar, Mohammed	21	11/04/2019	2019 KSF Nationals Swimming Trials
32.16	L	F	Ochieng', Jacktone	18	17/05/2019	Nairobi County Swimming Champi
32.30	L	P	Kyabayinze, Daryl	17	11/09/2019	Africa Junior Championships
32.37	L	P	Shivo, Kevin	19	11/04/2019	2019 KSF Nationals Swimming Trials
32.39	L	F	Muriithi, William	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.40	L	P	Amos, Nigel	24	11/04/2019	2019 KSF Nationals Swimming Trials
32.48	L	F	Nyaika, Joel	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
32.49	L	F	Bashir, Ishaq	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.86	L	F	Kaira, Robert	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
32.94	L	F	Omar, Abdilahi	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
32.97	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
33.10	L	F	Otieno, Adam	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
33.11	L	F	Kamphuis, Yannick	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
33.16	L	F	Beer, Jed	17	17/05/2019	Nairobi County Swimming Champi
33.19	L	F	Maywaka, Owen	17	17/05/2019	Nairobi County Swimming Champi
33.53	L	F	Echessah, Dante	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
33.83	L	P	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
33.87	L	F	Kalombo, Michael	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
33.96	L	F	Abubakar, Riyadh	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
34.10	L	F	Owaga, Issa	19	17/05/2019	Nairobi County Swimming Champi
34.20	L	F	Munyao, Sila	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.51	L	F	Irungu, Roy	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
34.65	L	F	Kibogo, Samuel	15	06/07/2019	The Manchester Non National Me
34.70	L	F	Mundi, Jack Isaack	18	17/05/2019	Nairobi County Swimming Champi
34.72	L	F	Rebeiro, Adam	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.81	L	F	Okech, Victor	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
34.98	L	F	Kawelu, Brian	21	17/05/2019	Nairobi County Swimming Champi
35.09	L	F	Kamau, Daniel	15	17/05/2019	Nairobi County Swimming Champi
35.10	L	F	Mayende, Franklyne	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.59	L	F	Gituku, Randall	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
35.60	L	F	Olengo, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.00	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
36.07	L	P	Agosta, Daniel	16	11/04/2019	2019 KSF Nationals Swimming Trials
36.16	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
36.31	L	F	Mutere, Mtume	17	17/05/2019	Nairobi County Swimming Champi
36.65	L	F	Nyakundi, Joel	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.10	L	F	Awadh, Hemed	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
37.16	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
37.20	L	F	Jalang'o, Jaison Kinda	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.27	L	F	Wanjie, Ayden	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
37.31	L	F	Thuranira, Nael	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
37.38	L	F	Khuweyidi, Khunays	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
37.75	L	F	Ndiriri, Justine	17	17/05/2019	Nairobi County Swimming Champi
37.89	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.25	L	F	Kipkorir, Colinreece	20	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.60	L	F	Karanja, Alex	18	17/05/2019	Nairobi County Swimming Champi
38.67	L	F	Amor, James	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
38.69	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.07	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.09	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.11	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
39.22	L	P	Lwanya, Warren	14	11/04/2019	2019 KSF Nationals Swimming Trials
39.34	L	F	Rebeiro, Ashok	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.56	L	F	Muhoro, Kanyiha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
39.70	L	F	Winyi, Jason	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
39.71	L	F	Bayusuf, Igbal	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
39.71	L	F	Kahuko, Mwangi	19	17/05/2019	Nairobi County Swimming Champi
39.71	L	F	Smith, Julian	14	06/07/2019	The Manchester Non National Me
39.87	L	F	Ochieng, Peter	16	17/05/2019	Nairobi County Swimming Champi
39.96	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.07	L	F	Waziri, Nick	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
40.09	L	F	Omar, Abdirahman	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
40.78	L	F	Ali, Arif	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
40.91	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.02	L	F	Waihakha, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.08	L	F	Mugambi, Ryan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.19	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.30	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
41.50	L	F	Abdulaziz, Ahmed	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
41.64	L	F	Toavina, Andy	16	17/05/2019	Nairobi County Swimming Champi
41.85	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.04	L	F	Nyngi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.04	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
42.69	L	F	Neo, Olengo	11	17/05/2019	Nairobi County Swimming Champi
42.80	L	F	Karuma, Jonathan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
42.91	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
43.07	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.31	L	F	Kiplangat, Alvin Mutai	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
43.56	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
43.89	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
43.90	L	F	Nyagu, Ndogoria	15	17/05/2019	Nairobi County Swimming Champi
43.94	L	F	Maye, Shavisa	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
44.32	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
44.47	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
44.56	L	F	Futaki, Yoshihiro	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
44.74	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
44.90	L	F	Ongera, Kyle	15	17/05/2019	Nairobi County Swimming Champi
45.15	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
45.20	L	F	Weru, Jonathan	13	17/05/2019	Nairobi County Swimming Champi
45.24	L	F	Muchomba, Ryan Mugambi	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

45.37	L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
45.60	L	F	Senanu, Karl	13	06/07/2019	The Manchester Non National Me
46.57	L	F	Ngaruiya, Alvin	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
46.71	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
47.11	L	F	Mbuguah, Mukunda	14	06/07/2019	The Manchester Non National Me
48.00	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
48.24	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
48.26	L	F	Odhiambo, Gabriel	16	17/05/2019	Nairobi County Swimming Champi
48.82	L	F	Lopokoiyi, Sotei	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
48.86	L	F	Mbote, Joseph	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
49.08	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
49.23	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
49.52	L	F	Kanyua, George	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
49.65	L	F	Kagwai, Peter	18	17/05/2019	Nairobi County Swimming Champi
50.32	L	F	Ochoro, Femi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
50.40	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
50.44	L	F	Mwamisi, Jeremy	10	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
50.52	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
51.69	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
51.70	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
53.09	L	F	Ali, Imran	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
54.32	L	F	Muthomi, Musa	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
54.53	L	F	Alvin, Mulandi	15	17/05/2019	Nairobi County Swimming Champi
56.60	L	F	Chandhok, Youhan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.09	L	F	Motsoeneng, Leatile	11	17/05/2019	Nairobi County Swimming Champi
57.21	L	F	Njuguna, Jonathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
57.59	L	F	Dena, Joseph	13	17/05/2019	Nairobi County Swimming Champi
57.78	L	F	Maitiya-Garcia, Ferran	12	17/05/2019	Nairobi County Swimming Champi
59.59	L	F	Karubui, Andy	12	17/05/2019	Nairobi County Swimming Champi
59.74	L	F	Shah, Veer	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:00.09	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
1:00.76	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
1:01.01	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
1:01.11	L	F	Kamau, Victor	12	17/05/2019	Nairobi County Swimming Champi
1:02.76	L	F	Ouko, Benjamin	12	17/05/2019	Nairobi County Swimming Champi
1:03.36	L	F	Kirimi, Gilad	11	17/05/2019	Nairobi County Swimming Champi
1:04.53	L	F	Kang'Arū, Yong	11	17/05/2019	Nairobi County Swimming Champi
1:04.80	L	F	Kenneth, Isaac	12	17/05/2019	Nairobi County Swimming Champi
1:05.17	L	F	Morani, Omanga	11	17/05/2019	Nairobi County Swimming Champi
1:05.25	L	F	Manji, Ayaan	12	17/05/2019	Nairobi County Swimming Champi
1:07.50	L	F	Trevor, Ben	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:07.62	L	F	Mberia, Adam	11	17/05/2019	Nairobi County Swimming Champi
1:09.50	L	F	Kasimu, Kyama	12	17/05/2019	Nairobi County Swimming Champi
1:11.72	L	F	Ekitela, Denzel	14	17/05/2019	Nairobi County Swimming Champi
1:12.81	L	F	Havi, Teammon	12	17/05/2019	Nairobi County Swimming Champi
1:13.42	L	F	Kimani, Thiongo	10	17/05/2019	Nairobi County Swimming Champi
1:19.19	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
1:23.52	L	F	Juma Isaiah, Stephen	10	17/05/2019	Nairobi County Swimming Champi
1:25.71	L	F	Kagunda, David	10	17/05/2019	Nairobi County Swimming Champi
1:28.71	L	F	Gichure, Jaden	11	17/05/2019	Nairobi County Swimming Champi
1:30.48	L	F	Bhalla, Ekansh	12	17/05/2019	Nairobi County Swimming Champi
1:33.23	L	F	Ochieng, Brian	16	17/05/2019	Nairobi County Swimming Champi
1:33.80	L	F	Hunja, Nathan	13	17/05/2019	Nairobi County Swimming Champi

Men 100 Fly

56.60	L	F	Nyoike, Stephen	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
57.73	L	P	Mohamed, Ridhwan	21	15/01/2022	Devon County 2022 Championships / Age Groups
58.08	L	P	Rosafo, Danilo	20	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
58.96	L	P	Harunani, Maahir	22	21/08/2019	12th African Games
59.04	L	F	Maina, Monyo	18	12/02/2022	WEST COAST COLLEGIATE (LC)
59.42	L	P	Bifwoli, Tabuka	18	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
1:01.13	L	P	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
1:01.50	L	F	Opande, Jono Per	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:01.81	L	F	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
1:04.57	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
1:05.08	L	F	Irakoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
1:05.39	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
1:05.54	L	F	Onyach, Jesse	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:05.95	L	F	Chemirmir, Jabali	18	11/10/2021	14th CANA African Junior & Senior and Open Wa
1:06.49	L	F	Chemirmir, Kigen	21	17/05/2019	Nairobi County Swimming Champi
1:07.06	L	F	Masakha, Joshua	14	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:07.81	L	F	Khagram, Kunaal	18	11/04/2019	2019 KSF Nationals Swimming Trials
1:07.98	L	F	Nahdy, Ali	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:08.10	L	F	Katumwa, Siegfried	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:08.49	L	F	Mwamisi, Trevor	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:08.61	L	F	Smith-Chopin, Ulysse	20	28/11/2019	2019 CANA Zone 3 Championships
1:08.68	L	F	Lwanya, Clyde	17	11/04/2019	2019 KSF Nationals Swimming Trials
1:09.92	L	F	Mutinda, Aker	15	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:10.42	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.03	L	T	Okal, Joseph	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:11.39	L	F	Kioko, Jesse	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:11.76	L	F	Adede, Kevin	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:12.82	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:14.72	L	F	Mhlope, Andile	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:15.36	L	F	Ndezwa, Stanley	19	17/05/2019	Nairobi County Swimming Champi
1:16.52	L	F	Lutz, Oliver	18	17/05/2019	Nairobi County Swimming Champi
1:16.70	L	F	Michuki, Michael	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:20.44	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:20.63	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	Nairobi County Swimming Champi
1:21.21	L	F	Okech, Victor	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:21.46	L	F	Beer, Jed	17	17/05/2019	Nairobi County Swimming Champi
1:21.90	L	F	Nyakundi, Joel	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:22.56	L	F	Nyaika, Joel	13	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
1:22.62	L	F	Munyao, Sila	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:23.01	L	F	Bitok, Shawn	17	06/07/2019	The Manchester Non National Me
1:23.72	L	F	Kamphuis, Yannick	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
1:24.09	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:24.68	L	F	Vyas, Dhruv	18	17/05/2019	Nairobi County Swimming Champi
1:24.89	L	F	Agosta, Daniel	16	17/05/2019	Nairobi County Swimming Champi
1:25.03	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

1:25.93	L	F	Maywaka, Owen	17	17/05/2019	Nairobi County Swimming Champi
1:26.37	L	F	Kamau, Daniel	15	17/05/2019	Nairobi County Swimming Champi
1:29.96	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
1:31.24	L	F	Masinde, Mali	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.17	L	F	Muhoro, Kanyitha	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:35.24	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
1:36.42	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
1:37.81	L	F	Nyngi, Frank	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.53	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.58	L	F	Waithaka, Kihara	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:39.97	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
1:39.99	L	F	Mugambi, Ryan	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:41.92	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
1:42.98	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
1:43.54	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
1:44.97	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
1:45.30	L	F	Ogola, Andrew	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:45.84	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:46.41	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:47.66	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
1:47.77	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
1:47.99	L	F	Kibui, Allan	14	17/05/2019	Nairobi County Swimming Champi
1:48.97	L	F	Musei, Mumo	12	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:49.29	L	F	Maye, Shavisa	11	17/05/2019	Nairobi County Swimming Champi
1:51.47	L	F	Neo, Olenko	11	17/05/2019	Nairobi County Swimming Champi
1:52.17	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
1:52.69	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:53.55	L	F	Mungai, Reign	14	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
1:53.66	L	F	Wekesa, Hawi	14	17/05/2019	Nairobi County Swimming Champi
1:54.78	L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi
1:55.39	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi
1:57.69	L	F	Nganga, Ethan Kwe	14	17/05/2019	Nairobi County Swimming Champi
1:58.21	L	F	Ochieng', Claude	13	17/05/2019	Nairobi County Swimming Champi
1:59.94	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
2:01.24	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:06.25	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
2:06.71	L	F	Waziri, Nathan	11	17/05/2019	Nairobi County Swimming Champi
2:07.50	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
2:08.37	L	F	Futaki, Yoshihiro	12	17/05/2019	Nairobi County Swimming Champi
2:13.52	L	F	Ochoro, Femi	11	17/05/2019	Nairobi County Swimming Champi
2:15.56	L	F	Moru, Yannick	12	17/05/2019	Nairobi County Swimming Champi
2:15.70	L	F	Nguono, Brett	11	17/05/2019	Nairobi County Swimming Champi
2:16.58	L	F	Kariuki, Justin	12	17/05/2019	Nairobi County Swimming Champi
2:27.25	L	F	Muchomba, Ryan Mugambi	14	17/05/2019	Nairobi County Swimming Champi
2:37.07	L	F	Mwai, Kagema	11	17/05/2019	Nairobi County Swimming Champi
2:46.57	L	F	Mwangi, Arthur Muturi	12	17/05/2019	Nairobi County Swimming Champi

Men 200 Fly

2:12.52	L	P	Harunani, Maahir	22	21/08/2019	12th African Games
2:15.04	L	F	Maina, Monyo	18	24/07/2019	2019 Canadian Junior Championships
2:19.14	L	P	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
2:27.24	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
2:33.95	L	P	De Guzman, Risha	16	11/04/2019	2019 KSF Nationals Swimming Trials
2:36.34	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:38.80	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
3:16.72	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
3:20.52	L	F	Shivo, Eric	16	17/05/2019	Nairobi County Swimming Champi
3:23.49	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
3:51.60	L	F	Matimu, Nathan	13	17/05/2019	Nairobi County Swimming Champi
4:05.18	L	F	Michuki, Matthew	13	17/05/2019	Nairobi County Swimming Champi

Men 200 IM

2:16.91	L	F	Maina, Kimani	24	11/04/2019	2019 KSF Nationals Swimming Trials
2:17.77	L	P	Maina, Monyo	18	20/08/2019	7TH FINA WORLD JUNIOR SWIMMING CHAMPIONSHIPS
2:21.36	L	P	Talib, Swaleh	21	21/08/2019	12th African Games
2:23.15	L	P	Hart, Ivan	15	17/12/2021	Swim Wales Open Winter Championships 2021
2:23.52	L	P	Harunani, Maahir	22	21/08/2019	12th African Games
2:26.29	L	P	Bifwoli, Tabuka	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:28.18	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:30.00	L	F	Nyoke, Stephen	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:30.88	L	F	Frantz, Shad	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:30.97	L	P	Opande, Jono Per	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:33.32	L	F	Lwanya, Clyde	17	28/11/2019	2019 CANA Zone 3 Championships
2:33.84	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:33.94	L	F	Mwangi, Dale	22	11/04/2019	2019 KSF Nationals Swimming Trials
2:34.59	L	F	Smith-Chopin, Ulysse	20	17/05/2019	Nairobi County Swimming Champi
2:34.94	L	F	Chatterjee, Aheer	18	28/11/2019	2019 CANA Zone 3 Championships (Team B)
2:35.07	L	F	Khandwalla, Mohamed Iqbal	19	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:35.95	L	F	Kithikii, Scott	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:36.75	L	P	Muravej, Arjen	16	11/09/2019	Africa Junior Championships
2:36.79	L	P	Nelson, Nobby	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:37.05	L	P	Eddy, Ciaran	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:37.18	L	F	Chemirmir, Kigen	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:37.80	L	P	Masinde, Johari	14	15/01/2022	Devon County 2022 Championships / Age Groups
2:38.36	L	P	Rosafio, Danilo	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:39.90	L	P	Khagram, Kunaal	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:41.10	L	P	Chemirmir, Jabali	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:41.41	L	F	Shivo, Eric	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:41.98	L	P	Lumonya, Samora	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:42.33	L	P	Shah, Rushab	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:42.60	L	F	Kanja, Evans	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:42.82	L	P	Mohamed, Ridhwan	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:43.19	L	F	Blunsum, Carlo	15	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:43.24	L	F	Kudwoli, Haniel	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:43.29	L	F	Bashir, Ishaq	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:43.71	L	P	Omondi, Alvin	20	11/04/2019	2019 KSF Nationals Swimming Trials
2:44.22	L	F	Irakoze, Billy-Scott	25	28/11/2019	2019 CANA Zone 3 Championships
2:44.90	L	F	Matimu, Nathan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:45.97	L	P	Mwamisi, Trevor	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:46.14	L	F	Bachelani, Samir	16	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:46.72	L	F	Walid, Khalid	17	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)

2:46.82	L	P	Onyach, Jesse	16	11/04/2019	2019 KSF Nationals Swimming Trials
2:47.65	L	P	Ndonga, Samuel	24	11/04/2019	2019 KSF Nationals Swimming Trials
2:47.78	L	P	Saini, Ahaan	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:48.85	L	P	Walusimbi, Kami	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:49.59	L	F	Muchoki, Ronnie	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:50.36	L	F	Mhlope, Andile	15	28/11/2019	2019 CANA Zone 3 Championships
2:50.45	L	P	Omondi, Cian	22	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.54	L	P	Lumonya, Joshua	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:51.67	L	P	Bagha, Abdul	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:52.05	L	F	Nakano, Chikashi	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:52.24	L	F	Anjichi, Daryl Anambo	17	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
2:52.84	L	P	Maywaka, Owen	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:53.41	L	F	Sheikh, Mohammed	14	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
2:53.63	L	P	Muchai, Nathan	15	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.16	L	P	Shah, Dhilan	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.19	L	P	Karanja, Manuel	17	11/04/2019	2019 KSF Nationals Swimming Trials
2:56.63	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
2:56.80	L	P	Mugera, Munene	18	11/04/2019	2019 KSF Nationals Swimming Trials
2:58.46	L	P	Omar, Mohammed	21	11/04/2019	2019 KSF Nationals Swimming Trials
2:58.76	L	P	Shikely, Nabil	22	11/04/2019	2019 KSF Nationals Swimming Trials
2:58.76	L	P	Omondi, Calvin	24	11/04/2019	2019 KSF Nationals Swimming Trials
2:59.90	L	P	Nyamwaya, Daniel	29	11/04/2019	2019 KSF Nationals Swimming Trials
3:00.72	L	F	Kamphuis, Yannick	12	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:01.80	L	F	Siranka, Emmanuel Leipa	25	17/05/2019	Nairobi County Swimming Champi
3:02.28	L	P	Shivo, Kevin	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:03.14	L	F	Olenko, Neo	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:03.15	L	P	Mohamed, Issa	26	11/04/2019	2019 KSF Nationals Swimming Trials
3:04.16	L	P	Kawelu, Brian	21	11/04/2019	2019 KSF Nationals Swimming Trials
3:04.46	L	F	Munyao, Sila	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:04.86	L	P	Kibogo, Samuel	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:05.67	L	F	Nyakundi, Joel	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:07.54	L	F	Bitok, Shawn	17	06/07/2019	The Manchester Non National Me
3:08.05	L	F	Smith, Charles	16	06/07/2019	The Manchester Non National Me
3:08.29	L	P	Amos, Nigel	24	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.52	L	P	Kamau, Daniel	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:08.88	L	F	Lwanya, Warren	14	17/05/2019	Nairobi County Swimming Champi
3:09.03	L	P	Ngare, David	27	11/04/2019	2019 KSF Nationals Swimming Trials
3:09.44	L	F	Alaro, Dylan	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:09.47	L	F	Awadh, Hemed	13	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
3:10.21	L	P	Agosta, Daniel	16	11/04/2019	2019 KSF Nationals Swimming Trials
3:10.99	L	F	Senanu, Karl	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:11.86	L	F	Mundi, Jack Isaac	18	17/05/2019	Nairobi County Swimming Champi
3:12.89	L	F	Tobiko, Rodgers	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:13.17	L	P	Owaga, Issa	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:13.19	L	P	Smit, Antonio	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:13.57	L	P	Ndale, Jack-issac	18	11/04/2019	2019 KSF Nationals Swimming Trials
3:13.93	L	P	Masakha, Joshua	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:15.13	L	F	Mutere, Mtume	17	17/05/2019	Nairobi County Swimming Champi
3:18.27	L	F	Wanjie, Ayden	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:19.69	L	F	Kafuto, Rock	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:20.06	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi
3:20.07	L	F	Kalombo, Michael	15	17/05/2019	Nairobi County Swimming Champi
3:20.98	L	F	Thuranira, Nael	11	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:21.20	L	F	Kibadengi, Emmanuel	22	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:21.30	L	P	Muthui, Dennis	23	11/04/2019	2019 KSF Nationals Swimming Trials
3:21.50	L	F	Mule, Mikael Kimeu	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:21.67	L	F	Winyi, Jason	12	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
3:21.80	L	F	Ochieng, Claude	13	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:21.85	L	F	Williams, Evan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.13	L	F	Waziri, Nathan	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:22.52	L	P	Kioko, Paul	19	11/04/2019	2019 KSF Nationals Swimming Trials
3:23.01	L	F	Ochieng, Brian	16	17/05/2019	Nairobi County Swimming Champi
3:23.28	L	P	Walusimbi, Keon	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:26.53	L	P	Hawala, Ngesa	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:26.53	L	F	Nyagah, Xidi Munene	14	17/05/2019	Nairobi County Swimming Champi
3:26.56	L	P	Lwanya, Glenn	15	11/04/2019	2019 KSF Nationals Swimming Trials
3:32.69	L	F	Yassin, Abdilahi	15	17/05/2019	Nairobi County Swimming Champi
3:33.25	L	F	Nyagu, Ndogoria	15	17/05/2019	Nairobi County Swimming Champi
3:33.62	L	P	Bayusuf, Igbaal	12	03/04/2019	SA Level 2 Regional Age Group
3:34.25	L	F	Kang'ethe, Nantai	12	17/05/2019	Nairobi County Swimming Champi
3:35.92	L	F	Mwangi, Antony	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:35.97	L	F	Werangai, Lenny	13	17/05/2019	Nairobi County Swimming Champi
3:36.42	L	F	Kombe, Jeremy	13	17/05/2019	Nairobi County Swimming Champi
3:37.58	L	F	Kogo, Jeremy	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:38.33	L	F	Patel, Kairav	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:38.48	L	F	Ochoro, Femi	11	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
3:38.98	L	P	Abubakar, Riyadh	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:39.70	L	F	Karia, Yash	13	17/05/2019	Nairobi County Swimming Champi
3:39.93	L	F	Kingori, Mureithi	13	17/05/2019	Nairobi County Swimming Champi
3:40.46	L	P	Jalang'o, Jaisson	14	11/04/2019	2019 KSF Nationals Swimming Trials
3:43.08	L	F	Mugo, Alex	14	17/05/2019	Nairobi County Swimming Champi
3:43.28	L	F	Neo, Olenko	11	17/05/2019	Nairobi County Swimming Champi
3:45.52	L	F	Waziri, Nick	15	17/05/2019	Nairobi County Swimming Champi
3:47.87	L	F	Karanja, Austin	13	17/05/2019	Nairobi County Swimming Champi
3:49.35	L	F	Kamata, Wema	13	17/05/2019	Nairobi County Swimming Champi
3:51.33	L	F	Ndiriri, Justine	17	17/05/2019	Nairobi County Swimming Champi
3:51.71	L	F	Ouko, Benjamin	14	17/05/2019	Nairobi County Swimming Champi
3:52.46	L	F	Guy, Janequin	14	17/05/2019	Nairobi County Swimming Champi
4:02.31	L	P	Ondondo, Hawi	13	11/04/2019	2019 KSF Nationals Swimming Trials
4:02.72	L	F	Mukindia, Ethan	10	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
4:05.04	L	P	Maye, Shbadu	15	11/04/2019	2019 KSF Nationals Swimming Trials
4:05.66	L	F	Nyingi, Frank	13	17/05/2019	Nairobi County Swimming Champi
4:10.20	L	F	Nguno, Brett	11	17/05/2019	Nairobi County Swimming Champi
4:11.43	L	F	Muhoro, Kanyitha	12	17/05/2019	Nairobi County Swimming Champi
4:24.23	L	F	Rock, Kabiru	11	17/05/2019	Nairobi County Swimming Champi
4:25.71	L	F	Indeche, Malika Mwendwa	13	17/05/2019	Nairobi County Swimming Champi
4:29.74	L	F	Abwavo, Reign	14	17/05/2019	Nairobi County Swimming Champi
4:37.77	L	F	Ogola, Andrew	10	17/05/2019	Nairobi County Swimming Champi
4:39.53	L	F	Otieno Onyango, Jason	13	17/05/2019	Nairobi County Swimming Champi

5:02.14	L	F	Kavia, Parv	13	17/05/2019	Nairobi County Swimming Champi
5:04.71	L	F	Njau, Nathan	13	17/05/2019	Nairobi County Swimming Champi
5:08.72	L	F	Mwai, Githinji	13	17/05/2019	Nairobi County Swimming Champi
5:18.64	L	F	Gichohi, Shohi	13	17/05/2019	Nairobi County Swimming Champi
Men 400 IM						
4:56.87	L	P	Maina, Monyo	18	07/02/2020	Edmonton Open
5:13.68	L	F	Hart, Ivan	15	13/03/2020	Millfield and Team Bath AS TYR
5:14.10	L	P	Harunani, Maahir	22	11/04/2019	2019 KSF Nationals Swimming Trials
5:15.43	L	F	De Guzman, Risha	16	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:17.01	L	P	Khagram, Kunaal	18	11/09/2019	Africa Junior Championships
5:28.22	L	F	Khandwalla, Mohamed Iqbal	19	28/11/2019	2019 CANA Zone 3 Championships
5:31.48	L	F	Smith-Chopin, Ulysse	20	28/11/2019	2019 CANA Zone 3 Championships
5:34.40	L	F	Frantz, Shad	15	04/12/2021	KSF NATIONAL CHAMPIONSHIP LC 4 DEC
5:47.47	L	F	Katumwa, Siegfred	18	28/08/2021	2021 KSF NATIONAL CHAMPIONSHIP
6:38.98	L	F	Michuki, Michael	16	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
6:43.96	L	F	Maywaka, Owen	17	17/05/2019	Nairobi County Swimming Champi
7:14.90	L	F	Mwenja, Erick	23	13/11/2021	NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC)
7:18.43	L	F	Kariuki, Sean	16	17/05/2019	Nairobi County Swimming Champi
7:23.68	L	F	Okech, Victor	13	17/05/2019	Nairobi County Swimming Champi
7:31.50	L	F	Wambua, Gabriel	15	17/05/2019	Nairobi County Swimming Champi